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Adiponectin Modulates C-Jun N-Terminal Kinase and Mammalian Target of Rapamycin and inhibits hepatocellular carcinoma

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Abstract

Background & Aims—Epidemiological studies have shown that obesity is a risk factor for hepatocellular carcinoma (HCC). Lower adiponectin levels are associated with poor prognosis in obese HCC patients hence it is plausible that adiponectin acts as a negative regulator of HCC. Here, we investigated the effects of adiponectin on HCC development and elucidated the underlying molecular mechanisms.

Methods—We utilized various *in vitro* assays using Huh7 and HepG2 HCC cells to examine the signal transduction pathways involved in protective function of adiponectin in HCC. These studies were followed by *in vivo* approaches using HCC xenografts and tumor analysis. Results from *in vitro* and *in vivo* findings were corroborated using human HCC tissue micro-array (TMA) and analysis of clinicopathological characteristics.

Results—Adiponectin treatment resulted in increased apoptosis of HCC cells via activation of caspase-3. Adiponectin increased phosphorylation of c-Jun-N-terminal kinase (JNK) and inhibition of JNK-phosphorylation inhibited adiponectin-induced apoptosis and caspase-3 activation. Adiponectin increased phosphorylation of AMP-activated protein kinase (AMPK) and tumor suppressor TSC2 and inhibited mammalian target of rapamycin (mTOR) phosphorylation. Inhibition of AMPK phosphorylation not only inhibited adiponectin-induced JNK phosphorylation but also effectively blocked biological effects of adiponectin. *In vivo* study showed that adiponectin treatment substantially reduced liver tumorigenesis in nude mice. Importantly, analysis of adiponectin expression levels in TMA of human HCC patients revealed an inverse correlation of adiponectin expression with tumor size.

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Conclusions—These novel findings show protective role of adiponectin in liver tumorigenesis and could help explain poor prognosis of obese HCC patients who typically have low adiponectin levels.

Keywords

Hepatocellular carcinoma; Adiponectin; TSC2; mTOR

Introduction

Obesity is an important risk factor for numerous health problems including carcinogenesis¹ and its biological effects are mediated through adipocytokines². Adiponectin is an adipocytokine^{3–6} whose expression is reduced in obese/diabetic murine model *db/db* mice⁷. Plasma adiponectin levels have also been reported to be significantly reduced in obese humans⁸ and in various disease states⁹. Adiponectin reduces tissue triglyceride content, upregulates insulin signaling¹⁰ and has direct antiatherosclerotic effects¹¹. More recently, low levels of plasma adiponectin have been associated with many common forms of cancer². Adiponectin receptors exist in two isoforms, AdipoR1 and AdipoR2; AdipoR2 has 67% homology (amino acids) with AdipoR1¹². AdipoR2 is expressed most abundantly in liver¹³. These receptors mediate cellular functions of adiponectin via activation of various intracellular signaling pathways¹⁴. Several signaling molecules and pathways, such as 5'-AMP-activated protein kinase (AMPK), nuclear factor (NF)- κ B, peroxisome proliferators-activated receptor (PPAR)- α , and p38 mitogen-activated protein (MAP) kinase, are known to mediate adiponectin induced signaling^{15–17}.

Large population prevalence studies have shown that HCC is clearly associated with obesity¹⁸. A recent US study reported a great impact of obesity on HCC even after multivariate analysis. This study included 404,576 men and 495,477 women aged 30 years with a BMI of 18.5 kg/m² at enrollment who were observed for 16 years. Stratification of overall and site-specific cancer-related deaths according to BMI showed that HCC was 1.68 times higher among women with high BMI and was 4.52 times higher for men with high BMI. Most notably, among the male group, HCC had the highest relative-risk increase as a consequence of obesity compared to all the cancers studied including prostate, kidney, gallbladder, colon, rectum, esophagus, stomach and pancreas¹⁹. At present a biological explanation for risk associated between obesity and HCC is not known. Therefore, the effects of obesity on human HCC represent a critical intersection between these two important health problems. Considering the fundamental role of adipocytokines in cancer progression, the growth regulation of HCC cells by adiponectin might effect their malignant progression. Therefore, in the present study, we investigated the effects of adiponectin on apoptosis and proliferation of HCC. We also elucidated the signal transduction pathways regulating adiponectin induced changes in the cancerous properties of HCC.

Materials and Methods

Antibodies

Antibodies for AdipoR1, AdipoR2, Bcl-2, Bax, cleaved-caspase-3, caspase-3, cyclin D1, PCNA, phospho-JNK, JNK, phospho-AMPK, AMPK, phospho-mTOR, mTOR, phospho-TSC-2, TSC-2 were purchased from Cell Signaling (Danvers, MA).

