

C2 Deficiency

DEVELOPMENT OF LUPUS ERYTHEMATOSUS

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ABSTRACT The study of serum from a patient with C2 deficiency is described. The patient had an episode of pneumococcal meningitis at 5 mo of age with seizures and transient hemiparesis and apparent purpuric skin lesions. He was first admitted to the University of Minnesota Hospitals at 10 yr of age following the discovery of proteinuria accidentally by his mother. Since then he has been admitted repeatedly to this hospital with numerous clinical findings including arthralgia, recurrent abdominal pain, proteinuria, membranous nephropathy, malar butterfly rash, seizures, personality aberrations, and recurrent fever. In June 1971, the patient developed positive DNA and DNP antibodies and positive LE cells. When the C profile was studied before and after recognition of lupus, C1q, C1s, and C4 dropped. C3 levels were elevated as were C5, C6, and C7. C3 proactivator had been reduced in the patient even before he developed lupus. Also because of a traumatic renal biopsy leading to a perirenal hematoma, he required surgery and a blood transfusion. 1 h after blood transfusion, a C2 titer of 23 hemolytic units was detected. Almost immediately levels of C3, C5, C6, and C7 dropped. C8 and C9 remained elevated. The addition of C2 from normal blood permitted dramatic activation of C3.

These findings support the view that the rare deficiency in production of C2 predisposes to serious susceptibility to infection, vascular and mesenchymal disease as well as to renal disease and a lupus syndrome.

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INTRODUCTION

The association of complement deficiencies with recurrent infections and renal disease is gaining increasing importance. C1q (1-3), C1r (4-6), C1s (7), C2, and C3 deficient patients have been studied in our laboratories and also by other investigators (8-17). In most of these patients increased susceptibility to infections, vascular lesions, renal disease, and lupus-like syndromes have been observed. Pickering et al. (8) in these laboratories previously described a C2-deficient patient with chronic membranous glomerulonephritis. This patient has now developed clear evidence of lupus erythematosus (LE)¹ and a comparative complement profile determined before and after recognition of lupus is reported in this study.

Briefly, this patient had an episode of pneumococcal meningitis at 5 mo of age with seizures and transient hemiparesis and apparent purpuric skin lesions. At 5 yr he had frequent sore throats and since then has had numerous episodes of high fever without localizing symptoms. Other illnesses have included infectious mononucleosis at 7 yr of age, atypical pneumonia at age 8, and meningococcemia at 9 yr of age. In addition, he has suffered throughout childhood with unexplained episodes of abdominal pains.

He was first admitted to the University of Minnesota Hospital in November 1967 at 10 yr of age following the discovery that he had proteinuria. The mother had tested the patient's urine with Albustix since these were available to her because a younger sibling had had steroid-responsive idiopathic nephrotic syndrome. At this time he had spiking fevers, elevated sedimentation rate,

¹ Abbreviations used in this paper: FITC, fluorescein isothiocyanate; GMB, glomerular basement membrane; LE, lupus erythematosus.

proteinuria, hematuria, and hypertension. The second admission was in May 1968 with a marked increase in severity of his disease. Prednisone and azathioprine were begun at this time and his urine became protein free. The third admission was in December 1969 because of increase in temperature and complaints of diffuse abdominal pains. A facial rash was noted at this time which became worse in sunlight. A kidney biopsy was repeated and showed chronic glomerulonephritis predominantly of membranous type. An extensive work-up for lupus erythematosus was negative. In 1970, he was admitted to the hospital on two occasions for abdominal pain, proteinuria, malar rash in butterfly distribution, seizures, personality aberrations, and recurrent fever. Following an appendectomy in January 1971, he had severe postoperative infection with high fevers which did not respond well to antibiotics. He was hospitalized three times in 1971 in Duluth, Minn. with seizures, high fevers, diarrhea, and high blood pressure. During each hospitalization, laboratory studies revealed an elevated rheumatoid factor but absence of anti-DNA antibodies of LE cells. In September 1971, the patient developed positive DNP and anti-DNA antibodies in titers of 1:16 and 1:4, respectively, and LE cells were also demonstrable. Determination of complement and C components were undertaken and a comparative study of values obtained before and after recognition of clinical and laboratory manifestations of lupus are presented in this manuscript. Also because of a traumatic renal biopsy leading to a perirenal hematoma he required emergency surgery and a blood transfusion was given. After he had been given blood containing C2, studies of C components revealed that C3 had been activated immediately. This led to clear evidence of activation of C5, C6, and C7. The levels of C8 and C9 remained the same. Changes in the clinical complement profile following this crucial transfusion are reported in this study. With azathioprine and prednisone therapy, the patient has improved clinically. LE cells and antinuclear factors have disappeared from the blood, joint and abdominal pains have abated, and the renal disease remains stable.

