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# Selectively targeting estrogen receptors for cancer treatment

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## Abstract

Estrogens regulate growth and development through the action of two distinct estrogen receptors (ERs), ER $\alpha$  and ER $\beta$ , which mediate proliferation and differentiation of cells. For decades, ER $\alpha$  mediated estrogen signaling has been therapeutically targeted to treat breast cancer, most notably with the selective estrogen receptor modulator (SERM) tamoxifen. Selectively targeting ERs occurs at two levels: tissue selectivity and receptor subtype selectivity. SERMs have been developed with emphasis on tissue selectively target the action of ER $\alpha$  going beyond ligand-dependent activity are under current investigation. As evidence of the anti-proliferative role of ER $\beta$  accumulates, selectively targeting ER $\beta$  is an attractive approach for designing new cancer therapies with the emphasis shifted to designing ligands with subtype selectivity. This review will present the mechanistic and structural features of ERs that determine tissue and subtype selectivity with an emphasis on current approaches to selectively target ER $\alpha$  and ER $\beta$  for cancer treatment.

## Keywords

estrogen receptor alpha; estrogen receptor beta; SERMs; SERDs; selective agonist; antagonist; breast cancer; prostate cancer; colon cancer; ovarian cancer

## 1. Introduction

Two distinct estrogen receptors (ERs), ER $\alpha$  and ER $\beta$ , mediate estrogen signaling and distinctly regulate transcription driving growth, proliferation, and differentiation, among many cellular processes. ER $\alpha$  is well characterized as a mediator of cell proliferation, especially in breast cancer cells, driving cell proliferation in the presence of estrogen [1]. ER $\beta$  opposes ER $\alpha$  and inhibits ER $\alpha$  mediated proliferation in many cells [2–8]. Because ERs can strongly regulate cell proliferation, they can be targeted therapeutically to inhibit cancer growth. ER $\alpha$  specifically has been implicated as a key factor in breast cancer growth and has been effectively targeted in breast cancer with the development of selective estrogen receptor modulators (SERMs) such as tamoxifen or raloxifene [1,9]. SERMs function to target ER signaling in a tissue specific manner and the tissue selectivity of SERMs is determined by structural features induced by SERM binding to the receptors and cell type

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specific factors. Approximately 30% of breast cancers develop resistance after extended exposure to SERMs [10]. SERMs target the ligand dependent activation of ER but alternative methods of targeting ER activity are emerging to overcome resistance. Selective estrogen receptor down-regulators (SERDs) have been developed to inhibit ER signaling through degradation of the receptor. Alternative approaches to inhibit ER $\alpha$  activity go beyond the ligand binding domain and target ER-DNA or ER-cofactor interactions. In this review we will present current methods of targeting ER $\alpha$  for cancer treatment and discuss the mechanistic and structural components that contribute to the tissue selectivity of SERMs.

Additionally, we will discuss the development of ER subtype selective ligands. With the identification of a second estrogen receptor subtype, ER $\beta$ , the design of compounds which selectively target ERs has shifted towards subtype selectivity. Ligands with selectivity for ER $\beta$  show promise as cancer treatments given the anti-proliferative role of ER $\beta$  in many tissues. ER $\beta$  is not yet targeted clinically for cancer treatment, but ER $\beta$  selective ligands hold therapeutic promise in breast cancer, as well as prostate, ovarian, and colon cancers. Such compounds could promote ER $\beta$  mediated growth inhibition while avoiding proliferative side affects mediated by ER $\alpha$ . Here, we will discuss known ER $\beta$  selective compounds with an emphasis on structural features that contribute to subtype selectivity. We will also present recent approaches to identifying novel ER $\beta$  selective ligands and discuss future directions for identifying ER $\beta$  selective cancer treatments and new techniques to inhibit ER $\alpha$  and selectively activate ER $\beta$  are emerging to improve the effectiveness of identifying tissue and subtype selective ER ligands for cancer therapy.

## 2. Estrogen receptor action in normal and cancerous tissues

#### 2.1 Estrogen receptors and normal development

ERs have important roles in normal development and function of reproductive tissues as well as non-reproductive tissues including the lungs, colon, prostate, and cardiovascular system. ER $\alpha$  and ER $\beta$  show overlapping and distinct tissue distributions suggesting the receptors have distinct biological roles. Both receptors are expressed in the uterus, breast, lung, heart, intestine, and brain. ER $\alpha$  is expressed in the absence of ER $\beta$  in hepatocytes and the hippocampus while ER $\beta$  shows unique expression patterns in the prostate, vagina, and cerebellum [11]. Much of our understanding regarding the developmental roles of ERs has been gleaned from observations of ER $\alpha$  and ER $\beta$  knockout mice ( $\alpha$ ERKO,  $\beta$ ERKO, and  $\alpha$ / $\beta$ ERKO mice). It is necessary to briefly discuss the functional roles of ER $\alpha$  and ER $\beta$  in normal development in order to understand the contributions of ER signaling in cancerous tissues. We will present a brief overview of the roles of ERs as demonstrated by  $\alpha$ ERKO and  $\beta$ ERKO mice with a narrowed focus on tissues that may develop cancers which could benefit from selective ER therapies such as reproductive tissues, breast, prostate, and colon. The phenotypes of ERKO mice have been reviewed extensively elsewhere [12–14].

**2.1.1 Reproductive development**—ER $\alpha$  and ER $\beta$  are important mediators of normal ovarian and uterine development and function; the most obvious developmental impairment in  $\alpha$ ERKO and  $\beta$ ERKO mice is found in reproductive structures including the ovary and uterus. ER $\alpha$  is required for normal reproductive development and both male and female  $\alpha$ ERKO mice are infertile [15,16]. In normal development, estrogen stimulates proliferation of the uterine epithelium.  $\alpha$ ERKO females develop rudimentary estrogen insensitive uteri demonstrating the role for ER $\alpha$  in mediating estrogen induced proliferation in the uterus. In the ovaries, both ER $\alpha$  and ER $\beta$  are expressed though their distributions among cell types are markedly different. ER $\alpha$  is primarily expressed in the cal and interstitial cells whereas ER $\beta$  is primarily expressed in granulosa cells. ER $\alpha$  is critical for normal ovary function and  $\alpha$ ERKO mice develop abnormal ovaries in which the follicles remain immature [15,16].

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βERKO mice generated in different laboratories do not have consistent phenotypes and conflicting evidence for the role of ERβ in reproductive development is present in the literature (reviewed in [14]). In some models, βERKO females are subfertile suggesting ERβ has a less critical role in reproductive and ovarian development [16,17]. More recently, ERβ null mice have been generated using Cre/LoxP mediated disruption of the ERβ gene past exon 3, and both males and females are infertile [18]. In these mice, follicle development proceeds normally but does not completely proceed to ovulation due to high rates of termination during atresia demonstrating a critical role for ERβ in development of functional ovaries. Unlike αERKO mice, estrogen responsiveness in the uterus and ovaries appears normal in βERKO mice. In α/βERKO mice, in which both ERα and ERβ are null, reproductive development is similar to that observed in αERKO mice demonstrating the dominant role of ERα [16].

