# Distinct Stability States of Disease-Associated Human Prion Protein Identified by Conformation-Dependent Immunoassay<sup>⊽</sup>

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The phenotypic and strain-related properties of human prion diseases are, according to the prion hypothesis, proposed to reside in the physicochemical properties of the conformationally altered, disease-associated isoform of the prion protein ( $PrP^{Sc}$ ), which accumulates in the brains of patients suffering from Creutzfeldt-Jakob disease and related conditions, such as Gerstmann-Straussler-Scheinker disease. Molecular strain typing of human prion diseases has focused extensively on differences in the fragment size and glycosylation site occupancy of the protease-resistant prion protein ( $PrP^{res}$ ) in conjunction with the presence of mutations and polymorphisms in the prion protein gene (*PRNP*). Here we report the results of employing an alternative strategy that specifically addresses the conformational stability of  $PrP^{Sc}$  and that has been used previously to characterize animal prion strains transmitted to rodents. The results show that there are at least two distinct conformation stability states in human prion diseases, neither of which appears to correlate fully with the  $PrP^{res}$  type, as judged by fragment size or glycosylation, the *PRNP* codon 129 status, or the presence or absence of mutations in *PRNP*. These results suggest that conformational stability represents a further dimension to a complete description of potentially phenotype-related properties of  $PrP^{Sc}$  in human prion diseases.

Transmissible spongiform encephalopathies (TSE) are fatal neurological diseases that occur in farmed and free-ranging animals, including scrapie in sheep and goats, transmissible mink encephalopathy, bovine spongiform encephalopathy in cattle, and chronic wasting disease in deer and elk (4, 52). Sheep scrapie is the prototypic animal TSE and has been investigated for many years in the form of rodent-adapted isolates that have given rise to distinct stable laboratory strains (6). Despite intensive investigation, there is little or no direct evidence for a unique foreign nucleic acid genome associated with scrapie infectivity, and the paradigm most frequently invoked to explain TSE is that of transmissible amyloidosis (evidence reviewed in references 8 and 46). This protein-only or prion hypothesis proposes that the infectious agent or prion is an altered form (termed PrPSc [disease-associated isoform of the prion protein]) of the host-encoded prion protein (PrP<sup>C</sup>), which is produced by a posttranslational conversion involving rearrangements of secondary (increased  $\beta$ -sheet content) and quaternary (self-aggregation) structure (41). Polymorphisms in the host prion protein gene in part determine susceptibility to infection and modify the resultant disease phenotype, but in order to explain the existence of distinct strains, PrP<sup>Sc</sup> has been proposed to exist in different, stable, and replicative biophysical forms or "conformers" that "encipher" strain-like properties (reviewed in references 1 and 11). Recent reports of the successful production of prion infectivity with distinct structural and biological properties, from recombinant PrP, strongly support the prion hypothesis in general and the structural variant hypothesis in particular (9, 23-28, 51).

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The concept of molecular strain typing has acquired considerable currency in the identification and diagnosis of human prion diseases. Three major clinicopathological phenotypes of human prion disease are recognized (reviewed in reference 17): Creutzfeldt-Jakob disease (CJD), Gerstmann-Straussler-Scheinker disease (GSS), and fatal insomnia (FI). CJD may be acquired, in the case of variant CJD (vCJD) obtained from bovine spongiform encephalopathy (BSE)-infected cattle, may occur in association with mutations in the human prion protein gene (PRNP) as familial CJD, or may occur in a sporadic fashion (sporadic CJD [sCJD]), perhaps due to rare stochastic events leading to PrPSc formation and accumulation. FI occurs sporadically (sporadic FI [sFI]) or in association with the D178N PRNP mutation (fatal familial insomnia [FFI]), and GSS is associated with a series of pathogenic mutations in PRNP, the most common of which is P102L (reviewed in reference 17).

PrPSc analysis in this context has relied heavily on the biophysical differences in PrPsc, as determined by limited proteolysis of postmortem human prion disease brain samples and analysis of the protease-resistant core of PrPSc (termed PrPres or PrP<sup>27-30</sup>) size by Western blotting (10, 32). Three major conformational states have been inferred from the observation of 21-kDa (type 1), 19-kDa (type 2), or 7- to 8-kDa PrPres. Variable glycosylation site occupancy adds to this diversity (10, 14, 33), as follows: PrPres types are given the suffix "A" if mono- or nonglycosylated PrPres predominates or "B" if diglycosylated PrPres predominates (33). These parameters have diagnostic value in that sCJD cases are marked by type 1 and/or type 2A PrPres, vCJD has type 2B PrPres, and two different pathological phenotypes in GSS are associated with either type 1 or 7- to 8-kDa PrPres (13, 34, 35, 39). Moreover, the clinicopathological variation between different cases of sCJD appears to correlate to a large extent with the relative

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mixture of type 1 and type 2A  $PrP^{res}$  in combination with the patient's *PRNP* codon 129 polymorphic status (MM, MV, or VV) (7, 36).

