

## Clinical significance of *Helicobacter pylori* *cagA* and *iceA* genotype status

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### Abstract

**AIM:** To study the presence of *Helicobacter pylori* (*H. pylori*) virulence factors and clinical outcome in *H. pylori* infected patients.

**METHODS:** A prospective analysis of ninety nine *H. pylori*-positive patients who underwent endoscopy in our Endoscopy suite were included in this study. DNA was isolated from antral biopsy samples and the presence of *cagA*, *iceA*, and *iceA2* genotypes were determined by polymerase chain reaction and a reverse hybridization technique. Screening for *H. pylori* infection was performed in all patients using the rapid urease test (CLO-Test).

**RESULTS:** From a total of 326 patients who underwent endoscopy for upper gastrointestinal symptoms, 99 patients were determined to be *H. pylori*-positive. Peptic ulceration was seen in 33 patients (33%). The main virulence strain observed in this cohort was the *cagA* gene

isolated in 43 patients. *cagA* was associated with peptic ulcer pathology in 39.5% (17/43) and in 28% (16/56) of non-ulcer patients. *IceA1* was present in 29 patients (29%) and *iceA2* in 15 patients (15%). Ulcer pathology was seen in 39% (11/29) of patients with *iceA1*, while 31% (22/70) had normal findings. The corresponding values for *iceA2* were 33% (5/15) and 33% (28/84), respectively.

**CONCLUSION:** Virulence factors were not common in our cohort. The incidence of factors *cagA*, *iceA1* and *iceA2* were very low although variations were noted in different ethnic groups.

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**Key words:** Ethnicity; *Helicobacter pylori*; Peptic ulcer disease; Virulence factors

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### INTRODUCTION

*Helicobacter pylori* (*H. pylori*) is a spiral, gram-negative microaerophilic bacterium that causes chronic inflammation of gastric mucosa in more than half of the population worldwide. It is a major cause of peptic ulcer (PU) disease and a recognized risk factor for gastric adenocarcinoma and mucosa-associated lymphoid tissue lymphoma. The lifetime risk of an *H. pylori*-infected individual developing peptic ulcer disease (PUD) is estimated to be one in six.

The relationship between *H. pylori* genotype and its association with clinical outcome is not fully understood. The predominant *H. pylori* strain found in geographic locations differ with regard to genomic structures. Genetic diversity in *H. pylori* strains may affect the function and antigenicity of virulence factors associated with bacterial infection and, ultimately disease outcome<sup>[1]</sup>.

*H. pylori* produces a number of virulence factors that are essential for colonization of the stomach and survival in the hostile gastric environment. In addition to urease, which plays an important role in the neutralization of gastric acid secretion and vacuolating cytotoxin, which induces vacuolar degeneration of various epithelial cell lines, there are a few other important factors. These factors are the gene products encoded by the *cag* pathogenicity island, which causes up-regulation of cytokines; *iceA*, a homologue of a gene for restriction endonuclease, induced by contact with gastric epithelium; and *OipA*, a pro-inflammatory protein that contributes to interleukin-8 induction. It has been proposed that *cagA*<sup>[1]</sup> and *iceA*<sup>[2]</sup> genes are markers and can identify patients with peptic ulcers.

Studies have indicated that *H. pylori* infection is common in Malaysia as in other developing countries. Most reports in Malaysia have focused on the prevalence and clinical patterns of gastroduodenal disease, detection of *H. pylori* infection, and effectiveness (or ineffectiveness) of anti-*H. pylori* therapies in the local population. Only a few small studies have provided information on the genotypes of the Malaysian *H. pylori* strains.

The aim of our study was to characterize *H. pylori* strains isolated from Malaysian patients and to determine if the genotypes implicated in patients with disease in the West are similar to those in the Malaysian population.

## MATERIALS AND METHODS

### Patients and samples

Patients found to be positive for *H. pylori* from those undergoing endoscopy at the Endoscopy Unit of Hospital Ampuan Afzan Kuantan were selected. This study was approved both by the Research and Ethical committees. Informed consent was obtained from each patient prior to the study. A questionnaire on demography was completed.

