

# *Lactobacillus acidophilus* induces virus immune defence genes in murine dendritic cells by a Toll-like receptor-2-dependent mechanism

Gudrun Weiss,<sup>1</sup> Simon Rasmussen,<sup>2</sup>  
Louise Hjerrild Zeuthen,<sup>1</sup> Birgit  
Nøhr Nielsen,<sup>1</sup> Hanne Jarmer,<sup>2</sup>  
Lene Jespersen<sup>3</sup> and Hanne  
Frøkiær<sup>1</sup>

<sup>1</sup>Faculty of Life Sciences, Department of Basic Sciences and Environment, University of Copenhagen, Frederiksberg C, <sup>2</sup>Technical University of Denmark, Centre for Biological Sequence Analysis, Kongens Lyngby, and <sup>3</sup>Faculty of Life Sciences, Department of Food Science, University of Copenhagen, Frederiksberg C, Denmark

doi:10.1111/j.1365-2567.2010.03301.x

Received 9 February 2010; revised 10 April 2010; accepted 12 April 2010.

Correspondence: H. Frøkiær, Faculty of Life Sciences, Department of Basic Sciences and Environment, University of Copenhagen, Thorvaldsensvej 40, DK-1871 Frederiksberg C, Denmark. Email: hafr@life.ku.dk  
Senior author: Hanne Frøkiær

## Introduction

Lactic acid bacteria are inhabitants of the gastrointestinal tract, and some species are considered to have probiotic properties offering a number of benefits to health and well-being.<sup>1–3</sup> Some probiotics have been shown to reduce the risk of virus infections such as the common cold and influenza.<sup>4–6</sup> So far, the mechanisms causing the reductions in respiratory tract infections and other symptoms are unknown. It is likely that these positive effects are due to the ability of probiotics to modulate immune stimulatory responses upon interaction with dendritic cells (DCs).

Dendritic cells are central gatekeepers and regulators of the immune response, interacting with mucosally encoun-

## Summary

Lactobacilli are probiotics that, among other health-promoting effects, have been ascribed immunostimulating and virus-preventive properties. Certain *Lactobacillus* spp. have been shown to possess strong interleukin-12 (IL-12) -inducing properties. As IL-12 production depends on the up-regulation of type I interferons (IFNs), we hypothesized that the strong IL-12-inducing capacity of *Lactobacillus acidophilus* NCFM in murine bone-marrow-derived dendritic cells (DCs) is caused by an up-regulation of IFN- $\beta$ , which subsequently induces IL-12 and the double-stranded RNA binding Toll-like receptor-3 (TLR-3). The expression of the genes encoding IFN- $\beta$ , TLR-3, IL-12 and IL-10 in DCs upon stimulation with *L. acidophilus* NCFM was determined. *Lactobacillus acidophilus* NCFM induced a much stronger expression of *Ifn- $\beta$* , *Il-12* and *Il-10* compared with the synthetic double-stranded RNA ligand Poly I:C, whereas the levels of expressed *Tlr-3* were similar. Whole genome microarray gene expression analysis revealed that other genes related to viral defence were significantly up-regulated and among the strongest induced genes in DCs stimulated with *L. acidophilus* NCFM. The ability to induce IFN- $\beta$  was also detected in another *L. acidophilus* strain (X37), but was not a property of other probiotic strains tested, i.e. *Bifidobacterium bifidum* Z9 and *Escherichia coli* Nissle 1917. The IFN- $\beta$  expression was markedly reduced in TLR-2<sup>-/-</sup> DCs, dependent on endocytosis, and the major cause of the induction of *Il-12* and *Tlr-3* in DCs stimulated with *L. acidophilus* NCFM. Collectively, our results reveal that certain lactobacilli trigger the expression of viral defence genes in DCs in a TLR-2 manner dependent on IFN- $\beta$ .

**Keywords:** dendritic cells; gene regulation; innate immune response; *Lactobacillus acidophilus*; Toll-like receptor-2; virus

tered antigens including the gut microbiota and viruses. The innate immune cell activation occurs predominantly through the interaction of Toll-like receptors (TLRs) and other pathogen recognition receptors on the surfaces of antigen-presenting cells.<sup>7</sup> Exposure to micro-organisms induces up-regulation of surface markers and the production of the several cytokines that modulate the function of DCs.<sup>8</sup> Probiotics exert differential stimulatory effects on DCs *in vitro*, giving rise to varying production of different cytokines and accordingly different effector functions.<sup>9,10</sup> Members of the *Lactobacillus* and *Bifidobacterium* genera are well-recognized for their probiotic properties, but certain other bacteria, including some *Escherichia coli* strains, have also been shown to exert probiotic features.

Upon virus infection type I interferons (IFNs), cytokines with anti-viral and immune-regulatory functions, are produced. The TLRs of DCs have emerged as key transducers of type I IFNs during viral infections.<sup>11</sup> Toll-like receptor-3, a receptor localized in the endosomal compartment, recognizes double-stranded (ds) RNA motifs of viruses and Poly I:C (a synthetic dsRNA) and induces the transcription of type I IFNs (IFN- $\alpha$  and IFN- $\beta$ ).<sup>12,13</sup> Recently, TLR-2, normally associated with Gram-positive bacteria, was shown to induce type I IFN in response to viral ligands but not in response to the bacterial ligand Pam<sub>3</sub>CSK<sub>4</sub>.<sup>14</sup> Type I IFNs exert their antiviral function by binding specifically to a unique receptor (IFNAR), thereby initiating a signalling cascade that controls the expression of hundreds of IFN-stimulated genes (ISGs) and other genes involved in an innate host response against viruses.<sup>15</sup> Type I IFNs, although best known for their antiviral properties, are potent regulators of cell growth and can modulate both innate and adaptive immune responses. Synthesis of type I IFNs was originally associated with viral infections; however, many pathogenic bacteria are equally able to induce the up-regulation of type I IFN, leading to modulation of the innate antibacterial response. Several Gram-negative bacteria, such as *Salmonella enterica* Serovar Typhimurium, *Shigella flexneri* and *Escherichia* spp., stimulate type I IFN synthesis in phagocytosing cells.<sup>16</sup> Recently, pathogenic Gram-positive bacteria, such as group A and B *Streptococcus* spp.,<sup>17–19</sup> *Listeria monocytogenes*,<sup>20,21</sup> and the spirochaete bacterium *Borrelia burgdorferi*<sup>22</sup> were likewise reported to induce the production of high quantities of type I IFN during infection. Mancuso *et al.*<sup>19</sup> reported that the production of type I IFNs was critical for the clearance of infection by the host. In relation to intracellular bacteria in particular TLR-3, TLR-7 and TLR-9 have been shown to be involved in the type I IFN induction,<sup>23</sup> whereas in connection with other bacteria TLRs and other pathogen recognition receptors on the cell surface seem of particular importance. However, no clear picture of which receptors are involved exists or of which role these receptors play in the bacterially induced IFN- $\beta$  production. For *Streptococcus* spp. and *Listeria* spp., the intracellular TLR-9 was essential for the induction of IFN- $\beta$  in monocytes or DCs stimulated *in vitro*.<sup>18,20</sup> In *Borrelia burgdorferi*, the induction of IFN- $\beta$  was independent of TLR-2.<sup>22</sup> Only for the Gram-negative *Pseudomonas aeruginosa* a role of TLR-2 has been suggested in the induction of a pro-inflammatory response in human monocytes.<sup>24</sup> It was demonstrated that a TLR-2 and mannose receptor synergistically were involved in the induction of the cytokines tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ), interleukin-6 (IL-6) and IL-1 $\beta$ . However, IFN- $\beta$  was not included in the study. To our knowledge, neither lactic acid bacteria nor commensal bacteria have been shown to possess the capability to induce IFN- $\beta$  in DCs upon stimulation.

It has been reported that TLR-mediated IL-12p70 synthesis is strongly reduced in the absence of type I IFN,<sup>25</sup> demonstrating a critical role of type I IFN in controlling the production of the pro-inflammatory cytokine IL-12p70. We have previously reported that certain members of the *Lactobacillus* genus, including *L. acidophilus*, demonstrated remarkable IL-12-inducing properties.<sup>26</sup> On account of these observations, we hypothesized that *L. acidophilus*, despite its non-pathogenic phenotype and health-promoting properties, is able to induce IFN- $\beta$  production in DCs and consequently matures DCs into anti-virus phenotype cells.

The aim of this study was to investigate whether *L. acidophilus* has the ability to induce anti-viral defence gene expression in DC. We analysed the gene expression profile of TLR-3 and IFN- $\beta$ , key players involved in viral defence, in murine bone-marrow-derived DCs stimulated *in vitro* with *L. acidophilus* NCFM. Genome-wide microarray analysis confirmed our hypothesis showing a general, significant up-regulation of anti-viral defence genes. The IFN- $\beta$ -inducing property was likewise detected in another *L. acidophilus* strain, but not in a probiotic *Bifidobacterium* sp. or *E. coli* strain. This ability to induce IFN- $\beta$  was dependent on TLR-2 recognition and required phagocytic activity in the DCs. Our results reveal that, in contrast to Poly I:C stimulation, the expression of *Tlr-3* in *L. acidophilus*-stimulated DCs was dependent on the production of IFN- $\beta$ . This study is the first to report that *L. acidophilus* NCFM, a widely used probiotic bacterium, is able to induce viral defence in murine bone-marrow-derived DC and that TLR-2 plays a pivotal role in IFN- $\beta$  induction in DCs stimulated with this bacterium.

## Materials and methods

### *Bacterial strains, growth conditions and preparation of UV-killed bacteria*

*Lactobacillus acidophilus* NCFM (Danisco, Copenhagen, Denmark), *L. acidophilus* X37 (Copenhagen University, Department of Food Microbiology, Faculty of Life Sciences, Denmark), *Bifidobacterium bifidum* Z9 (Copenhagen University, Department of Food Microbiology, Faculty of Life Sciences, Denmark), which are all considered to have probiotic properties, were grown anaerobically overnight at 37° in de Man Rogosa Sharp (MRS) broth (Merck, Darmstadt, Germany) and sub-cultured twice. Cells were harvested by centrifugation at 2000 g for 15 min, washed twice in phosphate-buffered saline (PBS; Bio Whittaker, East Rutherford, NJ) and resuspended in 1/10 the growth volume of PBS. The bacteria were killed by a 20-min exposure to UV light. *Escherichia coli* Nissle 1917 O6:K5:H1 (Statens Serum Institut, Copenhagen, Denmark), a Gram-negative probiotic bacterium, was grown aerobically overnight at 37° in Luria–Bertani (LB)

broth (Merck) and killed by a 45-min exposure to UV light. In all experimental set-ups, UV-killed bacteria were used. The bacteria were stored at  $-80^{\circ}$ , the concentration was determined as the content of dry matter per ml upon lyophilization, and the dry weight was corrected for buffer salt content. Absence of viable cells was verified by plating the UV-exposed bacteria on MRS and LB agar.

