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# ARTICLE

# Homozygosity for a null allele of *COL3A1* results in recessive Ehlers–Danlos syndrome

Aurélie Plancke[1], Muriel Holder-Espinasse[2], Valérie Rigau[3], Sylvie Manouvrier[2], Mireille Claustres[1,4,5] and Philippe Khau Van Kien*[,1]

[1]*CHU Montpellier, Laboratoire de Génétique Moléculaire, Montpellier, France;* [2]*CHRU de Lille, Service de Génétique Clinique, Lille, France;* [3]*CHU Montpellier, Service d'Anatomie et Cytologie Pathologiques, Montpellier, France;* [4]*Inserm, U827, Montpellier, France;* [5]*Université Montpellier1, UFR Médecine, Montpellier, France*

**So far, mutations in the human *COL3A1* gene have been associated with the predominantly inherited Ehlers–Danlos syndrome (EDS), vascular type. Genotype–phenotype correlation perspectives collapsed, as haploinsufficiency, which was long suggested to confer a milder or unrecognized phenotype, was reported in four patients with a phenotype similar to that of vascular EDS. Here, we study a case of recessive EDS in a young consanguineous girl of healthy parents. She fulfilled the vascular EDS criteria for laboratory testing. Total sequencing of *COL3A1* cDNA identified a homozygous nucleotide duplication (c.479dupT) resulting in a premature termination codon (p.Lys161GlnfsX45). Studies in genomic DNA showed that this mutation was inherited from each parent. The expression analysis (RT-PCR, quantitative-PCR, immunohistochemistry, WB) showed strong mRNA decay and an absence of type III collagen in the proband. The expected *COL3A1* haploinsufficiency in her healthy ascendants did not lead to the manifestations of vascular EDS. This case provides evidence of a stochastic effect of *COL3A1* haploinsufficiency in humans, which could be explained by the relation between nonsense-mediated mRNA decay efficiency and the resulting dominant-negative effect depending on the position of the mutation and/or modifying factors. It opens up new perspectives for the understanding of *COL3A1* genotype–phenotype correlations, which is required while considering targeted therapy.**
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## Introduction

The Ehlers–Danlos syndrome (EDS) is defined by the triad: articular hypermobility, skin extensibility and tissue fragility. The vascular type (also known as type IV, MIM#130050, http://www.ncbi.nlm.nih.gov/Omim/)[1] is the most severe type, with a median survival below 50 years of age in the largest cohort published to date.[2] It is a rare predominantly inherited disorder, caused by mutations in the *COL3A1* gene, which result in the synthesis of defective proα1(III) chains of type III procollagen.

The *COL3A1* gene belongs to the highly homologous family of fibrillar collagens, which have several aspects in common:[3] a triple-helical domain characterized by repeating Gly-X-Y triplets encoded by 43 exons (in *COL3A1*, exon 4 and 5 are fused in a single exon 4) that invariably begin with a glycine codon and have a similar pattern of size. Thus, the deletion of a single exon or splice-site mutation mostly results in an in-frame-shortened protein. A complex posttranslational processing with the removal of precursor-specific telopeptides and trimer units that further aggregate with other collagens results in

ordered fibril structures and finally in periodic bundles of collagen fibers.[4] Thus, because type III collagen is a homotrimer, the synthesis of an equal amount of chains from a normal and a mutated allele (if stable) predicts the assembling of a 7:1 ratio of abnormal/normal molecules through a dominant-negative effect, leading to a strong disorganization of collagen fibers. Almost all reported mutations in the *COL3A1* gene (see the 'database of human type I and III collagen mutations' http://www.le.ac.uk/genetics/collagen/)[5] match with this model. Although biases related to the screening methods for mutation detection are possible, this mutation spectrum, the analogy with the *COL1A1* and *COL1A2* mutations spectrum observed in osteogenesis imperfecta (MIM#120150 and 120160, http://www.ncbi.nlm.nih.gov/Omim/), and the findings from a mouse knockout model for *COL3A1*[6] have long suggested that *COL3A1* null alleles could confer attenuated phenotypes. However, in 2001, the study by Schwarze *et al*[7] questioned these genotype–phenotype correlations. In this study, four patients with a mutation described to result in haploinsufficiency had a clinical course similar to that in patients with classical missense or splice-site mutations. Consequently, the hope of an efficient gene-targeted therapy that could be based on the same premise as that of osteogenesis imperfecta[8] collapsed. Here, we study a recessive case of vascular EDS observed in a consanguineous daughter of unaffected parents.

