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FRAGMENT Bb: EVIDENCE FOR ACTIVATION OF THE ALTERNATIVE PATHWAY OF THE COMPLEMENT SYSTEM IN PREGNANT WOMEN WITH ACUTE PYELONEPHRITIS

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Abstract

OBJECTIVE—Pyelonephritis during pregnancy is associated with a more severe course than in the non-pregnant state. This has been attributed to an increased susceptibility of pregnant women to microbial products. The complement system is part of innate immunity and its alternative pathway is activated mainly by microorganisms. The purpose of this study was to determine if activation of the alternative pathway of the complement system (determined by maternal fragment Bb concentrations) occurs in pregnant women with acute pyelonephritis.

METHODS—This cross-sectional study included the following groups: 1) normal pregnant women (n=62); and 2) pregnant women with pyelonephritis (n=38). Maternal plasma Fragment Bb concentrations were determined by ELISA. Non-parametric statistics were used for analyses.

RESULTS—1) Pregnant women with pyelonephritis had a higher median plasma concentration of fragment Bb than those with a normal pregnancy ($1.3 \mu g/ml$, IQR: $1.1-1.9 vs. 0.8 \mu g/m$, IQR: 0.7-0.9; p<0.001); 2) No significant differences were observed in the median maternal plasma concentration of fragment Bb between pregnant women with pyelonephritis who had a positive blood culture and those with a negative blood culture ($1.4 \mu g/ml$, IQR: $1.1-3.5 vs. 1.3 \mu g/ml$, IQR: 1.1-1.9; p=0.2).

CONCLUSIONS—Pregnant women with acute pyelonephritis have evidence of activation of the alternative pathway of the complement system, regardless of the presence or absence of a positive blood culture.

Keywords

inflammation; innate immunity; pregnancy; urinary tract infection; asymptomatic bacteriuria; Th1/Th2; acute respiratory distress syndrome

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INTRODUCTION

Pregnancy is a unique immune state characterized by activation of the innate immune response, and suppression of the adaptive immunity.[1] These changes are thought to provide protection to the mother against infection[1] and promote tolerance to the fetus, who is considered a semiallograft.[2,3] Nonetheless, pregnant women are more susceptible to the effects of microbial products.[4-6] Indeed, pregnant women with acute pyelonephritis are at risk of developing sepsis and acute respiratory distress syndrome (ARDS),[7-11] complications that are rare in non-pregnant women with urinary tract infections. Although the reasons for this increased susceptibility to complications remains unknown, it has been proposed that it may due either to a Th2 biased immune response[12] or due to the activation of neutrophils and monocytes that occur during normal pregnancy[13-16]

The complement system, a major component of the innate immune response, plays an important role in host defense against invading pathogens.[17,18] The complement cascade is formed by several plasma proteins with catalytic properties that react in a sequential manner, yielding active biological mediators and lytic components to clear foreign cells.[17-19] In addition, the complement system is involved in the regulation of the adaptive immune response.[20] Complement can be activated by three mechanisms: 1) the classical pathway, triggered by the binding of C1q to antigen-antibody complexes or directly to the surface of a microorganism; 2) the mannan binding lectin (MBL) pathway, initiated by the binding of MBL to mannosecontaining carbohydrates on microorganisms or 3) the alternative pathway, triggered by deposition of spontaneously activated complement components directly on microbial surfaces;. [18,21] All three pathways converge at the point of C3-convertase formation[18,22] which cleaves C3 into C3a and C3b. Fragment Bb is a marker for activation of the alternative complement pathway and function as a protease to cleave additional C3 molecules essential for the complement cascade. Recently, high maternal plasma concentration of fragment Bb in the midtrimester was associated with obstetrical complications including preeclampsia[23] and preterm labor.[24] Moreover, increased amniotic fluid concentration of fragment Bb was reported in patients with preterm labor and preterm premature rupture of membranes with intraamniotic infection/inflammation.[25]

Previous studies have demonstrated that acute pyelonephritis during pregnancy is associated with activation of the complement system as indicated by higher plasma concentrations of complement split product C5a compared to normal pregnancies.[26] The purpose of this study was to determine if activation of the alternative pathway of the complement system (as determined by maternal fragment Bb) occurs in pregnant women with acute pyelonephritis.