Gastric and duodenal pathology were identified at endoscopy. Gastritis was defined as macroscopically identifiable inflammation (antral gastritis or pangastritis) with no peptic ulcers, gastric cancer or any esophageal diseases (e.g. gastro-esophageal reflux disease and esophageal cancer). These patients were grouped as non-ulcer dyspepsia (NUD). Patients who had definite erosions or ulcers were grouped as PUD.

Two sets of gastric biopsy specimens were obtained from the antrum in all patients and one set was tested for *H. pylori* using the Rapid Urease test, CLO-test (Ballard Medical Products, USA) and the other specimen was selected for DNA extraction. We felt that CLO-test was the most suitable investigation to screen for *H. pylori* as it is quick, simple and inexpensive with sensitivity and specific-

ity comparable to culture, histology and polymerase chain reaction (PCR)<sup>[3]</sup>.

### Genotyping

The biopsy tissue was stored at 4°C until DNA extraction. DNA was isolated from the biopsy tissue by the QIAamp DNA Mini kit (QIAGEN, Hilden, Germany) using the tissue protocol outlined in the manufacturer's instructions.

The DNA yield in the eluate was obtained by measuring its absorbance at 260 nm. The reading should fall between 0.1 and 1.0. The DNA purity was obtained by calculating the  $A_{260\text{ nm}}/A_{280\text{ nm}}$  ratio. Ideally the ratio should be  $\geq 1.7$ -1.9. The ratios of our DNA extracts were 1.7-1.9.

GeneAmp<sup>®</sup> PCR system 9700 (PE Applied Biosystem) was used for molecular analysis. The PCR protocol using *Taq* PCR Master Mix (Qiagen, Germany) was followed.

The amplification cycles for *cagA*, *iceA1*, and *iceA2* consisted of an initial denaturation of target DNA at 94°C for 1 min and then denaturation at 94°C for 1 min, primer annealing at 48°C or 58°C (*iceA1* and *iceA2*) for 1 min and extension at 72°C for 1 min (35 cycles for *cagA* and 40 cycles for *iceA1* and *A2*). The final extension was another cycle lasting 15 min. The primers used to amplify the targeted genes are summarized in Table 1. A negative control (without template DNA) was included in each experiment.

Agarose Gel Electrophoresis was used to separate and purify the extracted DNA. DNA bands were visualized under BIO-RAD UV transilluminator 2000 (Bio-Rad, UK).

## RESULTS

From a total of 326 endoscopies carried out for upper gastrointestinal symptoms during the study period, 99 (30%, 99/326) were found to be CLO-test positive. All specimens were analyzed using the PCR assay.

Of the ninety nine patients, 33 patients were diagnosed with PUD (12 gastric ulcers and 21 duodenal ulcers), while 66 were categorized as NUD.

As shown in Table 2, the *cagA* gene was isolated in only 43 patients (43%). An association between *cagA* and peptic ulcer pathology was noted in 39.5% (17/43) and with NUD in 28% (16/56). This was not statistically significant.

*iceA1* was present in 29 patients (29%) and *iceA2* in 15 patients (15%). Ulcer pathology was seen in 39% (11/29) of patients with *iceA1*, while 31% (22/70) had normal findings. The corresponding values for *iceA2* were 33% (5/15) and 33% (28/84), respectively. Again no statistical significance was noted.

A combination of *cagA* and *iceA1* was observed in 13 isolates and a combination of *cagA* and *iceA2* was noted in 4 patients. Only two patients had a combination of *iceA1* and *iceA2*. A total of 5 isolates were positive for all three virulence factors as shown in Figure 1. There was no significant difference noted between the combinations and clinical outcome.

Table 1 Polymerase chain reaction primers for amplification of *cagA*, *iceA1* and *iceA2* genes

Amplified gene	Primer destination	Sequence of primer	Size of PCR product (bp)	Ref.
<i>cagA</i>	D008 F	ATAATGCTAAATTAGACAACCTGAGCGA	297	[4,5]
	R008 R	TTAGAATAATCAACAAACATCAGCCAT		
<i>iceA1</i>	<i>iceA1</i> F	GIGTTTTTAACCAAAGTATC	247	[6]
	<i>iceA1</i> R	CTATAGCCASTYTCTTTGCA		
<i>iceA2</i>	<i>iceA2</i> F	GTTGGGTATATCACAATTTAT	229 or 334	[1]
	<i>iceA2</i> R	TTRCCCTATTTCTAGTAGGT		

PCR: Polymerase chain reaction; F: Forward primer; R: Reverse primer.