## Participants and methods
### Participants
The parents of the proband were uncle (II. 3) and niece (III.1). The pedigree is depicted in Figure 1. The proband (IV.3) was an 11-year-old Caucasian female. She was delivered by cesarean section at 36 weeks of gestation because of the premature rupture of membrane. Neonatal examination noticed normal parameters and bilateral clubfeet (talipes equinovarus). The ages at which she started to sit and walk were 15 and 30 months, respectively, and language acquisition was normal. She had Absence epilepsy, and her brain MRI revealed a diffuse cortical dysplasia with a predominantly frontal location and ventricular dilatation. A cardiac ultrasound showed a pulmonary valve stenosis. On account of easy bruising, a search for thrombopathy and coagulopathy was undertaken, which showed normal results. The proband came to our medical attention at the age of 10 years because of a clinical assessment suggesting EDS (Figure 1). She had thin, translucent skin with marked dystrophic scars, early-onset varicose veins and articular hypermobility, notably of small joints. Her growth parameters were 30 kg 700 (0SD); 133 cm (−0.5DS) and 54 cm (head circumference; +1DS). Her face was long with up-slanting palpebral fissures, slightly hypoplastic alae nasi and thin lips with a flat philtrum. She also exhibited multiple gingival recessions.

A few weeks later, she presented acute abdominal pain related to small-bowel occlusion. Extreme intestinal, arterial and tissue fragilities were put to light during surgery that included the resection of approximatively 1 m of necrotic and perforated jejunum. Owing to hemorrhagic shock, an ileostomy by default was carried out. An attempt at restoration of bowel continuity was carried out after the first ileostomy failed. Three small-bowel perforations occurred during manual manipulation. She died 6 days after the intervention from laparotomy suture break down and total evisceration. The parents declined a post-mortem examination.

The familial investigation failed to record any suggestive signs or medical event that could suggest an EDS manifestation. The careful physical exam of both 43-year-old parents and the 13-year-old brother (IV.2) was totally negative for the Villefranche criteria.[1] Premature death was traffic-related in participant II.1 and because of cancer in participants II.4 (throat) and III.2 (breast). The first born of the proband's parents (IV.1) died at 3 months of age from severe hypoxemia secondary to a diaphragmatic hernia (pathological data unavailable). No data were recorded for the common ancestral couple (participants I.1 and I.2).

### Mutation analysis
Genetic and laboratory tests were carried out in the proband and her parents under conditions established by the French law, and appropriate written informed consents were collected. Blood samples were obtained from the proband and her parents. Skin fibroblasts and a frozen surgical sample of bowel (jejunum) were also collected from the proband. The parents refused skin biopsy. Human dermal fibroblasts (HDF) and a frozen jejunum sample were obtained as controls from the European Collection of Cell Culture (number: 06090715, 19 years old, Caucasian female) and from the Biological Resource Center of the Montpellier University Hospital (CHU Montpellier, France), respectively.

Total RNA was extracted using the RNeasy mini kit (Qiagen, Courtaboeuf, France) after fibroblasts were incubated for 24 h in the presence or absence of cycloheximide (CHX (100 $\mu$g/ml), Fluka, Buchs, Switzerland). Total RNA was converted into complementary DNA by means of an RT-PCR carried out by priming with random hexamers and SuperScript II Reverse transcriptase, according to the manufacturer's instructions (Invitrogen, Cergy-Pontoise, France). A control PCR was carried out to check for residual genomic DNA. Flexigene DNA and QIAamp DNA mini kits (Qiagen) were used to extract genomic DNA from blood and fibroblasts, respectively. Total cellular proteins were harvested from the cultured fibroblasts as described elsewhere.[9]

