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Multiple Pathways to Long-lasting Phrenic Motor Facilitation

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Abstract

Plasticity is a hallmark of neural systems, including the neural system controlling breathing (Mitchell and Johnson, 2003). Despite its biological and potential clinical significance, our understanding of mechanisms giving rise to any form of respiratory plasticity remains incomplete. Here we discuss recent advances in our understanding of cellular mechanisms giving rise to phrenic long-term facilitation (pLTF), a long-lasting increase in phrenic motor output induced by acute intermittent hypoxia (AIH). Recently, we have come to realize that multiple, distinct mechanisms are capable of giving rise to long-lasting phrenic motor facilitation (PMF); we use PMF as a general term that includes AIH-induced pLTF. It is important to begin an appreciation and understanding of these diverse pathways. Hence, we introduce a nomenclature based on upstream steps in the signaling cascade leading to PMF. Two pathways are featured here: the "Q" and the "S" pathways, named because they are induced by metabotropic receptors coupled to Gq and Gs proteins, respectively. These pathways appear to interact in complex and interesting ways, thus providing a range of potential responses in the face of changing physiological conditions or the onset of disease.

1. Introduction

Plasticity is a fundamental property of the neural system controlling breathing (Mitchell and Johnson, 2003). In this context, plasticity is defined as a change in future system behavior based on experience (Mitchell and Johnson, 2003). Our current understanding of mechanisms giving rise to any form of respiratory plasticity remains incomplete despite recent progress.

Here we update our understanding of mechanisms giving rise to long-lasting facilitation in respiratory motor output of the phrenic nerve (phrenic motor facilitation, PMF). The most extensively studied form of PMF is phrenic long-term facilitation (pLTF) following acute intermittent hypoxia (AIH) (for review see: Mahamed and Mitchell, 2007a). However, recent evidence has revealed that multiple, distinct cellular mechanisms give rise to PMF. A major challenge will be to understand the biological significance and possible therapeutic implications of this complexity.

2. Multiple Pathways to PMF

At least five distinct mechanisms of PMF have been identified. The first underlies AIHinduced pLTF (see figure 1a). Following brief hypoxic episodes, pLTF is observed through a mechanism that requires activation of spinal serotonin type 2 receptors (5-HT₂; Kinkead and Mitchell, 1999; Fuller et al., 2001), a metabotropic receptor coupled to Gq proteins. This same mechanism is simulated by episodic presentation of either 5-HT_{2A} or 5-HT_{2B} receptor agonists in the cervical spinal cord (MacFarlane and Mitchell, 2007; MacFarlane and Mitchell, 2008a), demonstrating that 5-HT₂ receptor activation is necessary and sufficient for pLTF. Since Gq-coupled Alpha-1 adrenergic receptors also appear to be necessary (Neverova et al., 2007) and sufficient (figure 1b; MacFarlane and Mitchell, unpublished) for PMF, we suspect a common mechanism. We refer to this PMF pathway as the "Q pathway" since multiple Gq protein-coupled metabotropic receptors (Bockaert et al., 2006) initiate the response. Metabotropic receptors coupled to Gs proteins in the cervical spinal cord also elicit PMF, specifically adenosine 2_A (Golder et al., 2008) and 5-HT₇ receptors (figure 1c; Hoffman and Mitchell, 2008). We refer to this PMF pathway as the "S pathway" since multiple Gs protein-coupled receptors initiate the response. Three distinct pathways to PMF are induced by: 1) spinal vascular endothelial growth factor (VEGF; Dale-Nagle and Mitchell, 2008a), 2) spinal erythropoietin (Dale-Nagle and Mitchell, 2007b; Zhang et al., 2004). Here, we focus on the "Q" and the "S" pathways as models to understand interactions between pathways to PMF.