Table 2 Genotype and virulence factors in relation to clinical conditions *n* (%)

Clinical outcome	Strain genotypes			Total
	<i>cagA</i>	<i>iceA1</i>	<i>iceA2</i>	
PUD	17 (51.5)	11 (33.3)	5 (15.1)	33 (33.3)
NUD	26 (39.3)	18 (27.2)	10 (15.1)	66 (66.6)
Total	43 (43.3)	29 (29.2)	15 (15.1)	99 (100)

*n*: No. of *Helicobacter pylori* positive strains with the given characteristics; PUD: Peptic ulcer disease; NUD: Non ulcer dyspepsia.

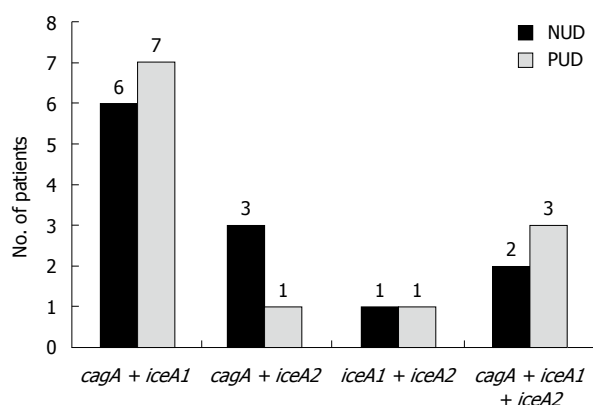


Figure 1 Patients with a combination of virulence factors and the relation to non ulcer dyspepsia and peptic ulcer disease in the study sample. NUD: Non ulcer dyspepsia; PUD: Peptic ulcer disease.

Malaysia has a unique population consisting of three main ethnic groups namely Malays, Chinese and Indians. The other minority groups are categorized as others. As shown in Figure 2, the distribution of our cohort according to their ethnicity and also the distribution of these same groups in the state population highlight the diverse nature of the prevalence of *H. pylori* among the different ethnic groups.

Table 3 shows the variable distribution of the virulence factors among the different ethnic groups. The overall rate is low when compared to other regional studies. This was very evident especially in the Malay patients.

## DISCUSSION

The presence of *H. pylori* in the gastric mucosa cannot be considered a disease in itself but as a potential risk factor

Table 3 Distribution of virulence factors *cagA*, *iceA1* and *iceA2* among different ethnic groups in the study sample *n* (%)

Ethnic group	Strain genotypes			Total
	<i>cagA</i>	<i>iceA1</i>	<i>iceA2</i>	
Malays	12 (37)	5 (15)	2 (6)	32
Chinese	21 (48)	17 (39)	9 (20)	43
Indians	7 (38)	4 (22)	2 (11)	18
Others	3 (50)	3 (50)	2 (33)	6

*n*: Total No. of patients of the respective ethnicity.

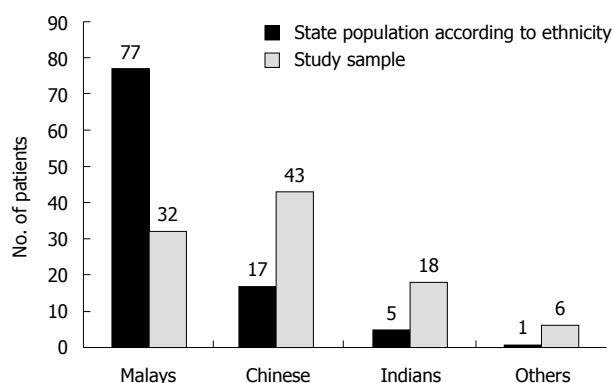


Figure 2 Distribution of ethnicity in our cohort. This shows the population of the state of Pahang according to ethnicity and the detection of *Helicobacter pylori* infection among the different groups in our cohort.

for the development of upper gastrointestinal tract diseases. It is estimated that about 10% of these individuals will subsequently develop PUD and a smaller percentage of about 1%-2% will develop gastric malignancy<sup>[7]</sup>. The International Agency for Research on Cancer and the World Health Organization in 1994 concluded that *H. pylori* has a causal link with gastric carcinogenesis and classified it as a Group 1 or definite carcinogen in humans.