#### Generation of murine dendritic cells

Bone-marrow-derived DCs were prepared as previously described.<sup>9</sup> Briefly, bone marrow from wild-type (WT) or TLR-2<sup>-/-</sup> knock out C57BL/6 mice was flushed out from the femur and tibia and washed twice in sterile PBS. Then,  $3 \times 10^5$  bone marrow cells were seeded into Petri dishes in 10 ml RPMI-1640 (Sigma-Aldrich, St Louis, MO) containing 10% (volume/volume) heat-inactivated fetal calf serum supplemented with penicillin (100 U/ml), streptomycin (100  $\mu$ g/ml), glutamine (4 mM), 50  $\mu$ M 2-mercaptoethanol (all purchased from Cambrex Bio Whittaker, Charles City, IA) and 15 ng/ml murine granulocyte-macrophage colony-stimulating factor (GM-CSF; harvested from a GM-CSF-transfected Ag8.653 myeloma cell line). The cells were incubated for 8 days at  $37^{\circ}$  in 5% CO<sub>2</sub> humidified atmosphere. On day 3, 10 ml of complete medium containing 15 ng/ml GM-CSF was added. On day 6, 10 ml were removed and replaced by fresh medium. Non-adherent immature DC were harvested on day 8.

#### Stimulation of murine dendritic cells with bacteria

Immature DCs ( $2 \times 10^6$  cells/ml) were resuspended in fresh medium supplemented with 10 ng/ml GM-CSF, and 500  $\mu$ l/well were seeded in 48-well tissue culture plates (Nunc, Roskilde, Denmark). The stimuli were suspended in medium and added (100  $\mu$ l/well) in a final concentration of 10  $\mu$ g/ml (*L. acidophilus* NCFM, *L. acidophilus* X37 and *E. coli* Nissle 1917) and 40  $\mu$ g/ml (*B. bifidum* Z9). Optimal bacterial concentrations were determined in a previous study.<sup>26</sup> The TLR-2 ligands Pam<sub>2</sub>CSK<sub>4</sub> and Pam<sub>3</sub>CSK<sub>4</sub> (InvivoGen, San Diego, CA), which in previous experiments induced only minor amounts of IL-12 and IL-10 when added in the concentrations 0.03–3  $\mu$ g/ml, were used in final concentrations of 0.1  $\mu$ g/ml and 1  $\mu$ g/ml, respectively. As a positive control, Poly I:C (InvivoGen), a synthetic analogue of dsRNA, was added in a final concentration of 10  $\mu$ g/ml. The cell cultures were incubated at  $37^{\circ}$  in 5% CO<sub>2</sub>.

#### Effect of endocytic activity during stimulation

The DCs were pre-treated with cytochalasin D (0.5  $\mu$ g/ml), chlorpromazine (25  $\mu$ g/ml), methyl- $\beta$ -cyclodextrin (1 mM) (Sigma-Aldrich) or medium alone for 1 hr at  $37^{\circ}$  in 5% CO<sub>2</sub> before addition of *L. acidophilus* NCFM

(10  $\mu$ g/ml) or Poly I:C (10  $\mu$ g/ml) as previously described.<sup>27</sup> The cells were harvested after 3 hr of incubation at  $37^{\circ}$  in 5% CO<sub>2</sub>, and RNA was extracted.

#### Interferon- $\beta$ inhibition assay

Mouse IFN- $\beta$  polyclonal antibody (R&D Systems, Minneapolis, MN) was added in two different concentrations (10 and 50  $\mu$ g/ml) immediately after addition of *L. acidophilus* NCFM (10  $\mu$ g/ml) to the DCs. The cells were harvested after 10 hr of stimulation at  $37^{\circ}$  in 5% CO<sub>2</sub>, and RNA was extracted.

#### RNA extraction

Murine DCs were harvested at various stimulation time-points, homogenized by QIAshredder (Qiagen, Ballerup, Denmark), and RNA was extracted using the RNeasy Plus Mini Kit (Qiagen). RNA quality was verified by Bioanalyzer (Agilent, Santa Clara, CA), and the concentration was determined by Nanodrop (Thermo, Wilmington, DE).

#### Microarray analysis

Immature DCs from three C57BL/6 mice were stimulated with *L. acidophilus* NCFM, and DCs were harvested after 4, 10 and 18 hr. RNA was extracted, 1  $\mu$ g RNA per stimulation was converted to complementary DNA (cDNA), and biotin-labelled amplified RNA (aRNA) was synthesized using the MessageAmp™ II-Biotin Enhanced kit (Ambion, Austin, TX) according to the manufacturer's instructions. The aRNA samples were hybridized to Gene Chip Mouse genome 430 2.0 Array (Affymetrix, Santa Clara, CA), comprising 45 000 probe sets representing over 34 000 mouse genes. The arrays were stained, washed and scanned according to the manufacturer's instructions. The microarray data were analysed using R AND BIOCONDUCTOR (Gentleman *et al.*, 2004; Workman *et al.*, 2002; Irizarry *et al.*, 2003) from the three independent stimulations of DC from three individual mice (in total 12 arrays).<sup>28</sup> Raw probe intensities were normalized using QSPLINE and expression index calculations were performed using RMA.<sup>29,30</sup> For statistical testing, analysis of variance (ANOVA) was performed using stimulation time as factor where all untreated samples were treated as one group. The false discovery rate (FDR) was estimated using a Monte Carlo approach, and statistical significance was set at an FDR of 0 yielding 4947 highly significant probe sets corresponding to 3319 unique genes annotated by Mouse Genome Informatics (MGI).<sup>31</sup>

#### Quantitative real-time polymerase chain reaction analysis

Dendritic cells were harvested after 2, 4 and 10 hr of stimulation. RNA was extracted, and 1  $\mu$ g of total RNA

was reverse transcribed by the TaqMan Reverse Transcription Reagent kit (Applied Biosystems, Foster City, CA) using random hexamer primers according to the manufacturer's instructions. The cDNA obtained was stored in aliquots at  $-80^{\circ}$ . For the selection of primer and probe sequences, the regions coding for the genes investigated were retrieved from the GenBank EMBL databases. The following gene sequences were applied: TLR-3 (NM\_126166), IFN- $\beta$  (NM\_010510), IL-12 p40 (NM\_008352), IL-10 (NM\_010548) and  $\beta$ -actin (NM\_007393). Primers and probes were designed using the software PRIMER EXPRESS 3.0 (Applied Biosystems) and tested for specificity by the basic alignment search tool BLAST. HPLC-purified forward and reverse primers were manufactured by DNA Technology (Aarhus, Denmark). The probes were labelled with the 5' reporter dye 6-carboxy-fluorescein (FAM) and the 3' quencher dye NFQ-MGB (Applied Biosystems). Sequences of primers and probes are listed in Table 1. Primer and probe concentrations were optimized and to determine the efficiency of the amplification dilutions, standard curves were made for each set of primers and probe (data not shown). The amplifications were carried out in a total volume of 20  $\mu$ l containing 1 $\times$  TaqMan Universal PCR Master Mix (Applied Biosystems), forward and reverse primer (concentration 900 nM each), 200 nM TaqMan MGB probe, and purified target cDNA. The cycling parameters were initiated by 20 seconds at  $95^{\circ}$ , followed by 40 cycles of 3 seconds at  $95^{\circ}$  and 30 seconds at  $60^{\circ}$  using the ABI Prism 7500 (Applied Biosystems). Amplification reactions were performed in triplicates, and DNA contamination controls were included. The amplifications were normalized to the expression of  $\beta$ -actin. Relative transcript levels

were calculated applying the equation described by Pfaffl.<sup>32</sup>

#### Cytokine quantification by enzyme-linked immunosorbent assay

After 24 hr of stimulation, culture supernatants were collected and stored at  $-80^{\circ}$  for later cytokine analysis. The production of murine IL-12(p70), IL-10, IL-6, TNF- $\alpha$  and IFN- $\beta$  was analysed using commercially available enzyme-linked immunosorbent assay (ELISA) kits (R&D Systems).

#### Statistical analysis

Statistical calculations were performed using the software program GRAPHPAD PRISM 5 (San Diego, CA). For each experiment, results were analysed by ANOVA with Bonferroni as post test, and *P*-values of  $< 0.05$  were considered significant.

