



Systemic Radiotherapy Can Cure Lymphoma: A Paradigm for Other Malignancies?

Gerald L. DeNardo,¹ Sally J. DeNardo,¹ and Rod Balhorn²

¹Department of Internal Medicine, University of California, Davis, Sacramento, CA

²Lawrence Livermore National Laboratory, Livermore, CA

SUMMATION

The cytocidal potency of a molecule can be augmented by conjugating a radionuclide for molecular targeted radionuclide therapy (MTRT) for cancer. Radioimmunotherapy (RIT) should be incorporated into the management of patients with B-cell non-Hodgkin's lymphoma (NHL) soon after the patients have proven incurable. Better drugs, strategies, and combinations with other drugs seem certain to make RIT integral to the management of patients with NHL and likely to lead to a cure of the currently incurable NHL. These improved drugs, strategies, and combinations thereof also offer opportunities for RIT to become part of the management of solid malignancies, including epithelial cancers. Smaller radionuclide carriers, such as those used for pretargeted strategies, provide dose intensification. The potential of pretargeted RIT to improve patient outcomes is striking.

Key words: radionuclide, radiotherapy, antibody, solid cancers, non-Hodgkin's lymphoma, radioimmunotherapy

"Only those who risk going too far will ever know how far they can go."

—Anonymous

INTRODUCTION

Patients are commonly cured of locoregional malignancies by using surgery, conventional radio-

*Address reprint requests to: Gerald L. DeNardo; Department of Internal Medicine, University of California, Davis; 1508 Alhambra Boulevard, Suite 3100; Sacramento, CA 95816; Tel.: 916-734-3787; Fax: 916-703-5014
E-mail: gldenardo@ucdavis.edu*

therapy, and chemotherapy but die of disseminated cancer (Fig. 1). Using molecular targeted radionuclide therapy (MTRT), we can cure, the evidence suggests, non-Hodgkin's lymphoma (NHL). It is time to ask the question, "Does MTRT provide a meaningful opportunity in metastatic 'solid malignancies?'" The term "solid malignancies" is often used to refer to malignancies that are not of hematopoietic origin and less radiosensitive. Many are of epithelial origin, such as breast, prostate, colorectal, and lung cancers.

RIT has proven highly effective for patients with B-cell NHL, using conventional or direct strategies. Durable response rates of 60%–80% have been achieved in trials using ¹³¹I-tositu-

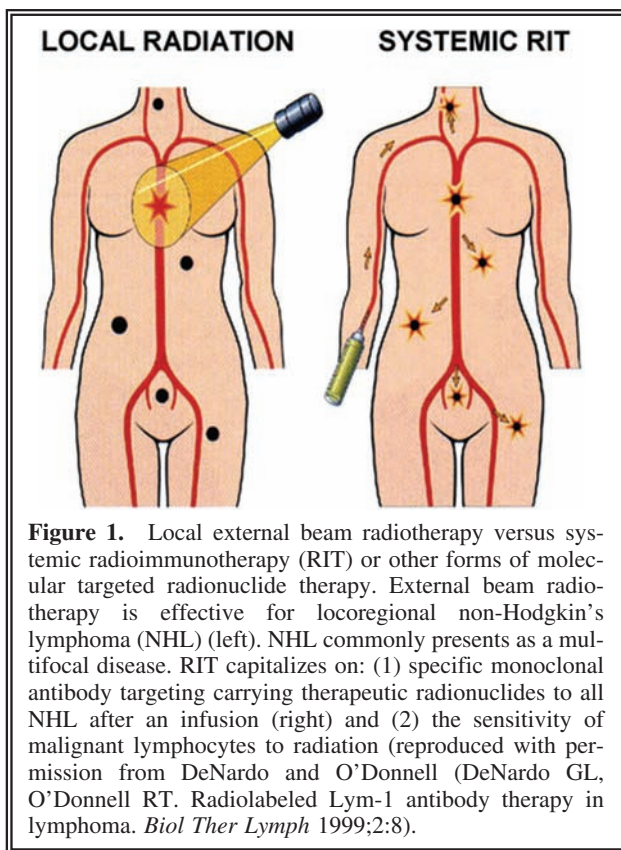


Figure 1. Local external beam radiotherapy versus systemic radioimmunotherapy (RIT) or other forms of molecular targeted radionuclide therapy. External beam radiotherapy is effective for locoregional non-Hodgkin's lymphoma (NHL) (left). NHL commonly presents as a multifocal disease. RIT capitalizes on: (1) specific monoclonal antibody targeting carrying therapeutic radionuclides to all NHL after an infusion (right) and (2) the sensitivity of malignant lymphocytes to radiation (reproduced with permission from DeNardo and O'Donnell (DeNardo GL, O'Donnell RT. Radiolabeled Lym-1 antibody therapy in lymphoma. *Biol Ther Lymph* 1999;2:8).

momab (Bexxar[®]; Glaxo Smith Kline, Research Triangle Park, NC) or ⁹⁰Y-ibritumomab tiuxetan (Zevalin[®]; Biogen Idec, Inc., Cambridge, MA; and Cell Therapeutics, Inc., Seattle, WA). In solid malignancies, response rates to RIT have been about 10%–20% and less durable. The reasons seem mostly related to greater radioresistance of these malignancies; however, solid malignancies are variable in this respect. Some are less radioresistant and, therefore, preferred candidates. Bone marrow toxicity has generally been dose limiting for RIT,^{1,2} unless stem cell transplantation (SCT) has been used to displace the dose-limiting tissue to one that is more radioresistant. Another strategy for dose intensification separates the delivery of the targeting molecule from that of the radionuclide carrier, using pretargeted strategies. The concept of pretargeted RIT is to deliver a bispecific molecule to the malignancy first, allow for clearance from the circulation, then administer a small radionuclide carrier that readily binds to the targeting molecule in the malignant tissues and clears from normal tissues.

