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## Chaperone-like *N*-methyl Peptide Inhibitors of Polyglutamine Aggregation†

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### Abstract

Polyglutamine expansion in the exon 1 domain of huntingtin leads to aggregation into  $\beta$ -sheet-rich insoluble aggregates associated with Huntington's Disease. We assessed eight polyglutamine peptides with different permutations of *N*-methylation of backbone and side chain amides as potential inhibitors of polyglutamine aggregation. Surprisingly, the most effective inhibitor, 5QMe<sub>2</sub> (Anth-K-Q-Q(Me<sub>2</sub>)-Q-Q(Me<sub>2</sub>)-Q-CONH<sub>2</sub>, Anth = *N*-methyl anthranilic acid, Q(Me<sub>2</sub>) = side chain *N*-methyl Q) has only side chain methylations at alternate residues, highlighting the importance of side chain interactions in polyglutamine fibrillogenesis. Above a 1:1 stoichiometric ratio, 5QMe<sub>2</sub> can completely prevent fibrillation of a synthetic aggregating peptide YAQ<sub>12</sub>A; it also shows significant inhibition at substoichiometric ratios. Surface plasmon resonance (SPR) measurements show a moderate  $K_d$  with very fast  $k_{on}$  and  $k_{off}$ . Sedimentation equilibrium analytical ultracentrifugation indicates that 5QMe<sub>2</sub> is predominantly or entirely monomeric at concentrations up to 1 mM, and that it forms a 1:1 stoichiometric complex with a fibril-forming target, YAQ<sub>12</sub>A. 5QMe<sub>2</sub> inhibits not only nucleation of YAQ<sub>12</sub>A, but also fibril extension, as shown by the fact that it also inhibits seeded fibril growth where the nucleation steps are bypassed. 5QMe<sub>2</sub> acts on its targets only when they are in the PPII-like conformation, but not after they undergo a transition to  $\beta$ -sheets. Thus 5QMe<sub>2</sub> does not disassemble pre-formed YAQ<sub>12</sub>A; this contrasts with our previously described, backbone *N*-methylated inhibitors of  $\beta$ -amyloid aggregation (16,17). The mode of action of 5QMe<sub>2</sub> is reminiscent of chaperones, since it binds and releases its targets very rapidly, and maintains them in a non-aggregation-prone, monomeric state, in this case, the polyproline II (PPII)-like conformation, as shown by CD spectroscopy.

Expanded polyglutamine (polyQ) tracts are responsible for at least nine neurodegenerative diseases, including Huntington's Disease (HD). HD occurs when the polyQ domain of exon

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**Supporting Information Available** The following items are available as supporting information: A derivation of the equations and other details needed for analysis of equilibrium sedimentation analytical ultracentrifugation of two dissimilar interacting species; determination of  $\bar{v}$  for YAQ<sub>12</sub>A and 5QMe<sub>2</sub>; reverse phase HPLC isocratic analysis of YAQ<sub>12</sub>A remaining in solution, in the presence or absence of 5QMe<sub>2</sub>; experiments showing the effect of added fibril seeds on fibrillation of YAQ<sub>12</sub>A; electron micrograph of fibril seed slurry used in preceding experiments; example of analytical ultracentrifugation of YAQ<sub>12</sub>A and 5QMe<sub>2</sub>, showing no improvement of fit from the addition of higher order terms in either species; table of comparison of data fits, according to the Aikake Information Criterion, showing improvement of fits by adding a term for a complex between YAQ<sub>12</sub>A and 5QMe<sub>2</sub>; calibration of Superdex Peptide 10/300 GL column with molecular weight standards; and data showing the absence of a small zone effect in chromatography using the Superdex Peptide column. This material is available free of charge at <http://pubs.acs.org>.

1 of huntingtin protein expands beyond a threshold of approximately 35 residues (1), leading to polyQ aggregation (2-4). PolyQ proteins can form  $\beta$ -sheet rich fibrils (5,6). In contrast to many other amyloids (7), polyQ domains have polar side chains, and both these and backbone atoms can form hydrogen bonds. Recent x-ray diffraction and solid-state NMR studies of the glutamine- and asparagine-rich yeast prion proteins Sup35p and Rnq1p show parallel in-register  $\beta$ -sheet segments, possibly separated by non- $\beta$ -sheet bend structures in longer peptides (8,9). Prefibrillar oligomers of  $\beta$ -amyloid are micelle-like and show  $\beta$ -sheet character (10). The structure of polyQ oligomers is not known, however; in contrast to oligomers of  $\beta$ -amyloid, the polar nature of poly Q makes it unlikely that they would be micelle-like. Large, prefibrillar “spheroids” of huntingtin also have been observed, and these acquire  $\beta$ -sheet structure as they mature into fibrils (11). We have recently shown that small, soluble oligomers of short polyQ peptides adopt a polyproline-II helix-like structure (12,18), and thus the conversion to fibrils may require a transition from this structure to  $\beta$ -sheet.

Inhibitors of protein and peptide aggregation are of value both as molecular probes of the aggregation pathway and as potential therapeutic agents (13-15). We have described peptidic inhibitors of  $\beta$ -amyloid, consisting of an aggregation domain in which alternate residues are *N*-methylated on backbone amides. Such inhibitors (e.g., A $\beta$ 16-20m) both inhibit fibril formation and disassemble preformed fibrils, by disrupting backbone hydrogen bonding (16,17).

In this paper, we describe what began as a comparison of *N*-methylation patterns in potential inhibitors of polyQ peptide aggregation. These studies, however, soon produced several surprising results, starting with the observation that side chain *N*-methylations alone yield the most effective inhibitors of all the permutations tested on short polyQ peptides. Subsequent experiments highlighted the importance of side chain interactions in polyQ aggregation, and showed that the inhibitors act through a mechanism reminiscent of chaperone proteins. We examined the most effective of these inhibitors in detail, and observed that it binds to a target polyQ peptide and inhibits its aggregation by forming a 1:1 stoichiometric complex. It inhibits not only nucleation, but also fibril extension, as shown by its ability to inhibit seeded fibril growth in which nucleation steps are bypassed. Furthermore, our data indicate that the effective inhibitors adopt a polyproline II conformation, and interact with a polyQ peptide only while it is also in the PPII conformation. These results suggest a more complex scheme for the polyglutamine aggregation pathway than has been appreciated previously.

## Experimental Procedures

### Peptide Synthesis and Purification

YAQ<sub>12</sub>A and 5Q were synthesized using standard 9-fluorenylmethoxycarbonyl (Fmoc) chemistry and Rink Amide resin, on an Applied Biosystems Model 431A peptide synthesizer. In early experiments, peptides were cleaved from the resin using 9.5 mL of TFA, 0.25 mL of water and 0.25 mL of triisopropylsilane. We subsequently observed that both yields and initial purity of the mixture from the resin were significantly improved by cleaving peptide from the resin using a mixture of 9 mL TFA, 0.5 mL thioanisole, 0.3 mL ethanediol, and 0.2 mL anisole for 1 h.

Peptides with backbone *N*-methyl groups were synthesized manually according to Biron *et al.* (19). Peptides with side chain methylations were synthesized on tBoc 4-Methylbenzhydrylamine (MBHA) resin at 0.25 mmol scale, either manually for peptides containing backbone *N*-methyl groups, or using the synthesizer for peptides with no backbone *N*-methyl groups. Side chain *N*-methyl Gln residues were prepared by deprotecting Glu(tBu) side chains on resin (TFA:H<sub>2</sub>O, 95:5, v:v), and then amidating (22°C,

overnight) under N<sub>2</sub> with 1 mmol benzotriazole-1-yl-oxy-tris-(dimethylamino)-phosphonium hexafluorophosphate (BOP), 2 mL 2.0 M dimethylamine in methanol, 5 mL dimethylformamide (DMF); this procedure was repeated for an additional 4 h. Although BOP is a less efficient coupling agent than HATU (2-(7-Aza-1H-benzotriazole-1-yl)-1,1,3,3-tetramethyluronium hexafluorophosphate), the latter reagent gave guanylation side products during long incubations. In one peptide, 5MeQ-PEG-5MeQ (see Figure 1A), a PEG moiety, Fmoc-8-amino-3,6-dioxaoctanoic acid ("Fmoc-mini-PEG", Peptides International) was incorporated into the middle of the peptide. After incorporation of the PEG group, the remaining amino acids were incorporated into the peptide as described above.

The MBHA resin was washed with DMF, and peptide was cleaved and deprotected using anhydrous HF:*p*-cresol (10:1, v:v, 0°C). After the peptides were precipitated in ice-cold diethyl ether, they were purified using by C18 preparative HPLC (Zorbax) at 22 °C, either with a water:acetonitrile (both 0.1% TFA, v:v) gradient, or with an isocratic mixture. Peptide purity was ≥ 95% by analytical HPLC. Molecular masses of the peptides were verified with ESI- and MALDI-TOF mass spectrometry. A Lys residue was incorporated into all inhibitor peptides to aid cellular ingress of peptides (for studies not included herein) and possibly to increase solubility. N-terminal *N*-methyl anthranilic acid was added to allow detection by fluorescence and UV spectroscopy.