These observations provide a correlation between PrP<sup>Sc</sup> types and human disease phenotype, consistent with different prions underlying different prion diseases, but the Western blotting approach is indirect, of relatively low sensitivity, and likely to be an incomplete description of PrPSc. An alternative approach to defining PrP<sup>Sc</sup>, termed the conformation-dependent immunoassay (CDI), depends upon the effect of increasing concentrations of the chaotropic salt guanidine hydrochloride (GdnHCl) to unmask epitopes in PrP that become hidden during the structural rearrangements involved in PrPSc formation (43). CDI has shown that up to 90% of the PrP<sup>Sc</sup> present in a sCJD brain is susceptible to proteolysis and would therefore not figure in conventional Western blot typing assays (44). Moreover, the stability profiles of PrPSc, as defined by unmasking of the monoclonal antibody 3F4 epitope, have been reported to be unique for a series of well-characterized scrapie strains in hamsters (43). A related assay, termed the conformation stability assay (CSA), has also been developed (37), in which conformational stability is measured as a function of the resistance to proteolysis following exposure to increasing concentrations of GdnHCl. Rodent-adapted prion strains that were indistinguishable by electrophoretical mobility of PrPres can be distinguished by CSA when the stability of PrPres is expressed as the concentration of GdnHCl required to make half of the protein susceptible to proteolytic degradation  $(GdnHCl_{1/2})$  (37, 38). Given the growing realization that PrP<sup>sc</sup> stability may be a strain-related property, we have asked whether there are consistent differences in human PrPSc stability between different human prion diseases, and whether any such differences correlate with currently used parameters, such as PrPres fragment size, PrPres glycosylation site occupancy, and codon 129 status.

### MATERIALS AND METHODS

Human brain materials. Thirteen variant CJD (vCJD) cases, fourteen sporadic CJD (sCJD) cases, two GSS cases with P102L mutations, and five control (non-CJD) cases with other neurological diseases were analyzed in this study. Cases were selected based on the availability of autopsy-collected frozen brain specimens with consent for research use. Appropriate ethical approval was obtained (LREC 2000/4/157). All cases used were of United Kingdom origin. Brain tissue from each case had been examined both histopathologically and biochemically, and a definite diagnosis had been reached by established criteria (5, 16). The codon 129 polymorphism of the PRNP of each case was determined by restriction fragment length polymorphism (30). The protease-resistant core fragments of  $PrP^{Sc}\ (PrP^{res})$  found in brain was classified as type 1, 2A, or 2B as previously described according to the nomenclature of others (13, 35). Among the 14 sporadic CJD cases, 13 cases were of the MM1 subtype, and 1 case had a VV2 subtype. One GSS case showed the typical three PrPres bands (type 1), whereas the other GSS case had only proteinase K (PK)-resistant fragments of  $\sim$ 8 kDa. Among the five neurological control cases, three cases were of the MM genotype at codon 129 of PRNP (with diagnoses of vascular dementia, motor neurone disease, and B-cell lymphoma), one case was of the MV genotype (with a diagnosis of vascular dementia), and one case was of the VV genotype (with a diagnosis of dementia with Lewy bodies). In all instances, the tissue analyzed was gray matter-enriched frontal cortex (FC), and additionally, cerebellar cortex (Cb) and thalamus (Th) in vCJD cases, taken from frozen half-brain specimens.

**Preparation of brain tissue.** Brain tissue homogenates were prepared in nine volumes (wt/vol) of phosphate-buffered saline (PBS), pH 7.4, containing 2% Sarkosyl by two cycles of homogenization in the FastPrep instrument (Qbiogene). The homogenized brain samples were stored at  $-80^{\circ}$ C until use.

**Enrichment of disease-associated PrP.** The 10% homogenates were diluted to 5% (wt/vol) using PBS containing 2% (wt/vol) Sarkosyl and were incubated for 10 min at room temperature on a shaking platform. The samples were then centrifuged at  $500 \times g$  for 5 min at 20°C, and the supernatants were collected. For the enrichment of the disease-associated isoform of PrP, 100-µl aliquots of cleared brain homogenates in PBS containing 2% Sarkosyl were centrifuged at  $20,800 \times g$  for 1 h at 4°C as described previously (48, 50). After careful aspiration of the supernatants, pellets containing a detergent-insoluble fraction of PrP were used for GdnHCl-induced denaturation. In some cases, pellets were resuspended at the starting volume using homogenization buffer in order to investigate the effect of this method of enriching PrP<sup>Sc</sup>.

CDI. The CDI method used in this study was based on an enzyme-linked immunosorbent assay (ELISA)-formatted, time-resolved fluorometry CDI as described previously (2, 43). Samples prepared in 2% Sarkosyl in PBS were divided into the following two parts: one part was mixed with the same volume of PBS containing Complete EDTA-free protease inhibitors (native sample [N]), and the other part was mixed with the same volume of 8 M GdnHCl and incubated for 6 min at 81°C (denatured sample [D]). Both N and D were adjusted using distilled water containing EDTA-free protease inhibitors to a final concentration of GdnHCl of 0.35 M. A 96-well black polystyrene plate (Fisher) was coated with 2 µg/well anti-PrP antibody MAR-1 (CSL Behring, Marburg, Germany) overnight at room temperature. MAR-1 specifically recognizes human PrP with a correctly formed disulfide bridge. After removal of excess antibody, the plate was washed four times with wash buffer (PerkinElmer) and then saturated with 0.5% (wt/vol) bovine serum albumin (BSA) and 6% (wt/vol) sorbitol in wash buffer for 1 h at room temperature on a plate shaker. After the plate was washed four times with wash buffer, prepared samples were loaded in duplicate or triplicate onto the plate (200 µl/well). After incubation of the plate for 2 h at room temperature with shaking, the plate was washed as done previously. The detection of bound PrP was achieved by the Europium (Eu)-labeled MAb 3F4, recognizing amino acids 109 to 112 of human PrP. The detector antibody diluted in assay buffer (PerkinElmer) at 50 ng/ml was added to each well, followed by incubation for 2 h at room temperature on a plate shaker. The plate was developed after six washes by 5 min of incubation in enhancement solution (PerkinElmer) at room temperature. The time-resolved fluorescence (TRF) signal, measured by cps (counts per seconds), was made using a Victor 2 fluorometer (PerkinElmer).