MTRT IN NHL

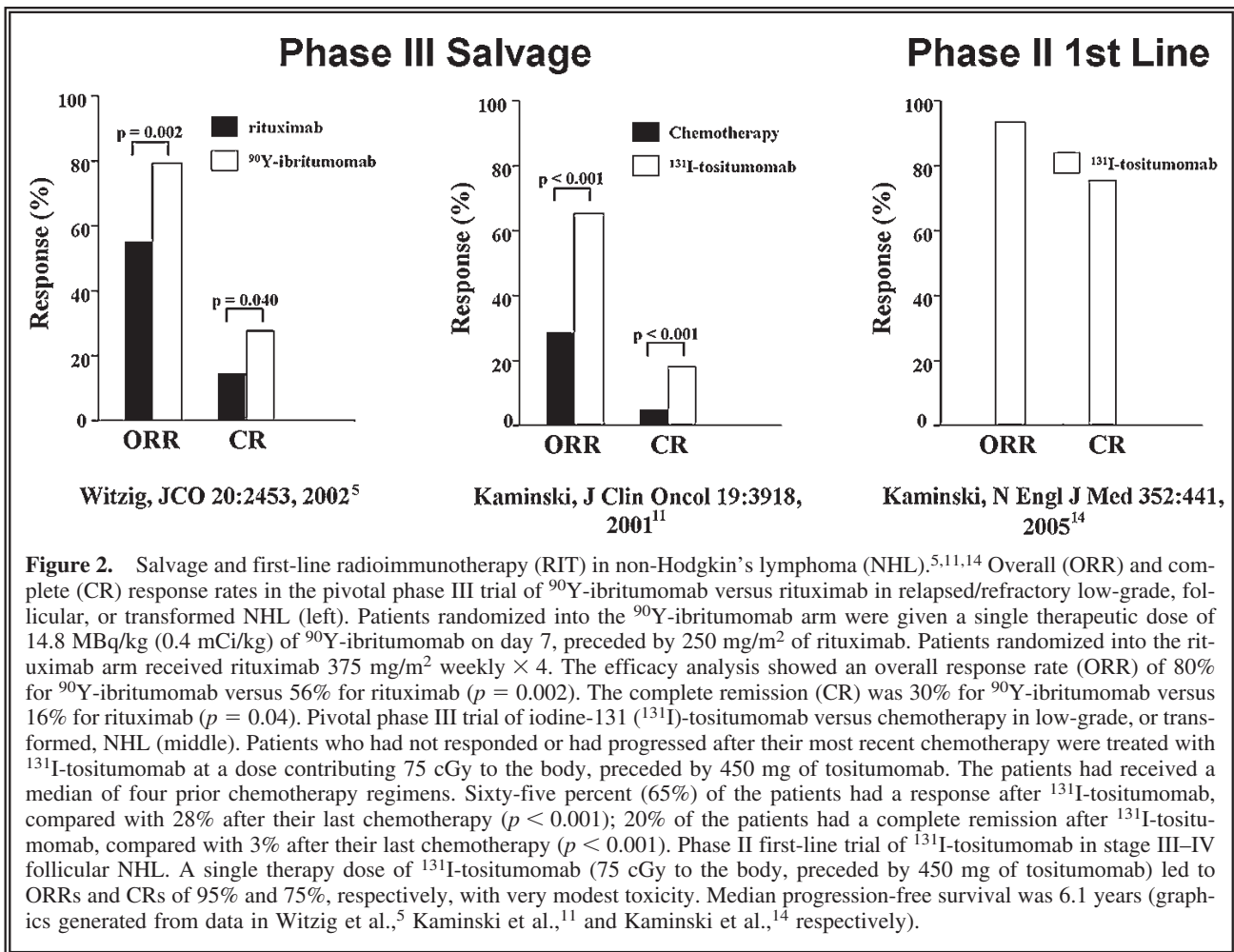
The frequency and incidence of NHL has substantially increased in recent decades. Fortunately, new therapies have become available. In 1997, the United States Food and Drug Administration approved rituximab (Rituxan[®]; Biogen Idec, Inc.; Cambridge, MA; and Genentech, Inc., South San Francisco, CA) for NHL. Rituximab has been proven useful alone for indolent NHL and, in combination with chemotherapy, for aggressive NHL. The drug is sometimes used as first-line therapy for indolent NHL. Patients refractory or resistant to chemotherapy or rituximab respond and achieve long-term remissions from ¹³¹I-tositumomab and ⁹⁰Y-ibritumomab, monoclonal antibodies (mAbs) conjugated to radionuclides, to deliver radiation to the NHL cells. These mAbs localize to the surface membrane of antigen-expressing NHL cells. Like conventional radiotherapy, NHL almost never comes back at a site treated using these systemic drugs because NHL is highly radiosensitive. Overall response rates and complete remission rates have been substantially higher for RIT than for rituximab alone in both indolent and aggressive NHL; there is evidence for survival advantage. Dose-response relationships have been observed, as expected. In one study, higher concentrations of lymph node radioactivity correlated with better clinical response.³

Phase III Salvage RIT

In trials in patients with relapsed or refractory NHL, overall response rates were greater than 60% and complete remission rates ranged from 15% to 50%.^{4–10} In all instances, the response rates were greater for RIT, using tositumomab or ibritumomab, than they were for rituximab or the most recent regimen of chemotherapy (Fig. 2).^{5,11} Continuing responses beyond 5 years have been observed in a substantial proportion of the patients that achieved a complete remission, despite a prior failure to respond to other therapy.^{12,13}