### Dissolving and Disaggregation of YAQ<sub>12</sub>A; Sedimentation Assays of YAQ<sub>12</sub>A Aggregation

Aggregation of YAQ<sub>12</sub>A was measured as the concentration of monomeric peptide remaining in solution after sedimentation, as described elsewhere (20). The elution of 100 μM YAQ<sub>12</sub>A in Size Exclusion Chromatography was most consistent with monomeric state. Chromatography was performed using a Superdex Peptide 10/300 GL column (GE Lifesciences) equilibrated with 10 mM sodium phosphate, pH 7.40; the flow rate was 0.5 mL/min (see Figure 2F and G). Apparent molecular weight (MW<sup>app</sup>) was estimated on the basis of a calibration curve of molecular weight standards (Supporting Figure 4). Additional size exclusion chromatography experiments are described below.

Concentration was determined by absorbance at 274.6 nm, using an extinction coefficient ( $\epsilon$ ) of 1420 M<sup>-1</sup>cm<sup>-1</sup>. The solution was diluted to 100 μM with 10 mM sodium phosphate, pH 7.40, and incubated with or without inhibitor peptides for various times at 37 °C without agitation. After incubation, the mixture was centrifuged in an Airfuge ultracentrifuge (Beckman) at 98,000 × *g* for 1 h at 22 °C. 100 μL of the top third of the resulting solution was injected onto an analytical C18 RP-HPLC column and followed by absorbance at 220 nm. The concentration of YAQ<sub>12</sub>A injected was calculated from the peak area data compared to a standard curve made from solutions of YAQ<sub>12</sub>A of known concentrations. In more recent experiments, we were able to shorten the time between analyses by performing isocratic analyses; using a Zorbax C18 column, and an eluent of water:acetonitrile:TFA (87.5:12.5:0.1, v:v:v), YAQ<sub>12</sub>A elutes at ~ 6 minutes and 5QMe<sub>2</sub> elutes at ~ 22 minutes (Supporting Figure 1).

Stock solutions of inhibitor peptides at ~ 4 mM were made from pure lyophilized peptide and MilliQ purified water, adjusted to 7.00, since pH affects  $\epsilon$  of *N*-methyl anthranilic acid. Concentration of the stock was determined by absorbance using  $\epsilon_{337\text{ nm}} = 2690\text{ M}^{-1}\text{cm}^{-1}$ . Aliquots at various concentrations were frozen, lyophilized, and stored at -20 °C. All fibrillation reactions were performed in siliconized microfuge tubes.

## Additional Size Exclusion Chromatography Experiments

As stated above, initial experiments showed that YAQ<sub>12</sub>A, disaggregated as described above, eluted from a Superdex Peptide column in a position most consistent with a monomeric state. To examine the time course of this chromatographic behavior, and the effect of the aggregation inhibitor peptide 5QMe<sub>2</sub> described in Results, we performed the following series of size exclusion chromatography experiments. A 100 μM solution of freshly disaggregated YAQ<sub>12</sub>A was chromatographed either alone or in the presence of 170 μM 5QMe<sub>2</sub>. (In other experiments, a 1:1 molar ratio of YAQ<sub>12</sub>A:5QMe<sub>2</sub> was used; see, for example, Supporting Figure 5). To make the mixture of peptides, 5QMe<sub>2</sub> was dissolved in water:TFA (100:0.1, v:v) and distributed into siliconized microfuge tubes. Solvent was evaporated under a stream of N<sub>2</sub> followed by lyophilization. To the dry film, YAQ<sub>12</sub>A solutions were added. After 0, 24 and 50 h of incubation of these solutions at 37 °C, a 100 μL aliquot of each solution was injected onto a Superdex Peptide 10/300 GL column. Mobile phase was 10 mM sodium phosphate containing 10 mM NaCl, pH 7.40. Flow rate was 0.5 ml/min. The column effluent was monitored at 220, 230, 274 and 337 nm. Essentially the same chromatographic pattern was observed at each wavelength, except that only 5QMe<sub>2</sub> could be observed at 337 nm, where the *N*-methyl anthranilate moiety absorbs.

## Inhibition of Seeded YAQ<sub>12</sub>A Fibril Growth by 5QMe<sub>2</sub>

To produce fibril seeds, YAQ<sub>12</sub>A fibrils were made by incubating a 250 μM solution of the peptide, initially dissolved as described above, at 37 °C for at least one week. Immediately prior to the seeding experiment, the seed slurry was sonicated for five minutes using a Bransonic ultrasonic bath (Model: 2510R-MT, Branson Ultrasonics Corp., CT). In preliminary experiments, we assessed the effects of adding various nominal concentrations of YAQ<sub>12</sub>A fibril seeds to a fresh, 100 μM solution of YAQ<sub>12</sub>A (see Supporting Figure 2A; Supporting Figure 2B shows that the seeds were indeed fibrillar). Nominal concentration of the seed slurry was defined from the original peptide concentration of the solution from which the seed slurry was made. From these experiments, we determined that a nominal concentration of 8 μM was optimal for this batch of seed fibrils in order to observe both accelerated fibrillation of fresh YAQ<sub>12</sub>A, and the effects of 5QMe<sub>2</sub> on seeded fibril growth.

For the seeding experiments, we compared YAQ<sub>12</sub>A fibrillation in the presence or absence of fibril seeds, and in the presence or absence of 5QMe<sub>2</sub>. YAQ<sub>12</sub>A was freshly disaggregated, and dissolved in 10 mM phosphate (with 1 μM NaN<sub>3</sub>), to a concentration of approximately 150 μM. Actual concentration was determined by absorbance at 274.6 nm, and confirmed by injecting an aliquot onto an analytical C18 RP-HPLC column, as described above. Siliconized microfuge tubes were prepared with or without a sufficient of 5QMe<sub>2</sub> so that the final concentration of this peptide would be 100 μM. To this mixture, sufficient buffer was added so that the total final volume would be 600 μL and the final YAQ<sub>12</sub>A concentration would be 100 μM. Lastly, an aliquot of the above fibril seed slurry was added to some samples to give a final nominal seed concentration of 8 μM. Thus, in those samples containing 5QMe<sub>2</sub>, the molar ratio of YAQ<sub>12</sub>A:5QMe<sub>2</sub> was 1:1. The mixtures were incubated at 37 °C for 0 h, 5 h, 24 h or 50 h. At each time point, fibrillation was assessed by the above sedimentation assay, performed at least in triplicate; results are reported as mean ± S.D.

## Electron Microscopy

Electron microscopy was performed as described elsewhere (16); micrographs were recorded at magnifications of 15,000 or 39,000×, plus 1.4× magnification from the CCD camera.

## Surface Plasmon Resonance

YAQ<sub>12</sub>A that had been disaggregated and centrifuged as described (20), was immobilized on a CM5 sensor chip using standard amine coupling procedures, as described by the manufacturer's instructions (Pharmacia Biosensor AB). All assays were carried out using a Biacore 3000 instrument at 25 °C, at a flow rate of 20 μL/min, with association and dissociation times of 120 s, in HSP-B buffer (Biacore). Each concentration of analyte was tested in triplicate. Kinetics data were analyzed first using BIA evaluation software (Biacore), and then by non-linear least squares analysis using Kaleidagraph software and using a non-linear least squares fitting program described by Yamaoka et al. (21). Adsorption kinetics were fitted as a bimolecular interaction of the analyte (5QMe<sub>2</sub>) interacting with the immobilized ligand (YAQ<sub>12</sub>A), forming the 1:1 complex at the sensor surface. The best fit (see below, Figure 3), was obtained with single exponential equations for association and dissociation. Specifically, during association, the SPR signal varied with time as given by the equation:

$$R_t = \frac{k_{on} [I] B_{max}}{k_{on} [I] + k_{off}} \times (1 - e^{-(k_{on}[I] + k_{off})t}) \quad [\text{Eq. 1}]$$

where  $R_t$  is the SPR signal ("response units" or RUs) as a function of time,  $k_{on}$  and  $k_{off}$  are association and dissociation constants, respectively,  $B_{max}$  is maximum binding capacity, and  $t$  is time in seconds. Similarly, during dissociation the SPR signal varied according to the equation:

$$R_t = R_{eq} (e^{-k_{off} t}) \quad [\text{Eq. 2}]$$

where  $R_{eq}$  is the signal reached at equilibrium. Both equations, for association and dissociation are as described by DeMol and Fischer (22). Figure 3, shown in Results, represents a global fit of all data using single values for  $k_{on}$  and  $k_{off}$ . Dissociation constant,  $K_d$ , was calculated as  $k_{off}/k_{on}$ .

