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Kawasaki Disease: Novel Insights into Etiology and Genetic Susceptibility

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Abstract

Kawasaki Disease is a vasculitis of young childhood that particularly affects the coronary arteries. Molecular analysis of the oligoclonal IgA response in acute KD led to production of synthetic KD antibodies. These antibodies identify intracytoplasmic inclusion bodies in acute KD tissues. Light and electron microscopic studies indicate that the inclusion bodies are consistent with aggregates of viral proteins and RNA. Advances in molecular genetic analysis and completion of the human genome project have sparked a worldwide effort to identify genes associated with KD. A polymorphism of one such gene, *ITPKC*, a negative regulator of T cell activation, confers susceptibility to KD in Japanese populations and increases the risk of developing coronary artery abnormalities in both Japanese and U.S children. Identification of the etiologic agent and of genes conferring KD susceptibility are the best means to improving diagnosis and therapy, and allow for prevention of this important disorder of childhood.

Keywords

IgA; Intracytoplasmic inclusion bodies; *ITPKC*; Coronary artery aneurysms; Vasculitis; Pediatrics

Introduction

Kawasaki Disease (KD) is a multisystem inflammatory illness of young childhood that can result in acute vasculitis, most strikingly of the coronary arteries. Rarely, KD can lead to myocardial infarction and sudden death. Without treatment, approximately 25% of children with KD develop coronary artery abnormalities. Therapy with intravenous gammaglobulin and aspirin within the first ten days of fever onset reduces the prevalence of coronary artery abnormalities from about 25% in untreated patients to about 5% (1). KD is unusual among serious vasculitis disorders in that steroids are not indicated for primary therapy (2). The leading theory of KD etiology is that a ubiquitous infectious etiologic agent that usually results in asymptomatic infection causes KD in a small subset of genetically predisposed children. New etiologic and genetic studies of KD hold great promise for improved diagnosis, therapy, and prevention of this important vascular disorder of childhood.

The Etiology of KD

Many proposed etiologies of KD have been suggested since Dr. Kawasaki's initial description of the illness in Japan in the 1960s (3). The most widely proposed theories have been in the categories of environmental toxin exposure, autoimmune pathogenesis, and infectious diseases.

Environmental Toxin Theory

Although rug shampooing was reported to be a risk factor for KD in some studies in the United States (4), it is not a risk factor in Japan (5), the nation with the highest reported incidence of KD (6). It seems highly unlikely that an illness that presents with the same distinctive clinical features in all nations would have different etiologies in individual nations. Mercury poisoning shares some clinical features with KD, but is not etiologically related (7–8). The lack of recurrence of disease upon re-entering the home after hospitalization for KD argues against a household toxin as the etiology.

Autoimmune pathogenesis theory

Although the immune response to KD likely plays a role in the pathology, as it does in most infectious diseases, a primary autoimmune etiology seems unlikely given the self-limited febrile phase of illness, the generally non-recurring nature of KD and the lack of indication for corticosteroids in primary therapy of KD (2). Although immune complexes can be detected in serum of KD patients 2–3 weeks after fever onset, they do not appear to play a role in the development of coronary artery disease (9); immune complex deposits are not observed in inflamed KD arterial tissue (10).

Data supporting an infectious etiology of KD

The clinical findings of fever, rash, conjunctival injection, cervical adenitis, and erythematous pharynx in KD and the fact that these symptoms resolve spontaneously, even without treatment, support an infectious etiology. The young age group affected, with peak incidence in males age 9–11 months (6,11), and the very high prevalence of the illness in Japan, where 1% of children develop KD by age 5 (6), also are more consistent with an infectious cause than with other potential etiologies. Well-documented epidemics of illness with geographic wave-like spread are particularly indicative of an infectious etiologic agent spreading through the population (12). A winter-spring predominance of cases in non-temperate climates also supports an infection (11), particularly a respiratory infection, and a preceding history of respiratory illness in KD patients in some outbreaks of the illness also supports this theory (7–8). Although many infectious agents have been proposed as the etiology of KD (13), none has been consistently associated with the illness. Current investigations focus on a superantigen/bacterial toxin etiology or a viral etiology characterized by intracytoplasmic inclusion bodies in KD tissues. To explain these theories, it is helpful to briefly review important aspects of the immune response in acute KD.

