

# Hepatic Fructose-1,6-Diphosphatase Deficiency

## A CAUSE OF LACTIC ACIDOSIS AND HYPOGLYCEMIA IN INFANCY

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**ABSTRACT** An 8-month-old female, maintained on breast feeding for 6 months, experienced numerous attacks of hyperventilation when weaned to baby food and was admitted with severe lactic acidosis (20 mM) and hypoglycemia. Physical examination was negative except for hepatomegaly. Fasting (18 hr) after stabilization on a high carbohydrate diet resulted in hypoglycemia (plasma glucose 40 mg/100 ml), lactic acidosis (6–10 mM), and a rise in plasma alanine. Glucagon produced a glycemic response after 6 hr, but not after 18 hr fasting. Intravenous galactose increased plasma glucose ( $\Delta$  45 mg/100 ml) but intravenous fructose, glycerol, and alanine caused a 40–50% fall in plasma glucose and a significant rise in lactate ( $\Delta$  3–4 mM).

Liver biopsy showed fatty infiltration. Liver slices incubated with galactose, lactate, fructose, alanine, or glycerol converted only galactose to glucose. Hepatic glycolytic intermediates were increased below the level of fructose-1,6-diphosphate and decreased above. Hepatic phosphorylase, glucose-6-phosphatase, amylo-1,6-glucosidase, phosphofructokinase, fructose-1-phosphate aldolase, and fructose-1,6-diphosphate aldolase levels were normal, but no fructose-1,6-diphosphatase (FDPase) activity was detected. Further studies on the liver homogenate of this patient revealed the presence of an acid-precipitable activator of FDPase.

Normal plasma glucose and lactate levels were maintained on an 800 cal diet of 66% carbohydrate (sucrose and fructose excluded), 5% protein, and 20% fat. When carbohydrate was reduced to 35% and protein or fat

increased to 23 and 53% respectively, lactic acidosis and hypoglycemia recurred. These studies show that a deficiency of FDPase produced infantile lactic acidosis and hypoglycemia and can be controlled by an appropriate diet.

### INTRODUCTION

Hepatic fructose-1,6-diphosphatase (FDPase)<sup>1</sup> is one of the four rate-limiting enzymes in gluconeogenesis. At the present time there are two well documented disorders associated with hepatic gluconeogenic enzyme deficiencies: von Gierke's disease (absence of glucose-6-phosphatase) and the recent report by Baker and Winegrad (1) of a 5-yr-old female with absent FDPase. While investigating an 8-month-old child with chronic lactic acidosis and fasting hypoglycemia, evidence was accumulated which implicated a defect in hepatic gluconeogenesis which could only be accounted for by a severe deficiency in the activity of FDPase. This report describes the results of gluconeogenic substrate infusion techniques which indicated the site of enzyme deficiency, and confirmation of absent FDPase activity by in vitro liver slice incubations, measurement of hepatic intermediates, and enzyme analyses. With information obtained from these studies, rational dietary therapy was instituted which has controlled the recurrence of chronic lactic acidosis and permitted normal mental and physical development.

### CASE REPORT

The patient, A. W., was a full-term 7 lb, 5 oz, female product of a spontaneous vaginal delivery. At 1 day of

<sup>1</sup> Abbreviations used in this paper: FDPase, fructose-1,6-diphosphatase.

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age, hyperpnea and lethargy were noted and laboratory studies revealed a severe metabolic acidosis. The infant improved rapidly after treatment with intravenous glucose and sodium bicarbonate. During the next 6 months she exhibited normal physical and mental development on a dietary regimen of demand breast feeding and the gradual introduction of canned baby foods. She was weaned and begun on homogenized milk at the age of 7 months. Over the next 2 wk, the child exhibited repeated episodes of rapid breathing which usually appeared several hours after feeding. On one occasion, hyperpnea was extremely marked and associated with persistent vomiting which necessitated admission to a local community hospital. A severe metabolic acidosis was documented ( $\text{CO}_2$  4.8 mm, pH 6.9, and  $\text{PCO}_2$  17 mm Hg) and the patient was treated with large doses of sodium bicarbonate and intravenous glucose and transferred to St. Louis Children's Hospital.

TABLE I  
Laboratory Data

During episode of lactic acidosis	
Lactic acid	20 mM
Pyruvic acid	0.5 mM
L/P	40
$\text{CO}_2$	5 mM
Na	136 mEq/liter
Cl	97 mEq/liter
K	3.8 mEq/liter
Glucose	20 mg/100 ml
Uric acid	12 mg/100 ml
Cholesterol	188 mg/100 ml
Triglyceride	347 mg/100 ml
Hematologic studies	
Hemoglobin	9.5 g/100 ml
Hematocrit	30%
White blood cells	11,000/mm <sup>3</sup>
Platelets	300,000/mm <sup>3</sup>
Differential count	Normal
Liver functions	
Serum glutamic oxaloacetic acid transaminase	19 U
Serum glutamic pyruvic transaminase	31 U
Total bilirubin	0.2 mg/100 ml
Prothrombin time	100%
Total protein	7.5 g/100 ml
Albumin	4.0 g/100 ml
Globulin	3.5 g/100 ml
Renal function	
Blood urea nitrogen	8 mg/100 ml
Creatinine	0.67 mg/100 ml
Creatinine clearance	80 cc/min per 1.73 m <sup>2</sup>
Urine pH	4.5

The child had two normal sisters. Her mother, age 28, and father, age 29, were of German-Dutch extraction, in good health, and no consanguinity could be documented.