## Results

### *Lactobacillus acidophilus* NCFM induces IFN- $\beta$ and TLR-3 up-regulation in murine dendritic cells

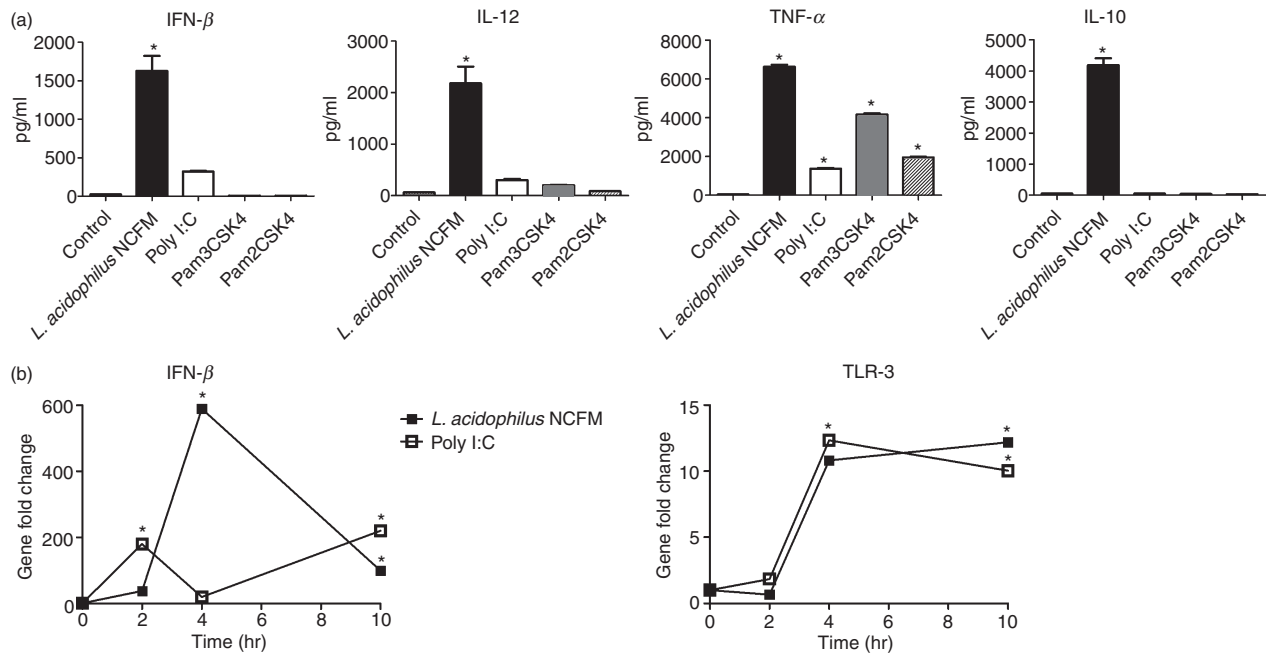
Stimulation with *L. acidophilus* NCFM, Poly I:C, and the TLR-2 ligands Pam<sub>2</sub>CSK<sub>4</sub> and Pam<sub>3</sub>CSK<sub>4</sub> gave rise to highly distinct protein concentrations of IFN- $\beta$  and IL-12 (Fig. 1a). By far the strongest production of IFN- $\beta$  was detected after stimulation with *L. acidophilus* NCFM, as the concentration of IFN- $\beta$  was more than five-fold higher in comparison to induction by Poly I:C. Pam<sub>2</sub>CSK<sub>4</sub> and Pam<sub>3</sub>CSK<sub>4</sub> did not induce any detectable levels of IFN- $\beta$ . A similar picture was seen for IL-12, as the production induced by Poly I:C was more than seven-fold less relative to cells stimulated with *L. acidophilus* NCFM. The two TLR-2 ligands gave rise to low amounts of IL-12. In contrast, even though *L. acidophilus* NCFM triggered the highest production of TNF- $\alpha$ , the two TLR-2 ligands also induced higher amounts of TNF- $\alpha$  compared with stimulation with Poly I:C. The cytokine IL-10 was exclusively produced by DCs stimulated with *L. acidophilus* NCFM; stimulation with Poly I:C or the two TLR-2 ligands did not induce IL-10. Flow cytometry showed an up-regulation of CD80, CD86, CD40 and MHC class II upon stimulation with both Pam<sub>3</sub>CSK<sub>4</sub> and *L. acidophilus* NCFM, indicating that the stimulation with the TLR-2 ligand and the whole bacteria induced a state of maturation (data not shown).

The expression of the genes encoding IFN- $\beta$  and TLR-3 was determined after 2, 4 and 10 hr of stimulation with *L. acidophilus* NCFM or the synthetic dsRNA analogue Poly I:C (Fig. 1b). The strongest up-regulation of *Ifn*- $\beta$  was detected after stimulation with *L. acidophilus* NCFM;

Table 1. Primers and probes used for real-time polymerase chain reaction analysis

Target		Sequence (5'-3')
Interferon- $\beta$ (NM_010510)	Forward	CGGACTTCAAGATCCCTATGGA
	Reverse	TGGCAAAGGCAGTGTAACCTCTTC
	Probe	ATGACGGAGAAGATGC
Toll-like receptor-3 (NM_126166)	Forward	GATTCTTCTGGTGTCTCCACAAA
	Reverse	AATGGCTGCAGTCAGCTACGT
	Probe	CAATGCACTGTGAGATAC
Interleukin-12 p40 (NM_008352)	Forward	TGGAGCACTCCCCATTCT
	Reverse	TGCGCTGGATTCTGAACAA
	Probe	CTTCTCCCTCAAGTTC
Interleukin-10 (NM_010548)	Forward	GATGCCCCAGGCAGAGAA
	Reverse	CACCCAGGGAATTCAAATGC
	Probe	CATGGCCCAGAAAT
$\beta$ -Actin (NM_007393)	Forward	CGATGCCCTGAGGCTCTTT
	Reverse	TGGATGCCACAGGATTCCA
	Probe	CCAGCCTTCCTTCTT





**Figure 1.** *Lactobacillus acidophilus* NCFM induces gene expression of interferon- $\beta$  (IFN- $\beta$ ) and toll-like receptor 3 (TLR-3). Bone-marrow-derived dendritic cells (DCs) were stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml), the synthetic double-stranded RNA ligand Poly I:C (10  $\mu$ g/ml) and the TLR-2 ligands Pam<sub>2</sub>CSK<sub>4</sub> (0.1  $\mu$ g/ml) and Pam<sub>3</sub>CSK<sub>4</sub> (1  $\mu$ g/ml). Protein concentrations of IFN- $\beta$ , IL-12, tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ) and IL-10 in the supernatants after 24 hr were measured by enzyme-linked immunosorbent assay (a). Two hours, 4 hr and 10 hr after stimulation RNA was extracted, and the induction of the genes encoding IFN- $\beta$  and TLR-3 was determined by reverse transcription–polymerase chain reaction (b). The messenger RNA levels were normalized to the relative expression of  $\beta$ -actin. The error bars depict the mean value  $\pm$  standard deviation of three individual measurements from one experiment. The data represent one of at least seven independent experiments, \* $P < 0.05$  versus non-stimulated DC.

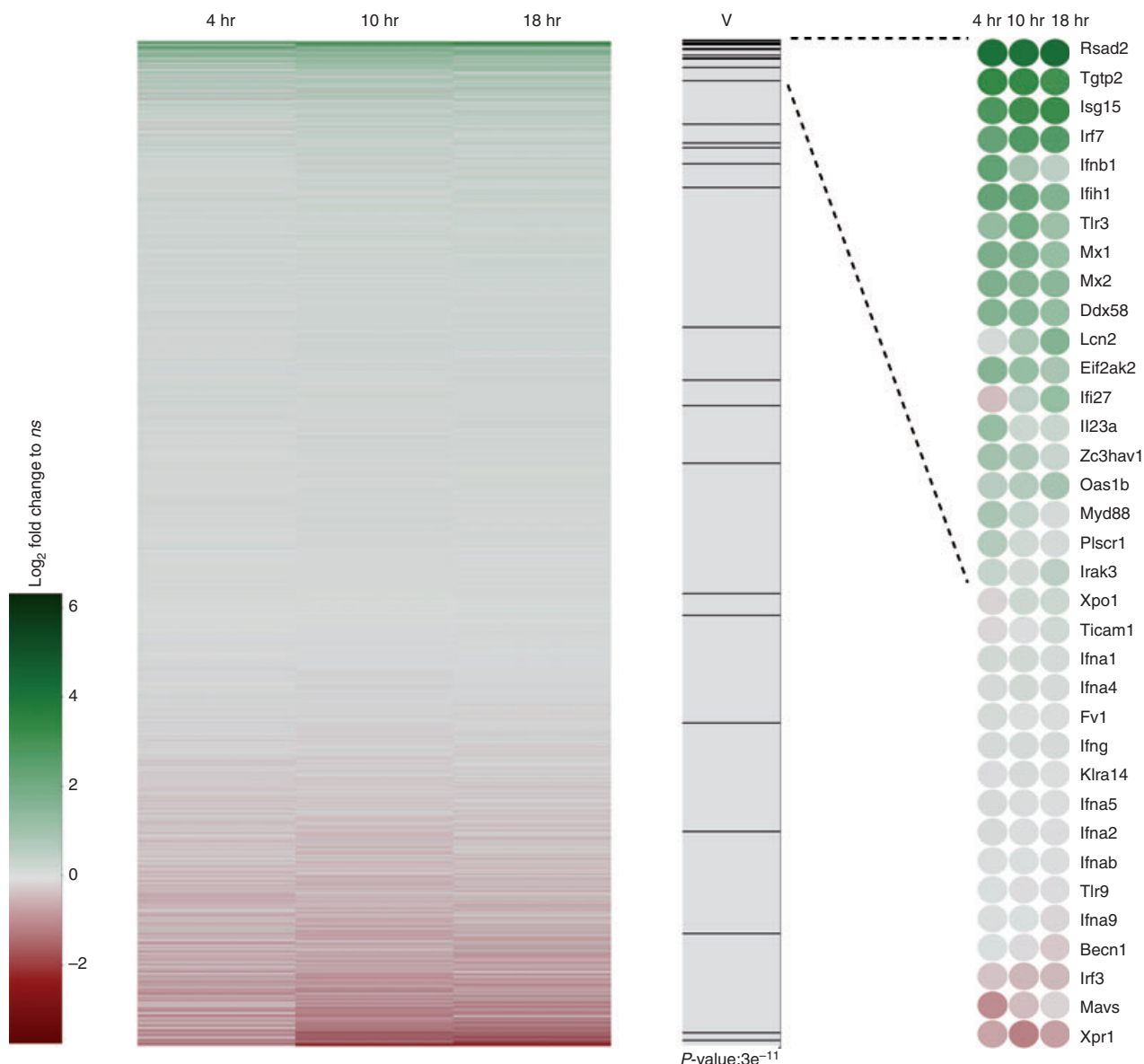
it was only slightly up-regulated after 2 hr (38-fold) but reached a significant maximum after 4 hr (589-fold) that declined to a gene expression of 100-fold after 10 hr. In contrast to *L. acidophilus* NCFM, Poly I:C induced strong expression of *Ifn- $\beta$*  after 2 hr (180-fold). However, this induction decreased to 20-fold after 4 hr and was raised to 220-fold again after 10 hr. In contrast to *Ifn- $\beta$* , both *L. acidophilus* NCFM and Poly I:C strongly induced the gene encoding TLR-3 after 4 hr. As this induction was sustained after 10 hr stimulation in both treatments, we were able to show that *L. acidophilus* NCFM is capable of triggering up-regulation of TLR-3 to the same extent as the synthetic TLR-3 ligand Poly I:C.

#### Identification of multiple virus-defence-related genes by genome-wide expression analysis in dendritic cells stimulated with *L. acidophilus* NCFM

Genome-wide microarray analysis was performed to further investigate the up-regulation of virus-related genes during stimulation of DCs with *L. acidophilus* NCFM. To generate a comprehensive view of the expression profile, samples were harvested at different time-points (4, 10 and 18 hr). Differential expression was assessed using ANOVA resulting in 3319 significant regulated genes at an FDR of

0 ( $P$ -value  $< 1e^{-4}$ ). These findings point to a very strong response of DC upon stimulation, which is in good agreement with the phenotypic changes (e.g. production of cytokines and up-regulation of various surface markers) observed. The data generated were deposited in NCBI's Gene Expression Omnibus<sup>33</sup> and are accessible through GEO Series accession number GSE18460.