## Circular Dichroism

Circular dichroic (CD) spectra were recorded using an AVIV 202 spectropolarimeter. Lyophilized inhibitor peptides were dissolved directly in 10 mM phosphate buffer, pH 7.40. Monomeric 50 μM YAQ<sub>12</sub>A was prepared as described above in the same buffer. Spectra were obtained at 22 °C, with a 1 mm cuvette; five scans were averaged and contributions from buffer were subtracted; data were smoothed using a macro in Kaleidagraph software.

Fibril film CD spectra were measured essentially as described by Darnell et al. (12). Briefly, a concentrated slurry of fibrils was obtained by first centrifuging the slurry in a microfuge for 5 minutes, and resuspending the pellet in the same buffer; 20 μl aliquots of the slurry in five μl droplets were placed onto cut quartz plates (12.5 mm × 12.5 mm, Starna) and allowed to coalesce into one aqueous film. All samples were dried under vacuum overnight at room temperature. Spectra were taken immediately after removing the plates from vacuum, using an Aviv model 202 spectropolarimeter (Lakewood, NJ) at one nm intervals from 260 nm to 190 nm with a one sec averaging time, a one nm bandwidth, and at 25 °C. To determine whether linear dichroism was present, spectra were again recorded after the plates were rotated by 90°. Any samples that exhibited shifts in maxima or minima were discarded from the data set. Data sets showing scatter after 90° rotation were still used. Spectra shown in Results represent the averages of five scans for each film. Spectra are presented as wavelength versus background corrected raw ellipticity signal.

## Analytical Ultracentrifugation: Experimental Procedure

Equilibrium sedimentation analytical ultracentrifugation was performed using a Beckman Optima XLA ultracentrifuge equipped with an An-60Ti rotor with six-sector cells. Solutions of monomeric 100  $\mu\text{M}$  YAQ<sub>12</sub>A were prepared as described above in 10 mM sodium phosphate, pH 7.40. This peptide sample was added to lyophilized aliquots of 5QMe<sub>2</sub>, yielding final inhibitor concentrations of 100  $\mu\text{M}$  (molar ratio 1:1, YAQ<sub>12</sub>A:5QMe<sub>2</sub>), 500  $\mu\text{M}$  (molar ratio 1:5, YAQ<sub>12</sub>A:5QMe<sub>2</sub>) and 1 mM (molar ratio 1:10, YAQ<sub>12</sub>A:5QMe<sub>2</sub>). Of the four cells in the rotor, one contained buffer only (10 mM sodium phosphate, pH 7.40), two were duplicates, each containing the three above described mixtures of YAQ<sub>12</sub>A and 5QMe<sub>2</sub>, while the last contained samples of 5QMe<sub>2</sub> alone at 100  $\mu\text{M}$ , 500  $\mu\text{M}$ , and 1 mM. Sedimentation was monitored at 230 and 280 nm, at 20 °C, with an hour between scans. Rotor speed progressed from 3000 rpm (1 scan) to 36,000 rpm (16 scans) to 48,000 rpm (13 scans) to 60,000 rpm (19 scans). Equilibrium was demonstrated by the absence of change in absorbance profile over the course of at least 8 hours.

Sedimentation equilibrium analytical ultracentrifugation data were analyzed using an approach that derives in part from previous methods for analyzing the formation of complexes by two dissimilar species, interacting at sedimentation equilibrium in an ultracentrifugal field (23-26). Absorbances used for analysis were at 280 nm, except 5QMe<sub>2</sub> alone at 100  $\mu\text{M}$ , which was followed at 230 nm for greater sensitivity at the lower concentration. Additional details of analysis, including derivation of equations, and methods for determination of  $\bar{v}$  (27), are given in Supporting Information.

## Results

### Sedimentation Screening Assays

To screen peptides as potential polyQ fibrillation inhibitors, we used YAQ<sub>12</sub>A, a synthetic polyQ peptide that forms fibrils over the course of several days, making it amenable to kinetic analysis. In addition, in contrast to longer polyQ peptides, YAQ<sub>12</sub>A can be highly purified. Thus, our assay consisted of measuring fibrillation in the presence and absence of potential inhibitor peptides. The potential inhibitors tested are shown in Figure 1A. Fibrils of short polyQ peptides such as YAQ<sub>12</sub>A cause very little or no appreciable thioflavin T fluorescence, however. For this reason, we used sedimentation assays (20) to follow the aggregation of YAQ<sub>12</sub>A in the presence and absence of inhibitor peptides. For the purpose of performing screening assays, high inhibitor concentrations were used (4 mM inhibitor:0.1 mM YAQ<sub>12</sub>A). In the absence of inhibitors, after incubating 100  $\mu\text{M}$  YAQ<sub>12</sub>A for 40 hr at 37 °C,  $8.8 \pm 0.3 \mu\text{M}$  (mean  $\pm$  S.D.) monomer remained in solution (Figure 1B).

The first inhibitor tested was 5MeQMe<sub>2</sub>, which contained both backbone and side chain glutamine *N*-methylations to disrupt hydrogen bonds at both locations. Alternate residues were modified to leave some amides available for binding to YAQ<sub>12</sub>A (16,17). This peptide and subsequent ones discussed in this paper also contain additional moieties, as in our earlier studies on inhibitors of  $\beta$ -amyloid and human prion peptide (PrP<sub>106-126</sub>) aggregation (16,17). *N*-Me-anthranilic acid was added for fluorescence detection in cellular studies (not discussed herein); the single Lys residue and C-terminal carboxamidation are also used to favor ingress of the peptides into cells (17) and the Lys residue may also increase solubility.

Although incubation of 5MeQMe<sub>2</sub> with YAQ<sub>12</sub>A did show significant inhibition ( $36.8 \pm 3.7 \mu\text{M}$  monomeric YAQ<sub>12</sub>A remaining in solution, Figure 1B), this inhibitor was considerably less effective than expected, given that it was present a 40:1 molar concentration relative to YAQ<sub>12</sub>A.

We then attempted to optimize the inhibitor. Lengthening the core glutamine sequence from 5 residues to 7 (7MeQMe<sub>2</sub>) resulted in a *less* effective inhibitor, ( $24.7 \pm 1.7 \mu\text{M}$ ). Based on the hypothesis that methylating *both* side chain and backbone amides might hinder binding of inhibitor to YAQ<sub>12</sub>A, we synthesized 5MeQ, which has only backbone *N*-methylations. 5MeQ proved to be slightly more effective than the other inhibitors ( $42.2 \pm 1.7 \mu\text{M}$ ). We also attempted to model a proposed polyQ fibril structure (8,9) by connecting two 5MeQ peptides either with a tight  $\beta$ -hairpin turn (<sup>D</sup>Pro-Gly sequence) or a flexible linker (PEG, polyethylene glycol). These peptides were moderately effective as inhibitors, yielding  $31.6 \pm 1.0$  and  $51.5 \pm 4.0 \mu\text{M}$  monomeric YAQ<sub>12</sub>A remaining in solution, respectively.

Surprisingly, 5QMe<sub>2</sub>, with only side chain methyl groups (again, on alternate residues), completely inhibited aggregation of YAQ<sub>12</sub>A, with essentially all of the YAQ<sub>12</sub>A remaining in solution at the end of the incubation ( $91 \pm 0.6 \mu\text{M}$ ). (QMe<sub>2</sub>)<sub>5</sub>, with side chain methylations on all Q residues, was *less* effective ( $58.9 \pm 0.9 \mu\text{M}$  monomeric YAQ<sub>12</sub>A remaining) than 5QMe<sub>2</sub>, demonstrating the importance of the alternating pattern of methylated residues. Finally, the unmethylated peptide, 5Q, was not inhibitory; after incubating 5Q with YAQ<sub>12</sub>A, the concentration of the latter peptide remaining in solution was  $11.9 \pm 1.7 \mu\text{M}$ , similar to YAQ<sub>12</sub>A alone.

### Time Course of Inhibition of YAQ<sub>12</sub>A Aggregation by 5QMe<sub>2</sub> and Electron Microscopy of Reaction Products

We then focused on 5QMe<sub>2</sub>, by far the most effective of these inhibitors. Size exclusion chromatography confirmed that the top ultracentrifugal fraction of disaggregated YAQ<sub>12</sub>A used for these assays was most consistent with monomeric molecular weight (Figure 2F and 2G; see also Supporting Figure 4A and B). Sedimentation assays showed that YAQ<sub>12</sub>A monomer shows a monoexponential decline over 110 h, without a lag period ( $k = 0.04 \text{ h}^{-1}$ , Figure 2A). When  $100 \mu\text{M}$  YAQ<sub>12</sub>A was incubated with  $100 \mu\text{M}$  5QMe<sub>2</sub>, we observed a lag period, in which soluble YAQ<sub>12</sub>A declined slowly, followed by more rapid loss of this peptide from solution after  $\sim 70$  h. When  $100 \mu\text{M}$  YAQ<sub>12</sub>A was incubated with  $1 \text{ mM}$  5QMe<sub>2</sub>, no aggregation was observed for the entire time period. Electron microscopy confirmed the sedimentation assay results. Incubation of YAQ<sub>12</sub>A with 5QMe<sub>2</sub> ( $500 \mu\text{M}$ , for Figure 2E) abrogates fibril formation at 40 h.