METHODS

Buffers for C assays. The disodium salt of ethylene diamine tetracetic acid (EDTA) reagent grade $\text{Na}_2\text{H}_2\text{EDTA}$ was titrated to pH 7.4 at a stock concentration of 0.15 M. $\text{Na}_2\text{Mg EDTA}$ (Geigy Chemical Corp., Ardsley, N. Y.) was titrated to pH 7.4 at a stock concentration of 0.15 M. Gelatin veronal buffer and glucose gelatin veronal buffer with and without Ca^{++} and Mg^{++} (GGV^{++} , GGV^{-}) were prepared as described previously (18).

Serum. Blood was allowed to clot for 1 h at room temperature. The serum was removed after centrifugation at 40°C, aliquoted, and stored at -70°C until used.

Guinea pig C2. Partially purified C2 was prepared from guinea pig serum (Texas Biological Laboratory, Inc., Ft.

Worth, Tex.) according to the method described by Nelson, Jensen, Gigli, and Tamura (19).

EAC1, EAC1A, and EAC4. Cell intermediates with C1 were prepared according to the methods described previously (5, 20).

Assays of total complement CH50 and of the C components. Total CH50 was carried out as previously described (21). Functionally pure C components for the assay of these components and EAC1gp-7 HU for use in assay of C8 and C9 were obtained from Cordis Laboratories (Miami, Fla.) and the assays were carried out according to the method described by Nelson et al. (19). The experimental error of the C components 1-9 ranged between 5 and 10%. Immunochemical assays of these components C1q, C1s, and C3PA were carried out by the Mancini technique² (22).

Immunofluorescent and light microscopy studies. Tissue was obtained by kidney biopsy over a period of 5 yr, and was studied by immunofluorescent and light microscopy as described previously (4). Monospecific antisera against human IgG, IgM, IgA, B1c globulin, C1q, and properdin were tagged with fluorescein isothiocyanate (FITC) as described earlier (23, 24).

RESULTS

Table I presents observations on the total hemolytic complement and complement components observed in the patient's serum before and after recognizable lupus. As will be seen from the table, prior to development of clear clinical manifestations of lupus, the patient had a complement profile which showed unmeasurable C2 and moderate reduction of C1 and C4 accompanied by elevations of C3, C5, and C9. C6, C7, and C8 were in the normal range. This profile was accompanied by progressive renal disease classified as membranous glomerulonephritis.

After he developed clear clinical evidence of lupus with the appearance of anti-DNA and DNP antibodies in the blood and a positive LE clot test, his complement profile changed in degree. Thus, it will be seen on the table that C1 and C4 dropped to very low levels, while C3 remained elevated and the remaining components did not show any significant change with the alteration of the clinical state.

Following a renal biopsy, the patient developed a perirenal hematoma and required transfusion with 1 U of whole blood. Blood samples for complement assays were drawn serially and a complement profile of each sample was determined. Table II presents data on the total hemolytic complement and complement components of serum samples drawn during the 48 h after transfusion.

It can be seen from the table that when C2 had been provided in the transfused blood, the levels of C3 as measured by hemolytic assay dropped within 1 h. Also at this time, levels of hemolytic activity of C5, C6, and C7 components were found to be lower than those recorded

² Plates containing the above antisera were kindly provided by Dr. Hans Müller-Eberhard.

TABLE I
Total Hemolytic C and C Components in Serum of C2-Deficient Patient Before and After Development of Recognizable Lupus Erythematosus*

Patient	CH50	C1	C4	C3	C5	C6	C7	C8	C9
Before lupus (12/2/70)	<10	105,000↓↓	68,334↓	4,050↑↑	4,800↑	5,440	4,160	61,125	24,375↑
After lupus (10/21/71)	<10	34,000↓↓	18,200↓↓	4,870↑↑	5,200↑↑	5,760	4,160	68,850	28,000↑↑
Normal									
\bar{X}	45	430,000	246,000	2,600	3,415	6,150	5,529	65,889	15,795
1S	37-53	286,000-	144,500-	2,068-	2,595-	5,059-	4,094-	46,311-	9,946-
		574,000	347,500	3,132	4,235	7,241	6,964	85,467	20,644
2S	29-61	145,000-	43,000-	1,536-	1,775-	3,968-	2,659-	26,733-	4,097-
		721,000	449,000	3,664	5,055	8,332	8,399	105,045	27,493