Western blot analysis. In this study, polyacrylamide gel electrophoresis was performed using NuPAGE Novex gel system (Invitrogen) as described previously (54). Samples were digested with PK at 37°C for 1 h, and the PK activity was terminated by adding Pefabloc to a final concentration of 1 mM. Undigested or PK-digested samples were mixed with NuPAGE LDS sample buffer to a final concentration of  $1 \times$ . In some cases, pellets were resuspended with  $2 \times$  sample buffer. The samples were incubated for 10 min at 100°C and then separated on 10% Bis-Tris NuPAGE gels. The separated proteins were transferred to polyvinylidene difluoride (PVDF) membranes and then were blocked for 1 h with 5% (wt/vol) nonfat dry milk in TBS-T (20 mM Tris-HCl, pH 7.4; 150 mM NaCl; 0.1% Tween 20). The immunodetection of PrP was achieved using the MAb 3F4 (Dako) at a final concentration of 75 ng/ml IgG for 1 h. The membrane was washed three times with TBS-T and incubated with horseradish peroxidaseconjugated anti-mouse IgG F(ab')2 fragments (Amersham) at a dilution of 1:40,000 for 1 h. Following five washes in TBS-T, blots were developed with ECL Plus reagent (Amersham) and then exposed to Hyperfilm ECL (Amersham) for periods of 30 s to 30 min. In some cases, developed membranes were scanned on a Storm 860 scanning fluorometer. The molecular weight of PrP was determined by reference to IgG-binding MagicMark XP Western protein standards (Invitrogen). Quantitative analysis of the blots was performed using a GS-800 imaging densitometer and Quantity One software (Bio-Rad Laboratories). For the quantification of images visualized by Storm 860, ImageQuant software (Molecular Dynamics) was used.

**Denaturation transition of PrP<sup>C</sup> and PrP<sup>Sc</sup> in CDI.** The stability of PrP<sup>Sc</sup> in brain homogenates or the detergent-insoluble pellet fractions of the homogenates was determined by treatment with GdnHCl at different concentrations as described previously (37, 43). The 10% brain homogenates were mixed with an equal volume of 2% Sarkosyl in PBS and incubated for 10 min at room temperature. After clarification at  $500 \times g$  for 5 min, aliquots of the supernatant were mixed with GdnHCl, with final concentrations ranging from 0 M to 7 M. Alternatively, the detergent-insoluble pellets were resuspended in a solution containing GdnHCl at various concentrations (range, 0 to 7 M). Samples containing different amounts of GdnHCl were incubated overnight at room temperature on a shaking platform and were then adjusted using distilled water containing EDTA-free protease inhibitors to a final concentration of GdnHCl of 0.35 M.

The extent of unfolding of PrP<sup>sc</sup> exposed to different concentrations of GdnHCl was measured in triplicate by CDI.

**CDI D/N ratio.** TRF counts obtained with CDI were used to generate a D/N ratio (2, 43). The folding state of  $PrP^{Sc}$  induced by overnight incubation at 7 M GdnHCl or by incubation at 81°C in the presence of 4 M GdnHCl was taken to be full denaturation (42, 43). The D/N ratios were obtained by dividing TRF counts of denatured samples (D) by the counts of the corresponding native samples (N; no GdnHCl).

**Determination of the denatured fraction of PrP<sup>Sc</sup>.** CDI results obtained with PrP<sup>Sc</sup>-enriched pellets were used to determine the denatured fraction of PrP<sup>Sc</sup> after an overnight incubation with particular concentrations of GdnHCl. For this, TRF counts obtained from an aliquot incubated in the absence of GdnHCl (no GdnHCl) were firstly subtracted from those obtained from aliquots treated with GdnHCl at various concentrations. Then, the denatured fraction of PrP<sup>Sc</sup> at a particular concentration of GdnHCl was expressed as a relative value (percentage) of TRF counts at that concentration against the counts at 7 M GdnHCl and was plotted against the corresponding concentrations of GdnHCl. The denatured fraction of PrP<sup>Sc</sup> (percentage) was calculated as follows: (TRF<sub>x M GdnHCl</sub> – TRF<sub>0 M GdnHCl</sub>/TRF<sub>7 M GdnHCl</sub> – TRF<sub>0 M GdnHCl</sub>)  $\times$  100.

