

# A database for anti-diabetic plants with clinical/experimental trials

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## Abstract

A number of plants have been described in Ayurveda and other traditional medicine for the management of diabetes. However, information about them is not easily available. Active constituents of any medicinal plant define the efficacy and safety of treatment to control hyperglycemia. We describe the database to maintain the record of medicinal plants having anti-hyperglycemic or anti-diabetic activity. The database contains information such as plant name, its geographical distribution, useful plant part, known dosage, active constituents, mechanism of action and clinical/experimental data. The database also includes information about plant raw material suppliers or manufacturers in India. The current database includes 238 plants species and 123 Indian industries using them.

**Availability:** The database is freely available at <http://www.biotechpark.org.in/antidia/index.html>

**Keywords:** diabetes; medicinal plants; database; literature; anti-oxidant

## Background:

Diabetes is a syndrome characterized by deranged carbohydrate metabolism resulting in abnormally high blood sugar level (hyperglycemia). It is caused by hereditary, increasing age, poor diet, imperfect digestion, obesity, sedentary lifestyle, stress, drug-induced, infection in pancreas, hypertension, high serum lipid and lipoproteins, less glucose utilization and other factors. It is estimated that the diabetic patients in India will increase by 195% in the near future [1]. The treatment of diabetes with synthetic drugs is costly and chances of side effects are high. For example, long-term use of *Exenatide* (Byetta) [2] has lead to side effects such as nausea, vomiting, diarrhea, dizziness, headache, jittery feeling and acidity. *Sulfonylureas* cause abdominal upset, headache and hypersensitivity, while *Metformin* [3] causes diarrhea, nausea, gas, weakness, indigestion, abdominal discomfort and headache. *Thiazolidinediones* has side effects like, upper respiratory infections and sinusitis, headache, mild anemia, retention of fluid in the body which may lead to heart failure and muscle pain.

Ayurveda and other traditional medicinal system for the treatment of diabetes describe a number of plants used as herbal drugs. Hence, they play an important role as alternative medicine due to less side effects and low cost. The active principles present in medicinal plants have been reported to possess pancreatic beta cells regenerating, insulin releasing and fighting the problem of insulin resistance [4]. *Aloe vera* juice stimulates the release of insulin from the beta-cells in human, *Acacia catechu* wood extract enhances the regeneration of pancreatic beta cells in rabbits, *Momordica charantia* fruit extract enhances insulin secretion by the islets of Langerhans etc. A significant proportion of these plants have been observed to possess potent antioxidant activity, which may contribute to anti-diabetic property in streptozotocin/alloxan, induced animal model [5]. Not only in Ayurveda, but also in several other traditional systems of medicine, it is described that plants useful in diabetes also possess strong antioxidant/free-radical scavenging properties [6]. In Ayurveda, diabetes is described as 'Madhumeha'. Ayurvedic preparations in spite of their established efficacy for the treatment of diabetes are not very popular due to lack of systematic information about the active constituent(s) for a given plant, their mechanism of action, side effects, clinical or experimental data etc. Thus, there is a need to document such information in the form of a database. Limited databases are available for anti-diabetic plants. However, information on clinical/experimental trial and supplier industries of raw materials of anti-diabetic medicinal plants are not available in such databases.

Here, we describe a database containing information for anti-diabetic plants and their use. The database describes medicinal plants having anti-diabetic activity with other related information including relevant references. The database also contains detailed information about the plant raw material supplier industries in India with respective products.

## Methodology

### Data collection

Data of anti-diabetic plants on clinical/experimental trials were collected from literature sources such as PubMed [7], Science Direct [8], Biomed Central [9], Springerlink [10], Scirus [11], Wiley journals [12], Journals of phyto-medicine [13], Journals of Ethanopharmacology [14] and through collection of folklore medicinal usage. The information about the plant raw material suppliers or manufacturers has been collected from their websites. The database includes 203 genus and 238 species of plants having role in the treatment of diabetes and 123 plant raw material suppliers/manufacturers within India (see supplementary material).

### Database design

The Database was constructed using standard HTML and JavaScript. It has a web-based, flat-file type user interface with simple global search, specific database search, keywords help and with links to references in other external databases. The schema for anti-diabetic plant database is given in Figure 1.

### Software:

Microsoft Windows 95/98/2000/2003/XP operating system was used in the development. HTML was used for the creation of web pages and java script was used for the development of database front end.

