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REVIEW

A pharmacological review on intraperitoneal chemotherapy for peritoneal malignancy

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Abstract

Perioperative intraperitoneal chemotherapy in combination with cytoreductive surgery has been shown to be of benefit for treating selected patients with peritoneal surface malignancy. It has become a new standard of care in the management of diffuse malignant peritoneal mesothelioma and peritoneal dissemination of appendiceal malignancy. Numerous recent publications on carcinomatosis from colorectal cancer and gastric cancer identify groups of patients that would benefit from this local-regional approach for prevention and treatment of carcinomatosis. This review focuses on pharmacological information regarding intraperitoneal chemotherapeutic agents commonly used in gastrointestinal oncology.

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Key words: Intraperitoneal chemotherapy; Mitomycin C; Doxorubicin; Cisplatin 5-fluorouracil; Paclitaxel; Peritoneal surface

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INTRODUCTION

In the past, pseudomyxoma peritonei, diffuse malignant peritoneal mesothelioma and peritoneal carcinomatosis from gastrointestinal cancer were considered lethal conditions without curative treatment options. Over the last two decades, multi-modality treatments have evolved. Increasing utilization of cytoreductive surgery combined with intraperitoneal chemotherapy as a treatment strategy for the management of peritoneal dissemination of these malignancies has been regularly reported^[1-15]. Benefits have been universally documented in phase $\mathbb I$ studies. However, as of this point in time, a uniformity of the management for prevention or treatment of peritoneal surface malignancy using perioperative intraperitoneal chemotherapy has not been reached (Table 1). This review focuses on the pharmacological information available for intraperitoneal chemotherapeutic regimens.

Both pseudomyxoma peritonei and diffuse malignant peritoneal mesothelioma tend to remain localized within the abdominopelvic cavities and extraperitoneal metastasis is rarely seen. Pseudomyxoma peritonei is characterized by abundant mucinous tumor masses combined with copious mucus ascites. The cancer cells accumulate at non-mobile anatomic sites or gravity dependent areas. In contrast, the surfaces of the small bowel and its mesentery may remain free of disease^[16]. Diffuse malignant peritoneal mesothelioma arises from the serosal lining of the abdominal cavity $\left[7\right]$. It is characterized by a diffuse pattern of tumor nodules throughout the peritoneal cavity.

Peritoneal implants are present in 10% of patients with colorectal cancer at the time of diagnosis^[17]. Isolated peritoneal carcinomatosis of colorectal cancer is a result

of transcoelomic dissemination. The cancer cells penetrate through the full thickness of the colonic bowel wall, gain access to the peritoneal space, implant and grow on the peritoneum. Peritoneal involvement tends to be more extensive immediately surrounding the primary tumor.

Sugarbaker described the concept of "tumor cell entrapment". In this hypothesis, cancer cells gain access to the peritoneal cavity as a result of surgical trauma to a cancer specimen. During the early postoperative period the cancer cells become entrapped by fibrin and are stimulated by inflammatory growth factors released during the healing process^[18]. As a result of this mechanism of cancer dissemination, approximately 30% of gastric cancer patients after gastrectomy will develop resection site disease or peritoneal seeding.

RATIONALE FOR PERIOPERATIVE INTRAPERITONEAL CHEMOTHERAPY

Cytoreductive surgery combined with perioperative intraperitoneal chemotherapy is indicated in a majority of patients with diffuse malignant peritoneal mesothelioma and pseudomyxoma peritonei and in selected patients with peritoneal dissemination of colorectal cancer and gastric cancer. The fundamental goal of intraperitoneal chemotherapy administration is to maximize the total amount of drug delivered into the peritoneal tumor nodules while minimizing that delivered to the systemic circulation. The cytotoxic effects on peritoneal cancer nodules are the result of direct physical contact with intraperitoneal chemotherapy followed by penetration by diffusion. These events are influenced by the drug concentration in the chemotherapy solution, the ability of the drug to penetrate the tumor and the rate of elimination of the drug from the tumor nodules into the systemic circulation by capillary blood flow. Both natural or acquired drug resistance are important considerations in the long-term outcome of these treatments.