The innate and adaptive immune responses in KD

Production of many cytokines in the acute febrile phase of KD attests to activation of the innate immune response (14). In addition, oligoclonal CD8 T lymphocyte (15) and IgA and IgM B lymphocyte (16–17) responses indicate an antigen-driven adaptive immune response. Oligoclonal IgA plasma cells infiltrate vascular tissue in acute KD (10,16,18), strongly suggesting that they are targeting specific antigen.

Superantigen/bacterial toxin theory

A superantigen/bacterial toxin etiology has been considered for KD primarily because of three observations: 1) KD patients experience peripheral desquamation, as is known to occur with scarlet fever and toxic shock syndrome, 2) in some studies, peripheral blood T lymphocytes in acute KD have shown expansion of specific T cell receptor V β chain families (19–21), and 3) cytokines can be detected in the peripheral blood in acute KD. However, desquamation is not specific for superantigen-mediated illnesses and occurs in measles and other disease processes, other investigators have failed to detect T cell receptor V β skewing in KD (22–24), and cytokines are detected in the peripheral blood in many

infectious and inflammatory conditions. In addition, V β skewing can be observed in an antigen-driven response if individual patients experience expansion of a clone of T lymphocytes within a particular family that has a “good fit” for an antigen. Evidence of such clonal expansion can be determined by sequencing the CDR3 regions of the expanded V β family. Clonal expansion of CD8 T lymphocytes in the peripheral blood of acute KD patients has been demonstrated by this technique (15). A superantigen/bacterial toxin theory for KD continues to be investigated, but significant supportive data are currently lacking. In addition, a hallmark of superantigen-mediated illness, a paralysis of the adaptive immune response, is not observed in KD (see previous section). An initial study implicating toxic shock syndrome toxin-1 as being etiologically related to KD (25) was not confirmed in a subsequent multicenter study (26). Recent studies focusing on superantigen-producing bacteria in the gastrointestinal tract of KD patients as etiologic agents have suffered from a failure to control for antibiotic exposure in patients and controls, which impacts stool culture results, a failure to determine whether bacterial superantigens are actually produced more often within the gastrointestinal tracts of KD patients than controls, and a failure to determine the presence or absence of serum antibodies to the superantigens in KD patients and controls, to determine whether the children would be susceptible to their effects (27–28). Moreover, so far no bacterial toxin has been detected in peripheral blood of KD patients. Distribution of the toxin through the bloodstream would be required to explain the involvement of multiple organs and tissues in the acute KD inflammatory process.

Identifying the antigen targeted by KD oligoclonal IgA plasma cells

IgA plasma cells infiltrate inflamed tissues during acute KD, including coronary arteries and other arterial tissues, upper respiratory tract, kidney, and pancreas (10,29). The presence of oligoclonal IgA B lymphocytes (16) and CD8 T lymphocytes (15,30) in acute KD suggests an immune response to an intracellular pathogen with a respiratory portal of entry, such as a virus. Synthetic antibodies derived from prevalent IgA antibody sequences in acute KD arterial tissue detected antigen by immunohistochemistry in acute KD but not infant control tissues (31). Synthetic antibodies derived from the most prevalent IgA alpha heavy chain gene sequences appeared to bind more strongly than those derived from less prevalent sequences, consistent with an antigen-driven response (18). Antigen was detected in the apical cytoplasm of KD medium-sized ciliated bronchial epithelial cells but not in control infant bronchial epithelium, and in the cytoplasm of a subset of macrophages in inflamed KD tissues (31).