### Hardware

Personal computer with high-speed processor with Windows 95/98/2000/XP OS was used. We used 10.08 MB memory for running the database.

### Database features

The record entry contains the following information: (a) name of the plant; (b) geographical distribution; (c) part of the plant investigated; (d) dosage; (e) active constituents with anti-diabetic property (active constituents also have a link which provided compound structure as well as their physical and chemical properties.); (f) action; (g) model organism (Human, dog, rabbit, rat, mice etc. and their quantity) on

which the clinical /experimental studies have been done. This web database also contains information about plant raw material supplier or manufacturer industries in India such as company name; contact person; address; contact number; E-mail ID; websites and products. These industries are the sources of plant raw material for direct use and production of herbal drug material for treatment of diabetes as

well as other diseases. The database also contains current information about diabetes incidences across the world. The information about plants can be retrieved alphabetically using botanical name or common name of plant and about plant raw material supplier industries through name of the industry.

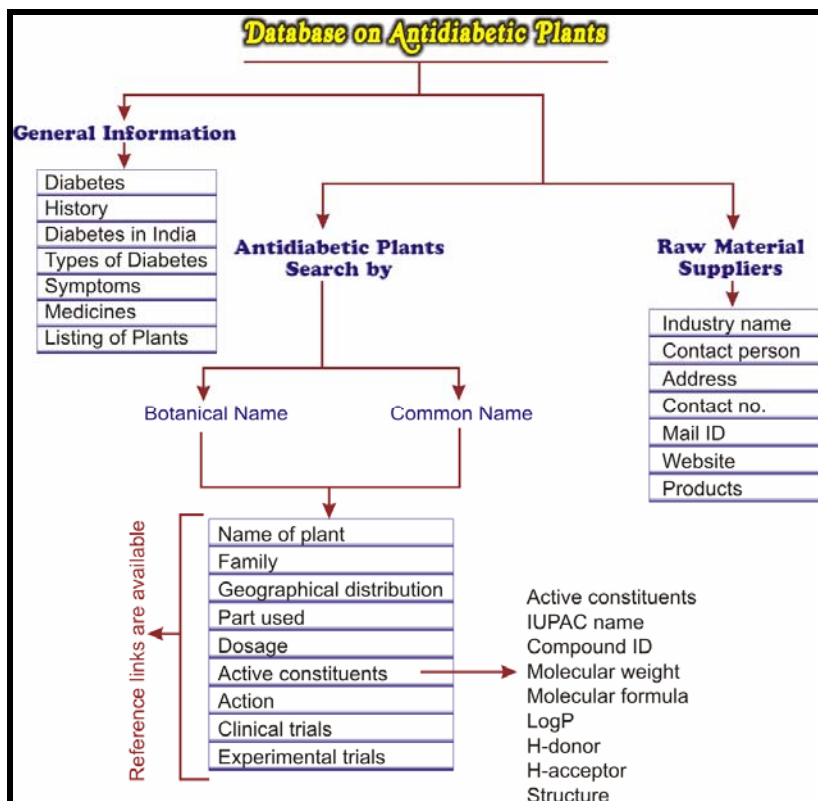


Figure 1: Schema diagram representing anti diabetic plants data

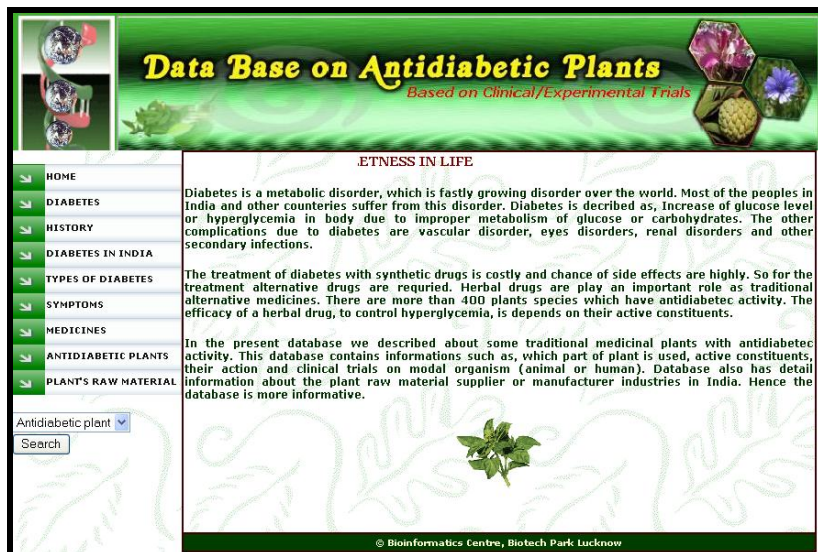


Figure 2: A screen shot of the database “Database on anti-diabetic plants” home page with links and dropdown search window.