For mutation screening in the proband, all the coding sequences of the *COL3A1* gene (cDNA) were sequenced bidirectionally in 10 overlapping fragments. For mutation confirmation in the proband and her parents, sequencing
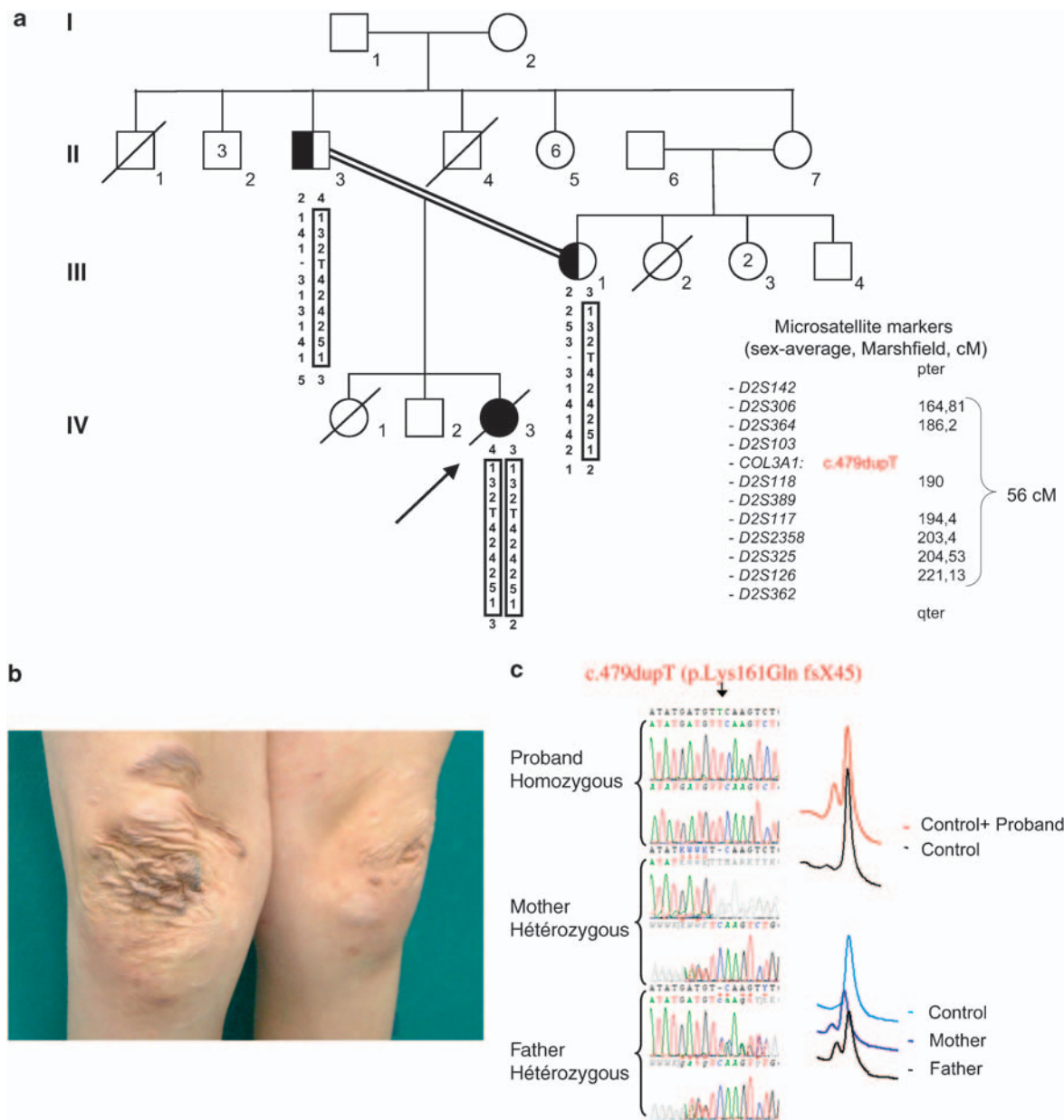
**Figure 1** Pedigree, haplotype, clinical assessment and mutation status. (**a**) Haplotype study showing a large 56 cM chromosome 2 region (black boxed), inherited by descent in the proband (IV.3). Markers were purchased from Applied Biosystems, Courtaboeuf, France. Genotyping and analysis were carried out according to the manufacturer's instructions. Presence of the mutation, c.479dupT, is represented as a T in haplotype. (**b**) Characteristic Ehlers–Danlos syndrome (EDS) skin lesions of the Proband. (**c**) Electropherograms of COL3A1 exon 5 genomic sequences around the c.479dupT, and its detection with denaturing high-performance liquid chromatography (dHPLC, Transgenomic, Courtaboeuf, France) in genomic DNA (additional details in online-only material).