Conventional CSA. For the study of the stability of PrPres against GdnHClinduced denaturation, aliquots of the 10% brain homogenates prepared in PBS were mixed with an equal volume of GdnHCl, giving a range of guanidine concentrations (0.0 M to 4.0 M) (37). After 2 h of incubation of the mixtures at room temperature with shaking, samples were adjusted to a final concentration of 0.4 M GdnHCl in Tris buffer (10 mM Tris-HCl [pH 7.4], 0.5% NP-40, and 0.5% sodium deoxycholate) and then digested with PK at 20 µg/ml for 1 h at 37°C. PK activity was terminated by adding Pefabloc at a final concentration of 1 mM. Proteins were then precipitated by mixing the samples with 5 volumes of prechilled methanol and incubated at -80°C overnight. Samples were then centrifuged at 16,000  $\times$  g for 30 min at 4°C, and the supernatants were carefully aspirated. The remaining pellets were resuspended with 25  $\mu$ l of 2× LDS buffer and boiled for 10 min. Proteins were analyzed by Western blotting as described above. The conformation stability assay (CSA) included samples processed in parallel but unexposed to the chaotropic salt and analyzed by Western blotting with and without prior PK treatment.

**Data presentation and statistics.** All graphs were constructed in Microsoft Office Excel, and statistical analysis employed the Student t test (TTest worksheet function) in this same program. P values of less than 0.05 were considered significant.

# RESULTS

The effect on 3F4 epitope exposure by concentration-dependent guanidine denaturation was assayed in homogenates of the frontal cortex obtained from three cases of variant CJD, three cases of sporadic CJD (MM1 subtype), and three other neurological disease (non-CJD) cases. As expected, the results showed progressive 3F4 epitope exposure by increasing the guanidine concentration in all CJD cases but full or nearly full exposure in the non-CJD cases, even at low guanidine concentrations. The results were found to vary between cases, irrespective of whether they were normalized using the 7 M guanidine value, which was regarded as providing complete exposure (100%), with the counts presented as relative TRF (percentage) (Fig. 1A to C), or whether the data were presented as D/N ratios, with the 0 M guanidine reading given a value of 1.0 (data not shown). The reason for this variability was not clear. However, a possible cause was considered to be that autopsy human brain specimens vary in the absolute and relative abundances of PrP<sup>C</sup> and PrP<sup>Sc</sup> and that this has a confounding effect on CDI. We reasoned that the removal of PrP<sup>C</sup> might be necessary before meaningful guanidine-induced denaturation curves could be obtained for autopsy human brain specimens.

In order to explore this possibility and more directly investigate the guanidine-induced structural transition of PrP<sup>Sc</sup> in the CJD brain, we exploited the known Sarkosyl insolubility of



FIG. 1. Change in CDI TRF counts following exposure to increasing concentrations of GdnHCl. Brain homogenates from the frontal cortex were treated with increasing concentrations of GdnHCl (range, 0 to 7 M) and measured by CDI. Three cases each from neurological control (A), vCJD (B), and sCJD subtype MM1 (C) were analyzed. Each symbol (squares, diamonds, and triangles) represents individual cases of each phenotype. TRF counts at particular concentrations of GdnHCl were expressed as relative values (percentages) to those at 7 M GdnHCl. Data shown represent the average values  $\pm$  SD for triplicate wells except for one control case (diamonds in panel A, duplicate wells). The non-CJD cases presented were all of the *PRNP* codon 129 MM genotype.

 $PrP^{Sc}$ . Preliminary characterization of the Sarkosyl-soluble supernatant and Sarkosyl-insoluble pellet fractions showed that >90% of PrP detected by 3F4 CDI under nondenaturing conditions was in the supernatant fraction (Fig. 2A), whereas elevated D/N ratios were largely a feature of the variant and sporadic CJD Sarkosyl-insoluble fractions (Fig. 2B). The char-



FIG. 2. Distribution of PrP<sup>C</sup> and PrP<sup>Sc</sup> after Sarkosyl extraction and centrifugation. Brain homogenates from the frontal cortex were prepared, and the supernatants and resuspended pellets were analyzed by CDI (A and B) and by Western blotting (C). (A) Distribution of PrP<sup>C</sup> in supernatants and pellets. The amounts of PrP<sup>C</sup> in the native state were determined by CDI, and the relative distribution of PrPC between supernatants (gray bars) and pellets (black bars) was expressed as a percentage. (B) Comparison of D/N ratios among initial brain homogenates, supernatants, and pellets. TRF counts of denatured samples were divided by the counts in the corresponding native samples to give D/N ratios. White bars, brain homogenates; gray bars, supernatants; black bars, pellets. (A and B) Data shown represent the average values  $\pm$  SD obtained for three different cases. The vCJD and sCJD cases were all of the PRNP codon 129 MM genotype, whereas the three non-CJD cases are MM, MV, and VV at PRNP codon 129, respectively. (C) The supernatants (Sup) and pellets (Pel) obtained after Sarkosyl extraction and centrifugation were treated with proteinase K, and the distribution of PrPres was investigated by Western blotting, using MAb 3F4.

acterizations of the supernatant comprised of PrP<sup>C</sup> and the pellet comprised of PrP<sup>Sc</sup> (as determined by 3F4 accessibility/ inaccessibility) were not absolute. The Sarkosyl-insoluble pellet in variant and sporadic CJD cases had higher levels of 3F4-accessible PrP than the non-CJD cases (Fig. 2A), and there was an elevated D/N ratio in the sporadic CJD superna-