Physical properties of perioperative intraperitoneal chemotherapy

The physical-chemical properties of chemotherapeutic agents administered intraperitoneally should have larger, hydrophilic and ionized compounds. These molecules tend to clear more slowly from the peritoneal cavity than smaller, lipophilic and unionized compounds $[19]$. Therefore, the drugs selected for intraperitoneal administration tend to maintain a significantly greater concentration over a longer period of time in the peritoneal fluid than in plasma. This increases the exposure of the tumor nodules to a maximal dose of intraperitoneal chemotherapy, without necessarily an increase in systemic toxicity.

Mechanism of drug penetration

When drugs are delivered *via* the intraperitoneal route, they penetrate tumor nodules by passive diffusion. Active transport has not been shown to be important in intraperitoneal chemotherapy gaining access to the tumor nodules. The depth of penetration achieved by passive diffusion is limited. Experiments suggest that the depth of penetration may be only a few cell layers to perhaps 2 to 3 mm^[20]. As a result, the greatest clinical benefit will only occur in patients having complete eradication of all macroscopic disease by surgery. The smallest possible tumor nodules remain to be eradicated by intraperitoneal chemotherapy.

Timing of perioperative intraperitoneal chemotherapy

The timing of intraperitoneal chemotherapy administration is critically important in achieving the best therapeutic outcomes. Currently, two time periods are utilized for intraperitoneal administration - intraoperative and early postoperative. Drugs selected for intraoperative use generally have three requirements. They are augmented by heat and can cause a cytotoxic effect to cancer cells within 60 to 90 min independent of cell division^[21,22]. Heat is used because it has a direct cytotoxic effect on cancer cells. In addition, hyperthermia causes an important augmentation of cell kill by certain drugs; consequently it may markedly increase regional cytotoxicity of the chemotherapeutic agents (Figure 1). Third, and perhaps most importantly, heat increases the penetration of chemotherapy into cancer cells (Figure 2).

The combination of intraperitoneal chemotherapy used in the operating room with hyperthermia has been referred to by many different names: Heated intraoperative intraperitoneal chemotherapy (HIIC); Intraperitoneal hyperthermic chemotherapy (IPHC); or Hyperthermic intraperitoneal chemotherapy (HIPEC). In this review, HIIC was used.

In the early postoperative period, before the inevitable postoperative intraabdominal adhesive process occurs, chemotherapy can be delivered and drained *via* intraperitoneal catheters. During the first 7 postoperative days the dwell may be continued for 12 to 24 h. Its distribution is relatively uniform throughout the abdominal cavity. This plan for chemotherapy administration is known as "early postoperative intraperitoneal chemotherapy (EPIC)". The drugs should have a large molecular weight so that they are maintained within the peritoneal cavity for a longer period of time. EPIC is usually continued for several days, and consequently cell cycle specific drugs can be used^[17].

HEATED INTRAOPERATIVE INTRAPERITONEAL CHEMOTHERAPY

Mitomycin C

Mitomycin C is the most common agent used for HIIC in the treatment of patients with peritoneal carcinomatosis from appendiceal and colorectal cancers and is used in conjunction with other drugs for gastric malignancy. It is an antitumor antibiotic, with approximately 90% of the drug absorbed within the 90-min intraperitoneal irrigation. Its molecular weight is 334 and the area under the curve ratio between intraperitoneal concentration over plasma concentration times time is approximately 30 (Figure $3^{[23]}$. The depth of tissue penetration achieved by mitomycin C

IPHC: Intraperitoneal hyperthermic chemotherapy; EPIC: Early postoperative intraperitoneal chemotherapy; PMP: Pseudo-myxoma peritonei; DMPM: Diffuse malignant peritoneal mesothelioma; CRPC: Colo-rectal peritoneal carcinomatosis.

