



**RESEARCH PAPER** 

**CRF<sub>2</sub> mediates the increased noradrenergic activity in the hypothalamic paraventricular nucleus and the negative state of morphine withdrawal in rats** 

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#### **Keywords**

morphine withdrawal; corticotropin-releasing factor-2 receptor; hypothalamic paraventricular nucleus; noradrenergic pathways activity

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### **BACKGROUND AND PURPOSE**

Recent evidence suggests that corticotropin-releasing factor (CRF) receptor signalling is involved in modulating the negative symptoms of opiate withdrawal. In this study, a series of experiments were performed to further characterize the role of CRF-type 2 receptor (CRF<sub>2</sub>) signalling in opiate withdrawal-induced physical signs of dependence, hypothalamuspituitary-adrenal (HPA) axis activation, enhanced noradrenaline (NA) turnover in the hypothalamic paraventricular nucleus (PVN) and tyrosine hydroxylase (TH) phosphorylation (activation), as well as CRF<sub>2</sub> expression in the nucleus of the solitary tract-A<sub>2</sub> noradrenergic cell group (NTS-A<sub>2</sub>).

### **EXPERIMENTAL APPROACH**

The contribution of  $CRF_2$  signalling in opiate withdrawal was assessed by i.c.v. infusion of the selective  $CRF_2$  antagonist, antisauvagine-30 (AS-30). Rats were implanted with two morphine (or placebo) pellets. Six days later, rats were pretreated with AS-30 or saline 10 min before naloxone and the physical signs of abstinence, the HPA axis activity, NA turnover, TH activation and  $CRF_2$  expression were measured using immunoblotting, RIA, HPLC and immunohistochemistry.

#### **KEY RESULTS**

Rats pretreated with AS-30 showed decreased levels of somatic signs of naloxone-induced opiate withdrawal, but the corticosterone response was not modified. AS-30 attenuated the increased production of the NA metabolite, 3-methoxy-4-hydroxyphenylglycol, as well as the enhanced NA turnover observed in morphine-withdrawn rats. Finally, AS-30 antagonized the TH phosphorylation at Serine40 induced by morphine withdrawal.

### CONCLUSIONS AND IMPLICATIONS

These results suggest that physical signs of opiate withdrawal, TH activation and stimulation of noradrenergic pathways innervating the PVN are modulated by  $CRF_2$  signalling. Furthermore, they indicate a marginal role for the HPA axis in  $CRF_2$ -mediation of opiate withdrawal.

### **Abbreviations**

CRF<sub>2</sub>, corticotropin-releasing factor type-2 receptor; HPA, hypothalamus-pituitary-adrenocortical; NTS-A<sub>2</sub>, nucleus of the solitary tract-A<sub>2</sub> noradrenergic cell group; PVN, hypothalamic paraventricular nucleus



# Introduction

Corticotropin-releasing factor (CRF) and noradrenaline (NA) are two neurochemicals released following stress, which have been strongly implicated in different aspects of drug dependence, including craving and relapse to drug use (Sinha, 2007; 2008). CRF is widely distributed throughout the brain and plays a major role in coordinating the behavioural and autonomic responses to stress (Owens and Nemeroff, 1991). In addition, CRF has been reported to contribute to the anxiogenic and adverse symptoms of withdrawal from exposure to several drugs of abuse, including cocaine and opioids (Koob, 2008). Two G protein-coupled receptors have been identified that bind CRF with high affinity: CRF receptor 1 (CRF<sub>1</sub>) and CRF receptor 2 (CRF<sub>2</sub>). Many lines of evidence indicate that the central CRF system is involved in the expression of morphine withdrawal signs. Thus, CRF receptor antagonists have been shown to attenuate several behavioural signs of morphine withdrawal (Iredale et al., 2000; Lu et al., 2000).

NA is also a key player in the mammalian stress response as well as in stress-induced relapse of drug-seeking for opiates, cocaine, nicotine and ethanol (for review, see Smith and Aston-Jones, 2008). In addition, NA has also been implicated in addiction and in particular in the adverse effects of acute opiate withdrawal (Maldonado, 1997; Aston-Jones and Kalivas, 2008; Núñez *et al.*, 2009). Thus, opiate withdrawal results in marked activity of central noradrenergic neurones and it has been proposed that noradrenergic afferent neurones to the extended amygdala and the hypothalamic paraventricular nucleus (PVN) are critically involved in the adverse effects of opiate withdrawal. These noradrenergic afferent neurones originate in the nucleus of the solitary tract (NTS) and ventrolateral medulla noradrenergic  $A_2$  and  $A_1$  cell groups (Delfs *et al.*, 2000).