Cell culture and reagents

HepG2 cells (ATCC, Manassas, VA) derived from a human hepatoblastoma²⁰ and Huh7 cells derived from a well differentiated HCC²¹ were cultured in MEM (ATCC) and DMEM

(Invitrogen, Carlsbad, CA) respectively, supplemented with 10% fetal bovine serum (FBS) (Fisher Scientific (Hyclone) Pittsburgh, PA). THLE-2 cells (ATCC) derived from primary normal liver cells and human hepatocytes (Lonza, Walkersville, MD) were used as controls. THLE-2 cells were cultured in ATCC complete growth medium (ATCC) containing 5 ng/ml EGF, 70 ng/ml Phosphoethanolamine and 10% FBS. Human hepatocytes were cultured in HCM hepatocyte culture medium (Lonza). Full length and globular Adiponectin human-HEK293 was purchased from Biovendor, Candler, NC. For adiponectin treatment, cells were serum starved for 16h followed by adiponectin treatment in fresh media as indicated.

RNA isolation and RT-PCR

Total cellular RNA was extracted and RT-PCR was carried out using specific sense and antisense PCR primers. Please see supplementary section for primer details.

Western Blot

Whole cell lysate was prepared following previously described method^{22,23}. Please see supplementary section for details.

Quantification of DNA/cell proliferation assay by bromodeoxyuridine (BrdU) incorporation

BrdU incorporation assays were performed as described previously^{22,23}. For details of BrdU incorporation assay see supplementary section.

Caspase Activity Assay

Caspase-3 like activity was detected in cell lysates after various treatments using an Ac-DEVD-AFC substrate (Calbiochem, San Diego, CA). Measurements were made using a fluorescence microplate reader (Beckman Coulter, Fullerton, CA). Control groups treated with inhibitor Z-VAD-FMK (carbobenzoxy-valyl-alanyl-aspartyl-[O-methyl]-fluoromethylketone, BD PharMingen) Alexis Biochemicals, San Diego, CA), were included to ensure specificity.

Cell viability/apoptosis assay

Cell viability assay was performed²² following our published protocol. For details of XTT reduction assay, please see supplementary section.

Inoculation of HepG2 cells into nude mice and treatment with adiponectin

HepG2-xenografts in nude mice were developed and treated with recombinant adenovirus-adiponectin. All the experimental protocols were approved by the Institutional Animal Care and Use Committee at Emory University. For details, please see supplementary section.

Immunohistochemistry of human HCC TMA

Adiponectin expression was examined in paraffin-embedded sections of human HCC samples using tissue micro-array. In total 140 cases of HCC diagnosed between 1985 and 2009 were studied. Immunohistochemistry was performed using monoclonal adiponectin (1:80) (Chemicon International, Temecula, CA), Bcl-2 (1:100), Bax (1:100), cleaved-caspase-3 (1:100) and caspase-3 (1:100). For TMA details, please see supplementary section. These studies were approved by the Institutional Review Board at Emory University.

Statistical Analysis

All experiments were independently performed three times in triplicates. The data were analyzed using a combination of Fisher's exact test, t-tests, two-tailed distribution, analysis of variance (ANOVA) and Pearson's correlation. TMA data were analyzed using the non-parametric Mann-Whitney test, Kruskal-Wallis test, and Spearman correlation coefficient.

Specifically, when comparing the expression level of adiponectin between two categorical factors such as node status, Mann-Whitney tests were used. When comparing these expressions between more than two categories, Kruskal-Wallis tests were carried out. Correlation of the expression level of adiponectin with a continuous variable such as size was assessed using the Spearman correlation coefficient.

Results

Adiponectin inhibits proliferation of hepatocellular carcinoma cells

Adiponectin exerts its biological functions through binding to its receptors which mediate a downstream signal by activating multiple signaling pathways^{12,14,17}. We examined mRNA and protein expression of adiponectin receptors, AdipoR1 and AdipoR2 in HepG2, Huh7 (hepatocellular carcinoma cells), THLE-2 (normal human hepatocyte cell line) and human hepatocytes (HH) using RT-PCR and western blot analysis. We found that HCC cells have higher expression levels of AdipoR1 and AdipoR2 as compared to normal human hepatocytes and THLE-2 cells (Supplementary Figure 1). We next examined the effect of full-length adiponectin (adiponectin) on HCC cell proliferation. Adiponectin treatment inhibited the growth of HepG2 and Huh7 cells in a dose-dependent manner (Figure 1A). Interestingly, adiponectin treatment did not effect proliferation of THLE-2 and human hepatocytes. Cell cycle analysis revealed that the proportion of both HepG2 and Huh7 cells was decreased in S-phase by adiponectin treatment (Supplementary Figure 2). We also examined the effect of globular-adiponectin on HCC cell proliferation and observed globular-adiponectin-mediated inhibition of proliferation in HepG2 and Huh7 cells while no effect was observed on THLE-2 and human hepatocytes (Supplementary Figure 3A). Hence, our studies showed similar effects of both full-length and globular adiponectin on HCC proliferation. D-type cyclins are active in G1 phase of the cell cycle. They complex with cyclin-dependent kinases (cdks) to catalyze the transition from G1 to S phase of the cell cycle²³. Adiponectin inhibits proliferation of HCC cells and one of the targets for adiponectin action may be cyclin D1. Indeed, adiponectin decreased cyclin D1 expression (Figure 1B) and marker for proliferation, PCNA expression (Figure 1C). Collectively, these results showed that the anti-proliferative effect of adiponectin on HepG2 and Huh7 cells also involves down-regulation of cyclin D1 and PCNA.

