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Dynamics of intra-follicular glucose during luteinization of macaque ovarian follicles

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Abstract

Glucose is important to the maturation of the oocyte and development of the embryo, while hyperglycemia results in profound reproductive and developmental consequences. However, the normal physiology of glucose in the ovary remains poorly understood. The goal of this study was to determine intra-follicular glucose dynamics during the periovulatory interval in non-human primates undergoing controlled ovarian stimulation protocols. Follicular fluid and mural granulosa cells were isolated before or up to 24 hr after an ovulatory hCG bolus, and the human granulosalutein cell line hGL5 was used. Intra-follicular glucose increased 3 hr after hCG, and remained at that level until 12 hr when levels decline back to pre-hCG concentrations. Pyruvate and lactate concentrations in the follicle were not strongly altered by hCG. Mural granulosa cell expression of hexokinase 1 and 2, and glucose-6-phosphate dehydrogenase mRNA decreased following hCG, while glycogen phosphorylase (liver form) increased following hCG. Glucose uptake by hGL5 cells was delayed until 24 hr following stimulation. In summary, intra-follicular glucose increases following an ovulatory stimulus and mural granulosa cells do not appear able to utilize it, sparing the glucose for the cumulus-oocyte complex.

Keywords

macaque; (granulosa cells); glucose; glycolysis; luteinization

Introduction

The development of the primate corpus luteum, including events leading to the extrusion of a fertilizable oocyte and luteinization of granulosa cells into luteal cells, is considered to be an energetically demanding series of events (Harris et al. 2007). Early studies using rats indicated that LH increased glucose uptake and lactate output, along with increased hexokinase activity (Armstrong et al. 1962; Flint et al. 1969; Hamberger et al. 1967),

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although relatively little subsequent work has been done on the metabolic fate of ovarian glucose. The exception to this is the cumulus-oocyte complex, where glucose metabolism by the cumulus cells has been shown to provide essential metabolites to the oocyte (Downs 2002; Ratchford et al. 2008; Su et al. 2009; Sutton-McDowall et al.; Wang et al. 2009). The lack of research into the basic understanding of ovarian glucose metabolism probably stems from the fact that metabolic pathologies and hyperglycemia have a profound negative influence on reproduction and development (Doblado et al. 2007; Jungheim et al. 2008), subsuming much of the attention on this topic. Hyperglycemia and hyperinsulinemia in mice can disrupt ovarian follicle development, oocyte, and the early embryo (Doblado and Moley 2007). Chabrolle et al (Chabrolle et al. 2008) recently demonstrated that presumptively high levels of glucose (500-1000 mg/dL) inhibited gonadotropin-induced steroidogenesis in isolated non-luteinized rat granulosa cells. Whether hyperglycemia associated with metabolic disorders translates to elevated intra-follicular glucose remains incompletely understood (Foong et al. 2006). Diabetes and hyperglycemia notwithstanding, physiologic levels of glucose are essential for normal ovarian function, although the intra-follicular metabolic flux of glucose, lactate, and pyruvate remain unknown.

Glucose uptake is mediated primarily through the actions of glucose transporters (GLUT) or sodium-dependent glucose transporters (SGLT) (Wood et al. 2003). There are at least 13 members of the solute carrier (SLC)-2 family, 12 of which are GLUTs that facilitate the diffusion of hexoses across the plasma membrane (Uldry et al. 2004). GLUT1-4 have received most of the attention, with GLUT3 having a higher affinity and capacity for glucose than GLUT1, 2, or 4 in Xenopus oocytes (reviewed in (Simpson et al. 2008)). Importantly, glucose movement can be inward or outward (Banhegyi et al. 1998). GLUT3 mRNA is increased in rat ovaries following an ovulatory hCG stimulus, while GLUT1, 3, and 4 mRNA are expressed in bovine follicles and corpora lutea (Nishimoto et al. 2006).

Glucose can be metabolized multiple pathways, including glycolysis, glycogen synthesis, hexosamine biosynthesis, polyol synthesis, or the pentose phosphate pathway (PPP). Regardless, the metabolism of glucose to glucose-6-phosphate is the initial step and mediated by hexokinase or glucose-6-phosphatase. Glucose-6-phosphate can enter glycolysis through the action of phosphohexose isomerase or PPP via glucose-6-phosphate dehydrogenase. The outcome of these pathways is ATP, and NADPH and ribose sugars, respectively. There are currently no data indicating changes in expression of key glucose metabolizing genes during luteinization of granulosa cells.