Phase II First Line RIT

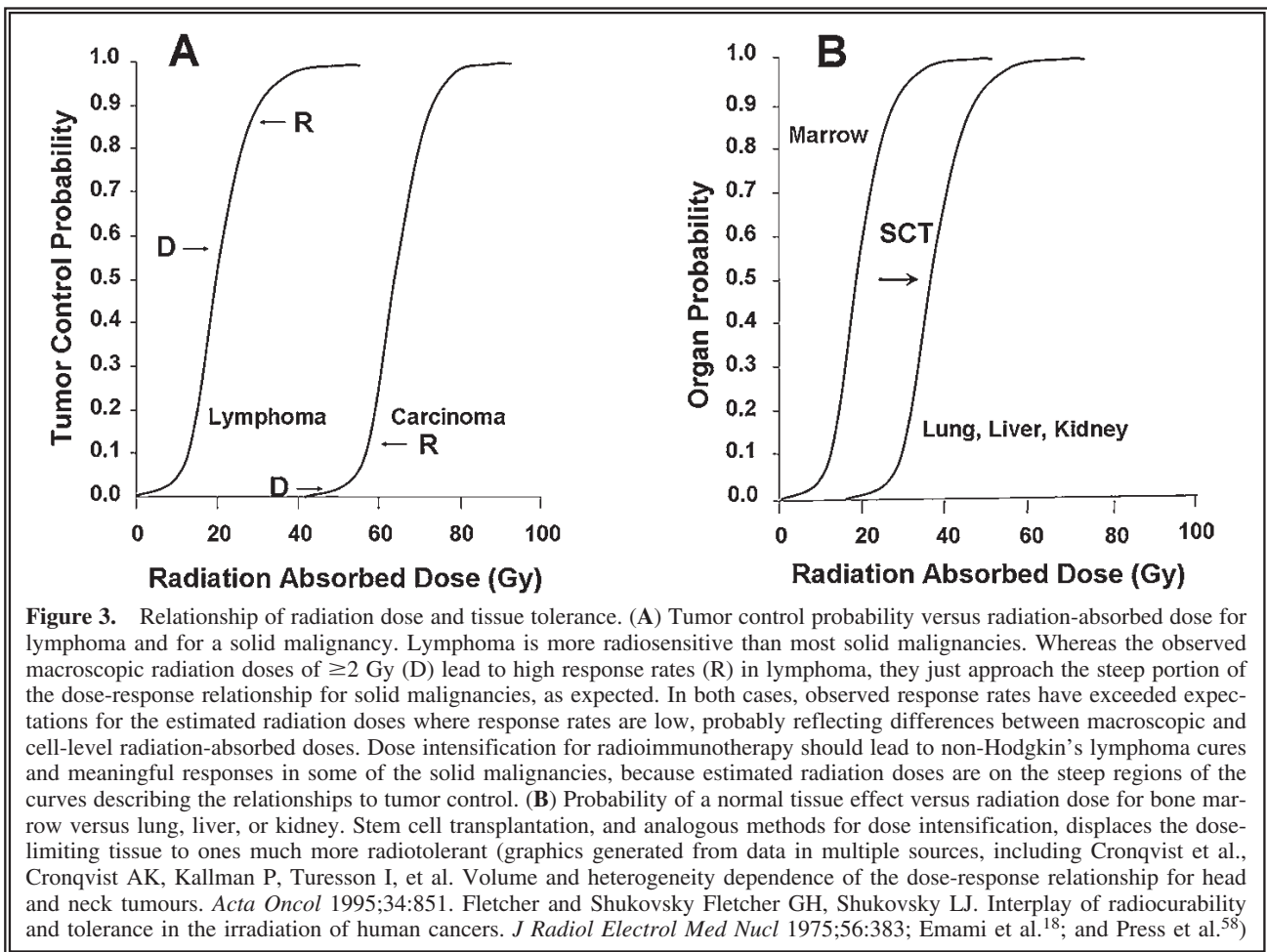
Given as a single dose of a single drug to previously untreated patients with advanced follicular NHL, ¹³¹I-tositumomab had an overall response rate of 95% and a complete remission rate of 74% (Fig. 2).¹⁴ Toxicity was minimal and the 5-year progression-free survival for these patients was 62%.



RADIATION DOSE VERSUS RADIOBIOLOGIC RESPONSE

Before addressing dose intensification, several concepts need to be addressed. There is abundant evidence for a radiation dose-tissue response relationship for radiotherapy (Fig. 3), including radionuclide therapy (and for chemotherapy). This relationship can also be described in terms of the radiation-absorbed doses to the malignant and normal tissues. A variety of other surrogates are sometimes used. However, the radiation effect on a tissue reflects both its radiosensitivity and the radiation dose absorbed by the tissue (Fig. 3). As indicated earlier, malignancies of hematopoietic origin are quite radiosensitive. Among normal tissues, one of the most radiosensitive is the bone marrow. Similar to solid malignancies, normal tissues, such as those in the liver, kidney, and lung, are more radioresistant. For radionuclide therapy,

in therapeutic indices reflecting the ratio of the radiation doses (or some surrogate thereof) absorbed by the malignant tissue relative to that absorbed by a normal tissue, often the dose-limiting normal tissue (the marrow) can be generated to compare drugs and strategies and to obtain a first approximation of the likely therapeutic advantage, that is, the likelihood of therapeutic effect relative to the likelihood and severity of normal tissue toxicity. These estimates are best performed on the radiation-absorbed doses or surrogates (e.g., the area under the time-activity curves), that is, the activities for the tissues over time in microcurie hours per gram of tissue. Other factors must be considered when judging strategies and drugs. One of these is the absolute activity concentrations in the tissues. Some drugs and strategies have attractive indices, but low absolute activity concentrations, that influence the radiation-absorbed and the activity doses needed for therapy.



SOLID MALIGNANCIES

The use of RIT as an adjuvant to locoregional surgery and radiotherapy to eradicate metastases, whether detectable or undetectable, is sound and was one of the earliest purposes for chemotherapy. RIT has favorably influenced long-term outcomes in solid malignancies, such as colorectal cancer,¹⁵ ovarian,¹⁶ and glioblastoma multiforme,¹⁷ when used as an adjuvant to established therapy. Phase II trials of RIT at fixed doses in these settings have shown benefit but require confirmation in larger, phase III multicenter, randomized trials. Phase I studies in broader settings show evidence that RIT has activity, but the durability and frequency of responses have been low.¹⁸⁻²⁵ Reasons given for the different effectiveness of RIT in solid malignancies versus NHL include different radiation doses, dose rates, uptakes, and activity concentrations in the malignancies; however, these parameters are not substantially different for the solid malignancies and

NHL. The most likely explanation is that solid malignancies are less radiosensitive than NHL, just as many normal tissues are less radiosensitive than bone marrow (Fig. 3). Along with dose intensification in larger numbers of patients, less radioresistant solid malignancies should be the focus of future efforts (Table 1). The numbers of patients in trials of SCT and pretargeted RIT for solid malignancies have been insufficient even to reach the maximum tolerated dose in many instances, and more radioresistant solid malignancies have sometimes been selected. Before conclusions can be drawn for the solid malignancies,

Table 1. Future Trial Requirements for Solid Malignancies

- Phase II and III trials
- More patients
- Better-selected patients
- More networking, multiple centers

phase II studies at fixed doses in adequate numbers of patients having less radioresistant types of malignancies, and using current methods for dose intensification, such as pretargeted RIT, are required.

DOSE INTENSIFICATION

A method for intensifying the effect of a molecule, even a bioactive one, is to add a radionuclide to serve as a radiation source.^{5,26–28} Other strategies and drugs have been shown, in pre-clinical studies, to provide radiation dose intensification (Table 2). Some of these have also been validated in patients but not adequately in patients with solid malignancies. The latter have often involved insufficient numbers of patients studied at a fixed-dose level; better judgments can be made after multicenter, phase II and III trials.