Adiponectin-mediated apoptosis of HCC cells involves activation of caspase-3 via increased activation of c-Jun N-terminal kinase

We also observed that adiponectin increases apoptosis in HCC cells in a dose- and time-dependent manner while adiponectin was unable to induce apoptosis in THLE-2 cells or primary human hepatocytes even at high doses (Figure 2A). We also examined the effect of globular-adiponectin on HCC apoptosis and found that globular-adiponectin increases apoptosis in HCC cells while no effect was observed on THLE-2 and human hepatocytes hence showing similar effects as full-length adiponectin (Supplementary Figure 3B). To examine if lack of adiponectin's effect on hepatocytes is simply due to non-proliferative nature of normal hepatocytes, we stimulated human hepatocytes with HGF²⁴ followed by adiponectin treatment. In agreement with earlier studies, human hepatocytes showed very faint (non significant with $p > 0.102$) increased level of proliferation. Adiponectin treatment of these cells resulted in decreased (not significant) levels of proliferation but failed to induce apoptosis (Supplementary Figure 5A and 5B). Caspases have been characterized as the effectors and executioners of cell death and caspase activation is an important step towards the induction of apoptosis. We investigated caspase-3 like activity in HCC cells upon treatment with adiponectin and found that HCC cells treated with adiponectin displayed higher levels of caspase-3-like activity as compared to untreated cells (Figure 2B). We detected significantly increased levels of active caspase-3 in adiponectin treated HCC cells (Figure 2C). HCC cells treated with caspase-3

inhibitor Z-VAD-FMK (carbobenzoxy-valyl-alanyl-aspartyl-[O-methyl]-fluoromethylketone) denoted as “Z” were used as control.

The stress-activated kinase, JNK have been implicated in apoptotic response of cells stimulated with UV irradiation, chemotherapy, heat shock and proinflammatory cytokines²⁵. To better understand the signal transduction pathways underlying adiponectin-induced apoptosis, we examined the involvement of JNK in HCC cells treated with adiponectin. Adiponectin treatment induced significant phosphorylation of JNK in HepG2 and Huh7 cells (Figure 3A). These results are in agreement with an earlier study showing adiponectin-mediated activation of JNK in prostate cancer as well as HepG2 cells²⁶. To determine the importance of JNK activation in adiponectin-induced apoptosis in HCC cells, cells were treated with JNK inhibitor (SP600125) 1h before adding adiponectin. Inhibition of the JNK pathway significantly blocked adiponectin-induced apoptosis in both HepG2 and Huh7 cells (Figure 3B). JNK activity has been found to be required for activation of the mitochondria-mediated apoptosis pathway²⁷ demonstrating cytochrome c release and caspase-3 activation. We further examined the hierarchy of these events by treating HepG2 and Huh7 cells with JNK inhibitor prior to adiponectin treatment and examined caspase-3 activation. We found that inhibition of JNK activation inhibits adiponectin induced activation of caspase-3 (Figure 3C) showing that JNK activation is upstream of caspase-3 activation.

Adiponectin-induced AMPK phosphorylation is an important step in mediating biological functions of adiponectin in HCC cells

Previous studies investigating adiponectin signaling have reported the involvement of several signaling molecules and pathways^{15–17}. Phosphorylation of AMPK has been shown in human hepatoma cells, Huh7 and Huh8 cells, and in hepatitis C virus-induced steatosis²⁸. Adiponectin treatment significantly increased the phosphorylation of AMPK in both Huh7 and HepG2 cells (Figure 4A). Recent advances have linked AMPK with carcinogenesis as a suppressor of cell growth by controlling a variety of cellular events. Cell growth regulation by AMPK is mediated in part by regulation of the tumor suppressor gene TSC2 and mTOR (mammalian target of rapamycin) pathway. Intriguingly, investigating the downstream events of AMPK signaling, we found that adiponectin treatment led to increased phosphorylation of TSC2 (Figure 4B). Also we found decreased phosphorylation of mTOR in response to adiponectin treatment in both HCC cells (Figure 4C). These results indicate the involvement of AMPK-TSC2-mTOR axis in adiponectin action in HCC.

