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## Unexplained Fetal Death is Associated with Increased Concentrations of Anti-Angiogenic Factors in Amniotic Fluid

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### Abstract

**Objective**—Angiogenesis is critical for successful pregnancy. An anti-angiogenic state has been implicated in preeclampsia, fetal growth restriction and fetal death. Increased maternal plasma concentrations of the anti-angiogenic factor, soluble vascular endothelial growth factor receptor (sVEGFR)-1, have been reported in women with preeclampsia and in those with fetal death. Recent observations indicate that an excess of sVEGFR-1 and soluble endoglin (sEng) is also present in the amniotic fluid of patients with preeclampsia. The aim of this study was to determine if fetal death is associated with changes in amniotic fluid concentrations of sVEGFR-1 and sEng, two powerful anti-angiogenic factors.

**Study Design**—This cross-sectional study included patients with fetal death (n=35) and controls (n=129). Fetal death was subdivided according to clinical circumstances into: 1) unexplained (n=25); 2) preeclampsia and/or placental abruption (n=5); and 3) chromosomal/congenital anomalies (n=5). The control group consisted of patients with preterm labor (PTL) who delivered at term (n=92) and women at term not in labor (n=37). AF concentrations of sVEGFR-1 and sEng were determined by ELISA. Non-parametric statistics and logistic regression analysis were applied.

**Results**—1) Patients with a fetal death had higher median amniotic fluid concentrations of sVEGFR-1 and sEng than women in the control group (p<0.001 for each); 2) these results remained significant among different subgroups of stillbirth (p<0.05 for each); and 3) amniotic fluid concentrations of sVEGFR-1 and those of sEng above the 3<sup>rd</sup> quartile were associated with a significant risk of unexplained preterm fetal death (adjusted OR = 10.8; 95% CI 1.3-89.2 and adjusted OR 87; 95% CI 2.3-3,323, respectively).

**Conclusion**—Patients with an unexplained fetal death at diagnosis are characterized by an increase in the amniotic fluid concentrations of sVEGFR-1 and sEng. These observations indicate that an excess of anti-angiogenic factors in the amniotic cavity is associated with unexplained fetal death especially in preterm gestations.

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## Keywords

angiogenic factor; soluble vascular endothelial growth factor receptor-1; sFlt-1; soluble endoglin; stillbirth; fetal demise; preeclampsia; congenital anomalies

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## Introduction

Fetal death continues to be a major challenge in obstetrics [1-5]. While several conditions (e.g., chromosomal/congenital anomalies, infection, preeclampsia, placental abruption, diabetes, intrauterine growth restriction (IUGR), cord accident, etc.) are associated with stillbirth [1,2,6-8], the precise etiology, in many cases, is difficult to be determined. In as many as 25-60% cases of fetal death, the cause of stillbirth is unexplained [1]. IUGR has been proposed to be responsible for the majority of “unexplained” fetal death cases [9]. Since fetal growth and placental development requires a balance between angiogenic and anti-angiogenic processes [10-12], examining factors participating in angiogenesis may help to elucidate mechanisms of disease in a subset of patients with fetal death.

The main regulator for angiogenesis is vascular endothelial growth factor (VEGF)-signaling system [13,14]. VEGF exerts its biological effects through two high-affinity tyrosine kinase receptors [VEGF receptor (VEGFR)-1 and VEGFR-2] and plays a crucial role in both physiologic and pathologic angiogenesis [13,14]. The binding-affinity of VEGFR-1 to VEGF is 10-fold higher than that of VEGFR-2, whereas the kinase activity of VEGFR-1 is 10-fold weaker than that of VEGFR-2. Thus, VEGFR-2 is the major mediator of the mitogenic, angiogenic, permeability enhancing, and endothelial survival properties of VEGF [13,14]. In contrast, VEGFR-1 has a dual role for angiogenesis [15]: 1) as a negative regulator by sequestration of VEGF (to prevent binding of VEGF to VEGFR-2), and 2) as a positive regulator by inducing activation and migration of monocytes/macrophages or promoting angiogenesis in pathologic conditions (e.g., lung cancer) [15,16]. Both VEGF receptors are present in two forms; the membranous and the soluble forms.

Another important regulator for angiogenesis is the transforming growth factor (TGF)- $\beta$  signaling system [17,18]. Endoglin (Eng), a transmembrane co-receptor for TGF- $\beta$ 1 and TGF- $\beta$ 3, is highly expressed on proliferating endothelial cells [19], vascular smooth muscle cells [20], syncytiotrophoblast, endometrial stromal cells, activated monocytes [21] and erythroid precursors [18,22]. This protein modulates the action of TGF- $\beta$ 1 as well as TGF- $\beta$ 3, and is essential for vascular homeostasis [18,23]. Expression of Eng increases during angiogenesis, wound healing and inflammation [18]. The soluble form of this protein, sEng, has potent anti-angiogenic activity on endothelial cells [23].

An anti-angiogenic state has been implicated in several obstetrical syndromes with perturbation of uteroplacental blood supply including preeclampsia,[23-39] fetal growth restriction,[40-43] placental abruption,[44] “mirror syndrome”[45], twin-to-twin transfusion syndrome[46] and fetal death [47,48]. Recent observations indicate that an excess of sVEGFR-1 and sEng is present in both maternal blood and amniotic fluid of patients with preeclampsia [23,29,30,32,49-51]. The purpose of this study was to determine if fetal death is associated with changes in the concentrations of sVEGFR-1 and sEng in amniotic fluid.