Strategies and drugs for dose intensification may reduce the mathematically derived therapeutic index for the malignant and dose-limiting tissues, yet therapeutic advantage may be gained because the dose-limiting tissue is displaced from a radiosensitive one (e.g., the marrow) to a less radiosensitive one (e.g., the liver, kidney, or lungs). For example, SCT and pretargeted strategies displace the dose-limiting tissue from the marrow to the liver, kidney, or lungs, for which the therapeutic index is only about 4-1. Therapeutic advantage occurs because the liver, kidney, or lungs are at least 10 times more radioresistant than the marrow. If multiple doses of the same drug are given us-

ing the same strategy, the dose-limiting tissue may be the same, as may be the radiation-dose distribution, for each of the doses.²⁹ Some studies have actually shown that the radiation dose absorbed by malignant tissue was greater for a subsequently administered dose than for the previous dose.³⁰

Radiosensitization

The potential to radiosensitize malignant cells (or radioprotect normal cells) has long been appreciated by radiotherapists. The opportunity to dissociate malignant from normal tissue radiation, and to achieve advantage from radiosensitizers, has been described,³¹ and was shown to be effective for MTRT, using drugs (taxanes) approved for other purposes.^{32,33} Other targets that are attractive in this regard include the epidermal growth factor (EGF) family of receptors and related intracellular signaling proteins.³⁴ Overexpression of EGFR occurs in many malignancies. Drugs that block EGFR expression or inhibit tyrosine kinases have been associated with events favorable for radiotherapy, including cell-cycle arrest.^{35,36}

In addition to its antilymphoma effect in the absence of radiation, rituximab has been shown to radiosensitize lymphoma cells at low levels of radiation exposure.^{37,38} A purported mechanism of action is the arrest of the cell cycle.³⁹ Another mAb against solid malignancies has shown remarkable bioactivity and evidence for radiosensitization in patients.³⁰ Patients given this mAb, radiolabeled, for RIT of advanced breast cancer showed greater therapeutic benefit than have patients with this and other solid malignancies given RIT, using other mAbs. Other protocol factors may dictate that it is preferable to use a different drug for radiosensitization than a bioactive mAb that also serves as the radionuclide carrier.

Hematopoietic SCT

High-dose chemotherapy and SCT are used for chemosensitive, relapsed NHL. This strategy for the dose intensification of chemotherapy is the standard for the salvage of follicular NHL, the most common indolent and second most common type of NHL. An alternative approach is to deliver potentially curative radiation doses, using SCT, to permit the displacement of the dose-limiting tissue from radiosensitive marrow to more resistant normal tissues, such as the lung or liver. Press et al.⁴⁰ initiated high-dose RIT for relapsed

Table 2. Validated Methods for Intensification of Therapeutic Effects

- Arm with radionuclide (e.g., ⁹⁰Y or ¹³¹I)
- Treat earlier!
- Radiation dose intensification: “more and longer”
 - Larger doses, (e.g., SCT)
 - More doses (e.g., multiple doses or fractionation)
- Better-defined patient population, using imaging
- Small molecule radionuclide carriers
 - Pretargeted RIT
 - mAb alternatives (e.g., mAb fragments, affibodies, aptamers, SHALs, peptides, etc.)

SCT, stem cell transplantation; RIT, radioimmunotherapy; mAb, monoclonal antibody; SHALs, selected high-affinity ligands.

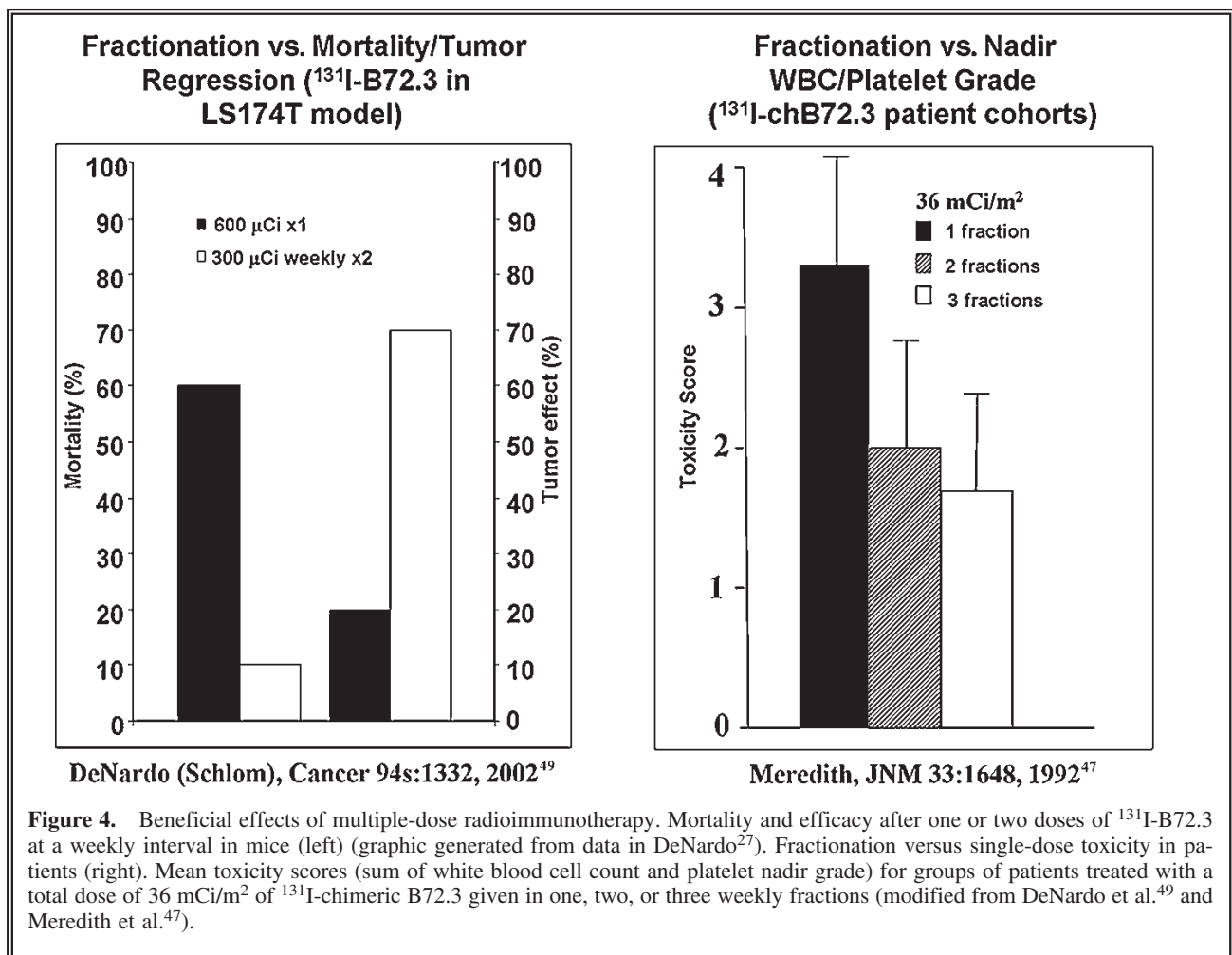
NHL and achieved remarkable, highly durable response rates.⁴¹ In this salvage setting, overall response rates and complete remission rates have been 95% and 85%, respectively, and remissions have been longer than single-dose, nonmyeloablative RIT.⁴²⁻⁴⁴ At 2 years, overall survival was 93% and progression-free survival 62%, both impressive in a salvage setting for NHL. Later follow-up has shown that many of the remissions have lasted more than 5 years. Although the mortality and toxicity for myeloablative RIT was greater than that for nonmyeloablative RIT for NHL, they were substantially less than those for high-dose chemotherapy.⁴⁵ Additionally, 5-year overall and progression-free survivals were greater for high-dose RIT than for high-dose chemotherapy with SCT in patients with relapsed follicular NHL; the former also tolerated further therapy better than the latter.