Increased noradrenergic activity in the PVN during acute opiate withdrawal is also accompanied by increased signalling of CRF activity and NA turnover in the PVN (Fuertes *et al.*, 2000; Laorden *et al.*, 2000; Núñez *et al.*, 2007a). Rat tyrosine hydroxylase (TH) activity is directly regulated by the phosphorylation at Ser31 and Ser40 (Haycock, 1993; Dunkley *et al.*, 2004) and recently, we have shown that naloxone-induced morphine withdrawal stimulates TH activity and accelerates NA turnover in the PVN via a mechanism involving phosphorylation of TH at Ser31 (Núñez *et al.*, 2007b).

The possible involvement of CRF<sub>1</sub> and CRF<sub>2</sub> subtypes in the interaction between morphine withdrawal and the noradrenergic system innervating the PVN has not been well documented and it may be possible that CRF could act to alter NA transmission. Recent data from our laboratory have suggested that the CRF1 subtype may not contribute to the functional interaction between NA and the CRF systems in mediating morphine withdrawal-activation of the brain stress neurocircuitry (Navarro-Zaragoza et al., 2010). On the other hand, conflicting findings have been reported with regard to the role of CRF1 and/or CRF2 in drug withdrawal. The stimulation of CRF2 decreases alcohol intake in alcohol-dependent animals and decreases alcohol withdrawal-induced anxietylike behaviour (Valdez et al., 2004). In contrast, other studies have shown that the negative emotional state associated with precipitated nicotine withdrawal is partially mediated by an increase in the release of CRF in the extended amygdala

(Marcinkiewcz *et al.*, 2009). Furthermore,  $CRF_2$  knockout mice display decreased somatic morphine withdrawal signs, suggesting that the activation of  $CRF_2$  contributes to drug withdrawal (Papaleo *et al.*, 2008). So, additional studies are needed in order to elucidate the role of  $CRF_2$  in drug withdrawal.

The aim of the present series of experiments was to investigate (i) the role of CRF<sub>2</sub> in mediating somatic and behavioural states produced during precipitated morphine withdrawal; (ii) the response of noradrenergic pathways innervating the PVN and the activation of the hypothalamuspituitary-adrenocortical (HPA) axis induced by morphine withdrawal in morphine-dependent rats pretreated with the selective CRF<sub>2</sub> antagonist antisauvagine-30; and (iii) the effect of morphine withdrawal on CRF<sub>2</sub> expression within the NTS-A<sub>2</sub>.

# **Methods**

# *Materials*

Pellets of morphine base (Alcaliber Laboratories., Madrid, Spain) or lactose (control) were prepared in the Department of Pharmacy and Pharmaceutics Technology (School of Pharmacy, Granada, Spain); naloxone HCl (Sigma Chemical Co., St Louis, MO, USA); Antisauvagine-30 (AS-30; Tocris, Bristol, UK); Protease inhibitors (Boehringer Mannheim, Mannheim, Germany); phosphatase inhibitor Cocktail Set (Calbiochem, Darmstadt, Germany); HPLC reagents were purchased from Sigma Chemical Co. Naloxone and AS-30 were prepared fresh each day by reconstitution in sterile 0.9% NaCl (saline; Laboratorios ERN, Barcelona, Spain). Ketamine and xylazine were purchased from Labs. Merial and Labs Calier, respectively (Barcelona, España).

# Animals

Male Wistar rats (220–240 g; Harlan, Barcelona, Spain; n = 33 at the beginning of the experiment) were housed in pairs in cages (length, 45 cm; width, 24 cm; height, 20 cm) on arrival in a room with controlled temperature ( $22 \pm 2^{\circ}$ C) and humidity ( $50 \pm 10\%$ ), with free access to water and food (Harlan Teklad standard rodent chow; Harlan Interfauna Ibérica, Barcelona, Spain). Animals were adapted to a standard 12 h light-dark cycle (lights on: 08 h 00 min – 20 h 00 min) for 7 days before the beginning of the experiments. All surgical and experimental procedures were performed in accordance with the European Communities Council Directive of 24 November 1986 (86/609/EEC), and were approved by the local Committees for animal research (REGA ES300305440012).