## Patients and Methods

### Study design

A cross-sectional study was conducted by searching our clinical database and bank of biologic samples. This study included only singleton pregnancies. Amniocentesis was

performed in 35 patients with fetal death. Since amniocenteses could not be performed in normal pregnant women without clinical indications, the control group (n=129) included 1) patients with spontaneous preterm labor with intact membranes (PTL) who underwent amniocentesis and delivered at term without intra-amniotic infection/inflammation (n=92); and 2) women at term not in labor without intra-amniotic infection (n=37). Women in the control group had a normal pregnancy outcome without complications (except for PTL) and those who delivered small for gestational age (SGA) neonates were excluded.

### Clinical definition

Fetal death was defined as a lack of fetal heart activity after 20 week of gestation diagnosed by ultrasound examination. This group was sub-classified according to clinical circumstances into: 1) unexplained fetal death (n=25); 2) fetal death with preeclampsia and/or placental abruption (n=5); and 3) fetal death with a known chromosome abnormality or major malformation (n=5). Fetuses in the latter group included those with trisomy 21 (n=1), non-immune hydrops fetalis (n=3), and a cardiovascular defect with single umbilical artery (n=1). Preeclampsia was defined as hypertension (systolic blood pressure  $\geq 140$  mmHg or diastolic blood pressure  $\geq 90$  mmHg on at least two occasions, 4 hours to 1 week apart) and proteinuria ( $\geq 300$  milligrams in a 24-hour urine collection or one dipstick measurement  $\geq 2+$ ) diagnosed after 20 weeks of gestation. Placental abruption was diagnosed based on clinical presentation (vaginal bleeding and abdominal pain) and the presence of a retroplacental blood clot.

Patients were considered to have a normal pregnancy outcome if they did not have any medical, obstetrical, or surgical complications, and delivered a term neonate ( $\geq 37$  weeks) without complications. PTL was defined by the presence of regular of uterine contractions occurring at a frequency of at least two every 10 min associated with cervical change before 37 completed weeks of gestation that required hospitalization. Intra-amniotic inflammation was defined as an amniotic fluid interleukin-6 concentration  $\geq 2.6$  ng/mL [52]. Intra-amniotic infection was defined as a positive amniotic fluid culture for micro-organisms. The diagnosis of SGA was based on an ultrasonographic estimated fetal weight and confirmed by a birthweight below the 10<sup>th</sup> percentile for gestational age according to the reference range proposed by Alexander et al [53] and Gonzalez et al [54] depending on the ethnicity of the patients.

The collection and utilization of the samples was approved by the Human Investigation Committees of the Sotero del Rio Hospital, Santiago, Chile (a major affiliate of the Catholic University of Santiago), and Wayne State University, (Detroit, MI) and the Institutional Review Boards of the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD/NIH/DHHS). Many of these samples have been used in previous studies.

### Sample collection and immunoassay

Amniotic fluid samples were obtained by transabdominal amniocentesis performed for genetic indications, evaluation of the microbial status of the amniotic cavity and/or assessment of fetal lung maturity in patients approaching term. Samples of amniotic fluid were transported to the laboratory in a sterile capped syringe and cultured for aerobic/anaerobic bacteria and genital mycoplasmas. Samples were centrifuged and stored at  $-70^{\circ}\text{C}$ . Amniotic fluid concentrations of sVEGFR-1 and sEng were determined by sensitive and specific immunoassays obtained from R&D Systems (Minneapolis, MN). Briefly, the immunoassay utilized the quantitative sandwich technique and their concentrations were determined by interpolation from the standard curves. The inter- and intra-assay coefficients of variation obtained were: sVEGFR-1: 1.4% and 3.9%, respectively, and sEng: 2.3% and

4.6% respectively. The sensitivities of the assays were: sVEGFR-1: 16.97 pg/ml, and sEng: 80 pg/ml.

### Statistical analysis

Kolmogorov Smirnov and Shapiro-Wilk were used to test for normal distribution of the data. Kruskal Wallis with post-hoc Mann-Whitney U test was utilized to determine the differences of the median among and between groups. The results were presented without and with adjustment for multiple comparisons using Holm method. Contingency tables, Chi-square and Fischer's Exact test were employed for comparisons of proportions. Spearman correlation was used to examine the relationship between two continuous variables. Logistic regression (backward, step-wise) was applied to determine the association between the presence of fetal death and amniotic fluid concentrations of sVEGFR-1 and sEng while adjusting for potential confounders. Analysis was conducted with SPSS V.15 (SPSS Inc., Chicago, IL). A p value of <0.05 was considered significant.

### Results

Demographic and clinical characteristics of women with fetal death and those with a normal pregnancy are displayed in Table I. Women in the fetal death group had a lower median gestational age at amniocentesis than those in the control group ( $p=0.03$ ). The median amniotic fluid concentration of sVEGFR-1 and that of sEng were significantly higher in women with fetal death than that of women in the control group ( $p<0.001$  for each comparison; Figure 1 and 2). Amniotic fluid concentrations of sVEGFR-1 and sEng in the control group decreased as a function of gestational age (sVEGFR-1: Spearman's Rho -0.3;  $p=0.003$  and sEng: Spearman's Rho -0.2;  $p=0.02$ ).

