

α -Retinol Is Distributed through Serum Retinol-Binding Protein-Independent Mechanisms in the Lactating Sow-Nursing Piglet Dyad^{1–3}

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Abstract

α -Retinol (α R) is a structural isomer of retinol [vitamin A (VA)] that does not bind to serum retinol-binding protein (RBP). In this study, α -retinyl acetate (α RA) was synthesized and given orally (35 μ mol) to VA-deficient lactating sows ($n = 11$) to assess its potential to trace RBP-independent retinol transport and tissue uptake. The α RA dose primarily appeared in sow serum as 4 α -retinyl esters (α RE) with peak serum total α R concentrations (the sum of the alcohol and ester forms) detected at 2 h (70 \pm 23 nmol/L, mean \pm SEM) postdose. From 0 to 40 h postdose, the percentage of serum total α R in the alcohol form did not increase. Rapid α R uptake into sow milk was observed with peak concentrations (371 \pm 83 nmol/L) at 7.5 h postdose, consistent with the uptake of α RE from chylomicra. A high percentage of the α RA dose (62 \pm 15%, mean \pm SD) was present in the livers of sows ($n = 6$) killed 22–28 d postdose. Approximately 15–26% of the sow α RA dose was transferred to the livers of the nursing piglets ($n = 17$) after 3 d. In piglets and sows, a similar percentage of hepatic total α R was detected in the ester form as that of hepatic total retinol. Taken together, these data suggest that an oral dose of α RA effectively traces the uptake, esterification, chylomicron transport, and hepatic storage of retinol and may be useful for deciphering the role of RBP-independent delivery of retinol to other tissues. *J. Nutr.* 141: 42–47, 2011.

Introduction

α -Retinol (α R)⁴ is an analogue of vitamin A (VA) formed naturally from the metabolism of α -carotene (1,2), a prominent provitamin A carotenoid found in carrots as well as some other fruits and vegetables (3). α R differs from retinol only in a shift of the 5, 6 double bond to the 4, 5 position (2), but this structural alteration greatly modifies its bioactivity. Early studies indicated that, despite its ability to accumulate in liver (1) and bind to at least one type of cellular retinol-binding protein (4), α R possessed <2% of the biopotency of retinol as defined by its ability to support growth in VA-deficient rats (5). The low bioactivity of α R was at least partially explained by the finding that it could not bind to serum retinol-binding protein (RBP) (6), the major protein responsible for the physiological transport of retinol between tissues (7). RBP is sometimes referred to as RBP4 to distinguish it from cellular RBP.

More recently, α R was detected in the livers of Mongolian gerbils supplemented with α -carotene (2). The hepatic α R

concentrations were very similar to the difference in hepatic retinol concentrations between α -carotene- and cottonseed oil-fed gerbils, suggesting that the α -retinal and retinal formed from α -carotene cleavage were metabolized, transported, and stored in the liver in a similar fashion. Additionally, no α R was detected in gerbil serum despite the presence of ample amounts of α R in the liver, supporting the previous *in vitro* findings that α R does not bind to RBP (6). From these data, we hypothesized that α R may be a useful chemical tracer for studying the RBP-independent transport and tissue uptake of retinol, which may occur primarily through its association with chylomicra and other lipoproteins (8,9).

Therefore, the primary goal of the current study was to assess whether α R is an effective tracer of RBP-independent retinoid bioprocesses by examining the accumulation and clearance of α R and α -retinyl ester (α RE) in the serum, milk, and livers of VA-depleted lactating sows following a single, oral dose (35 μ mol) of α -retinyl acetate (α RA). The lactating sow-piglet model has been previously utilized for studying various nutritional and biochemical aspects of VA supplementation to VA-deficient lactating women with extrapolation to nursing infants in developing nations (10–13). For comparative reasons, the size of the α RA dose was selected to be the same as the amount of 3, 4-didehydroretinyl acetate (DRA) administered as a tracer in a prior study (12). We also measured the hepatic and extrahepatic accumulation of α R in the nursing piglets from the α RA-dosed sows to estimate the percentage of the α RA dose transferred through the sow milk, which, presumably, could only occur through RBP-independent mechanisms.