## Utility

This freely available web database provides supplementary and useful information about anti-diabetic plants capable of controlling diabetes. The database also contains clinical or experimental trials data with source of plant raw material for potential use as therapeutic material. The database is also useful for the scientific community and industries for a quick and informative review on anti-diabetic plants.

## Future development

We plan to further refine and update this database with links to known drugs related data in the near future.

## Acknowledgement

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## References

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**Supplementary material****Raw material supplier Industries in India**

A Indian Neem Tree Company  
Aatish Industries  
AayurMed Biotech Pvt. Ltd.  
Advance chemical processor (L)  
Agya Enterprises, Bhopal  
Alchemy Chemicals  
Amruta Herbals Private Limited  
Ansar Industries  
Apex International  
Apollo Herbal Export  
Archana Exports  
Arun India Exports  
Athulya Exports  
Atlas Industries  
Aum Agri Freeze Foods  
Aushdhi  
Balaji Global Impex  
Best Exports  
Bhoomi Nutraceuticals Pvt. Ltd  
Biosourcing.com (p) ltd  
Boom Buying Pvt. Ltd.  
Cherain chemicals  
Clarion Pharmaceutical Co.  
Cymbio Pharma Pvt Ltd.  
Dabur India Ltd.  
Deepak Trading Company, Bangalore  
Digvijaypharma Industries  
Disha consultancy services  
Divya International  
Ecotech Technologies (I) Private Limited  
Exports & Agencies  
Fairy Food Products Pvt. Ltd.  
Farmawealth Bio-Tech  
Floral Seed Company  
G. Mohanraj  
Geet Herbal Farms and Essential Oils  
Green Earth Products  
Grover Sons  
H. Bilal & Co.  
Herbal avenue  
Herbex Laboratories  
Herbs India, Tuticorin  
Indo World Trading Corporation  
Ishita Health Care  
K. Mohamed & Company  
K. Patel Phyto Extractions Pvt. Ltd.  
Kapoor herbal products  
Karnataka Aromas, Bangalore  
Kashmir Honey Trading Co.  
Khandige Herbs and Plantations Pvt Ltd  
Kumaon Chemical Products  
Lala Jagdish Prasad & Co.  
Leela Industries  
Maharaja Dehydration Pvt. Ltd.  
Malhar Enterprise  
Manilal Jamnadas  
Megha Products  
Modiorchards Limited  
Mother Herbs [P] Ltd.  
M.S.S. Asan Expots  
Multibiz Natural Products  
Natraj Exports  
Nav Bharat Trading Company  
Navshakti Herbal Labs  
Nivas Impex  
Omkrown Pharma Chem Pvt. Ltd.  
Omshakthi Exports  
Packiam Botanicals  
Padmavati Agro Overseas  
Pas Kosmosis Agro Pvt. Ltd.  
Perennial Biotechs Pvt Limited  
Phyto Concentrates  
Phyto Organics Pvt Ltd  
Pioneer Enterprise  
Pradhan International  
Prakruti Products  
Prakruti Products Pvt. Ltd.  
Protek India  
P.S.S.J. Suthanthira Enterprise  
Quest Marketing Company  
R. S. V. Nadar & Co.  
Raj and group  
Ras Agro Associates  
Ratanjot Green Fuels Private Limited  
Rampal  
Rohit Marketing  
Ruchi Biochemicals  
S. D. Biotech  
S. & H. Industries  
S. J. Herbals and Health Care  
S. S. Herbals  
Sai Phytoceuticals Pvt. Ltd.  
Sanjeevani Herbals  
Sanjivini Herbals  
Santosa Impex  
Scat Herbal Pvt. Ltd.  
Scion Agri  
Sharda Enterprises, Bikaner  
Shimla Hills Offerings Pvt. Ltd  
Shree Shyam Manohar Isabgol Industries Pvt. Ltd.  
Shubhmets  
Silverline Chemicals  
Sip india exports  
Siris Impex  
Sitaram & Co.  
Southern India Spices Essences  
Stevia Biotech Pvt. Ltd  
Surajbala Exports Private Limited  
The Gwalior Forest Products Limited  
The Stevia Agro India  
The Universal Good Life Centre, Coimbatore  
Tulsi Amrit Pvt. Ltd.  
Unico Pharmaceuticals  
Vaasanthi Herbal  
Vaghasia Exports Pvt. Ltd  
Vanashree Agrotech  
Varushapriya Agrotech Pvt. Ltd  
Vedantika Herbals (NCL Agro Foods)  
Venkatesh Food Industries  
Vignesh Exports  
Vishal Organix  
VPS Agro Oils Private Limited  
Wingz Inc.