A phase III trial comparing the efficacy of six

cycles of chemotherapy followed by ¹³¹I-tositumomab versus six cycles of chemotherapy in previously untreated, advanced follicular NHL showed the superiority of the former. Overall and complete response rates were 91% and 69%, respectively, and the progression-free survival was better when ¹³¹I-tositumomab was added to chemotherapy.⁴⁶

Multiple Doses (Fractionation)

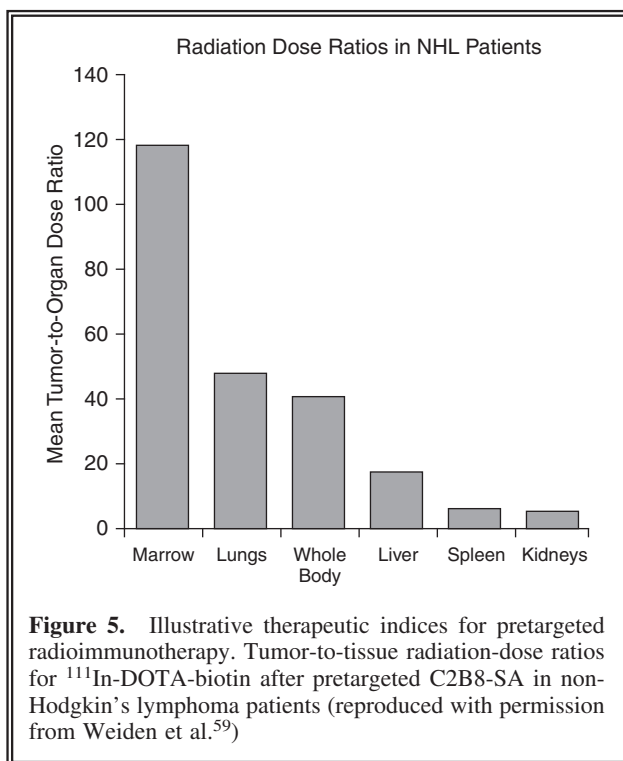
Reflecting the remarkable potency of the drugs, the single therapy dose used in the phase III pivotal trials of ¹³¹I-tositumomab and ⁹⁰Y-ibritumomab proved effective and led to drug approvals. However, a single therapy dose of a single drug is not consistent with the principles established for chemotherapy and conventional radiotherapy, and likely decreased the opportunities for complete remissions and better long-



term outcomes from ^{131}I -tositumomab and ^{90}Y -ibritumomab. Dose intensification is clearly needed for the solid malignancies. Administration of multiple doses has been shown to be effective and safe (Fig. 4).^{47–49} A study in mice with human colon cancer xenografts in which 1000 μCi of ^{131}I -labeled mAb fragments was given in a single dose and compared with four daily doses of 250 μCi showed that the “fractionated schedule clearly presented a therapeutic advantage”²⁹ Further, the cumulative radiation dose to the xenografts was 4-fold greater when the activity dose was fractionated. Finally, the multiple-dose strategy can be used with other strategies for dose intensification; it has been used for RIT with SCT,^{30,32,50} as well as RIT alone.^{51,52}

Pretargeted RIT

To improve the therapeutic ratios of RIT, methods, known as pretargeted RIT and consisting of multiple-step processes that separate the distribution of the targeting molecule from that of the radionuclide delivery system have allowed dose escalation in preclinical and clinical studies (Fig. 5).^{53–59} In mice and in patients pretargeted RIT has been more effective than direct RIT, even in solid malignancies, because therapeutic indices



were higher and larger activity doses of radionuclide could be safely administered (Figure 6).^{58–62} In a landmark study by Axworthy et al.,⁶³ cures were obtained in mice with lung, colon, or breast cancer xenografts by using this strategy. However, some of the agents used in this strategy are immunogenic. A more general pretargeted RIT strategy, referred to as “dock and lock,” has been described.^{61,64,65} Preclinical studies have been exciting; this strategy and these agents are ready for application to trials in patients for the dose intensification needed for solid malignancies, as well as that for the cure of NHL. Several exceptional recent reviews are recommended.^{64–66} Although disadvantages, including the complexity of the strategy, exist, many past disadvantages have been overcome. Ultimately, more direct strategies involving small-molecule radiation-delivery systems are likely to dominate clinical imaging and therapy.

Small-Molecule Carriers

Whereas intact mAbs recognize malignant cells specifically, size limits their value. As size decreases, blood clearance and tissue penetration increase. mAb fragments have been used to improve the therapeutic index (tumor–blood ratio) and to serve as building blocks for more complicated molecules of interest.⁶⁷ Although smaller than an intact mAb, and generally having the preferred pharmacokinetics for RIT, mAb fragments still are appreciably larger than chemotherapeutic drugs. Peptides are very small radionuclide carriers. A notable group are those that bind to the somatostatin and related growth-factor receptors. They have been successfully translated to the clinic.^{68–74} Aptamers,⁷⁵ affibodies,⁷⁶ and selective high-affinity ligands (SHALs)^{77–79} are promising classes of molecules of very small size, high affinity, and specificity. All of these molecules can be generated using combinatorial libraries as well as conventional synthetic methods.

SHALs

The class II major histocompatibility, human leukocyte antigens (HLAs) serve as signaling receptors and in the immune mechanism. These proteins are abundantly present on the surface and inside malignant B-lymphocytes. Based on predictions from *in silico* modeling and from empiric testing, small organic ligands have been selected to bind to docking sites within the