is up to 6 cell layers. It is rarely administered intravenously, as it has a high systemic toxicity profile. The renal toxicities of this drug can be prevented with forced diuresis intraoperatively and the hemolytic uremic syndrome has never been reported following intraperitoneal administration. Mitomycin C has potential adverse effects on wound healing, which can contribute to bowel perforation from anastomotic leak or fistula formation^[24,25]

Currently, there has been a standardized dosage of mitomycin C established. In Amsterdam, it is administered at 30 mg/m^2 to 40 mg/m^2 as a single agent. In Washington, when combined with EPIC 5-fluorouracil the dose is recommended at 15 mg/m². Data regarding long-term survival reflecting the dose-response effects of intraperitoneal mitomycin C are difficult to interpret^[26]. Some con-

Figure 2 Heat increases the penetration of intraperitoneal chemotherapy into tissues. Modified from reference^[53].

fusion regarding dosimetry and toxicity may be clarified by a recent study on pharmacokinetic changes induced by the volume of chemotherapy solution. In patients treated with hyperthermic intraperitoneal mitomycin C, the volume of carrier solution has a direct effect on systemic toxicity. Not only the dose of mitomycin C, but also the volume of chemotherapy solution should be determined by the patients' body surface area (Figure 4) $^{[27]}$. Based on this study, a standardized protocol involving 15 mg/m^2 of mitomycin C in 1.5 L/m^2 carrier solution for all patients has been implemented at the Washington Cancer Institute in order to achieve maximal therapeutic effects and more predictable systemic toxicities. This dose of HIIC mitomycin C is routinely combined with 600 mg/m^2 per day for 5 d of 5-fluorouracil.

Results of treatment with mitomycin C

Xu and colleagues have recently suggested, in a metaanalysis, an improved management of advanced gastric Yan TD et al. Pharmacology of intraperitoneal chemotherapy

Figure 3 HIIC with MMC. The area under the curve ratio of intraperitoneal concentration over plasma concentration times time of heated intraoperative intraperitoneal mitomycin C is approximately 30. HIIC: Heated intraoperative intraperitoneal chemotherapy.

cancer when HIIC is used in conjunction with complete resection (Hazard ratio: 0.51 and 95% confidence interval: 0.40 - 0.65 ^[28]. In 8 of the 11 studies, mitomycin C was used. Results of treatment with colorectal carcinomatosis patients who entered in a phase Ⅲ randomized study of HIIC with mitomycin C have been reported by the Netherlands Cancer Center^[15]. Patients with colorectal carcinomatosis were randomized to undergo systemic 5-fluorouracil/leucovorin therapy with or without palliative surgery versus cytoreduction, HIIC and systemic chemotherapy. A median survival of 12.6 mo was seen in the control arm, whereas the median survival of the HIIC arm was 22.3 mo ($P = 0.032$). The improved survival results from combined treatment with cytoreductive surgery and HIIC cannot be attributed to the effect of HIIC alone. However, at least in part, HIIC with mitomycin C has contributed to the prolonged median survival of colorectal carcinomatosis patients.

Doxorubicin

Doxorubicin is another antitumor antibiotic and is one of the earliest intraperitoneal chemotherapeutic agents used in clinical trials. Its molecular weight is 580 and the area under the curve ratio of intraperitoneal to intravenous concentration times time is 230. It is metabolized as a single pass through the liver so there is a low likelihood of systemic toxicities. Doxorubicin is augmented with heat and tissue penetration is at least five cell layers. This drug is ideally suited for intraperitoneal administration after a maximal attempt of cytoreduction[29,30]. It can also be used effectively with other intraperitoneal drugs, such as cisplatin and mitomycin C without pharmacological incompatibility.