## List of Antidiabetic Medicinal Plants in Alphabetical order:

### A

*Abelmoschus moschatus*  
*Abroma augusta*  
*Acacia arabica*  
*Acacia catechu*  
*Acanthopanax senticosus*  
*Achillea santolina*  
*Achyranthes aspera*  
*Achyrocline satureioides*  
*Acosmium panamense*  
*Aegle marmelose*  
*Agaricus bisporus*  
*Agrimony eupatoria*  
*Ajuga iva*  
*Allium cepa*  
*Allium sativum*  
*Aloe barbadensis*  
*Anacardium occidentale*  
*Andrographis paniculata*  
*Anemarrhen asphodeloides*  
*Angylocalyx pynaertii*  
*Annona squamosa*  
*Arctium lappa*  
*Areca catechu*  
*Arfazetin*  
*Artemisia herba alba*  
*Artemisia dracunculus*  
*Artemisia sphaerocephala*  
*Krasch Astragalus membranaceus*  
*Averrhoa bilimbi*  
*Linn Azadirachta indica*  
*Azorella compacta*

### B

*Bacopa monniera*  
*Bauhinia candicans*  
*Bauhinia forficata*  
*Beta vulgaris*  
*Boerhaavia diffusa*  
*Bidens pilosa*  
*Biophytum sensitivum*  
*Bixa orellana*  
*Brassica juncea*  
*Bryonia alba*  
*Bumelia sartorum*

### C

*Caesalpinia bonducella*  
*Cajanus cajan*  
*Camellia sinensis*  
*Capparis spinosa*  
*Capsicum frutescens*  
*Carum carvi*  
*Casearia esculenta*  
*Cassia auriculata*  
*Cassia fistula*  
*Catharanthus roseus*  
*Cecropia obtusifolia*  
*Chamaemelum nobile*  
*Chelidonium majus*  
*Cichorium intybus*  
*Cimicifuga dahurica*  
*Cinnamomum cassia*  
*Cinnamomum zeylanicum*  
*Cirsium pascuarens*  
*Cissus sicyoides*  
*Citrullus colocynthis*  
*Clausena anisata*  
*Clerodendron phlomoides*  
*Coccinia indica*  
*Cogniauxia podoleana*  
*baillon Commelina communis*  
*Coriandrum sativum*  
*Cornus officinalis*

*Croton cajucara*  
*Cryptolepis sanguinolenta*  
*Cucurbita ficifolia*  
*Cuminum cyminum*  
*Cuminum nigrum*  
*Curcuma longa*  
*Cyamopsis tetragonolobus*  
*Cynodon dactylon*

### D

*Dioscorea dumetorum*

### E

*Eclipta alba*  
*Emblica officinalis*  
*Ephedra distachya*  
*Enicostemma littorale*  
*Equisetum myriochaetum*  
*Erigeron breviscapus*  
*Eriobotrya japonica*  
*Eucalyptus globules*  
*Euphrasia officinale*

### F

*Ficus bengalensis*  
*Ficus carica*  
*Ficus glomerata*  
*Filipendula ulmaria*  
*Fraxinus excelsior*

### G

*Garcinia kola*  
*Gentiana olivieri*  
*Ginkgo biloba*  
*Globularia alypum*  
*Glycine max*  
*Glycyrrhiza glabra*  
*Glycyrrhizae radix*  
*Glycyrrhiza uralensis*  
*Gongronema latifolium*  
*Gymnema montanum*  
*Gymna sylvestre*

### H

*Harpagophytum procumbens*  
*Helicteres isora*  
*Hintonia latiflora*  
*Hintonia standleyana*  
*Hordeum vulgare*  
*Hydrastis Canadensis*  
*Hypoxis hemerocallidea*