and denaturing high-performance liquid chromatography were carried out in genomic DNA. Chromosome 2 haplotype analysis was carried out to confirm biparental transmission. Finally, we carried out an expression analysis using RT-PCR, real-time quantitative PCR (LC-480, Roche, Manheim, Germany), immunohistochemistry and immunoblotting. Methods, conditions, primer sequences

and antibody references are given in legends to figures and/or in online-only material. Exon numbering was carried out on the basis of the Reference Sequence NM_000090.3 (51 exons), as recommended by the Human Genome Variation Society guidelines.[10] It is to be noted that, as stated above, our exon 4 may also be described as exon 4/5 in a historic numbering system (with 52 exons).

## Results

*COL3A1* transcript sequences of the proband were homozygous and showed a duplication in exon 5: c. 479dupT. This duplication led to a frameshift and a premature stop codon (PTC) in exon 7: p.Lys16fsGlnfsX45. It was found in the heterozygous state in the DNA of her healthy parents, validating the homozygosity found in the proband. Moreover, the proband was found homozygous by descent for a large 56cM portion of chromosome 2, between microsatellite markers, *D2S306* and *D2S126* (Figure 1). The predicted frameshift resulted in a sequence that did not contain a Gly-X-Y motif with a PTC at the very beginning of the triple-helical domain. To confirm that no collagen III could be synthesized in the proband, we performed several expression analysis experiments. First, the deposition of the RT-PCR products on 3% agarose gel showed that products were only detected in the proband after treatment with CHX (nonsense-mediated mRNA decay (NMD) inhibitor) (Figure 2). Second, real-time PCR and relative

quantification analysis showed a normalized ratio of 1.133 ($\pm$0.211) in the HDF control in the absence of CHX, whereas this ratio was 0.0203 ($\pm$0.00155) in the proband (that is, *COL3A1* transcripts were <2.5% of the control). In agreement with the first experiment, CHX exposure reestablished the expression level, with a normalized ratio of 1.728 ($\pm$1.034) and 0.733 ($\pm$0.18) in the control and proband, respectively (Figure 2). Third, western blotting showed no signal in the proband with an antibody against the N-terminal domain of the type III procollagen. Finally, the absence of collagen III synthesis in the proband was also sustained *in situ* by means of immunohistochemistry on jejunum samples (Figure 2).

## Discussion

Mutations that confer an unusual pattern of inheritance in a gene related to a well-known genetic disease can
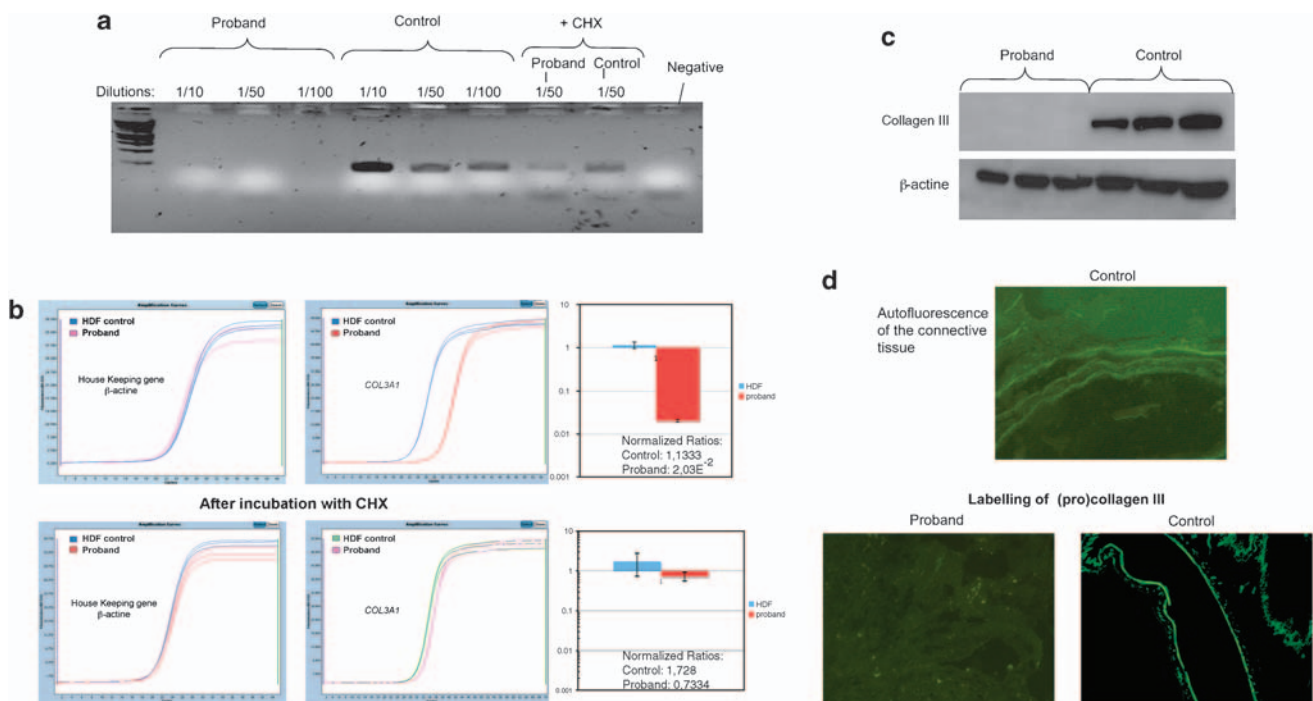


