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Clinical outcomes of systemic therapy for patients with deep fibromatoses (desmoid tumors)

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Abstract

Objectives—We examined outcomes of patients with desmoid tumors receiving systemic therapy at a single institution to provide a basis for examination of newer agents.

Methods—We reviewed records of patients with desmoid tumors treated with chemotherapy at our institution. The activity of NSAIDs was not addressed. Patients without measurable disease, those receiving therapy we could not document, and those receiving prophylactic therapy were excluded.

Results—Sixty-eight patients received 157 lines of therapy. Nine patients died, 7 of progressive disease. The cohort was 62% female with median age 32.5, 32% with Gardner syndrome, median follow-up 63 months, and median of 2 lines of therapy. Intra-abdominal primary location was most common (44%). The greatest RECIST response rate was observed with anthracyclines and hormonal therapy and lowest with single agent dacarbazine/temozolomide or tyrosine kinase inhibitors, principally imatinib. In a multivariate analysis, only nodular gross morphology and presence of Gardner syndrome were the only tumor factors associated with greater time to progression.

Conclusions—Anti-estrogens and anthracycline-containing regimens are associated with a higher radiological response rate against desmoid tumors than other agents. Systemic therapy for desmoid tumors can be successful in patients with desmoids, and is a viable option in lieu of morbid or disabling surgery.

Keywords

Deep fibromatosis; desmoid tumor; systemic therapy; chemotherapy; hormonal therapy; retrospective analysis; anthracycline; imatinib

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INTRODUCTION

Deep fibromatoses, also termed desmoid tumors, are rare, slow growing, histologically bland connective tissue neoplasms without metastatic potential^{1, 2}. Incidence is estimated at 3-4 cases per million, with fewer than 1,000 cases diagnosed in the United States annually³. Desmoid tumors account for approximately 3% of all biopsy-analyzed soft-tissue tumors. Desmoids are typically diagnosed in patients between the ages of 15 and 60 years, more often in young adults, with a 2-3 fold female predominance. The incidence of desmoids is particularly high in patients with familial adenomatous polyposis (FAP); the reported incidence of desmoids in this patient population ranges widely (3.5-32%)³⁻⁷.

Although surgery remains the primary therapy for extra-abdominal and abdominal-wall desmoids, for static lesions observation alone is increasingly recommended, given the morbidity associated with resection and frequent recurrences⁸. Surgery is often not feasible for mesenteric desmoids because of the diffuse nature of the tumor throughout the mesentery in some patients, as well, a high risk of recurrence and frequent post-operative complications. Alternative options are therefore required for patients with tumors that are not amenable to surgery³, ⁹.

Though aggressive fibromatoses do not demonstrate metastatic potential, morbidity can lead to physical impairment, and mortality from the disease is occasionally observed from local infiltrative growth and tissue invasion, in particular with abdominal disease. Mortality is rare among patients with extra-abdominal desmoids. However, desmoids are associated with patient death in ~10% of patients with FAP³.

The natural history of this disease is increasingly well understood, but remains difficult to predict^{2, 8}. Some patients progress despite all local-regional options for care. For patients with progressive disease no longer amenable to surgery or radiation, systemic therapy can play a significant role in improving clinical outcomes. To date, there are no comparative studies of systemic therapy to guide treatment of desmoid tumors. The purpose of this study was to analyze a highly selected group of patients with recurrent or unresectable desmoid tumors and their radiological responses to systemic treatment in order to guide treatment decisions when patients develop recurrences, and to provide a baseline for comparison for future clinical trials.

PATIENTS AND METHODS

Patient Selection

We identified 183 patients seen in medical oncology clinics at our hospital who received systemic therapy for a desmoid tumor between 1994 and 2007, using an institution IRB-approved Waiver of Authorization. Data were also available from an institutional database of patients with soft tissue tumors admitted for inpatient care, 304 of whom were admitted between 1994 and 2007. Case files and chemotherapy records were reviewed for all patients. A total of 115 patients were excluded because of incomplete records, administration of all chemotherapy outside our center, or the exclusive use of anti-inflammatory compounds as systemic therapy. This exclusion left 68 patients were analyzed for response to systemic treatment. Patient demographics, tumor characteristics, number of surgical resections, radiation therapy and systemic treatment response were analyzed. All pathology was reviewed at Memorial Sloan-Kettering Cancer Center and confirmed the diagnosis of deep fibromatosis (desmoid tumor). Measurements were extracted from departmental radiology reports; consulting radiologists at our institution confirmed measurements for images with incomplete data.