FIG. 3. GdnHCl-induced denaturation of  $PrP^{Sc}$  from the frontal cortices of vCJD and sCJD brains. The extent of unfolding of  $PrP^{Sc}$  between native (0 M) and denatured (7 M) states was investigated by CDI. The denatured fraction of  $PrP^{Sc}$  in each concentration of GdnHCl was calculated. In vCJD (white squares) and sCJD subtype MM1 (black diamonds), data represent the average values  $\pm$  SD for three individuals (two to three samples obtained from each individual). Data for VV2 sCJD (black triangles) was based on the examination of one sample in one case. The result for each sample was obtained by use of one to four independent experiments performed in triplicate.

tant compared to those in the supernatants of the non-CJD cases (Fig. 2B). Further investigation of PrP partitioning by Sarkosyl solubility showed that Sarkosyl-soluble PrP in variant and sporadic CJD cases was largely protease sensitive and that the Sarkosyl-insoluble material contained readily detectable protease-resistant PrP (Fig. 2C). These studies confirmed that the form of PrP in the Sarkosyl-insoluble pellet was predominantly abnormal prion protein, as determined by the criteria of conformation (PrP<sup>sc</sup>) and protease resistance (PrP<sup>res</sup>).

This Sarkosyl-insoluble fraction was then used for CDI to investigate whether there were any differences in the guanidine-induced transition of PrP between native and denatured states in variant and sporadic CJD PrPSc. In contrast to the more complex curves obtained using the original Sarkosyl extracts (Fig. 1), CDI of Sarkosyl-insoluble fractions from the CJD brain produced simple sigmoidal curves, with the major transition occurring between guanidine concentrations of 1 M and 3 M (Fig. 3). Comparison of three cases of variant CJD to three cases of sporadic CJD (MM1 subtype) showed that the curves were of the same general shape, but the curve for variant CJD was displaced to the left, indicating that variant CJD PrPSc is less stable than sporadic CJD of the MM1 subtype. Differences between the variant CJD and sporadic CJD MM1 subtype curves were significant for the 1.5 M and 2.0 M readings, with P values of < 0.001. Similar analysis of the curve for a single typical case of sporadic CJD (VV2 subtype) showed close similarity to the curve for the MM1 subtype (Fig. 3). The guanidine-induced transition can be usefully expressed as a GdnHCl<sub>1/2</sub> value, the GdnHCl concentration required to denature half of the PrP<sup>sc</sup> molecules present in a sample (21, 37). Analysis of replicate samples obtained from three different cases gave values of 2.344 (standard deviation [SD],  $\pm 0.159$ ) for sporadic CJD (MM1 subtype) and 1.678 (SD,  $\pm 0.175$ ) for variant CJD. Further analysis of a larger group of variant and sporadic CJD cases (n = 10) using the guanidine concentrations where the major transition occurred (1.5 M and 2.0 M)



FIG. 4. Denatured fractions of  $PrP^{Sc}$  after treatment with 1.5 M or 2 M GdnHCl. Frontal cortex samples obtained from 10 vCJD and 10 sCJD MM1 subtype cases were treated with different concentrations of GdnHCl (0 M, 1.5 M, 2 M, and 7 M) and tested by CDI. The denatured fraction of  $PrP^{Sc}$  in each concentration of GdnHCl was calculated, and the results for individual cases were plotted against the concentration of GdnHCl. The results for the vCJD cases are depicted as gray diamonds, and the results for the sCJD MM1 cases are depicted as black diamonds.

showed that the stability difference is a robust general phenomenon (at 1.5 M, *P* value of <0.001; at 2.0 M, *P* value of <0.0001), although case-to-case variation is evident (Fig. 4).

The structural transition of PrPSc may, in principle, be an intrinsic property of PrP or may be affected by other components present in the samples under testing. Analysis of the vCJD cerebellum and thalamus (Fig. 5A) showed that PrP<sup>Sc</sup> present in these regions produced curves similar in shape to those obtained when analyzing the frontal cortex (Fig. 3). The GdnHCl<sub>1/2</sub> value of the cerebellum (1.643; SD,  $\pm 0.016$ ) was very close to that of frontal cortex (1.678; SD,  $\pm 0.175$ ); however, the value of the thalamus was somewhat lower (1.445; SD,  $\pm 0.159$ ). Statistical analysis of the values obtained at the 1.5 M and 2.0 M guanidine readings confirmed that none of these pairwise comparisons achieved significance (P values > 0.05), although differences between the thalamus and the other two regions approached significance at the 2.0 M reading, with *P* values for the frontal cortex compared to those for the thalamus and cerebellum of 0.079 and 0.056, respectively. Plotting these individual values shows that although the mean values obtained between the vCJD frontal cortex and the vCJD thalamus differ, the thalamic values fall within the range defined by the values of the frontal cortex samples as a whole (Fig. 5B). Pairwise comparison of these groups confirmed that any differences between values obtained for different regions of the variant CJD brain were not significant (P value > 0.1), whereas the comparison of the variant CJD frontal cortex and sporadic CJD (MM1 subtype or MM1 subtype plus VV2 subtype) frontal cortex values was significantly different (P value <0.0001).