### Surgery

Rats were anaesthetized with 150 mg·kg<sup>-1</sup> ketamine chlorhydrate and 8 mg·kg<sup>-1</sup> xylazin (i.p.) before being implanted with a chronic guide cannula aimed at the right lateral ventricle, with the incisor bar set at -2.7 mm below the interaural line and according to coordinates from the stereotaxic atlas of Paxinos and Watson (Paxinos and Watson, 2007): anteroposterior = -1.0 mm from bregma, L = +2.0 mm (right hemisphere) and V = -3.0 mm, with the cranium surface as dorsal reference. Each guide cannula consisted of a threaded cylindrical pedestal molded around a piece of stainless steel tubing (26-gauge size) that extends 3.0 mm below the pedestal (Plastics One®, Bilaney Consultants GMBH, Düsseldorf, Germany). The cannula was fixed with dental cement (Vertex self-curing, Dentimex, Zeist, the Netherlands) and stainlesssteel screws, which held the cannula in place. Sterile dummy stylets (Plastics One®) were placed into the cannula to prevent occlusion. After surgery, the skin was sutured and antiseptic (Topionic, Almirall Prodesfarma, Barcelona, Spain) was applied to the sutured area. After surgery, rats were individually housed.

### Drug treatment and experimental procedure

One week after stereotaxic surgery, rats were implanted subcutaneously (s.c.) with two 75 mg morphine pellets under light ether anaesthesia. Control rats received placebo pellets containing the excipient without morphine. This procedure has been shown to produce consistent plasma morphine concentrations beginning a few hours after the implantation of the pellets and a full withdrawal syndrome after acute injection of opioid antagonists (Frenois et al., 2002). Dependence on morphine is achieved 24 h after implantation of pellets and remained constant for 15 days (Gold et al., 1994). Six days after the implantation of morphine or placebo pellets, precipitated withdrawal was induced by s.c. injection of naloxone (1 mg·kg<sup>-1</sup>; in a volume of 1 mL·kg<sup>-1</sup> body weight). The four experimental conditions investigated for opiate withdrawal-induced physical signs of dependence, corticosterone, adrenocorticotropic hormone (ACTH), NA and 3-methoxy-4-hydroxyphenylethylen glycol (MHPG), TH phosphorylated at Ser31 and at Ser40, and CRF<sub>2</sub> determination were: (i) placebo-vehicle-naloxone; (ii) placebo-AS-30-naloxone; (iii) morphine-vehicle-naloxone; (iv) morphine-AS-30-naloxone (Table 1).

## Measurement of the withdrawal syndrome

Experiments were carried out in a quiet room. The observer was unaware of the drug combination used. Rats were



individually placed into transparent plastic cages 15 min before the naloxone injection and observed continuously for the occurrence of somatic signs of opiate withdrawal up to 30 min after the naloxone injection. Subsequently, previously identified behavioural characteristics of the rat opiate abstinence syndrome (Lu et al., 2000) were evaluated, including: wet dog shakes, jumping, paw tremour, teeth chattering, mastication, ptosis, piloerection, sniffing, writhing, tremour and diarrhoea. The number of wet dog shakes, jumping, sniffing, and paw tremour was counted as the number of events occurring during the total test time period (graded signs). Teeth chattering, body tremour, mastication, ptosis, piloerection and diarrhoea were scored 1 for appearance or 0 for non-appearance within each 5 min time. To obtain a comprehensive index of the severity of somatic opioid withdrawal including all the signs examined, a global withdrawal score was calculated for each animal by giving each individual sign a relative weight as previously reported (Maldonado et al., 1996): jumping ×0.8; wet dog shakes ×1; paw tremour ×0.35; sniffing ×0.5; writhing ×0.5; ptosis ×1.5; teeth chattering ×1.5; body tremour ×1.5; diarrhoea ×1.5 and piloerection ×1.5. Body weight loss was determined as the difference between the weight determined immediately before naloxone injection and a second determination made 30 min later. The weight gain of the rats was checked during treatment to ensure that the morphine was liberated correctly from the pellets because it is known that chronic morphine treatment induces a decrease in body weight gain due to lower caloric intake (Houshyar et al., 2004; Núñez et al., 2009).