Demographics, definition of progression, and statistical methods

Data extracted as part of this retrospective analysis included age at diagnosis, gender, radiological desmoid morphology (nodular, diffuse), presence or absence of Gardner syndrome, primary site, primary size, other primary cancers diagnoses, use of radiation therapy, date of diagnosis, date of presentation, date of last follow up, survival date, survival status, lines of therapy, 1st and last dose dates of systemic therapies, duration of systemic therapy, reason for treatment discontinuation, date of last scan before initiation of a given systemic therapy, scan dates and outcomes on therapy, scan dates following discontinuation of therapy, date of progression, time to progression, overall survival, and best response to treatment by World Health Organisation (WHO) criteria¹⁰ and Response Evaluation Criteria in Solid Tumor (RECIST), version 1.0¹¹.

To calculate progression free survival, we defined progressive disease to be radiological worsening by the defined criteria (WHO or RECIST), or clinical progression in the setting of lesser radiological progression. For 142 of the 157 lines of therapy we had pre- and post-treatment radiographs. For the other 15, we had only radiology reports and clinic notes on which to base a determination of disease progression. Estimates of progression-free survival (PFS) were determined using Kaplan-Meier analysis (SPSS version 15.0), using a baseline scan date (performed within 0-5 weeks of the start of systemic therapy) as time 0 and restaging scan date as the progression date. Patients were censored for toxicity or surgical intervention. Overall survival data were compiled using the date of biopsy or date of initial surgical resection as time 0.

Prognostic significance of gender, primary site (abdomen vs. other), age (less than or greater than/equal to median), primary size, presence of Gardner syndrome, and nodular vs. diffuse desmoid type were examined by univariate analysis using a log-rank test. To examine the association between tumor features and PFS while adjusting for important prognostic factors, those variables found to be significant on univariate analysis at the 0.10 level were entered into a Cox proportional hazards model. Best radiological outcomes (partial response, stable disease, progression of disease) were compared between response criteria using a Fisher exact test. Best outcomes for different types of therapy (largest favorable percentage change in unidimensional or bi-dimensional tumor measurements) by response evaluation criteria (RECIST vs WHO) were compared using a Kruskal-Wallis or Wilcoxon signed rank test.

RESULTS

Patient population

Patient demographics are specified in Table 1. A total of 68 patients received 157 lines of radiologically well-documented systemic therapy at our institution between 1994 and 2008. The median age was 32.5 years (15-75) with a female predominance of 62% of the cases (n=42). Of the 68 patients, 11 had a primary tumor under 5 cm (16%), 19 (28%) between 5-10cm, 45, 34 (50%) over 10 cm, including 5 patients with multifocal desmoids (lesions affecting more than one primary site), as has been described previously¹², and 4 (6%) with unknown primary size. The most common primary locations included intra-abdominal (n=30, 44%), followed by chest wall, n=11 (16%). Consistent with the high proportion of intra-abdominal primary tumors, 22 (32%) also carried a diagnosis of Gardner syndrome. Median follow up was 5.3 years (range 0.3-13.3). The primary size and anatomic site of patients treated with chemotherapy was different from patients from our institutional surgical database. Patients with desmoid tumors of the abdomen and retroperitoneum were over-represented in the chemotherapy cohort, and those with truncal desmoids under-represented in comparison to the patients admitted to hospital for care (Table 1). Not

surprisingly, patients receiving chemotherapy had larger tumors overall in comparison to those who were admitted to hospital (generally for surgery).

Systemic therapy

While nonsteroidal anti-inflammatory agents (NSAIAs) were administered to some patients, we could not accurately document when the agents were administered, dosing, or compliance. Most commonly, patients were started on ibuprofen or sulindac following a resection as a prophylactic measure. We did not identify any patients with radiological responses to NSAIAs, and focused on other systemic therapy without recording their administration of NSAIAs.

Specific therapeutics and the order given were the physicians' choices (Table 2). Patients who were treated had evidence of disease progression by physical examination or radiological examinations. The most common systemic therapies included tamoxifen, doxorubicin (including pegylated liposomal doxorubicin), and imatinib.

The 68 patients received 157 lines of therapy for which we could document clinical or radiological response. Of these, pre- and post-therapy images were available for review for 142 lines of therapy (i.e. radiological assessments 0-5 weeks before the start of therapy and scans after at least 6 weeks of therapy, except those with overt progression documented radiologically before 6 weeks). For the remaining 15 lines of therapy we used clinical and radiology records to determine time to progression. Radiological results were assessed by RECIST and WHO criteria. In many cases, after radiological (and symptomatic) improvement, systemic therapy was discontinued and patients followed radiologically and clinically. Time to progression was documented when there was progression by RECIST or WHO criteria, with patients being censored for drug toxicity or another local intervention.