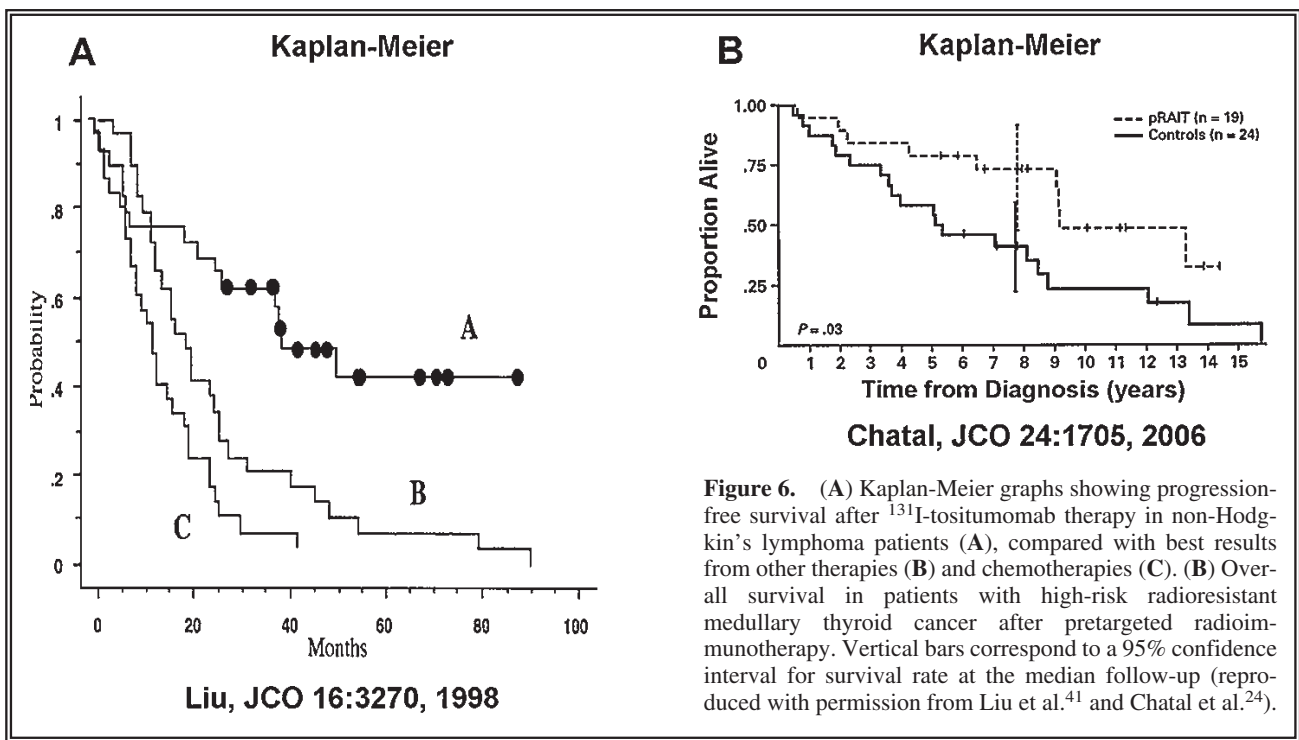
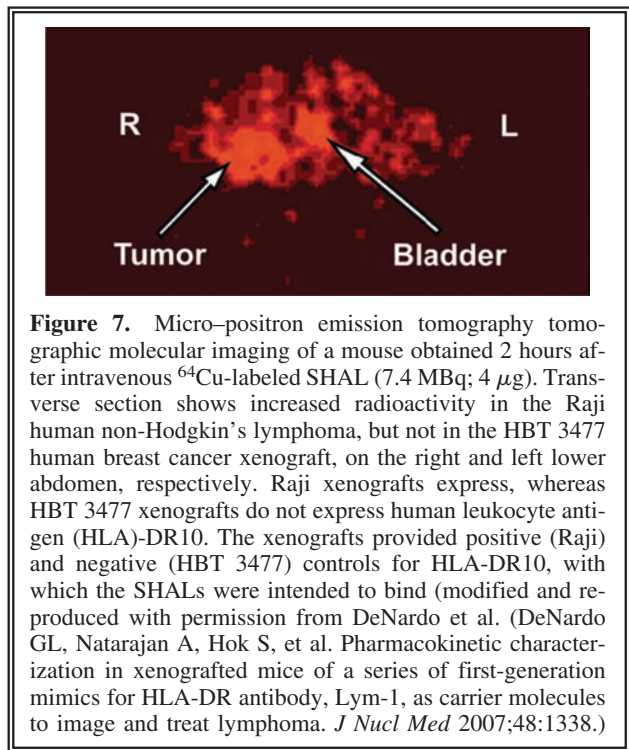


Figure 6. (A) Kaplan-Meier graphs showing progression-free survival after ^{131}I -tositumomab therapy in non-Hodgkin's lymphoma patients (A), compared with best results from other therapies (B) and chemotherapies (C). (B) Overall survival in patients with high-risk radioresistant medullary thyroid cancer after pretargeted radioimmunotherapy. Vertical bars correspond to a 95% confidence interval for survival rate at the median follow-up (reproduced with permission from Liu et al.⁴¹ and Chatal et al.²⁴).

Lym-1 mAb epitopic region of HLA-DR10. Covalently linking sets of these ligands, SHALs, have been generated for B-cell-derived lymphomas and leukemias.⁸⁰ These novel nanomol-

ecules mimic the binding of mAbs because of contacts between multiple residues on the surface of the SHAL and its target protein, and have had rapid uptake by NHL xenografts and fast clearance from normal tissues (Fig. 7).⁸¹ Although the SHALs differed with respect to the number and nature of ligands, polyethylene glycol monomers, and lysines, all SHALs were neutral, readily diffused into cells, and bound selectively to HLA-DR10 protein and expressing cells. Histochemical analyses of NHL tissues showed that the SHALs bind to lymphoma from patients. SHALs having a Ct (3-(2-([3-chloro-5-trifluoromethyl]-2-pyridinyl]oxy)-anilino)-3-oxopropanionic acid) ligand had additional properties of importance (Fig. 8). These SHALs residualized inside HLA-DR10-expressing cells and showed antilymphoma potency against live human lymphoma cells and xenografts in mice (Figs. 9 and 10).⁸¹ Readily conjugated to a radionuclide, SHALs also serve as carriers for selective cell level radiation.



Delivery of carrier molecules to intracellular sites, including nuclear localization, has been demonstrated for mAbs and other proteins, using natural and synthetic cationic peptides as transporters.⁸² To improve SHAL uptake and residence in NHL cells, hexa-arginine was conjugated to a SHAL (Fig. 8). The hexa-arginine