As stated, in the absence of inhibitor, much of the YAQ<sub>12</sub>A initially in solution precipitated and formed fibrils. As shown in Figure 2F and 2G, however, at 0, 24 and 50 h, essentially all of the YAQ<sub>12</sub>A in solution eluted from the size exclusion chromatography column at a position most consistent with monomeric molecular weight. If any oligomeric YAQ<sub>12</sub>A was in solution at these three times, it represents a very small and probably kinetically transient fraction of the total YAQ<sub>12</sub>A in solution. The effect of adding 5QMe<sub>2</sub> to YAQ<sub>12</sub>A was to keep the latter peptide in solution for a longer period of time, but 5QMe<sub>2</sub> did not alter the chromatographic behavior of YAQ<sub>12</sub>A. As shown in Figure 2G, at increasing times, more YAQ<sub>12</sub>A remained in solution in the presence than in the absence of 5QMe<sub>2</sub>. The chromatographs show two well-resolved peaks, one each in the positions previously observed for YAQ<sub>12</sub>A and 5QMe<sub>2</sub>. In the presence of 5QMe<sub>2</sub>, essentially all of the YAQ<sub>12</sub>A was still in solution at 24 h, as shown by the fact that the size of the peak was essentially unchanged from that at 0 h of incubation. At 50 h, the YAQ<sub>12</sub>A peak was slightly smaller than that seen at 0 or 24 h, but no additional peaks were observed. We demonstrate below that these two peptides form a complex, with  $K_d \sim 1 \mu\text{M}$ . The absence of a peak for this complex is consistent with dissociation of a complex of this affinity during chromatography.

## Effect of Adding Inhibitor at Various Points in the Time Course of Aggregation

Many aggregating peptides are believed to form fibrils by a rate limiting nucleation step followed by elongation of the nucleus (3,5,28,29). To learn whether 5QMe<sub>2</sub> could prevent aggregation of YAQ<sub>12</sub>A when added at different stages during 70 h of fibril formation, we added 1 mM 5QMe<sub>2</sub> to 100 μM YAQ<sub>12</sub>A 10 or 20 h after the start of incubation (Figure 2B). Monomeric YAQ<sub>12</sub>A remaining after 70 h was then assessed by sedimentation assay. 5QMe<sub>2</sub> was able to prevent all but a modest further decline in monomer concentrations, regardless of the time of addition. These experiments suggest that 5QMe<sub>2</sub> may act to disrupt both nucleation and elongation steps and maintain YAQ<sub>12</sub>A in its monomeric state. The inhibitor did not reverse aggregation, however, as no additional monomer appeared in solution after incubation of the mixture with the inhibitor.

## Inhibition of Seeded YAQ<sub>12</sub>A Fibril Growth by 5QMe<sub>2</sub>

These experiments were designed to assess the whether 5QMe<sub>2</sub> could inhibit precipitation of YAQ<sub>12</sub>A from solution in the presence of pre-formed fibril seeds. The results shown in Figure 2A and 2E indicate that 5QMe<sub>2</sub>, when added to YAQ<sub>12</sub>A at the start of a fibrillation reaction, can act as a nucleation inhibitor. That is, 5QMe<sub>2</sub> can prevent or delay growth of fibrils under unseeded fibrillation conditions. The data shown in Figure 2B suggest that 5QMe<sub>2</sub> can also act as a fibril extension inhibitor, since addition of 5QMe<sub>2</sub> 10 or 20 h after the start of the reaction prevented nearly all additional precipitation of YAQ<sub>12</sub>A from solution. To test further the idea that 5QMe<sub>2</sub> can act as a fibril extension inhibitor, we examined seeded growth of YAQ<sub>12</sub>A. In particular, pre-formed fibril seeds were added to disaggregated solutions of YAQ<sub>12</sub>A, with or without 5QMe<sub>2</sub>, as described in Methods. As a control experiment, the same incubations were performed without the addition of YAQ<sub>12</sub>A seeds. The results of these experiments are shown in Figure 3. The data in Figure 3A for unseeded fibril growth is similar to that shown in Figure 2: in unseeded, freshly disaggregated solutions of YAQ<sub>12</sub>A, peptide spontaneously precipitates and forms fibrils, and the addition of 5QMe<sub>2</sub> inhibits fibrillation, causing the YAQ<sub>12</sub>A to remain in solution. When YAQ<sub>12</sub>A fibrils are added to fresh, disaggregated solutions of YAQ<sub>12</sub>A (Figure 3B), more YAQ<sub>12</sub>A is lost from solution at each time point than in the absence of added seeds. Thus, the added fibrils do indeed seed fibrillation. When 5QMe<sub>2</sub> is also added to the mixture of fibril seeds and fresh YAQ<sub>12</sub>A solutions, it inhibits loss of soluble YAQ<sub>12</sub>A into the insoluble fraction. Since the addition of fibril seeds largely bypasses nucleation, these data indicate that 5QMe<sub>2</sub> inhibits fibril extension. Thus, 5QMe<sub>2</sub> is both a nucleation and fibril extension inhibitor.

## Inhibitor Concentration Dependency

We examined the inhibitor concentration dependency using sedimentation assays. 100 μM YAQ<sub>12</sub>A was incubated 40 h with various concentrations of 5QMe<sub>2</sub>, at molar ratios ranging from 40:1 to 1:10 (5QMe<sub>2</sub>:YAQ<sub>12</sub>A), and after ultracentrifugation, the top fraction was assayed for soluble YAQ<sub>12</sub>A. As shown in Table 1, inhibition was essentially complete at ratios of 1:1, but was significant even at a substoichiometric ratio of 1:10 (5QMe<sub>2</sub>:YAQ<sub>12</sub>A).

## Kinetics of YAQ<sub>12</sub>A and 5QMe<sub>2</sub> Binding, as Assessed by Surface Plasmon Resonance (SPR)

After observing that 5QMe<sub>2</sub> could inhibit aggregation of YAQ<sub>12</sub>A at substoichiometric levels, we investigated the affinity and kinetics of YAQ<sub>12</sub>A and 5QMe<sub>2</sub> binding with surface plasmon resonance (SPR). We reasoned that 5QMe<sub>2</sub> could act at substoichiometric ratios by interacting transiently and sequentially with monomeric YAQ<sub>12</sub>A molecules. SPR experiments showed rapidly reversible binding and dissociation of 5QMe<sub>2</sub> to immobilized



YAQ<sub>12</sub>A at a range of inhibitor concentrations. Figure 4A shows a global fit of the data to monoexponential rate equations (described in Methods); Figure 4B shows residuals (differences between experimental values and theoretical fits). From these analyses,  $k_{on}$  and  $k_{off}$  for each set of triplicate runs were  $0.026 \mu\text{M s}^{-1}$  and  $0.024 \text{ s}^{-1}$ , respectively, yielding a value of  $0.92 \mu\text{M}$  for  $K_d$ . Data for individual curves were also analyzed using the same equations, and the numbers obtained for  $k_{on}$ ,  $k_{off}$ , and  $K_d$  (representing an arithmetic mean of the values) were  $.030 \mu\text{M s}^{-1}$ ,  $0.026 \text{ s}^{-1}$ , and  $0.87 \mu\text{M}$ , respectively, in reasonable agreement with the numbers obtained from global fitting. These data indicate very rapid association and dissociation of predominantly a 1:1 complex of YAQ<sub>12</sub>A and 5QMe<sub>2</sub>, and moderate affinity. The rapidity of binding and dissociation is reminiscent of chaperones, which act substoichiometrically by making rapid, transient complexes with sequential molecules of their targets.

### AUC and Complex Stoichiometry

We used sedimentation equilibrium analytical ultracentrifugation experiments to analyze the complex (IQ) formed from YAQ<sub>12</sub>A (Q) and 5QMe<sub>2</sub> (I). We first demonstrated that the inhibitor alone is monomeric at three concentrations (100, 500, and 1000  $\mu\text{M}$ , and at three rotor speeds (Figure 5). The experimental molecular weight (mean  $\pm$  S.D. for all of the above conditions) for 5QMe<sub>2</sub> at these concentrations was  $975.2 \pm 32.1$ , very close to the expected value of 976 g/mol. When the results for the three concentrations were analyzed globally, the molecular weights obtained were 988.5, 1000.0, and 980.1 for rotor speeds of 36,000, 48,000 and 60,000 rpm, respectively. This is again in agreement with the expected molecular weight for 5QMe<sub>2</sub>.