¹ Supported by USDA National Research Initiative 2007-35200-17729, NIH grant T32-DK007665 (J.T.D.), and the University of Wisconsin-Madison Graduate School 135-GV88.

² Author disclosures: J. T. Dever, R. L. Surles, C. R. Davis, and S. A. Tanumihardjo, no conflicts of interest.

³ Supplemental Figure 1 is available with the online posting of this paper at jn.nutrition.org.

⁴ Abbreviations used: α R, α -retinol; α RA, α -retinyl acetate; α RE, α -retinyl ester; DR, 3,4-didehydroretinol; DRA, 3,4-didehydroretinyl acetate; PDA, photodiode array; RA, retinyl acetate; RBP, serum retinol-binding protein; VA, vitamin A.

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Materials and Methods

Synthesis of α RA. α RA was synthesized using a previously described method for the synthesis of ^{13}C -retinyl acetate (14) except that α -ionone (Sigma Aldrich) instead of β -ionone was used as the starting reagent and no ^{13}C was added. The synthesized α RA was purified (>95%) on 8%-water-deactivated alumina using hexanes and diethyl ether. Purity was confirmed via characterization by TLC, UV-VIS spectroscopy, and HPLC equipped with photodiode array (PDA) detection.

Animals and diet. Approval for animal use was obtained from the University of Wisconsin (UW)-Madison Animal Care and Use Committee and all animal procedures adhered to the public health service policy on humane care and use of laboratory animals. The College of Agriculture and Life Sciences' facilities are AAALAC accredited and frequently inspected. First-litter sows (gilts) (crossbreeds of Large White and Landrace) were housed at the Swine Research and Teaching Center in Arlington, WI. At 6.2 mo of age (31–47 d before breeding with Duroc boars), the gilts' diet was changed from a standardized fortified diet to a diet that did not contain added preformed VA (Table 1). This diet was continued through gestation and after birth until the pigs were killed for liver analysis. Late-kill piglets were weaned at 7–10 d of age and were then provided a diet containing no preformed VA until they were killed.

Dosing and tissue collection. On d 5 of lactation, each sow ($n = 11$) was given a single, oral dose (35 μmol) of α RA dissolved in corn oil after collecting a baseline sample of blood and milk. Blood (0.5, 1, 1.5, 2, 2.5, 3, 3.5, 4, 5, 10, 20, and 40 h postdose) was collected (8–10 mL/time) by placing jugular catheters into nonanesthetized sows as previously described (11). Milk (2.5, 5, 7.5, 10, 15, 20, 40, and 60 h postdose) was collected (10–15 mL/time) after oxytocin treatment (11). Serum and milk were placed on dry ice until being transferred to -80°C conditions. During the collection time, piglets were allowed to freely nurse. Piglets were killed 3 or 23 d after dosing and their liver, kidneys, spleen, lungs, and adrenal glands were collected. All piglet tissues were stored at -80°C until analysis. Sows ($n = 6$) were killed ~25 d after α R dosing and their livers were stored at -20°C until analysis.

Serum analysis of α R. Serum total α R (the sum of the alcohol and ester forms) was analyzed using an adaptation of a previously published method (2). Briefly, 1 mL serum was thawed and 10 μL of synthesized C23-alcohol (a β -apo-carotenol) (2) was added as an internal standard. Serum was deproteinized with 1 mL ethanol, and α R and α RE were extracted from serum 3 times with hexanes (1 mL). The pooled hexane extracts were dried under nitrogen. To each dried sample was added 0.75 mL ethanol + 0.1% BHT and 0.4 mL 50:50 KOH:H₂O (wt:v) for saponification (15). Samples were placed in a 45°C water bath for 10 min followed by the addition of 0.5 mL water. α R was then immediately extracted 3 times with hexanes (1 mL) and the combined extracts were