The goal of this study was to determine intra-follicular glucose, lactate, and pyruvate concentrations before and after an ovulatory stimulus given to rhesus monkeys undergoing a controlled ovarian stimulation protocol, and to test the hypothesis that hCG induced changes to gene expression in mural granuosa cells are consistent with glucose uptake and metabolism.

Materials and Methods

Animals

Adult female rhesus macaques (*Macaca mulatta*) were housed at the California National Primate Research Center as described previously (VandeVoort et al. 1991). Beginning on menstrual cycle day 1 to 4 (onset of menstruation $=$ day 1), monkeys were treated with recombinant human FSH (r-hFSH; Ares-Serono, Randolph, MA or Organon, West Orange, NJ; 37.5 IU, im, twice daily) for 7 days. Antide (Ares-Serono; 5 mg/kg body weight, sc, single injection daily) was administered daily to prevent endogenous gonadotropin secretion. Follicles were aspirated the morning after the last dose of r-hFSH by an ultrasound-guided procedure as described previously (VandeVoort and Tarantal 1991), and the characteristics

of the follicular cohort in this model have been described (VandeVoort et al. 2003). The resulting cells are referred to as non-luteinized granulosa cells (NLGC). A subset of animals received an ovulatory bolus of r-hCG (1000 IU, sc, Ares-Serono) on the morning of day 8 and follicles were aspirated before (0 h) or 3, 6, 12 and 24 h after hCG (n≥3 / time point). Aspirates representing the pooled contents of multiple follicles from each animal were maintained at approximately 35 C within a temperature-controlled isolette at all times. Oocytes were removed by transferring the aspirate to a 24-mm diameter, 70-μm pore size filter (Netwell Inserts 3479, Corning, Inc., Acton, MA), and the tube was rinsed with fresh Tyrode's lactate (TL-HEPES/0.1 mg/ml PVA) that was also poured onto the filter. This rinse was repeated until blood cells were removed from the filter. Granulosa cells were recovered by centrifugation of the cell suspension for 5 min at $300 \times g$ to pellet the red cells and then increased to $500 \times g$ for an additional 5 min, resulting in a thin layer of granulosa cells over the red cell pellet. The layer of granulosa cells was transferred to a 40% Percoll gradient in medium 199 (Sigma-Aldrich Corp., St. Louis, MO) and centrifuged for 30 min at $500 \times g$. The granulosa cells were recovered from the surface of the Percoll with a Pasteur pipette and washed twice with TL-HEPES-PVA and centrifuged at $500 \times g$ for 10 min. The cell pellet was resuspended in 1 ml TL-HEPES-PVA in a 15 mL centrifuge tube and total cell number was determined on a hemocytometer. An additional 14 ml TL-HEPES-PVA was added to the cell suspension and tubes were capped and sealed with parafilm. The cells were shipped in a biohazard shipping container by overnight delivery at ambient temperature from September to June and the viability reassessed upon arrival (Chaffin et al. 2003). All animal procedures were performed in accordance with the NIH Guide for the Care and Use of laboratory Animals and were approved by the University of California Davis and the University of Maryland Baltimore animal care and use committees.

Glucose, lactate, pyruvate assays

Serum and follicular fluid concentrations of glucose were measured using a glucose oxidaseperoxide reaction kit (Cayman Chemical Company, Ann Arbor MI). The assay range was from 0-250 mg/dl. Pyruvate and Lactate from follicular fluid were measured using commercially available kits (BioVision Research products, Mountain View CA). All samples were run in a single assay with intra-assay variability <5%.

