# Identification of Oseltamivir Resistance among Pandemic and Seasonal Influenza A (H1N1) Viruses by an His275Tyr Genotyping Assay Using the Cycling Probe Method<sup>⊽</sup>

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Neuraminidase inhibitors are agents used against influenza viruses; however, the emergence of drugresistant strains is a major concern. Recently, the prevalence of oseltamivir-resistant seasonal influenza A (H1N1) virus increased globally and the emergence of oseltamivir-resistant pandemic influenza A (H1N1) 2009 viruses was reported. In this study, we developed a cycling probe real-time PCR method for the detection of oseltamivir-resistant seasonal influenza A (H1N1) and pandemic influenza A (H1N1) 2009 viruses. We designed two sets of primers and probes that were labeled with 6-carboxyfluorescein or 6-carboxy-X-rhodamine to identify single nucleotide polymorphisms (SNPs) that correspond to a histidine and a tyrosine at position 275 in the neuraminidase protein, respectively. These SNPs confer susceptibility and resistance to oseltamivir, respectively. In the 2007-2008 season, the prevalence of oseltamivir-resistant H1N1 viruses was 0% (0/72), but in the 2008-2009 season, it increased to 100% (282/282). In the 2009-2010 season, all of the pandemic influenza A (H1N1) 2009 viruses were susceptible to oseltamivir (0/73, 0%). This method is sensitive and specific for the screening of oseltamivir-resistant influenza A (H1N1) viruses. This method is applicable to routine laboratory-based monitoring of drug resistance and patient management during antiviral therapy.

The neuraminidase (NA) inhibitors (NAIs) oseltamivir and zanamivir are currently the antiviral drugs of choice for treatment and prophylaxis of influenza virus infections. NAIs prevent the release and spread of progeny virions from infected cells (16). A major concern is the emergence of drug-resistant strains during antiviral therapy. Oseltamivir-resistant viruses possessed a histidine-to-tyrosine amino acid substitution at position 275 in type N1 NA protein (His274Tyr in N2 numbering). This mutation was initially detected in patients who were infected with seasonal influenza A (H1N1) viruses after oseltamivir treatment (10). The prevalence of oseltamivir resistance was low in the 2007-2008 season, but a sudden increase was reported in the following season, when the His275Tyr mutants spread globally and were the predominant strain among seasonal H1N1 viruses (23).

In the spring of 2009, pandemic influenza A (H1N1) 2009 virus (H1N1pdm) emerged and circulated worldwide (4). Initial reports showed that all H1N1pdm viruses were sensitive to

neuraminidase inhibitors, and recently, so far only 298 cases of oseltamivir-resistant H1N1pdm viruses possessing the His275Tyr mutation were reported by the Centers for Disease Control and Prevention and the World Health Organization (2, 3, 24). The majority of His275Tyr mutations in H1N1pdm viruses were detected after therapeutic or preventive administration of oseltamivir. Although the proportion of oseltamivirresistant H1N1pdm viruses is low at the moment, continued monitoring for oseltamivir-resistant viruses is important because of the possibility that the prevalence of these resistant strains may increase, which happened among the contemporary seasonal H1N1 viruses (1, 20, 23).

Various high-throughput methods used in detecting the His275Tyr mutation among oseltamivir-resistant H1N1pdm viruses include pyrosequencing (7, 25), real-time PCR method using a TaqMan probe, and the rolling circle amplification (RCA) technology (12, 21, 22). Cycling probe real-time PCR is an alternative method that employs a sequence-specific chimeric probe in detecting single nucleotide polymorphisms (SNPs) (19). We previously applied this method to identify amantadine-resistant seasonal influenza A (H1N1) and A (H3N2) viruses with the Ser31Asn mutation in the M2 channel protein (19). We showed rapid detection of the Ser31Asn mutation from nasopharyngeal swabs in several hours by this method and demonstrated its high sensitivity and specificity, which are comparable to those of the gene sequencing method. In the study described in this report, we designed new sets of primers and probes to identify the His275Tyr mutation in NA which confers oseltamivir resistance, and we investigated the