In order to investigate the effect of  $CRF_2$  blockade on the physical symptoms of morphine withdrawal, rats were infused with the selective  $CRF_2$  antagonist, AS-30 [AS-30; (Rühmann *et al.*, 1998] or saline (control) administered i.c.v. Briefly, rats were gently restrained while the dummy stylets were removed and replaced with a 33-gauge stainless-steel injector (Plastics One®) extending 1 mm below the cannula tip. The injector was connected by polyethylene tubing (Plastics One®) to one 10 µL syringe (Hamilton Microliter

#### Table 1

Number of animals used in each experiment

Parameters	Plac + Veh + Nx	Plac + AS30 + Nx	Morph + Veh + Nx	Morph + AS30 + Nx	Total n
Number of rats at the beginning of the experiment = 33	7	7	9	10	
Somatic signs of opiate withdrawal	6	5	8	9	28
ACTH levels	5	6	9	10	30
Corticosterone levels	5	6	8	8	27
MHPG, NA and NA turnover	4	6	5	10	25
TH pSer31-IR	6	6	5	5	22
TH pSer40-IR	5	6	4	6	21
CRF <sub>2</sub> -IR	7		6		13

ACTH, adrenocorticotropic hormone; NA, noradrenaline; MHPG, 3-methoxy-4-hydroxyphenylethylen glycol; TH, tyrosine hydroxylase; Veh, vehicle; Nx, naloxone; Plac, placebo; Morph, morphine.



Thirty minutes after naloxone injection, rats were decapitated (between 11 h 00 min and 12 h 00 min to avoid circadian variations in plasma levels of the hormones), the brains were rapidly removed, and stored immediately at –80°C until use for Western blot analysis of TH Ser31, TH Ser40 and CRF<sub>2</sub>. A second set of animals from each treatment group was used for NA and MHPG determination. One set of each treatment group was randomly assigned for plasma ACTH and corticosterone determination.

In order to determine the effect of inhibiting  $CRF_2$  on the morphine withdrawal-induced activation of the axis, morphine-dependent and control rats were treated with vehicle (saline; 3 µL i.c.v.) or AS-30 (20 µg 3 µL<sup>-1</sup> i.c.v.) 10 min before the administration of naloxone. The dose of AS-30 was selected on the basis of published reports (Maruyama *et al.*, 2007). After treatment, the following parameters were determined: NA and MHPG content and NA turnover in the PVN (HPLC); TH phosphorylation (activation) at Serine 31 (pSer31) and/or Serine 40 (pSer40) in the NTS-A<sub>2</sub> noradrenergic cell group (Western blot);  $CRF_2$  expression in the NTS-A<sub>2</sub> (Western blot); and plasma corticosterone and ACTH concentrations (RIA).

### Western blotting

Brainstem tissue corresponding to NTS-A<sub>2</sub> cell group was dissected between the area postrema (AP), rostrally, to the pyramidal decussation caudally (plane of sections relative to bregma: -13.68 to -14.60; Paxinos and Watson, 2007). Samples were placed in homogenization buffer (Núñez et al., 2007b), homogenized and sonicated for 30 s prior to centrifugation at  $6000 \times g$  for 5 min at 4°C. Samples containing equal quantities of total proteins (40 µg) were separated by 10% SDS-PAGE and transferred onto polyvinylidene difluoride (PVDF) membranes (Millipore, Bedford, MA, USA). Western analysis was performed with the following primary antibodies: 1:500 goat polyclonal anti-CRF2 antibody (Santa Cruz Biotechnology, Santa Cruz, CA, USA); 1:500 rabbit polyclonal anti-tyrosine-hydroxylase phosphorylated at ser31 (pSer31; Millipore, Temecula, CA, USA); 1:500 rabbit polyclonal anti-tyrosine-hydroxylase phosphoSer40 (pSer40; Millipore); and 1:1000 anti-beta actin (rabbit polyclonal antibody, Cell Signaling Technology Inc., Danvers, MA, USA). We used β-actin as our loading control for all the experiments. Before re-probing, blots were stripped by incubation with stripping buffer (glycine 25 mM and SDS 1%, pH 2) for 1 h at 37°C. Blots were subsequently reblocked and probed with anti β-actin (1:1000, overnight at room temperature). The ratios of  $CRF_2/\beta$ -actin, pSer31-TH/β-actin and TH pSer40-TH/β-actin were plotted and analysed. Protein levels were corrected for individual levels.

# *Estimation of noradrenaline and its metabolite MHPG in the PVN*

NA and its metabolite in the central nervous system, MHPG, were determined by HPLC with electrochemical detection as described previously (Navarro-Zaragoza et al., 2010). Bilateral tissue samples of the PVN were dissected according to the technique of Palkovits (1973), frozen in liquid nitrogen, weighed, placed in perchloric acid (0.1 M), homogenized and centrifuged and the supernatants taken for analysis and filtered through 0.22 µm GV (Millipore). Ten µL of each sample were injected into a 5-µm C18 reversed-phase column (Waters, Milford, MA, USA) through a Rheodyne syringeloading injector (Waters). Electrochemical detection was accomplished with an electrochemical detector (Waters 2465). NA and MHPG were quantified by reference to calibration curves run at the beginning and the end of each series of assays. The content of NA and MHPG in the PVN was expressed as  $ng \cdot g^{-1}$  wet weight of tissue. The NA turnover was determined as the NA ratio, which was calculated as: NA ratio = MHPG/NA.