3. The "Q" and "S" Pathways to PMF

The Q Pathway

Phrenic LTF (pLTF) was originally described as a persistent increase in phrenic activity following repeated carotid sinus nerve stimulation (Millhorn et al 1980a,b), but is also induced by acute intermittent hypoxia (AIH; Hayashi et al., 2003; Bach and Mitchell 1996). AIH-induced pLTF is shown in Figure 1a and our working cellular model is shown in Figure 2 (left side). pLTF requires spinal serotonin receptor activation for induction, but not maintenance (Fuller et. al., 2001; Baker-Herman and Mitchell, 2002). Episodic serotonin and 5-HT₂ receptor agonists are sufficient to elicit PMF without AIH (MacFarlane and Mitchell, 2007; MacFarlane and Mitchell, 2008). Thus, AIH-induced pLTF arises predominantly from the Q pathway since 5-HT₂ receptors are coupled to Gq proteins (Bockaert et al., 2006). pLTF maintenance requires new protein synthesis (Baker-Herman and Mitchell, 2002), particularly new synthesis of brain derived neurotrophic factor (Baker-Herman et al., 2004). Activation of the high affinity BDNF receptor, TrkB, is both necessary and sufficient for pLTF (Baker-Herman et al., 2004). Extracellular regulated kinase MAP kinases (ERK) are a relevant downstream signaling molecule since: 1) BDNF increases ERK phosphorylation in motor neurons (Kishino and Nakamaya, 2003); 2) AIH increases ERK phosphorylation in ventral cervical segments associated with the phrenic motor nucleus (Wilkerson and Mitchell, 2009); and 3) spinal MEK (the kinase that phosphorylates ERK) inhibition abolishes pLTF (Hoffman and Mitchell, unpublished). Although downstream signaling events from ERK are less clear, glutamate receptor phosphorylation and/or membrane insertion may increase glutamatergic transmission within phrenic motor neurons, thereby establishing pLTF (Fuller et al., 2000; Bocchiaro and Feldman, 2004; Mahamed and Mitchell, 2007a; McGuire et al., 2008).

pLTF expression is constrained by serine/threonine protein phosphatases (likely PP_{2A} and PP_5) during continuous, but not intermittent, hypoxia (Wilkerson et al., 2008). These phosphatases are, in turn, constrained by increased ROS formation via NADPH oxidase activity since: 1) NADPH oxidase activity is necessary for AIH-induced pLTF (MacFarlane et al., 2008; MacFarlane et al., 2009); 2) phosphatase inhibition does not affect AIH-induced pLTF (Wilkerson et al., 2008); and 3) spinal phosphatase inhibition restores AIH-induced pLTF in rats pretreated with ROS scavengers (MacFarlane et al., 2008). NADPH oxidase, ROS and PP_{2A} may constitute a "regulatory cassette" that modulates pLTF expression and confers pattern sensitivity (Wilkerson et al., 2007; MacFarlane et al., 2008).

The S Pathway

Activation of Gs protein-coupled metabotropic receptors activates adenylate cyclase, cyclic AMP and protein kinase A (PKA). Spinal activation of Gs protein-coupled A_{2A} (Golder et

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al., 2008) and 5-HT₇ receptors (Hoffman and Mitchell, 2008) is sufficient to elicit PMF through a distinct cellular mechanism from the Q pathway (i.e. the S pathway); 5-HT₇ receptor-induced PMF is exemplified in figure 1c and our working model is illustrated on the right side of in figure 2.

Repeated spinal A_{2A} receptor activation elicits PMF through a mechanism of TrkB "transactivation" that is independent of new BDNF synthesis or BDNF/TrkB binding (Golder et al., 2008). A_{2A}-induced PMF requires new synthesis of an immature TrkB isoform which auto-dimerizes, auto-phosphorylates and signals from within phrenic motor neurons (Golder et al., 2008). Once activated, intracellular TrkB elicits PMF *via* PI3 kinase activation, increasing the phosphorylation of protein kinase B or Akt, but not ERK (Golder et al., 2008). Episodic spinal 5-HT₇ receptor activation also elicits PMF, confirming that multiple Gs protein-coupled metabotropic receptors induce PMF (Figure 1c; Hoffman and Mitchell, 2008). 5-HT₇ receptor-induced PMF requires new TrkB (not BDNF) synthesis and Akt activation, confirming that this form of PMF occurs *via* the S pathway (Hoffman and Mitchell, unpublished). Thus, although the "S" and "Q" pathways converge on TrkB signaling, both upstream and downstream signaling events are distinct.