dried. The dried samples were redissolved in 75 μL methanol:dichloroethane (50:50, v:v) and 20 μL was injected into an HPLC system consisting of a Waters 717plus autosampler, a Waters 600E multisolvent delivery system, a guard column, a Waters Symmetry C18 column (3.5 μm , 4.6 \times 75 mm) in series with a Waters Resolve C18 column (5 μm , 3.9 \times 300 mm), a Shimadzu (Kyoto, Japan) SPD-10A UV-VIS detector, and a Shimadzu C-R7Aplus Chromatopac data processor. Samples were analyzed at 311 nm using an isocratic method (87.5:12.5, MeOH:H₂O, v:v; with 10 mmol/L ammonium acetate at 0.8 mL/min). This method effectively separated α R from retinol (typical retention times of 21.5 and 22.8 min, respectively) and the C23-alcohol typically eluted at 38.7 min. A small peak was detected in baseline serum samples with a similar retention time to α R. The peak's absorption spectra, as determined by HPLC equipped with a PDA detector, did not match that of α R. Therefore, for each sow, the area of this peak at baseline was subtracted from the area of the α R peak at all time points as a corrective measure. A standard curve was constructed from purified α R obtained from saponification of synthesized α RA standard to allow for peak quantification. The mass extinction coefficient ($E_{1\%}^{1\text{cm}}$) for α R is 1650 at 311 nm (1).

To determine the percentage of α R in ester form, 2 mL serum was thawed and 20 μL internal standard and 2 mL ethanol were added for deproteinization. Three hexane (2 mL) extracts were combined, split into 2 equal volumes, and dried. One of the divided extracts was analyzed in the saponified state (quantifies α R + α RE) as described above and the other was analyzed in the unsaponified state (quantifies α R). The percentage of α R in the ester form was then calculated using the following standard equation:

$$\% \alpha\text{R in ester form} = (\text{Saponified } \alpha\text{R} - \text{Unsaponified } \alpha\text{R}) / (\text{Saponified } \alpha\text{R}) \times 100.$$

Serum analysis of retinyl ester and α RE. To qualitatively assess the serum distribution of retinyl ester and α RE, serum from 3 different sows at 0 or 2 h postdose was thawed and pooled (3 mL/time point). Each sample was then deproteinized with 3 mL ethanol and extracted with 3 mL hexanes 3 times. The extracts were combined, split into 2 equal volumes, and dried; 1 portion was saponified. Samples were redissolved in 75 μL methanol:dichloroethane (50:50, v:v) and analyzed using a previously described HPLC method for retinyl ester analysis with slight modifications (2). The Waters HPLC system consisted of a 717plus autosampler, 1525 binary HPLC pump, guard column, Resolve C18 column (5 μm , 3.9 \times 300 mm), and 996 PDA detector. The mobile phases were acetonitrile:water (95:5, v:v; solvent A) and acetonitrile:methanol:dichloroethane (85:10:5, v:v; solvent B), both containing 10 mmol/L ammonium acetate. Samples were analyzed at 2 mL/min using a gradient procedure: 1) 100% A for 3 min; 2) 7-min linear gradient to 100% B; 3) 12-min hold; and 4) 2-min reverse gradient to 100% A.

Milk analysis. Milk (1 mL) was analyzed for total α R and retinol using an adaptation of a previously published method (12). To each milk sample, 20 μL C23-alcohol, 1.5 mL ethanol + 0.1% BHT, and 0.8 mL 50:50 KOH:H₂O were added. After saponification for 1 h at 45°C, 3 hexane extractions, and extract drying, the residue was reconstituted in 100 μL methanol:dichloroethane (50:50, v:v) and 20 μL was injected onto a Waters HPLC system using the isocratic HPLC method previously described for separation of α R from retinol.