The complex formed between I and Q was analyzed using the experimental procedures described by Winzor *et al.* (23), which is based on earlier papers of the same group (24-26). A description of this technique, including derivations of equations as used in the experiments on these particular peptides, is given in detail in the Supporting Information. Briefly, sedimentation equilibrium data are analyzed according to the equation,

$$A_t(r) = C_1(r_F) \epsilon_1 \psi_1(r) + C_Q(r_F) \epsilon_Q [\psi_1(r)]^p + C_{IQ}(r_F) \epsilon_{IQ} [\psi_1(r)]^{p+1} + C_{I_2Q}(r_F) \epsilon_{I_2Q} [\psi_1(r)]^{p+2} + \dots \quad [\text{Eq. 3}]$$

where  $C_i(r)$  is the concentration of each species at each radial position,  $r$ , in the ultracentrifugal field. The function  $\Psi_i(r)$  is defined as  $\exp[M_i \phi_i (r^2 - r_F^2)]$ , where

$$\phi_i = \frac{(1 - \bar{v}_i \rho) \omega^2}{2RT}$$

and  $M_i$  is molecular weight of each species,  $r_F$  is an arbitrarily chosen fixed radial distance from the center of rotation,  $\bar{v}_i$  is the partial specific volume of each species,  $\omega$  is angular velocity,  $\rho$  is solvent density,  $T$  is temperature (K), and  $R$  is the gas constant. For synthetic peptides, the values of  $M_i$  are known; here,  $M_I = 976$ ,  $M_Q = 1860$ ,  $M_{IQ} = 2736$ , and so forth for other types of complexes. The parameter,  $p$  is defined as  $M_i \phi_i / M_j \phi_j$ ; in the present experiments,  $i = Q$  and  $j = I$ , and thus  $p = 1.90$ .

In these experiments, sedimentation equilibrium ultracentrifugation was performed using three sets of peptide concentrations, either an equimolar concentration of I and Q (100  $\mu\text{M}$  of each), or excess of the inhibitor (500 or 1000  $\mu\text{M}$  of I with 100  $\mu\text{M}$  of Q). In addition, the sample was centrifuged to equilibrium at three angular velocities, 36000, 48000, and 60000 rpm. It was necessary to use equimolar or higher inhibitor concentration because at lower concentrations of the inhibitor, Q would not stay in solution, as is also indicated in Figure 2.

The null hypothesis to be tested in these experiments is that, in agreement with SPR data, the predominant complex between I and Q is a 1:1 complex. Under the conditions used in

these experiments (equimolar or excess I compared to Q) and given the  $K_d$  ( $0.92 \mu\text{M}$ ) obtained from SPR, the expected concentration of Q is low compared to those of either I or IQ, and also with respect to the experimental error in measurement of absorbance. For this reason, the results were analyzed in two, complementary ways, as follows.

First, the data were analyzed according to Eq. 3, and the value of  $K_d$  was evaluated from the values of the three parameters,  $C_I(r_F)$ ,  $C_Q(r_F)$ , and  $C_{IQ}(r_F)$ . Second, we used the value of  $K_d$  obtained from SPR experiments to calculate the least precise (because it has the lowest value) of the above three parameters,  $C_Q(r_F)$ . In other words, in the second procedure data were analyzed by non-linear least squares methods, using the equation:

$$A_t(r) = \frac{C_I(r_F)}{\epsilon_I} \psi_I + \frac{\frac{C_I(r_F)}{\epsilon_I} \cdot K_d}{\frac{C_{IQ}(r_F)}{\epsilon_{IQ}}} \psi_I^p + \frac{C_{IQ}(r_F)}{\epsilon_{IQ}} \psi_I^{p+1} \quad [\text{Eq. 4}]$$

Figure 6 shows the results of these analyses. In the figure, the symbols are experimental data points, the thin black line is the analysis of the data using EQ. 3, and the somewhat thicker gray line represents the fit of the data using EQ. 4. As shown in the figure, the two fits are essentially superimposable. A mean value ( $\pm$  S.D.) of  $0.74 \pm 0.22 \mu\text{M}$  was obtained for  $K_d$  from the values of  $C_I(r_F)$ ,  $C_Q(r_F)$ , and  $C_{IQ}(r_F)$ , which is in reasonable agreement with the values for  $K_d$  obtained from SPR of  $0.92 \mu\text{M}$ .

The analysis also indicated that nearly all of the Q (YAQ<sub>12</sub>A) remaining in solution is part of a complex. Although additional terms, corresponding to higher order complexes, could be added to the equation to fit the data, such terms did not improve the fit (Supporting Figure 3). Since the theoretical fits overlap completely and are indistinguishable from that obtained using the simpler equation, it is most parsimonious to conclude that the predominant complex is a 1:1 stoichiometric complex, also in agreement with SPR data. Finally, as discussed in Supporting Information, the fit of data to the model containing a complex was compared to that containing no complex, by using the Aikake Information Criterion (AIC, 21, 30). The AIC is a measure of the goodness of fit of an estimated statistical model that rewards goodness of fit (as determined by the sum of squares or  $\chi^2$ ), and also penalizes the number of parameters and therefore penalizes overfitting. Thus, in general, a lower AIC indicates a preferable model, i.e., the best fit of the data with a minimum number of free parameters. As indicated in Supporting Table 1, in all cases but one (which was a virtual tie) the inclusion of a term for a 1:1 complex, rather than only free I and free Q, lowered the AIC, indicating that this was a preferable model. In conclusion, the analytical ultracentrifugation data are consistent with a model in which YAQ<sub>12</sub>A forms mainly a 1:1 complex with 5QMe<sub>2</sub>.

### Secondary Structure of 5QMe<sub>2</sub> and Related Peptides

The CD spectrum of YAQ<sub>12</sub>A in solution shows a small maximum at  $\sim 220$  nm, and a trough with a minimum at  $\sim 199$  nm, consistent with a PPII-like helical structure (Figure 7A). When it forms fibrils, it undergoes a transition to  $\beta$ -sheet structure, as shown by film CD spectroscopy (Figure 7B), as do other short polyQ peptides (12, 31-34). The CD spectrum of 5QMe<sub>2</sub> is also consistent with a left-handed, PPII-like structure (Figure 7A), though with a red-shifted maximum at  $\sim 232$  nm, and a minimum at  $\sim 199$  nm, possibly suggesting subtle structural differences from YAQ<sub>12</sub>A. In contrast to 5QMe<sub>2</sub>, two of the less effective inhibitors, 5MeQ and 5MeQMe<sub>2</sub> with backbone *N*-methylation, had CD spectra indicative of  $\beta$ -sheet (Figure 7C). These data suggest that the most effective inhibitor has a structure resembling the soluble form of its PPII target peptide, YAQ<sub>12</sub>A, while the less

effective inhibitors have the structure,  $\beta$ -sheet, of the final fibrillar product of the aggregation pathway. A 1:1 mixture of YAQ<sub>12</sub>A:5QMe<sub>2</sub> did not match an arithmetic weighted mean of the spectra of the two individual peptides (Figure 7A), which is consistent with above observations that the two peptides form a distinct complex.

## Discussion

In this paper, we have described *N*-methylated inhibitors of polyQ peptide aggregation. 5QMe<sub>2</sub>, with only alternate side chain amides *N*-methylated, was far more effective than the others, including 5MeQ with only backbone *N*-methylations, and 5MeQMe<sub>2</sub> with both backbone and side chain *N*-methylation. These results demonstrate the importance of side chain hydrogen bonding in polyglutamine fibrillation, which has been posited from molecular modeling (35,36). Also, the inhibitor in which alternate side chains were methylated (5QMe<sub>2</sub>) was more effective than that in which all the side chains were methylated ((QMe<sub>2</sub>)<sub>5</sub>), indicating the need to retain some unmodified amides for binding to the aggregating target peptide.

Addition of 5QMe<sub>2</sub> to YAQ<sub>12</sub>A at stoichiometric ratios or higher prevented disappearance of monomeric YAQ<sub>12</sub>A from solution for 40 h, although at 70 h, complete inhibition required higher stoichiometric ratios (e.g., 5QMe<sub>2</sub>:YAQ<sub>12</sub>A =10:1). These results suggest that 5QMe<sub>2</sub> inhibits nucleation of YAQ<sub>12</sub>A, but does not eliminate it. In addition, adding 5QMe<sub>2</sub> to solutions of YAQ<sub>12</sub>A at various times after the start of fibrillation prevented all but a minor degree of further aggregation of YAQ<sub>12</sub>A for times up to 70h, suggesting that 5QMe<sub>2</sub> also inhibits fibril elongation. Furthermore, 5QMe<sub>2</sub> inhibited seeded fibrillation of YAQ<sub>12</sub>A, which largely bypasses nucleation steps, suggesting that 5QMe<sub>2</sub> is a fibril extension as well as a nucleation inhibitor. 5QMe<sub>2</sub> causes YAQ<sub>12</sub>A to remain in a monomeric state rather than that of a soluble multimer. Thus, it is more properly called an aggregation inhibitor, rather than a fibrillation inhibitor.