**2.1.2 Mammary gland development**—Mammary gland development is also dependent on functional estrogen signaling. The mammary gland grows during puberty and completely differentiates during pregnancy and lactation. In the mammary gland,  $ER\alpha$  is a key regulator of proliferation in response to hormone signaling and is expressed in the stroma and epithelial cells. The mammary glands of adult female a ERKO mice remain immature similar to those found in newborn female mice, suggesting ER $\alpha$  is necessary for ductal growth. ER $\alpha$ has a critical role in ductal elongation which occurs via cap cell proliferation at the terminal end bud of each duct. Ductal elongation does not occur in a ERKO mice and glands do not develop terminal end buds [19]. ER $\alpha$  is required for adequate signaling between terminal end buds and the stroma as loss of ER $\alpha$  prevents normal end bud development and invasion into the stroma. When wild type 3 week old female mice are implanted with the fat pad of 3 week old female  $\alpha$ ERKO mice, developing ducts of wild type mice do not elongate into the implant suggesting ER $\alpha$  is required for normal stromal interaction with terminal end buds [20]. ER $\alpha$  is also required in epithelial cells for normal alveolar development. Specific deletion of ERa in mammary epithelial cells during pre-pubertal development leads to impaired terminal end bud formation and duct elongation [21].

As mentioned previously, the reproductive phenotypes of  $\beta$ ERKO mice are inconsistent across independently derived knockout mice. Similarly, mammary gland phenotypes of  $\beta$ ERKO mice derived and maintained in different laboratories are inconsistent. Normal ductal structure and differentiation have been reported in ER $\beta$  null mice [13], while others have observed impaired side branching in virgin mice and impaired alveolar development in lactating mice [17,22]. *In vitro* experiments with the normal mouse mammary epithelial cell line HC11, which expresses endogenous ER $\alpha$  and ER $\beta$ , have suggested a role for ER $\beta$  in cell adhesion and regulation of proliferation. Treatment with an ER $\alpha$  selective agonist, propyl pyrazole triol (PPT), stimulated proliferation [2]. Additionally, loss of ER $\beta$  expression resulted in loss of E-cadherin suggesting a role for ER $\beta$  in cell adhesion and differentiation [23]. Though the role of ER $\beta$  in mammary development and differentiation has not been clearly defined, evidence is accumulating that ER $\beta$  regulates normal proliferation and differentiation in the mammary gland.

**2.1.3 Prostate and colon development**—Phenotypes of ER knockout mice also suggest roles for estrogen signaling in colon and prostate development. In the prostate, ER $\beta$  is highly expressed in epithelial cells while ER $\alpha$  is expressed in the stroma during early development.  $\alpha$ ERKO mice develop longer ducts in the ventral prostate with fewer side branches, in contrast to the phenotype observed in  $\alpha$ ERKO mammary glands which exhibit shorter ducts [24]. Despite high expression of ER $\beta$  in the prostate, the role of ER $\beta$  in prostate development is unclear. Discrepancies in the phenotypes of  $\beta$ ERKO mice complicate interpretations regarding the potential role of ER $\beta$  in prostate development [25].

Epithelial hyperplasia has been observed in  $\beta$ ERKO mice, but observations are not consistent among laboratories suggesting that external factors can influence hyperplastic development in  $\beta$ ERKO mice. Most recently,  $\beta$ ERKO mice generated with Cre/LoxP technology did not show significant phenotypic differences from wild-type mice and prostates appeared normal [18]. There is indirect evidence suggesting a role for ER $\beta$  in prostate cell differentiation. First, the pattern of ER $\beta$  expression during human prostate development suggests a role for ER $\beta$  in morphogenesis and differentiation [26]. Second, markers of differentiation in the ventral prostate are significantly reduced in  $\beta$ ERKO mice that develop epithelial hyperplasia [27]. Prostate development does not have a critical dependence on ER $\alpha$  or ER $\beta$  but the potential role of ER $\beta$  in differentiation may prove an effective therapeutic target in prostate cancer.

Similarly, ER $\beta$  may also regulate growth and differentiation in normal colon tissue but evidence derived from  $\beta$ ERKO mice are inconsistent. The most recent  $\beta$ ERKO mice generated by Antal and coworkers do not exhibit abnormal colon phenotypes, but previous reports document increased rates of proliferation and migration in colon epithelial cells [18,28]. ER $\beta$  is the predominant ER expressed in colon epithelial cells and epidemiological studies suggest that estrogen or hormone replacement therapy significantly reduces the risk of colon cancer [29]. Taken together, there is evidence suggesting ER $\beta$  may play a role in regulating proliferation in colon epithelial cells but the role of ER $\beta$  in maintaining normal colon development remains unclear.

#### 2.2 Estrogen receptors and cancer

Given the roles of ER $\alpha$  and ER $\beta$  in regulating proliferation and differentiation in normal tissue, it is clear that ER signaling may be important in the dysregulation of these processes in cancer cells. Indeed, ER $\alpha$  has been implicated in breast cancer progression and has been an effective therapeutic target for decades. The role of ER $\beta$  in cancer cells and the therapeutic potential of ER $\beta$  are not clear, but some evidence suggests ER $\beta$  may be targeted to regulate growth of breast, colon, prostate, and ovarian cancers given its role in differentiation of normal tissue. In order to effectively utilize ER $\beta$  as a target in cancer treatment, compounds must be designed with high selectivity for ER $\beta$  to avoid the proliferative action of ER $\alpha$ .

**2.2.1 Breast cancer**—Estrogen exposure and breast cancer risk have been associated in both epidemiological and experimental studies [1]. Two hypotheses have been proposed to explain this association: 1) products of estrogen metabolism are genotoxic and cause increased risk of direct DNA damage; 2) estrogen induced activity of ERs stimulates proliferation which leads to increased risk of DNA mutations due to high rates of DNA replication [30]. ER $\alpha$  is the dominant mediator of mammary development so it is not surprising that ER $\alpha$  is a prognostic marker and therapeutic target in breast cancer. ER $\alpha$  is expressed in approximately 70% of all human breast cancers and clinical evidence strongly supports a role of ER $\alpha$  in breast cancer [31]. Tamoxifen, which inhibits ER $\alpha$  transcriptional activity in mammary cells, effectively reduces the risk of recurrence of invasive or *in situ* ER $\alpha$  positive breast cancer, independent of age [32]. Direct evidence for the role of ER $\alpha$  in breast cancer progression and/or development comes from experiments conducted with *Neu/ErbB2* knock-in mice which develop mammary tumors after a long latency period. When crossed with ER $\alpha$  null mice, mammary tumors did not develop suggesting ER $\alpha$  mediated signaling is a required component of carcinogenesis in this model [30].