Doxorubicin has a sclerosing effect on peritoneal surfaces. Sugarbaker and co-workers conducted a dose escalation study with pharmacokinetic monitoring of intraperitoneal doxorubicin and they demonstrated that a total dose of 15 mg/m² results in a thin layering of fibrosis on the peritoneal surfaces. These adhesions are not extensive enough to cause abdominal pain or intestinal obstruction[31,32]. With the proper dosage, this sclerosing effect can be used for treating patients with debilitating ascites when

Figure 4 Absorption of mitomycin C from a hyperthermic solution containing 2, 4 or 6 L of 1.5% dextrose peritoneal dialysis solution. Cited form reference[27].

combined with cisplatin (50 mg/m²). At the Washington Cancer Institute, this combination at 41.5℃ in 1.5 L of chemotherapy solution is a standard regime for patients with diffuse malignant peritoneal mesothelioma^[33]

Recent pharmacokinetic studies demonstrated that the doxorubicin content in small mesothelioma nodules far surpassed that measured in the peritoneal fluid (Figure 5). An active uptake of doxorubicin by mesothelioma tumor nodules was proposed and would be expected to result in a maximal response^[34].

Cisplatin

Cisplatin is an alkylating agent. It has been used by intraperitoneal administration for treating gastric cancer, ovarian cancer and diffuse malignant peritoneal mesothelioma[35]. Its molecular weight is 300 and the area under the curve ratio of intraperitoneal concentration to plasma concentration times time is approximately 10 (Figure 6). Although the area under the curve ratio is not as striking as some of the other intraperitoneal drugs, it can be used synchronously with many other agents. Its cytotoxicity is augmented by heat up to 3 times at 41.5℃[36]. It can effectively penetrate tumor nodules up to 3 mm. Currently, all patients with diffuse malignant peritoneal mesothelioma managed at our institution with cytoreductive surgery are given HIIC with doxorubicin and cisplatin.

Results of treatment with doxorubicin and cisplatin

The most recent update has shown that the median survival of 100 consecutive patients with diffuse malignant peritoneal mesothelioma was 50 mo and the 5-year survival rate was 44%. This survival statistic should be compared to historical controls with this disease who have a median survival of one year. In this study, all patients were given a combination of cisplatin plus doxorubicin. It is not possible to show the isolated effect of cisplatin in a majority of reports.

Melphalan

Melphalan is a well-known antineoplastic alkylating agent that has been used to treat cancer patients for over 50 years and it remains the most effective single drug used in heated limb perfusion for in-transit metastases from melanomas and advanced primary or recurrent extremity soft

Figure 5 Pharmacokinetic profile of heated intraoperative intraperitoneal doxorubicin showing that the doxorubicin concentration in the tumor nodule is higher than that in the peritoneal fluid.

tissue sarcomas^[37-39]. Its molecular weight is 334 and the area under the curve ratio of intraperitoneal concentration to plasma concentration times time is approximately 93. It has remarkably increased pharmacological activity with heat in both *in vitro* and *in vivo* studies^[22,40,41]. Glehen and colleagues showed that hyperthermia has little effect on intraperitoneal or plasma concentration of melphalan, and there was a significant increase in tissue penetration of this drug with heat^[40]. Melphalan exerts its antineoplastic effect through the formation of interstrand DNA crosslinks. It is believed that the formation of these DNA cross-links is promoted at increased temperatures, leading to enhanced cell killing. Recent phaseⅠ/Ⅱ clinical trials using melphalan in patients with small volume residual carcinomatosis post cytoreductive surgery at a dose of 70 mg/m^2 have been completed at our institution.

Figure 7 shows the pharmacokinetic profile of melphalan given intraperitoneally at 70 mg/m² in 3 L of 1.5% dextrose peritoneal dialysis solution at 42℃ for 90 min. Pharmacokinetic studies showed that the drug concentration in the tumor nodules was approximately 30% of the intraperitoneal concentration and 10 times the plasma concentration^[41].