Real-time RT-PCR

Total RNA was extracted using Trizol (Invitrogen, Carlsbad, CA) and reverse transcribed with Moloney murine leukemia virus reverse transcriptase (Invitrogen, Carlsbad, CA). Realtime RT-PCR (Applied Biosystems, Inc., Foster City, CA) was performed; Primers and 6 carboxy fluorescein-labeled probes for the target gene of interest and carboxy-(VIC) labelled probe for the endogenous control ribosomal protein L19 (RPL19) was synthesized by Applied Biosystems and used in the same reaction. Probe and primer information is provided in table I. For relative quantification of mRNA levels, a standard curve was generated using a pool of human luteinized granulosa cell cDNA. The target gene was normalized to RPL19 as described (Brogan et al. 2009).

hGL5 cultures, glucose uptake, steroidogenesis

Human (h) GL5 cells were provided by Dr. Bruce Carr, University of Texas Southwestern. Cells were cultured in DMEM/F12 medium (1:1, Invitrogen, Carlsbad, CA) supplemented with 10% FBS (Invitrogen), $1 \times$ ITS+ (Sigma), 100 U/ml penicillin, 100 μ g/ml streptomycin and 1 μg/ml amphotericin B (Gibco). Cells were plated in a black-walled 96-well format at an initial seeding density of 1×10^5 cells / well overnight in the presence of serum. Cell cultures were changed to glucose-free DMEM in the presence of ITS and with or without forskolin (10 μ M) or insulin (1000 ng/ml) for up to 24 hr. A fluorescent non-metabolizable glucose analog (6-(N-(7-nitrobenz-2-oxa-1,3-diazol-4-yl)amino)-6-deoxyglucose; 6-NBDG;

0.3 mM; Invitrogen) was added to wells for the final 10 minutes of incubation. Media were removed and cells washed three times with warmed Hank's Balanced Salt Solution and the fluorescence measured (465/540 nm). Background fluorescence was determined in control wells receiving no 6-NBDG and empty wells in the presence of 6-NBDG.

To determine the effects of glucose on forskolin-induced progesterone synthesis, cells were grown as above and the media changed to glucose-free. In some cultures, 10% FCS was added with or without forskolin for 24 hr. In different cultures, D-glucose was kept at 0, 50, or 500 mg/dL, representing hypo-, normo-, and hyperglycemic conditions, respectively. Lglucose was used at the same concentrations as an osmotic control. Media were harvested and progesterone assayed using a commercially available kit (Siemens, Los Angeles, CA) (Cherian-Shaw et al. 2009).

Statistics

Normal distributions of data were verified using a Bartlett's chi-square test; data were log transformed if necessary. All data are presented as mean \pm SEM. In vivo data were analyzed using one-way ANOVA and in vitro data by two-way ANOVA. Differences were considered significant if $p<0.05$. Data are presented as the mean \pm SEM.

Results

Luteinization of the macaque follicle using controlled ovarian stimulation protocols has been described in detail (Chaffin et al. 1999; Fru et al. 2006). Fasting serum glucose concentrations were approximately 46 mg/dL and did not change following administration of an ovulatory hCG bolus. The historical colony range of fasting glucose levels at the California National Primate Research Center is 43 to 71 mg/dL (unpublished observations) (Wahab et al. 2008). The concentration of glucose in follicular fluid prior to hCG was 22.0 mg/dL \pm 1.1 and increased 2.5-fold (p<0.05; 54.3 \pm 5.3) 3 hr after hCG. Glucose concentrations remained at this level until 24 hr post-hCG, at which levels returned to prehCG (21.7 \pm 4.4) (Fig. 1A, B). Intra-follicular levels of lactate increased significantly 3 hr following hCG (1.7-fold; p<0.05). However, lactate levels 6, 12, and 24 hr post-hCG were not different than 0 or 3 hr (Fig. 1C). Levels of pyruvate in follicular fluid did not change as a result of hCG (Fig. 1D).