**Figure 2** Expression analysis in proband. (**a**) RT-PCR products separated on an agarose gel. Amplification of 25 cycles of *COL3A1* exons 1–2 in the cDNA of a control individual (human dermal fibroblasts (HDF)) and the proband at different dilutions (1/10; 1/50 and 1/100) and with or without cycloheximide (CHX) treatment (only 1/50 dilution is shown). Although a specific transcript is detected in the control, none is detected in the proband without CHX treatment. (**b**) Real-time RT-PCR. PCR products of *COL3A1* exons 5–8 amplicon (primers in online only material) were quantified using the LightCycler 480 system with SYBR Green I Master Mix according to the manufacturer's instructions (Roche, Mannheim, Germany). The expression level of *COL3A1* was normalized to that of housekeeping genes, $\beta$-actin and *GAPDH* (Eurogentec, Angers, France). A calibrator sample (HDF) was used and experiments were repeated thrice. In each experiment, the samples were run in triplicates. The *COL3A1* expression ratio was calculated using the E-Method (Roche, Eurogentec, Angers, France). (**c**) Western blot analysis: Immunodetection of Type III procollagen by an antibody against the N-telopeptide (S17, Santa Cruz, Santa Cruz, CA, USA) and by an antibody against the reference gene, $\beta$-actin (AC-15, Santa Cruz). We loaded 25, 40 and 60 $\mu$g of total proteins that were extracted from both the medium and the cell layer of the skin-cultured fibroblast from the proband and from the control. No (pro)collagen III was detected in the proband. (**d**) Immunohistochemistry: *in situ* detection of (pro)collagen III in frozen jejunum samples of the proband and control (48 years old, Caucasian female). In the proband, only autofluorescence of the connective tissue is detected after labeling with the S17 antibody (Santa Cruz), whereas the control showed intense labeling (concordant data were obtained with antibodies against the full-length collagen III triple-helical domain (FH-7A, Santa Cruz; data not shown)).

sometimes highlight a particular mechanism that is useful for correlating genotype to phenotype. For example, the efficiency of the NMD pathway can alter the pattern of inheritance in several genetic disorders.[11] We report here the characterization of a recessive inheritance of EDS linked to a *COL3A1* null allele, inherited by descent in a consanguineous child. Recessive inheritance of EDS type IV has been suggested in the past.[12] However, there were not enough data to discriminate real recessive cases from *de novo* occurrences, mosaicisms or even from marked phenotypic variability. It is interesting that the proband did not present a typical vascular-type EDS phenotype. First, she had diffuse cortical dysplasia and absence of epilepsy. This could suggest a phenotypic overlap with the EDS variant caused by mutations in the gene encoding Filamin A (MIM#300537). Moreover, this variant, as well as the vascular type, includes cardiovascular manifestations. However, the proband's MRI of the brain showed no periventricular nodular heteropia (a hallmark of this EDS variant). Considering the fact that numerous etiologies remain possible (including recessive disease), this overlap has to be interpreted with caution. Second, she had pronounced atrophic scars such as those found in classical EDS type. However, there are striking parallels between our observation and that in the mouse knockout model described by Liu *et al*.[6] Homozygous mutant mice had a low-survival rate, with most deaths occurring within 2 days after birth. This could be consistent with the premature death of the proband's sister. The surviving homozygous mutant mice lived one-fifth of the normal life span. In addition to aneurysms, they displayed marked skin lesions, frequent intestinal enlargement and occasionally fatal intestinal rupture. This correlates with our observation in humans (although we cannot exclude another gene defect), suggesting a distinct phenotype for recessive inheritance. Finally, similar to heterozygous mice, the heterozygous parents were phenotypically normal. We could not extend the familial investigation to other relatives, however no evident vascular EDS manifestations were recorded. Therefore, it is likely that the common ancestor and potentially other relatives carrying the mutation also match the mouse model. Thus, heterozygous as well as homozygous individuals for *COL3A1* null alleles could present a distinct and unrecognized phenotype. Taken together, these points also support the classic dominant-negative mechanism as being the main basis for genotype–phenotype correlations in vascular EDS.

