

Localization of magnetic pills

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Numerous therapeutics demonstrate optimal absorption or activity at specific sites in the gastrointestinal (GI) tract. Yet, safe, effective pill retention within a desired region of the GI remains an elusive goal. We report a safe, effective method for localizing magnetic pills. To ensure safety and efficacy, we monitor and regulate attractive forces between a magnetic pill and an external magnet, while visualizing internal dose motion in real time using biplanar videofluoroscopy. Real-time monitoring yields direct visual confirmation of localization completely noninvasively, providing a platform for investigating the therapeutic benefits imparted by localized oral delivery of new and existing drugs. Additionally, we report the in vitro measurements and calculations that enabled prediction of successful magnetic localization in the rat small intestines for 12 h. The designed system for predicting and achieving successful magnetic localization can readily be applied to any area of the GI tract within any species, including humans. The described system represents a significant step forward in the ability to localize magnetic pills safely and effectively anywhere within the GI tract. What our magnetic pill localization strategy adds to the state of the art, if used as an oral drug delivery system, is the ability to monitor the force exerted by the pill on the tissue and to locate the magnetic pill within the test subject all in real time. This advance ensures both safety and efficacy of magnetic localization during the potential oral administration of any magnetic pill-based delivery system.

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For many orally administered pharmaceuticals, increased residence time in a particular region of the gastrointestinal (GI) tract would greatly improve their therapeutic benefit (1–3). Typically, physiological digestive processes govern the GI residence of standard pills. We have developed a magnet-based delivery system visualized by biplanar videofluoroscopy in vivo that yields real-time monitoring and control over the duration of GI residence of model magnetic pills in the small intestines of rats both as a tool for investigating the GI site-specific absorption and action of therapeutics and as a critical step towards enabling clinical localization of magnetic pills. Our system can safely and reliably retain drugs for a user-defined duration in any region of the GI with the ability to monitor and control the force applied by the orally ingested magnet to the intestinal wall. Because duration of retention is user-defined unlike standard pills, it can be adjusted to match drug release kinetics in the area of greatest absorption or therapeutic action without altering the formulation.

What our approach to GI retention adds to previous systems is the ability to visually confirm the anatomical location of the oral dose and to constantly monitor and regulate the intermagnetic force ensuring safe localization of the oral dosage in the appropriate region of the GI (2–9). Previous studies have used static external magnets, without any means of intermagnetic force monitoring or real-time feedback confirming localization, to improve the bioavailability of orally administered proteins including insulin for diabetics (4, 5, 10), narrow absorption window (NAW) therapeutics including acyclovir as an antiviral therapy (1, 3), and therapeutics for site-specific pathologies including bleomycin for esophageal cancer (7). Diseases and disorders of the GI represent a substantial worldwide health burden. The World Health Organization reports that stomach and colorectal cancer alone caused

more than 1.4 million deaths in 2009, 803,000 and 639,000 respectively (11). Other site-specific GI diseases and disorders caused 13.5 million hospitalizations in 2004 in the United States, for example severe Crohn's disease accounted for 141,000 hospitalizations (12). Localized drug delivery within the GI would greatly benefit the treatment of diseases and disorders, such as digestive cancers and severe Crohn's disease, that exhibit site-specific GI pathophysiology.

In all previous studies, the magnet was applied in a fixed position without measuring intermagnetic force or visually confirming the localization of the oral dosage, thereby requiring post hoc indirect measures of safety and efficacy (2–9). Our system conveys real-time, direct confirmation of localization both with real-time intermagnetic force monitoring and with biplanar videofluoroscopy. Unlike prior studies, our system monitors force applied by the orally administered magnetic pill via a load-cell in series with the external magnet and its anatomic location visualized by biplanar fluoroscopy in the GI ensuring safety and efficacy of extended localization at a site of therapeutic interest. Though not previously tractable, it is believed that localized oral drug delivery potentiates significant therapeutic benefit for oral delivery of therapeutics for severe inflammatory bowel disease to the colon (1), of orally administered chemotherapeutics to digestive cancers (7, 9, 13), and of oral vaccines to the gut-associated lymphoid tissue (GALT) in the ileum (14). The described magnetic localization platform enables investigation of the benefits of localized as compared to systemic administration of therapeutics.