The fat content of individual milk samples was analyzed as previously described (12). Briefly, 2 mL 2:1 (v:v) dichloromethane:methanol and 1 mL ethanol was added to 1 mL milk. The sample was mixed on a vortex and centrifuged. The top layer was placed in a new test tube; 1 mL dichloromethane and 1 mL water (0.6% NaCl) were added, followed by mixing on a vortex and centrifuging. The bottom layer was transferred back to the original storage test tube; 1 mL 2:1 (v:v) dichloromethane:methanol and 1 mL ethanol were added followed by mixing on a vortex and centrifuging to form a delipidated pellet. The extract was transferred to a tared test tube; 1 mL water (0.6% NaCl) was added and the sample was mixed on a vortex and centrifuged. The aqueous layer was discarded and the extract dried under nitrogen overnight. When no solvents were visible, the test tube was weighed to determine the fat (g/L milk). The CV of this method was 4.0%.

TABLE 1 Nutrient composition of sow diets for depleting VA stores

Ingredient	Feed, g/kg
Wheat grain	794
Soybean meal, 48% crude protein	126
Dicalcium phosphate	17.0
Limestone, ground	8.0
Fat ¹	30.0
Iodized sodium chloride	5.0
UW vitamin and mineral mix ²	20.0

¹ MaxFat (Maxco, Green Bay, WI), a blend of animal and vegetable fats.

² A vitamin and mineral premix was developed that consisted of 62% wheat, 10% Vitamin Mix (Teklad, Madison, WI) (in g/kg Vitamin Mix: cholecalciferol, 0.26; dl- α -tocopheryl acetate, 72.0; vitamin B complex, 5.40; biotin, 7.50; folic acid 0.50; niacin, 5.53; pantothenic acid, 12.87; riboflavin, 7.84; vitamin B-12, 13.64; corn, 874.5), 13% choline, and 15% UW Mineral Mix (Mineral Mix resulted in the following minerals in mg/kg final feed: iron, 61; selenium, 0.3; zinc, 48; iodine 7.7; copper, 18).

Organ analyses. Sow and piglet livers were analyzed using an adaptation of a previously published method (13). Samples were obtained from several sections of the liver and pooled. Briefly, liver (0.4–0.6 g) was ground with 3–5 g anhydrous sodium sulfate, extracted repeatedly with dichloromethane, and filtered into a 50-mL volumetric flask. After grinding, C23 alcohol (250 μL) was added as an internal standard for extraction efficiency. Aliquots (2 mL) were dried and analyzed in the saponified or unsaponified states as described previously. All residues were redissolved in 150 μL methanol:dichloroethane (50:50, v:v) and 20 μL was injected and analyzed using the isocratic HPLC method described above. The percents of retinol and αR in ester form were calculated using the formula described earlier.

Kidney (1.5–2.5 g), lung (1.5–2.5 g), spleen (1.5–2.5 g), and adrenal gland (0.4–0.6 g) extracts were analyzed as described above except that less C23-alcohol (25–50 μL) was added. For kidney, 8 mL aliquots of the 50-mL extracts was dried and analyzed. For the other organs, the 50-mL extract was split into two 25-mL portions that were dried and analyzed in the saponified and unsaponified states.

Statistical analysis. A repeated-measures ANOVA test with spatial power error structure using time as a fixed effect and individual pigs as a random effect was applied using SAS PROC MIXED (version 8.2, SAS Institute) to determine the main effects of the αRA dose on total αR and retinol concentrations in serum and milk. The natural log transformation was used to ensure that the residuals were normally distributed. The least square means were calculated and the overall significance at specific time points was determined by least square means differences. Data normality was confirmed using a Shapiro-Wilk test. For serum and milk αR levels, the assumption of equal variance across all time points was confirmed using a likelihood ratio test. An unpaired t test was used to compare the percentage of piglet hepatic total αR and total retinol in the ester form with that of sows. Differences were considered significant at $P < 0.05$.

Results

Serum αR and retinol. Serum samples were saponified to hydrolyze all αRE to αR . Following a single, oral dose of αRA (35 μmol) to sows, their serum total αR concentrations (the sum of the alcohol and ester forms) rose rapidly from undetectable levels to 70 ± 23 nmol/L (mean \pm SEM) at 2 h (Fig. 1A). Serum total αR concentrations declined to greater than one-half that concentration by 5 h. A more gradual loss was observed from 5 to 40 h postdose, and αR could still be detected in saponified serum samples of most sows at 40 h. In unsaponified serum samples (0–40 h), little to no αR was detected. Using the αR concentrations in saponified and unsaponified serum samples, the mean percentage of serum αR in ester form was calculated to be 80–98% at all analyzed time points with no significant changes in this percentage detected from 0 to 40 h (Fig. 1B).