The role of ER $\beta$  in breast cancer is less clear and the prognostic value of ER $\beta$  is still under debate [31]. It is estimated that ER $\beta$  is expressed in approximately half of human primary breast cancers, but ER $\beta$  expression is lost during breast cancer progression, most likely due

to promoter hypermethylation [33]. Many breast cancer cell lines do not express ER $\beta$ , so *in* vitro experiments have been limited to cell lines expressing exogenous ER<sup>β</sup> making it difficult to extrapolate results to human breast cancers. Despite limitations associated with in *vitro* experiments, accumulating evidence suggests  $ER\beta$  is a potential tumor suppressor that promotes differentiation and inhibits  $ER\alpha$  mediated proliferation. Inducible expression of ERβ in T47D breast cancer cells inhibited estrogen stimulated proliferation and tumor angiogenesis and growth in xenograft experiments [7,8]. In the same experimental model, estrogen treatment and induction of  $ER\beta$  led to down regulation of genes involved in cell cycle progression and DNA replication suggesting  $ER\beta$  activation can negatively regulate breast cancer proliferation [34]. Inducible overexpression of ER $\beta$  in ER $\alpha$  positive MCF7 breast cancer cells inhibited ERa mediated proliferation and enhanced the inhibitory effects of tamoxifen [5]. In the same cell line, ER $\beta$  expression and estrogen treatment led to G2 cell cycle arrest and limited tumor formation in xenograft experiments [6]. ERß may also regulate cell adhesion suggesting a role in inhibiting metastases. ER $\beta$  inducible expression in T47D cells led to upregulation of integrin  $\alpha 1$  and  $\beta 1$ , which was further enhanced by treatment with the ER $\beta$  selective ligand DPN. Cells expressing ER $\beta$  showed greater adhesion to extracellular matrix proteins like laminin and reduced cell mobility in wound healing assays [35]. The data implicate  $ER\beta$  as a therapeutic target in breast cancer but it is not clear if such results will translate to clinical application due to varied levels of ER $\beta$  in patients.

**2.2.2 Prostate cancer**—The developing prostate is sensitive to estrogenic effects and *in utero* exposure to estrogens stimulates squamous metaplasia in prostate epithelium. After birth, estrogen levels decline and such effects regress, but estrogen exposure during prostate development may contribute to increased risk of prostate cancer [25]. It is difficult to interpret the roles of ERs in prostate cancer given the hormonal sensitivity of the tissue and the interactions among estrogen treatments and endogenous hormone levels. Indirect evidence implicates ERa in prostate cancer development. Estrogen accumulates in the nuclei of stromal cells in benign prostatic hyperplasia samples, suggesting ERa, which is primarily expressed in stromal cells, mediates proliferative effects of estrogen in the prostate [25]. More directly, experiments conducted with aERKO and BERKO mice treated with testosterone and estrogen demonstrate ER $\alpha$  may promote prostate carcinogenesis in the presence of estrogen. Wild-type and BERKO mice treated with testosterone and estrogen develop similar incidence of prostatic hyperplasia, atypical hyperplasia, and prostatic intraepithelial neoplasia. In contrast, aERKO mice have slightly reduced incidence of hyperplasia and do not develop atypical hyperplasia or prostatic intraepithelial neoplasia, suggesting ERa contributes to prostate carcinogenesis [36].

ER $\beta$  is expressed in normal prostate epithelium but expression is lost during cancer progression and re-expression is observed in metastatic prostate cancer [37]. It is not yet clear if ER $\beta$  has an anti-proliferative tumor suppressor role in prostate cancer or if ER $\beta$ expression promotes metastasis. In support of the tumor suppressor role for ER $\beta$ , proliferation and invasion were reduced in prostate cancer cell lines in which ER $\beta$  was overexpressed using adenoviral constructs [38]. Additionally, ER $\beta$  selective ligands have been shown to have anti-proliferative effects on prostate epithelium. McPherson and coworkers utilized transplants from aromatase inhibitor knockout (ArKO) mice to overcome the difficulties associated with central manipulation of hormone levels in the organism. Stromal or epithelial transplants from ArKO mice cannot produce local estrogens and ER signaling is essentially blocked when transplanted into male wild type mice. ArKO stroma induced hyperplasia in surrounding normal epithelium due to impaired estrogen production in the stroma. When treated with ER $\beta$  selective ligands, hyperplastic development was attenuated likely due to the anti-proliferative role of ER $\beta$  [39]. Thus, ER $\beta$  selective agonists may prove effective in prostate cancer prevention or early treatment.

**2.2.3 Colon cancer**—Epidemiological studies have shown that colon cancer incidence and risk is reduced in postmenopausal females taking estrogen replacement therapy and overall rates of colon cancer incidence are lower in females compared to males, providing indirect evidence that ER signaling may inhibit colon cancer development [29]. As mentioned previously,  $ER\beta$  is the predominant ER expressed in colon epithelial cells suggesting it may mediate the effects of estrogen replacement therapy on colon cancer risk [40]. Loss of ERβ expression is associated with advanced stages of colon cancer and greater degrees of dedifferentiation, suggesting  $ER\beta$  plays a role in maintaining differentiation and regulating cell proliferation [41,42]. However, in vitro experiments have shown that tamoxifen or raloxifene treatment can inhibit proliferation of colon cancer cells providing support for targeting ER in colon cancer [43]. Raloxifene treatment reduced proliferation of colon cancer cells expressing ER $\beta$ , but had little effect on the growth of colon cancer cells that do not express ER $\beta$ . ER $\beta$  may be an effective target for colon cancer prevention. Using the model of azoxymethane (AOM) induced colon cancer in F344 rats, Janakiram and coworkers showed that raloxifene treatment effectively reduced the number of aberrant crypt foci when administered before AOM treatment [44]. In this model, rats develop colon tumors that express ER $\beta$ , suggesting ER $\beta$  may mediate protective effects of raloxifene. These data suggest that selectively targeting ER<sup>β</sup> may have preventive or therapeutic potential in colon cancer though much more evidence is required to clarify the role of ER $\beta$ in colon cancer.

2.2.4 Ovarian cancer—Development of effective treatments for ovarian cancer is a field that is actively pursued, as it is one of the most lethal cancers in women. Up to 90% of ovarian cancers have epithelial origin and 5–10% originate from granulosa cells. Approximately two-thirds of ovarian tumors express ERs; ER $\alpha$  is predominantly expressed in tumors of epithelial origin and ER $\beta$  expression is more prevalent in tumors of granulosa cell origin [30]. Epidemiological studies implicate estrogens in ovarian cancer as women who used long-term estrogen replacement therapy showed higher incidence of ovarian cancer [33]. In vitro experiments provide evidence for a role of estrogens and possibly ERs in ovarian cancer, but the link between ER signaling and the growth and progression of ovarian tumors is not clearly defined. In culture, ovarian cancer cell growth and proliferation is stimulated by estrogens and inhibited by antiestrogen treatment, suggesting ER signaling can regulate ovarian cancer proliferation [45]. Additionally, overexpression of ER $\beta$  in ovarian cancer cells lacking ERa expression led to reduced rates of proliferation in response to estrogen treatment. Cell migration was significantly reduced as measured by wound healing assays and increased apoptosis occurred in cells overexpressing ER $\beta$  [46]. Given the potential tumor suppressor function of  $ER\beta$  in ovarian cancer, highly selective and potent  $ER\beta$  agonists may provide new therapeutic options for a disease where few targeted treatments are available.

## 3. General structure and signaling pathways of ERs

#### 3.1 Classical nuclear receptor domain structure

ER $\alpha$  and ER $\beta$  are encoded by distinct genes on separate chromosomes [47–49] and exhibit structural differences that may provide clues as to how the receptors differentially regulate transcription. ERs are members of the nuclear receptor superfamily and thus contain five domains conserved throughout this family of transcription factors (Figure 1A). Both receptors contain two activation functions that mediate protein-protein interactions, specifically with co-regulators that can modify the transcriptional potential of the receptors. The N terminal A/B domain contains an activation function (AF-1) that mediates ligand independent activation of the receptor. The AF-1 region of ER $\alpha$  can activate transcription independent of ligand but the transcriptional activity of ER $\beta$  AF-1 is negligible; indeed, ER $\alpha$ 

and ER $\beta$  share only 17% similarity in this region [50]. Additionally, removal of the AF-1 region of ER $\beta$  increases the overall transcriptional activity of the receptor [51].