# Radioimmunoassay

After the rats had been decapitated, trunk blood was collected into ice-cooled tubes containing 5% EDTA and was then centrifuged (500× g; 4°C; 15 min). Plasma was separated, divided into two aliquots and stored at  $-80^{\circ}$ C until assayed for corticosterone or ACTH. Plasma levels of corticosterone and ACTH were quantified using specific corticosterone and ACTH antibodies for rats ([<sup>125</sup>I]-CORT and [<sup>125</sup>I]-hACTH RIA; MP Biomedicals, Orangeburg, NY, USA). The sensitivity of the assay was 7.7 ng·mL<sup>-1</sup> for corticosterone and 5.7 pg·mL<sup>-1</sup> for ACTH.

# Statistical analysis

Data are presented as mean  $\pm$  SEM and were analysed using the SPSS 15.0 statistical package (SPSS Inc., Chicago, IL, USA). Somatic signs of withdrawal, body weight loss, and hormonal and biochemical parameters were analysed by two-way analysis of variance (ANOVA) with pretreatment (placebo, morphine) and acute treatment (vehicle, AS-30) as independent variables. The Newman–Keuls *post hoc* test was used for individual group comparisons. To compare two groups, Student's *t*-test was used. Differences with a *P* < 0.05 were considered significant.

# Results

In accordance with previous findings, Student's *t*-test showed that rats receiving long-term morphine treatment had significantly lower weight gain ( $-0.68 \pm 2.31$  g;  $t_{29} = 5.74$ ; P < 0.001; n = 12) than the placebo control group ( $19.75 \pm 2.56$  g; n = 19), which might be due to the reduced food intake observed during chronic morphine treatment (Núñez *et al.*, 2009).

AS-30 attenuates the somatic expression of naloxone-precipitated morphine withdrawal Six days after the implantation of morphine or placebo pellets, rats were challenged with naloxone (1 mg·kg<sup>-1</sup> s.c.)



## Table 2

AS-30 attenuates the somatic expression of naloxone-precipitated morphine withdrawal

Signs	Chronic treatm (morphine vs.   F (1, 27)	nent placebo) P <	Two-way ANO Pretreatment (AS-30 vs. ve F (1,27)	va t hicle) P <	Interaction F (1,27)	<b>P</b> <
Jumping	0.553	n.s	0.553	n.s	0.553	n.s.
Wet dog shakes	180.477	0.001	4.677	0.050	4.677	0.050
Paw tremour	14.766	0.001	5.203	0.050	5.203	0.050
Sniffing	8.105	0.010	1.269	n.s	1.269	n.s.
Writhing	7.727	0.010	0.003	n.s	0.003	n.s.
Tremour	16.086	0.001	2.380	n.s	2.380	n.s.
Ptosis	21.407	0.001	0.114	n.s	0.114	n.s.
Mastication	48.882	0.001	4.846	0.050	4.846	n.s.
Teeth chattering	30.156	0.001	4.106	0.050	4.106	0.050
Piloerection	233.107	0.001	92.537	0.001	92.537	0.050
Diarrhoea	22.605	0.001	0.560	n.s	0.560	n.s.
Weight loss	78.523	0.001	1.418	n.s	5.092	0.050
Global score	212.377	0.001	14.874	0.001	14.874	0.001

Two-way ANOVA with chronic treatment (morphine vs. placebo) and pretreatment before naloxone (AS-30 vs. vehicle) as between-subjects factors. When significant interactions in pretreatment or between these two factors were observed, a subsequent *post hoc* test was applied. AS-30, Antisauvagine-30.

and immediately tested for the occurrence of somatic signs of opiate withdrawal. The following somatic signs were significantly present in morphine-treated groups when compared with placebo-treated groups: paw tremour (P < 0.001), wet dog shakes (P < 0.001), body tremour (P < 0.001), writhing (P < 0.010), sniffing (P < 0.010), teeth chattering (P < 0.001), ptosis (P < 0.001), mastication (P < 0.001), diarrhoea (P < 0.001), piloerection (P < 0.001) and weight loss (P < 0.001). The analysis of the global withdrawal score confirmed these differences between morphine- and placebo-treated rats (P < 0.001). The results for two-way ANOVA analysis are shown in Table 2.