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Subtype	Primer or probe	Sequence (5'-3')	Location <sup>a</sup>
Seasonal influenza A (H1N1) virus	sH1N1-His275Tyr forward primer	5'-CAAGATCGAAAAGGGGAAG-3'	768–786
	sH1N1-His275Tyr reverse primer	5'-GACACCCAAGGTCGATTTG-3'	896–914
	sH1N1-His275 <sup>b</sup>	5'-(Eclipse <sup>c</sup> )-[ATG] <sup>d</sup> AAAATTGGGTG-(FAM <sup>e</sup> )-3'	812–825
	sH1N1-Tyr275 <sup>b</sup>	5'-(Eclipse)-[AT4]AAAATTGGGTG-(ROX <sup>e</sup> )-3'	812–825
Influenza A pandemic (H1N1) 2009	H1N1pdm-His275Tyr forward primer	5'-TGGACAGGCCTCATACAAGA-3'	744–763
	H1N1pdm-His275Tyr reverse primer	5'-GCCAGTTATCCCTGCACACA-3'	870–889
	H1N1pdm-His275 <sup>b</sup>	5'-(Eclipse)-CCTAATTAT[C4C]T-(FAM)-3'	814–826
	H1N1pdm-Tyr275 <sup>b</sup>	5'-(Eclipse)-AT[T4C]TATGAGGA-(ROX)-3'	821–833

TABLE 1. Primers and probes for cycling probe real-time PCR method

<sup>a</sup> Location of primers and probes in the NA-coding region (total, 1,413 bp), segment 6, of influenza A (H1N1) virus. Note that both cycling probes for seasonal H1N1 were designed as reverse complements.

<sup>b</sup> Fluorescent dye and quencher-labeled DNA/RNA chimeric probe.

<sup>c</sup> Quenching molecule.

<sup>d</sup> Nucleotides inside brackets indicate the codon relevant to sequences for oseltamivir sensitivity (His) and resistance (Tyr). Boldface and italicized letters indicate the nucleotide replaced by RNA.

<sup>e</sup> Fluorescent molecules.

prevalence of the His275Tyr mutation among seasonal H1N1 viruses from the 2007-2008 and the 2008-2009 seasons and H1N1pdm viruses from the 2009-2010 season in Niigata, Japan.

#### MATERIALS AND METHODS

Sample collection and virus isolation. Nasopharvngeal swab specimens were collected from patients with influenza-like illness who visited a pediatric clinic in Niigata City, Japan, during three influenza seasons (2007-2008 season from January to March in 2008, the 2008-2009 season from January to March in 2009, and the 2009-2010 season in November and December in 2009). Samples were taken after a written informed consent was obtained. None of the patients had received anti-influenza virus drugs before samples were taken. The nasopharyngeal swabs were suspended in viral transport medium and kept at 4°C until transportation to the Division of Public Health, Department of Infectious Disease Control and International Medicine, Niigata University, within 1 week. Initial isolation of influenza viruses was performed using Madin-Darby canine kidney (MDCK) cells. One hundred-microliter aliquots of the supernatants of the nasopharyngeal swabs were inoculated onto MDCK cells, and the cells were then incubated at 34°C with 5% CO2 until a specific cytopathic effect was detected. Influenza virus isolates were typed and subtyped by hemagglutination inhibition assay using guinea pig red blood cells and commercially available influenza vaccine strain antisera (Denka Seiken Co., Ltd., Tokyo, Japan).

**RNA extraction and reverse transcription.** Viral RNA was extracted from 100  $\mu$ l of supernatants of nasopharyngeal swabs or virus culture supernatant using an Extragen II kit (Kainos, Tokyo, Japan), according to the manufacturer's instructions. Reverse transcription was performed using influenza A universal primer Uni12, as reported elsewhere (13). Preparation of RNA from other respiratory viruses was performed using random primers (Invitrogen Corp., Carlsbad, CA) (17).