MATERIAL AND METHODS

Study Design

A cross-sectional study was conducted by searching our clinical database and bank of biological samples to compare maternal plasma concentration of complement fragment Bb between normal pregnant women (n=62) and pregnant patients with acute pyelonephritis (n=38). Women with multiple pregnancies and/or fetal congenital or chromosomal anomalies were excluded. Patients were considered to have a normal pregnancy if they did not have any obstetrical, medical, or surgical complication of pregnancy, and delivered a term neonate of appropriate birth weight for gestational age.[27] Acute pyelonephritis was diagnosed in the presence of a fever (temperature \geq 38°C), clinical signs and/or symptoms of upper urinary tract infection (e.g. flank pain, costovertebral angle tenderness), pyuria and a positive urine culture for microorganisms. Blood cultures were also performed in most patients. The body mass index (BMI) was calculated according to the formula: weight (kg)/height (m²).

Eligible patients were approached at the Detroit Medical Center/Hutzel Hospital in Detroit, Michigan. All women provided written informed consent prior to the collection of blood samples. The collection of samples was approved by the Institutional Review Boards of both the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development and Wayne State University. Many of these samples have been used in previous studies of the biology of inflammation in normal pregnant women and those with pyelonephritis during pregnancy.[26,28-31]

Blood Collection

Samples of peripheral blood were collected into tubes containing ethylene diamine tetraacetic acid (EDTA). The samples were centrifuged at 1300 g and stored at -70° C until assayed. Maternal plasma concentration of human fragment Bb was determined by sensitive enzyme-linked immunoassays (Quidel Corporation, San Diego, CA, USA). The fragment Bb immunoassay was validated for human plasma in our laboratory prior to the conduction of this study. Immunoassays were carried out according to the manufacturer's recommendations. The calculated inter- and intra-assay coefficients of variation for fragment Bb immunoassays in our laboratory were 3.3% and 2.6%, respectively, and the sensitivity was 0.015 μ g/mL.

Statistical Analysis

The Kolgomorov-Smirnov test was used to determine whether the data was normally distributed. Mann-Whitney U tests were used to compare the median between normal pregnant women and pregnant patients with acute pyelonephritis. Chi square test was utilized for comparison of proportions. Correlations between continuous variables were assessed by Spearman's rho correlation test. The statistical package used was SPSS 12 (SPSS Inc. Chicago, IL, USA). A probability value < 0.05 was considered significant.

RESULTS

Fragment Bb was detected in all plasma samples included in this study. The demographic and clinical characteristics of women in each group are displayed in Table I. There was no difference in the demographic and clinical characteristics between the two study groups.

The most common microorganism isolated from urine cultures was *Escherichia coli* [81.5% (31/38)]. Other microorganisms included Gram negative bacilli (n=1), *Klebsiella pneumoniae* (n=1), *Staphylococcus aureus* (n=1), *Proteus mirabilis* (n=1), *Pseudomona aeruginosa* (n=1), *Citrobacter koseri* (n=1) and *Streptococcus agalactiae* (n=1). Blood cultures were performed in 86.8% (33/38) of patients with pyelonephritis, and 39.3% (13/33) were positive for microorganisms. *Escherichia coli* was the most common microorganism isolated from blood cultures [69.2% (9/13)].

Among the normal pregnancy group, the concentrations of fragment Bb in maternal plasma did not correlate with gestational age at venipucture (Spearman's rho -0.3, p=0.8) or with prepregnancy BMI (Spearman's rho 0.4, p=0.8).

The median maternal plasma concentration of fragment Bb in patients with acute pyelonephritis was significantly higher than that of normal pregnant women (1.3 μ g/ml, interquartile range [IQR] 1.1-1.9 vs. 0.8 μ g/ml, IQR 0.7-0.9; p<0.001, Figure 1). Among patients with acute pyelonephritis, no significant difference was observed in the median plasma concentration of fragment Bb between those with a positive blood cultures and those with a negative blood culture (1.4 μ g/ml, IQR 1.1-3.5 vs. 1.3 μ g/ml, IQR 1.1-1.9 respectively; p=0.2).

DISCUSSION

Principal findings of this study

Pregnant women with acute pyelonephritis had a higher median plasma concentration of complement fragment Bb than normal pregnant women. This finding is novel because it demonstrates activation of the alternative complement pathway in acute pyelonephritis during pregnancy.