On physical examination the patient was well developed and nourished, and in the 50th percentile for both weight and height. The only abnormal physical finding was an enlarged, smooth, nontender liver, which was palpated 6 cm below the right costal margin. Admission laboratory studies indicated severe lactic acidosis, hypoglycemia, hyperuricemia, and hypertriglyceridemia. Liver and renal function tests were normal (Table I).

## METHODS

All studies were carried out, after first obtaining parental consent, in the Washington University Clinical Research Center in St. Louis Children's Hospital. Unless otherwise indicated, studies were performed 6-8 hr after the last feeding.

*I. In vivo studies.* The functional integrity of the glycogenolytic enzymic system was assessed by determining the glycemic response to 0.5 mg glucagon intramuscularly after 8 hr and 18 hr fasts. The integrity of the gluconeogenic enzyme system was examined by determining the glycemic responses to intravenous infusions given over 5 min of 10% solutions of galactose (120 mmoles/m<sup>2</sup>), fructose (60 mmoles/m<sup>2</sup>), glycerol (120 mmoles/m<sup>2</sup>), and alanine (120 mmoles/m<sup>2</sup>), the latter being given 6 and 12 hr postprandially. Blood samples were obtained from an indwelling needle in the brachial vein. Plasma was separated immediately and stored at -20°C for determination of plasma glucose (2), insulin (3), uric acid (4), and alanine.<sup>2</sup> 1 ml of blood was also immediately deproteinized with an equal volume of ice-cold 3 M perchloric acid, the supernatant neutralized with potassium hydroxide, and stored at -80°C for fluorometric determination of blood lactate (5), pyruvate (5), and  $\beta$ -hydroxybutyrate (6). Quantitative amino acid profiles were determined on selected plasma samples by column chromatography (7).

*II. In vitro studies.* After an overnight fast, an open liver biopsy under ether-nitrous oxide anesthesia was performed with the patient receiving an intravenous infusion of 5% glucose. A sample of the liver was frozen immediately in liquid nitrogen and the remainder placed in ice-cold normal saline. The frozen liver was powdered and 150 mg homogenized in 3 M perchloric acid employing the precautions described by Lowry et al. (5). The neutralized extract was assayed for glycolytic and Krebs cycle intermediates and adenine nucleotides, using the microfluorometric methods of Lowry and colleagues (5, 8).

Liver slices were prepared within 10 min after obtaining the biopsy with a Stadie-Riggs microtome. Two to three slices with a total wet weight of 50 mg were distributed into 25-ml Erlenmeyer flasks containing 2 ml of Krebs-Ringer bicarbonate, pH 7.4, with and without added 20 mM gluconeogenic substrate (i.e., galactose, fructose, lactate, glycerol, and alanine). Incubations were carried out in duplicate for 90 min at 37°C under constant gassing with 95% O<sub>2</sub> and 5% CO<sub>2</sub>. At the end of the incubation, the incubation medium was assayed for glucose, lactate, and pyruvate content.

<sup>2</sup> Karl, I. E., A. S. Pagliara, and D. M. Kipnis. A specific enzymatic fluorometric assay for alanine. Manuscript in preparation.

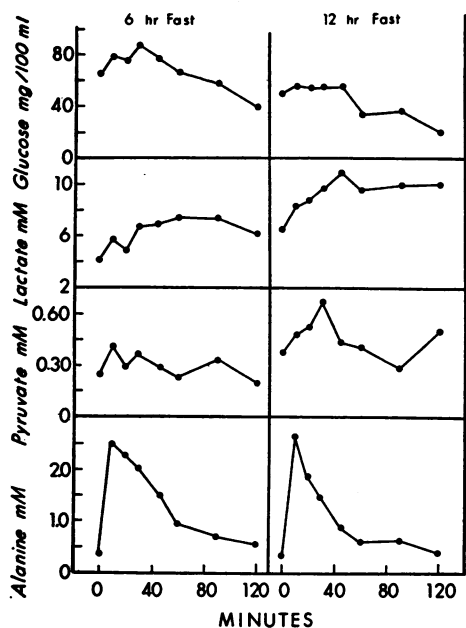


FIGURE 1 Glucagon tolerance test. Intramuscular glucagon, 0.5 mg, was given after 6- and 18-hr fasts.

The hepatic enzyme activities measured were FDPase at both 7.5 and 9.3 (9), glucose-6-phosphatase (10), phosphofructokinase (10), fructose-1-phosphate aldolase (10), fructose-1,6-diphosphate aldolase (10), phosphorylase (11), and amylo-1,6-glucosidase (12), the latter two enzymes being assayed in both the patient's liver and leukocytes. The isolation of the "natural activator" of FDPase from the patient's liver and a normal control subject was by the procedure of Pogell et al. (9).