Primers, probes, and PCR conditions. Two PCR primer pairs were designed to amplify specifically the NA gene of seasonal H1N1 and H1N1pdm viruses (Table 1). Cycling probes for seasonal H1N1 viruses, sH1N1-His275 and sH1N1-Tyr275, were synthesized to detect the SNP at codon ATG/A, which corresponds to CAT (oseltamivir-sensitive His275 genotype) and TAT (oseltamivirresistant Tyr275 genotype) in the reverse complement (TaKaRa Bio Inc., Japan) (Table 1). Likewise, the cycling probes for pandemic H1N1 viruses, H1N1pdm-His275 and H1N1pdm-Tyr275, were synthesized to detect the SNPs CAC (oseltamivir-sensitive His275 genotype) and TAC (oseltamivir-resistant Tyr275 genotype) (TaKaRa Bio Inc.) (Table 1). The underlined nucleotides indicate the RNA replacement in the chimeric probes used in the real-time PCR. The probes for seasonal H1N1 virus, sH1N1-His275 and sH1N1-Tyr275, were designed in the reverse-complement direction, and the probes for pandemic H1N1 virus, H1N1 pdm-His275 and H1N1 pdm-Tyr275, were designed such that the nucleotide replaced in the RNA sequence is adjacent to the SNP. Cycling probes were labeled with either 6-carboxyfluorescein (FAM) or 6-carboxy-X-rhodamine (ROX), which can detect the oseltamivir-sensitive genotype and the oseltamivirresistant genotype, respectively.

Cycling probe real-time PCR was carried out using a CycleavePCRCore kit (TaKaRa Bio Inc.). Conditions of the PCR cycles were as follows: initial denaturation at 95°C for 10 s, followed by 40 cycles of denaturation at 95°C for 5 s, primer annealing at 55°C and 59°C for seasonal H1N1 and for H1N1pdm, respectively, for 10 s, and extension and subsequent detection of fluorescence at 72°C for 15 s. In each PCR run, one set of forward and reverse PCR primers and two (FAM- and ROX-labeled) cycling probes were used. Separate PCR runs are needed for seasonal H1N1 and H1N1pdm virus detection.

Human influenza A (H3N2) virus, influenza B virus, and other common human respiratory viruses, such as respiratory syncytial virus, parainfluenza virus, enterovirus, rhinovirus, human metapneumovirus, and adenovirus, were tested with the same cycling probes and primer sets to examine whether cross-reactions occur by the assay. No animal influenza virus strains were tested. All influenza viruses and other viruses used in this study were collected and isolated at the Division of Public Health, Department of Infectious Disease Control and International Medicine, Niigata University, and the Department of Virology, Niigata Prefectural Institute of Public Health and Environmental Sciences.

**Control plasmids.** Four positive-control plasmids harboring the NA gene insert from a seasonal H1N1 oseltamivir-sensitive strain (sH1N1-OS), a seasonal H1N1 oseltamivir-resistant isolate with the His275Tyr mutation (sH1N1-OR), an H1N1pdm oseltamivir-sensitive strain (H1N1pdm-OS), or an H1N1pdm oseltamivir-resistant virus with the His275Tyr mutation (H1N1pdm-OR) were constructed. NA gene fragments were amplified using the same PCR primers designed in this study. NA gene inserts were cloned using a Mighty TA-cloning kit (TaKaRa Bio Inc.), according to the manufacturer's instructions.

**NAI susceptibility assay.** Drug susceptibility testing was performed by the 50% inhibitory concentration ( $IC_{50}$ ) method in order to validate the results of the cycling probe real-time PCR assay (1). The susceptibility to oseltamivir carboxylate (Roche Products, Ltd., Basel, Switzerland) and zanamivir (GlaxoSmith-Kline, Brentford, United Kingdom) was examined by a previously described fluorescence-based NA inhibition assay using methylumbelliferone *N*-acetyl-neuraminic acid (MUNANA) as the substrate (14).

**DNA sequencing.** The sequences of selected samples and control viruses used in this study were determined using previously reported primers (5, 26). The NA sequences were edited and assembled using the DNAStar Lasergene 7 program (Bioinformatics Pioneer DNAStar, Inc., WI).

### RESULTS

**LOD of cycling probe method.** Control plasmids were used to determine the limit of detection (LOD) of each primer/ probe set. All control plasmids were tested using a 10-fold dilution series from  $1 \times 10^1$  to  $1 \times 10^7$  copies (Fig. 1). The range of the threshold cycle ( $C_T$ ) values of  $1 \times 10^1$  copies was from 35 to 39, and the range of  $C_T$  values of  $1 \times 10^7$  copies was from 15 to 17. The LOD for each of the four kinds of control plasmids was 10 copies.