The conformation-dependent immunoassay as employed here specifically relates to conformational stability, as measured by access to the 3F4 epitope, whereas the conformation stability assay (CSA) employs concentration-dependent guanidine denaturation followed by proteinase K (PK) digestion, thus providing a measure of the stability of the protease-resis-



FIG. 5. GdnHCl-induced denaturation of PrPSc from the cerebellums and thalami of vCJD cases. (A) Extracts of cerebellums and thalami from vCJD cases were centrifuged, and the resultant pellets were exposed to increasing concentrations of GdnHCl. The degree of unfolding of PrP<sup>Sc</sup> was measured by CDI, and the denatured fraction of PrPSc was calculated (empty squares, cerebellum; filled squares, thalamus). Data shown represent the average values  $\pm$  SD for three individuals. The result for the cerebellum was an average value from three independent experiments in triplicate, and the result for the thalamus was an average value from a one-time experiment in triplicate. (B) Based on denaturation profiles shown in panel A and Fig. 3, the GdnHCl<sub>1/2</sub> values were interpolated using the best fit of a secondorder polynomial curve in Excel. Each symbol represents the value of an individual sample (vCJD, gray; sCJD, black). The results for three vCJD cases (diamonds, vCJD1; squares, vCJD2; triangles, vCJD3) and four sCJD cases (diamonds, MM1-1; squares, MM1-2; triangles, MM1-3; circles, VV2) are shown. The GdnHCl<sub>1/2</sub> values of five samples (three FC samples, one cerebellum [Cb] sample, and one thalamus [Th] sample) in each vCJD case, two FC samples in each case of sCJD MM1 subtype, and one FC sample of a sCJD subtype VV2 case are depicted.

tant core of PrP to guanidine-induced denaturation. CSA confirmed the reduced stability of PrP found in vCJD cases compared to that of PrP found in sporadic CJD (MM1) cases, with an estimated difference of approximately 0.5 M GdnHCl between the vCJD and sCJD values, as judged by Western blotting (Fig. 6).

Lastly, we examined the CDI properties of PrP<sup>Sc</sup> from two cases of Gerstmann-Straussler-Scheinker disease that differed in their PrP<sup>res</sup> Western blot profiles, although both carried the P102L mutation linked to methionine at codon 129. Both produced simple sigmoidal curves (Fig. 7), but the case that was



FIG. 6. Conformation stability assay of PrP<sup>res</sup> from frontal cortices of vCJD and MM1 sCJD cases. Western blot analysis of PrP<sup>res</sup> from vCJD and sCJD MM1 brain samples treated with increasing concentrations of GdnHCl (0 to 4 M, as indicated) and then subjected to proteinase K digestion at the concentration of 20  $\mu$ g/ml for 1 h at 37°C (+) or allowed to remain undigested. After methanol precipitation of the protein, samples were analyzed by Western blotting using the anti-PrP MAb 3F4. Molecular mass markers (M) are shown, and they are labeled with their molecular mass in kDa. The result shown is representative of two independent experiments, with samples from two different cases of vCJD and sCJD (MM1).

characterized by type 1 PrP<sup>res</sup> had a more stable PrP<sup>Sc</sup> than that which produced a predominantly  $\sim$ 8-kDa PrP<sup>res</sup>, with GdnHCl<sub>1/2</sub> values of 2.399 M and 1.877 M, respectively.

# DISCUSSION

Definitions of PrP<sup>Sc</sup>. The accumulation of abnormal prion protein (PrP<sup>Sc</sup>) is the only unambiguous marker of TSE or prion diseases established to date; however, the exact biochemical definitions of the forms of PrP<sup>Sc</sup> most closely associated with infectivity and neurotoxicity and which might encipher the agent strain are incompletely defined at present. Operational definitions of PrPSc have included insolubility in nondenaturing detergents, affinity for particular ligands (including PrPScspecific antibodies), and selective precipitation with polyoxometalates, in addition to resistance to proteolytic degradation (for examples, see references 19, 20, 22, 29, and 31). The last of these has been thoroughly exploited to the extent that the terms protease-resistant prion protein (PrPres) and diseaseassociated prion protein (PrPsc) are sometimes used interchangeably. The finding that a significant proportion of PrPsc found in the sCJD brain is protease sensitive (44) clearly implies that assays based on PrPres may be an incomplete description of the structural diversity of PrP<sup>Sc</sup>.

Methodological considerations. The conformation-dependent immunoassay (CDI) is an alternative approach to assessing conformational differences between  $PrP^{C}$  and  $PrP^{Sc}$  and a tool to investigate the potentially strain-related properties of  $PrP^{Sc}$ . This approach avoids proteolysis, instead exploiting the chaotropic salt guanidine hydrochloride (GdnHCl) to unmask epitopes hidden in  $PrP^{Sc}$ . Chaotropic agents like GdnHCl disrupt hydrogen bonds that are responsible for the secondary structure ( $\alpha$ -helices and  $\beta$ -sheets) of proteins (47). Since hy-



FIG. 7. Comparison of denaturation profiles between two GSS cases with different  $PrP^{res}$  patterns. The  $PrP^{Sc}$  denaturation profile from a GSS case with typical three-band  $PrP^{res}$  (empty squares) was compared with that from a GSS case with lower-molecular-weight  $PrP^{res}$  only (filled squares). The extent of unfolding of  $PrP^{Sc}$  between native (0 M) and denatured (7 M) states was determined by CDI. Data shown represent average values  $\pm$  SD from three independent experiments in triplicate.

drogen bonding also helps maintain tertiary and quaternary structures of proteins, chaotropic agents can also affect these structural aspects. Thus, GdnHCl-induced denaturation of PrP<sup>Sc</sup> molecules may occur at the following two different structural levels: loss of secondary structure (i.e., uncoiled into an irregularly coiled polypeptide) and loss of quaternary structure (i.e., dissociation of PrP<sup>Sc</sup> aggregates).