Intracytoplasmic inclusion bodies are present in KD tissues

Light and electron microscopic studies localized the antigen identified by synthetic KD antibodies to intracytoplasmic inclusion bodies (ICI) that were consistent with aggregates of viral proteins and nucleic acids (32) (Figure 1). These homogeneous ICI do not have the substructure characteristic of bacterial inclusion bodies (33). Hematoxylin and eosin stains reveal amphophilic ICI, indicating the presence of both nucleic acid and protein in the ICI (32). Methyl green pyronin and Feulgen stains revealed RNA, but not DNA, within the ICI (34). Hopefully, high-throughput sequencing and bioinformatics analysis of KD tissues containing ICI will soon reveal sequence(s) of the putative etiologic agent, hypothesized to be a previously unidentified RNA virus with limited or no homology to known viruses.

Genetics and KD

Historical aspects

The high prevalence of KD in Asian, particularly Japanese, children, strongly supports a genetic predisposition to developing KD; Japanese children who live a Western lifestyle continue to experience the same increased risk of KD (8). For decades, KD researchers

attempted to identify candidate genes conferring susceptibility to the illness, particularly human leukocyte antigens (35). Many of these studies suffered from the small numbers of patients included, and by failure to confirm the findings in independent case-control studies. This led to many publications suggesting a KD gene association that often could not be reproduced in a different cohort of the same or different ethnic groups (35).

Epidemiologic aspects supporting a genetic influence on KD

Over time, data has continued to show a likely genetic influence on KD susceptibility and outcome. The incidence of KD is at least ten times higher in Japan than in Western populations (36–37). Siblings of children with KD have a tenfold higher risk of developing the illness than that of the general population, and children of parents who had KD have a twofold increased incidence (38–39).

The new era of molecular genetics and KD

With the completion of the human genome project and with advances in molecular genetics, a reassessment of genetic susceptibility to KD was made possible. It is highly likely that KD is polygenic, and that different genes may affect susceptibility in different ethnic groups. A genome-wide linkage study of siblings with KD and their healthy parents has identified ten chromosomal loci that appear to be associated with KD in Japanese populations (40). Linkage disequilibrium mapping of single nucleotide polymorphisms (SNPs) has been used to further identify potential genes of interest within chromosomal loci of interest.

Inositol 1,4,5-triphosphate 3-kinase C (*ITPKC*) as a susceptibility gene for KD

SNPs showing significant association with KD are beginning to be identified. One such SNP was found in the *ITPKC* gene, which plays an important role in signal transduction in T lymphocytes, particularly in the negative regulation of the Ca²⁺/nuclear factor of activated T-cells (NFAT) pathway (Figure 2B) (41). A polymorphism of *itpkc_3* (C allele rather than G allele), conferring reduced expression of mature *ITPKC* mRNA by altering pre-mRNA splicing efficiency (Figure 2A), was associated with susceptibility to KD and with the development of coronary artery abnormalities in the Japanese population, and was associated with the development of coronary artery abnormalities in a U.S. cohort (42). Reduced activity of *ITPKC* in KD may result in increased T lymphocyte activation and an exaggerated inflammatory response in KD tissues. This gene was associated with an approximate doubling of KD risk. It is highly probable that other KD susceptibility genes will be identified in the near future from similar studies.

A Genome-Wide Association Study in a Caucasian population

A genome-wide association study in Caucasian populations identified eight susceptibility loci (43), all different than those reported in the Japanese population (40). Five genes, calcium/calmodulin-dependent protein kinase (CaM Kinase) II delta, *CAMK2D*; CUB and Sushi multiple domains 1, *CSMD1*; ligand of numb-protein X1, *LNX1*; N-acetylated alpha-linked acidic dipeptidase-like 2, *NAALADL2*; and t-complex 1, *TCPI1*; were shown to be associated with KD and had decreased transcript abundance in the acute phase of illness. Three of these genes have functional relationships that may be relevant for inflammation, apoptosis, and cardiovascular pathology (43). That this study did not identify *ITPKC* or other previously reported candidate gene associations such as interleukin 4 (*IL4*) (44), vascular endothelial growth factor A (*VEGFA*) (45), chemokine receptor 5 (*CCR5*) (46), or mannose-binding lectin (protein C) 2 (*MBL2*) (47) shows the difficulty of identifying multigenic disease susceptibility loci with confidence in the absence of extremely large sample sizes. Further study is necessary to confirm the associations of these genes with KD susceptibility in the Caucasian population.