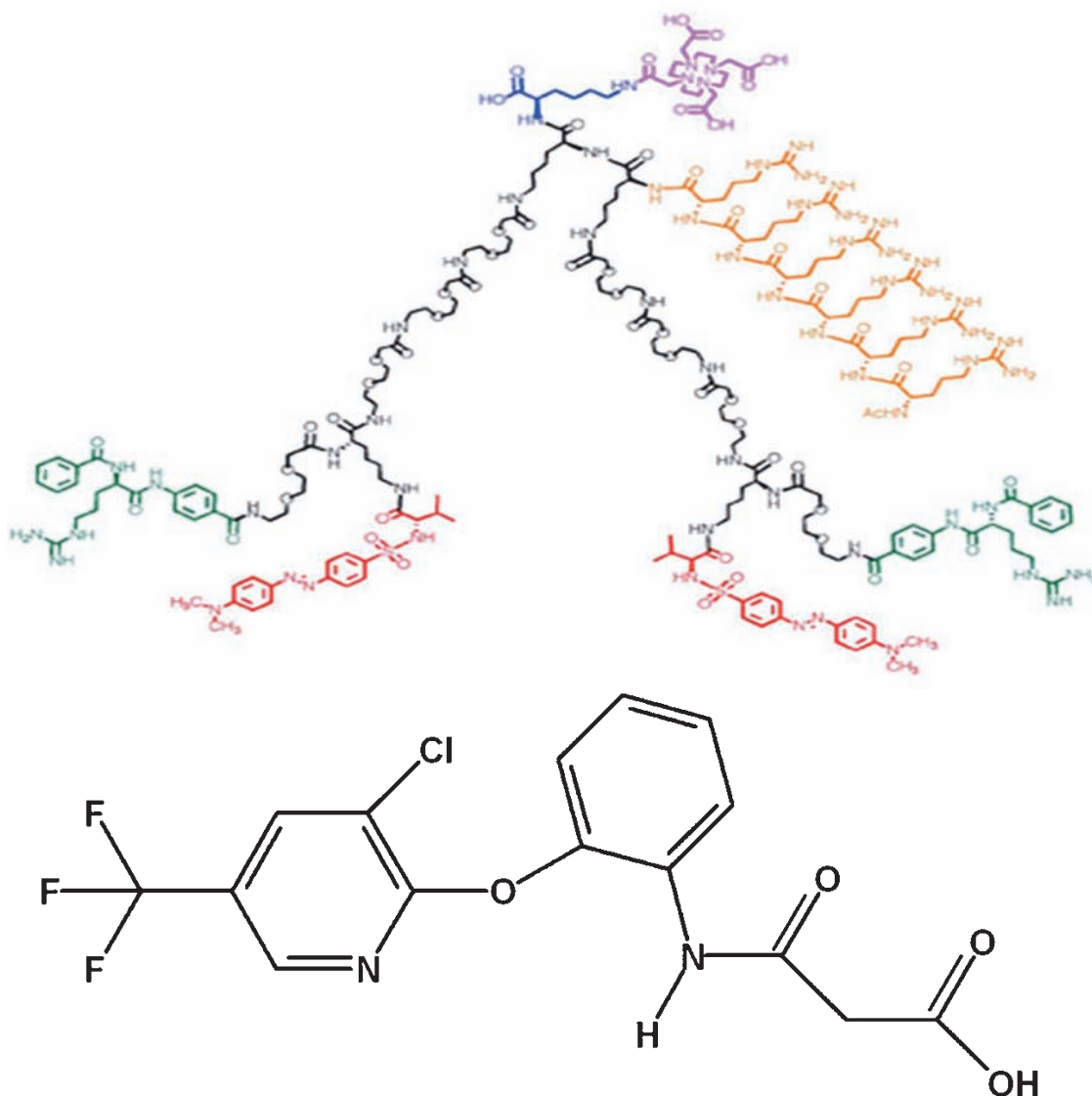


Figure 8. Chemical structure in 2 dimensions for dimeric selected high-affinity ligand, $(DvLPBaPPP)_2(Arg)_6LLDo$, with an Arg_6 nuclear localization sequence (upper). SHALs having the Ct ligand, 3-(2-([3-chloro-5-trifluoromethyl]-2-pyridinyl)oxy)-anilino)-3-oxopropanionic acid (lower), selectively residualized and were cytotoxic. (Analog-biotinylated SHALs differ only with respect to the substitution of biotin for the macrocycle chelate, to the upper right of SHAL.)

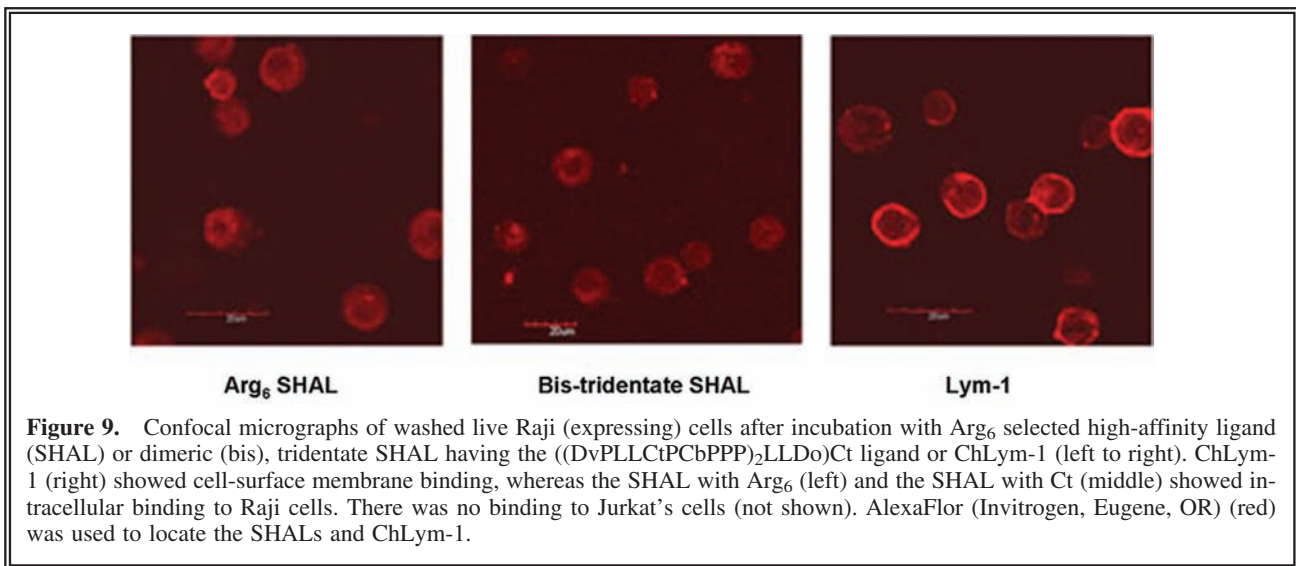
sequence enhanced the SHAL's internalization by HLA-DR10-expressing NHL cells (Fig. 9).

SHALs have great potential as novel small molecules for targeting lymphoma and leukemia for molecular therapy and imaging. SHAL-based therapeutics to transport and residualize a variety of agents near critical sites inside malignant cells can be developed. The SHAL production platform is efficient, flexible, and permits rapid synthesis and modifications, leading to SHALs with highly improved properties. Unlike their biologic

counterparts, these chemicals are inexpensive and easy to produce with consistency.