Ligand dependent transcriptional activity of ER $\alpha$  and ER $\beta$  is determined by the structures of the receptors. A ligand dependent AF-2 region is located within the E domain, which also harbors the ligand binding domain (LBD). ER $\alpha$  and ER $\beta$  share 59% homology in the E domain and bind 17 $\beta$ -estradiol (E2) with similar affinities [52]. The DNA binding domain (DBD) in the central C domain contains two highly conserved zinc fingers. The receptors bind similar DNA sequences known as estrogen response elements (EREs) in the promoters or other regulatory regions of target genes. The consensus sequence of the ERE is a 13 base pair inverted repeat: GGTCAnnnTGACC. Despite high homology in the DBD of ER $\alpha$  and ER $\beta$ , the receptors regulate unique genes in many cells [53–55]. The D domain is a flexible hinge region between the DBD and LBD. Two regions in the C and E domains mediate receptor dimerization and there is a short F domain at the C terminus, the function of which may also involve dimerization or protein-protein interactions [56,57].

#### 3.2 Ligand dependent transcriptional regulation

ER mediated transcriptional regulation can occur through ligand dependent and ligand independent pathways. Traditional antiestrogens used to inhibit ER $\alpha$  action in breast cancer target the ligand dependent signaling pathway, but new approaches that target common features of all pathways, DNA-binding for example, are currently being explored as potential therapeutic strategies. For the purpose of this review, we will briefly present the ligand dependent mechanism of ER action, but the molecular pathways of ER signaling are complex and can occur independent of ligands (reviewed extensively in [58,59]). Each level of ER signaling (ligand binding, dimerization, DNA binding, and cofactor recruitment) can be targeted for selective modulation of ER action in cancer cells and each process must be considered when designing selective ER therapies (Figure 2).

Classical estrogen signaling is ligand dependent and ERs can directly or indirectly regulate transcription of target genes in response to ligand binding. In direct ligand dependent ER action, ERs form dimers upon ligand binding and directly bind EREs, thereby initiating recruitment of coregulator proteins that promote or prevent transcription. Ligands may act as agonists, stimulating the formation of transcriptionally active dimers, or antagonists, which bind the receptor and render it transcriptionally inactive. Crystal structures of the liganded ER $\alpha$  and ER $\beta$  LBDs reveal that the 3D conformation induced upon ligand binding determines the agonistic or antagonistic properties of a molecule [60–62]. The magnitude of transcriptional activation is mediated by the recruitment of coactivators and corepressors that initiate or inhibit transcription, respectively. Over 300 coregulators have been described in the literature and the coregulator complexes involved in ER mediated transcriptional regulation are complex [63]. In general, members of the p160 or SRC family of coactivators bridge the receptors to a transcriptional complex that includes p300/CBP, which induces chromatin remodeling, and RNA polymerase II recruitment.

ERs can indirectly regulate transcription of target genes that do not contain consensus EREs in their promoters in a ligand dependent manner. For example, SERMs like tamoxifen, can induce ER mediated transcription at AP-1 sites through AF-2 dependent and independent mechanisms [64–66]. ER $\alpha$  mediates E2-stimulated transcription at AP-1 sites by forming a transcriptional complex with Fos/Jun transcription factors; functional AF-1 and AF-2 regions are required for E2 action at AP-1 sites [64,65]. ER $\beta$  can also mediate transcriptional activation at AP-1 sites, but the mechanism seems to be independent of functional AF-1 and AF-2 regions [65]. Additionally, ERs mediate indirect transcription through interaction with Sp1 at Sp1 binding sites at the promoters. This interaction requires

the AF-1 domain of ER $\alpha$  but ER $\beta$  AF-1 does not have a comparable transcriptional effect at Sp1 sites demonstrating the differential transcriptional mechanisms of ER $\alpha$  and ER $\beta$  [67].

## 3.3 ER $\alpha$ and ER $\beta$ signaling interactions

ER $\alpha$  and ER $\beta$  form homodimers or heterodimers that have unique transcriptional properties [68,69]. Many splice variants of ER $\alpha$  and ER $\beta$  have been identified (Figure 1B). There are five known isoforms of ER $\beta$  [70]. ER $\beta$ cx, or ER $\beta$ 2, contains 26 amino acids in place of 60 amino acids found in the C terminus of ER $\beta$ 1 which renders the LBD non functional [71]. ER $\beta$  4 and ER $\beta$  5 also lack functional LBDs [72]. In fact, only the longest isoform, ER $\beta$ 1, exhibits ligand dependent transcriptional activity. However, the other isoforms can form heterodimers with ER $\alpha$  or ER $\beta$  to negatively impact transcriptional activation [71–74]. Thus, interactions among the isoforms and the splice variants of each isoform must be considered when designing therapies that target ER $\alpha$  or ER $\beta$  as coexpression of the receptors and their splice variants can modulate the transcriptional activity of the receptors.

## ERα or ERβ selective ligands

Designing receptor selective ligands has been challenging due to the high similarity between the ER $\alpha$  and ER $\beta$  LBD. In order to compare selectivity, two approaches are used to quantify ligand affinity: relative binding affinity (RBA) and  $K_i$  values. RBA is defined as the binding relative to E2 as measured by radiometric or fluorometric ligand-binding assays, typically expressed as a percent:

$$RBA = (IC_{50}^{E2}/IC_{50}^{Ligand})$$

 $K_i$  values are also determined using IC<sub>50</sub> measurements obtained in competitive ligandbinding assays in which the tracer is E2:

$$K_{i} = IC_{50}/(1 + [tracer]/K_{d}^{tracer})$$

Conversion between RBA and  $K_d$  values is possible given standard  $K_d$  values for E2 (typically 0.2 nM for ER $\alpha$  and 0.5 nM for ER $\beta$ ) [75].

Ligand binding does not necessarily correlate with transcriptional activity, and ER ligands may display selectivity for one receptor subtype in a concentration dependent manner (i.e. selective only at low concentrations) or ligands may display selectivity at the transcriptional level (i.e. ligands bind both receptors but only induce transcriptional activation of one subtype). Transcriptional selectivity is determined using cell-based assays that measure a reporter, such as luciferase, after treatment in cells transfected with the reporter typically linked to one or more EREs. It is difficult to compare  $EC_{50}$  values obtained from transcriptional assays because transcriptional activity is highly dependent on cell type specific variables like availability of cofactors and cell culture conditions. Ligands that display selectivity in a concentration dependent manner bind both receptors at high concentrations but induce transcriptional activity at lower concentrations for one subtype. Subtype selective ligands that are highly potent and highly selective will show greatest promise in therapeutic development aimed at selectively targeting ER $\beta$  activity in cancer.