SPR indicates very rapid binding and dissociation of a 1:1 complex, with moderate affinity ( $K_d = 0.92 \mu\text{M}$ ). Both SPR and sedimentation equilibrium analytical ultracentrifugation suggest that the predominant complex formed by 5QMe<sub>2</sub> and YAQ<sub>12</sub>A has a 1:1 stoichiometry. The rapidity with which the complex dissociated was also shown by size exclusion chromatography, where both 5QMe<sub>2</sub> and YAQ<sub>12</sub>A eluted at a position most consistent with monomeric MW<sup>APP</sup>. Chromatography of a mixture of these peptides yielded two peaks, in the same elution positions as the individual peptide, indicating complete dissociation of complex during the chromatography. (For further discussion of this point, see Supporting Information and Supporting Figures 4A and B.) This binding pattern of target peptides is reminiscent of chaperone proteins, which also bind their targets with moderate affinity, but have very high  $k_{on}$  and  $k_{off}$ . Rates have been measured for Hsp70 and Hsp90 (37, 38) (though these particular chaperonins do not bind polyQ peptides). Although it is sometimes assumed that a high affinity indicates a better aggregation inhibitor, this is not necessarily the case. 5QMe<sub>2</sub> is notable for acting at sub-stoichiometric levels, suggesting that the kinetics of complex association and dissociation are faster than the kinetics of YAQ<sub>12</sub>A aggregation. Thus, the effectiveness of 5QMe<sub>2</sub> is likely due to fast  $k_{on}$  and  $k_{off}$  rates, and could be hampered by a higher affinity.

Thus, 5QMe<sub>2</sub>, like chaperones, may keep aggregation-prone peptides or proteins in a less aggregation-prone conformation, e.g., by preventing  $\beta$ -sheet formation. Indeed, CD spectroscopy shows that 5QMe<sub>2</sub> does *not* have a  $\beta$ -strand structure. Rather, its spectrum is most consistent with a PPII helical conformation. In contrast, the backbone modified peptides, 5MeQ and 5MeQMe<sub>2</sub>, showed  $\beta$ -strand structure by CD (Figure 7C), and were less effective inhibitors than 5QMe<sub>2</sub>. It is striking that the secondary structure of 5QMe<sub>2</sub>

resembles that of its target peptide, a property that may be generalizable to all *N*-methylated inhibitors. Indeed, when we added 5QMe<sub>2</sub> to YAQ<sub>12</sub>A, both reactants had structures consistent with PPII or PPII-like helices by CD spectroscopy (although not identical CD spectra), and the products in the mixture also had a PPII structure. Similarly, inhibitors of A $\beta$  aggregation, such as the backbone *N*-methylated peptide, A $\beta$ 16-20m (16, 17) have similar secondary structure as their targets, but in those cases,  $\beta$ -sheet.

These results are consonant with our recent observations (18) that short peptides containing a QQQ triplet, aggregate into soluble oligomeric species as PPII helices, although they are too short ever to form fibrils or adopt a  $\beta$ -sheet structure. Longer polyQ peptides, such as YAQ<sub>12</sub>A, can form insoluble  $\beta$ -sheets, but as soluble monomers, have a PPII helical structure. The PPII conformation is also stabilized in polyQ segments by a polyproline segments adjacent to the C-terminal end of the polyQ segment (12,39).

The foregoing also helps to explain the fact that, in contrast to A $\beta$ 16-20m and other backbone-modified aggregation inhibitors of  $\beta$ -amyloid and prion peptide aggregation (16,17,40,41), 5QMe<sub>2</sub> did not disassemble pre-formed fibrils. 5QMe<sub>2</sub> interacts with soluble (PPII-like) YAQ<sub>12</sub>A, but apparently not with fibrillar ( $\beta$ -sheet) YAQ<sub>12</sub>A. 5QMe<sub>2</sub> also prevents fibril elongation, possibly by interacting with YAQ<sub>12</sub>A still in solution. A model of 5QMe<sub>2</sub> action is depicted in Figure 8. According to this model, YAQ<sub>12</sub>A exists in solution as PPII-like monomer. It is possible that this peptide can also forming oligomers, but we did not observe this, suggesting that oligomers, if present, were at very low concentrations or were short-lived. Progression to fibril formation requires a transition from PPII to  $\beta$ -sheet conformation, of YAQ<sub>12</sub>A monomers, oligomers, or both. 5QMe<sub>2</sub> forms transient 1:1 complexes with YAQ<sub>12</sub>A monomers, thereby maintaining the latter peptide in a PPII-like state. Binding of 5QMe<sub>2</sub> appears to inhibit formation of hydrogen bonds between side chains of YAQ<sub>12</sub>A molecules. The fact that 5QMe<sub>2</sub> both maintains YAQ<sub>12</sub>A in a monomeric PPII-like state, and also prevents this peptide from forming fibrils suggests that some species with PPII structure may be on-pathway for fibril formation.

Finally, it is appropriate to address the relevance of YAQ<sub>12</sub>A to aggregation of longer polyQ proteins in biological contexts. PolyQ peptides and proteins have a sharp threshold for aggregation into fibrils, but this threshold is context dependent (12,42,43). In the context of the protein huntingtin, this threshold is ~ 35 glutamine residues, as is shown by the occurrence of disease in people with CAG triplet expansions of the gene (1), in model systems such as *C. elegans* and *S. cerevisiae* (44,45), and in studies of recombinant htt exon 1-encoded protein *in vitro* (2,3). In spinocerebellar ataxia (SCA) type 6 however, the threshold for disease is considerably shorter. The gene for this disease encodes the  $\alpha 1_A$ -voltage-dependent calcium channel subunit, and disease and intracellular protein aggregates occur when the polyQ expansion exceeds 20-30 residues (46). For peptides without neighboring domains, even as few as six Q residues is sufficient to form  $\beta$ -sheet-rich fibrils (12), and YAQ<sub>12</sub>A clearly is above this threshold (Figure 7B). Thus, while the threshold might change with context, inhibitors such as 5QMe<sub>2</sub> can serve as structural probes of the aggregation pathway of biologically relevant polyQ peptides and proteins. Finally, although we have used this inhibitor peptide primarily as a structural probe, it could possibly also serve as the basis of an avenue of therapeutic approach.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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## Abbreviations

<b>AIC</b>	Aikake Information Criterion
<b>Anth</b>	<i>N</i> -methyl anthranilic acid
<b>BOP</b>	benzotriazole-1-yl-oxy-tris-(dimethylamino)-phosphonium hexafluorophosphate
<b>CD</b>	Circular dichroic
<b>DMF</b>	dimethylformamide
<b>ESI</b>	electrospray ionization
<b>Fmoc</b>	9-fluorenylmethoxycarbonyl
<b>Glu(tBu)</b>	<i>N</i> - $\alpha$ -Fmoc-L-glutamic acid $\gamma$ - <i>tert</i> -butyl ester
<b>HATU</b>	2-(7-Aza-1H-benzotriazole-1-yl)-1,1,3,3-tetramethyluronium hexafluorophosphate
<b>HD</b>	Huntington's Disease
<b>HPLC</b>	high performance liquid chromatography
<b>MALDI-TOF</b>	matrix assisted laser desorption-time of flight
<b>MBHA</b>	4-Methylbenzhydramine
<b>PEG</b>	polyethyleneglycol
<b>polyP</b>	polyproline
<b>polyQ</b>	polyglutamine
<b>PPII</b>	polyproline type II
<b>S.D.</b>	standard deviation
<b>SPR</b>	surface plasmon resonance
<b>TFA</b>	trifluoroacetic acid

