

# Lung Tissue Elastin Composition in Newborn Infants with the Respiratory Distress Syndrome and Other Diseases

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**ABSTRACT** Amino acid analysis of human fetal lung elastin was undertaken in 49 instances of live-born neonates, ranging from 380 g to full term, and in 3 abortuses of 12–14 wk gestation. The data suggest that formation of the cross-linking agents, desmosine and isodesmosine, occurs early, between 14 and 22 wk. The ratio of neutral to charged amino acids remains low until the 36th wk when it attains adult levels. The composition of elastin was independent of sex and duration of survival. In three neonatal pulmonary diseases (respiratory distress syndrome, atelectasis, and hemorrhage) ratios were significantly lower than those found in nondiseased lungs. This may be a reflection of immaturity or may be a predisposing factor in neonatal lung disease. The latter hypothesis is attractive and receives indirect support from the association of a more polar elastin with other diseases, including adult emphysema and atheromatous aortic change.

Our finding of relatively high polarity in elastin from human fetal lung is consistent with previous observations in a variety of fetal organs of other species.

## INTRODUCTION

A major cause of neonatal death, accounting for about 12,000 fatalities a year in the U. S. alone, is the idiopathic respiratory distress syndrome (RDS<sup>1</sup> or hyaline membrane disease). Fetal immaturity predisposes to this condition, and the high incidence of affected neonates delivered before the 32nd wk of gestation is attributed, in part, to incomplete surfactant synthesis. We have observed previously (1, 2) that the amino acid com-

position of elastin isolated from the lung of neonates who died with RDS was, in many cases, significantly different from that of mature lung elastin. In the present study, elastin from the lungs of 49 newborns, who died within the first 4 days of life, was compared on the basis of gestational age and clinical or pathological diagnosis.

## METHODS

Lung tissue was obtained post-mortem from 15 premature infants with clinical, biochemical, and histological evidence of RDS (birth weights ranging from 580 to 2,150 g), 5 with meconium aspiration (1,644 to 4,082 g), 16 newborn infants with atelectasis (380 to 2,370 g), 4 with pulmonary hemorrhage (600 to 2,780 g), and 9 newborns with normal pulmonary histology but with central nervous system and other anomalies (1,670 to 4,400 g).

Microscopic examination of each lung was reviewed by an experienced pediatric pathologist (Dr. Weiner LeBlanc, Department of Pediatrics, Harlem Hospital Center), and one of the authors (H. E.), without knowledge of the elastin analysis. Atelectasis was the term used in cases in which this finding was not accompanied by hyaline membrane formation. Hyaline membrane disease was diagnosed if hyaline membranes were identified as well as other findings, such as atelectasis. These cases also had the appropriate clinical and x-ray findings of hyaline membrane disease.

The lung tissue was frozen, without preservatives, at  $-10^{\circ}\text{C}$ , washed in 1 M NaCl for 24 h, defatted with *n*-butyl alcohol at  $0^{\circ}\text{C}$  and acetone at  $-10^{\circ}$ , and the elastin extracted by an adaptation of the method of Lansing, Rosenthal, Alex, and Dempsey (3) by boiling with 0.1 N NaOH at  $100^{\circ}\text{C}$  for 45 min. The isolated elastin was lyophilized and aliquots hydrolyzed with 6 N HCl. Amino acid composition was determined on a Technicon amino acid analyzer (Technicon Instruments Corp., Tarrytown, N. Y.) or, with suitable modification to resolve desmosine and isodesmosine, on a Beckman 120B analyzer (Beckman Instruments, Inc., Fullerton, Calif.). Low proportions of hydroxyproline indicated that collagen removal was complete, and the presence of the cross-linking agents, desmosine and isodesmosine, confirmed the identity of the elastin.

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<sup>1</sup>Abbreviations used in this paper: NP/P, the sum of the most prevalent nonpolar amino acids divided by the sum of the charged, polar amino acids; RDS, respiratory distress syndrome.