Table II describes the demographic and clinical characteristics according to the subgroups of fetal death. The majority of fetal deaths were categorized as unexplained [71% (25/35)]. When the fetal death group was subdivided according to clinical circumstances, women with unexplained fetal death ( $n=25$ ), those with fetal death with preeclampsia and/or placental abruption ( $n=5$ ), and those with fetal death and major chromosomal/congenital anomalies ( $n=5$ ) had a significantly higher median amniotic fluid concentration of sVEGFR-1 than women in the control group ( $p<0.001$ ,  $p=0.036$  and  $p=0.004$  respectively; Figure 3). The results remained significantly different after adjusting for multiple comparisons using Holm method ( $p<0.001$ , 0.036 and 0.008, respectively). The association between amniotic fluid concentrations of sVEGFR-1 (per each ng/ml increase) and the presence of fetal death in each subgroup remained significant after adjusting for gestational age at amniocentesis (Table III).

Similar results were obtained for amniotic fluid concentrations of sEng. The median amniotic fluid concentration of sEng in women with unexplained fetal death, in those with fetal death associated with preeclampsia and/or placental abruption, and in those with fetal death and major chromosomal/ congenital anomalies was significantly higher than that of women in the control group ( $p<0.001$ ,  $p=0.005$ , and  $p=0.001$  respectively; Figure 4). The results remained significantly different after adjusting for multiple comparisons using Holm method ( $p<0.001$ , 0.005 and 0.002, respectively). The association between amniotic fluid concentrations of sEng (per each ng/ml increase) and the presence of fetal death in each subgroup remained significant after adjusting for gestational age at amniocentesis (Table IV).

To examine whether changes in amniotic fluid sVEGFR-1 and sEng concentration in unexplained fetal death vary with gestational age at which fetal death was diagnosed, patients with unexplained fetal death were stratified into those who had amniocentesis

performed before and after term gestation. The clinical characteristics of women with PTL who delivered at term, women at term without labor and those with unexplained fetal death at preterm and term gestation are displayed in Table V. Women with preterm unexplained fetal death had a lower median gestational age at amniocentesis and a higher rate of SGA neonates than women with PTL who delivered at term ( $p = 0.02$  and  $p < 0.001$ ; respectively). Unexplained preterm fetal death had a significantly higher median amniotic fluid concentration of sVEGFR-1 and sEng than women with PTL who delivered at term ( $p < 0.001$  for each comparison; Figure 5 and 6). There was no significant difference in the median amniotic fluid concentrations of sVEGFR-1 or sEng between patients with unexplained preterm fetal death with and without SGA [sVEGFR-1; SGA ( $n=11$ ): median 553 ng/ml, range 167-2,366 ng/ml vs. without SGA ( $n=9$ ): median 442 ng/ml, range 162-1,021 ng/ml;  $p=0.3$ , and sEng; SGA: median 2,895 pg/ml, range 376-8,278 pg/ml vs. without SGA: median 2,501 pg/ml, range 161-9,726 pg/ml;  $p=0.6$ ).

To examine the association between amniotic fluid sVEGFR-1 and sEng concentrations and the presence of unexplained preterm fetal death, amniotic fluid concentrations of sVEGFR-1 and sEng in patients with unexplained preterm fetal death and those with PTL who delivered at term were stratified into quartiles. Among preterm patients, the prevalence of fetal death in each quartile of sVEGFR-1 concentrations was 0% (0/28), 0% (0/28), 14% (4/28), and 57% (16/28) respectively. Similarly, the prevalence of fetal death in each quartile of sEng concentrations was 3.6% (1/28), 0% (0/28), 3.6% (1/28), and 64% (18/28) respectively. Amniotic fluid concentrations of sVEGFR-1 and those of sEng above the 3<sup>rd</sup> quartile ( $>75^{\text{th}}$  percentile or sVEGFR-1  $>211.87$  ng/ml and sEng  $>580.5$  pg/ml) were associated with unexplained preterm fetal death after adjusting for gestational age at amniocentesis (weeks), maternal age (years), smoking, African-American ethnicity, nulliparity, duration of sample storage (years) and the presence of SGA (adjusted OR 10.8; 95%CI 1.3-89.2 and adjusted OR 87; 95% CI 2.3-3,323, respectively; reference: below the 1<sup>st</sup> quartile).

Unexplained fetal death at term had a higher median amniotic fluid concentration of sVEGFR-1 and sEng than women at term without labor. However, the difference reached statistical significance only for sVEGFR-1, but not for sEng ( $p=0.003$  and  $p=0.1$ , respectively; Figures 5 and 6).

Among women with fetal death, there was no significant relationship between amniotic fluid concentrations of sVEGFR-1 or sEng and amniotic fluid concentrations of glucose or white blood cell counts ( $p > 0.05$  for each). While the amniotic fluid concentrations of sEng correlated with amniotic fluid red blood cell counts (RBC) (Spearman's Rho 0.5;  $p=0.007$ ) and with neonatal birthweight (Spearman's Rho -0.6;  $p < 0.001$ ), there was no correlation between amniotic fluid concentrations of sVEGFR-1 and RBC counts or neonatal birthweight ( $p > 0.05$  for each). However, there was a significant relationship between amniotic fluid concentrations of sVEGFR-1 and those of sEng in both the fetal death and the control groups (fetal death: Spearman's Rho 0.5; controls: Spearman's Rho 0.4;  $p < 0.001$  for each).