In the CRF<sub>2</sub> blockade study after naloxone-precipitated morphine withdrawal, comparisons between morphine groups showed that wet dog shakes (P < 0.05), paw tremour (P < 0.05), mastication (P < 0.05), teeth chattering (P < 0.05), piloerection (P < 0.001) and weight loss (P < 0.05) were significantly decreased in rats receiving AS-30 microinfusion (Table 2, Figure 1A–F). The analysis of the global withdrawal score confirmed that AS-30 significantly reduced the somatic expression of withdrawal in morphine-treated rats (P < 0.001; Table 2, Figure 1G). Thus, the blockade of CRF<sub>2</sub> overall decreased the expression of naloxone-precipitated somatic signs of opiate withdrawal, reducing global scores of morphine-dependent AS-30-treated rats.

# *Effects of CRF*<sup>2</sup> *blockade on morphine withdrawal-induced HPA axis activation*

We measured plasma ACTH and corticosterone concentrations (as HPA axis activation markers) in blood samples obtained from morphine-dependent or control rats 30 min after injection of naloxone. Two-way ANOVA for ACTH revealed a major effect of chronic morphine treatment [ $F_{(1,23)}$ = 55.65; P < 0.0001]. Newman–Keuls *post hoc* test showed that naloxone-precipitated morphine withdrawal in morphinedependent animals administered vehicle plus naloxone i.c.v. evoked a dramatic increase (P < 0.001) in ACTH secretion (Figure 2A) compared with placebo-treated rats administered i.c.v. vehicle plus naloxone.

To evaluate whether a causal link exists between  $CRF_2$  activation and HPA axis hyperactivation during morphine withdrawal, we measured plasma ACTH concentrations in animals made dependent on morphine and pretreated with AS-30 10 min before naloxone administration. Newman-Keuls *post hoc* test showed that naloxone-precipitated morphine withdrawal evoked an increase in ACTH in animals treated with the  $CRF_2$  antagonist (P < 0.001) versus placebo plus AS-30 plus naloxone. However, levels of ACTH in rats pretreated with AS-30 10 min before naloxone injection were significantly (P < 0.05) lower than those seen in morphine-dependent rats administered vehicle instead of AS-30 (Figure 2A).

Two-way ANOVA for corticosterone revealed a significant effect of chronic morphine treatment [ $F_{(1,26)} = 131.14$ ; P < 0.0001]. As shown in Figure 2B, in morphine-withdrawn rats administered vehicle i.c.v., the plasma corticosterone levels increased significantly (P < 0.001). Corticosterone levels in AS-30 plus naloxone-treated morphine-pelleted animals were significantly (P < 0.001) higher than those observed in the placebo group also administered AS-30 plus saline.

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## Figure 1

Attenuation of the severity of somatic signs of naloxone-precipitated morphine withdrawal by antisauvagine-30 microinfusion. The following variables were counted: (A) wet dog shakes; (C) body weight loss; (D) paw tremour and checked: (B) piloerection; (E) mastication; (F) teeth chattering. Somatic signs of withdrawal were observed during 30 min immediately after naloxone injection (1 mg·kg<sup>-1</sup> s.c.). A global withdrawal score (G) was calculated for each animal as described in the Methods. Data are expressed as mean  $\pm$  SEM.  $\star P < 0.050$ ;  $\star \star \star P < 0.001$ , versus morphine + vehicle (VEH) + naloxone;  $\dot{\star} \dot{\star} P < 0.001$ ;  $\dot{\star} \dot{\star} \dot{\star} P < 0.001$  versus similar groups receiving chronic placebo.

## *CRF*<sub>2</sub> blockade attenuates naloxone-induced *MHPG* production and NA turnover elevation in the hypothalamic PVN

Figure 3 summarizes the changes in NA content, MHPG production and NA turnover (as estimated by the ratio MHPG/NA) after injection of naloxone to control and morphinedependent rats injected i.c.v. with vehicle or AS-30. The overall ANOVA on NA content in the PVN revealed the main effects of morphine pretreatment [ $F_{(1,22)} = 4.64$ ; P = 0.0425], and significant effects for acute AS-30 administration [ $F_{(1,22)} = 4.64$ ; P = 0.0425]. *Post hoc* analysis indicated that groups rendered dependent on morphine and injected with vehicle or AS-30 on day 6 showed significantly (P < 0.05) lower levels of NA than the placebo-pelleted groups also injected with vehicle or AS-30 10 min before naloxone (Figure 3A).