*III. Dietary studies.* On a standard hospital diet (800 cal, 40% carbohydrate, 40% fat, and 20% protein) the patient exhibited frequent clinical and laboratory evidence of hypoglycemia and lactic acidosis. Since she was unable to tolerate a normal diet, a systematic dietary study was undertaken.

All diets contained 800 cal and the carbohydrate in each was composed of glucose, galactose, lactose, and maltose, with negligible amounts of fructose and sucrose. The "high carbohydrate" diet contained 66% of the calories as carbohydrate and 34% as fat and protein. The "high protein" diet consisted of 23% protein, 43% fat, and 34% carbohydrate. The "high fat" diet contained 53% of the calories from fat, 12% from protein, and 35% from carbohydrate. The "therapeutic" diet, which the patient is currently receiving, consists of 56% carbohydrate, 12% protein, and 32% fat. The protein content of this diet is equivalent to 2 g/kg body weight, adequate to meet the growth requirements of an 8-month-old child (13).

Bloods were drawn in the fasting state at 8:00 a.m. for determination of glucose, lactate, pyruvate,  $\beta$ -hydroxybutyrate, and uric acid. After several days on the regular hospital diet she was then placed on the high carbohydrate diet and allowed to obtain relatively normal serum bicarbonate and blood lactate concentrations. Subsequent dietary changes consisted of high protein, followed by reinstatement of high carbohydrate until normalization of blood lactate

and serum bicarbonate occurred, followed by high fat and her therapeutic diet.

## RESULTS

*I. In vivo studies.* The glycemic response of the patient to glucagon after 6 hr and 18 hr fasts is shown in Fig. 1. After the 6 hr fast glucagon provoked a rise in plasma glucose from 77 to 183 mg/100 ml within 45 min and a concomitant fall in blood lactate ( $\Delta - 1.7$  mM) and pyruvate ( $\Delta - 0.15$  mM). After an 18 hr fast no significant change in plasma glucose was noted although both blood lactate ( $\Delta 2.5$  mM) and pyruvate ( $\Delta 0.15$  mM) increased.

The patient's response to the intravenous administration of alanine after 6 and 12 hr fasts is shown in Fig. 2. In the early postabsorptive state, alanine produced a prompt and modest increase in plasma glucose from 64 to 86 mg/100 ml which then fell progressively to 40 mg/100 ml after 2 hr. During this period, blood lactate increased from an initial value of 4.0 mM to 6.8 mM. After a 12 hr fast, alanine administration did not provoke a glycemic response; the plasma glucose concentrations remained at 50 mg/100 ml for the first 60 min and then fell progressively to 23 mg/100 ml by 120 min. Plasma lactate increased from 6.0 to 10.5 mM. Plasma alanine concentrations during these studies are also shown in Fig. 2. The patient's fasting alanine after 6 and 12 hr fasts remained at 400 and 410  $\mu$ M respectively; both values were significantly greater than that found in normal children after an overnight fast ( $296 \pm 25$   $\mu$ M).

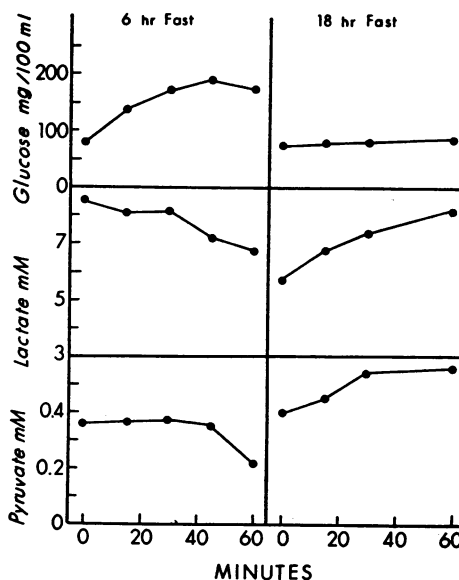


FIGURE 2 Response to alanine. Intravenous alanine, 120 mmoles/m<sup>2</sup> body surface area was administered over a 5 min period after 6- and 12-hr fasts.

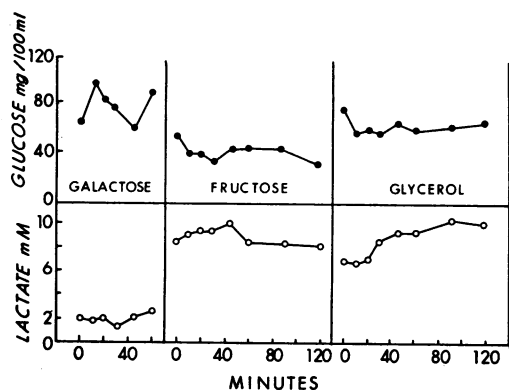


FIGURE 3 Response to intravenous administration of galactose, 120 mmoles/m<sup>2</sup>; fructose, 60 mmoles/m<sup>2</sup>; and glycerol, 120 mmoles/m<sup>2</sup> body surface area.