The median lines of therapy given to a patient was 2 (range 1-7); median time to progression on all lines of therapy was 7.4 months (range 0.7-125). A total of 26 patients (38%) received one line of therapy, 22 (32%) received 2 lines, and 20 (29%) received 3 or more lines of therapy. The frequency of RECIST partial responses (PR) was different between arms of the study (p=0.048, Fisher exact test), suggesting choice of treatment was important to obtain a radiographic response.

Responses were most common in patients receiving anthracycline-containing regimens. A waterfall plot of the best RECIST responses is indicated for different classes of systemic therapeutics in Figure 1. Twenty-eight patients of the 35 patients receiving anthracyclines received single agent doxorubicin in some form. Three of six patients receiving doxorubicin had a best result of RECIST PR, and 8/22 who received pegylated liposomal doxorubicin experienced a RECIST PR. Of the 35 patients receiving anthracyclines, one with a cumulative lifetime dose of 885 mg/m² doxorubicin given over two years developed grade 3 cardiomyopathy, as did one patient (papillary muscle dysfunction) who received a total of 575 mg/m² pegylated liposomal doxorubicin over 18 months; the latter patient also developed myelodysplastic syndrome, and is receiving darbepoetin support. Both had improvement in their cardiomyopathy with medical management.

Progression-free survival (PFS)

PFS as observed for each line of systemic therapy is indicated in Figure 2, and median PFS by RECIST and by WHO criteria is indicated by type of therapy in Table 2. Given the selected nature of patients on the study, we did not examine type of systemic therapy or line of therapy and their relation to PFS. The variables independently predictive of superior PFS were nodular (vs. diffuse) type of desmoid, and presence of Gardner syndrome. On multivariate analysis, both variables remained statistically significant (Table 3).

RECIST and WHO responses

The best responses by WHO criteria and RECIST (Table 2) for each line of therapy were compared for patients in whom response data were available (n=142 lines of therapy). A best result of PR and PD was observed in 21% and 15% and by RECIST, respectively, and in 19% and 23% by WHO criteria. The median best radiological result for systemic therapy was 0% by WHO criteria and +3% by RECIST.

There was no apparent difference in best radiological outcome, comparing each best response result using RECIST and WHO criteria. (2-sided p-value=0.69, Wilcoxon signed rank test). In contrast to the response data by type of therapeutic agent, categorizing best radiological responses (PR, SD, or PD) by response criteria (WHO or RECIST) did not yield a significant difference (p=0.19, Fisher exact test)

Overall survival

The high risk nature of this group of patients is indicated in Figures 3A and 3B. Nine patients died of local progression from their desmoid tumors. Two others died from primary peritoneal serous tumors associated with Gardner syndrome, but were censored in this analysis at time of death from their carcinomas. Eight of the nine patients died from a primary abdominal or abdominal wall desmoid; one died of local progression at the thoracic outlet. Seven of the patients had desmoids associated with Gardner syndrome, in comparison to the overall group of 22 of 68 patients with Gardner syndrome in association with their desmoid. Desmoid-related mortality was significantly associated with Gardner syndrome (p=0.01, log-rank test). Median survival of the patients with desmoid tumor in association with Gardner syndrome in this cohort was 13.5 years (95% confidence interval 9.3-17.7).

DISCUSSION

Given the relative toxicity of the choices for systemic therapy, we generally treat patients with a course of hormonal therapy before considering cytotoxic agents or tyrosine kinase inhibitors. Beyond anti-estrogens¹³, an important report of the utility of the CyVADIC (cyclophosphamide, vincristine, doxorubicin and dacarbazine) has made a significant impact regarding systemic therapy for desmoid tumors¹⁴. The finding of patient responses to tyrosine kinase inhibitors¹⁵ raised the question of the relative activity of systemic agents in this patient population. Since there was not clear synergy between the drugs in this combination, we have generally opted to give single agents for patients with desmoid tumors in need of systemic therapy, occasionally using combinations for patients with more symptomatic tumors. Until there are randomized studies to examine one form of therapy against another, we hope that the data of this report will inform clinicians as to options for care when systemic therapy is needed.