### I

*Ibervillea sonora*  
*Inula racemosa*  
*Ipomoea aquatica*

### J

*Jatropha curcas*  
*Juniperus communis*

### K

*Kalopanax pictus*

### L

*Larrea tridentate*  
*Lagerstroemia speciosa*  
*Leguminous*  
*Lepechinia caulescens*  
*Lepidium sativum*  
*Linum usitatissimum*  
*Loranthus begwensis*  
*Luffa aegyptiaca*  
*Lupinus albus*

### M

*Mangifera indica*  
*Medicago sativa*  
*Mentha piperitae*  
*Momordica charantia*  
*Morinda lucida*  
*Benth Moringa oleifera*  
*Morus alba*  
*Morus indica*  
*Morus insignis*  
*Morus nigra*  
*Mucuna pruriens*  
*Murraya koenigii*

*Musa sapientum*  
*Myrcia uniflora*  
*Myrtus communis*

### N

*Nelumbo nucifera*  
*Nigella sativa*

### O

*Oceimum canum*  
*Ocimum gratissimum*  
*Oceimum sanctum*  
*Olea europaea*  
*Opuntia megacantha*  
*Opuntia robusta*  
*Origanum vulgare*  
*Otholobium pubescens*

### P

*Paeonia lactiflora*  
*Panax ginseng*  
*Panax quinquefolius*  
*L Pandanus odoratus*  
*Pantoea agglomerans*  
*Parmentiera edulis*  
*Peganum harmala*  
*Phaseolus vulgaris*  
*Phellinus baumii*  
*Phyllanthus amarus*  
*Phyllanthus sellowianus*  
*Picrorrhiza kurroa*  
*Piper sarmentosum*  
*Pistacia atlantica*  
*Polygala senega*  
*Polygonatum officinale*  
*Premna integrifolia*  
*Prunus davidiana*  
*Psacalium decompositum*  
*Psacalium peltatum*  
*Psidium guajava*  
*Psoralea corylifolia*  
*Pterocarpus marsupium*  
*Pueraria lobata*  
*Pueraria thunbergiana*  
*Punica granatum*

### Q

*Quercus infectoria*

### R

*Retama raetama*  
*Rhazya stricta*  
*Rhizophora apiculata*  
*Rubus fruticosus*  
*Rubus ulmifolius*

### S

*Salacia oblonga*  
*Salacia reticulata*  
*Salvia coccinia*  
*Salvia lavandulifolia*  
*Salvia officinalis*  
*Sambucus nigra*  
*Sanguis draxonis*  
*Saussurea lappa*  
*Sclerocarya birrea*  
*Scoparia dulcis*  
*Scrophularia deserti*  
*Securigera securidaca*  
*Sesamum indicum*  
*Sesbenia aegyptiaca*  
*Silybum marianum*  
*Smilax officinalis*  
*Smallanthus sonchifolius*  
*Solanum lycocarpum*  
*Spergularia purpurea*  
*Stevia rebaudiana*  
*Bertoni Strychnos nuxvomica*  
*Suaeda fruticosa*  
*Sutherlandia frutescens*  
*Swertia chirayita*  
*Syzygium alternifolium*  
*Syzygium cordatum*  
*Syzygium cumini*

### T

*Tamarindus indica*  
*Taraxacum officinale*  
*Telfaria occidentalis*  
*Tephrosia purpurea*  
*Terminalia bellirica*  
*Terminalia chebula*

*Tetrapleura tetraptera* *Teucrium*  
*polium* *Thunbergia laurifolia* Linn  
*Tinospora cordifolia* *Tournefortia*  
*hirsutissima*  
*Tragia involucrate*  
*Tribulus terrestris* *Trichosanthes*  
*anguina* *Trichosanthes cucumerina*  
*Trichosanthes kirilowii* *Trigonella*  
*foenumgraecum* *Triticum vulgare*

*Turnera diffusa*  
**U**  
*Urtica dioica*  
**V**  
*Vaccinum myrtillus* *Verbesina*  
*crocata* *Verbesina persicifolia*  
*Viburnum foetens*  
**W**  
*Withania somnifera*

**X**  
*Xanthocercis zambeiaca*  
**Y**  
Not Avialable  
**Z**  
*Zingiber officinale* *Zizyphus sativa*  
*Zizyphus spina-christi*  
*Zygophyllum gaetulum*