In a previous study that examined the dissociation/unfolding pathways of PrP<sup>Sc</sup> in hamster prion strains during exposures to ascending concentrations of GdnHCl (42), the GdnHCl-induced denaturation of PrPSc molecules was reported to consist of the following stepwise pathway: aggregates  $\rightarrow$  dissociated folded monomer  $\rightarrow$  partially unfolded intermediate  $\rightarrow$  unfolded monomer. The dissociation of PrPSc aggregates into folded monomers occurred with the midpoint of transition at 1.5 to 2.0 M GdnHCl, followed by the state of stable intermediate (midpoint of transition, ~3.5 M GdnHCl). Given that the hidden recognition site of MAb 3F4 becomes accessible in most of PrPSc molecules following incubation with 3 M GdnHCl, the degree of unfolding of PrPSc molecules measured by CDI most likely reflects the degree of dissociation of aggregated  $PrP^{Sc}$ . However, the loss of  $\beta$ -sheet structure following incubation with GdnHCl may also contribute to the CDIbased denaturation profiles, since the region with the 3F4 epitope has been proposed to acquire high β-sheet content during the conversion of  $PrP^{C}$  into  $PrP^{Sc}$  (15), and the acquisition of  $\beta$ -sheet structure is thought to make the 3F4 epitope inaccessible (43). Despite these speculations, the exact mechanism by which GdnHCl denatures PrP<sup>Sc</sup> remains elusive (25), and the presence of detergents such as N-lauroylsarcosinate sodium salt (Sarkosyl) may also interfere with the tertiary and quaternary structures of PrPSc aggregates by disrupting hydrophobic interactions (47). The detection monoclonal antibody used in CDI is MAb 3F4, which recognizes residues 109 to 112 of human PrP, and therefore, the conformational stability of PrP<sup>Sc</sup> measured by CDI is thought to represent that of the N terminus of PrP (18, 43). The N-terminal region of PrP<sup>Sc</sup> encompassing the 3F4 epitope was found to be critical in retain-

Technique	GdnHCl <sub>1/2</sub> value of PrP <sup>Sc</sup> in <sup>a</sup> :				Matarial analyzed	Deferrer
	vCJD	sCJD MM1	sCJD MM2A	sCJD VV2A	Material analyzed	Reference
CDI	1.678	2.344	ND	2.308	Human brain	This study
PrP <sup>Sc</sup> -specific capture	1.850	2.450	ND	ND	Human brain	21
CSA	ND	2.760	1.420	ND	Human brain	7
Detergent insolubility	ND	2.950	1.460	2.690	Bank vole brain	40

TABLE 1. Comparison of the GdnHCl<sub>1/2</sub> values of PrPSc obtained in this study with those published previously

 $^{a}$  ND = not determined.

ing infectivity in the Chandler mouse-adapted scrapie strain (45) and has also been implicated in relatively low infectivity associated with synthetic prions (3, 23).

Although the conformational stability assay (CSA) shares features with the CDI (notably, GdnHCl-induced denaturation and 3F4 detection), it is important to recognize that the CSA does not assess the stability of protease-sensitive PrP<sup>Sc</sup>, although it does give an indication of the stability of the PrP molecule as a whole, by virtue of the size of the protease-resistant fragments seen on Western blots. For these reasons, we have primarily used the CDI (using the CSA as a confirmatory assay) to directly examine whether PrP<sup>Sc</sup> associated with different human prion diseases differs in its conformational stability.

Stability differences identified by CDI. Previous studies of the conformational stability of  $PrP^{Sc}$  using the CDI have been restricted to the analysis of animal prion diseases (scrapie) in the form of rodent-adapted strains in hamsters and mice (43, 49). To date, no equivalent studies have been published using human prion strains transmitted to rodents, nor has the potential been explored for the CDI to distinguish between the forms of  $PrP^{Sc}$  found in different human prion diseases.

Our results using postmortem brain tissue from representative cases of sCJD and vCJD show that PrPSc in the most commonly occurring MM1 subtype of sCJD is demonstrably more resistant to GdnHCl-induced denaturation than that in vCJD, as judged by CDI and the 3F4 epitope. This observation is supported by similar findings using the CSA, in which the method to measure conformational stability differs. In principle, such a conformation difference might be attributable to the same molecular property that is responsible for the Western blot type 1/type 2 PrPres difference; however, the sCJD VV2 subtype case examined here shared the conformational stability of the MM1 sCJD case, and not that of the vCJD (MM2B) case, suggesting that the conformational stability as measured by CDI is based on a property (or properties) of PrP<sup>Sc</sup> that is different from the property of PrP<sup>res</sup> that determines the Western blot type.