Chromatographic profiles of pooled and concentrated serum samples from several sows at 0 and 2 h post-dose (Supplemental Fig. 1A,B, respectively) revealed the appearance of αRE (peaks 1–4) at 2 h. These peaks were identified as αRE based on their nearly identical absorption spectra to αR , which has 3 distinct λ -maxima at 325, 311, and 298 nm and by their complete disappearance following saponification of the 2-h pooled serum sample (Supplemental Fig. 1C).

In contrast to serum αR , serum retinol was present almost completely in the alcohol form as indicated by the lack of detection of retinyl esters from 0 to 40 h by HPLC-PDA (data not shown). No changes in serum retinol concentrations were detected from 0 to 40 h postdose (Fig. 1C).

Milk αR and retinol. A significant accumulation of αR in sow milk was detected by 2.5 h (Fig. 2A). Compared with serum, peak total αR concentrations in milk were much higher ($0.37 \pm$

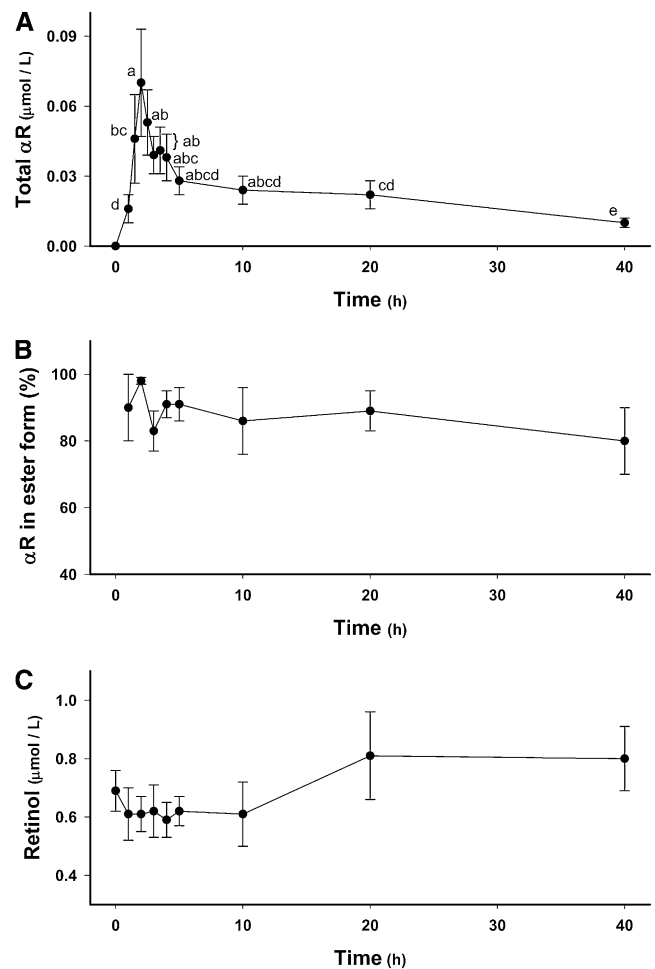


FIGURE 1 Time course (0–40 h) of serum total αR concentration (A), the percentage of total αR in ester form (B), and retinol concentrations (C) in lactating sows administered αRA (35 μmol). Values are means \pm SEM, $n = 7$ –11. Means without a common letter differ, $P < 0.05$.

0.08 $\mu\text{mol/L}$) and peaked later (7.5 h). From 7.5 to 60 h postdose, milk αR concentrations steadily declined but were still elevated at 60 h compared with baseline milk αR concentrations. Detection of small amounts of αR (0.05 ± 0.01 $\mu\text{mol/L}$) in baseline (0 h) milk samples was not anticipated; however, HPLC-PDA analysis revealed the presence of a peak matching both the retention time and the UV absorption spectrum of αR . Therefore, we concluded that the peak was indeed αR .