The ANOVA for MHPG production showed a significant effect of morphine pretreatment [ $F_{(1,21)} = 5.19$ ; P = 0.0332],

and a significant interaction between morphine pretreatment and AS-30 administration [ $F_{(1,21)} = 5.72$ ; P = 0.0262]. *Post hoc* analysis showed that the MHPG levels increased significantly (P < 0.05) in the naloxone-precipitated morphine withdrawal group injected with vehicle i.c.v., as compared with the placebo-treated group injected with vehicle plus naloxone (Figure 3B). *Post hoc* analysis also showed that pretreatment with AS-30 10 min before naloxone injection significantly (P < 0.05) reduced morphine withdrawal-induced increases in MHPG levels compared with morphine-dependent rats administered vehicle instead of AS-30.

Results for the two-way ANOVA for MHPG/NA ratio in the PVN revealed a significant effect of morphine pretreatment  $[F_{(1,21)} = 17.87; P = 0.0004]$ , and significant interaction between pretreatment and acute AS-30 administration  $[F_{(1,21)} = 4.52; P = 0.0456]$ . As shown in Figure 3C, rats rendered dependent on morphine and injected with vehicle i.c.v. plus naloxone showed a significantly (P < 0.01) higher NA







# Figure 2

Antisauvagine-30 (AS-30) attenuated the plasma ACTH (A) but not the corticosterone (B) response to naloxone-induced morphine withdrawal. Data represent the mean  $\pm$  SEM of plasma ACTH and corticosterone concentration 30 min after naloxone injection to control pellets- or morphine-treated rats administered vehicle, or AS-30 10 min before naloxone administration. \*\*\*P < 0.001 versus control pellets + vehicle + naloxone; \*\*\*P < 0.001 versus placebo + AS-30 + naloxone; #P < 0.05 versus morphine + vehicle + naloxone. ACTH, adrenocorticotropic hormone.

turnover in the PVN than the placebo group also injected with vehicle i.c.v. plus naloxone. An administration of AS-30 10 min before naloxone to morphine-dependent rats significantly (P < 0.01) antagonized the elevation in NA turnover (Figure 3C) compared with the morphine-pelleted group pretreated with vehicle before naloxone.

# *Effects of CRF*<sup>2</sup> *blockade on morphine withdrawal-induced TH phosphorylation in the NTS*

Additional experiments were performed in the NTS to determine whether naloxone-induced morphine withdrawal would activate phosphorylation of TH at Ser31 (pSer31)



# Figure 3

Effects of CRF<sub>2</sub> blockade on NA (A) and MHPG (B) levels at the PVN and on the morphine withdrawal-induced increased NA turnover (as estimated by the MHPG/NA ratio; C) in control and in morphinedependent rats after administration of naloxone. AS-30 attenuated morphine withdrawal-induced increase in MHPG levels and NA turnover. Data represent the mean  $\pm$  SEM 30 min after naloxone injection to control pellets- or morphine-treated rats receiving vehicle or AS-30 10 min before naloxone (nx) administration. \**P* < 0.05; \*\**P* < 0.01 versus control pellets (placebo) + saline + naloxone; <sup>+</sup>*P* < 0.05 versus control pellets + AS-30 + nx; #*P* < 0.05; ## *P* < 0.01 versus morphine-treated rats + saline + naloxone. CRF<sub>2</sub>, corticotropinreleasing factor type-2 receptor; NA, noradrenaline; MHPG, 3-methoxy-4-hydroxyphenylethylen glycol; PVN, paraventricular nucleus; AS-30, antisauvagine-30; veh, vehicle.

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and/or Ser40 (pSer40). Next, we evaluated the effects of CRF<sub>2</sub> blockade on the phosphorylation of TH after naloxoneinduced morphine withdrawal. Two-way ANOVA for pSer31-TH revealed a main effect of morphine pretreatment [ $F_{(1,18)} = 14.94$ ; P = 0.0011]. As shown in Figure 4A, rats dependent on morphine and given vehicle i.c.v. 10 min before naloxone (1 mg·kg<sup>-1</sup> s.c.) injection showed a significant (P < 0.05) enhancement in pSer31-TH levels in the NTS compared with the placebo-pretreated group also injected with vehicle i.c.v. plus naloxone. An administration of AS-30 i.c.v. to morphine-dependent rats did not modify the increased phosphorylation of TH at Ser31 that was seen 30 min after naloxone injection in the vehicle-treated morphine-dependent rats (Figure 4A).