Although the difference between sCJD and vCJD is clear and reproducible, we did observe a degree of intersample and intercase variability. This may reflect genuine microheterogeneity in  $PrP^{sc}$  stability, or it may reflect confounding factors associated with cellular and molecular properties of the tissue sampled. Regional analysis of the vCJD brain showed that although the stability measurements of the frontal cortex and cerebellum were closely similar when expressed as average values, the equivalent measurement of the thalamus gave a lower GdnHCl<sub>1/2</sub> value. This is intriguing because the pathology of the vCJD thalamus, including the PrP immunostaining pattern, is highly characteristic and differs from that of the cerebrum and cerebellum. However, the individual values for the vCJD thalamus fall within the range of individual values for the vCJD frontal cortex, so it is unclear at present what significance this observation may have.

The additional analysis of two GSS cases (both of the *PRNP* P102L codon 129 M genotype) that differ radically in their PrP<sup>res</sup> Western blot profiles showed that they too could be distinguished by the stability of  $PrP^{Sc}$  when measured by the access to the 3F4 epitope by CDI. The stability of  $PrP^{Sc}$  in the GSS case characterized by type 1  $PrP^{res}$  was similar to the stability of that in the sCJD cases, whereas the stability of  $PrP^{Sc}$  in the case in which proteinase K digestion and Western blotting produced bands of much smaller sizes (~8 kDa) was found to be similar to the stability of that in the vCJD cases.

Although this study examined the stability of the "detergentinsoluble" fraction of PrP and was conducted in a limited number of disease phenotypes and/or cases, taken together, the results suggest that the structural stability of PrPSc as determined by CDI is not uniform among human prion diseases and that at least two stability states exist, which are at least partly independent of the conventional Western blot PrPres type (fragment size and glycoform ratio) and the PRNP genotype (pathogenic mutations and codon 129). Having now defined the GdnHCl concentration range at which the major structural transition occurs in CJD and GSS cases, it will be important to try to refine these methods to establish whether further meaningful distinctions can be made between examples of the full range of human prion diseases, including all of the subtypes of sCJD, fatal familial insomnia, and the more recently described protease-sensitive prionopathy (12).

Our proposal is not without precedent. Comparison of single cases of sCJD and vCJD using PrP<sup>Sc</sup>-specific peptide capture followed by examination with sandwich ELISA has shown a higher stability for sCJD PrP<sup>Sc</sup> (21). In their study, the difference in GdnHCl<sub>1/2</sub> values was  $\sim 0.6$  M between the two forms of CJD (GdnHCl<sub>1/2</sub> in vCJD, 1.85 M; GdnHCl<sub>1/2</sub> in MM1 sCJD, 2.45 M), which resembles the values obtained using a greater number of vCJD and sCJD cases and the CDI in this study. CSA analysis of PrPres in sCJD of the MM genotype has shown that type 1 PrP<sup>res</sup> is more stable than type 2 (7), and this observation has been extended using a rapid dot blot variation of the CSA to encompass the MV and VV genotypes in sporadic CJD cases (53). Moreover, a recent conference abstract suggests that this higher structural stability of sCJD MM1 (compared to that of sCJD MM2) is conserved when these diseases are transmitted to bank voles (40). When  $GdnHCl_{1/2}$ values have been given in those papers, we have compared them with our own results (Table 1). Given that the experimental approaches differed markedly between those studies, there is a surprising degree of agreement between some of them. Where discrepancies exist, it is unclear whether these result from differences in the methodology employed (such as the use of CDI measurements of  $PrP^{sc}$  or CSA measurement of  $PrP^{res}$ ), intersample or intercase variability, or some other factor.

Biological significance of PrPSc stability. There is accumulating experimental evidence to suggest that the conformational stability of PrPsc has biological significance. Conformational stability was used as an argument to defend the original description of synthetic prions (23) against the criticism that they could have resulted from inadvertent contamination with common laboratory strains. The GdnHCl<sub>1/2</sub> values of mouse PrPSc resulting from infection with synthetic prions differed from those of the commonly used RML strain (24). Further passage of synthetically derived prion resulted in two distinct strains that were found to differ in both incubation period and PrP<sup>Sc</sup> stability, thus prompting an evaluation of the relationship between stability (as judged by PrPsc GdnHCl<sub>1/2</sub> values measured by CSA) and incubation period in mice generally (25). A strong positive correlation between higher stability and longer incubation periods was found (25). The hypothesis that incubation time is a function of PrP<sup>Sc</sup> stability (in addition to the known factors such as titer, route, and PrP expression level and sequence) was further tested by artificially producing an array of synthetic PrP amyloids differing in their conformational stability and then by testing their biological properties (9). The results showed that more labile PrP<sup>Sc</sup> conformations correlated with faster replication, shorter incubation periods, and a degree of strain instability. How such considerations might relate to human prion diseases is unclear at this time. However, the finding that vCJD PrP<sup>Sc</sup> is less intrinsically stable than that of sCJD may be interpreted as a further reason for concern regarding the potential for secondary transmission of the promiscuous BSE/vCJD prion strain.

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