TABLE I  
Lung Elastin Amino Acid Composition of Representative Newborns

Diagnosis.....	Nonpulm.	Nonpulm.	RDS	RDS	RDS	Atel.	Atel.	Atel.	Pulm.	Pulm.	Mec.	Mec.
Birth weight-sex.....	2,230-F	2,700-M	1,235-M	1,270-M	750-F	600-F	595-F	2,130-F	2,000-F	600-M	1,644-M	1,900-F
Survival time.....	72 h	72 h	15 h	12 h	6 hr	1 h	2 h	36 h	48 h	60 h	6 h	3 h
Amino acids residues/100 residues												
Hydroxyproline	1.25	2.08	0.42	1.07	1.15	2.49	1.90	1.44	0.99	1.49	1.24	0.80
Aspartic acid	0.37	1.18	5.82	2.74	1.52	3.78	7.38	3.55	3.54	1.11	1.16	2.31
Threonine	1.25	1.40	4.15	2.17	1.58	1.82	3.92	2.23	2.82	1.45	1.36	2.07
Serine	1.02	1.24	4.54	2.48	1.68	2.35	4.77	2.47	3.35	1.36	1.31	2.96
Glutamic acid	1.65	2.94	8.15	4.45	3.26	5.59	8.93	5.14	5.44	2.59	2.51	4.48
Proline	11.60	13.60	8.05	9.35	10.90	10.92	8.18	9.60	9.23	11.35	10.70	10.33
Glycine	30.70	29.10	16.17	26.40	27.30	30.89	21.01	27.99	23.60	29.60	29.82	26.40
Alanine	23.80	21.40	13.59	21.30	21.70	19.35	13.40	18.71	18.25	23.07	22.70	19.32
Valine	13.05	10.60	8.20	10.50	11.50	6.28	5.47	8.35	9.37	11.42	12.04	10.20
Isoleucine	2.62	2.17	3.64	2.73	2.74	2.29	2.74	2.82	2.78	2.49	2.63	2.73
Leucine	6.19	5.81	8.80	6.00	7.18	5.47	6.51	6.48	7.32	6.31	6.40	6.88
Tyrosine	1.64	1.35	1.96	1.55	1.66	0.89	1.66	1.70	2.26	1.35	1.25	1.54
Phenylalanine	2.34	2.52	3.61	2.61	2.78	2.35	2.86	2.61	2.89	2.43	2.36	2.82
Lysine	0.77	1.46	5.01	2.47	1.97	2.52	4.61	2.84	3.00	1.40	1.50	2.40
Histidine	0.053	0.38	1.59	0.64	0.45	0.56	1.35	0.82	0.93	0.26	0.28	0.77
Arginine	0.67	1.26	4.49	2.02	1.49	2.27	5.16	2.98	2.54	0.76	1.14	1.71
Desmosine and isodesmosine	0.26	0.19	0.06	0.15	0.18	0.16	0.12	0.085	0.14	0.18	0.23	0.16
Ratio of nonpolar: polar	25.0	11.5	2.3	6.2	9.35	5.1	2.09	4.83	4.6	13.8	12.8	6.51

## RESULTS

Complete amino acid analyses of lung elastin isolated from representative cases are listed in Table I. It can be seen that in some of the neonates with low birth weights the relative proportions of polar amino acid residues are greatly increased at the expense of valine, glycine, and alanine. Several of the low birthweight infants died with diagnoses of RDS or atelectasis. Table II and III correlate the observed changes in polarity with gestational age and pulmonary disease, respectively. A factor, NP/P, the ratio of the sum of the most prevalent nonpolar amino acids (glycine, alanine, valine, proline, leucine, and isoleucine) to the sum of the charged polar amino acids (aspartic acid, glutamic acid, lysine,

arginine, and histidine) is used as an indicator of the compositional change. In addition, the percentage of the two major elastin cross-links, desmosine and isodesmosine, is shown for the different groups.

The median NP/P ratio among the most immature newborns was 5.10 (380–900 g); among those in the 1,050–1,900- and 2,000–2,370-g range, the median ratios were 6.5 and 5.7. Among the full-term group, the ratio increased to 23. The median desmosine level showed no significant variation in newborns beyond 22 wk of gestation.