The patient's response to galactose, fructose, and glycerol infusions is shown in Fig. 3. Galactose infusion produced a prompt increase in the patient's plasma glucose with no detectable change in blood lactate. Both fructose and glycerol, however, caused a rapid fall in plasma glucose and a concomitant increase in blood lactate, 2–3 mM above base line levels.

*II. In vitro studies.* The concentrations of the various intermediates found in the liver are shown in Table II. Since normal concentrations of human intermediates are not known, the values are compared with those from normal rats in our laboratory. Livers from six animals fasted overnight were removed under ether anesthesia and frozen rapidly in liquid nitrogen. Both fructose-6-phosphate and glucose-6-phosphate were decreased in the liver of the patient, whereas the normal 10:1 ratio between these two intermediates was maintained. There was an increase in hepatic fructose-1,6-diphosphate, dihydroxyacetone phosphate, and  $\alpha$ -glycerophosphate. The normal ratio of  $\alpha$ -glycerophosphate to dihydroxyacetone phosphate is approximately 8–10 in the rat (14). In our patient a ratio of 260 was found. Marked differences in the lactate-pyruvate ratios between the two species were also apparent. The rat livers demonstrated a normal ratio of 17.5 (14), while that of the patient was 206. The malate concentration was 897  $\mu$ moles/kg as compared with 388  $\mu$ moles/kg in the rat. Oxalacetate was too low to be detected in the patient's liver. Since the reaction of malate to oxalacetate is a nicotinamide-adenine dinucleotide (NAD)-reduced NAD (NADH) couple as is lactate-pyruvate and  $\alpha$ -glycerophosphate-dihydroxyacetone phosphate, concentrations of oxalacetate would be low and the ratio of malate to oxalacetate elevated. Concentrations of pyruvate, phosphoenolpyruvate,  $\alpha$ -ketoglutarate, and citrate were decreased in the patient's liver as compared with the rat; this was also a reflection of the abnormal redox state.

The concentrations of the purine nucleotides (i.e. adenosine triphosphate [ATP], adenosine diphosphate [ADP], and adenosine monophosphate [AMP]) were similar in the two species (Table II) making it unlikely that anoxic changes in the patient's liver before analysis could account for the differences observed (15). The liver biopsy in our patient was performed under ideal conditions consisting of intravenous glucose infusion to maintain plasma glucose normal (80–95 mg/100 ml) and prevent lactic acidosis (blood lactates 2–2.5 mM). Thus, the abnormal concentrations of hepatic intermediates observed in all likelihood were minimal. Under conditions of active gluconeogenesis, it is possible that these abnormalities would be much more accentuated.

The results of the incubation of liver slices with various substrates is illustrated in Fig. 4. There was a marked increase in glucose production from galactose (150–530  $\mu$ M/50 mg liver). There was no increase in glucose production from fructose, glycerol, lactate, or alanine; however, there was a 75% increase over the controls in lactate production from galactose, glycerol, and alanine. Pyruvate production was similar with all the substrates except alanine in which there was a 10-fold increase.

Normal levels of glucose-6-phosphatase, phosphorylase, and phosphofructokinase were found in the liver (Table III). The level of fructose-1,6-diphosphate aldolase was 5  $\mu$ mole/min per g liver and fructose-1-phosphate aldolase was 3.3  $\mu$ moles/min per g liver, both activities being in the normal range reported for human liver (16). Furthermore, the ratio of 1.5 for fructose-1,6-diphosphate aldolase to fructose-1-phosphate aldolase was also normal

TABLE II  
Concentrations of Hepatic Intermediates

	Patient	Rat*	Per cent of patient/rat
<i><math>\mu</math>moles/kg liver</i>			
Glycolytic			
Glucose-6-phosphate	119.5	273.0 $\pm$ 29.5	44
Fructose-6-phosphate	11.4	27.0 $\pm$ 1.8	42
Fructose-1, 6-diphosphate	43.7	25.0 $\pm$ 2.2	175
Dihydroxyacetone phosphate	39.1	27.5 $\pm$ 1.8	170
$\alpha$ -Glycerophosphate	1012.5	206.8 $\pm$ 15.4	490
Phosphoenolpyruvate	47.2	65.7 $\pm$ 4.4	72
Pyruvate	14.5	106.0 $\pm$ 6.9	7
Lactate	2980.0	1820.0 $\pm$ 160.0	164
Krebs cycle			
$\alpha$ -Ketoglutarate	29.2	113.0 $\pm$ 10.6	39
Citrate	165.5	194.0 $\pm$ 12.2	85
Malate	897.0	388.0 $\pm$ 25.5	222
Adenine nucleotides			
ATP	2200.0	2730.0 $\pm$ 54.0	80
ADP	1004.0	765.0 $\pm$ 45.0	132
AMP	180.8	139.0 $\pm$ 9.6	130

\* Each intermediate represents the mean  $\pm$ SEM of six animals.