4. Interactions between the "Q" and "S" Pathways to PMF

Because both serotonin and ATP/adenosine are released in the vicinity of phrenic motor neurons during hypoxia, we tested whether A_{2A} or 5-HT₇ receptors contribute to PMF following AIH (i.e. pLTF). However, when selective antagonists for A_{2A} (Hoffman and Mitchell, 2007) or 5-HT₇ receptors (Hoffman and Mitchell, unpublished) are applied to the cervical spinal cord, AIH-induced pLTF is greatly enhanced, and not diminished as predicted. These surprising findings demonstrate that the S and Q pathways are both initiated during AIH, but interact in complex ways. We propose that these pathways exhibit "cross-talk inhibition," a characteristic of some G-protein signaling cascades (Rhyzov et al., 2006; Meszaros et al., 2000; Roy et al., 2006). Current research in our laboratory is focused on understanding mechanisms and implications of such mutual inhibition.

6. Conclusions and significance

We have recently come to appreciate the role of plasticity in respiratory motor control. A frequently studied model of plasticity in our laboratory is PMF, a long-lasting spinallymediated increase in phrenic motor output that can be triggered by multiple, distinct mechanisms. Based on an emerging understanding of PMF induced by Gq and Gs coupled metabotropic receptors, it has become clear that mechanisms leading to PMF interact in interesting and complex ways. A major goal of our laboratory is to understand this seemingly bewildering array of potential responses, and to harness this plasticity in the treatment of devastating ventilatory control disorders for which there are few effective therapies and no known cures. For example, by harnessing mechanisms of PMF, we may be able to reverse deficits in breathing capacity caused by cervical spinal injury or motor neuron disease (Mitchell, 2007).

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Figure 1.

Representative traces of phrenic motor facilitation (PMF) induced by: a. acute intermittent hypoxia (i.e. pLTF, the Q pathway; tracing from Mitchell, 2007); b. episodic intrathecal α 1 adrenergic agonist administration (phenylephrine; i.e. Q pathway, MacFar-lane and Mitchell, unpublished); and c. episodic intrathecal 5-HT7 receptor agonist administration (AS19; i.e. S pathway, Hoffman and Mitchell, 2008). Arrows indicate hypoxic episodes or agonist injections. Progressive increase in integrated phrenic burst amplitude above baseline (dotted white line) is PMF (brackets on right).

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Figure 2.

Current working model of convergent pathways to PMF. The "Q" pathway (left, black arrows) is elicited by intermittent activation of Gq-coupled metabotropic receptors (e.g. 5-HT2 or α 1). Subsequent activation of protein kinase C (PKC) initiates new BDNF synthesis and increases NADPH oxidase (NOX) activity. BDNF activates TrkB and then ERK MAP kinases (pERK). Protein phosphatases (PP2/5) normally constrain pLTF, but are regulated via NADPH oxidase (NOX) dependent ROS formation. The "S" pathway (right; white arrows) is elicited by Gs-coupled metabotropic receptors (eg. 5-HT7 and A2A) coupled to protein kinase A (PKA). PKA may induce new synthesis of an immature TrkB isoform, which auto-phosphorylates and signals from inside the cell via Akt activation (pAkt). We postulate that both pERK and pAkt phosphorylate glutamate receptors, thereby giving rise to greater synaptic strength and PMF. We cannot rule out changes in motor neuron excitability as a cause of PMF, for example via membrane insertion of ion channels.