Conclusions

This is an exciting time in KD research. An investigation of oligoclonal IgA responses in acute KD has led to production of synthetic KD antibodies that identify ICI in KD tissues. Further investigation of the proteins and nucleic acids in KD ICI is likely to yield information about the etiologic agent(s) of the disease. The completion of the human genome project and advances in molecular genetics have led to new tools allowing a resurgence of research in defining genetic factors associated with KD susceptibility. *ITPKC*, a gene involved in negative regulation of T lymphocyte responses, is the first gene to be associated with the development of KD and with coronary artery aneurysm formation in these new studies. It is likely that additional genes conferring susceptibility to KD will be identified in the near future; identification of such genes could be key to the development of novel therapies for this potentially fatal disorder of childhood. Identification of the etiologic agent(s) is the best single means to allow for development of a diagnostic test, and could also allow for improved therapy and ultimate prevention of the illness.

Summary points

Clinical and epidemiologic features of KD support an infectious cause, and the epidemiology indicates a likely genetic susceptibility to the disease

The innate immune response is activated in acute KD, as demonstrated by production of many cytokines

The adaptive immune response is also activated in acute KD, manifested by oligoclonal, antigen-driven CD8 T lymphocyte and IgA and IgM B lymphocyte responses

Synthetic antibodies derived from oligoclonal IgA gene sequences identify antigen in acute KD tissues

KD antigen is localized to intracytoplasmic inclusion bodies in acute KD ciliated bronchial epithelium, and in a subset of macrophages in KD tissues

Intracytoplasmic inclusion bodies in acute KD appear consistent with aggregates of viral proteins and RNA

New molecular genetic studies of KD are ongoing, and are likely to lead to the discovery of many susceptibility genes

One newly identified KD susceptibility gene is *ITPKC*, a negative regulator of T lymphocyte activation; patients with KD may have reduced activity of *ITPKC* with exaggerated inflammatory responses

Future Issues

Define the genes conferring susceptibility to KD, and the genes that are associated with an increased risk of developing coronary artery aneurysms

Identification of KD susceptibility genes could lead to novel therapies for the disorder

Define the proteins and nucleic acids in KD ICI

Following identification of the specific etiology of KD, a diagnostic test, improved therapy, and ultimately, a vaccine can be developed

List of abbreviations

KD	Kawasaki Disease
ICI	intracytoplasmic inclusion bodies
ITPKC	Inositol 1,4,5-triphosphate 3-kinase C
SNP	single nucleotide polymorphism