Focusing on genes that are virus-defence-related, we used the GENE ONTOLOGY (GO) term GO:0009615 'Response to virus' to test whether the distribution of their expressions was different from the entire distribution. The Wilcoxon rank sum test (Mann–Whitney test) with a  $P$ -value of  $3e^{-11}$  revealed a strong, significant up-regulation of these genes (Fig. 2). The induction of virus-related genes was most prominent for the gene encoding *Rsad2* (700-fold). *Rsad2* (radical *S*-adenosyl methionine domain containing 2), also known as viperin, encodes a cytoplasmic antiviral protein induced by IFNs. This protein impairs virus budding by disrupting lipid rafts at the plasma membrane, a feature which is essential for the budding process of many viruses.<sup>34</sup> The genes encoding IFN-induced T-cell specific GTPase (TGTP2), IFN-stimulated gene 15 (ISG15), IFN-regulatory factor (IRF-7) and TLR-3, all involved in viral immune defence and induced by IFN- $\beta$ , were likewise among the highest significantly up-regulated genes.



**Figure 2.** *Lactobacillus acidophilus* NCFM induces expression of multiple genes related to viral immune defence. Bone-marrow-derived dendritic cells (DCs) from three mice were individually stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml) for 4 hr, 10 hr and 18 hr, RNA was extracted, and microarray analysis was performed. Heatmap of  $\log_2$ -fold changes versus no stimulation for all probes on the array. Probe sets are sorted according to maximal  $\log_2$ -fold change at any time-point. Green and red represent up-regulation and down-regulation, respectively. In column 'V' the position of genes in the gene ontology term GO:0009615 'Response to virus' is presented as black lines together with the significance of this distribution in a two-sided Wilcoxon Rank sum test (Mann–Whitney). Detailed expression of the genes is shown rightmost.

In addition to the genes in the 'Response to virus' GO term, microarray data analysis revealed a significant induction of numerous genes related to virus infection (Table 2). The majority of these genes are classical IFN-sensitive genes (ISG) induced upon stimulation with IFN- $\beta$ , e.g. members of the IFN-stimulated gene 56 family (ISG56), which are known to be strongly induced in response to virus infection, type I IFNs and dsRNA. In mouse, this family comprises three members (ISG56, ISG54 and ISG49) that associate with large protein com-

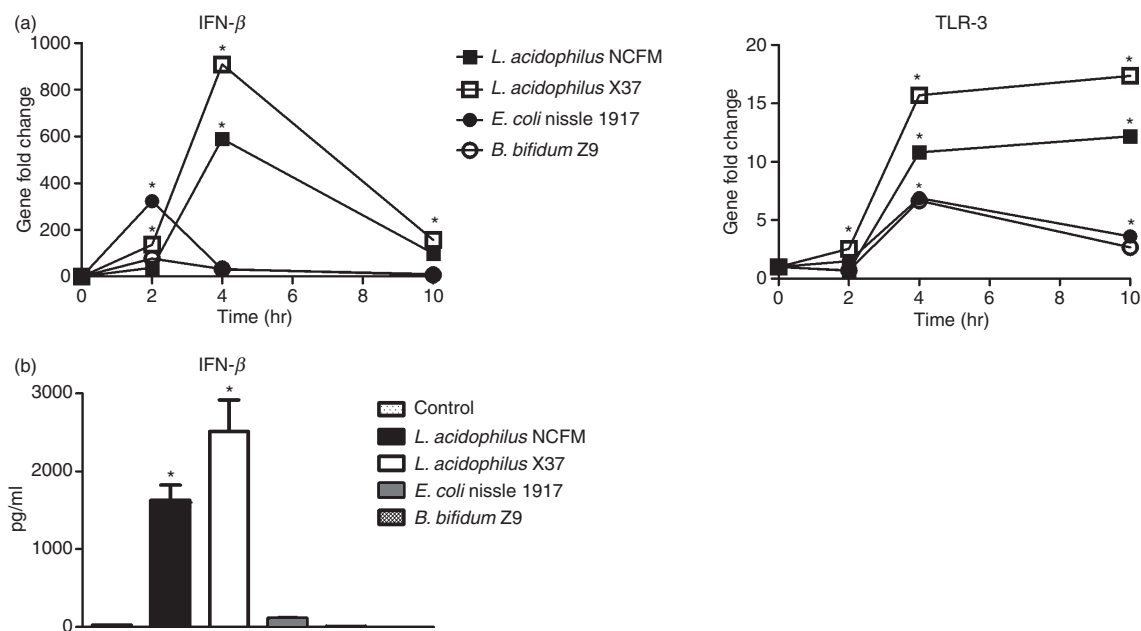
plexes and block the translation pathway at different steps.<sup>35,36</sup> Another strongly induced gene belonging to the classical family of ISGs codes for the well-studied antiviral enzyme dsRNA-dependent protein kinase (EIF2AK2, also termed PKR), which phosphorylates various substrates including the protein synthesis initiation factor eIF2 $\alpha$  and acts by blocking the translation of viral RNA.<sup>37</sup> The 2',5'-oligoadenylate synthetases (OAS), a family of enzymes activated by dsRNA, were likewise strongly induced. These enzymes produce 2',5'-linked oligoadenylates

**Table 2.** Significant up-regulation of interferon-induced genes in murine dendritic cells stimulated with *Lactobacillus acidophilus* NCFM

Gene number	Annotation	4 hr	10 hr	18 hr	Name
NM_126166	TLR3	3.1	4.2	2.6	Toll-like receptor 3
NM_010510	IFNB1	4.1	1.9	1.2	Interferon- $\beta$
NM_021384	RSAD2	5.9	6	6.6	Interferon-induced protein Viperin
NM_020583	ISG20	3.9	5.5	5.4	Interferon-stimulated exonuclease
NM_011163	PKR	2.7	2.2	1.5	dsRNA-activated protein kinase
					<i>P56 family</i>
NM_008331	ISG56	5.8	5.1	5.2	Interferon-stimulated gene 56
NM_008332	ISG54	5.9	5.9	5.4	Interferon-stimulated gene 54
NM_010501	ISG49	5.3	5.7	4.9	Interferon-stimulated gene 49
					<i>OAS family</i>
NM_145209	OASL1	4.1	4.7	4.6	Oligoadenylate synthetase-like 1
NM_011854	OASL2	3.7	3.3	3	Oligoadenylate synthetase-like 2
NM_145227	OAS2	2.2	2.3	1.6	Oligoadenylate synthetase 2
NM_145226	OAS3	2.4	2.6	2.4	Oligoadenylate synthetase 3
NM_011852	OAS1G	1.9	2	1.7	Oligoadenylate synthetase 1G
NM_033541	OAS1C	1.1	1.2	1.2	Oligoadenylate synthetase 1C
					<i>Mx proteins</i>
NM_013606	MX2	3.3	3.1	2.6	Myxovirus resistance 2
NM_010846	MX1	2.7	2.7	1.9	Myxovirus resistance 1
					<i>p200 gene family</i>
NM_001045481	IFI203	3.4	2.9	2.5	Interferon-activated gene 203
NM_008329	IFI204	2.5	3.4	2.7	Interferon-activated gene 204
NM_172648	IFI205	3.1	3.2	3	Interferon-activated gene 205
LOC623121	XM_001477431	4.4	5.1	4.6	Novel interferon- $\beta$ induced gene similar to IFN-inducible protein 203
NM_027320	IFI35	1.9	1.5	0.89	Interferon-induced protein 35
NM_133871	IFI44	3.5	4.8	4.6	Interferon-induced protein 44
					<i>Interferon-induced GTPases</i>
NM_021792	IIGP1	4.7	5.2	4.9	Interferon-inducible GTPase 1
NM_019440	IIGP2	3.1	2.3	1.8	Interferon-inducible GTPase 2
NM_001039160	GVIN1	1.8	1.4	1.3	Interferon-inducible GTPase
					<i>Interferon-induced helicases</i>
NM_172689	DDX58	2.9	2.7	2.3	RNA helicase DDX58
NM_030150	DHX58	3.2	3	2.2	RNA helicase DHX58
NM_027835	IFIH1	3.6	3.5	2.6	Interferon-induced with helicase C domain 1
					<i>Protein ubiquitination</i>
NM_022329	ISG15	1.9	1.7	2	Interferon-stimulated gene 15
XM_001478484	HERC5	3	3.4	3.3	IFN-induced E3 protein ligase
NM_019949	UBE2L6	1.9	2.7	2.1	ISG-15-conjugating enzyme
NM_011909	USP18	3.7	3.6	3.3	Protease specifically removing ISG15
NM_023738	UBE1I	1.6	2.3	2	Ubiquitin-activating enzyme E1-like
NM_019949	UBE2L6	1.9	2.7	2.1	Ubiquitin-conjugating enzyme E2L 6
LOC677168	XR_005074	4.2	4.8	4.8	Novel interferon- $\beta$ induced gene similar to ISG15 ubiquitin-like modifier
NM_028864	Zc3hav1	1.6	1.2	0.76	Antiviral zinc and RNA binding protein
NM_001038587	Adar	1.9	1.7	1.8	Adenosine deaminase (binds dsRNA)
NM_175397	Sp110	1.5	1.1	0.43	Sp110 nuclear body protein (inhibits virus replication)
NM_011636	Plscr1	1.1	0.35	0.2	Phospholipid scramblase 1 (enhances IFN response)
					<i>Interferon regulatory factors (IRF)</i>
NM_016850	IRF7	4.1	4.5	4.2	Interferon regulatory factor 7

activating the latent ribonuclease RNase L, which degrades viral messenger RNA.<sup>38</sup> The myxovirus-resistance (Mx) proteins, IFN-inducible GTPases, were up-regulated in a similar manner. These proteins have a

wide antiviral spectrum against different types of viruses and form complexes with dynamin, which disrupts intracellular transport or interferes with the activity of viral polymerases.<sup>39</sup>



**Figure 3.** *Lactobacillus acidophilus* strains, but not *Bifidobacterium bifidum* and *Escherichia coli*, induce interferon- $\beta$  (IFN- $\beta$ ) expression in dendritic cells (DCs). (a) Bone-marrow-derived DCs were stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml), *L. acidophilus* X37 (10  $\mu$ g/ml), *E. coli* Nissle 1917 (10  $\mu$ g/ml) and *B. bifidum* Z9 (40  $\mu$ g/ml) for 2 hr, 4 hr and 10 hr. RNA was extracted, and the induction of the gene encoding IFN- $\beta$  and toll-like receptor 3 (TLR-3) was determined by reverse transcription–polymerase chain reaction analysis. The messenger RNA levels were normalized to the relative expression of  $\beta$ -actin. (b) Bone-marrow-derived DCs were stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml), *L. acidophilus* X37 (10  $\mu$ g/ml), *E. coli* Nissle 1917 (10  $\mu$ g/ml) and *B. bifidum* Z9 (40  $\mu$ g/ml) for 24 hr. The supernatant was harvested and protein concentrations were measured by enzyme-linked immunosorbent assay. The error bars depict the mean value  $\pm$  standard deviation of three individual measurements from one experiment. The data represent one of at least three independent experiments, \* $P < 0.05$  versus non-stimulated DC.