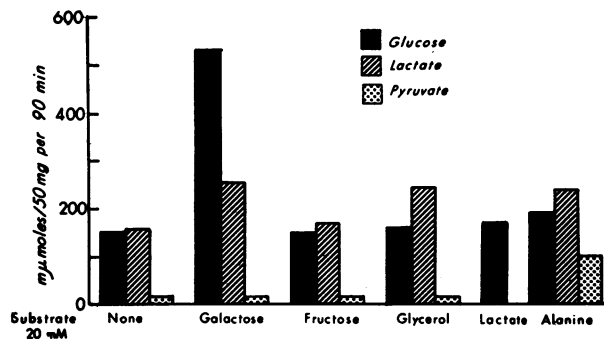


FIGURE 4 Results of incubation of liver slices without added substrate and in the presence of 20 mM galactose, fructose, glycerol, lactate, and alanine.

(16). Phosphorylase and amylo-1,6-glucosidase assays were performed on the patient's leukocytes (Table III). The levels of both enzymes in this patient were normal.

FDPase was assayed at pH 7.5 and 9.3 (Table IV). A control liver with known FDPase activity was assayed simultaneously. The patient's liver had less than 4% of the enzyme activity found in the normal liver. To exclude the possibility of an inhibitor of FDPase activity, equal portions of the supernatant fraction of the patient's liver were added to that of a normal control. No evidence of inhibition was observed. Instead, at pH 7.5 (Table IV), there was noted a 70% increase in activity over that expected by adding the individual activities of both livers. No activation occurred at pH 9.3. AMP (a known inhibitor of rabbit liver FDPase [9]), in concentrations between 0.5–1.0 mM, produced a 50% inhibition in the FDPase activity of normal liver; however, there was no further decrease in the activity of this enzyme in the patient's liver.

When an extract of normal liver heated to 80°C for 10 min was added to the patient's liver, no increase in activity occurred. When the normal liver was dialyzed and the patient's liver homogenate added to the dialyate, activation occurred that was only slightly less than that of undialyzed liver. Neither cysteine, cysteamine, cystine, or cystamine increased the enzyme activity of the patient's liver. Cystamine, a known activator of rabbit liver FDPase at neutral pH (17), however, increased the enzyme activity of normal liver by 86% (Table IV).

Pogell et al. (9) have shown that rabbit muscle phosphofructokinase is an activator of rabbit liver FDPase. When purified rabbit muscle phosphofructokinase (Boehringer Mannheim Corp., New York) was added to both the normal and patient's liver homogenate there was no increased activity. A pH 5.2 fraction of both the normal and patient's livers was made in order to precipitate the natural activator of liver FDPase (9). When the pH 5.2 fraction from normal liver was added to the supernatant of the patient's liver, no increase in FDPase ac-

TABLE III  
Enzyme Determinations

	Normals	Patient
<i>μmoles/min per g wet wt</i>		
Liver		
Fructose-1, 6-diphosphatase	1.9–5.6* (7)	0.08–0.117
Glucose-6-phosphatase	10–25 (7)	21
Fructose-1, 6-diphosphate aldolase	5.8 (1)	5.0
Fructose-1-phosphate aldolase	3.7 (1)	3.3
Phosphofructokinase	6.5 (1)	4.4
Leukocytes		
<i>μmoles/min per mg protein</i>		
Phosphorylase	20–38 (9)	21
Amylo-1, 6-glucosidase	0.31–1.1 (7)	0.35

\* Range of enzyme activity and total number of patients having determinations.

tivity was noted; however, when the same fraction from the patient's liver was added to the normal liver homogenate, an increase in enzyme activity of 130% occurred.

TABLE IV  
FDPase Activity in Liver and Muscle of A. W. and Normal Subject; Effects of pH, Mixing, Heating, AMP, Dialysis, Crystamine, pH 5.2 Fraction and Purified Muscle Phosphofructokinase (PFK) \*

Treatment of liver of patient and normal	pH 7.5	pH 9.3	Per cent of normal at pH 7.4
<i>μmoles/g per min</i>			
Normal	4.20	5.80	—
Patient	0.12	0.18	3
Patient + normal	7.20	5.80	172
Normal + AMP, 5 × 10 <sup>-4</sup> M	2.15		50
Patient + AMP, 5 × 10 <sup>-4</sup> M	0.11		3
Patient + heated normal	0.10		3
Normal + heated patient	4.00		96
Patient + dialyzed normal	6.80		162
Normal + dialyzed patient	6.90		165
Patient + 1 × 10 <sup>-4</sup> M cystamine	0.10		3
Normal + 1 × 10 <sup>-4</sup> M cystamine	7.80		186
Patient + muscle PFK	0.09		2
Normal + muscle PFK	4.00		96
Patient + pH 5.2 precipitate of normal liver	0.10		3
Normal + pH 5.2 precipitate of patient liver	9.70		230
Normal muscle	0.115		—
Normal muscle + AMP 5 × 10 <sup>-4</sup> M	0.060		48
Patient muscle	0.110		—
Patient muscle + AMP 5 × 10 <sup>-4</sup> M	0.055		50

\* All analyses and preparations except for cystamine were carried out as described by Pogell et al. (9). For the cystamine study the protocol of Pontremali et al. (17) was used.