How could we conciliate these findings with the study of Schwarze *et al*?[7] It is unlikely, even if possible, that the authors failed to detect a mutation in *trans* in their reported patients (non-detected recessive cases). Therefore, two hypotheses remain to explain the discrepancy.

The first hypothesis refers to the relation between NMD efficiency and the resulting dominant-negative effect. Our findings, as well as those of Schwarze *et al*,[7] present evidence of a strong mRNA decay by NMD. If admitted that NMD is rarely, if ever, 100% efficient,[13] the pathogenicity of the mutation would be linked to its position. In their study, c.1832_1833delAA and c.555delT mutations occurred in the Gly-X-Y triple-helical domain. If translated, the little remnant peptide could be sufficient to alter the complex post-transductional processes of the type III collagen through a dominant-negative effect. It is also consistent with their findings regarding the c.4294C>T mutation, which result in a truncated peptide (PTC in the last *COL3A1* exon). Finally, another explanation is necessary to modelize the effect of the remaining c.413delC mutation. Indeed, this mutation, similar to the c.479dupT mutation reported here, also predicts an absence of the Gly-X-Y major triple-helical domain. However, c.413delC also disrupts the Gly-X-Y repeats of the minor triple-helical domain of the N-telopeptide, which is known to be required for N-terminal proteinase recognition and cleaving.[14] This is not the case with c.479dupT, which occurs in the microunfolding region (last part of the N-terminal domain). c.413delC could thus lead to a stronger interference with N-propeptide removal and this may explain the phenotype discordances.

The second hypothesis would be that (a) modifier gene(s)/factor(s) confer(s) a protective effect in the family described here. Such a mechanism has been documented to explain the marked variability of symptoms in other diseases. For example, for a same mutation in the *COL7A1* gene, different alleles of a frequent functional variant in the gene encoding the matrix-metalloproteinase 1 (also known as collagenase) have been described to produce different forms of recessive dystrophic epidermolysis bullosa.[15] Such modifier genes could also support the marked variability observed in some vascular EDS pedigrees and in the discrepancy between haploinsufficiency consequences in the Schwarze study and in ours. *Cis*-acting elements could be more easily identified if there is a correlation between phenotype and variations in the expression of the wild-type allele. However, up to now, we have had no fibroblast cultures of the clinically unaffected heterozygous parents. It is interesting that these two hypotheses are not exclusive. Recently, NMD efficiency has been shown to vary between cell types, tissues and individuals with the growing idea that the NMD pathway could act as a modulator of genetic disease severity.[16]

The mechanisms by which mutations in the *COL3A1* gene produce diseases are still poorly understood. So far, all the mutations reported in *COL3A1* have been linked to an autosomal dominant pathway of inheritance. For the first time, we have described herein a recessive EDS case caused by an autozygous nonsense mutation in the *COL3A1* gene. This observation opens up new perspectives for genotype–phenotype correlations. Understanding why heterozygosity for a *COL3A1* null allele can result in an apparently normal phenotype in a mouse and, here, in humans could

offer seductive therapy perspectives for this life-threatening disease.

## Conflict of interest

The authors declare no conflict of interest.

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Supplementary Information accompanies the paper on *European Journal of Human Genetics* website (http://www.nature.com/ejhg)