EARLY POSTOPERATIVE INTRAPERITONEAL CHEMOTHERAPY

5-Fluorouracil

5-Fluorouracil is routinely used with EPIC for peritoneal carcinomatosis from numerous gastrointestinal malignancies. It is an antimetabolite that is incorporated into the DNA, which then causes chain termination. Its molecular weight is 130 and the area under the curve is 250. It is metabolized by a single pass through the liver, so that the systemic toxicity is very limited. Caution must be used in patients having liver dysfunction. When used as a single agent, the dose can be as high as 800 mg/m^2 per day for 5 d. When administered in patients after having had HIIC with mitomycin C, the dose is reduced to 650 mg/m^{2[30]}. Pestieau and colleagues demonstrated that the clearance of 5-FU from the peritoneal cavity could be significantly

Figure 6 The area under the curve ratio of intraperitoneal concentration over plasma concentration times time of heated intraoperative intraperitoneal cisplatin is approximately 10.

reduced with using hypertonic and high molecular weight carrier solutions^[42]. This would, in turn, prolong 5-FU availability in the peritoneal cavity. It has also been reported that intraperitoneal 5-FU may play a role in preventing postoperative intraperitoneal adhesions and the clinical implications of this finding deserves more attention^[43].

Paclitaxel

Paclitaxel is an antimitotic drug that stabilizes microtubules and inhibits their depolymerization for free tubulin. Its molecular weight is 862 and the area under the curve ratio is 1000. It can penetrate more than 80 cell layers and is extremely favorable for intraperitoneal use^[44]. At our institution, EPIC with paclitaxel has been routinely used since 1998 for patients with diffuse malignant peritoneal mesothelioma. It is instilled as a lavage into the peritoneal cavity; gravity distribution is encouraged by the patient's movement from side to side for the first 6 h of the 23 h dwelling^[33]. This treatment is repeated daily for the first 5 postoperative days. By the intention to treat principle, all patients are to receive EPIC with paclitaxel, unless they experience perioperative complications early in the postoperative period.

Mohamed and co-workers studied the use of 6% hetastarch as the carrier solution for paclitaxel. Because hetastarch is a larger molecule, its clearance from the peritoneal cavity was reduced, as compared to peritoneal dialysis solution. By maintaining an artificial ascites, hetastarch increased the exposure of peritoneal surfaces to paclitaxel; the volume of carrier solution was increased and the drug concentration remained unchanged (Figure 8)^[45]. This is likely to further increase the tumor response to paclitaxel.

Stuart and colleagues recently found that the carcinogen diethylhexylphthalate (DEHP) is leached by a paclitaxel chemotherapy solution from polyvinyl chloride based containers. Because DEHP is present in all soft plastic tubing, precautionary steps must be taken or the carcinogen may be transferred to patients receiving intraperitoneal paclitaxel^[46]. They recommended using non-DEHP containing plastic for paclitaxel delivery.

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Figure 7 Pharmackinetics of HIIC with melphalan. Pharmacokinetic profile of melphalan given intraperitoneally at 70 mg/m² in 3 L of 1.5% dextrose peritoneal dialysis solution at 42℃ for 90 min. Pharmacokinetic studies showed that the drug concentration in the tumor nodules was approximately 30% of the intraperitoneal concentration and 10 times the plasma concentration.

FUTURE DIRECTIONS

Neoadjuvant intraperitoneal chemotherapy for gastric cancer

Recently, Yonemura and co-workers reported using combined systemic and intraperitoneal chemotherapy (bi-directional) for patients with gastric peritoneal carcinomatosis who were unable to have a complete cytoreduction due to the extensive nature of their disease^[47]. Subsequently, they selected patients who responded to the neoadjuvant chemotherapy to undergo further cytoreductive surgery. The concept of this new approach, using neoadjuvant intraperitoneal chemotherapy to downstage those patients who are chemosensitive, is appealing. They reported that a complete cytoreduction was achieved in 25% of treated patients and this resulted in a prolonged survival.

As in many different peritoneal surface malignancies, completeness of cytoreduction was an important factor determining overall survival. It is related to the pretreatment tumor load, aggressiveness of the tumor and surgeon's technical ability. In patients with peritoneal dissemination involving the small bowel and small bowel mesenteric surfaces, it is almost impossible to remove all visible tumor nodules, and at the same time to preserve sufficient length of small bowel to ensure adequate nutrition. Neoadjuvant chemotherapy may have a useful role in this subgroup of patients to downstage the tumor load on the small bowel and its mesentery. Selecting those who responded to the intraperitoneal chemotherapy to undergo further cytoreduction may result in an improved overall survival.