The median NP/P ratios varied from 4.8, 9.2, and 9.0 among those with atelectasis, RDS, and pulmonary hemorrhage, respectively, to 12.8 among those with as-

TABLE II  
Ratio of Nonpolar to Polar Amino Acids and Residues of Desmosine Plus Isodesmosine Cross-Links in Relationship to Birthweight

Weight range, gestational age	No. of cases	NP/P			Des + Ides		
		Median	Mean	Range	Median	Mean	Range
380–900, 19–26 wk	15	5.1	7.5	1.3–16.2	0.14	0.14	0.00–0.30
1,050–1,900, 28–32 wk	18	6.5	9.5	2.1–27.1	0.137	0.135	0.00–0.27
2,000–2,370, 33–35 wk	7	5.7	11.8	4.6–25.0	0.15	0.16	0.08–0.22
2,700–4,082, 36–40 wk	9	23	20	11.5–28.8	0.17	0.17	0.13–0.19

TABLE III  
Ratio of Nonpolar to Polar Amino Acids and Residues of Desmosine Plus Isodesmosine Cross-Links  
in Relationship to Pulmonary Disease

Disease category	No. of cases	Birthweight		NP/P			Des + Ides		
		Mean	Range	Median	Mean	Range	Median	Mean	Range
Nonpulmonary	9	2,855	1,670-4,400	17	21.0	9.5-28.8	0.17	0.17	0.13-0.26
RDS	15	1,224	580-2,150	9.2	9.7	2.1-19.3	0.15	0.13	0.02-0.21
Atelectasis	16	1,072	380-2,370	4.8	6.3	1.4-16.5	0.12	0.18	0.00-0.30
Aspiration	5	2,063	1,644-4,082	12.8	14.4	3.09-28.7	0.16	0.16	0.07-0.23
Hemorrhage	4	1,600	600-2,700	9.0	9.6	2.4-18.2	0.15	0.13	0.04-0.18

piration and 17.0 for those without pulmonary disease. The median desmosine levels in all the groups fell within a narrow range of 0.12-0.17.

The increased NP/P ratio in lung tissue without pulmonary disease was significant when compared with RDS and atelectasis ( $P < 0.01$ , each) and hemorrhage ( $P < 0.05$ ), but was not significantly different from those with aspiration. The increased ratio among those at term was significant when compared with the two most immature groups, ( $P < 0.01$ ) but was not significantly different when compared with the borderline group (2,000-2,370 g). In contrast, desmosine proportions were unaffected by either gestational age or disease process.

When matched for weight or gestational age, the expected high correlation of immaturity with RDS or atelectasis was found. The question of whether the low NP/P ratio relates more to gestational age or to disease process cannot be categorically answered. Only one infant who had died without pulmonary disease had a birthweight below 2,000 (1,670 g). Its NP/P ratio, as well as that of the next smallest newborns in the group (2,230 and 2,400 g), was normal (27, 25, and 24.6, respectively). In contrast, only three of the infants who died with RDS or atelectasis had birthweights above 2,000; one with atelectasis and a weight of 2,370 had an intermediate NP/P ratio of 16.5; two newborns with RDS and birth weights of 2,150 and 2,050 had NP/P ratios of 5.3 and 5.7. In these cases, therefore, the NP/P ratio correlated more closely with birthweight than with the diagnosis. On the other hand, three infants with RDS and birthweight of 580, 1,270, and 1,340 g had NP/P ratios of 16.2, 18.8, and 19.3. The relationship of birthweight to NP/P ratio for the 15 RDS and the 16 atelectasis cases are listed in Table IV.

The infant's sex or length of survival after birth did not affect the composition of lung tissue elastin. Yields of elastin were determined in 12 cases, 3 in this series and 9 not included because of inadequate histopathology. Based on wet weight before removal of major vessels which were discarded, elastin yields ranged from a low

of 0.11 to a high of 2.4%, with an average of 0.73%. Wet weight of tissue samples analysed ranged from 5.4 to 10.8 g with an average of 7.9 g and elastin yields from 1 to 13 mg, with an average of 5.0 mg, giving an average yield of 0.63%. No correlation could be discerned between NP/P ratios and percent yield. Elastin recovered from the lungs of the two infants with the lowest NP/P ratios within the group, twins with atelectasis, birthweights of 800 and 1,140 g, respectively, and NP/P ratios of 1.2 and 1.1, amounted to 0.33 and 0.43%. However, yields associated with the highest NP/P ratios, 25.1 and 26.1, were equally below average, 0.1 and 0.4%.