**Specificity of cycling probe method.** The specificity of the cycling probe real-time PCR assay was determined using pre-



FIG. 1. Limit of detection of cycling probe real-time PCR with control plasmids. FAM fluorescence signals correspond to the oseltamivirsensitive genotype (His275), and ROX fluorescence signals indicate the oseltamivir-resistant genotype (Tyr275). Control plasmids containing inserts of seasonal H1N1 sequences (sH1N1-OS and sH1N1-OR) reacted with probes sH1N1-His275 and sH1N1-Tyr275, respectively (a and b). Control plasmids harboring H1N1pdm sequences (H1N1pdm-OS and H1N1pdm-OR) reacted with H1N1pdm probes (c and d).

viously characterized seasonal and pandemic H1N1 viruses. Using the seasonal H1N1 primer pair and probe set, all oseltamivir-sensitive seasonal H1N1 nasopharyngeal swabs and isolates tested positive, indicated by the presence of a FAM signal, and all oseltamivir-resistant seasonal H1N1 nasopharyngeal swabs and isolates tested positive, indicated by emission of a ROX fluorescent signal. Importantly, these probes did not show any cross-reactivity with oseltamivir-sensitive H1N1pdm or oseltamivir-resistant H1N1pdm samples (Fig. 2; Table 2). Likewise, when the pandemic H1N1 primers and probes were used, all oseltamivir-sensitive H1N1pdm samples yielded a corresponding FAM signal and all oseltamivir-resistant H1N1pdm samples gave a corresponding ROX signal. The pandemic H1N1 primers and probes did not exhibit crossreactivity with seasonal H1N1 samples.

The cycling probe method was tested on human influenza A (H3N2) and influenza B viruses and other common respiratory viruses. Results showed that none of these viruses tested positive using the same set of primers and probes (Table 2).

Validation of cycling probe method by NAI susceptibility assay. The median IC<sub>50</sub>s of oseltamivir carboxylate for oseltamivir-sensitive seasonal H1N1 and H1N1pdm viruses were  $2.34 \pm 0.70$  nM (n = 15) and  $2.06 \pm 0.99$  nM (n = 22), respectively. Oseltamivir-resistant seasonal H1N1 and H1N1pdm viruses exhibited a 300- to 400-fold increase in IC<sub>50</sub> (982.76 ± 421.47 nM, n = 24) compared to the IC<sub>50</sub>s of the oseltamivir-sensitive seasonal H1N1 and oseltamivir-sensitive H1N1pdm strains. For zanamivir, the median IC<sub>50</sub>s were  $1.91 \pm 0.60$  nM,  $1.10 \pm 1.61$  nM, and  $0.99 \pm 0.49$  nM for oseltamivir-sensitive seasonal H1N1, oseltamivir-resistant seasonal H1N1, and oseltamivir-sensitive H1N1pdm viruses, respectively. None of the viruses demonstrated reduced susceptibility to zanamivir.

**DNA sequencing.** Sequencing results were consistent with the findings from the cycling probe real-time PCR assay and NAI susceptibility test. All oseltamivir-resistant viruses had the His275Tyr mutation in the NA gene.

**Prevalence of oseltamivir-resistant influenza viruses.** A total of 427 influenza A (H1N1) virus isolates that were collected during three epidemic seasons between January 2008 and December 2009 in Niigata in Japan were screened for the prevalence of the His275Tyr mutation that confers resistance to oseltamivir (Table 3). A nasopharyngeal swab specimen was collected from each patient during the individual's first visit to the medical facility, before any anti-influenza drug was administered. In the 2007-2008 influenza season, none of 72 (0%) seasonal H1N1 isolates were oseltamivir resistant; however, in the 2008-2009 season, all (282 of 282, 100%) of the seasonal H1N1 isolates were oseltamivir resistant. In the 2009-2010 season, seasonal H1N1 viruses were not detected and none of 73 (0%) H1N1pdm isolates were oseltamivir-resistant strains (Table 3).