## Discussion

### Principal findings

1) Fetal death was associated with higher amniotic fluid concentrations of sVEGFR-1 and sEng than pregnancies in the control group; 2) these results remained significant among different subgroups of stillbirth including unexplained fetal death, fetal death with preeclampsia and/or placental abruption, and fetal death with chromosomal or major congenital anomalies; and 3) amniotic fluid concentrations of sVEGFR-1 and those of sEng

above the 3<sup>rd</sup> quartile were associated with a significant risk of unexplained preterm fetal death.

**Fetal death is associated with increased amniotic fluid concentrations of sVEGFR-1**—VEGF is essential for fetal development since the loss of even one copy of the VEGF gene leads to embryonic lethality [10,11]. Similarly, VEGFR-1 knock-out mice die due to overgrowth and dysfunction of blood vessels. This negative role of VEGFR-1 is dependent on its extra-cellular region, most likely by trapping VEGF to decrease VEGF function. Thus, the soluble form of VEGFR-1 is considered a natural antagonist of VEGF to control its activities.

Amniotic fluid is a rich source of growth factors including epidermal growth factors [55], insulin-like growth factors [56], hepatocyte growth factors [57], stem cell factors [58], fibroblast growth factors [59], and VEGF [60]. These growth factors may help to promote fetal growth [7,10,11] and development [58,59,61,62]. During fetal life, VEGF is highly expressed in the lung, kidney, spleen and heart [12]. VEGF and sVEGFR-1 are also present in human syncytiotrophoblast [63-66] and amniotic fluid [43,49,51,60]. The findings that sVEGFR-1 concentrations in amniotic fluid are high during the first half of pregnancy and decrease during the third trimester correspond with the temporal changes in VEGF expression observed in the placenta [66]. It is tempting to speculate that sVEGFR-1 in amniotic fluid serves to control the effects of VEGF for appropriate fetal growth and placental development. Indeed, during pregnancy, a state in which extensive angiogenesis is required [67,68], maternal plasma sVEGFR-1 concentrations increase substantially from the non-pregnant state and this elevation, in contrast to that of sVEGFR-1 concentration in the amniotic cavity, continued until term. Among the maternal compartment, fetal blood and amniotic fluid cavity, the highest concentration of sVEGFR-1 in normal pregnancy was observed in the latter [43,49].

An excess of sVEGFR-1 in amniotic cavity of patients with fetal death reported herein would indicate an imbalance of the VEGF-signaling system in the fetal compartment. The finding that fetal death was associated with increased amniotic fluid concentrations of sVEGFR-1 is consistent with the observation made by Tranquilli et al. that amniotic fluid concentrations of VEGF in the midtrimester of pregnancies with subsequent fetal death tended to be lower than normal pregnancies [60]. This group of investigators also reported similar changes of amniotic fluid concentrations of VEGF in pregnant women who carried a Down syndrome fetus [69]. The current study also found an increase of sVEGFR-1 concentrations in amniotic cavity of patients who carried a fetus with major chromosomal/congenital anomalies.

The finding that an unexplained fetal death at preterm gestation is associated with an elevation of sVEGFR-1 concentrations in the amniotic is novel. Since an increase in plasma concentrations of sVEGFR-1 has been observed in several obstetrical syndromes associated with perturbation of the uteroplacental blood supply including preeclampsia [23-35,70-73], and fetal growth restriction [40-43], an elevation of this protein in amniotic fluid could also represent an anti-angiogenic state in the fetal compartment of pregnancies with fetal death. Consistent with this hypothesis, placental lesions, suggestive of poor uteroplacental perfusion (eg: poor vascularization of the villi, occlusion of blood vessels, placental infarction and intravascular thrombi), were frequently found in pregnancies with fetal death especially at preterm gestation. Kidron et al. also found that more than 75% of the placentas from pregnancies with fetal death show abnormalities in maternal or fetal vascular supply [74].

Although sVEGFR-1 could be released from monocytes or endothelial cells after stimulations with endotoxin or tumor necrosis factor- $\alpha$  [75,76], the current study did not observe a relationship between amniotic fluid concentrations of sVEGFR-1 and amniotic fluid white blood cell counts suggesting that the increase in amniotic concentrations of sVEGFR-1 in fetal death observed herein was not a consequence of intra-amniotic infection/inflammation. The lack of correlation between amniotic fluid sVEGFR-1 concentrations and amniotic fluid RBC counts also argues against traumatic amniocentesis as a cause of this elevation.

**Fetal death is associated with increased amniotic fluid concentrations of sEng**

Genetic deletion studies indicate that Eng is essential for fetal development. Three main functions of Eng during fetal life include: 1) vascular remodeling by function as a mediator for recruitment and differentiation of endothelial vascular smooth muscle cell and pericytes; 2) haematopoiesis in the yolk sac; and 3) embryonic heart development [77]. The mutation of two copies of the *Eng* gene leads to embryonic lethality by disorganization of blood vessels and cardiac anomalies [77], while the loss of one copy of the *Eng* gene leads to arterio-venous malformation, a condition similar to hereditary hemorrhagic telangiectasia type I in humans [78]. Endoglin is also present in two forms; the membranous and the soluble forms. While the soluble form of VEGFR-1 is generated by alternative splicing of the VEGFR-1 gene, sEng is likely to be generated by proteolytic cleavage of the membrane-bound form [23]. Eng differentially modulates TGF- $\beta$  functions with complex mechanisms according to various cell types. In most cells (including endothelial cells), Eng expression counteracts TGF- $\beta$ , a potent inhibitor of cell proliferation, to facilitate endothelial cell proliferation and differentiation. In contrast, the soluble form of Eng inhibits endothelial nitric oxide synthase and has a potent anti-angiogenic activity [23].