Two of the three major ethnic groups in Malaysia, the Chinese and Indians are migrant populations and have been in Malaysia for nearly three generations. The prevalence of *H. pylori* varies among the different ethnic groups. Several studies have demonstrated a high prevalence ranging from 68%-75% in the Indian community, 45%-66.6% in the Chinese and a lower prevalence of 8%-43.3% among Malays<sup>[8,9]</sup>. According to the last census in 2000, Malays and other indigenous groups (Bumiputras) constitute 58%; Chinese, 24%; persons of Indian descent,

8%; and other groups, 10%<sup>[10]</sup>. The state of Pahang where these patients were recruited has an ethnic distribution of 77% Malays, 17% Chinese and 5% Indian. The ethnic distribution of *H. pylori* patients recruited from Pahang to our study is shown in Figure 2. Studies from the West show that the prevalence of *H. pylori* is often considerably higher among first and second-generation immigrants<sup>[11,12]</sup>. Similar reasons may be attributed to the higher incidence in Chinese and Indian populations in Malaysia. The lower rate of *H. pylori* infection in Malay patients in our cohort is similar to other studies in Malaysia. There is no clear explanation for this but may reflect improvements in the standards of household hygiene with a clear shift in this group to the middle income category. Studies in the United States of America show socioeconomic status and household hygiene during childhood as being very significant factors for the variation in prevalence of *H. pylori* infection in different races.

It has been postulated that the functional diversity of *cagA* may have an important relationship with disease outcome. According to Yamaoka *et al.*<sup>[13]</sup>, more than 90% of *H. pylori* strains are *cagA* positive in East Asian countries, irrespective of clinical presentation. This was not the case in our study. *cagA* was positive in only 43% of our samples but was associated with peptic ulcer pathology in only 39.5% (17/43) of patients compared to 28% (16/56) of non-ulcer patients. This was not statistically significant. Eradication failure was also significantly higher in *cagA* strain-positive patients (cure rate 73%) as compared to *cagA*-negative (cure rate 84%) in a meta-analysis by Suzuki *et al.*<sup>[14]</sup>.

The other virulence factor studied was the *iceA* gene. *iceA* gene (“induced by contact with epithelium”) which has two allelic variants (*iceA1* and *iceA2*). Studies suggest an association between the *iceA* variant and PUD. According to Yamaoka *et al.*<sup>[6]</sup> *iceA1* was the predominant subtype in an east Asian population, while the *iceA2* subtype was predominant in Columbia and the USA. Conflicting data has emerged from other parts of the world. In an analysis of *iceA* alleles from *H. pylori* strains among Finnish and African patients, the presence of *iceA* was significantly less in the former (35%) than the latter group (93%)<sup>[15]</sup>. In another study in Germany involving 141 *H. pylori* patients, the *iceA* gene was detected in 98% of *H. pylori* isolates (138 of 141)<sup>[16]</sup>. Similar results were reported by groups from Turkey, where 74.7% were positive for *iceA1* and 25.3% for *iceA2*, and in Shanghai where *iceA1* and *iceA2* were found in 74.5% and 15.6%, respectively<sup>[17,18]</sup>. Our study showed a completely different picture. The corresponding values in our cohort for *iceA1* and *iceA2* were 29% and 15%, respectively. *iceA1* was predominant as in other east Asian populations but was very low compared to the other studies. Data from Thailand, which is close to Malaysia, reported higher levels in a study involving 112 *H. pylori* isolates. The positive rates for *cagA*, *iceA1* and *iceA2* were 98.2%, 45.5% and 33.1%, respectively<sup>[19]</sup>. The reason for the low values in our study may be due to the reduced incidence of *H. pylori* infection among the major ethnic group, the Malays. The Malay community had positive

rates of only 15% and 6% for *iceA1* and *iceA2*, respectively. This trend was also noted in the other communities in our study (Table 3).