It was therefore concluded that the patient had sufficient activator, but lacked the presence of hepatic FDPase (Table IV).

Skeletal muscle FDPase was also assayed in both a normal subject and the patient. There was no difference in activity between the two specimens and both activities were decreased on addition of AMP (Table IV).

*III. Family studies.* The mother, father, and two older sisters, aged 5 and 7, were admitted to the Clinical Research Unit and intravenous fructose and glycerol tolerance tests were performed after a 12 hr overnight fast. In all family members, the infusion of these two substrates provoked an increase in plasma glucose and transient rise in blood lactate within the first 10 min; the lactate never exceeded 2.2 mM.

*IV. Dietary studies.* The results of the dietary study are illustrated in Fig. 5. On the routine hospital diet the patient demonstrated relatively low fasting plasma glucose along with elevated blood lactate and  $\beta$ -hydroxybutyrate concentrations. On institution of the high carbohydrate diet all these values returned to normal (days 3-6). On the high protein diet blood lactates increased (2.0-6.3 mM), with a concomitant fall in serum bicarbonate (days 6-8). Reinstitution of the high carbohydrate diet corrected the metabolic defects (days 8-12). On the high fat diet severe lactic acidosis, hypoglycemia, and ketonemia rapidly developed (days 12-14). When switched to the therapeutic diet these changes rapidly reversed (days 15-17) (Fig. 5). In all of these studies plasma glucose concentrations were inversely correlated with blood lactate, while blood lactate and plasma uric acid demonstrated a direct linear relationship (Fig. 6).

Quantitative fasting plasma amino acid profiles by column chromatography were obtained on the patient during two episodes of severe lactic acidosis. These are compared in Table V with those of nine normal children

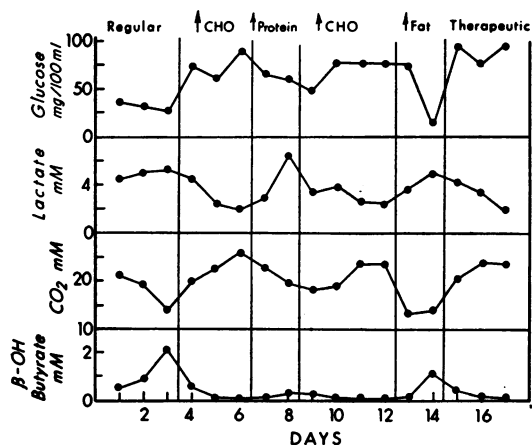


FIGURE 5 Results of dietary study. Changes in the patient's diet were at 8 a.m. represented by the vertical lines.

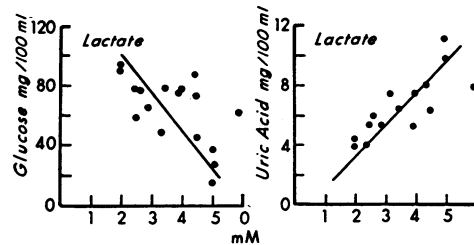


FIGURE 6 Relationships of plasma glucose to blood lactate levels and plasma uric acid to blood lactate during the dietary study.

after an overnight fast. The most striking finding is the two- to threefold elevation of plasma alanine together with elevations of threonine, serine, proline, and tyrosine, other gluconeogenic amino acids.

## DISCUSSION

FDPase is one of the four rate-limiting enzymes necessary for glucose production from fructose, lactate, glycerol, and the gluconeogenic amino acids (18). With the absence of this enzyme, fasting hypoglycemia and severe lactic acidosis would be expected. Furthermore, a deficiency of this enzyme would also account for marked elevation of the gluconeogenic amino acids (Table V), in particular alanine which is considered to be the most important amino acid for gluconeogenesis (19).

The chronic lactic acidosis seen in this patient is directly due to an inability of the liver to convert the above-mentioned substrates to glucose leading to an accumulation of both lactate and pyruvate. The markedly reduced state of the NAD-NADH couples lactate-pyruvate and  $\alpha$ -glycerophosphate-dihydroxyacetone phosphate in the liver are due to the absence of FDPase, resulting in accumulation of the precursor glyceraldehyde-3-phosphate, a step at which NADH is reoxidized to NAD (20) (Fig. 7).

The above conclusion is further supported by the *in vivo* infusions of fructose, glycerol, and alanine. The response to intravenous infusions of these substrates in children with a normal hepatic gluconeogenic enzymic system is an increase in the plasma glucose, without accumulation of lactic acid (21-23). As illustrated in Figs. 2 and 3, infusions of these normally gluconeogenic substrates in our patient were followed by a rapid accumulation of lactic acid. Further, with fructose and glycerol, as well as alanine after a 12 hr fast, the concentration of plasma glucose fell to hypoglycemic levels. Plasma insulin concentrations could not account for the decrease in plasma glucose as they were appropriately low for the degree of glycemia on all occasions ( $< 5 \mu$ units/ml).