Reservations regarding the present data, like those of any retrospective analysis, include the lack of randomized data, use of a non-standard metric for progression using both radiographic and clinical change, and collection of data over nearly 15 years, during which time options and quality of surgery, radiation therapy, radiology, and supportive medication have improved, potentially biasing any conclusions. Furthermore, the occasional observation of a patient with spontaneous improvement in their desmoid tumor, or responses to NSAIA, neither of which we take into account in this analysis, would only lower the observed response rates to systemic therapy noted here. These data show a higher radiological response rate of anthracycline based therapy and hormonal therapy, more than receptor tyrosine kinase (RTK)-directed agents or single agent dacarbazine or temozolomide against desmoids, consistent with other non randomized data from other centers⁹, 1³⁻¹⁸.

We note that as single agents, both doxorubicin and liposomal pegylated doxorubicin are active against desmoid tumors. In an appropriate patient, typically failing hormonal therapy, liposomal pegylated doxorubicin presents a reasonable option with a lower risk of cardiac and other toxicity compared to the parent agent, and is now our typical 1st line of cytotoxic therapy for patients in need of such an agent. Given the favorable side effect profile and response data, hormonal therapy would appear to be the most appropriate comparator arm for a randomized study of systemic therapeutic agents.

The difficulty of managing desmoid tumors in association with Gardner syndrome is also underscored by these data, with a significant risk of death from desmoid tumor in this population in comparison to patients with desmoid tumors that arise sporadically in this population, despite the demonstration of an association with better PFS in desmoid tumor patients with Gardner syndrome vs. those who do not. It is also clear that mutation analysis of *APC* and *CTNNB1* will be an important future analysis of these tumor samples¹⁹⁻²³, which could potentially better inform choice of systemic therapy in the future.

The management of desmoid tumors remains multidisciplinary, necessitated by the diversity of patient presentations and treatment options^{2, 7}. Caution must be exercised at every step of treatment given the potential morbidity of any therapy, be it surgery (functional loss, recurrence risk), radiation (loss of function as a late side effect, risk of secondary cancers such as sarcomas), or chemotherapy (cardiomyopathy, or treatment-associated myelodysplasia or leukemias, as observed in this study). We anticipate improvements in outcomes for patients as we learn about the molecular characteristics of molecularly heterogeneous condition. In the meantime, with these data we have demonstrated that systemic therapy is a viable option in lieu of potentially morbid and debilitating surgery for this frustrating diagnosis.

Acknowledgments

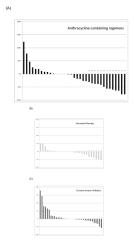
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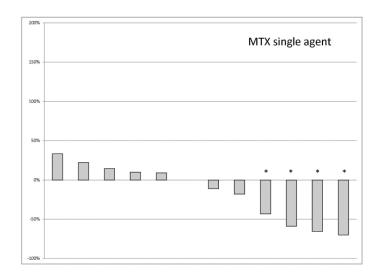


Figure 1.

Best RECIST response of therapeutics used to treat desmoid tumors. (A) Anthracyclinecontaining regimens; (B) Tyrosine kinase inhibitors; (C) Vinca-containing combinations; (D) Hormonal therapy. An asterisk indicates a RECIST partial response. de Camargo et al.

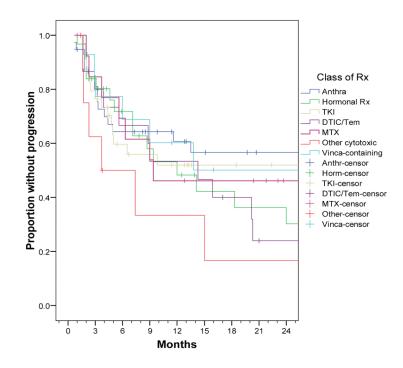
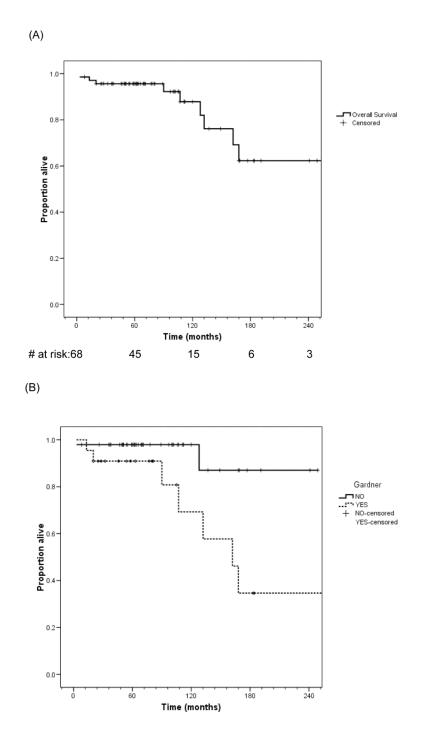


Figure 2. Progression free survival (RECIST) by type of systemic treatment

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Overall survival and after diagnosis of desmoid tumor in this patient cohort for all patients (A) and by presence or absence of Gardner syndrome (B).