### 4.1 Structural similarities of ERα and ERβ ligand binding domains

Ligand selectivity is ultimately determined by the three dimensional structure of the LBD. The three dimensional structures of liganded ER $\alpha$  and ER $\beta$  LBDs have similar features shared among steroid nuclear receptors [76,77]. A hydrophobic core is created by 11 major

helices arranged in three layers sandwiched in an antiparallel conformation [61,62]. Coregulators bind the LBD at AF-2, which consists of 4 alpha helices (H3, H4, H5, and H12) that form a hydrophobic groove. Coactivators including SRC-1/NCoA1, SRC-2/TIF2/ GRIP1/NCoA-2, and SRC-3/AIB1 contain NR box motifs consisting of three or four LXXLL repeats which bind the hydrophobic groove [61,78–80]. The orientation of H12 is a critical determinant of cofactor binding and is oriented by the ligand bound to the receptor. In crystal structures of ER $\alpha$  or ER $\beta$  LBD bound to an agonist like E2, H12 is oriented across the hydrophobic pocket to allow binding of coactivators like SRC-2. In the antagonist orientation, H12 is oriented in the coactivator binding site and prevents recruitment of the transcriptional complex by blocking a critical residue, Lys362, which is required for coactivator recruitment [60–62].

Unlike many nuclear receptors, the hydrophobic core in the LBD of estrogen receptor is relatively larger than the endogenous ligand 17β-estradiol (E2), which allows the receptor to bind a variety of small molecules, some of which are presented in Table 1 [61,62]. E2 is just 245 Å<sup>3</sup> in size, while the LBD of ER $\alpha$  is nearly double at 450 Å<sup>3</sup>. The LBD of ER $\beta$  is slightly smaller at 390 Å<sup>3</sup>. The high affinity for E2 is determined by the hydrophobic nature of E2 and a series of hydrogen bonds with a water molecule and the hydroxyl groups of E2 that stabilize the ligand (Figure 3). Glu353 and Arg394 of ER $\alpha$ , corresponding to Glu305 and Arg346 of ER $\beta$ , interact with a water molecule and the hydroxyl group of E2's A ring. At the opposite end of E2, the 17 $\beta$  hydroxyl group attached to the D ring forms hydrogen bonds with the hydroxyl groups of the A and D rings of E2 are also observed in the crystal structure of ER $\alpha$  LBD bound to diethylstilbestrol (DES), a high affinity ligand of ERs that has a similar distance between the opposing hydroxyls as E2 [52,60]. DES has an even higher affinity for ER $\alpha$  and ER $\beta$  than E2 due to additional hydrophobic interactions which contribute to stability in the LBD.

#### 4.2 Structural differences of ERa and ERB ligand binding domains

The tissue distributions of ER $\alpha$  and ER $\beta$  are strong determinants for tissue selectivity of ligand action while ER subtype selectivity is ultimately determined by structural differences in the LBDs of ER $\alpha$  and ER $\beta$ . The sizes of ER $\alpha$  and ER $\beta$  LBDs contribute to ligand selectivity but ER $\alpha$  and ER $\beta$  share a high degree of similarity in residues that line the binding cavity making the design of highly potent and selective ligands difficult. Within the residues that line the binding cavity, ER $\alpha$  and ER $\beta$  differ in only two amino acids: in helix 5, Leu384 of ER $\alpha$  corresponds to Met336 of ER $\beta$  and Met421 of ER $\alpha$  corresponds to Ile373 of ER $\beta$  in loop 6–7. Met421 of ER $\alpha$  and Ile373 of ER $\beta$  lie below the D ring of E2 and Leu384 of ER $\alpha$  and Met336 of ER $\beta$  are above the D ring of E2 (Figure 3). Subtype selective ligands and structural modeling have shown the differences in the flexibility and size of Met421/ Ile373 and Leu384/Met336 are the major determinants for subtype selectivity. A detailed discussion of the structural determinants of subtype selective ligands is presented in section 6.1.

## 5. Current approaches for targeting ERα for cancer therapy

The therapeutic potential of ER $\alpha$  has been utilized for breast cancer treatment for decades and approximately 70% of breast cancers express ER $\alpha$  [31]. Though ER $\alpha$  and ER $\beta$  are expressed in mammary cells, the therapeutic value of ER $\beta$  is still under debate and current therapies for targeting ER signaling in breast cancer aim to impair ER $\alpha$  activity. Current treatments, most notably tamoxifen, exhibit tissue selectivity in terms of agonistic and antagonistic properties. Such compounds, called selective estrogen receptor modulators (SERMs), act as antagonists in mammary tissue and agonists in tissues such as bone and the uterus. Selective estrogen receptor down-regulators (SERDs), like fulvestrant, are also used

clinically to treat ER $\alpha$  positive breast cancer. Despite the success of treatments that target the LBD of ER $\alpha$ , many breast cancers develop resistance to current therapies [10]. New strategies for inhibiting ER $\alpha$  action in breast cancer include targeting ER-cofactor interactions and ER-DNA interactions. Such strategies may prove effective in treating ER $\alpha$ positive breast cancers that develop resistance to LBD targeted therapies. Treatments targeting ER $\alpha$  in breast cancer do not necessarily display subtype selectivity. Though tamoxifen is currently used to inhibit ER $\alpha$  activity in breast cancers it has recently been shown that tamoxifen can also impair ER $\beta$  mediated gene expression regulation suggesting adverse impacts on normal ER $\beta$  activity [81]. The impacts of current treatments initially designed to target ER $\alpha$  on ER $\beta$  action in breast cancer patients is not clear and the discussion of SERMs and SERDs will focus on their tissue selectivity and mechanisms of action in the context of ER $\alpha$ .

#### 5.1 SERMs – Determinants of tissue selectivity

Tissue selectivity of SERMs is determined by conformation changes in ER, cofactor recruitment, and promoter context, but the exact mechanisms and interactions between the components that determine tissue selectivity are unclear and it is difficult to predict the tissue specific effects SERMs may elicit. In general, SERMs act as agonists in bone, liver, and the cardiovascular system and antagonists in the breast. In the uterus, SERMs can show mixed antagonist and agonist activities [82]. The ideal SERM will act as an antagonist in hormone responsive tissues like breast, uterus, and ovaries thereby reducing the risks of hormonal cancers in these tissues and act as an agonist in bone and the cardiovascular system thereby reducing risk of osteoporosis, cardiovascular disease and strokes. The therapeutic potential and activity of SERMs have been reviewed extensively [9,83,84] so we will briefly discuss some SERMs currently used or in development for cancer treatment with an emphasis on the mechanisms that determine tissue selectivity.

Currently, raloxifene and tamoxifen are SERMs used to treat and prevent breast cancer and new SERMs that show promise for cancer treatment have been synthesized based on the core structures of tamoxifen and raloxifene. Tamoxifen is the first generation SERM that has been used to treat ER $\alpha$  positive breast cancers for the past 30 years and has contributed to a decline in breast cancer mortality rates. Tamoxifen also reduces the risk of breast cancer by 50% in high risk patients [9]. The primary unwanted side effects of tamoxifen are its agonistic effect in the endometrium which increases risk for endometrial cancer 2-5 fold and an increased risk of thromboembolic disease in postmenopausal women [9]. Modifications of the triphenylethylene core of tamoxifen have led to the development of new SERMs that show potential for clinical treatment of breast cancer. For example, toremifene is a chlorinated analog of tamoxifen that has been approved for treatment of metastatic breast cancer and is as effective as tamoxifen with the advantage of fewer genotoxic metabolites and a slightly reduced risk of endometrial cancers [83,85]. Despite a slightly safer profile in epidemiology studies, toremifene can stimulate endometrial cancer tumors in xenograft experiments suggesting the tissue selective action of toremifene is very similar to that of tamoxifen [86]. Considering the structural similarities of tamoxifen and toremifene, it is likely that tamoxifen-resistant cancers will not be susceptible to toremifene treatment. Raloxifene is a second generation SERM that is as effective as tamoxifen at reducing the risk of invasive breast cancer but unlike tamoxifen, the risk of endometrial cancer is not increased [83]. Like tamoxifen, unwanted side effects of raloxifene include hot flashes and blood clots. The raloxifene core structure has been modified to synthesize SERMs with greater pharmacokinetic properties or tissue and subtype selectivity. Many of the raloxifene analogs are currently under investigation as preventives for breast cancer.