Similar data have been presented by Baker and Winegrad (1) in the first reported case of FDPase deficiency. In their child, oral fructose and glycerol ad-

ministration resulted in a rapid fall in plasma glucose. In hereditary fructose intolerance in which there is an absence of the enzyme fructose-1-phosphate aldolase, intravenous infusion or oral ingestion of fructose leads to a rapid fall in plasma glucose (24). The acute hypoglycemia after fructose infusion is felt to be due to accumulation of the intermediate fructose-1-phosphate which blocks glycogenolysis by inhibiting hepatic phosphorylase (24). In the absence of FDPase a rapid accumulation of the triose phosphates could in a similar fashion act as product inhibitors of hepatic phosphorylase and lead to inhibition of glycogenolysis with resultant hypoglycemia.

Infusions of alanine after 6 and 12 hr fasts resulted in divergent glucose responses (Fig. 2). After the 6 hr fast there was a transient increase in plasma glucose within the first 30 min, with a subsequent fall to hypoglycemic levels. After the patient had been fasted for 12 hr, there was no increase in plasma glucose over the first 60 min, with a subsequent fall to 22 mg/100 ml by 120 min. With both infusions there was a sustained rise in blood lactate and pyruvate. The differences between the two tests are interesting in the light of the recent observations of Muller et al. (25) that the amino acid alanine is a potent stimulator of pancreatic glucagon. After a relatively short fast, the rise in plasma glucose could be explained by glycogen release from the liver mediated by pancreatic glucagon. Conversely, with a longer fast when liver glycogen stores are depleted, alanine can be converted only to the level of fructose-1,6-diphosphate and triose phosphates, with resultant hypoglycemia secondary to deficient gluconeogenesis.

TABLE V  
*Plasma Amino Acid Profiles on A. W. and Nine Children after an Overnight Fast*

Amino acid	Controls*	A. W. 1†	A. W. 2‡
Threonine	152±20	412	396
Serine	168±11	218	182
Proline	140±18	204	207
Glycine	238±8	300	246
Alanine	296±25	750	980
Valine	177±10	290	220
Isoleucine	71±7	91	67
Leucine	175±8	162	86
Tyrosine	69±7	100	124
Phenylalanine	64±4	73	43
Lysine	240±41	306	225
Histidine	132±19	65	90
Arginine	79±1	51	93

\* Values represent mean ±SEM and are expressed as micromoles per liter.

† Plasma for both amino acid profiles were obtained on two separate occasions when the patient was in severe lactic acidosis.

In contrast to the other gluconeogenic substrates galactose infusion resulted in a rapid increase in plasma glucose (Fig. 3). Since galactose enters the Embden-Myerhoff pathway at glucose-1-phosphate (Fig. 7), utilization of this substrate would be expected. The patient reported by Baker and Winegrad (1) also responded normally to a galactose challenge. 42% of the total calories derived from breast milk are provided in the form of lactose (13) which may account for the lack of symptoms during the first 6 months of life.

Glucagon administered after 6 and 18 hr fasts produced divergent results (Fig. 1). In the postabsorptive state glucagon is a potent glycogenolytic hormone and insulinogenic secretagogue. After a fast when hepatic glycogen stores are depleted glucagon does not stimulate insulin release (21). Although plasma insulin concentrations were not determined during the two glucagon studies, the decrease in blood lactate and pyruvate after the 6 hr fast may have been mediated by increased concentrations of circulating insulin, resulting in decreased hepatic extraction of gluconeogenic substrates (26) and decreased peripheral tissue mobilization (27). The lack of a glycemic response with an increase in blood lactate and pyruvate after the 18 hr fast was a reflection of hepatic glycogen depletion and possibly glucagon's effect on increasing hepatic transamination and utilization of alanine (28).

The activity of the enzyme FDPase was investigated by assessing in vitro hepatic gluconeogenesis from various substrates, measuring metabolic intermediates, and assaying directly for FDPase activity. All studies performed on the biopsied liver indicated little or no activity of this enzyme. The results of incubating liver slices with gluconeogenic substrates were consistent with the in vivo infusion studies and indicated that the liver was capable of converting only galactose to glucose. Steady-state concentrations of hepatic intermediates in normal human liver are not known and therefore the results were compared with those of rat liver. Although it is not entirely justifiable to compare individual concentrations between the two species, the general pattern of elevated intermediates below FDPase, with a decrease in concentrations above this enzyme, are in accord with the other data obtained implicating a deficiency of FDPase. The activity of FDPase in this patient was approximately 3% of the control value. All other liver enzymes assayed (Table III) were well within the normal range.