Milk total retinol concentrations (Fig. 2B) at 15 h (0.61 ± 0.08 $\mu\text{mol/L}$) and 20 h (0.59 ± 0.09 $\mu\text{mol/L}$) postdose were lower than baseline total retinol concentrations (0.82 ± 0.10 $\mu\text{mol/L}$). At 40 and 60 h postdose, milk total retinol concentrations were similar to baseline levels. Milk fat content ($9.2 \pm 1.9\%$) was similar at all time points. Correction of total αR and retinol concentrations in milk for milk fat content (data not shown) did not result in any significant changes in the data trends.

Tissue accumulation of αR in sows and piglets. Total mean retinol concentrations in sow and piglet livers were <0.07 $\mu\text{mol/g}$ liver, confirming VA deficiency (2). Of the 11 sows dosed with αRA , 6 were randomly chosen to be killed after 22–28 d to measure their total hepatic αR concentrations. A high percentage ($62 \pm 15\%$, mean \pm SD) of the total αRA dose was detected in the sow livers as αR and αRE (Table 2). Randomly chosen

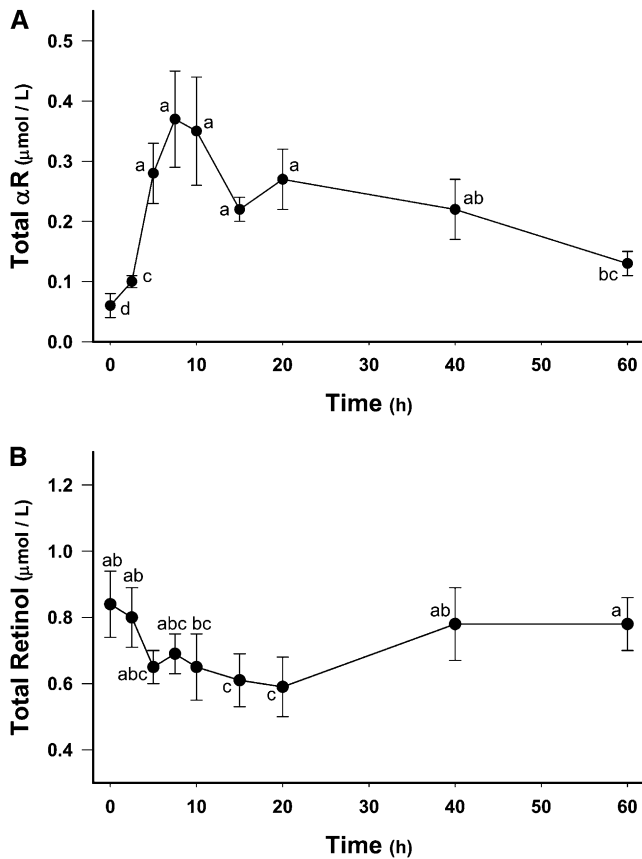


FIGURE 2 Time course (0–60 h) of milk total α R (A) and retinol (B) concentrations in lactating sows administered α RA (35 μ mol). Values are means \pm SEM, $n = 7$ –11. Means without a common letter differ, $P < 0.05$.

piglets ($n = 17$) taken from the litters of the other 5 α RA-dosed sows contained $2.2 \pm 0.7\%$ of the α RA dose/liver after 3 d, whereas piglets ($n = 6$) killed 23 d postdose had very low hepatic α R concentrations. Analysis of the kidneys, spleens, and adrenal glands of the early-kill piglets revealed detectable but low amounts (<8 nmol/organ) of α R compared with their hepatic α R concentrations. In sows and piglets, the percentage of hepatic α R in the ester form was similar to that of retinol; however, piglet livers analyzed 3 d postdose had a higher percentage of total α R ($83 \pm 6\%$) and total retinol ($87 \pm 8\%$) in the ester form compared with sow livers (62 ± 7 and $52 \pm 4\%$, respectively).