The alternative complement pathway

The complement system, an effector arm of the innate immune system, plays a pivotal role in the host defense against infection. In addition, the complement system mediates the inflammatory response elicited against infection and participates in activating the adaptive immune system.[22,32,33] Activation of the complement cascade through either of the three complement activation pathways converges at the point of C3 convertase formation[18] which cleaves C3 to C3a and C3b. C3b participates in the formation of the C5 convertase, which cleaves C5 to C5a and C5b. C3a and C5a are also known as anaphylatoxins, which are key inflammatory mediators.[22,34] The alternative pathway is capable of spontaneous activation through a slow rate hydrolysis of C3, generating C3(H2O).[35] The latter can covalently bind factor B, which is cleaved by factor D to become the active protease, fragment Bb.[36] The active convertase, C3(H2O)Bb complex, can cleave additional native C3 molecules, generating C3b, which in turn can associate with factor B to generate more C3-convertase,[22] creating an amplification loop. Thus, production of fragment Bb has been proposed as a marker of activation of the alternative pathway.[22]

Since fragment Bb is essential for the alternative pathway and for the cleavage of the C3 molecule of the complement cascade[37] we would have expected to find increased concentration of C3a in patients with acute pyelonephritis. However, we have previously reported that among the complement splits products C3a, C4a and C5a, the latter was the only complement split product increased in the plasma of patients with acute pyelonephritis during pregnancy .[26] A possible explanation for this finding is that another source, different from the conventional complement pathway enzymes, such as neutrophil elastase and myeloperoxidase, as well as macrophage serine proteases, can cleave C5 directly and generate the powerful inflammatory mediator C5a[34,38-41] Thus, it is possible that leukocyte activation may account for the high concentration of C5a found in the plasma of pregnant patients with acute pyelonephritis.

Alternative pathway and medical conditions

Unregulated activation of the complement system has been implicated in the pathophysiology of numerous disorders[33] such as systemic lupus erythematosus,[42] rheumatoid arthritis [43,44] and stroke.[45,46] Moreover, the alternative complement pathway has been specifically suggested to have a role in the pathophysiology of several diseases such as age-related macular degeneration,[47-50] rheumatoid arthritis[51,52] and lupus nephritis.[53] More recently, the role of the alternative pathway of the complement system in septic shock, specifically Factor B, (the precursor of fragment Bb) was demonstrated in *in vitro* studies were peripheral blood mononuclear cells from septic shock patients showed increased Factor B mRNA expression when compared to control patients.[54]

Fragment Bb and pregnancy

A significant association between systemic maternal activation of the alternative pathway and pregnancy complications was first suggested in the setting of spontaneous fetal loss.[50, 55-58] Subsequently, the alternative pathway has been implicated in other obstetrical

complications. Lynch et al.[23] first reported an association between high maternal plasma fragment Bb concentrations (\geq 90th percentile of their entire cohort) in early pregnancy (<20 weeks of gestation) and an increased risk for development of preeclampsia. A subsequent study by the same group[24] reported an association between high maternal plasma concentrations of fragment Bb (\geq 75th percentile) in early pregnancy and spontaneous preterm birth. Consistent with the latter finding, we have recently reported an association between increased amniotic fluid concentration of fragment Bb and intra-amniotic infection in patients with spontaneous preterm labor with intact membranes.[25] We have proposed that these findings represent alternative pathway activation as part of the fetal innate immune response[59,60] to intra-amniotic infection.

Inflammation and normal pregnancy

Normal pregnancy is considered a pro-inflammatory state. Evidence in support of this view includes: 1) the total white blood cell count in maternal blood increases with advancing gestational age; [61] 2) there is an increased circulating concentration of acute phase proteins, such as fibrinogen and clotting factors; [62,63] 3) the complement system is activated in normal pregnancy; [64,65] 4) leukocytes from normal pregnant women have phenotypic and metabolic changes of monocytes and granulocytes, that are consistent with either priming or activation of the cells; [13,14,16] 5) impaired neutrophil apoptosis; [66] and 6) interleukin (IL)-12 and IL-1 β production by human monocytes obtained during pregnancy is higher compared to non-pregnant state. [15,67] In contrast to the common perception of normal pregnancy characterized by a pro-inflammatory state, the concentrations of fragment Bb in normal pregnancy were not different than those of non-pregnant women. [24,68] Therefore, a bacterial insult is required to activate the alternative pathway and increase the concentration of fragment Bb in pregnancies complicated with pyelonephritis as reported in this study.

In conclusion, acute pyelonephritis during pregnancy is associated with a higher maternal plasma concentration of fragment Bb than normal pregnancy. This finding provides additional evidence that the complement system, specifically the alternative pathway, is activated in pyelonephritis during pregnancy.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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