* Hemolytic C2 was not measurable; ↓ below first standard deviation; ↓↓ below second standard deviation; ↑ above first standard deviation; ↑↑ above second standard deviation; \bar{X} , mean value of 40 healthy adults; 1S values representing first standard deviation; 2S, values representing second standard deviation.

before transfusion. The C3 levels returned gradually to pretransfusion values within 24 h. Hemolytic values of C6 and C7, however, remained low for at least 48 h after the transfusion.

Presented in Table III are immunochemical determinations of C1q, C1s, C4, C3, C5, C6, C8, C9, the C3 proactivator, and properdin of the patient's serum as observed before and after recognizable clinical lupus, following transfusion of blood and subsequent steroid treatment. It will be seen in the table that the C1q levels, which were lower than normal before development of lupus, dropped to extremely low levels with change in clinical state. Following the transfusion of whole blood, the concentration of C1q was increased where it has remained with minor fluctuations. The levels of C1s which had been lower than normal in the pre-lupus phase, were also reduced after he developed recognizable clinical lupus. These levels were not appreciably altered by transfusion. Levels of C4 were also low prior to development of clinical lupus. The concentration of this component dropped a little with the change in clinical state. The concentration of this component was increased after transfusion, but promptly returned to the pretransfusion

low levels within 6 h after the transfusion. Immunochemical determination also revealed a paradoxical elevation of C3 like that which had been observed upon hemolytic analyses. Following transfusion a decline of concentrations of this component was observed followed by a return to the elevated concentration by 48 h after transfusion. The elevated levels of C5 and C6 observed before the appearance of clinical lupus persisted with the change in clinical state and no dramatic alterations in immunochemically determined concentrations of these components were noted after transfusion. C3 proactivator and properdin did not change dramatically.

The results of the immunofluorescent staining of the kidney biopsy and the period of time when therapy was administered to the patient are summarized in Table IV. As indicated in the table, from 1967 to 1970, the kidney biopsy tissues were stained with FITC-tagged antisera against B1c, IgG, fibrin, IgA, and C1q. The intensity of immunofluorescence is arbitrarily graded as 0, 1+, 2+, and 3+. There was a clear demonstration of positive glomerular staining for IgG (2-3+), IgM (3+) on one occasion, much weaker staining for C3 (0-2+), and on one biopsy C1q (3+) was demonstrable. Light micros-

TABLE II
Total Hemolytic C and C Components in Serum of a C2-Deficiency Patient After Blood Transfusion

Time	C1	C4	C2	C3	C5	C6	C7	C8	C9
0	70,000↓↓	17,300↓↓	<5↓↓	4,860↑↑	5,200↑↑	5,760	4,160	61,125	24,375↑
1	43,000↓↓	6,800↓↓	23↓↓	2,994	2,880	3,960↓↓	3,770↓	57,720	25,000↑
6	51,000↓↓	10,900↓↓	<5↓↓	3,330↑	2,660	3,200↓↓	3,650↓	68,400	28,049↑↑
17	42,000↓↓	8,500↓↓	<5↓↓	4,070↑↑	2,800	3,840↓↓	4,290	42,180	23,709↑
48	37,000↓↓	11,200↓↓	<5↓↓	4,277↑↑	6,400↑↑	2,465↓↓	3,848↓	57,000	26,220↑

See footnotes to Table I.

TABLE III

Immunochemical Determinations by the Mancini Technique of the C2-Deficient Patient Before Evidence of Lupus, and After Development of Recognizable Lupus, Blood Transfusion, and Treatment with Steroids

	C1q	C1s	C4	C3	C5	C6	C8	C9	C3PA	Properdin
	<i>mg/ml</i>									
Before lupus	67	149	72	1,170	110	151	66	189	156	161
With lupus	5	81	66	1,356	110	181	60	261	132	124
After blood transfusion										
1 h	70	63	204	1,082	104	181	66	261	161	82
6 h	79	69	98	969	104	192	66	261	168	82
17 h	70	64	96	960	104	162	60	261	157	78
24 h	61	55	96	885	104	140	72	261	168	78
48 h	71	135	96	1,482	110	175	81	261	240	82
After treatment	79	95	42	1,197	89	144		165	128	ND
Normal	208	138	134	1,200	77	116	54	150	237	107±27 (150)