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Table 1

Clinical characteristics of desmoid tumor patients treated with systemic therapy compared with those admitted to hospital (usually surgical patients)

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Number receiving systemic therapy (1994-2007)		183	
Number admitted for management (1994-2007)			304
Excluded (incomplete records, therapy administered off site, anti-inflammatory agents only)		115	
Patients receiving all treatment on site		68	
Median age at presentation (range)		32.5 (15-75)	37 (15-79)
Number of women (%)		42 (62%)	203 (66%)
Median follow up, years (range)		5.3 (0.3-13.3)	3.3 (0.3-13.5)
Primary Size	< 5 cm (%)	11 (16%)	93 (31%)
	5-10 cm (%)	19 (28%)	114 (38%)
	> 10 cm (%)	34* (50%)	84** (28%)
	Unknown	4 (6%)	12 (4%)
Gardner syndrome		22 (32%)	n.r.
Desmoid morphology	Diffuse	17 (25%)	n.r.
	Nodular	51 (75%)	.r.u
Primary Site (%)	Head / Neck	2 (3%)	21 (5%)
	Upper Extremity	8 (12%)	43 (9%)
	Chest wall	11 (16%)	39 (9%)
	Intra-abdominal	36 (53%)	66 (15%)
	Trunk	5 (7%)	91 (20%)
	Lower Extremity	6 (9%)	44 (10%)
Median number of surgeries		1 (0-5)	1 (0-6)

	_		_		
		n.r.		n.r.	
		18 (26%)		2 (1-7)	
(range)		No surgery (%)		Median lines of therapy (range)	

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includes 5 patients (7%) with multifocal disease

** includes 13 patients (3%) with multifocal disease

n.r.: not recorded

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Therapy administered	Lines of treatment given	RECIST PR	RECIST SD	RECIST PD	Median PFS [†] by RECIST (months), 95% CI	WHO PR	0HM CS	0HM OHM	Median PFS [†] by WHO (months), 95% CI
Anthracycline- containing	35	13 (37%)	18 (51%)	4 (11%)	*	12 (34%)	17 (43%)	6 (23%)	*
Hormonal therapy	26	6 (23%)	17 (65%)	3 (12%)	12.0 (5.0-19.0)	6 (23%)	17 (65%)	3 (12%)	13.5 (6.8-20.2)
Tyrosine Kinase Inhibitor	35	3 (9%)	25 (71%)	7 (20%)	26.8 (0-61.4)	2 (6%)	22 (63%)	11 (31%)	21.4 (0-43.0)
DTIC or temozolomide	16	2 (13%)	12 (75%)	2 (13%)	14.3 (5.3-23.3)	1 (6%)	10 (63%)	5 (31%)	9.0 (0-19.2)
Methotrexate (single agent)	12	4 (33%)	6 (50%)	2 (17%)	(*) 9.4	4 (33%)	4 (33%)	4 (33%)	*
Other cytotoxic agents	8	0	7 (88%)	1 (12%)	3.7 (0-9.8)	0	7 (88%)	1 (12%)	2.3 (0.5-4.1)
Vinca-containing combination	10	2 (20%)	9 (%09) 9	2 (20%)	*	2 (20%)	5 (50%)	3 (30%)	*
TOTAL	142	30 (21%)	91 (64%)	21 (14%)	14.1 (5.5-22.7)	27 (19%)	82 (58%)	33 (23%)	15.0 (5.6-24.4)
*									

 $\dot{r}_{
m Kaplan-Meier \, estimate}$

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 * Median not reached, or not reached until last patient progressed, giving a meaningless value for the median or 95% CI.

CI: confidence interval

Table 3

Univariate and multivariate analysis of variables associated with RECIST PFS.

	Univariate p-value	Multivariate p-value (HR and 95% CI)
Gender	0.93	
Age	0.60	
Nodular (vs diffuse)	0.008	0.002 (0.30 [0.14-0.63])
Gardner syndrome (vs not)	0.041	0.043 (0.57 [0.33-0.98])
Primary site*	0.39	
Primary size †	0.24	

Italics: variables from univariate analysis selected for multivariate analysis

* by anatomic location, intra-abdominal vs other

 † <5 cm, 5-10 cm, > 10 cm

HR: Hazard ratio

95% CI: Confidence interval for hazard ratio