Early GI magnetic retentive efforts for oral administration focused on creating the maximal attractive force between a dosage and an external magnet to either retain a large dosage form at the site of interest (1, 3) or to increase the uptake of magnetic nanoparticle formulations (6, 14–19). We institute a computer-controlled material testing device equipped with a load-cell that has a programmed feedback loop, constantly adjusting the position of the external magnet between upper and lower intermagnetic force bounds defined by the user. As a result, we ensure that the GI tissue experiences the least amount of force possible that still retains the magnetic oral dose. Magnetic localization prolongs intimate contact between the dose and the absorptive GI epithelium promoting uptake and bioavailability without damaging intestinal tissue while providing visual confirmation of localization and quantitative force-sensing feedback in real time.

Results and Discussion

Each magnetic pill was administered by oral gavage to male, albino Sprague-Dawley rats prior to physical restraint. After the dosed magnet entered the small intestines, the restrained rat is placed on a modified materials testing device without anesthe-

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Force Monitoring of Magnetic Localization. A texture analyzer XT-plus (Texture Technologies) was modified to hold a rat in an acrylic restraint tube on its base while the load-cell-containing arm is oriented to move horizontally. The texture analyzer was programmed using Texture Exponent Software (Texture Technologies) to begin its cycle 50 mm from the outer surface of the acrylic restraint tube and to approach the tube at 0.5 mm/s until a force of 4 mN is reached. Upon reaching an intermagnetic tensile force of 4 mN, the arm moves away from the rat at constant speed until a minimal force of 1 mN is reached. The cycle, which takes approximately 30 s, repeats for a user-defined period. Force cycling allows for the intermittent release of retaining force to ensure minimal tissue damage. Real-time intermagnetic force monitoring the force ensures that the internal magnet does not apply any undue stress to the GI tissue.

Biplanar Videofluoroscopic Spatial Calibration, Visualization, Tracking, and Analysis of Magnet Motion. C-arm fluoroscopes (OEC Model 9400) were retrofitted with 30 cm Image Intensifiers (Dunlee model TH9432HX, Dunlee Inc.) and Photron video cameras (Fastcam 1024 PCI, Photron, Inc.). Algorithms to account for distortion introduced by the fluoroscopes and to determine their three-dimensional positions were executed in MATLAB (The Mathworks) using custom software and a 64-point calibration cube (15). We used MATLAB scripts embedded in XrayProject version 2.0.7, available for download at <http://www.xromm.org>. Marker tracking scripts, embedded within XrayProject version 2.0.7 were used in calculating three-dimensional positions of the internal magnet and the external arm (15, 16). We used a 0.5 Hz low-pass filter to remove noise introduced by breathing artifact that appears as a low frequency wave because of interference introduced because it occurs on the order of frame capture rate (60 Hz) to arrive at the internal magnet's three-dimensional coordinates.

Motion of the internal magnet was primarily along a single line [the line of motion of the Texture Analyzer (TA) arm]. We tracked movement in world space, but this line of action of the TA arm was not precisely contained within either the x , y , or z dimension of our calibration cube. To reduce this dimensionality, we used Proper Orthogonal Decomposition. Mathematically, this technique is identical to Principal Components Analysis or Singular Value Decomposition, transforming three-dimensional coordinate space such that one axis (herein termed mode 1) explains the greatest possible amount of variation in the data (17). Given three parameters (x , y , and z coordinates, in cube space, over time), our dataset has three modes. Mode 1 explained $98.2 \pm 1.8\%$ of variation in position over time, so we used the position along mode 1 as an approximation of movement of the internal magnet. Similar analyses were performed on the position of the TA arm, where mode 1 explained $98.6 \pm 1.3\%$ of the variation.

Force recordings from the Texture Analyzer were synchronized with recordings from the videofluoroscopy by comparing the TA arm position (as measured by the Texture Analyzer) with the position of the arm along mode 1 (according to the dimensionally-reduced videofluoroscopy analysis). We used a cross-correlation algorithm in MATLAB to correlate timing of these two waves and synchronize the TA and fluoroscopy datasets.

Additionally, 1 mL of 20 weight per volume% aqueous barium sulfate was orally coadministered to provide radiopaque contrast within the lumen of the GI. Contrast provides direct visualization of the lumen of the intestinal segment in real time. In this way, we can distinguish if the magnetic pill has been localized in the intestinal region of interest as compared to the stomach or large intestines, which have different and identifiable lumen morphologies.