Next, to investigate if AMPK activation is directly involved in adiponectin-induced decreased proliferation and increased apoptosis of HCC cells and JNK activation, we examined the effect of compound C (a small-molecule-inhibitor of AMPK activity) on biological functions of adiponectin. Interestingly, we found that adiponectin decreased proliferation of HCC cells whereas pretreatment with compound C significantly blocked adiponectin-induced decrease in proliferation (Figure 5A). Also, treatment of HCC cells with compound C prior to adiponectin treatment significantly blocked adiponectin-induced increase in apoptosis (Figure 5B). Further, compound C pretreatment specifically inhibited adiponectin-induced activation of JNK in both HepG2 and Huh7 cells (Figure 5C). Revealing the hierarchy of these signaling events, our data show that AMPK activation is upstream of the activation of JNK and caspase-3. Collectively, our data suggests the involvement of AMPK-TSC2-mTOR and AMPK-JNK-caspase-3 pathways in anti-proliferative and pro-apoptotic effects of adiponectin in HCC.

Adiponectin inhibits HCC tumor progression in athymic nude mice

We investigated the physiological relevance of our *in vitro* findings by evaluating whether adiponectin has any suppressive effects on the development of HCC carcinoma in nude mouse models. We injected recombinant adenovirus that express either adiponectin or luciferase (as

control) once a week into the tumor xenograft starting at 14 days after initial implantation. As shown in figure 6A, the visible tumors developed at ~one week after inoculation of HCC cells. In the experimental group treated with adiponectin adenovirus, the rate of tumor growth was significantly inhibited and the tumor size and weight were significantly reduced, compared to saline and adenovirus-luciferase control (Figure 6 A, B). Adiponectin adenovirus treated tumors showed elevated levels of adiponectin as compared to control group. The immunohistochemical assessment of tumor proliferation showed higher MIB-1 (Ki-67 receptor) and PHH3 expression in control group as compared to adiponectin treated group (Figure 6C). We also examined the plasma levels of adiponectin in tumor-bearing mice injected with recombinant adenovirus-adiponectin (Ad-Adn) or adenovirus-luciferase (Ad-Luc) and found that Ad-Adn injection led to a significant increase in serum adiponectin levels in tumor-bearing mice (Supplementary Figure 4). We further analyzed the adiponectin signaling molecules in tumors treated with adiponectin and control adenovirus. Importantly, we found that tumors treated with adiponectin adenovirus showed higher phosphorylation of AMPK and JNK (Figure 6D) showing the direct *in vivo* evidence of involvement of AMPK-JNK axis in adiponectin function. In addition, we also checked apoptotic markers in tumors from Ad-Adn and Ad-Luc treated mice. We found lower Bcl-2, higher Bax and cleaved caspase-3 levels in Ad-Adn treated mice tumors in comparison to Ad-luc treated mice which showed higher Bcl-2, lower Bax and low to none cleaved caspase-3 (Figure 6E). These data presented direct *in vivo* evidence of involvement of caspase-3 cleavage and Bcl-2, Bax ratio in adiponectin function as shown by our *in vitro* data.

Expression of adiponectin in human hepatocellular carcinoma samples

Our *in vitro* and *in vivo* data prompted us to investigate the pattern of adiponectin expression in a tissue microarray (TMA) of human HCC to understand its importance in tumor progression. Immunohistochemical studies showed that normal liver tissue expresses higher level of adiponectin as compare to HCC. Also, larger tumors show further decreased adiponectin expression as compared to smaller tumors. Representative photomicrographs are shown in Figure 7A. Analysis of clinicopathological characteristics showed that there is an inverse correlation between adiponectin expression and tumor size (Figure 7B). We also performed IHC analysis analyzing the expression levels of cleaved caspase-3, Bcl-2 and Bax in human HCC TMA. Results showed that human HCC samples showing higher adiponectin expression correlated positively with cleaved caspase-3 and Bax but the results were not statistically significant (data not shown). Our *in vivo* studies also showed that adiponectin reduces tumor size in athymic nude mice. Collectively, our studies show that adiponectin inhibits the progression of hepatocellular carcinoma.

Discussion

Modulations in the levels of adipocytokines represent a new molecular link explaining the complex relationship between obesity and related malignancies including cancer^{29–32}. Of all the adipocytokines, adiponectin is of particular interest as it is inversely associated with the various consequences of obesity⁷. In recent epidemiological studies, HCC showed the highest relative-risk increase with increased obesity compared to all other cancers studied¹⁹. Adiponectin has received a great deal of attention due to its potent insulin-sensitizing, anti-inflammatory and antiatherogenic activities^{33, 34} and possible use for metabolic disorders³⁵. We investigated the molecular mechanisms underlying the biological actions of adiponectin in HCC. The following novel findings are described in this study: (a) adiponectin treatment inhibits proliferation and increases apoptosis of HCC cells; (b) biological effects of adiponectin involve AMPK-JNK-caspase3 and AMPK-TSC2-mTOR axis in HCC cells; (c) adiponectin treatment inhibits HCC tumorigenesis *in vivo*; (d) adiponectin expression correlates significantly and inversely with tumor size in human HCC-tissue-microarray (TMA) (140