The mechanisms that determine tissue selectivity of SERMs have primarily been studied with tamoxifen and raloxifene, though the exact determinants of tissue selectivity remain

undefined. Coactivator recruitment is an ultimate requirement for agonist activity of SERMs in certain tissues and this is determined by the availability of cofactors and the conformational changes induced by SERM binding. As discussed previously, ligand binding induces conformational changes that alter the orientation of H12 which is a critical determinant of cofactor binding. Crystal structures of ER $\alpha$  and ER $\beta$  LBD bound to tamoxifen and raloxifene show that the orientation of H12 is determined by interaction between Asp351 of ERa and the long side chains of tamoxifen or raloxifene [61,62]. Mutation of Asp351 to a glycine leads to pure antagonistic effects with tamoxifen or raloxifene treatment, effectively abolishing the agonist properties of these SERMs [87]. Coactivator availability is tissue and cell type specific and contributes to tissue selective activity of SERMs. Tamoxifen stimulates cell cycle progression of Ishikawa endometrial cancer cells and the proliferative effects of tamoxifen require SRC-1 [88]. SRC-1 expression is higher in Ishikawa cells compared to MCF-7 breast cancer cells, a trend observed across a number of endometrial and breast cell lines, and knockdown of SRC-1 abolished the proliferative effects of tamoxifen in the endometrial cell line. This effect was specific to SRC-1, suggesting the availability of SRC-1 can mediate the tissue selective agonist effects of tamoxifen.

Additionally, promoter context determines the agonist and antagonist activity of SERMs. In tissues in which SERMs act as agonists, SERMs can stimulate transcription at nonconventional ERE regulatory elements such as AP-1 or Sp1 sites, emphasizing the importance of promoter context in determining tissue selectivity. Raloxifene and tamoxifen can induce transcription at AP-1 sites through ER $\beta$  independent of functional AF-1 and AF-2 regions, possibly by sequestering corepressors and histone deacetylases (HDACs) that can repress transcription at distant sites [64]. Ligands can act as agonists or antagonists on AP-1 sites in a receptor-specific manner highlighting the transcriptional differences between ER $\alpha$  and ER $\beta$ . E2 acts as an agonist with ER $\alpha$  at AP-1 sites but inhibits transcription with ER $\beta$ . Tamoxifen and raloxifene act as agonists with ER $\beta$  at AP-1 sites while maintaining antagonist effects with ER $\alpha$  [89]. ER transcriptional regulation at AP-1 sites is also dependent on the cell context. In fact, tamoxifen stimulates transcription through AP-1 sites in uterine cells but not in breast cancer cells suggesting this mechanism may contribute to unwanted uterotrophic side effects of tamoxifen [66]. Thus, the mechanism of ER mediated transcription can contribute to tissue selectivity of ER ligands.

#### 5.2 SERDs

Selective estrogen receptor down-regulators (SERDs) provide a second line of treatment in breast cancers that develop resistance to commonly used therapies such as tamoxifen [90]. SERDs bind the LBD of ER and induce rapid proteosomal degradation to inhibit ER signaling. Fulvestrant (ICI 182,780) is a SERD currently used in the clinic to treat metastatic breast cancer in patients with recurring or progressive disease despite tamoxifen or aromatase inhibitor treatment [91]. Fulvestrant acts through multiple mechanisms; it is a complete antagonist to ER and also promotes ER ubiquitination, likely on Lys302 and 303 found in the hinge region, targeting the receptor for degradation via the ubiquitin-26S proteosomal pathway [92]. ER $\alpha$  and ER $\beta$  homo- and heterodimers form upon fulvestrant treatment [69], but nuclear localization is impaired [93]. Unlike tamoxifen, the inhibitory effects of fulvestrant on ER activity are not tissue specific and ER degradation occurs in both mammary and uterine tissues [94]. Another SERD currently under investigation is GW5638. Though it promotes ER degradation like fulvestrant, GW5638 induced degradation may not follow the same mechanism as fulvestrant [95]. Upon fulvestrant treatment, ERa is only found in the insoluble fraction of cell lysate after 30 minutes. Subcellular localization of ER upon GW5638 treatment follows a time course similar to that observed after E2 treatment; initially ERa is found in cytoplasmic, nuclear, and insoluble

fractions but shifts solely to the insoluble fraction after 2 hours. Crystal structure analysis shows that GW5638 induces a conformational change in the orientation of H12 thereby exposing hydrophobic side chains of Leu536, Leu539, Leu540, and Met543, which are buried in the hydrophobic core when the receptor is bound to a partial agonist like tamoxifen. Exposure of hydrophobic residues in the LBD is greater when bound to GW5638 when compared to fulvestrant [96]. Greater exposure of hydrophobic residues may stimulate ER degradation by reducing stability, contributing to the differing mechanisms of degradation observed for GW5638 and fulvestrant. Further development of SERDs will require consideration of the ER conformation induced upon SERD binding and exposure of hydrophobic residues may be a critical factor for the efficient degradation of ER.

#### 5.3 New approaches to selectively target ER signaling

Novel approaches for targeting ER action go beyond the development of compounds that target the LBD. Recently, the electrophile disulfide benzamide (DIBA) was identified as a molecule that inhibits ER-DNA interactions independent of ligand binding [97]. Interestingly, DIBA showed selectivity for ER $\alpha$  zinc fingers that mediate DNA binding. In MCF-7/LCC2 breast cancer cells which express ER $\alpha$  but are tamoxifen resistant, DIBA treatment restored sensitivity to tamoxifen suggesting that combined treatment may be an option for patients that develop tamoxifen resistant breast cancer [98]. Shapiro and coworkers also recently identified theophylline, 8-[(benzylthio)methyl]-(7CI,8CI) (TPBM) as a small molecule inhibitor of ER-DNA interaction [99]. Fluorescein-labeled ERE DNA was used in a high throughput approach to screen small molecule libraries for inhibition of binding between ERE and recombinant ERa. TPBM exhibited moderate selectivity for inhibiting ERa-ERE interactions; IC50 concentrations were 3 mM for ERa, compared to 7.6 µM and 9 µM for androgen receptor and progesterone receptor, respectively. Additionally, TPBM inhibited ERα mediated transcription in T47D breast cancer cells. TPBM inhibited estrogen dependent growth of ER $\alpha$  positive BG-1 ovarian cancer cells (IC<sub>50</sub>~5 $\mu$ M) but was not toxic in 60 other cancer cell lines, suggesting TPBM may also hold therapeutic potential as a selective ER inhibitor.