To estimate the percentage of the α RA dose transferred from each of the 5 dosed sows to their litters, the percentage (mean \pm SD) of the sow α RA dose present in the livers of individual littermates was multiplied by the total number of piglets in the litter (Table 3). Approximately 22% of the sow α RA dose was transferred to the livers of their nursing piglets after 3 d.

Discussion

The total α R concentrations in the livers of α RA-dosed lactating sows and their nursing piglets accounted for the majority of the sow α RA dose (62 and 22%, respectively). This implies that $>80\%$ of the α RA dose given to sows was bioavailable, a value similar to that reported for retinyl acetate (RA) (70–90%) (16,17). The α RA dose predominantly appeared as α RE in sow serum, which was similar to RA-dosed sows where retinyl

TABLE 2 Sow and piglet hepatic α R concentrations following a single, oral dose of 35 μ mol α RA to lactating sows

Group	Time after dose, d	<i>n</i>	Total α R, nmol/g liver	Liver weight, g	Total α R, nmol/liver
Sows	22–28	6	9.2 ± 2.3^1	2347 ± 306	$21,550 \pm 5190$
Piglets	3	17	9.9 ± 3.2	77 ± 13	754 ± 232
	23	6	0.06 ± 0.02	90 ± 25	4.9 ± 2.3

¹ Values are means \pm SD.

palmitate, oleate, stearate, and linoleate accounted for $>90\%$ of the serum retinyl ester content (11). Based on these observations as well as the typical chromatographic retention times of these retinyl esters (2), the identities of the 4 α RE peaks (Supplemental Fig. 1B) were likely α -retinyl linoleate, oleate, palmitate, and stearate, in order of retention time. Serum α RE was mostly cleared by 40 h, primarily via uptake into the liver and milk; however, there was no corresponding increase in serum α R. This was in contrast to previous results from sows dosed with DRA (12), where the serum concentration of didehydroretinol (DR), which binds to RBP, rapidly increased from 0–10 h. The lack of serum α R provided additional confirmation of the inability of α R to bind to RBP. The decline in milk retinol concentrations observed 15 and 20 h after α RA dosing may have been due to replacement with the newly delivered α R and suggests that α R and retinol may interact with similar physiological and biochemical pathways. In the liver, a similar percentage of total hepatic α R was stored in the ester form as that of total hepatic retinol in both sows and piglets. Collectively, these observations indicate that the α RA dose was absorbed into enterocytes, converted to α RE, transported into the circulation bound to chylomicra, taken up by tissues, and hepatically stored in a similar fashion as postprandial retinol but was not recirculated bound to RBP.

The major RBP-independent mechanism by which retinol may be physiologically distributed is via chylomicron-mediated transport and tissue uptake of retinyl esters (18–20). This has been well illustrated in RBP knockout mice, which, although viable, must derive their VA tissue requirements in this manner (21). Approximately 75% of chylomicron-bound postprandial retinol is cleared by the liver, with the remaining 25% cleared extrahepatically (19). A similar distribution pattern was observed for the α RA dose, because 40–76% of ingested α RA was detected in sow livers analyzed 22–28 d postdose. Sow livers were not analyzed at any earlier time points, because they were nursing the piglets; however, these data suggest that α R

TABLE 3 Estimated total transfer of the α -RA dose administered to 5 lactating sows to the livers of their piglets after 3 d

Piglets analyzed, <i>n</i>	α RA dose in liver, %	Piglets in litter, <i>n</i>	Estimated α RA dose transferred to litter, ² %
4	3.0 ± 0.7^1	7	21 ± 5
4	2.4 ± 0.2	11	26 ± 2
3	1.4 ± 0.4	11	15 ± 4
3	2.2 ± 0.2	12	26 ± 2
3	1.6 ± 0.2	12	21 ± 2

¹ Values are means \pm SD.

² Percentage of the sow α RA dose present in the livers of individual littermates multiplied by the total number of piglets in the litter.

clearance from sow liver was slow, largely due to the inability of hepatic RBP to release it for transport to extrahepatic tissues. In contrast, piglet hepatic clearance of α R appeared to be more efficient with very little hepatic α R detected 23 d postdose. This could indicate that hepatic RBP-independent clearance mechanisms, such as excretion into the bile (22), are more active in growing piglets than in sows.