Many of the glucose and glycogen metabolizing genes exist as multiple isoforms, including hexokinase, glucose-6-phosphatase, and phophorylase. Data from a rhesus macaque granulosa cell microarray were screened in order to determine which isoforms are expressed by mural granulosa cells (K. Latham, Temple University, personal communication). Both hexokinase 1 and 2 (glucose \rightarrow glucose-6-phosphate) were expressed by mural granulosa cells before and after hCG; however, the expression of both genes was reduced 24 hr post hCG (p<0.05; 6- and 8-fold, respectively) (Fig. 2A, B). The only detectable form of glucose-6-phosphatase (glucose-6-phosphate \rightarrow glucose) was the ubiquitously expressed catalytic subunit (G6PC3; (Martin et al. 2002). The expression of G6PC3 mRNA did not change after hCG, although there was a tendency for the expression to decline 3 hr posthCG (p=0.08) (Fig. 2C). Similarly, glucose phosphate isomerase mRNA (glucose-6 phosphate \rightarrow fructose-6-phosphate) tended to be reduced following hCG (p=0.10 and 0.06 at 3 and 24 hr, respectively) (Fig. 2D). The mRNA expression of glucose-6-phosphate dehydrogenase (glucose-6-phosphate \rightarrow 6-phosphogluconate; the first step in the pentose phosphate pathway) was reduced 3 hr (p<0.05; 5-fold) and 24 hr (p<0.05; 9-fold) post-hCG (Fig. 2E). The liver isoform of glycogen phosphorylase (glycogen $\rightarrow \rightarrow$ -> \rightarrow glucose-6phosphate) was the only form consistently detectable in primate granulosa cells. The brain isoform was present in approximately 50% of samples, but at very low levels. The

expression of glycogen phosphorylase (liver) mRNA increased nearly 4-fold (p<0.05) 24 hr after hCG (Fig. 2F).

The mRNA expression of GLUT 1-4 by luteinizing mural granulosa cells was determined. GLUT1 and GLUT4 mRNA were not detectable at any time point in isolated granulosa cells (the adrenocortical cell line H295R (Cherian-Shaw et al. 2009) was used as a positive control). GLUT2 and GLUT3 mRNA increased transiently (p<0.05; 1,280- and 5-fold) 3 hr post-hCG; thereafter, levels returned to baseline (0 hr).

Primary macaque granulosa cells are susceptible to apoptosis in the absence of trophic stimuli, including insulin, glucose, and gonadotropins. In order to determine the time-course of glucose uptake following an acute trophic stimulus, the human granulosa-lutein cell line hGL5 was used. Insulin, IGF-I, and IGF-II levels in macaque follicular fluid do not change following hCG (Brogan et al. 2009); Thus, ITS was maintained in the culture media. Additional insulin was added to determine if rapid, insulin-mediated glucose uptake was functional in forskolin-stimulated hGL5 cells. The uptake of the non-metabolizable fluorescent glucose analog 6-NBDG was modestly stimulated by insulin 0.3, 0.6, and 1 hr after exposure (2.4-, 1.6- and 2.1-fold, respectively; p<0.05) (Fig. 4A). Thereafter, insulin had no effect on glucose uptake. In contrast, glucose uptake by forskolin was stimulated only 24 hr after the onset of treatment (3.8-fold; $p<0.05$). Chabrolle et al (Chabrolle et al. 2008) showed that high levels of glocuse decrease ovarian steroidogenesis by rat granulosa cells. In order to determine if this occurs also in hGL5 cells, forskolin was added in the presence of 10% FCS, resulting in a 3-fold increase $(p<0.05)$ in media progesterone levels (Fig. 4B). A similar forskolin-induced increase in progesterone was seen in serum-free conditions regardless of glycemic levels of the culture.

Discussion

Glucose plays an important role in oocyte maturation (reviewed in (Sutton-McDowall et al.; Sutton et al. 2003). However, because most IVF aspirations are performed well after an ovulatory stimulus with resulting materials aspirated into media containing glucose, it has not been possible to describe changes in glucose levels and metabolism in a physiologically relevant setting. In addition, the metabolism of glucose by mural granulosa cells remains largely unknown. In rhesus monkeys undergoing a controlled ovarian stimulation protocol, an ovulatory hCG stimulus rapidly and transiently increases intra-follicular concentrations of glucose, while serum levels remain unchanged. Lactate in follicular fluid modestly increases after hCG, while pyruvate does not change. Expression of genes associated with glucose metabolism examined in this report decline as a result of an ovulatory stimulus, while glycogen phosphorylase increases. The expression of glucose transporters 2 and 3 is transiently increased by hCG.