Dates of sera used for immunochemical determinations were: before recognition of lupus 12/2/70; after recognition of lupus 10/21/71; after blood transfusion 10/22/71.

copy of the renal tissue at this period revealed thickening of glomerular basement membrane (GBM), minimal mesangial proliferation, and normal tubules. The patient was not on therapy when the kidney biopsy was obtained in 1967. In 1968, he had been on prednisone, 40 mg every 2nd day, and azathioprine daily. As he developed leukopenia, the azathioprine was given sporadically for a few months but was again continued through 1970. Early in 1971 his therapy was discontinued. Within a few months he developed recognizable lupus with positive LE cells, positive fluorescent antinuclear antibody and positive DNA, DNP, and anti-DNA, DNP antibodies. At this time light microscopy of kidney tissue revealed more prominent thickening of GBM, focal glomerular hyalini-

zation, mild mesangial proliferation, and focal areas of tubular atrophy and interstitial fibrosis. Studies of the kidney biopsy by immunofluorescence also indicated a dramatic increase of intensity of B1c in the glomerulus. At this time antisera against properdin was also available and this component was clearly present. IgM, IgA, and C1q were also demonstrable.

DISCUSSION

The association of glomerulonephritis-lupus-like syndrome, vascular disease, and recurrent infections in patients having deficiencies of single complement component has become evident. The recognition of lupus erythematosus in our patient who had long been known to have

TABLE IV

Summary of Studies by Immunofluorescence of the Patient's Kidney Tissue

Date of kidney biopsy	IgG	IgM	B1c	Fibrin	Properdin	IgA	C1q
10/24/67	2-3+	0	0-Trace	0	ND	1-2+	ND
10/1/68	3+	ND	1-2+	0	ND	ND	3+
12/19/69	3+	ND	0-Trace	ND	ND	ND	0-Trace
12/8/70	1+	3+	0	0	ND	ND	0
10/1/71	3+	3+	3+	Trace	2+	3+	3+
10/11/71	2-3+	3+	3+	0	2+	2+	3+
Skin	0	0	0	0	0	0	0

Intermittent prednisone and azathioprine was started in October 1968 and discontinued in January 1971. No treatment was given for a period of 10 mo (1/71 to 10/71). Prednisone and azathioprine were restarted on October 25, 1971.

The intensity of immunofluorescence is arbitrarily graded as 0, trace, 1+, 2+, and 3+. Tissues which were positive by immunofluorescence had nodular deposits along the glomerular basement membrane (Fig. 1).

ND, not done.

an extreme deficiency of C2, associated with membranous glomerulonephritis, supports the view that C-deficient patients may be as crucial to understanding the role of the normal complement system in the body economy as are patients with primary immunodeficiencies to understanding the essential function of the components of the specific immunity systems. Most interesting in our case was the change observed in the C profile after clinical and laboratory evidence of lupus developed. With the recognition of lupus, the serum level of C1q, C1s, and C4 dropped. At this time C3 levels were elevated as were C5, C6, and C7. This complement profile stands in contrast to those generally observed in serum of patients with lupus in which all C components up to C7 are depressed. This finding might be explained in one of two ways. Because of the deficiency of C2, C3 and later components cannot be activated by the primary pathway so that even with utilization of the alternate pathway, normal synthesis of C3 can keep up, or even exceed demands. Alternatively, the rate of synthesis of C3 might be very high as an acute phase function and synthesis could then exceed the utilization at normal levels. Further analysis of the catabolism of C3 becomes most important.

It is provocative that the C3 proactivator had been reduced even before a laboratory diagnosis of lupus could be made. This could account for the recurrent infections in this patient. Root et al. (25) have demonstrated that their guinea pigs deficient in C4 appear to be in good health under laboratory conditions. This may be a reflection of the role of the alternate pathway in host resistance to bacterial infections. In our patient, after recognizable lupus, the kidney biopsy showed an intensive staining of C3 by immunofluorescence which had previously been only weakly positive. Properdin and IgA were also present in the glomerular capillary loops. These findings suggest that the alternate pathway is indeed being engaged even though C3, C5, and C6 levels remain high.