Is the presence of peptic ulcer related to the virulence factors? We were able ascertain peptic ulcer pathology in only 39% (17/43) of *cagA*, 37% (11/29) of *iceA1* and 33% (5/15) of *iceA2* isolates. Momenah *et al.*<sup>[20]</sup> from Saudi Arabia reported much higher values. Their study revealed that 100% of ulcer cases were infected with *iceA1*, and *iceA2* was present in 94.6% of their gastritis and in 90.9% of normal patients. Caner *et al.*<sup>[21]</sup> also reported similar conflicting findings in a study involving a total of 46 patients. Isolates from 20 patients with chronic gastritis (66.6%) were *iceA2*-positive, while *iceA1* was predominant in those with duodenal ulcers (68.8%).

As shown in Figure 2, combinations of *cagA* with *iceA1* or *iceA2* were not significantly different among the NUD and the PUD groups, which is in concordance with results from other Asian countries<sup>[11]</sup>.

In conclusion we feel that the prevalence of *H. pylori* infection in Malaysia is lower than that in most countries in Southeast Asia. This may be partly due to the consistently lower incidence reported in the Malay community. The Chinese and Indian communities both have high a incidence of *H. pylori* infection but not as high as those noted in mainland China or India. This trend is similar to studies from the West that show the prevalence of *H. pylori* being persistently higher among first and second-generation immigrants<sup>[11,22]</sup>. The Chinese and Indian cohorts in our study were at least third-generation immigrants.

Of the virulence factors studied, *cagA* was noted to be present in 43% of patients which was much lower than most other countries in the region. A recent study from Malaysia<sup>[23]</sup> showed the occurrence of *cagA* diversity in the same population, where most of the isolates from Chinese patients carried East Asian *cagA* type and most of the isolates from Indians and Malays carried the Western *cagA* type. This may explain the lower rates seen here. The prevalence of *iceA1* and *iceA2* were very low and there were no significant differences noted between these virulence factors and any pathology either individually or in combination.

## COMMENTS

### Background

*Helicobacter pylori* (*H. pylori*) produces a number of virulence factors that are essential for colonization of the stomach and survival in the hostile gastric environment. Studies have shown considerable inconsistencies with regard to the presence of virulence factors and their associations, depending on the population or geographic origin. The authors' aim was to determine the presence of these strains and their relationship with clinical outcome in a multi-ethnic cohort.

### Research frontiers

The population of Malaysia is unique in that it comprises three major ethnic groups: Malays, Chinese and Indians. Studies have shown a low prevalence of *H. pylori* infection among the Malay community while Indians have the highest, however, the Chinese community have the highest rate of peptic ulcer pathology. Does the distribution of diverse strains among the groups have any relation to this observation?

### Innovations and breakthroughs

The rate of *H. pylori* infection in Malaysia is lower than most countries in South-



east Asia. This may be partly due to the consistently lower incidence reported in the Malay community. The Chinese and Indian communities being third-generation immigrants have a high incidence but not as high as those noted in India or China. This is a trend noted in studies from the West which shows a persistently higher prevalence of *H. pylori* infection among first- and second-generation immigrants.

### Applications

By creating awareness of the inconsistent distribution of *H. pylori* strains in this multi-ethnic group, this study may represent a change in strategy that is needed to address the management of dyspeptic symptoms in this part of the world. A large multicenter study to confirm these observations at national level is required in Malaysia.

### Peer review

In this manuscript, Amjad et al reported their studies in the presence of *H. pylori* virulence factors (*cagA* and *iceA*) and clinical outcome in Malaysian patients. The authors found that the *H. pylori* isolates from their patients carried an overall low rate of *cagA* and *iceA* genes as compared to other geographical regions including Southeast Asia. *cagA* was present in less than half the patients and the presence of *iceA1* and *A2* were not significantly related to any pathology.

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