samples). Our studies also showed that HCC cells express significantly higher levels of adiponectin receptors adipoR1 and adipoR2 in comparison to normal hepatocytes. Previous studies have shown that adipoR1 and adipoR2 serve as receptors for adiponectin and are positively correlated to adiponectin sensitivity. Depletion of adipoR1 and adipoR2 has been shown to inhibit the biological effects of adiponectin showing the importance of adiponectin receptors in adiponectin function³⁶. Increase in adipoR1 and adipoR2 expression in hepatocellular carcinoma cells possibly represents a favored reaction balancing lower levels of adiponectin in liver cancer. As hypothetically, upregulation of adiponectin receptors expression increases adiponectin-binding capacity leading to increased levels of adiponectin action. Collectively, results from these *in vitro*, *in vivo* and human HCC-TMA studies show the negative regulatory role of adiponectin in HCC progression thus using adiponectin analogues may be a suitable therapeutic strategy for HCC.

Both clinical and epidemiological studies have linked adiponectin with carcinogenesis². Our studies show the direct involvement of AMPK in adiponectin-mediated inhibition of HCC. AMPK has been shown to be involved in the regulation of diverse set of targets, including metabolic and endocrine functions^{37–39}. AMPK inhibits cell growth via modulating regulation of the cell cycle, inhibition of protein synthesis, *de novo* fatty acid synthesis^{40–41}. Tumor suppressor TSC2 (Tuberous sclerosis complex 2), is a downstream effector of AMPK^{42–43}. Recent studies demonstrate that activation of AMPK phosphorylate and activates TSC2 that negatively regulates mTOR⁴⁴. The mammalian target of rapamycin (mTOR) is an evolutionary conserved serine/threonine kinase that occupies a central role in the regulation of cell growth and proliferation. Importantly, many cancers are characterized by increased expression and activity of mTOR⁴⁴. The regulation of TSC2 and mTOR by adiponectin is important in the context of cancer because the PI3K-Akt signaling pathway is constitutively active in many cancers especially in those that have either inactivating mutations of the PTEN (Phosphatase and tensin homolog) gene⁴⁵. Our studies support the concept that AMPK plays an important role in mediating biological effects of adiponectin on HCC via modulating JNK activation. JNK/SAPKs phosphorylate c-Jun in response to various extra-cellular stimuli and play an important role in the pathophysiology of several diseases^{46–47}. Our studies show that adiponectin increases JNK activation in HCC which further regulates adiponectin-induced apoptosis and caspase-3 activation.

Most of the adipocytokines are casually linked to obesity-related diseases including carcinogenesis, whereas adiponectin has shown promising therapeutic role in various *in vivo* studies^{33–35}. The clinical relevance of adiponectin has been suggested by studies showing that adiponectin can improve glucose/lipid homeostasis, increase insulin sensitivity and prevent atherosclerosis in animal models^{11,48,49}. Here, we showed that a complex signaling module exists, involving AMPK-JNK-caspase-3 and AMPK-TSC2-mTOR, to mediate anti-cancerous biological actions of adiponectin in HCC. Importantly, our studies showed that adiponectin inhibits HCC tumorigenesis *in vivo* and adiponectin expression negatively correlates with tumor size in human HCC TMA thus providing important pre-clinical data for the development of adiponectin analogues. Considering the high prevalence of obesity in US and most of the developed world, our study has the potential to significantly impact the vast majority of obese HCC patients.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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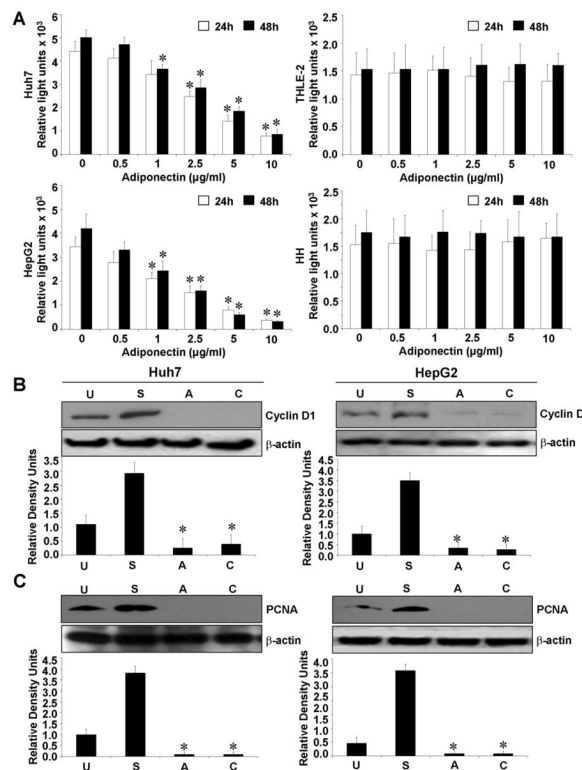