These observations suggest that in lupus both the classical pathway of complement activation, and the alternate pathway can be activated by the patient's serum. Evidence from studies of Agnello, de Bracco, and Kunkel (13) are consonant with this finding. In the absence of C2, the so-called alternate pathway might be expected to be active. If C2 were present, utilization of the primary pathway would then be anticipated.

This view is consonant with our observations of changes in the C profile after blood transfusion in this patient. 1 h after a blood transfusion, a C2 titer of 23 hemolytic units was detected. Although this is still a low level, this was the first time C2 had ever been detectable in the patient's serum. Almost immediately, levels of C3, C5, C6, and C7 dropped. C8 and C9 remained elevated. The latter finding is of interest in light of Ruddy's report that C9 levels are elevated in lupus (26). It seems

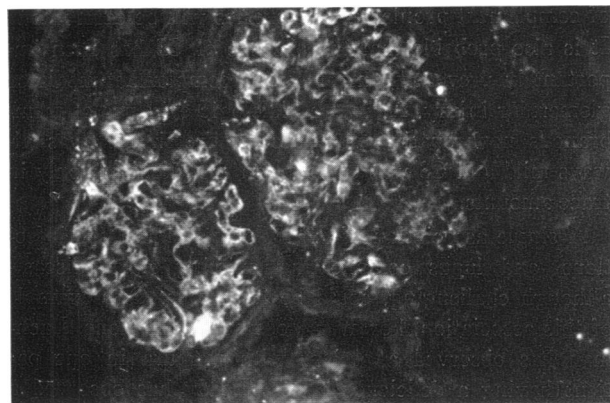


FIGURE 1 Direct immunofluorescent staining reaction of kidney tissue of patient with C2-deficiency with FITC-tagged monospecific rabbit antihuman properdin antiserum. Granular deposition of properdin is present along the glomerular basement membrane of all the glomeruli examined (original magnification $\times 160$).

clear that addition of C2 from the normal blood permitted dramatic activation of the classical pathway which could not take place in the absence of C2. Over an 18 h period, the level of C3 gradually returned to the original levels while C5 and C6 remained low for a more prolonged period. This difference may reflect differences in rates of synthesis of C3 on the one hand, and C5 and C6 on the other.

The findings in this case further suggest that our patient who had a gross deficiency of C2, perhaps on a genetic basis, is unable normally to resist infection. This possibility is suggested by the clinical history of frequent fevers and sore throats of unknown etiology, meningitis early in life, wound infection after surgery, and an apparent infectious complication of mumps. As a consequence of such susceptibility, immunization against DNA and other autoantigens might occur more readily than in normals. Because of the congenital absence of C2, the complement system would be selectively driven by the alternate pathway. When C2 became available with transfusion, activation of the conventional or more efficient complement pathway occurred. A high level of rheumatoid factor in the blood could also reflect a continuing infection or recurrent infections. Perhaps the deficiency of the early component C2 opens the door to recurrent or persistent virus infections, a suggestion consistent with the failure of the fever to respond to antibiotics. The seizures, abdominal pain, and neurologic abnormalities from early life could reflect vascular injury, perhaps secondary to activation of the alternate complement pathway. The family history also is of concern. The maternal grandmother had had unexplained skin ulcers and a brother developed nephrosis. Although possibly fortuitous these associations should prompt a detailed family study

of complement profiles. These studies will be carried out. It is also probable that the absence of C2 has been important in preventing more severe complement-mediated glomerular injury. Although histologic evidence of membranous nephropathy was present, proteinuria was always mild and C3 was detected on the glomeruli only in trace amounts.

A single association of C2 deficiency, increased infections, and lupus complicating existing renal disease, although challenging, could be fortuitous. One example of this association, however, does not stand alone. Lachman has observed a patient with purpura in one patient having a deficiency of C2, Leddy has observed a C2-deficient patient with a syndrome like dermatomyositis to occur, Osterland has observed a C2 deficient patient with lupus erythematosus to occur (personal communication), and Agnello et al. have reported a C2 deficient patient who developed lupus (13). In contradistinction to our observation, the case by Agnello et al. showed no evidence of activation of the earlier complement components. Studies of the C3PA in their case would be of interest. It thus seems clear that the rare deficiency in production of C2 predisposes to serious susceptibility to infection, vascular and mesenchymal disease as well as to renal disease and a lupus syndrome. Similar susceptibilities to infection, renal disease, and a lupus-like syndrome associated with other deficiencies of early complement components indicates that this part of the complement system represents a most significant defense against the development of such disorders. Much investigation in the future is needed to clarify these provocative relationships.

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