The function of sEng in amniotic fluid is unknown. The findings that amniotic fluid concentrations of sEng decreased as a function of gestational age indicate that the function of sEng in the amniotic cavity may be more prominent in the early than in the late gestation. In contrast to sVEGFR-1, the concentrations of sEng are much lower in the amniotic cavity than those in maternal and fetal blood [50]. Since the changes of amniotic fluid concentrations of sEng are similar to the temporal changes of sEng protein expression in the placenta according to gestational age [79], the placenta could be a source of sEng in the amniotic cavity.

A recent study demonstrated that exposure of villous explants to low oxygen tension (3% oxygen) resulted in increased expression of sEng [79]. Moreover, higher sEng protein expression (by Western blot analysis) was observed in the placenta of fetuses with IUGR and those of smaller twins with discordant growth compared to those of controls and to those of the larger co-twins, respectively [79]. The finding that fetal death was associated with increased amniotic fluid concentrations of sEng is also consistent with a previous report of increased amniotic fluid concentrations of this protein in preeclampsia, a condition associated with reduced uteroplacental blood supply [50]. These observations indicate that reduced placental perfusion and/or placental hypoxia may contribute to the increased protein expression of the sEng in the placenta as well as in the amniotic cavity of pregnancies with fetal death.

Alternatively, since other sources of proteins in amniotic fluid are the fetal lungs, kidneys, and gastrointestinal tract, it is possible that sEng concentrations in amniotic fluid could be derived from the fetus. Recently, a role of Eng in fetal lung development has been proposed [80]. At midgestation, Eng expression was observed in peri-tubular mesenchymal stem cells, in peri-canalicular vessels, and in the endothelial cells of peri-bronchial vessels, whereas this protein was observed in alveolar capillaries only at late gestation [80]. Interestingly, no

immunoreactive staining of Eng in alveolar capillaries was observed in fetuses with Down syndrome, those with cardiac defect, those with IUGR fetuses or those with alveolar capillary dysplasia [80]. It is unlikely, however, that amniotic fluid concentrations of sEng reflect fetal lung development since amniotic fluid concentrations of sEng decreased as term approached.

Although activated monocytes could release sEng [21,81], the current study observed no significant relationship between amniotic fluid concentrations of sEng and amniotic fluid white blood cell counts. This finding suggests that the increase in amniotic concentrations of sEng in fetal death observed herein is not a consequence of intra-amniotic infection/inflammation. Although there was a correlation between amniotic fluid sEng concentrations and amniotic RBC counts, it is unlikely that this elevation results from traumatic amniocentesis because the correlation coefficient was small and amniotic fluid concentrations of sEng was not consistently elevated in cases with high RBC counts in amniotic fluid.

Finally, since each subgroup of fetal death in various clinical circumstances were associated with increased amniotic fluid concentrations of sVEGFR-1 and sEng, it is possible that the changes in amniotic fluid concentrations of anti-angiogenic factors observed herein might be either a terminal event of impending fetal death or a phenomenon after a fetal death has occurred.

**Strength and limitation of the study**—This is the first study that examines the changes in amniotic fluid concentrations of sVEGFR-1 and sEng in patients with fetal death. Furthermore, a perturbation of amniotic fluid sVEGFR-1 and sEng concentrations in women with fetal death was described and stratified by clinical circumstances and by the gestational age at which the fetal death had occurred.

Three potential limitations of this study are: 1) since amniocentesis could not be performed in normal pregnant women at preterm gestation without clinical indications, the control group in this study included women who presented with PTL without intra-amniotic infection/inflammation and delivered at term; 2) due to the small sample size of women with fetal death and chromosomal/congenital anomalies, and of those with preeclampsia/placental abruption, the changes of sVEGFR-1 and sEng concentrations in these subgroups of fetal death should be interpreted with caution; and 3) the temporal relationship between the changes in amniotic fluid concentrations of sVEGFR-1 or sEng and the death of a fetus could not be determined because of the cross-sectional nature of this study.

In conclusion, patients with an unexplained fetal death at diagnosis are characterized by an increase in the amniotic fluid concentration of sVEGFR-1 and sEng. These observations indicate that unexplained fetal death, especially at preterm gestation, is associated with an excess of anti-angiogenic factors in amniotic fluid. If these alterations occur before the death of a fetus, evaluation of amniotic fluid concentrations of anti-angiogenic factors could be useful to assess the risk of stillbirth.