Figure 1. Adiponectin inhibits proliferation of hepatocellular carcinoma cells

A, Cells were serum starved for 16h followed by adiponectin treatment (0.5–10 µg/ml) for 24h and 48h and BrdU incorporation assays were performed. Adiponectin treatment decreased proliferation of HepG2 and Huh7 cells in a dose dependent manner whereas normal hepatocytes (THLE-2 and HH) remained unchanged. $*p < 0.01$, for different dose compared with untreated cells. The data represents mean values \pm SEM and are the results of three independent experiments performed in triplicates. **B and C**, Cells were serum starved for 16h and treated with adiponectin (10µg/ml) (A) for 12h. Untreated cells (U), cells grown in complete medium containing 10% FBS (S) and cells treated with cycloheximide (C) were included as controls. Cycloheximide was employed as an inhibitor of proliferation. Total protein lysates were analyzed by immunoblot analysis with antibodies for cyclinD1 (**B**) and PCNA (**C**). Adiponectin treatment decreased expression of cyclinD1 and PCNA in HCC cells. The western blot signals were quantified by densitometry and normalized to β -actin. These data are representative of multiple independent experiments, $*p < 0.05$, compared with untreated controls.

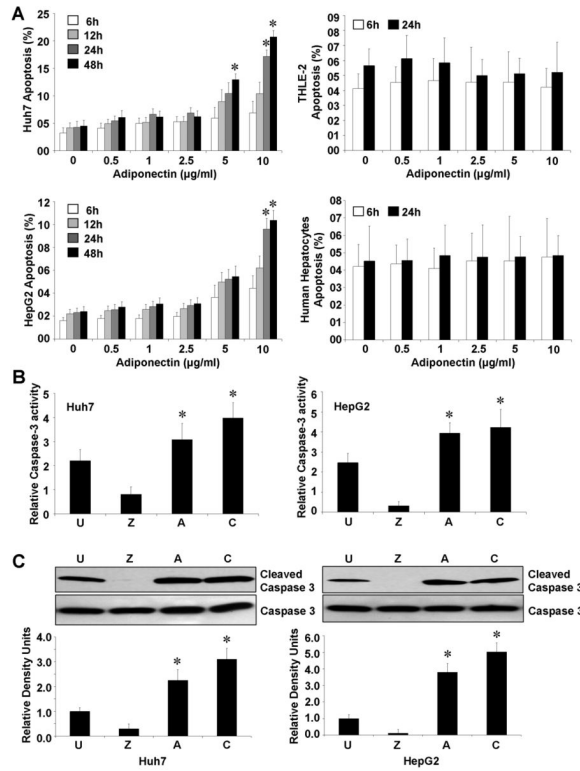


Figure 2. Adiponectin is pro-apoptotic for HCC cells

A, Cells were serum-starved for 16h followed by adiponectin treatment (0.5–10 µg/ml) for indicated time-intervals and apoptosis was analyzed by XTT method. The percentage of apoptotic cells represents the means ± SEM of viable cells present in treatment calculated with respect to cells grown in complete medium. * $p < 0.01$ as compared to respective untreated cells. Adiponectin induced apoptosis in HepG2 and Huh7 cells in a dose and time dependent manner, while no apoptosis was observed in THLE-2 and human hepatocytes. **B**, HepG2 and Huh7 cells were serum-starved for 16h followed by adiponectin (10µg/ml) treatment (A) for 12 hours and caspase-3 like activity was analyzed. Untreated cells (U), cells treated with cycloheximide (C) and cells treated with caspase-3 inhibitor Z-VAD-FMK (carbobenzoxy-valyl-alanyl-aspartyl-[O-methyl]- fluoromethylketone) (Z) were included as controls. Adiponectin treatment increased caspase-3 like activity in HCC cells. The numbers in the figure represent the mean value of three repeat samples. **C**, Cells were treated as described in **B**. Cycloheximide was employed as an inhibitor of proliferation. Total protein lysates were analyzed by immunoblot analysis using caspase-3 and cleaved caspase-3 antibodies. The western blot signals were quantified by densitometry and normalized to β-actin. These data are representative of multiple independent experiments, * $p < 0.05$, compared with untreated controls.