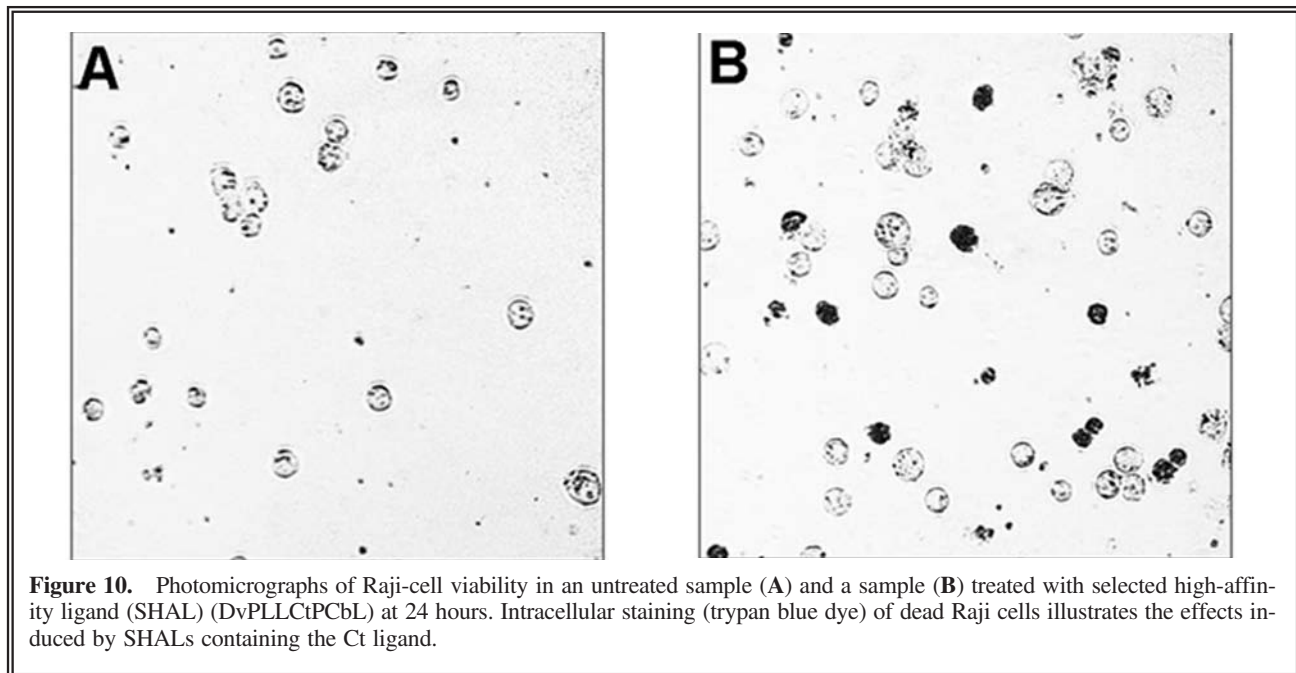
CONCLUSIONS

In summary, where are we with MTRT? Conventional RIT for patients with NHL is attractive as both first-line and salvage therapy, whether as a single agent or combined with other drugs, and has an attractive adverse-event pro-



file. Because of the radiosensitivity of NHL, modest dose intensification, using existing strategies and drugs, should cure most of these patients. RIT should be given greater consideration for first-line therapy because of its remarkable response and safety profile. In solid malignancies, there is evidence for biologic activity, but it has been insufficient to establish the role of MTRT in the management of these patients.

Dose intensification in meaningful phase II and III trials is required here. Dose intensification can be achieved by using stem cell transplantation SCT and/or multiple dosing strategies. Strategies using small molecules to deliver the radionuclide, whether in pretargeted RIT or in a direct mode, seem particularly attractive for dose intensification. Pretargeted RIT is ready now for widespread patient trials while awaiting more ex-



tensive preclinical trials with small molecules that can be used in direct strategies.

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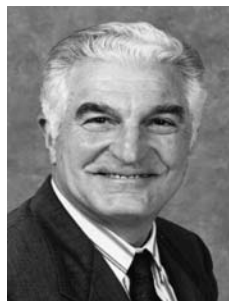
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About the Authors

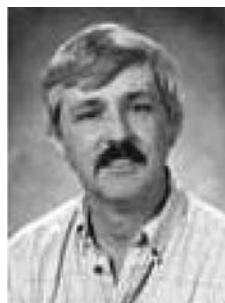


Gerald L. DeNardo received his medical degree in 1957 from the University of California School of Medicine in San Francisco. Following internship and resident training in Internal Medicine and military service, he began his career in academic medicine at the University of Colorado in 1961 and at Stanford in 1965. He joined the Department of Radiology and Medicine at the University of California, Davis School of Medicine in 1970. Dr. DeNardo specializes in systemic radiotherapy for the treatment of lymphoma, leukemia, and metastatic breast and prostate cancers, currently focusing on novel, small-molecule carriers (SHALs). He has been the recipient of the Cassen Prize for 2000, presented at the 47th Annual Meeting of the Society of Nuclear Medicine, St. Louis, Missouri, and the Berson-Yallow Award in 1978 and 1984. Dr. DeNardo is currently Professor Emeritus in Internal Medicine, Radiology and Pathology at the University of California, Davis School of Medicine and Cancer Center.



Sally J. DeNardo received her medical degree in 1965 from the University of Chicago, Pritzker School of Medicine, and her postdoctoral training in Internal Medicine, Hematology/Oncology and Nuclear Medicine at Stanford from 1965 to 1971. She then joined the faculty of the University of California Davis, School

of Medicine. Her primary clinical and research focus has been nuclear oncology: basic science development and clinical evaluation of new tumor targeting antibody or recombinant fragment radiopharmaceuticals for cancer therapy. She serves as a current member of the American Board of Nuclear Medicine, and on the editorial boards of several journals. Dr. DeNardo is a senior professor in the Departments of Internal Medicine (Hematology/Oncology) and Radiology (Nuclear Medicine) at the University of California Davis, School of Medicine and Cancer Center.



Rod Balhorn received his BS in chemistry in 1969 and his PhD in biochemistry in 1972, both degrees from the University of Iowa. He completed a 2-year Postdoctoral in Roger Chalkley's laboratory at the University of Iowa and, in 1974, joined the Biology and Biotechnology Research Program at Lawrence Livermore National Laboratory (LLNL) in Livermore, California. Dr. Balhorn's areas of research at LLNL include chromatin organization; protein-DNA interactions; molecular recognition; single-molecule studies of protein and DNA function; and the development of selective high-affinity ligands that bind to specific sites on the surface of proteins. Dr. Balhorn is the Group Leader for Molecular Toxicology, in the Biosciences and Biotechnology Division at Lawrence Livermore National Laboratory.