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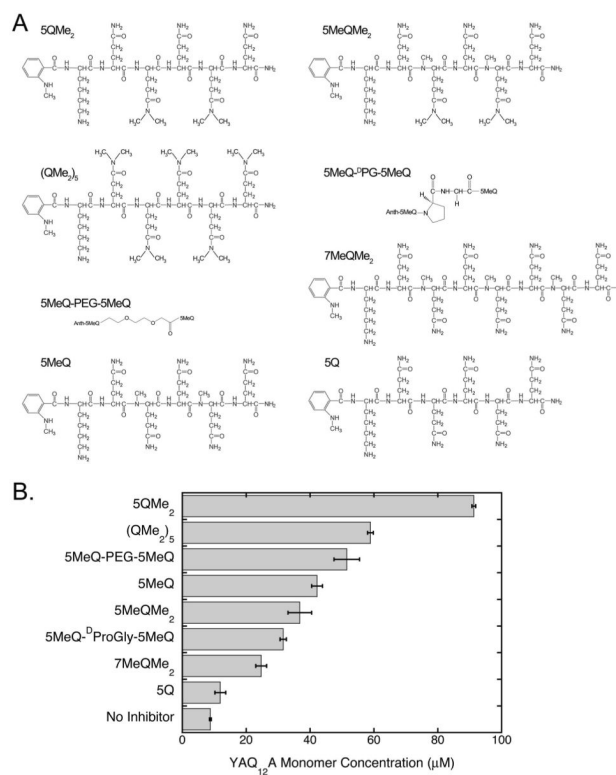
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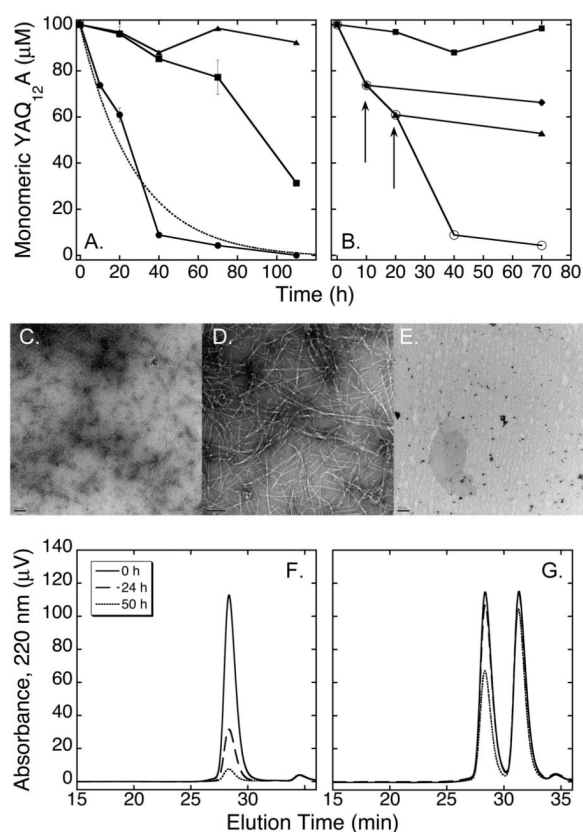
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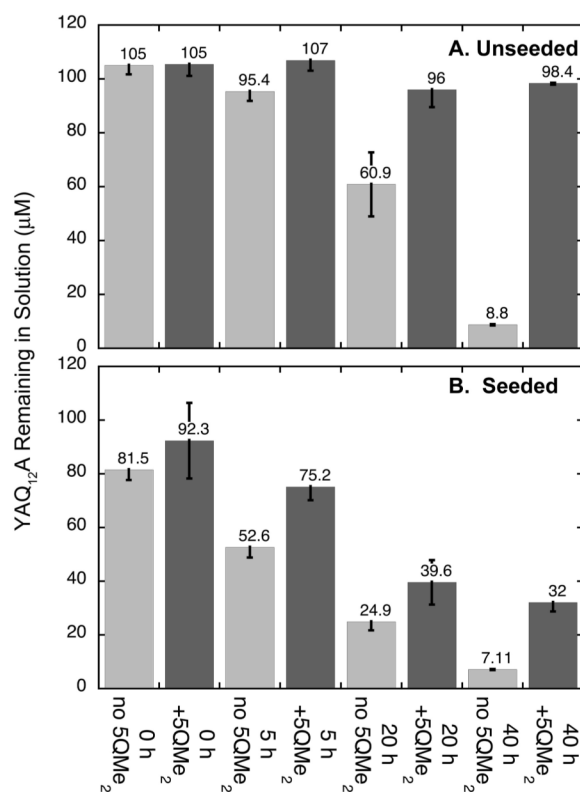


**Figure 1.** Structures of inhibitors tested (A), and results of sedimentation screening assays (B). The peptides represent variations in the pattern of *N*-methylation. In all cases, the peptides contained an *N*-terminal *N*-methylantranilic acid (Anth) and a Lys residue adjacent to the Anth. In the case of 5MeQ-<sup>D</sup>PG-5MeQ and 5MeQ-PEG-5MeQ, the C-terminal inhibitor domain does not contain a Lys residue. Results are expressed as concentration of µM YAQ<sub>12</sub>A monomer remaining after the incubation. Data are the mean ± S.D. of three replicate determinations.



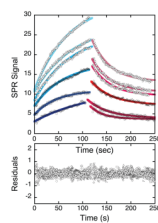
**Figure 2.**

Time course of YAQ<sub>12</sub>A aggregation and inhibition by 5QMe<sub>2</sub>; electron microscopy of reaction products; size exclusion chromatography of YAQ<sub>12</sub>A in the absence or presence of 5QMe<sub>2</sub>. (A) Aggregation of 100 μM YAQ<sub>12</sub>A in the absence of 5QMe<sub>2</sub> (λ), or the presence of 100 μM (v) or 1.0 mM (σ) 5QMe<sub>2</sub> (mean ± S.D. of three replicates); the dotted line represents a least squares fit to a mono-exponential equation. YAQ<sub>12</sub>A remaining in solution at various time points in the incubation was measured using the sedimentation assay described in Methods and originally described in (20). (B) Effect of adding 5QMe<sub>2</sub> to YAQ<sub>12</sub>A at different points in the aggregation time course. 1 mM 5QMe<sub>2</sub> was added to 100 μM YAQ<sub>12</sub>A at t = 0 h (v), or after YAQ<sub>12</sub>A had been allowed to aggregate for 10h (v) or 20 h (σ); (○) is no inhibitor. Results are monomeric YAQ<sub>12</sub>A remaining in solution at various time points. (C), (D), and (E) Electron micrographs of 100 μM YAQ<sub>12</sub>A incubated for 40 h at 37 °C in the absence (C and D) or presence (E) of 500 μM 5QMe<sub>2</sub>. No grossly visible precipitate was present for YAQ<sub>12</sub>A incubated in the presence of inhibitor. The figures show 15,000 × magnification (C and E) or 49,000 × magnification (D), with scale bars of 100 (C and E) or 200 nm (D), respectively. (F) and (G) Size exclusion chromatography of 100 μM disaggregated YAQ<sub>12</sub>A alone (F) or in the presence of 170 μM 5QMe<sub>2</sub> (G). 100 μL aliquots of these solutions were chromatographed at 0, 24 and 50 h (black, blue, and red, respectively). Chromatography was performed using a Superdex Peptide 10/300 column; effluent was 10 mM sodium phosphate containing 10 mM NaCl, pH 7.40, and flow rate was 0.5 mL/min. Column effluent was monitored at 220, 230, 274 and 337 nm; the chromatograph shown was monitored at 230 nm. YAQ<sub>12</sub>A elutes as a single peak with an elution time most consistent with MW<sup>app</sup> ~ 1805.5, close to the actual molecular weight of 1860. 5QMe<sub>2</sub> elutes somewhat later, at a position consistent with monomer (MW<sup>app</sup> ~ 1176.0).

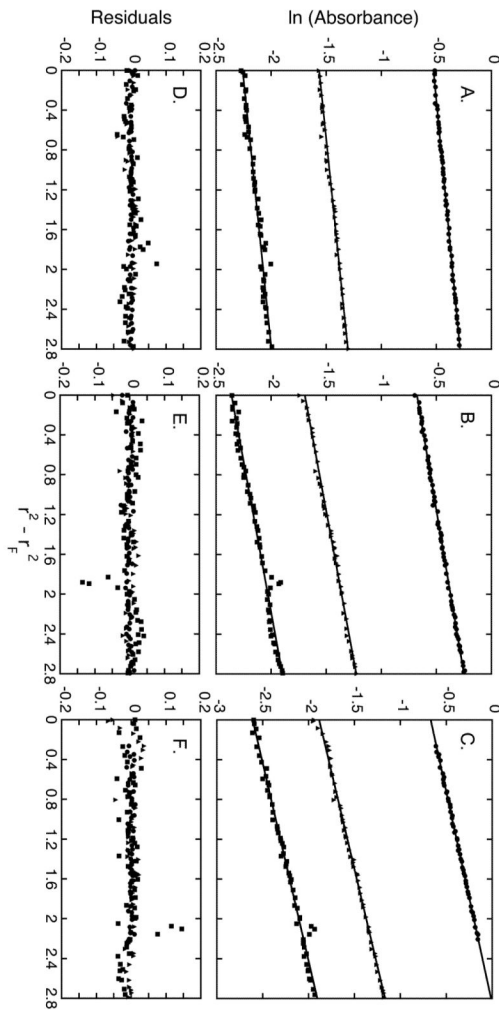


**Figure 3.**

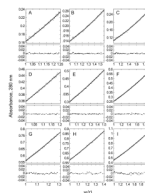
Effect of 5QMe<sub>2</sub> on seeded and unseeded fibrillation of YAQ<sub>12</sub>A. (A) A freshly disaggregated, 100 μM solution of YAQ<sub>12</sub>A was incubated in the presence or absence of 100 μM 5QMe<sub>2</sub>, as described in Methods, and then was assayed for YAQ<sub>12</sub>A remaining in solution at 0, 5, 20 and 40 h. (B) A freshly disaggregated, 100 μM solution of YAQ<sub>12</sub>A was incubated with an pre-formed YAQ<sub>12</sub>A fibril seeds at a nominal concentration of 8 μM (i.e., seed YAQ<sub>12</sub>A : soluble YAQ<sub>12</sub>A = 100:8, mol:mol), in the presence or absence of 100 μM 5QMe<sub>2</sub>, as described in Methods, and YAQ<sub>12</sub>A remaining in solution was assayed as in Panel (A). Results are means (± S.D.) of three determinations, reported in μM YAQ<sub>12</sub>A remaining in solution.