Bi-directional intraoperative chemotherapy

Another use of bi-directional chemotherapy delivery has been proposed by Elias and colleagues. This involves the administration of intravenous chemotherapy simultaneous with HIIC^[48]. The intravenous drug that is chosen is also augmented by heat and is delivered to the peritoneal tumor nodules through capillary flow. This is "hyper-

Figure 8 Mean total drug remaining in peritoneal cavity at 23 h. Hypertonic carrier solutions maintain the artificial ascites and paclitaxel concentrations, during early postoperative intraperitoneal paclitaxel instillation. Cite from reference^[45].

thermic targeting" of intravenous chemotherapy to the peritoneal surface. In this concept, tumor nodule penetration is not only from the surface by passive diffusion, but also from within by capillary flow. A study has been initiated to investigate HIIC of cisplatin and doxorubicin combined with intravenous ifosfamide after cytoreductive surgery for peritoneal dissemination of advanced or recurrent epithelial ovarian cancer and papillary serous carcinoma. It is hoped that this bi-directional hyperthermic local-regional treatment will result in improved survival of these patients. The agents most recommended for heat synergy are melphalan, ifosfamide and cyclophosphamide. These drugs may double their cytotoxicity for cancer cells when used with hyperthermia^[36].

Adjuvant intraperitoneal chemotherapy

Surgery for gastrointestinal cancer is associated with an extremely high local recurrence rate. The mechanism whereby a large proportion of patients have disease recurrence confined to the resection site and peritoneal surfaces is related to traumatic dissemination of tumor emboli within the peritoneal cavity, and the implantation of these tumor emboli within the fibrinous exudates that accumulate at the resection site and on abraded peritoneal surfaces. Sources for these intraabdominal tumor emboli include coelomic perforation at the primary cancer site, severed lymphatic channels during surgery and disrupted tissue emboli within the blood loss from tumor specimen. Yu and co-workers reported an improved survival in patients who received adjuvant intraperitoneal chemotherapy for advanced gastric cancer^[18,49]. It is likely that both HIIC and EPIC will benefit these patients with a high risk of intraperitoneal recurrence.

Standardization of treatment regimens for multiinstitutional studies

Other drugs have been used for HIIC or EPIC by other groups around the world. Also, two chemotherapy agents have been approved by the FDA for intraperitoneal administration. These drugs are cyclophosphamide and nitrogen mustard. Currently, neither of these drugs are used regularly for treating patients with peritoneal surface

malignancy. A new drug that has been piloted in Villejuif by Elias and his colleagues is oxaliplatin^[48]. Pharmacologic doses are used over a short time period in an attempt to increase drug penetration into the tumor. DeBree and colleagues have used docetaxel with heat^[50]. Although docetaxel is not heat-augmented, it is possible that the hyperthermia will increase drug penetration into tumor nodules. Groups in Japan have used mitomycin C, cisplatin and etoposide, as a multi-drug chemotherapy solution^[51]. Mitoxantrone has also been used by Link and colleagues in Wiesbaden in order to control debilitating ascites^[52].

Although the rationale of cytoreductive surgery combined with perioperative intraperitoneal chemotherapy is appealing, local-regional recurrence is common following this comprehensive treatment strategy. With new development and continuous evolution of treatment plans, reduced perioperative morbidity and mortality, along with increased disease-free survival and overall survival results are possible. A change in the management approach for patients with peritoneal surface malignancy is necessary. In contrast to the historical data, where the survival for patients with peritoneal dissemination was uniformly disappointing, survival has markedly improved with the new comprehensive treatments. It is necessary to form a multidisciplinary approach to assess patients with peritoneal surface malignancy. A medical oncologist should consult a surgeon in regard to the management of these patients before initiating a palliative approach with systemic chemotherapy. Systemic chemotherapy has been repetitively shown to be of no survival benefit. For future studies, many important issues, such as selection of drugs, potency of multiple agents, optimal degree of hyperthermia, concentration and duration of intraperitoneal chemotherapy, need to be clarified.

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