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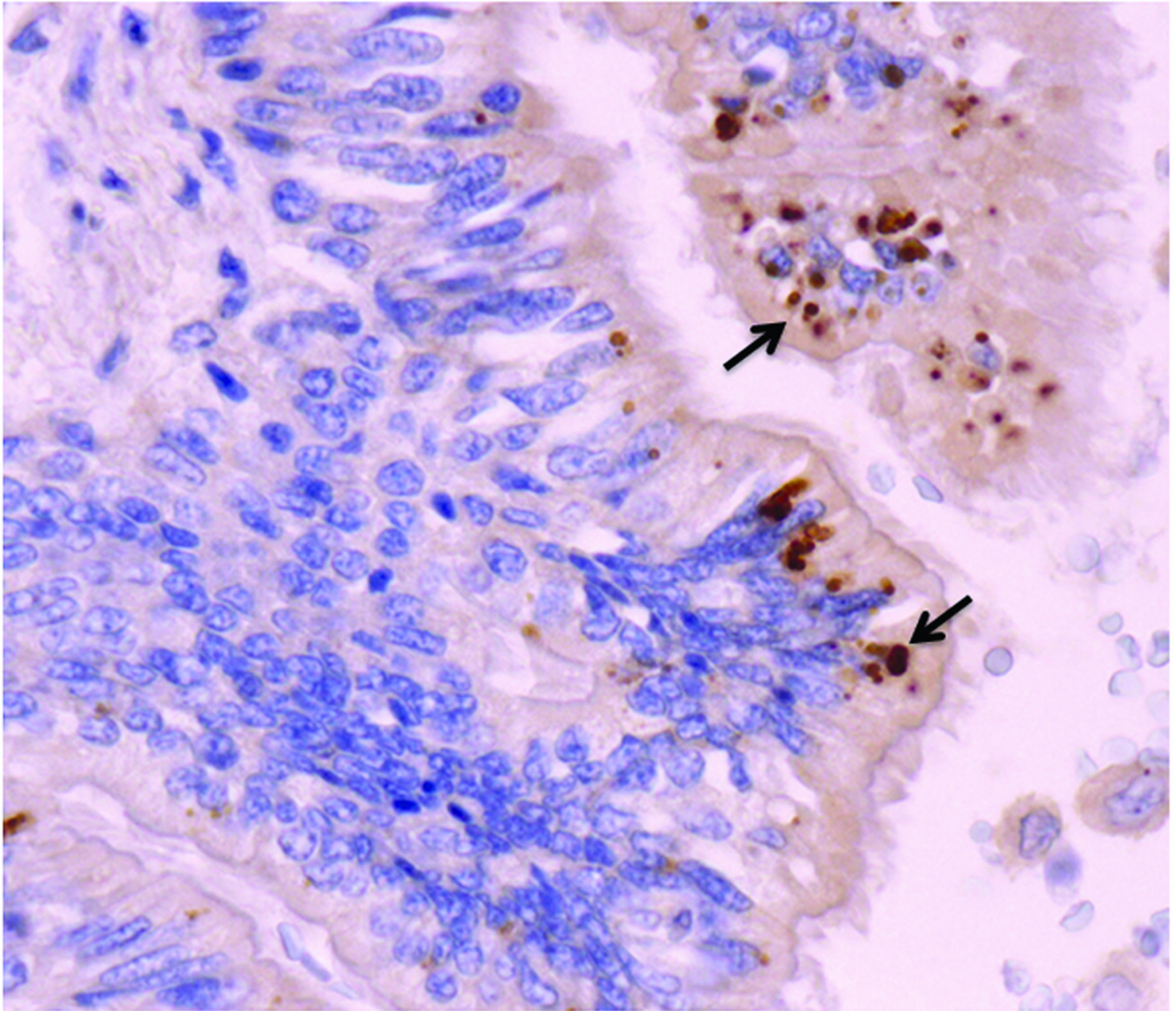


Figure 1.

Intracytoplasmic inclusion bodies (ICI, arrows, in brown) in ciliated bronchial epithelium of an infant with acute fatal Kawasaki Disease, detected by immunohistochemistry using KD synthetic antibody. Nuclei stain blue with the hematoxylin counterstain. The ICI are consistent with aggregates of viral protein and RNA, and are likely the result of infection with a “new” RNA virus.