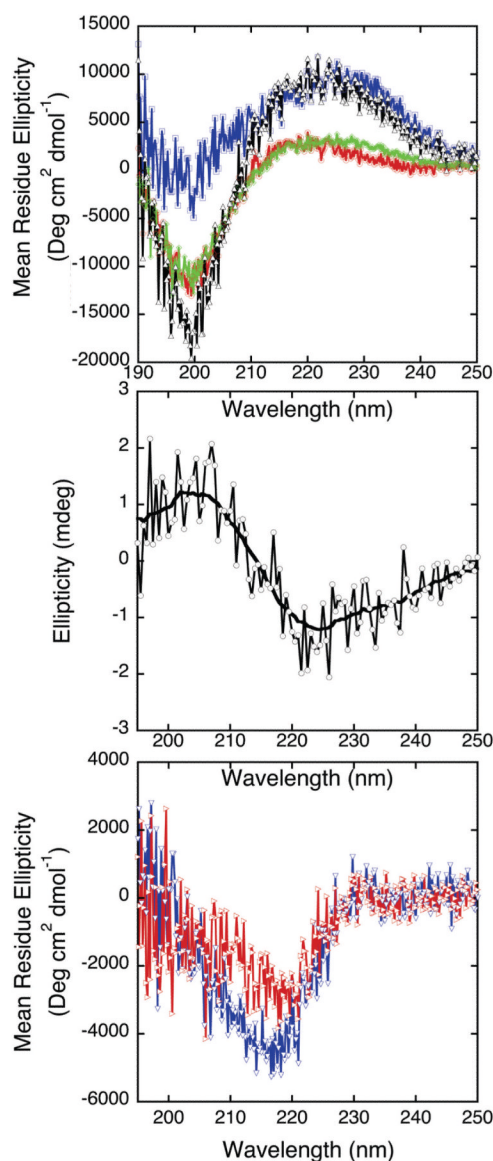
**Figure 4.** Surface plasmon resonance of immobilized YAQ<sub>12</sub>A interacting with soluble 5QMe<sub>2</sub>. (A) SPR data showing binding and subsequent dissociation of 5QMe<sub>2</sub> at various concentrations, ranging from 5 to 50  $\mu$ M, to and from immobilized YAQ<sub>12</sub>A. In the figure, points represent experimental data, and solid lines are non-linear least squares fits of the data to monoexponential kinetics of binding and desorption. (B) Residuals were calculated as the difference between experimental data and calculated values using the parameters obtained from non-linear least squares fits. For both panels, concentrations of 5QMe<sub>2</sub> were: ( $\circ$ ), 5  $\mu$ M; ( $\square$ ), 10  $\mu$ M; ( $\diamond$ ), 20  $\mu$ M; ( $\triangle$ ), 30  $\mu$ M; ( $\nabla$ ), 40  $\mu$ M; ( $\triangleright$ ), 50  $\mu$ M.



**Figure 5.** Sedimentation of 5QMe<sub>2</sub> alone, at 100 ( $\nu$ ), 500 ( $\sigma$ ), and 1000 ( $\lambda$ )  $\mu$ M, and at 36,000 (A), 48,000 (B), and 60,000 (C) rpm. Conditions were as described in Experimental Procedures.

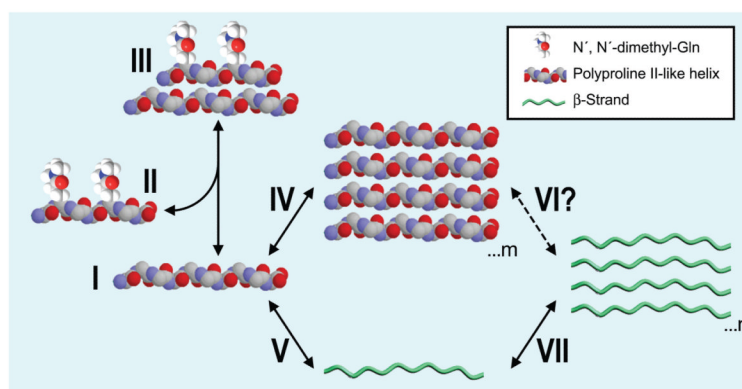


**Figure 6.** Sedimentation equilibrium analytical ultracentrifugation of YAQ<sub>12</sub>A and 5QMe<sub>2</sub> mixtures. The figure shows a mixtures of 100  $\mu$ M YAQ<sub>12</sub>A and 100 (A, B, C), 500 (D, E, F) or 1000 (G, H, I)  $\mu$ M 5QMe<sub>2</sub> centrifuged to equilibrium at 36,000 (A, D, G), 48,000 (B, E, H) or 60,000 (C, F, I) rpm. Concentrations were monitored by absorbance at 230 nm (A, B, C) or 280 nm (D-I) to obtain the desired level of sensitivity. The symbols are experimental data points, the thin black line is the analysis of the data using EQ. 3, and the thicker gray line represents the fit of the data using EQ. 4. For all panels, the bottom graph shows residual values, calculated as the difference between experimental and theoretical values calculated from the parameters obtained from non-linear least squares fit.



**Figure 7.**

(A) CD spectroscopy of YAQ<sub>12</sub>A, 5QMe<sub>2</sub>, and an equimolar mixture of the two peptides. Circular dichroic spectra of YAQ<sub>12</sub>A (100  $\mu$ M,  $\circ$ ), 5QMe<sub>2</sub> (100  $\mu$ M,  $\square$ ), and an equimolar mixture of the two peptides (100  $\mu$ M of each peptide,  $\diamond$ ). Also shown is a calculated weighted mean of the two spectra of YAQ<sub>12</sub>A and 5QMe<sub>2</sub> alone ( $\triangle$ ). Points are experimental data; lines represented curves smoothed using the smooth macro of Kaleidagraph software. For clarity, only every third point is shown in the figure. (B) Circular dichroic spectrum of YAQ<sub>12</sub>A fibril films. The procedure was essentially as described by Darnell *et al.* (12). (C) CD spectra of 5MeQ ( $\nabla$ ) and 5MeQMe<sub>2</sub> ( $\triangleright$ ) under the same conditions as described for Panel A.



**Figure 8.**

Schema depicting model of inhibition of polyQ aggregation by 5QMe<sub>2</sub>. YAQ<sub>12</sub>A has PPII-like structure in solution (**I**), as do other polyQ peptides (12,31-34). 5QMe<sub>2</sub> (**II**) also has a PPII-like conformation, and is predominantly or entirely monomeric in solution. 5QMe<sub>2</sub> rapidly binds YAQ<sub>12</sub>A and forms transient complexes (**III**). PolyQ peptides have been shown to form oligomers with a PPII-like conformation (**IV**,18), and it is not known whether these are on- or off-pathway for fibril formation (**VI**). Monomeric YAQ<sub>12</sub>A could also undergo a PPII to  $\beta$ -strand transition (**V**), as has been proposed for other polyQ peptides (31-34), and these could self-associate into fibrils (**VII**). The inhibitor is chaperone-like in it binds and releases its target very rapidly, presumably more rapid than nucleation of YAQ<sub>12</sub>A itself. The side chain *N*-methyl groups of 5QMe<sub>2</sub> result in the formation of predominantly 1:1 stoichiometric complexes with YAQ<sub>12</sub>A, blocking oligomerization of the peptides in this complex, and delaying the transition from PPII to  $\beta$ -strand or  $\beta$ -sheet.



**Table 1**Inhibition of YAQ<sub>12</sub>A by 5QMe<sub>2</sub> at various concentration ratios

5QMe <sub>2</sub> (mM)	Concentration Ratio of 5QMe <sub>2</sub> : YAQ <sub>12</sub> A (mol:mol) <sup>*</sup>	YAQ <sub>12</sub> A Monomer Remaining
4.00	40	91.3 ± 0.6
1.00	10	87.9 ± 0.3
0.50	5	95.2 ± 0.4
0.10	1	85.2 ± 0.4
0.05	0.5	90.1 ± 1.5
0.025	0.25	42.0 ± 0.8
0.01	0.1	36.3 ± 11.4

<sup>\*</sup> In all cases, YAQ<sub>12</sub>A was at 100 μM at the start of the reaction. Incubation was for 40 h at 37 °C. Monomeric YAQ<sub>12</sub>A remaining in solution after the incubation was measured by RP-HPLC, as described in Methods.