The rapid and significant accumulation of α R in the sow milk is consistent with previous findings that chylomicron-bound retinyl esters are an important source of milk total VA. In lactating rats, the uptake of retinyl esters from chylomicra by the mammary tissue is rapid (23) and is more significant compared with nonlactating rats (24,25), likely due to elevated lipoprotein lipase expression (26,27). Supplementation studies in lactating rats have also indicated a major role for dietary retinol in the milk and mammary tissue VA concentrations (28). In this study, based on the hepatic α R stores of analyzed piglets, 15–26% of the sow α RA dose was transferred to their litters after 3 d, which, at a minimum, also represents the percentage transferred into the milk. When sows were given the same dose (35 μ mol) of DRA, which leads to the formation of the RBP-DR complex, an estimated 10–20% of the dose was irreversibly lost in milk in 2 d, and peak milk concentrations of total DR ($0.35 \pm 0.14 \mu$ mol/L) were similar to those of total α R in this study ($0.37 \pm 0.08 \mu$ mol/L) (12). Thus, for both α RA and DRA, the primary mechanisms by which their respective metabolites enter the milk in the first 2–3 d postdose appear to be RBP independent and chylomicron mediated. The α R content of other sow tissues was not analyzed; however, based on the very small α R amounts detected in piglet kidney, spleen, adrenal gland, and lung 3 d postdose, uptake into milk likely represented a sizable portion of the total extrahepatic α R tissue uptake in sows.

The detection of low amounts of α R in baseline milk samples was not anticipated and suggests that the very small amount of α -carotene present in both the standard fortified and VA-deficient diets (29,30) was efficiently converted to α R. Low amounts of endogenous α R may also have been present in the swine livers; however, the detection of only trace amounts of hepatic α R in piglets 23 d postdose suggests that very little endogenous α R was present. In sows, it is not clear if endogenous hepatic α R concentrations were high enough to play an important inflationary role in the calculated percentage of the α RA dose recovered in their livers.

One goal of the present study was to provide some additional insights into the contribution of RBP-independent mechanisms in the transport, uptake, and transfer of retinol to milk in VA-deficient lactating women and their nursing infants following VA supplementation, which is commonly provided as large doses of retinyl ester (31,32). Although such VA doses are comparatively much higher than the dose of α RA given to sows, the present study provides additional evidence that chylomicron-mediated uptake of retinyl esters into the milk accounts for a sizable percentage of the retinyl ester dose and the vast majority of its accumulation in tissue 2–3 d after VA supplementation. The rate of hepatic chylomicron clearance and the expression level of lipoprotein lipase in the mammary tissue likely play important roles in the amount of retinol transferred from mother to nursing child immediately following a dose of RA. The use of appropriately high α R tracer doses will be important for future work to better model high-dose VA supplementation.

In summary, these data establish α R as an effective tracer for RBP-independent retinoid accumulation and transfer in the lactating sow-nursing piglet model. They also provide additional evidence that chylomicron-derived retinyl esters rather than

RBP-bound retinol are likely to be the major source of retinol in the milk of VA-deficient lactating mothers in the first 2–3 d following an oral dose of retinyl ester. To date, most knowledge regarding the precise contributions of RBP-independent mechanisms in retinol transport and tissue uptake has been obtained using RBP-knockout mice (7). The use of α R as a tracer now provides a method for effectively examining the biological role of RBP-independent retinol distribution in sophisticated, non-transgenic animal models.

Acknowledgments

We thank Peter Crump at the UW-Madison College of Agricultural and Life Sciences for assistance with data statistical analysis. S.A.T. designed research; J.T.D. and C.R.D. conducted research; R.L.S. and C.R.D. conducted analyses; J.T.D. analyzed data; J.T.D., S.A.T., and C.R.D. wrote the paper; and J.T.D. and S.A.T. had primary responsibility for final content. All authors read and approved the final manuscript.

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