FDPase in rabbit liver assayed at neutral pH has been shown to be activated and deactivated by various substances. Activators of this enzyme are cystamine (17), muscle phosphofructokinase, and a heat-inactivated, nondialyzable fraction of liver which can be precipitated at acid pH (9). This fraction is felt to be the natural

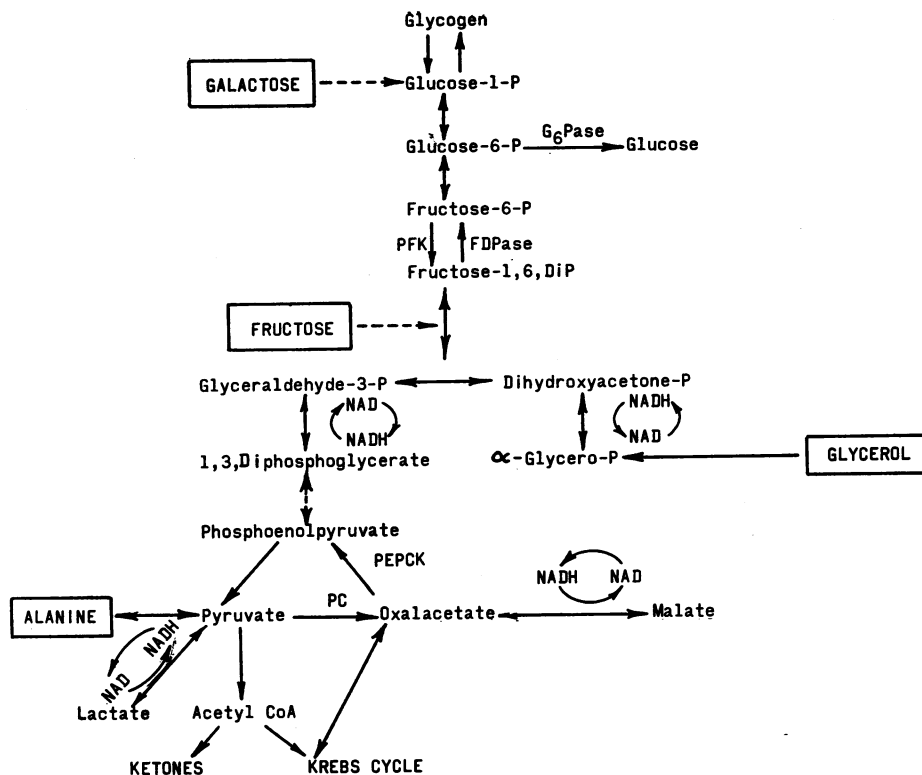


FIGURE 7 Schematic diagram of the gluconeogenic pathway. G<sub>6</sub>Pase, glucose-6-phosphatase; FDPase, fructose-1,6-diphosphatase; PFK, phosphofructokinase; PC, pyruvate carboxylase; PEPCK, phosphoenolpyruvate carboxykinase.

activator of hepatic FDPase (9). AMP is an inhibitor of FDPase (9). Assays for FDPase at pH 7.5 and 9.3 in our patient gave negligible enzyme activities, and there was no further decrease on addition of AMP, suggesting that the small amount of enzyme activity present was due to nonspecific phosphatases. The possibility that an inhibitor accounted for the absent activity of FDPase was ruled out when addition of the patient's liver homogenate to the normal resulted in 70% greater enzyme activity than the sum of the two separate activities. Addition of cystamine to the normal liver resulted in increased enzyme activity, similar to that found with rabbit FDPase (17), but cystamine had no effect on the patient's liver homogenate, further evidence that nonspecific phosphatase was accounting for the small enzyme activity present. Preparation of a pH 5.2 fraction from the liver of the patient and control demonstrated that an activator was present in both, and that the absent FDPase activity in the patient's liver is, in fact, due to the absence of the enzyme and not the activator (Table V).

Muscle FDPase was present in the patient. The absence of this enzyme in the liver, with its presence in muscle, suggests that the two enzymes are genetically

distinct, analogous to that found with muscle and hepatic FDPase of rabbit (29).

Intravenous fructose and glycerol were administered to the patient's parents and two siblings. All family members responded normally to both substrates. If a heterozygous state in this disorder exists it cannot be detected by substrate infusions in the dose range studied.

Various isocaloric dietary regimens demonstrated that the patient was unable to properly utilize calories derived from protein, fat, or fructose-containing carbohydrates. By modification of her diet so that 56% of her calories were derived from carbohydrate in the form of glucose, galactose, lactose, and maltose, the lactic acidosis rapidly cleared.

During the dietary study it was demonstrated that an inverse correlation existed between plasma glucose and blood lactate while a direct correlation was apparent between blood lactate and serum uric acid (Fig. 6). The concomitant rise and fall of uric acid and lactate is ascribable to the fact that they are regulated by the same renal tubular secretory mechanism (30).

The patient has been followed for the past 15 months, being maintained on the prescribed diet. Growth and development have been normal. Euglycemia and acid-



base balance have been maintained; however, with intercurrent infections associated with fever and vomiting, she has developed lactic acidosis (blood lactate 17–20 mM) and hypoglycemia (plasma glucose less than 20 mg/100 ml) on two occasions since her initial evaluation. Both episodes were rapidly corrected with intravenous glucose, neither episode requiring bicarbonate administration.

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