To complement data deduced from the neonatal lung elastin analyses, three abortuses obtained by hysterotomy at 12-14 wk gestation were studied. Their NP/P ratios were very low, 1.4, 1.5, and 2.2, and, in addition, desmosine plus isodesmosine percentages were greatly reduced, 0.025, 0.024, and 0.027.

TABLE IV  
Relationship of NP/P Ratio to Birthweight in Infants  
with RDS or Atelectasis

RDS		Atelectasis	
Birth weight	NP/P ratio	Birth weight	NP/P ratio
580	16.2	380	4.8
700	8.1	500	1.3
750	9.4	595	2.1
800	14.5	600	5.1
1,050	15.9	650	4.8
1,140	9.2	660	3.6
1,230	2.3	700	9.7
1,270	6.2	800	1.1
1,270	18.8	900	7.1
1,300	5.9	1,050	8.6
1,340	19.3	1,190	5.2
1,360	2.1	1,360	14.3
1,380	10.4	1,400	4.8
2,050	5.7	1,700	10.8
2,150	5.3	1,860	2.2
		2,370	16.5

## DISCUSSION

Our data suggest that cross-linkage in lung elastin occurs early in gestation, after 12–14 wk but before 22 wk. This timing is comparable to that observed for elastin in the aortic arch of human fetuses by LaBella and Vivian (4). In contrast, the nonpolar ratio does not reach mature values until the 32nd wk or about the same time at which surfactant maturation occurs (5). In certain cases, the disease process alone appears to be the principal association with a low ratio, while in others, maturity is the more significant association. Since lung disease is almost universal in immature cases, there is no way that the two factors can definitively be separated. No one abnormality alone is sufficient to explain the pathogenesis of RDS. Our data suggest that in certain instances, polar, or immature, elastin is found and may be contributing to the functional abnormalities typical of the disease.

Our finding of relatively high polarity in elastin from human fetal lung is consistent with previous observations in a variety of fetal organs of other species.

A transient component, distinct from the typical nonpolar elastin, may be associated with immature elastin by a covalent bond (6) or by physical aggregation (7). Classical methods of extraction, including boiling with NaOH, are unable to solubilize this component. Two morphologically distinct constituents of mature elastin were first postulated by Ross and Bornstein (8), who separated a microfibrillar polar component from fetal bovine ligamentum nuchae. Valine, glycine, and proline concentration was much lower in this microfibrillar part than in elastin proper. During embryologic development, this component forms first. Albert (9), using a specific electron dense stain, has been able to differentiate the microfibrillar component at the electron microscope level. In developing fetal rat aortas, it appeared early, then decreased in amount, and was completely absent or restricted to the periphery of elastic lamellae as a thin layer in the mature elastic tissue. Robert et al. (7) have shown that the microfibrillar elements of calf ligamentum nuchae are derived from, or are identical with, structural glycoproteins. Another example of polar fetal elastin was observed by Keeley and LaBella (10) in aortas of chickens. As in our study, increasing fetal maturation was associated with decreasing polarity. The authors suggested that the polar component may participate in the elastin monomer assembly in a manner comparable to collagen precursors. Hence, decreased polarity may reflect elastin stabilization required for postnatal pulmonary function.

Increased polarity of infant lung elastin was found previously by Fitzpatrick and Hospelhorn (11, 12). The first analyses (11) showed considerably less aspartic acid, glutamic acid, and arginine in elastin from the lung of a

1-mo-old infant than in elastin from adult lungs; but a subsequent paper (12), in which elastins isolated by collagenase digestion instead of alkaline extraction were investigated, showed markedly lower content of glycine and proline and much higher content of acidic and basic amino acids in lung preparations from 4-, 6-, and 18-mo-old infants. The changes were, however, less pronounced than those found in fetal lung elastin in the present study. The increases in polarity observed by us in fetal lungs are also substantially greater than those correlated with structural instability in aging and in obstructive lung disease. John and Thomas (13) reported progressively higher concentrations of acid and basic amino acids and less glycine, alanine, and valine with advancing age in elastins extracted from human lung pleura and parenchyma, and two of the present authors (14) found significant decreases in the NP/P ratio of elastin from lungs of adult emphysematous subjects. Similar changes in polarity have also been reported in atheromatous (15) and aging (13) aortas.

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