FIG. 2. Detection of oseltamivir-sensitive and -resistant isolates with H275 and H275Y in NA gene of influenza A (H1N1) virus. Oseltamivirsensitive and -resistant viruses of seasonal H1N1 virus reacted with the FAM probe and the ROX probe, respectively (a and b). Oseltamivirsensitive and -resistant H1N1pdm viruses reacted with its specific corresponding probes (c and d).

## DISCUSSION

This study demonstrated the application of the cycling probe real-time PCR method in detecting the His275Tyr mutation in NA. This method correctly identified the oseltamivir-sensitive (His275) and oseltamivir-resistant (His275Tyr) genotypes of both seasonal and pandemic H1N1 viruses. We previously reported on a cycling probe real-time PCR method for detecting the Ser31Asn mutation in the M2 channel protein which confers resistance to amantadine (19). Our results suggest that the cycling probe real-time PCR method is applicable to detecting drug-resistant viruses by SNP genotyping.

This method showed high specificity in identifying the His275Tyr mutation in NA among human seasonal H1N1 and pandemic H1N1 viruses. The results of this assay were in agreement with the results of the  $IC_{50}$  method and gene sequencing. The mutation was detected in both nasopharyngeal swab samples and virus isolates, despite the difference in the virus concentration between the two types of samples. In addition, the method did not show any false-positive reactions with the other influenza A, influenza B, or other respiratory viruses. Thus, our method is very specific, and it is suitable for the detection of the His275Tyr mutation among human influenza viruses because we can handle only human influenza virus strains, as regulated by law. Although the sequence of the

amplified NA gene segment in our cycling probe method showed variations compared to the sequences of nonhuman influenza viruses, further study is needed in order to evaluate the specificity of this assay with nonhuman influenza viruses.

Phenotypic assay, such as IC<sub>50</sub> method, is the "gold standard" for identifying oseltamivir resistance. However, this method is time-consuming because it requires virus culture. Thus, several rapid detection methods were developed, including pyrosequencing, TaqMan probe real-time PCR assay, and RCA, for screening samples for the His275Tyr mutation, which confers resistance to oseltamivir (7, 12, 21, 22, 25). These methods showed high specificities and sensitivities in detecting the drug-resistant influenza virus. Of these methods, pyrosequencing is well-established and provides a definitive identification of the His275Tyr mutation, as well as other novel mutations that are associated with reduced drug susceptibility (6-8). However, not all laboratories can perform pyrosequencing as a routine assay for influenza virus surveillance because the machine and reagents are expensive and the procedures involved are complex. Thus, we developed the cycling probe real-time PCR assay as a low-cost alternative for screening for the His275Tyr mutation. This method has a high specificity and sensitivity in detecting SNPs which are comparable to those of the TagMan and RCA methods. In addition, the probes that were used in this study can easily be synthesized by various manufacturers, and the cost of

	Virus <sup>a</sup>	Subtype <sup>b</sup>	Susceptibility to oseltamivir <sup>c</sup>	No. of samples	No. of samples positive with:			
Sample type					Seasonal H1N1 probe set		H1N1pdm probe set	
					sH1N1- His275	sH1N1- Tyr275	H1N1pdm- His275	H1N1pdm- Tyr275
Isolate	Influenza A virus	Seasonal H1N1	Sensitive	10	10	0	0	0
	Influenza A virus	Seasonal H1N1	Resistant	10	0	10	0	0
	Influenza A virus	H1N1pdm	Sensitive	10	0	0	10	0
	Influenza A virus	H1N1pdm	Resistant	3	0	0	0	3
	Influenza A virus	H3N2	$NA^d$	10	0	0	0	0
	Influenza B virus	NA	NA	10	0	0	0	0
	Respiratory syncytial virus	NA	NA	5	0	0	0	0
	Parainfluenza virus	NA	NA	1	0	0	0	0
	Enterovirus	NA	NA	1	0	0	0	0
	Rhinovirus	NA	NA	2	0	0	0	0
	Adenovirus	NA	NA	1	0	0	0	0
Nasopharyngeal swab	Influenza A virus	Seasonal H1N1	Sensitive	15	15	0	0	0
	Influenza A virus	Seasonal H1N1	Resistant	15	0	15	0	0
	Influenza A virus	H1N1pdm	Sensitive	15	0	0	15	0
	Influenza A virus	H3N2	NA	15	0	0	0	0
	Influenza B virus	NA	NA	10	0	0	0	0
	Respiratory syncytial virus	NA	NA	5	0	0	0	0
	Human metapneumovirus virus	NA	NA	5	0	0	0	0
	Negative sample	NA	NA	10	0	0	0	0

TABLE 2. Probe reaction performance with various virus samples

<sup>a</sup> Viruses were initially detected by virus isolation and PCR using specific primers.