Direct measurement of intra-ovarian glucose concentrations are hampered in rodents due to the difficulty in obtaining pure follicular fluid, and in humans by the lack of preovulatory (pre-hCG) samples. Monkeys offer an ideal model with which to examine changes in levels of intra-follicular glucose and metabolites; however, fasting serum glucose levels in macaques are typically lower than seen in humans (Wahab et al. 2008) (unpublished observations). Fasting serum glucose in the present study was in the historic range of the colony maintained by the California National Primate Research Center, and did not change as a result of hCG. In contrast, intra-follicular glucose levels increased rapidly following hCG, and declined by 24 hr. Given the rapid increase in glucose $(<3$ hr), it is difficult to envision a mechanism whereby the follicle specifically accumulates glucose from the serum. However, serum and follicular fluid glucose are both increased by approximately 25% in PCOS patients compared to normoandrogenic women (Foong et al. 2006) and significant

correlations in glucose levels also exist between bovine serum and follicular fluid (Leroy et al. 2004), raising the possibility that ovarian glucose can be derived from serum. Despite this, it seems more likely that serum-borne glucose contributes to basal levels of follicular glucose rather than acute increases. Another possible source of follicular glucose is through glycogenolysis. This hypothesis is supported by the induction of glycogen phosphorylase, although this is after the increase in glucose. Thus, the origin of follicular glucose in the primate remains uncertain.

In contrast to glucose, there are no changes in follicular fluid pyruvate and a modest (60%) increase in lacatate. The increase in lactate could be indicative of anaerobic respiration in response to increased energetic demands associated with ovulation and luteal formation. Mouse preovulatory follicles can develop in vitro in the presence of an inhibitor of oxidative phosphorylation, evidence that follicular growth can be driven by glycolysis alone (Boland et al. 1993; Boland et al. 1994). In women undergoing IVF cycles, follicular fluid lactate correlates with follicle size (Fischer et al. 1992; Gull et al. 1999), suggesting that larger follicles have progressively lower intra-follicular oxygen concentrations. Interestingly, Redding et al (Redding et al. 2008) have modeled intra-follicular oxygen levels to $< 7\%$. It is unlikely that vascular permeability dramatically increases oxygen in the luteinizing follicle until at least 12 hr post-hCG (Hazzard et al. 1999); thus the early period of the periovulatory interval is likely marked by low oxygen tension and increased anaerobic respiration.

The role of glucose in the luteinizing primate follicle has not been fully elucidated. Glucose and glucose metabolites such as pyruvate are important mediators of events at the cumulusoocyte complex (Downs 2002; Downs et al. 2000; Downs et al. 1998; Downs et al. 2002; Downs et al. 1996; Eppig 1976; Su et al. 2009), although glucose uptake and metabolism by mural granulosa cells has not been explored. Harris et al (Harris et al. 2007) showed that murine follicles grown in vitro increase glucose consumption following hCG, although it is difficult to determine the relative contributions of mural versus cumulus granulosa cells in intact follicles. Similarly, the increase in follicular lactate may suggest an increase in glycolysis; however, it is hypothesized that this occurs at the level of the cumulus cell rather than in mural granulosa cells (Harris et al. 2007).

Oocyte meiosis in macaques resumes between 18-24 hr post-hCG (Borman et al. 2004; Nyholt de Prada et al. 2009), thus the increased glucose in the follicle likely serves to support the cumulus-oocyte complex through the initiation of meiosis and cumulus expansion (Gutnisky et al. 2007; Herrick et al. 2006; Thompson et al. 2007). Oocytesecreted factors in the mouse increase the expression of gycolytic genes in cumulus cells, which in turn provide the GV-intact oocyte with pyruvate (Sugiura et al. 2005), while oocytes do not appear to have glycolytic capacity (Biggers et al. 1967). Whether this relationship holds true for primate cumulus-oocyte complexes following an ovulatory signal remains to be established, although it is interesting to note that the expression of GLUT4 in macaque oocytes increases as the oocyte resumes meiosis (Zheng et al. 2007). It is tempting to hypothesize that the decline in intra-follicular glucose 12-24 hr post-hCG is due to glucose metabolism by cumulus cells (cf. (Su et al. 2009)); certainly mouse cumulus-oocyte complexes can metabolize substantial quantities of glucose (Harris et al. 2007). Alternatively, the basement membrane begins to breakdown around this same time point, along with increased vascular permeability (Hazzard et al. 1999), and thus the reduction in intra-follicular glucose may simply be a result of follicular fluid dilution by serum.