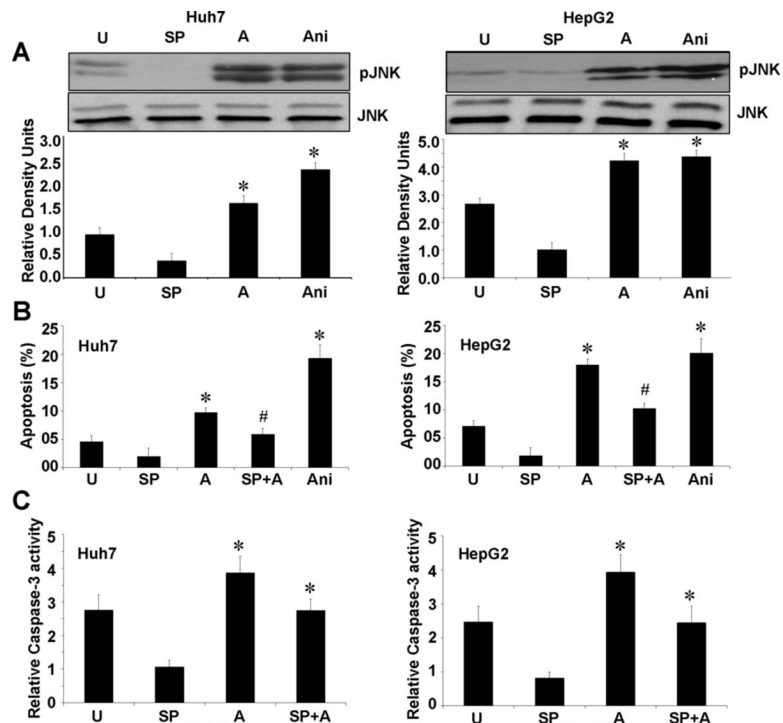


Figure 3. Adiponectin mediated increased phosphorylation of c-Jun N-terminal kinase is important for adiponectin-induced apoptosis and caspase-3 activation

A, Cells were serum starved for 16h and treated with 10 μ g/ml adiponectin (A) for 12h. Untreated cells (U), cells treated with JNK inhibitor SP600125 (SP) and Anisomycin (Ani) were included as controls. Total protein lysates were analyzed by immunoblot analysis with JNK, phosphorylated-JNK antibodies. These data are representative of multiple independent experiments with a representative immunoblot for pJNK, JNK. The histogram represents densitometric mean values \pm SEM of band intensities. * p < 0.05, compared with untreated control cells. **B**, HepG2 and Huh7 cells were serum starved for 16h and treated with 10 μ g/ml adiponectin (A) alone or in combination with JNK inhibitor SP600125 (SP) for 12h. Untreated cells (U), cells treated with SP600125 (SP) and Anisomycin (Ani) were included as controls. Apoptosis was analyzed by XTT method. The percentage of apoptotic cells represents the means \pm SEM of viable cells present in treatment calculated with respect to cells grown in complete medium. * p < 0.01 as compared to respective untreated cells. The values represent three independent experiments performed in triplicate. JNK inhibition significantly reduces adiponectin induced apoptosis. **C**, HepG2 and Huh7 cells were treated as above; caspase-3 activity was measured as described in materials and methods. Adiponectin fails to increase caspase-3 activity in the presence of JNK inhibitor, SP600125.