<sup>b</sup> Typed and subtyped by hemagglutinin inhibition assay with vaccine strain antisera and PCR using specific primers.

<sup>c</sup> Resistant strains of both subtypes had a histidine-to-tyrosine change in residue 275 of the NA gene.

<sup>d</sup> NA, not addressed.

reagents is comparable to that of the reagents for the Taq-Man method.

We utilized the cycling probe real-time PCR assay in determining the prevalence of the His275Tyr mutation among H1N1 viruses in three influenza seasons in Niigata, Japan. Our results showed that the prevalence of oseltamivir-resistant seasonal H1N1 strains had increased dramatically from the 2007-2008 season (0%) to the 2008-2009 season (100%), as reported in other studies (1, 15, 19, 20). In the 2009-2010 season, all of our H1N1pdm samples were oseltamivir sensitive. This result suggested that the oseltamivir-resistant H1N1pdm virus has not yet gained the genetic fitness to spread like the oseltamivirresistant seasonal H1N1 viruses in the 2008-2009 season. It was observed that oseltamivir-resistant H1N1pdm viruses emerged after oseltamivir treatment and prophylaxis (2, 3, 24). One possible explanation as to why we were not able to detect oseltamivir-resistant H1N1pdm strains was that we collected samples from patients only prior to antiviral drug treatment.

We are aware that during NAI treatment it is important to collect and examine time series samples from immunocompromised patients and from patients who manifested long-term clinical symptoms for monitoring for the emergence of drugresistant viruses. Our method, which is capable of obtaining results within 3 h after receipt of nasopharyngeal swabs, is applicable in screening of clinical samples for resistance to oseltamivir during antiviral therapy.

One disadvantage of this method is that a new set of primers and probes has to be developed in the event that a novel drug-resistant strain would emerge during treatment with either oseltamivir, zanamivir, peramivir, or laninamivir (9, 11, 18). However, so far, all of the currently circulating oseltamivir-resistant seasonal H1N1 viruses had the His275Tyr mutation (1, 15, 19, 20), and the oseltamivir-resistant H1N1pdm viruses also possessed the same mutation (2, 3, 24). This mutation is very common among the contemporary oseltamivirresistant viruses that belonged to the N1 group (1, 2, 3, 15, 19,

TABLE 3. Numbers of oseltamivir-sensitive and -resistant strains of influenza A/H1N1 viruses during 2007-2008, 2008-2009, and 2009-2010 seasons in Niigata

Season	Virus subtype	No. of influenza A (H1N1) virus-positive samples <sup>a</sup>	No. of oseltamivir-resistant viruses <sup>b</sup>	Proportion of oseltamivir-resistant viruses (%)
2007-2008	Seasonal influenza A (H1N1)	72	0	0.0
2008-2009	Seasonal influenza A (H1N1)	282	282	100.0
2009-2010	Seasonal influenza A (H1N1)	0	0	
	Influenza A pandemic (H1N1) 2009	73	0	0.0

<sup>a</sup> Samples were collected at a pediatric clinic in Niigata Prefecture in Japan.

<sup>b</sup> Oseltamivir-resistant viruses with His275Tyr mutation in NA.

20, 24). Thus, should these viruses continue to persist in the future, the cycling probe real-time PCR assay can provide a fast, simple, and low-cost alternative for the laboratory-based surveillance of oseltamivir-resistant viruses.

In summary, we developed a highly sensitive and specific method of detecting the His275Tyr mutation in NA among seasonal H1N1 and H1N1pdm viruses by cycling probe realtime PCR assay. We clarified the prevalence of the His275Tyr mutation in three influenza seasons using this method. We demonstrated that the cycling probe method is applicable in monitoring of drug resistance as part of routine influenza virus surveillance work, and this method may provide information useful to clinicians during antiviral therapy.

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