Non-luteinized (pre-hCG) mural granulosa cells express several key components of glucose metabolism with the exception of GLUT1 and GLUT4. Contrary to expectations, hCG reduces hexokinase and glucose-6-phosphate isomerase in mural granulosa cells, suggesting

that mural cells do not actively metabolize glucose during the first 24 hr after an ovulatory stimulus. In addition, the granulosa cell line hGL5 does not increase glucose uptake in response to forskolin until 24 hr, while there is a rapid \ll 1 hr) and transient effect of insulin Thus two discrete mechanisms of glucose uptake may be present in granulosa cells; one driven by insulin and a second by a slower, gonadotropin mediated pathway. The hGL5 cell line used herein has marked differences from primary mural granulosa cells (Rainey et al. 1994), including a lack of gonadotropin receptors; thus, whether these results are directly applicable to the intact primate follicle remains to be tested, although they do suggest that mural granulosa cells defer glucose uptake long enough for the oocyte to resume meiosis and the ovulatory cascade to be well underway. Given that it can be reasonably assumed that the high rate of steroid synthesis carries a high energetic cost, the source of energy for mural cells during the first 24 hr after an ovulatory stimulus needs to be experimentally determined.

Out of necessity, we examined mRNA expression in the current study. It is important to note that mRNA expression and enzyme activity are not always equivalent. Hexokinase activity is traditionally thought of as the rate limiting step in the conversion of glucose to G-6-P and is an irreversible reaction. On the other hand, glucose-6-phosphate isomerase (G-6-P to fructose-6-P) is freely reversible. The rate of enzymatic activity in reversible reactions depends on and is regulated by the substrate concentration. Our study did not examine the concentrations of G-6-P or F-6-P, or enzymatic activity, although the mRNA data presented herein support the notion that that glucose is utilization is decreased after treatment with hCG in the non-human primate.

Based on the data presented herein, it is hypothesized that mural granulosa cells "spare" glucose for the cumulus-oocyte complex for 24 hr, and then begin to take up glucose thereafter. These data indicate a novel mechanism whereby mural granulosa cells interact with the cumulus-oocyte complex in primates.

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Figure 1. Follicular fluid concentrations of glucose, lactate, and pyruvate before and after an ovulatory stimulus

Follicular fluid was aspirated from rhesus monkeys undergoing controlled ovarian stimulation protocols before (0 hr) , 3, 6, 12 and 24 hr after an ovulatory hCG bolus (n=3, 3, 3, 3, 5). Glucose (A, B), lactate (C), and pyruvate (D) assays are described in Materials and Methods. *, significantly different than pre-hCG (0 hr).

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Granulosa cells were aspirated before (0 hr), 3, 6, 12 and 24 hr after an ovulatory hCG bolus given to rhesus monkeys undergoing controlled ovarian stimulation ($n=3, 3, 4, 3, 4$). Levels of mRNA were determined using real-time RT-PCR and data normalized to the internal standard ribosomal protein L19. *, significantly different than pre-hCG (0 hr).

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Figure 3. Expression of glucose transporter 1-4 mRNA before and after an ovulatory stimulus Granulosa cells were aspirated before (0 hr), 3, 6, 12 and 24 hr after an ovulatory hCG bolus given to rhesus monkeys undergoing controlled ovarian stimulation (n=3, 3, 4, 3, 4). Levels of mRNA were determined using real-time RT-PCR and data normalized to the internal standard ribosomal protein L19. GLUT 1 and GLUT 4 mRNA were not detectable in granulosa cells before or after hCG. *, significantly different than pre-hCG (0 hr).

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 (A)

(A) The human granulosa-lutein cell line hGL5 was cultured in glucose-free medium for up to 24 hr in the presence or absence of forsklin (Fo, 10 μM) or insulin (1000 ng/ml) (n=3 discrete replicates). The non-metabolizable fluorescent glucose analog 6-NBDG was added for the final 10 minutes of culture and the amount of intracellular 6-NBDG fluorescently. *, significantly different than time-matched controls. (B) The effects of hypo-, normo-, and hyperglycemic culture conditions on progesterone synthesis. Cells were culture in serumfree media with 0, 50, or 500 mg/dL D- or L-glucose for 24 hr and progesterone measured by radioimmunoassay. *, significantly different than controls in 10% FCS; #, significantly different than glucose-free control cultures.