### Induction of anti-viral mechanisms in dendritic cells is confined to certain probiotic strains

To elucidate whether the induction of the antiviral response is unique for *L. acidophilus* NCFM, universal for *L. acidophilus* strains, or a common property of probiotics, we further stimulated DCs with another *L. acidophilus* (X37), a *B. bifidum* strain (Z9), and the Gram-negative probiotic *E. coli* Nissle 1917. Gene expression analysis by reverse transcription–polymerase chain reaction (RT-PCR) revealed that *L. acidophilus* X37 was similarly able to trigger expression of the genes encoding IFN- $\beta$  and TLR-3 (Fig. 3a). In contrast, neither *B. bifidum* Z9 nor *E. coli* Nissle 1917 gave rise to a strong up-regulation. Both strains resulted in a small peak of *Ifn- $\beta$*  expression after 2 hr of stimulation, followed by a rapid decrease to almost background level and a lower and less sustained up-regulation of *Tlr-3* transcription compared with the *L. acidophilus* strains. The rapid but low up-regulation of *Ifn- $\beta$*  transcription upon stimulation with *B. bifidum* Z9 and *E. coli* Nissle 1917 corresponded to the peak observed upon stimulation with Poly I:C. However, stimulation with Poly I:C showed a re-emerging rise in the transcription after 10 hr. The results obtained for *Ifn- $\beta$*  were verified on a protein level by ELISA (Fig. 3b). The highest production of IFN- $\beta$  was measured

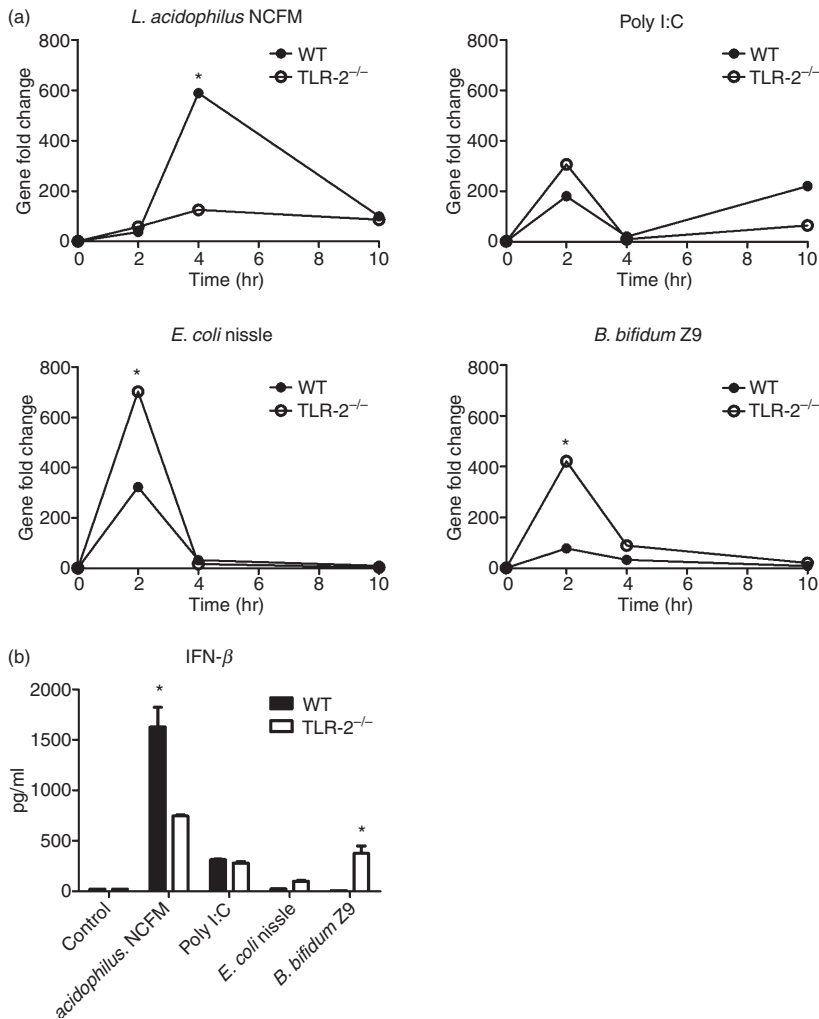
upon stimulation of DCs with *L. acidophilus* X37, which induced 18 times more IFN- $\beta$  compared with *E. coli* Nissle 1917. *Lactobacillus acidophilus* NCFM induced more than 14 times the production of IFN- $\beta$  compared with *E. coli* Nissle 1917, whereas DCs stimulated with *B. bifidum* Z9 did not produce detectable levels of IFN- $\beta$ .

### Induction of IFN- $\beta$ and TLR-3 is dependent on TLR-2

The bacterial strains investigated in this study, capable of inducing strong *Ifn- $\beta$*  and *Tlr-3* expression levels, were also the strains that gave rise to a high IL-12 production. As we have previously found that the IL-12 production is to a great extent dependent on TLR-2 stimulation,<sup>26</sup> we hypothesized that TLR-2 might likewise be involved in the stimulation of DCs with *L. acidophilus*, leading to the transcription of *Ifn- $\beta$*  and *Tlr-3* (along with other virus-related genes).

To investigate whether TLR-2 is required for the induction of IFN- $\beta$ , we generated bone-marrow-derived DCs from WT and TLR-2<sup>-/-</sup> mice. The expression of the gene encoding IFN- $\beta$  was determined in DCs upon stimulation with *L. acidophilus* NCFM, Poly I:C, *E. coli* Nissle 1917, and *B. bifidum* Z9 after 2, 4 and 10 hr. As depicted in Fig. 4(a), the lack of TLR-2 resulted in a dramatic





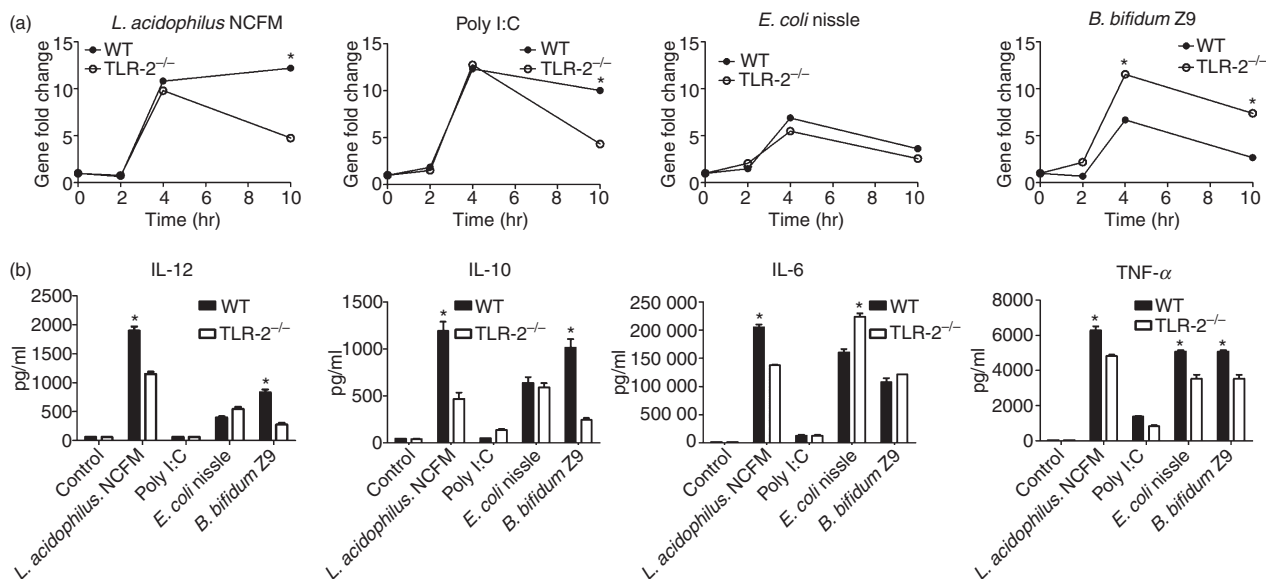
**Figure 4.** Interferon- $\beta$  (IFN- $\beta$ ) stimulating activity of *Lactobacillus acidophilus* NCFM is dependent on toll-like receptor 2 (TLR-2). (a) Bone-marrow-derived dendritic cells (DCs) from both wild-type (WT) and TLR-2<sup>-/-</sup> mice were stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml), Poly I:C (10  $\mu$ g/ml), *Escherichia coli* Nissle 1917 (10  $\mu$ g/ml), and *Bifidobacterium bifidum* Z9 (40  $\mu$ g/ml) for 2 hr, 4 hr and 10 hr. RNA was extracted, and the induction of the gene coding for IFN- $\beta$  was determined by reverse transcription-polymerase chain reaction analysis. The messenger RNA levels were normalized to the relative expression of  $\beta$ -actin. (b) Bone-marrow-derived DCs from both WT and TLR-2<sup>-/-</sup> were stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml), Poly I:C (10  $\mu$ g/ml), *E. coli* Nissle 1917 (10  $\mu$ g/ml), and *B. bifidum* Z9 (40  $\mu$ g/ml) for 24 hr. The supernatant was harvested and protein concentrations of IFN- $\beta$  were measured by ELISA. The error bars depict the mean value  $\pm$  standard deviation of three individual measurements from one experiment. The data represent one of at least two independent experiments. \* $P < 0.05$  values (WT versus TLR-2<sup>-/-</sup>) are indicated.

decrease in the *Ifn- $\beta$*  expression peak after 4 hr induced by *L. acidophilus* NCFM. The *Ifn- $\beta$*  expression profile was only moderately affected upon Poly I:C stimulation, with a slight increase in *Ifn- $\beta$*  expression after 2 hr and a decrease after 10 hr. In contrast, when the DCs were stimulated with either *B. bifidum* Z9 or *E. coli* Nissle 1917, the weak expression peaks observed after 2 hr in WT DCs were markedly increased in TLR-2<sup>-/-</sup> cells. As a consequence, whereas the absence of TLR-2 was central for the IFN- $\beta$  production upon stimulation with *L. acidophilus* NCFM, TLR-2 seemingly exhibited the opposite role upon stimulation with *E. coli* Nissle 1917 and *B. bifidum* Z9, as the *Ifn- $\beta$*  induction was higher in TLR-2<sup>-/-</sup> DCs. Our gene expression results were confirmed by the presence of IFN- $\beta$  in culture supernatants measured by ELISA after 24 hr of stimulation (Fig. 4b).