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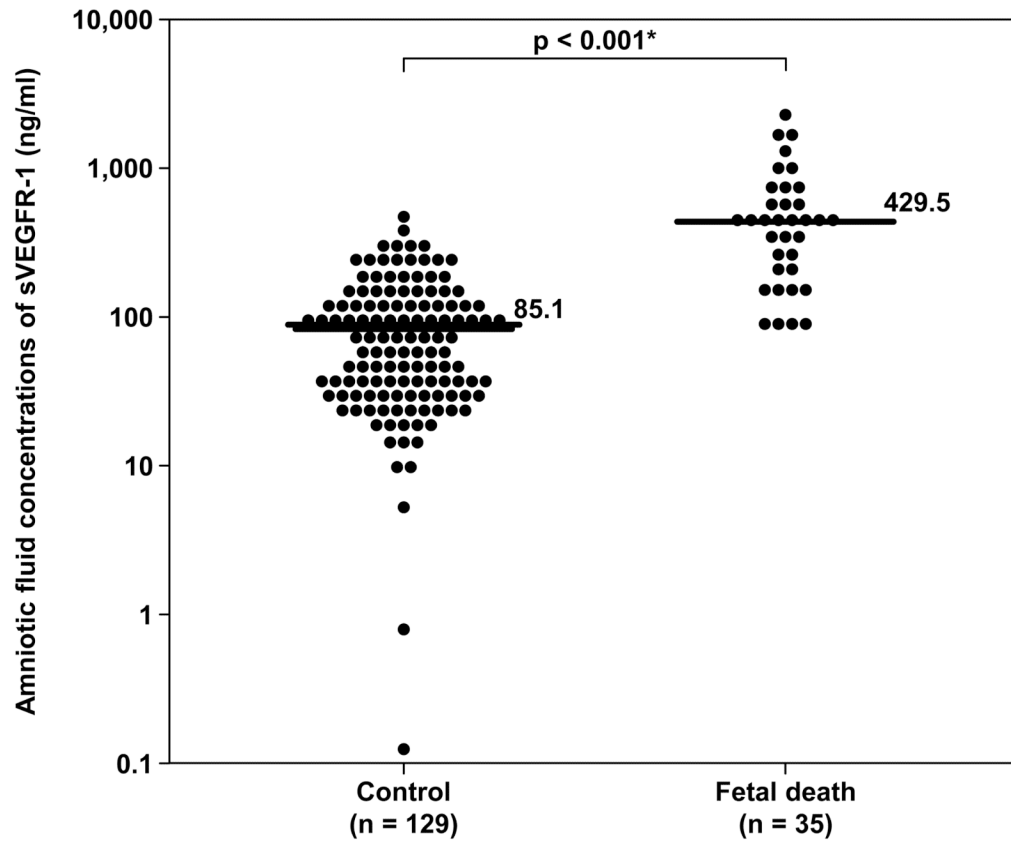
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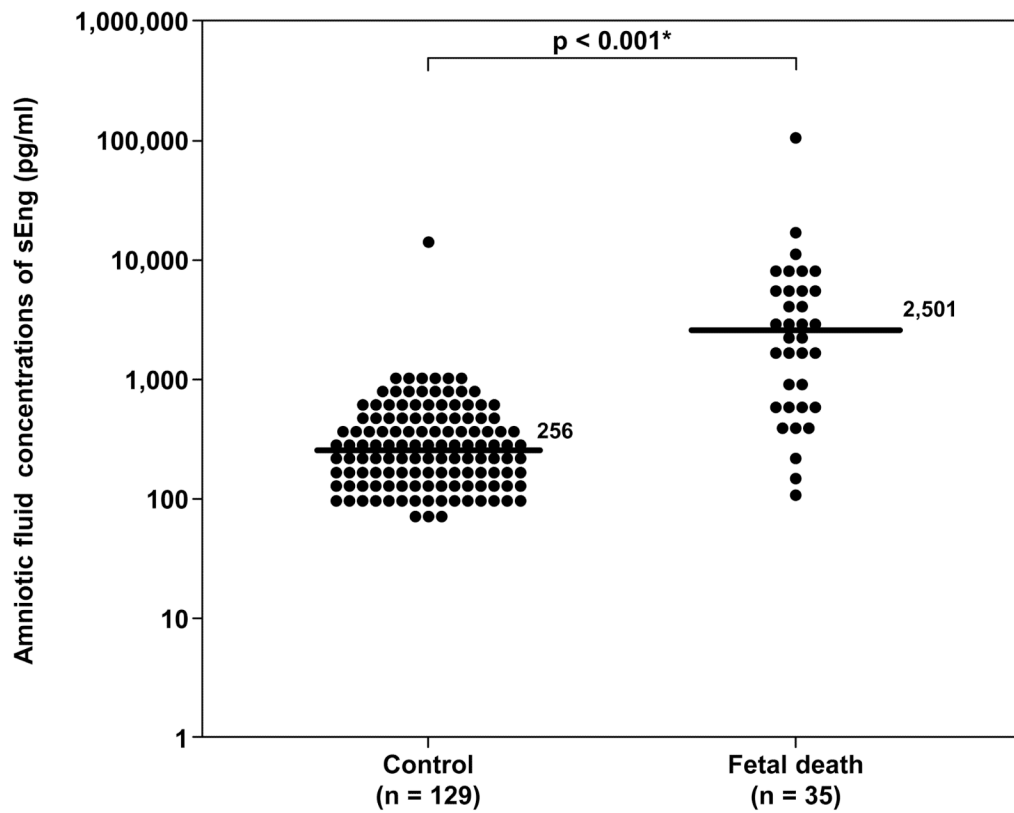
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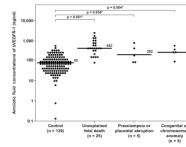
**Figure 1.**

Amniotic fluid concentrations of sVEGFR-1 in the control and fetal death groups. Fetal death had a significantly higher median amniotic fluid concentration of sVEGFR-1 than the control (median 429.5 ng/ml, range 83.4-2,366.3 ng/ml vs. median 85.1 ng/ml, range 0.1-595.6 ng/ml; respectively;  $p < 0.001$ ). The y-axis is in logarithmic scale. \*  $p < 0.05$ .