Inhibitors of ER-cofactor interactions have been designed using the known structure of the conserved coactivator NR box LXXLL motif and the hydrophobic groove to which it binds. Such inhibitors also show potential as treatments that can selectively target ER signaling. Small molecule coactivator binding inhibitors (CBIs) were described for ERa by Rodriguez and coworkers who used fluorescence polarization assays to identify pyrimidine compounds that inhibited binding of labeled SRC-1 NR box peptide [100]. Such compounds were further refined by Parent and coworkers and relatively potent CBIs were identified using fluorescence resonance energy transfer (FRET) assays in which energy transfer between labeled ER and SRC-3 NR domain was measured [101]. Surprisingly, many of the compounds identified in the experiments showed greater subtype selectivity for inhibiting ER $\alpha$  over ER $\beta$ , demonstrating cofactor recruitment can be a determinant of subtype selectivity. Pyrimidine CBIs inhibited ERß mediated transcription in cell based assays but the biological effects on cancer cells have not yet been fully characterized. Amphipathic benzenes have also been designed as CBIs to mimic the NR box conserved in coactivators and effectively inhibited ER $\alpha$  coactivator interactions at low micromolar concentrations in FRET assays and cell based transcriptional assays [102]. Again, the biological effects of amphipathic benzene CBIs have not been characterized in cancer cells but they show promise as a new approach to overcome ligand independent ER signaling.

## Selectively targeting ERβ for cancer treatment

As previously discussed, selective  $ER\beta$  agonists may be used to stimulate the tumor suppressor function of  $ER\beta$  in breast, ovarian, and prostate cancers. Both natural and

synthetic ER $\beta$  selective ligands have been described [75,103]. A selection of ER $\beta$  selective ligands is presented in Table 1 with corresponding RBA values for ER $\alpha$  and ER $\beta$ . A comprehensive review of ER $\beta$  ligands was recently published [75] so we will narrow our focus to natural and synthetic ligands that display high ER $\beta$  selectivity and discuss the structural characteristics of the molecules that contribute to ER $\beta$  selectivity. Additionally, we will present current approaches for identifying novel ER $\beta$  selective ligands.

#### 6.1 Structural determinants of ERβ selective ligands

Developing selective ER $\beta$  ligands has been a field of active research since the identification of ER $\beta$  in 1996 [47]. Structural features shared among ER $\beta$  selective ligands have allowed the characterization of five features fundamental to ER $\beta$  selectivity and affinity [75]. Two hydroxyl groups on opposing ends of the ligand ensure binding affinity but do not enhance selectivity as ER $\alpha$  and ER $\beta$  undergo similar hydrogen bonding with E2. A phenolic hydroxyl is required for establishing the network of hydrogen bonds with Arg346 and Glu305. An opposing phenol, alcohol, or pseudophenol is a common feature of ER $\beta$  ligands because the molecule is stabilized by hydrogen bonds with His475. This second hydroxyl is not an absolute requirement as many  $ER\beta$  selective ligands do not have this feature. Three structural components contribute to the subtype selectivity of a ligand due to interactions with Met336 and Ile373 of ERβ, which are not shared with ERα. Compounds with structurally bulky groups near Met 336 and Ile373 tend to have higher selectivity for ERβ. Met336 of ER $\beta$  is not as large and inflexible as Leu384 of ER $\alpha$ . An additional bulky protrusion towards Ile373 can contribute to ER $\beta$  selectivity since Met421 of ER $\alpha$  is longer and sterically clashes with ligand substituents. Finally, most ER $\beta$  ligands have space to accommodate Ile373 near the bulky substituent, described as a structural "inlet" by Minutolo and coworkers [75]. Though not all ER<sup>β</sup> selective ligands share these structural features, all have at least one or more structural features that contribute to increased affinity and selectivity for ER $\beta$ .

Met336 is a major determinant of ER $\beta$  selectivity for some ligands, as shown by structural modeling and site directed mutagenesis [104]. Diarylpropionitrile (DPN) is a synthetic ER $\beta$ selective ligand that has a 70-fold selectivity for ERB in binding assays and 78-fold selectivity in transcriptional assays. When Met336 of ER $\beta$  is replaced with a leucine, the transcriptional dose-response curve for DPN shifts toward that of ER $\alpha$  and selectivity is essentially lost. Structural models show Met336 interacts positively with the cyano group of DPN to stabilize the bound ligand [75]. The bulky cyano group can be accommodated by Met336 of ER $\beta$  but clashes with Leu384 of ER $\alpha$ . Conversely, the Leu384/Met336 transition in ER $\alpha$  and ER $\beta$  can contribute to ER $\alpha$  selectivity; propyl pyrazole triol (PPT) has approximately 400-fold greater binding affinity for ER $\alpha$  than ER $\beta$ . Structural modeling suggests that Met 336 of ER $\beta$  sterically hinders ligand binding which does not occur at Leu384 of ER $\alpha$  [105]. Met421 of ER $\alpha$  and Ile373 of ER $\beta$  also determine selectivity. The benzoxazole ERB-041 has a nearly 250 fold selectivity for ER $\beta$  in competitive binding assays and structural analysis shows selectivity is due to the interaction of the vinyl substituent of ERB-041 with Met421/Ile373 of ERa/ERß [106,107]. In ERa, Met421 sterically clashes with the vinyl substituent but Ile373 of ER $\beta$  is small enough to accommodate the vinyl group and possibly participate in hydrophobic attraction.

Many phytoestrogens display ER $\beta$  selectivity, particularly compounds with flavone or isoflavone core structures. Genistein is an isoflavone prevalent in soy that shows 22 fold selectivity for ER $\beta$  with ER $\beta$  RBA of 87% [52]. Initial crystal structure analysis showed genistein induces a shift in H12 toward the antagonist orientation when bound to ER $\beta$  LBD [62]. More recently, crystal structure analysis and computational modeling suggest genistein induces similar conformation changes when bound to ER $\alpha$  and ER $\beta$  in the presence of coactivator peptide fragments containing LXXLL motifs, suggesting coactivator binding can

stabilize the ligand bound ER $\beta$  in an active conformation [107]. Liquiritigenin is another natural ER $\beta$  selective phytoestrogen recently identified as a component of an herbal extract that has been used in clinical trials to treat menopausal hot flashes. It has a flavone core structure and binds ER $\beta$  with a 20 fold higher binding s for ER $\alpha$  and ER $\beta$ , respectively) [108]. Crystal structures of ER $\beta$  bound to liquiritigenin have not been reported, but the structure of liquiritigenin contains many of the components required for ER $\beta$  affinity and selectivity. It contains two opposing phenolic hydroxyl groups that can participate in hydrogen bond networks with Glu305/Arg346 and His475. It is possible that the carbonyl group provides the structural bulk which can be accommodated by Met336 or Ile373 conferring selectivity for ER $\beta$ . Structural modeling may reveal the components of liquiritigenin that confer selectivity and it may show promise as a pharmacophore from which other ER $\beta$  selective ligands may be synthesized.