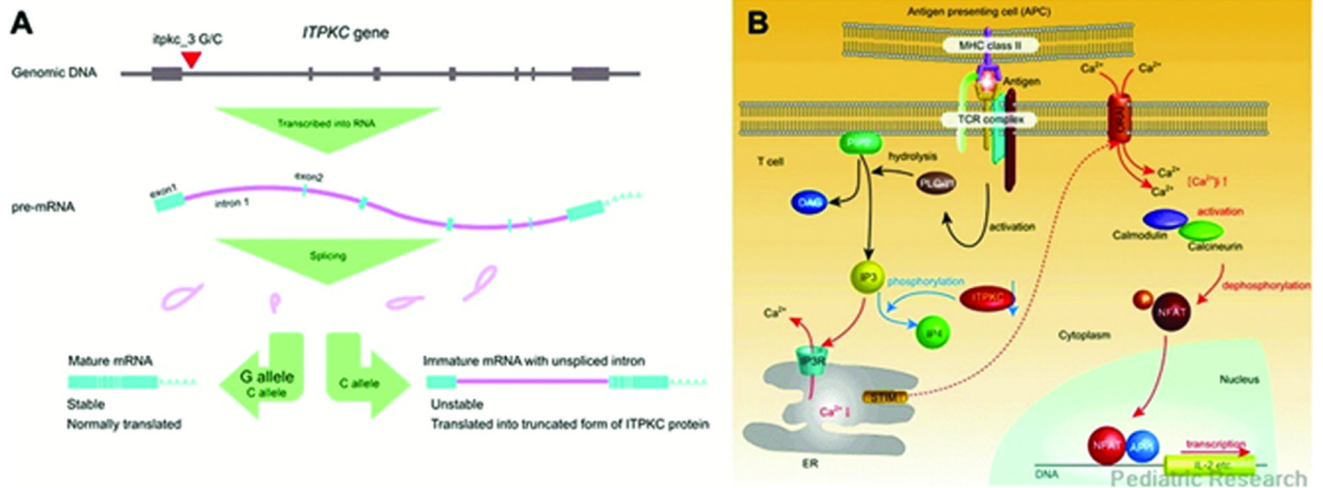


Figure 2.

Functional significance of *itpkc_3* on ITPKC mRNA and Ca^{2+} /NFAT pathway. (A) Effect of *itpkc_3* C allele on splicing of ITPKC pre mRNA. The C allele of *itpkc_3* reduces splicing efficiency of ITPKC pre-mRNA. mRNAs harboring unspliced intron 1 cannot be translated properly and will be degraded early by nonsense-mediated decay mechanism. (B) Proposed role of ITPKC as a negative regulator of Ca^{2+} /NFAT pathway. When the T-cell receptor (TCR) is bound by antigen/MHC complex on antigen presenting cells (APCs), adaptor molecules and kinases are recruited and phospholipase C- γ 1 (PLC- γ 1) is activated by phosphorylation of its tyrosine residue. IP₃ and diacylglycerol (DAG), another second messenger molecule, are generated by hydrolysis of phosphatidylinositol 3,4-bisphosphate (PIP₂) by activated PLC- γ 1. IP₃ binds to its receptor expressed on endoplasmic reticulum (ER) membrane and causes the release of Ca^{2+} into the cytoplasm. Then depletion of Ca^{2+} store in ER evokes a process termed as store operated Ca^{2+} entry in which extracellular Ca^{2+} enters through calcium release-activated Ca^{2+} channels on the plasma membrane. Recent advances in research identified the role of stromal interaction molecule (STIM) as a sensor of Ca^{2+} in ER and Orai as a calcium release-activated Ca^{2+} channel. Cytoplasmic Ca^{2+} binds calmodulin, which in turn activates calcineurin, a calmodulin-dependent phosphatase. Activated calcineurin dephosphorylates NFAT in the cytoplasm and lead nuclear translocation of NFAT. NFAT in the nucleus drives transcription of genes important in T cell activation as a homodimer or heterodimer with other transcription factors. AP1 is one of the transcription partners of NFAT, which is activated by a signal from TCR mediated by DAG (72–74). Reactions and amounts of molecules increased by the effect of *itpkc_3* C alleles were represented by red characters and arrows and those reduced by blue, respectively. $[\text{Ca}^{2+}]_i$: intracellular free Ca^{2+} concentration. Reprinted with permission from Onouchi Y. Molecular Genetics of Kawasaki Disease. *Pediatric Research* 65(5 Part 2):46R–54R, 2009.