**Figure 2.**

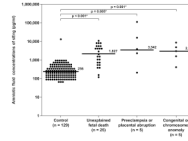
Amniotic fluid concentrations of sEng in the control and fetal death groups. Fetal death had a significantly higher amniotic fluid concentration of sEng than the control (median 2,501 pg/ml, range 115-110,850 pg/ml, vs. median 256 pg/ml, range 0-12,775 pg/ml; respectively;  $p < 0.001$ ). The y-axis is in logarithmic scale. Ten patients in the control group had amniotic fluid sEng concentrations below the limit of detection (data not show). \*  $p < 0.05$ .



**Figure 3.**

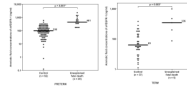
Amniotic fluid concentrations of sVEGFR-1 in the control group, unexplained fetal death, fetal death with preeclampsia and/or placental abruption, and fetal death with chromosomal or congenital anomalies. Unexplained fetal death (median 442 ng/ml, range 84-2,366 ng/ml), fetal death with preeclampsia and/or placental abruption (median 202 ng/ml, range 83-830 ng/ml) and fetal death with major chromosomal and/or congenital anomalies (median 289 ng/ml, range 96-567 ng/ml) had a significantly higher median amniotic fluid concentration of sVEGFR-1 than the control group (median 85.1 ng/ml, range 0.1-595.6 ng/ml;  $p < 0.001$ ,  $p = 0.04$  and  $p = 0.004$ ; respectively). The results remained significantly different after adjusting for multiple comparisons using Holm method ( $p < 0.001$ , 0.04 and 0.008 respectively). The y-axis is in logarithmic scale. \*  $p < 0.05$ .





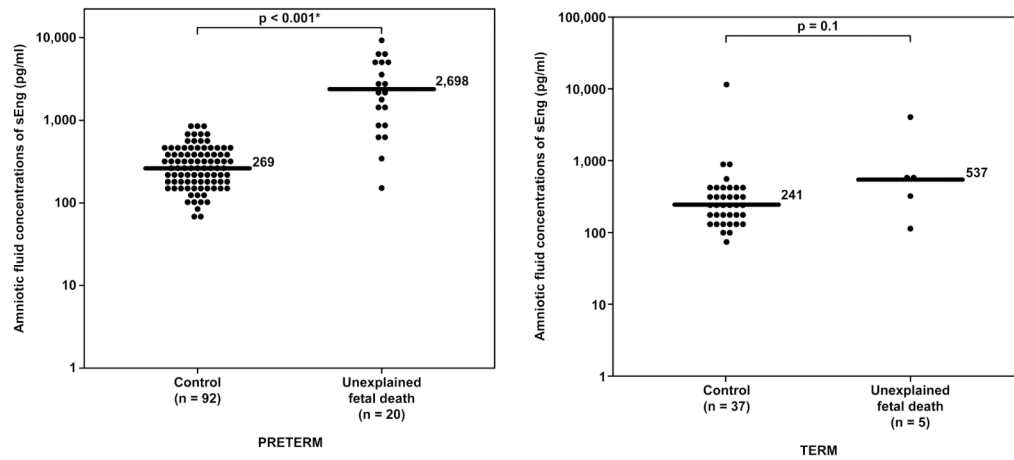
**Figure 4.**

Amniotic fluid concentrations of sEng in the control, unexplained fetal death, fetal death with preeclampsia and/or placental abruption, and fetal death with chromosomal or congenital anomalies. Unexplained fetal death (median 1,827 pg/ml, range 115-9,726 pg/ml), fetal death with preeclampsia and/or placental abruption (median 3,542 pg/ml, range 202-110,850 pg/ml) and fetal death with major chromosomal and/or congenital anomalies (median 2,962 pg/ml, range 397-7,650 pg/ml) had a significantly higher median amniotic fluid concentration of sEng than the control group (median 256 pg/ml, range 0-12,775 pg/ml  $p<0.001$ ;  $p=0.005$  and  $p=0.001$ ; respectively). The results remained significantly different after adjusting for multiple comparisons using Holm method ( $p<0.001$ , 0.005 and 0.002 respectively). The y-axis is in logarithmic scale. Ten patients in the control group had amniotic fluid sEng concentrations below the limit of detection (data not show). \*  $p<0.05$ .



**Figure 5.**

Amniotic fluid concentrations of sVEGFR-1 in unexplained fetal death at preterm, term gestation and their control groups. Unexplained fetal death, both at preterm and at term gestation, had a significantly higher median amniotic fluid concentration of sVEGFR-1 than their respective control groups (preterm: median 461 ng/ml, range 162-2,366 ng/ml vs. median 100 ng/ml, range 0.1-595 ng/ml; respectively;  $p < 0.001$  and term: median 336 ng/ml, range 84-946 ng/ml vs. median 63 ng/ml, range 10-373 ng/ml; respectively;  $p = 0.003$ ). The y-axis is in logarithmic scale. \*  $p < 0.05$ .