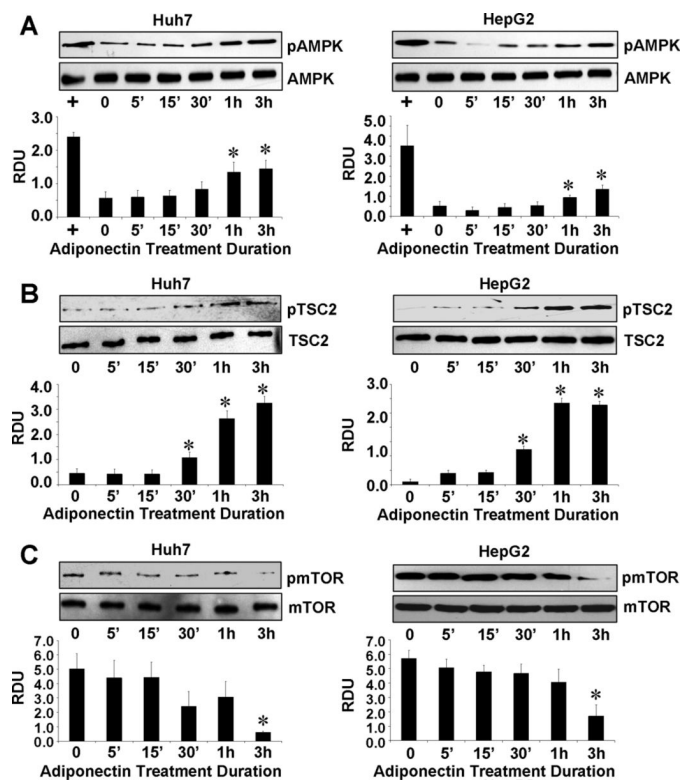


Figure 4. Adiponectin modulates AMPK-TSC2-mTOR axis

A, B and C, Cells were serum starved for 16h and treated with 10 μ g/ml adiponectin for indicated time. Untreated cells are denoted by U. Cells treated with AICAR (+) were included as controls for pAMPK. Total protein lysates were analyzed by immunoblot analysis using AMPK, phosphorylated-AMPK (**A**), TSC2, phosphorylated-TSC2 (**B**) and mTOR, phosphorylated mTOR (**C**) antibodies. These data are representative of multiple independent experiments with a representative immunoblot for p-AMPK, AMPK, TSC2, p-TSC2, mTOR and p-mTOR. The histogram represents densitometric mean values \pm SEM of band intensities of phosphorylated species with respect to total species of the target proteins. * $p < 0.05$, compared with untreated control cells.

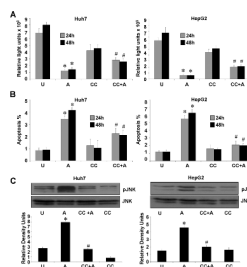


Figure 5. Adiponectin-induced AMPK phosphorylation is essential for adiponectin-induced decreased proliferation, increased apoptosis and JNK activation

A, Cells were serum starved for 16h, pretreated with compound C (CC) followed by treatment with 10 μ g/ml adiponectin (CC+A) or treated with 10 μ g/ml adiponectin alone (A). Untreated cells (U), cells treated with compound C alone (CC) were included as controls. BrdU incorporation assays were performed. * $p < 0.01$, for adiponectin (A) treated compared with untreated (U) cells; # $p < 0.05$, CC+A compared with adiponectin (A) treated cells. The data represents mean values \pm SEM and are the results of three independent experiments performed in triplicates. **B,** Cells were treated as in A and apoptosis was analyzed by XTT method. The percentage of apoptotic cells represents the means \pm SEM of viable cells present in treatment calculated with respect to cells grown in complete medium. * $p < 0.01$, for adiponectin (A) treated compared with untreated (U) cells; # $p < 0.05$, CC+A compared with adiponectin (A) treated cells. **C,** Cells were cultured and treated as in A. Total protein lysates were analyzed by immunoblot analysis using JNK, phosphorylated-JNK antibodies. These data are representative of multiple independent experiments with a representative immunoblot for pJNK and JNK. The histogram represents densitometric mean values \pm SEM of band intensities. * $p < 0.01$, for adiponectin (A) treated compared with untreated (U) cells; # $p < 0.05$, CC+A compared with adiponectin (A) treated cells.

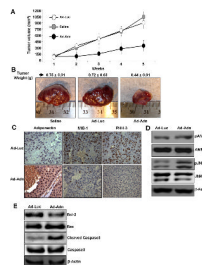


Figure 6. The inhibitory effects of adiponectin on the growth of HepG2 cell- derived tumor in nude mice

Saline or Ad-Luc or Ad-ADN (10^8 pfu) was locally injected into the HepG2-xenograft-tumor site once a week starting at day 14 after cell-implantation. **A**, Tumor growth was monitored by measuring the tumor volume for 5 weeks. **B**, At the end of 5 weeks, tumors were collected, measured, weighed and photographed. Ad-Adn treatment reduced tumor size as compared to Ad-Luc or Saline, $*p < 0.05$ Ad-Adn versus Ad-Luc. Average tumor weight and representative tumor images are shown here. **C**. Tumor samples were subjected to immunohistochemistry using adiponectin, MIB-1 and PHH-3 antibody. Ad-Adn treated tumors showed significant increase in adiponectin expression and reduction in MIB-1 and PHH-3 as compared to Ad-Luc treated tumors, $*p < 0.05$ Ad-Adn versus Ad-Luc. **D**. Tumor lysates were subjected to immunoblot analysis using AMPK, phospho-AMPK, phospho-JNK, JNK antibodies and cleaved-caspase-3, caspase-3, Bcl-2, Bax (**E**). Ad-Adn treated tumors show increased apoptotic markers and phosphorylation of AMPK and JNK as compared to Ad-Luc.

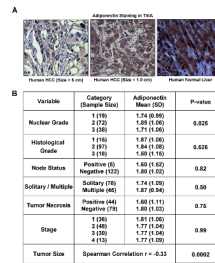


Figure 7. Adiponectin expression in human HCC samples

A. Representative photomicrograph of HCC samples from TMA showing decreased expression of adiponectin in larger tumors (6.0 ± 4.6) as compared to smaller tumors (1.0 ± 2.5), $*p < 0.001$ low adiponectin versus high adiponectin. **B.** Adiponectin expression was analyzed using immunohistochemical analysis of tissue microarray (140 human HCC samples). Various clinicopathological characteristics were correlated with expression levels of adiponectin. Expression of adiponectin correlated significantly and inversely with tumor size ($p < 0.001$).