Figure 5(a) illustrates the expression of *Tlr-3* upon stimulation of WT DCs and TLR-2<sup>-/-</sup> DCs with *L. acidophilus* NCFM, Poly I:C, *E. coli* Nissle 1917 and *B. bifidum* Z9 for 2, 4 and 10 hr. In the case of *L. acidophilus* NCFM and Poly I:C, the expression of *Tlr-3* was not affected by the absence of TLR-2 after 2 and 4 hr. How-

ever, after 10 hr *Tlr-3* was significantly reduced in TLR-2<sup>-/-</sup> DCs compared with WT DCs. In TLR-2<sup>-/-</sup> DCs stimulated with *E. coli* Nissle 1917, the expression of *Tlr-3* was, in contrast to WT DC, only slightly lower (one-fold after 2, 4 and 10 hr). Upon incubation of DC with *B. bifidum* Z9, the up-regulation of *Tlr-3* was increased in TLR-2<sup>-/-</sup> DCs compared with WT DCs at all time-points.

To further investigate the dependency of IL-12 on IFN- $\beta$ , and hence indirectly on TLR-2, we measured the protein production of IL-12 and three other cytokines (IL-10, IL-6 and TNF- $\alpha$ ) in WT and TLR-2<sup>-/-</sup> DCs upon stimulation with *L. acidophilus* NCFM, Poly I:C, *B. bifidum* Z9, and *E. coli* Nissle 1917 in the supernatants by ELISA after 24 hr of stimulation (Fig. 5b). The protein concentration of IL-12 corresponded largely to the concentration of IFN- $\beta$  measured. Both the production of IL-12 and IL-10 was significantly reduced in TLR-2<sup>-/-</sup> DCs stimulated with *L. acidophilus* NCFM and *B. bifidum* Z9 compared with WT DCs. For all four stimulation regimes, the TNF- $\alpha$  protein concentration was slightly reduced in the supernatants of TLR-2<sup>-/-</sup> DCs, whereas IL-6 concentration was increased upon *E. coli* Nissle 1917



**Figure 5.** The toll-like receptor-3 (TLR-3) stimulating activity of *Lactobacillus acidophilus* NCFM is dependent on TLR-2. (a) Bone-marrow-derived dendritic cells (DCs) from both wild-type (WT) and TLR-2<sup>-/-</sup> were stimulated with *L. acidophilus* NCFM (10  $\mu$ g/ml), Poly I:C (10  $\mu$ g/ml), *Escherichia coli* Nissle 1917 (10  $\mu$ g/ml), and *Bifidobacterium bifidum* Z9 (40  $\mu$ g/ml) for 2 hr, 4 hr and 10 hr. RNA was extracted, and the induction of the gene coding for TLR-3 was determined by reverse transcription-polymerase chain reaction. The messenger RNA levels were normalized to the relative expression of  $\beta$ -actin. \* $P < 0.05$  values (WT versus TLR-2<sup>-/-</sup>) are indicated. (b) Cytokine concentration [interleukin-12 (IL-12), IL-10, IL-6 and tumour necrosis factor- $\alpha$  (TNF- $\alpha$ )] measured in supernatants from DCs stimulated for 24 hr with *L. acidophilus* NCFM (10  $\mu$ g/ml), Poly I:C (10  $\mu$ g/ml), *E. coli* Nissle (10  $\mu$ g/ml) and *B. bifidum* Z9 (40  $\mu$ g/ml), respectively, as indicated. The data represent one of at least two independent experiments.

stimulation and decreased upon *L. acidophilus* NCFM stimulation.

Taken together, these results show that TLR-2 plays an important role in the strong induction of IFN- $\beta$  in DCs upon stimulation with *L. acidophilus* NCFM. This observation is also reflected in the expression of the genes encoding IL-12 and TLR-3. In contrast, the same genes were largely unaffected when DCs were stimulated with Poly I:C. In case of *E. coli* Nissle 1917 and *B. bifidum* Z9, TLR-2 seems to hold a suppressive role.

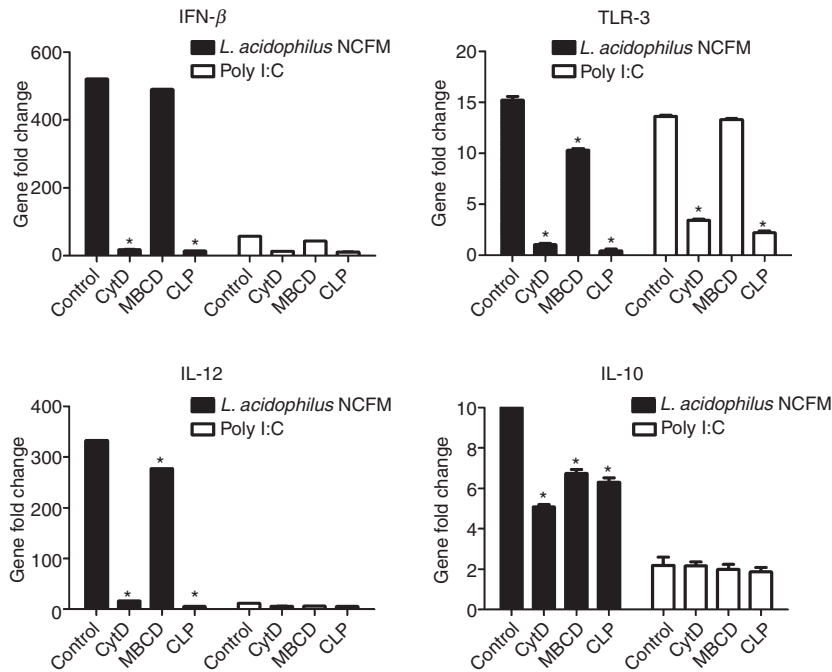
#### The clathrin-mediated endocytic pathway is required for the induction of IFN- $\beta$ and TLR-3 upon stimulation with *L. acidophilus*

Poly I:C-stimulated IFN- $\beta$  induction in DC has recently been shown to depend on clathrin-mediated endocytosis.<sup>27</sup> We have observed in previous studies that a prerequisite for a strong IL-12 response upon stimulation with *L. acidophilus* is that the bacterium is intact.<sup>26</sup> As a consequence, we speculated that the IFN- $\beta$  and strong IL-12-inducing mechanism could involve phagocytosis- or endocytosis-triggering events. Accordingly, we used pharmacological inhibitors to investigate whether bacterial uptake of *L. acidophilus* NCFM is required for the induction of IFN- $\beta$ , and, in turn, IL-12 and TLR-3. The effect of cytochalasin D (phagocytosis inhibitor), methyl- $\beta$ -cyclodextrin (calveolae-mediated endocytosis inhibitor)

and chlorpromazine (clathrin-mediated endocytosis inhibitor) on the stimulation profile of DCs after incubation with either *L. acidophilus* NCFM or Poly I:C was investigated (Fig. 6). Upon stimulation with *L. acidophilus* NCFM, the expression of the genes encoding IFN- $\beta$ , TLR-3 and IL-12 was significantly inhibited when the DCs were pre-treated with cytochalasin D and chlorpromazine. This inhibition was absent when the DCs were pre-treated with methyl- $\beta$ -cyclodextrin. The pharmacological inhibitors did not have the same impact on the expression of the gene encoding IL-10, as only a slight reduction was observed. We obtained similar results when DCs were stimulated with Poly I:C. Pre-treatment with cytochalasin D and chlorpromazine of DCs had a significant inhibitory effect on the expression of the genes coding for IFN- $\beta$  and TLR-3, whereas pre-treatment with methyl- $\beta$ -cyclodextrin did not have an impact. Our results indicate that the clathrin-mediated endocytic pathway participates in uptake of *L. acidophilus* NCFM as an important step in the stimulation of the transcription of IFN- $\beta$  and TLR-3 and, in turn, IL-12.

#### Induction of IL-12 and TLR-3 by *L. acidophilus* NCFM is dependent on IFN- $\beta$

Despite the vast difference in the *Ifn*- $\beta$  expression profiles of DCs stimulated with *L. acidophilus* NCFM and Poly I:C, the *Tlr*-3 expression profiles obtained were highly



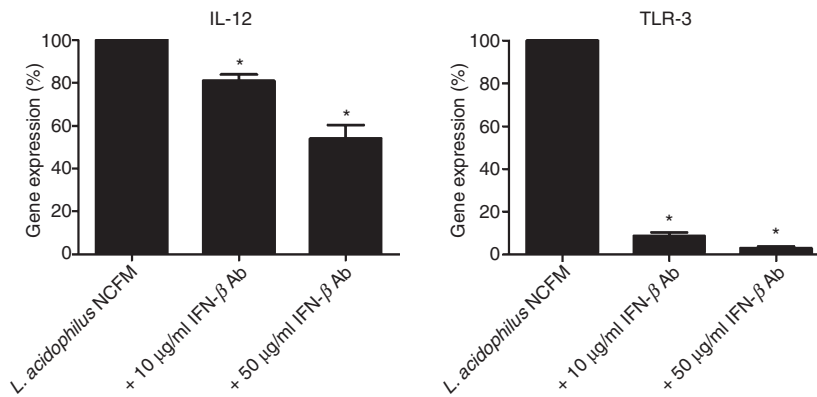
**Figure 6.** A clathrin-dependent endocytic pathway participates in *Lactobacillus acidophilus* NCFM-induced interferon- $\beta$  (IFN- $\beta$ ) production. Bone-marrow-derived dendritic cells (DCs) were pre-treated with cytochalasin D (CytD, 0.5  $\mu\text{g/ml}$ ), chlorpromazine (CLP, 25  $\mu\text{g/ml}$ ), methyl- $\beta$ -cyclodextrin (MBCD, 1 mM) or medium alone for 1 hr. Subsequently, the cells were stimulated with *L. acidophilus* NCFM (10  $\mu\text{g/ml}$ ) and Poly I:C, (10  $\mu\text{g/ml}$ ) for 3 hrs, RNA was extracted, and the induction of the gene coding for IFN- $\beta$ , toll-like receptor-3 (TLR-3), interleukin-12 (IL-12) and IL-10 was determined by reverse transcription-polymerase chain reaction analysis. The messenger RNA levels were normalized to the relative expression of  $\beta$ -actin, \* $P < 0.05$  values (control versus inhibitors). The data represent one of at least four independent experiments.

similar (Fig. 1b). We therefore speculated that the *Tlr-3* expression was caused by distinct mechanisms, i.e. that *L. acidophilus* NCFM *Tlr-3* expression was induced through the action of IFN- $\beta$  and that the Poly I:C-induced *Tlr-3* expression was the result of another mechanism induced by direct binding of Poly I:C to TLR-3. To investigate the role of IFN- $\beta$  in expressing *Tlr-3*, we added polyclonal anti-IFN- $\beta$  antibodies to the cell cultures simultaneously with *L. acidophilus* NCFM, and measured the expression profiles of *Tlr-3* and *Il-12* (Fig. 7). The expression of *Tlr-3* was almost completely inhibited upon addition of 10  $\mu\text{g/ml}$  and 50  $\mu\text{g/ml}$  poly-

clonal anti-IFN- $\beta$  antibodies. By contrast, the expression of *Il-12* was down-regulated by 20% and 46%, respectively. These results were confirmed by ELISA in the supernatant harvested after 24 hr (data not shown).