**Figure 6.**

Amniotic fluid concentrations of sEng-1 in unexplained fetal death at preterm, term gestation and their control groups. Unexplained preterm fetal death had a significantly higher median amniotic fluid concentration of sEng than the control group (median 2,698 pg/ml range 161-9,726 pg/ml vs. median 269 pg/ml, range 0-871 pg/ml; respectively;  $p < 0.001$ ). In contrast, there was no significant difference in the median amniotic fluid concentrations of sEng between unexplained fetal death at term and the control group (median 537 pg/ml, range 115-4,076 pg/ml vs. median 241 pg/ml, range 0-12,775 pg/ml; respectively;  $p = 0.1$ ). The y-axis is in logarithmic scale. Nine patients in the preterm control group and one patient in the term control group had amniotic fluid sEng concentrations below the limit of detection (data not show). \*  $p < 0.05$ .

**Table 1**  
**Demographic and clinical characteristics of the study population**

	Control n = 129	Fetal death n=35	p
Age (years)	23 (14-40) <sup>α</sup>	27 (17-41)	0.2
GA at amniocentesis (weeks)	33.3 (20.3-42.0)	30.1 (20.3-40.6)	0.05 *
GA at delivery (weeks)	38.7 (37.0-43.0)	30.3 (20.6-40.7)	<0.001 *
Birthweight (grams)	3,255 (2,630-4,750)	1,276 (140-5,755)	<0.001 *
Birthweight <10 <sup>th</sup> percentile	0	17 (48%)	<0.001 *

Value expressed as median (range) or number (percent)

GA: gestational age

<sup>α</sup> n=116;

\* p<0.05

**Table II**  
**Demographic and clinical characteristics of normal pregnant women and subgroups of fetal death**

	Control n = 129	Unexplained fetal death n = 25	p	Fetal death with preeclampsia/ Abruption n=5	p	Fetal death with major congenital or chromosomal anomalies n = 5	p
Age (years)	23 (14-40) $\alpha$	25 (18-41)	0.2	25 (19-31)	0.8	27 (17-36)	0.4
GA at amniocentesis (weeks)	33.3 (20.3-42.0)	30.1 (20.4-40.6)	0.03 *	33.6 (20.3-40.0)	0.9	23.6 (22.0-30.9)	0.001 *
GA at delivery (weeks)	38.7 (37.0-43.0)	30.3 (20.6-40.7)	<0.001 *	33.6 (20.6-40.0)	0.04 *	23.7 (22.1-31.1)	<0.001 *
Birthweight (grams)	3,255 (2,630-4,750)	1,276 (140-5,755)	<0.001 *	1,890 (387-3,620)	0.01 *	420 (180-1,620)	<0.001 *
Birthweight <10 <sup>th</sup> percentile	0	12 (48.0%)	<0.001 *	2 (40%)	<0.001 *	3 (60%)	<0.001 *

All p value compared to control

Value expressed as median (range) or number (percent)

GA: gestational age;

$\alpha$  n=116;

\* p<0.05

**Table III**  
**Odds ratio for the associations between the presence of fetal death and amniotic fluid concentrations of sVEGFR-1 (per each ng/ml increase)**

Model	Dependent variables (vs. control)	Adjusted odds ratio	95% CI
1	Fetal death	1.01	1.007-1.015
2	Unexplained fetal death	1.012	1.008-1.017
3	Fetal death with preeclampsia/abruption	1.007	1.002-1.012
4	Fetal death with chromosomal or congenital anomalies	1.009	1.002-1.017

Adjusted for gestational age at amniocentesis (weeks)

**Table IV**  
**Odds ratio for the associations between the presence of fetal death and amniotic fluid concentrations of sEng (per each ng/ml increase)**

Model	Dependent variables (vs. control)	Adjusted odds ratio	95% CI
1	Fetal death	2.8	1.8-4.6
2	Unexplained fetal death	2.4	1.5-3.8
3	Fetal death with preeclampsia/abruption	1.4	1.1-1.8
4	Fetal death with chromosomal or congenital anomalies	1.9	1.2-2.9

Adjusted for gestational age at amniocentesis (weeks)

**Table V**  
**Demographic and clinical characteristics of women with PTL who delivered at term, women at term not in labor and those with unexplained fetal death at preterm and term gestation**

	PTL who delivered at term n = 92	Preterm unexplained fetal death n=20	P	Women at term not in labor n = 37	unexplained fetal death at term n=5	$\beta$
Age (years)	22 (15-39) <sup>a</sup>	27.5(18-41)	0.04*	27 (14-4)	24.0 (18-30)	0.6
GA at amniocentesis (weeks)	32.1 (20.3-36.0)	29.4 (20.6-36.0)	0.02*	39.0 (37.0-42.0)	39.4 (37.6-40.6)	0.3
GA at delivery (weeks)	38.7(37-43)	29.4 (20.6-36.7)	<0.001*	39.0 37-42)	39.4 (37.6-40.7)	0.3
Birthweight (grams)	3,250 (2,630-4,750)	992 (140-2,370)	<0.001*	3,260(2,840-4,530)	3,487 (2,450-5,755)	0.7
Birthweight <10 <sup>th</sup> percentile	0	11 (55%)	<0.001*	0	1 (20%)	0.1

Value expressed as median (range) or number (percent)

GA: gestational age; PTL: preterm labor with intact membrane

$\beta$  compared between women at term no labor and unexplained fetal death at term

<sup>a</sup> n= 81;

\* p<0.05