X-Ray Verification of Magnetic Localization. Six 600–800 g, male, albino Sprague-Dawley rats underwent localization of a model magnetic pill for a period of 12 h. All rats had access to food and water ad libitum within their acrylic restraint tubes and were handled in accordance with NIH and Institutional Animal Care and Use Committee (IACUC) guidelines. X-rays were taken prior to the start of and after 12 h of magnetic localization to test the efficacy of magnetic capture. All subjects showed magnetic intestinal retention for 12 h.

In Vitro Intermagnetic Force Testing. A cylindrical NIB magnet identical to the orally dosed magnets was affixed by cyanoacrylate glue to a nonmagnetic aluminum pedestal ($\phi = 1.6$ mm, length = 1.6 mm, KJ Magnetics). The cylindrical external NIB magnet ($\phi = 25$ mm, length = 25 mm, KJ Magnetics) was then brought towards the immobilized magnet while monitoring intermagnetic force and separation distance. The in vitro force as a function of distance curve was compared with the in vivo experiments, in which the

intermagnetic distance is calculated from tracking the location of the internal and external magnets from biplanar fluoroscopic videos. Intermagnetic force as a function of distance was shown to be negligibly different between the in vitro and in vivo cases. Therefore in vitro intermagnetic force as a function of magnet separation testing can be used to predict if a pair of internal and external magnets will retain an orally administered magnetic pill given the dimensions of the subject and an estimate of the local, propulsive GI forces experienced during digestion.

Histology. Intestinal tissue samples from three rats were recovered post mortem in the region of magnetic retention and 2 cm distal to the region of magnetic retention. Sections were fixed in paraformaldehyde, imbedded in paraffin, sectioned, and stained with hematoxylin and eosin. Sections were imaged on a Zeiss Axiovert 200 M motorized inverted microscope equipped with an AxioCam MRC5 color camera (Zeiss). Intestinal tissue at the site of localization showed no difference in mechanical integrity or signs of inflammation from distal control samples indicating that the method of magnetic retention has no immediate untoward effects on the intestinal tissue under the reported testing conditions.

Conclusions

Magnetically localized pills serve as a platform technology for addressing a broad array of issues facing the implementation of disease therapies. In particular, therapeutics exhibiting optimal absorption within a limited region of the GI and those therapies that target GI ailments have immediate potential for exploration by using our system and guidelines for magnetic pill retention. Our technique is readily applicable to investigating the therapeutic benefit of prolonged local delivery of NAW therapeutics (e.g., acyclovir, bisphosphonates, furosemide, levodopa, and metformin) at their sites of greatest absorption (1, 3). Additionally, localized oral delivery of polymer nanoencapsulated proteins within specific regions of the GI, genes, and antibodies within the small intestines demonstrated tremendous potential to enable conversion to oral delivery of biologic therapies currently delivered by injection (5, 15–19). Similarly, localized oral delivery to the ileum would expose vaccines to GALT increasing their contact with the immune system (1, 14).

Another avenue for the application of magnetic pill localization is the treatment of GI pathophysiologies including esophageal, gastric, intestinal, and colorectal cancers (2, 7, 9, 10, 13). Magnetic localization of chemotherapeutics at the site of GI tumors, which are simultaneously identifiable on X-ray following intravenous administration of radioopaque contrast, would enable localized dosing while minimizing side effects associated with systemic administration (2, 10). Finally, magnetically localized oral delivery of therapeutics for GI diseases including severe cases of Crohn's disease and acid reflux enables administration directly at the affected site without requiring direct visualization of the pathophysiology in question (1, 10). With the site-specificity of localization confirmed by biplanar videofluoroscopy, magnetic retention could also have use in manipulating pill-based devices such as the PillCam to thoroughly investigate a particular region of interest within the GI (29), or to direct GI tumor ablative therapies noninvasively (30). Safe and effective, monitored magnetic pill localization is a crucial step for investigating and producing new, site-specific therapies for the treatment of a wide range of diseases. With a safe and effective means of localizing pills, the therapeutic value of locally delivered drugs can be assessed in vivo towards the improvement of existing products and the development of new, more effective pharmacotherapies and ingestible devices.

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