### Discussion

In this study we have shown that the probiotic bacterium *L. acidophilus* possesses the capability to induce a viral defence phenotype in bone-marrow-derived murine DCs. Such properties have been demonstrated earlier using pathogenic bacteria,<sup>18,40</sup> but to our knowledge this has



**Figure 7.** Induction of *Il-12* and *Tlr-3* in *Lactobacillus acidophilus*-stimulated dendritic cells (DCs) is dependent on interferon- $\beta$  (IFN- $\beta$ ). Simultaneously with addition of *L. acidophilus* NCFM (10  $\mu\text{g/ml}$ ) to DCs, polyclonal IFN- $\beta$  antibody was added in various concentrations (0  $\mu\text{g/ml}$ , 10  $\mu\text{g/ml}$  and 50  $\mu\text{g/ml}$ ). Cells were harvested after 10 hr, RNA was extracted and the gene expression of *Il-12* and *Tlr-3* was analysed by reverse transcription-polymerase chain reaction. The messenger RNA levels were normalized to the relative expression of  $\beta$ -actin, \* $P < 0.05$  values (control versus *L. acidophilus* NCFM + IFN- $\beta$  Ab). The data represent one of at least two independent experiments.

not been demonstrated for bacteria regarded as non-pathogenic or even beneficial for the immune system. The induction of viral defence mechanisms may explain the ability of some probiotic bacteria to stimulate the immune system as demonstrated in a number of clinical trials, including their ability to protect against viral infection.<sup>4-6</sup>

The up-regulation of viral response genes seems to a great extent to be caused by a rapid and strong transient up-regulation of *Ifn-β*, which in turn stimulates transcription of a high number of other genes involved in viral defence. This was demonstrated in our microarray-based kinetics study, as the gene encoding IFN-β appeared to belong to a minor group of genes with a rapid transient profile. By this approach we showed that virtually all genes related to viral defence were among the most up-regulated genes and that a high number of these genes are known to be directly regulated through the action of type I IFNs.<sup>13,15</sup> Strikingly, only the whole bacteria and not the TLR-2 ligands were able to induce detectable amounts of IFN-β and IL-12. This corresponds to our earlier findings<sup>26</sup> that only intact bacteria are able to induce appreciable amounts of IL-12.

The up-regulation of *Ifn-β* in DCs was much stronger upon stimulation with *L. acidophilus* NCFM compared with cells stimulated with Poly I:C, *E. coli* Nissle 1917 and *B. bifidum* Z9. The up-regulation of *Ifn-β* correlated with an increased expression of *Tlr-3* as well as *Il-12*, supporting the connection between IFN-β and IL-12 that was found by others.<sup>25</sup> In contrast, the up-regulation of *Tlr-3* was similar after stimulation of DCs with *L. acidophilus* NCFM and Poly I:C. This indicates that up-regulation of *Tlr-3* does not exclusively depend on IFN-β, but may be affected by other mechanisms induced by virus recognition. Poly I:C has recently been shown to up-regulate IFN-β in a TLR-3-dependent manner in HEK293 cells and DCs,<sup>41</sup> hence there is evidence that ligand binding to TLR-3 induces IFN-β and, conversely, that IFN-β is able to induce *Tlr-3* expression. This may explain our observation that *Tlr-3* is up-regulated to the same extent upon Poly I:C stimulation as upon *L. acidophilus* NCFM stimulation despite the considerable difference in the produced IFN-β. Conversely, the marked difference in IFN-β production by *L. acidophilus* NCFM and Poly I:C, respectively, may reflect two different mechanisms of induction which are likely to involve different receptors.

Not all probiotic bacteria were able to induce an up-regulation of *Ifn-β* and *Tlr-3* in DCs, as demonstrated here with *B. bifidum* Z9, whereas another *Lactobacillus* strain, *L. acidophilus* X37, induced an IFN-β and TLR-3 response in a similar manner to *L. acidophilus* NCFM. The Gram-negative *E. coli* Nissle 1917, also considered probiotic, was not capable of inducing a significant expression of the genes coding for IFN-β or TLR-3. This is in accordance with the lack of capability of these bacte-

ria to induce an extensive IL-12 production in DCs.<sup>26</sup> To which extent other probiotic bacteria are capable of inducing IFN-β and viral defence genes is currently under investigation.

As the IL-12 response was shown to be dependent on TLR-2 in a previous study,<sup>26</sup> we investigated the IFN-β response in DC from TLR-2<sup>-/-</sup> mice and found that TLR-2, as for IL-12 expression, is mandatory for an induction of IFN-β upon *L. acidophilus* NCFM stimulation. In contrast, lack of TLR-2 resulted in an increase of IFN-β upon stimulation with *B. bifidum* Z9 and *E. coli* Nissle 1917, although the IFN-β response was much lower compared with the level induced by *L. acidophilus* NCFM in WT mice. Hence, TLR-2 is not only playing a major role in the strong IL-12 and IFN-β response induced by *L. acidophilus* NCFM, it is simultaneously important for the suppression of the same response upon stimulation of DCs with other bacteria such as *B. bifidum* Z9 and *E. coli* Nissle 1917 investigated in the present study. This dualism in TLR-2's role is not well described, but confirms our previous studies on TLR-2's role for IL-12 induction.<sup>26</sup> Whereas the response to the TLR-2 ligand Pam<sub>3</sub>CSK<sub>4</sub> is generally reported to be weak,<sup>26,42</sup> stimulation with whole bacteria through TLR-2 is reported to give rise to a strong pro-inflammatory response.<sup>22,26</sup> Furthermore, Barbalat *et al.*<sup>14</sup> have demonstrated that virus in contrast to Pam<sub>3</sub>CSK<sub>4</sub> induces type I IFNs in bone-marrow-derived cells and other cells. Hence, as in our data, this points towards the importance of recognition of whole micro-organisms containing TLR-2 ligands for the induction of a strong Th1-promoting response in contrast to the effect of stimulation with TLR-2 ligands. The fact that certain Gram-negative bacteria are equally capable of inducing IFN-β<sup>15</sup> further indicates that either other mechanisms involving other TLRs give rise to the same response or that TLR-2 is involved as well. A common mechanism involving distinct TLRs might be required for cellular uptake of the whole bacterium. Our results and the study by Barbalat *et al.*<sup>14</sup> may point towards an IFN-β-inducing mechanism that is common to virus and certain bacteria.

In human DCs, IFN-β was found to be induced through a clathrin-dependent endocytotic mechanism.<sup>27</sup> We also found that the induction of *Ifn-β* was dependent on phagocytosis, possibly through a clathrin-mediated mechanism, as addition of both the actin inhibitor cytochalasin and the clathrin inhibitor chlorpromazine abolished the induction of the gene coding for IFN-β in DC stimulated with *L. acidophilus* NCFM. We have previously shown that UV-killed, but intact, bacteria, in particular *L. acidophilus*, induce a response corresponding to live bacteria, which leads to much stronger IL-12 and TNF-α production compared with fragments or isolated cell walls of the bacteria.<sup>26</sup> Taken together, this indicates that active uptake of the bacteria by endocytosis is important for the

IFN- $\beta$  induction. As TLR-2 was shown to be involved, our study suggests that TLR-2 plays an active role in the endocytosis-dependent IFN- $\beta$  up-regulation, a phenomenon that to our knowledge has not been described before. However, whether there is a connection between the dependency of TLR-2 and endocytosis cannot be firmly established from the presented results. Maturation of DCs is generally considered to abolish endocytosis in these cells, but a number of studies reports that some degree of maturation may take place in DCs without abolishment of endocytosis. Weck *et al.*<sup>42</sup> found that, in contrast to activation through TLR-3 and TLR-4, activation through TLR-2 with the synthetic TLR-2 agonist Pam<sub>3</sub>CSK<sub>4</sub> did not abolish endocytosis. However, in contrast to Pam<sub>3</sub>CSK<sub>4</sub>, ligands like peptidoglycan and lipopeptides present in close proximity and in high numbers in an intact micro-organism may stimulate several TLRs – or other receptors – simultaneously and hence work through a distinct mechanism. Such receptor collaboration is well established for TLR-2 together with TLR-1 or TLR-6.<sup>43</sup> Moreover, *P. aeruginosa* was shown to induce a strong pro-inflammatory response by a TLR-2 and mannose-receptor-dependent mechanism.<sup>24</sup> The mannose receptor and TLR-2 form complexes on the cell surface during early phagocytosis and are found co-localized in endosomes for up to 1 hr after addition of the bacteria to the cells. From the present data, we cannot obtain further information about which receptors other than TLR-2 are important for the induction of IFN- $\beta$ . Hence, we can neither exclude that TLR-3 or other TLRs play a role, nor that carbohydrate receptors, such as dectin-1 or scavenger receptors, are involved in the IFN- $\beta$  induction. We did not investigate the involvement of the mannose receptor in the present study but it is conceivable that the mannose receptor, or another receptor, collaborates with TLR-2 in the activation of a pro-inflammatory response.