#### 6.2 Approaches for identifying ERβ selective ligands

Due to the structural features of ER $\alpha$  and ER $\beta$ , it has been challenging to identify ER $\beta$ selective ligands with high selectivity, potency, and binding affinity. Several approaches have been used to identify new ER $\beta$  selective ligands. First, the structural core of known  $ER\beta$  selective ligands can be modified in an attempt to identify ligands with greater selectivity and/or potency. Such an approach has been used with the isoflavone core structure of genistein, but the synthesized analogs did not display the selectivity or affinity observed with genistein [109]. Similarly, the structure of DPN was used to synthesize a series of ligands with modifications of the phenolic hydroxyl groups or nitrile groups [110]. Ligands produced from modifications of the DPN structure revealed the nitrile group is an important determinant of binding affinity and selectivity but the synthesized analogs of DPN showed similar or reduced selectivity for ERβ. Additionally, high throughput screening using cells with stably integrated ERE-reporter genes may also been used to identify receptor selective ligands, but only ligands that induce or inhibit transcription are identified. Transcription based assays are dependent on the cell type used so the assay is limited by the cell specific activity of the ligand. Finally, our lab has developed a bioluminescence resonance energy transfer (BRET) assay to measure ER dimerization induced by ligand binding [69]. This assay measures energy transfer between ER proteins fused to Renilla luciferase (the donor) or yellow fluorescent protein (YFP, the acceptor) and YFP emission indicates dimerization. Using the BRET assay, ER $\alpha/\alpha$  and ER $\beta/\beta$  homodimerization was measured in response to ligand, as well as  $ER\alpha/\beta$  heterodimerization, revealing ligands that selectively induce hetero- or homodimerization. Liquiritigenin was found to selectively induce ER $\beta/\beta$  and ER $\alpha/\beta$  dimers. In contrast, DPN induced ER $\beta/\beta$  homodimers and genistein induced all three dimer pairs, suggesting  $ER\beta$  selective ligands may show selectivity at the level of dimerization. Future development of SERMs or ER selective ligands may be designed with dimer selectivity as well as subtype and tissue selectivity and compounds with optimal selectivity at all levels will have great potential for effectively regulating ER action in cancer and normal tissues. Additional consideration must also be given to receptor selectivity as ER ligands may also activate other cellular targets. Recently, DPN was shown to activate the aryl hydrocarbon receptor (AhR) with high activity suggesting known ER ligands may also activate AhR and have off target effects [111].

## 7. Conclusions

ERs regulate growth and development in response to estrogen exposure and the importance of ER mediated signaling in normal tissues reflects the therapeutic potential of selectively targeting ER for cancer treatment. In the breast, ER $\alpha$  and ER $\beta$  regulate proliferation and differentiation during normal mammary gland development and dysregulation of ER signaling in breast cancer has been effectively targeted with SERMs like tamoxifen for the

past three decades. SERMs target ER signaling with tissue selective activity, which is determined by conformation changes induced by ligand binding, cofactor recruitment, and promoter context. With the identification of ER $\beta$  in 1996 and the emerging role of ER $\beta$  as a tumor suppressor in many cancers, selectively targeting ERs for cancer treatment has evolved into a new field of identifying subtype selective ligands that are highly selective and potent for ER $\beta$  with minimal induction of ER $\alpha$  activity. Though the development of such ligands has proved challenging due to the similarities of ER $\alpha$  and ER $\beta$  LBDs, subtle differences in the size and amino acids lining the LBD allow subtype selective ligands. Both subtype selectivity and tissue selectivity must be optimized in order to effectively target ER signaling for cancer therapy.

## Abbreviations

ER	estrogen receptor
SERM	selective estrogen receptor modulator
SERD	selective estrogen receptor down-regulator
ERKO	estrogen receptor knockout
РРТ	propyl pyrazole triol
DPN	diarylpropionitrile
ARKO	aromatase inhibitor knockout
AOM	azoxymethane
ERE	estrogen response element
DBD – DNA	binding domain
LBD	ligand binding domain
DES	diethylstilbestrol
CBI	coactivator binding inhibitor
BRET	bioluminescence resonance energy transfer

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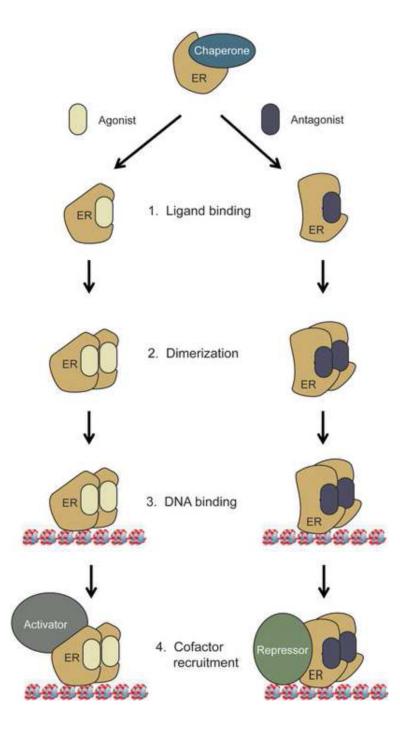
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A) <sup>1</sup>		85 2	251 355		549
Α) ΕRα [	A/B (17)	C (97)	D (30)	E (5	9) F (18)
	1	148 2	214 304		500 530
ERβ	A/B	С	D	E	F
Transcriptional activation Nuclear localization	AF-1				AF-2
DNA binding Cofactor binding Ligand binding					
Dimerization B)ERβ Isoform	ns:	-			
-) .	1	148 2	14 304		500 530
					500 550
ERβ1	A/B	С	D	E	F
	A/B			E	
ERβ1 ERβ2 ERβ3	A/B	148 2'	D	E	F
ERβ2	A/B 1 1 1 1	148 2 148 2 148 2	D 14 304	E	F 469 495

#### Figure 1.

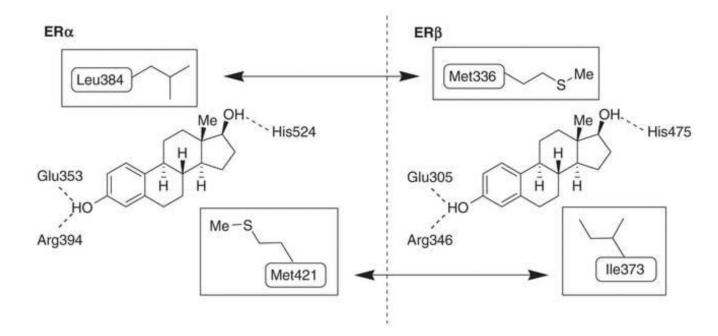
A) Domain structures of ER $\alpha$  and ER $\beta$ . Percent homology shared between full length ER $\alpha$  and ER $\beta$  is given in parentheses. Functional regions of the receptors are shown below the domain structures. B) Domain structures of isoforms of ER $\beta$ , all of which share the same N terminal sequence and only differ in the C terminus.

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#### Figure 2.

Ligand dependent activity of ERs. When bound to an agonist, ERs dimerize, bind DNA, and recruit coactivators to stimulate transcription. Antagonists lead to corepressor recruitment which prevents transcription. Each step of ligand dependent activation (ligand binding, dimerization, DNA binding, and cofactor recruitment) may be selectively targeted for cancer treatment.



#### Figure 3.

Structural similarities and differences of ER $\alpha$  and ER $\beta$  LBD. Taken from [75] with the author's permission. ER $\alpha$  and ER $\beta$  differ in two amino acids within the LBD that contribute to ligand selectivity. Leu384 of ER $\alpha$  is slightly larger and more inflexible than Met336 of ER $\beta$  so ligands with bulky constituents in the region tend to show selectivity for ER $\beta$ . Ile373 of ER $\beta$  is slightly for flexible than Met421 of ER $\alpha$  so bulky substituents in this region also contributes to ER $\beta$  selectivity. Both receptors share Glu, Arg, and His residues that participate in a series of hydrogen bonds with the hydroxyl groups of 17 $\beta$ -estradiol.

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ER ligands and relative binding affinities to ER $\alpha$  and ER $\beta$ .