Charrel-Dennis *et al.*<sup>18</sup> found that only live bacteria (streptococci) stimulated a strong induction of IFN- $\beta$ ; however, they compared with heat-killed bacteria while we stimulated with UV-killed bacteria. This indicates that some protein-containing or heat-vulnerable compound may be involved. Our previous studies showed that lipoteichoic acid, a major immunostimulatory component of Gram-positive bacteria, but not Pam<sub>2</sub>CSK<sub>4</sub> or Pam<sub>3</sub>CSK<sub>4</sub> was involved in the TLR-2-dependent stimulation of IL-12 production in DCs.<sup>26</sup> Hence, other proteins or molecules important for the intact bacterium may be a prerequisite for triggering an appropriate immune response, perhaps in collaboration with a TLR-2 ligand. Salazar *et al.*<sup>22</sup> stimulated monocytes with *Borrelia burgdorferi*, which responded through both a TLR-2-dependent and TLR-2-independent pathway, but only the TLR-2-independent response lead to an induction of IFN- $\beta$ . This is in contrast to our finding, as we observed a dramatic effect in TLR-2<sup>-/-</sup> DCs. Consequently, different micro-

organisms may stimulate antigen-presenting cells by distinct mechanisms giving rise to various cellular phenotypes or the specific cell may play an important role for the type of response to a given stimulus.

Taken together, these results add to the picture of TLR-2 as an important receptor for both pro-inflammatory and regulatory responses in antigen-presenting cells. Our study reveals that *L. acidophilus* is capable of stimulating a pro-inflammatory and antiviral response by a TLR-2-dependent mechanism, which suggests that TLR-2 acts a receptor, playing a central role in endocytosis-dependent stimulation of a pro-inflammatory response in DCs.

## Acknowledgements

This study was supported by the Danish Strategic Research Council under the programme Food and Health. The skilled technical support of Marianne K. Pedersen, Anni Mehlsen and Pia Friis was highly appreciated.

## Disclosures

The Authors declare that there is no conflict of interest.

## References

- Fuller R. Probiotics in human medicine. *Gut* 1991; **32**:439–42.
- Gill HS, Guarner F. Probiotics and human health: a clinical perspective. *Postgrad Med J* 2004; **80**:516–26.
- Parvez S, Malik KA, Kang SA, Kim HY. Probiotics and their fermented food products are beneficial for health. *J Appl Microbiol* 2006; **100**:1171–85.
- Hatakka K, Savilahti E, Ponka A *et al.* Effect of long term consumption of probiotic milk on infections in children attending day care centres: double blind, randomised trial. *BMJ* 2001; **322**:1327.
- Rautava S, Salminen S, Isolauri E. Specific probiotics in reducing the risk of acute infections in infancy – a randomised, double-blind, placebo-controlled study. *Br J Nutr* 2009; **101**:1722–6.
- Leyer GJ, Li SG, Mubasher ME, Reifer C, Ouwehand AC. Probiotic effects on cold and influenza-like symptom incidence and duration in children. *Pediatrics* 2009; **124**:E172–9.
- Akira S, Takeda K. Toll-like receptor signalling. *Nat Rev Immunol* 2004; **4**:499–511.
- Banchereau J, Steinman RM. Dendritic cells and the control of immunity. *Nature* 1998; **392**:245–52.
- Christensen HR, Frokiaer H, Pestka JJ. Lactobacilli differentially modulate expression of cytokines and maturation surface markers in murine dendritic cells. *J Immunol* 2002; **168**:171–8.
- Zeuthen LH, Christensen HR, Frokiaer H. Lactic acid bacteria inducing a weak interleukin-12 and tumor necrosis factor alpha response in human dendritic cells inhibit strongly stimulating lactic acid bacteria but act synergistically with gram-negative bacteria. *Clin Vaccine Immunol* 2006; **13**:365–75.
- Iwasaki A, Medzhitov R. Toll-like receptor control of the adaptive immune responses. *Nat Immunol* 2004; **5**:987–95.
- Alexopoulou L, Holt AC, Medzhitov R, Flavell RA. Recognition of double-stranded RNA and activation of NF-kappa B by Toll-like receptor 3. *Nature* 2001; **413**:732–8.
- Stetson DB, Medzhitov R. Type I interferons in host defense. *Immunity* 2006; **25**:373–81.
- Barbalat R, Lau L, Locksley RM, Barton GM. Toll-like receptor 2 on inflammatory monocytes induces type I interferon in response to viral but not bacterial ligands. *Nat Immunol* 2009; **10**:1200–7.
- Katze MG, He YP, Gale M. Viruses and interferon: a fight for supremacy. *Nat Rev Immunol* 2002; **2**:675–87.
- Bogdan C, Mattner J, Schleicher U. The role of type I interferons in non-viral infections. *Immunol Rev* 2004; **202**:33–48.



- 17 Gratz N, Siller M, Schaljo B *et al.* Group A streptococcus activates type I interferon production and MyD88-dependent signaling without involvement of TLR2, TLR4, and TLR9. *J Biol Chem* 2008; **283**:19879–87.
- 18 Charrel-Dennis M, Latz E, Halmen KA *et al.* TLR-independent type I interferon induction in response to an extracellular bacterial pathogen via intracellular recognition of its DNA. *Cell Host Microbe* 2008; **4**:543–54.
- 19 Mancuso G, Midiri A, Biondo C *et al.* Type I IFN signaling is crucial for host resistance against different species of pathogenic bacteria. *J Immunol* 2007; **178**:3126–33.
- 20 Stockinger S, Kastner R, Kernbauer E *et al.* Characterization of the interferon-producing cell in mice infected with *Listeria monocytogenes*. *PLoS Pathog* 2009; **5**:e1000355.
- 21 O'Connell RM, Vaidya SA, Perry AK, Saha SK, Dempsey PW, Cheng GH. Immune activation of type IIFNs by *Listeria monocytogenes* occurs independently of TLR4, TLR2, and receptor interacting protein 2 but involves TNFR-associated NF-kappa B kinase-binding kinase 1. *J Immunol* 2005; **174**:1602–7.
- 22 Salazar JC, Duhnam-Ems S, La Vake C *et al.* Activation of human monocytes by live *Borrelia burgdorferi* generates TLR2-dependent and -independent responses which include induction of IFN- $\beta$ . *PLoS Pathog* 2009; **5**:e1000444.
- 23 Kawai T, Akira S. *Toll-like Receptor and RIG-1-like Receptor Signaling*. Oxford: Blackwell Publishing, 2008.
- 24 Xaplanteri P, Lagoumintzis G, Dimitracopoulos G, Paliogianni F. Synergistic regulation of *Pseudomonas aeruginosa*-induced cytokine production in human monocytes by mannose receptor and TLR2. *Eur J Immunol* 2009; **39**:730–40.
- 25 Gautier G, Humbert M, Deauvieu F *et al.* A type I interferon autocrine–paracrine loop is involved in Toll-like receptor-induced interleukin-12p70 secretion by dendritic cells. *J Exp Med* 2005; **201**:1435–46.
- 26 Zeuthen LH, Fink LN, Frokiaer H. Toll-like receptor 2 and nucleotide-binding oligomerization domain-2 play divergent roles in the recognition of gut-derived lactobacilli and bifidobacteria in dendritic cells. *Immunology* 2008; **124**:489–502.
- 27 Itoh K, Watanabe A, Funami K, Seya T, Matsumoto M. The clathrin-mediated endocytic pathway participates in dsRNA-induced IFN- $\beta$  production. *J Immunol* 2008; **181**:5522–9.
- 28 Gentleman RC, Carey VJ, Bates DM *et al.* Bioconductor: open software development for computational biology and bioinformatics. *Genome Biol* 2004; **5**:R80.
- 29 Irizarry RA, Bolstad BM, Collin F, Cope LM, Hobbs B, Speed TP. Summaries of affymetrix GeneChip probe level data. *Nucleic Acids Res* 2003; **31**:e15.
- 30 Workman C, Jensen L, Jarmer H *et al.* A new non-linear normalization method for reducing variability in DNA microarray experiments. *Genome Biol* 2002; **3**:research0048.
- 31 Bult CJ, Eppig JT, Kadin JA, Richardson JE, Blake JA. The Mouse Genome Database (MGD): mouse biology and model systems. *Nucleic Acids Res* 2008; **36**:D724–8.
- 32 Pfaffl MW. A new mathematical model for relative quantification in real-time RT-PCR. *Nucleic Acids Res* 2001; **29**:e45.
- 33 Edgar R, Domrachev M, Lash AE. Gene Expression Omnibus: NCBI gene expression and hybridization array data repository. *Nucleic Acids Res* 2002; **30**:207–10.
- 34 Suh HS, Zhao ML, Rivieccio M *et al.* Astrocyte indoleamine 2,3-dioxygenase is induced by the TLR3 ligand Poly(I:C): mechanism of induction and role in antiviral response. *J Virol* 2007; **81**:9838–50.
- 35 Fensterl V, White CL, Yamashita M, Sen GC. Novel characteristics of the function and induction of murine p56 family proteins. *J Virol* 2008; **82**:11045–53.
- 36 Sen GC, Lu L, Fensterl V *et al.* Induction, functions and viral evasion of the ISG56 family of genes. *Cytokine* 2008; **43**:234.
- 37 Lu JF, O'Hara EB, Trieselmann BA, Romano PR, Dever TE. The interferon-induced double-stranded RNA-activated protein kinase PKR will phosphorylate serine, threonine, or tyrosine at residue 51 in eukaryotic initiation factor 2 alpha. *J Biol Chem* 1999; **274**:32198–203.
- 38 Zhou AM, Hassel BA, Silverman RH. Expression cloning of 2-5A-dependent RNase – a uniquely regulated mediator of interferon action. *Cell* 1993; **72**:753–65.
- 39 Stranden AM, Staeheli P, Pavlovic J. Function of the mouse Mx1 protein is inhibited by overexpression of the Pb2 protein of influenza-virus. *Virology* 1993; **197**:642–51.
- 40 Sing A, Merlin T, Knopf HP *et al.* Bacterial induction of beta interferon in mice is a function of the lipopolysaccharide component. *Infect Immun* 2000; **68**:1600–7.
- 41 Trumpfheller C, Caskey M, Nchinda G *et al.* The microbial mimic poly IC induces durable and protective CD4<sup>+</sup> T cell immunity together with a dendritic cell targeted vaccine. *Proc Natl Acad Sci USA* 2008; **105**:2574–9.
- 42 Weck MM, Grunebach F, Werth D, Sinzger C, Bringmann A, Brossart P. TLR ligands differentially affect uptake and presentation of cellular antigens. *Blood* 2007; **109**:3890–4.
- 43 Warshakoon HJ, Hood JD, Kimbrell MR *et al.* Potential adjuvant properties of innate immune stimuli. *Hum Vaccin* 2009; **5**:381–94.