The ANOVA for pSer40-TH showed a main effect of morphine pretreatment [ $F_{(1,17)} = 11.95$ ; P = 0.0030], and interaction between morphine pretreatment and AS-30 administration [ $F_{(1,17)} = 8.15$ ; P = 0.0110]. Figure 4B depicts that there was a significant (P < 0.01) increase in pSer40-TH levels in the NTS during naloxone-induced morphine withdrawal in rats administered vehicle i.c.v., compared with the corresponding placebo control group administered vehicle i.c.v. plus naloxone (1 mg·kg<sup>-1</sup> s.c.). In addition, an administration of AS-30 i.c.v. to morphine-dependent rats significantly (P < 0.05) prevented the enhancement in pSer40-TH levels that was seen 30 min after naloxone injection.

# Influence of morphine withdrawal on CRF<sub>2</sub> immunoreactivity in NTS as determined by Western blot

Figure 5 shows that there was a significant ( $t_{11} = 3.28$ ; P < 0.001) increase in CRF<sub>2</sub>-IR levels in NTS during morphine withdrawal compared with the control placebo-treated group also administered naloxone. AS-30 pretreatment did not modify the enhanced CRF<sub>2</sub>-IR (data not shown).

# Discussion

In this study, we demonstrated an important role for the  $CRF_2$  pathways in the somatic expression of morphine withdrawal. Thus, morphine-dependent rats infused with the  $CRF_2$  antagonist AS-30 before naloxone injection displayed lower levels of major somatic reactions to the stressful condition of naloxone-induced morphine withdrawal than rats infused with vehicle instead of AS-30. In addition, morphine-dependent rats infused with AS-30 also showed lower global morphine withdrawal scores than morphine-dependent animals infused with vehicle, suggesting that the activation of the  $CRF_2$  pathway might positively modulate the somatic expression of opiate withdrawal.

Conflicting findings have been reported with regard to the role of CRF receptors in opiate withdrawal. Thus, previous studies have proposed that  $CRF_1$  is the primary mediator of the action of the CRF system on the behavioural signs of morphine withdrawal (Iredale *et al.*, 2000; Contarino and Papaleo, 2005). However,  $CRF_2$  knockout mice display decreased somatic morphine withdrawal signs, suggesting that the activation of the  $CRF_2$  subtype contributes to drug withdrawal (Papaleo *et al.*, 2008). It should be pointed out



#### Figure 4

Morphine withdrawal-induced TH phosphorylation at Ser40 is dependent on the activation of CRF<sub>2</sub> in the NTS-A<sub>2</sub> noradrenergic cell group. Representative immunoblots of TH phosphorylated at Ser31 (A) and Ser40 (B) in NTS tissues isolated from placebo or morphinedependent rats 30 min after the administration of naloxone in the absence or presence of an i.c.v. infusion of AS-30 (20  $\mu$ g·2  $\mu$ L<sup>-1</sup>) 10 min before naloxone administration. Data correspond to mean  $\pm$ SEM. In morphine-dependent rats, a post hoc comparison test revealed a significant increase in TH phosphorylation at Ser31 during morphine withdrawal, which was not antagonized by AS-30. By contrast, the increase in TH phosphorylated at Ser40 after naloxoneprecipitated morphine withdrawal was attenuated in rats pretreated with AS-30. \*P < 0.05; \*\*P < 0.01 versus control pellets (placebo) + saline + naloxone; P < 0.05 versus control pellets + AS-30 + naloxone; #P < 0.05 morphine-treated rats + saline + naloxone. TH, tyrosine hydroxylase; CRF<sub>2</sub>, corticotropin-releasing factor type-2 receptor; NTS-A2, nucleus of the solitary tract-A2 noradrenergic cell group; AS-30, antisauvagine-30; veh, vehicle; nx, naloxone.



## Figure 5

Representative immunoblots of CRF<sub>2</sub> expression in NTS tissue isolated from control pellets-treated (placebo) or morphine-dependent rats 30 min after administration of naloxone.  $\beta$ -Actin was used as loading control. Data represent the optical density of immunoreactive bands expressed as a percentage (%) of the mean  $\pm$  SEM of placebo control band. \*\*\**P* < 0.001 versus control group. CRF<sub>2</sub>, corticotropin-releasing factor type-2 receptor; NTS, nucleus of the solitary tract; veh, vehicle; nx, naloxone; pla, placebo; mor, morphine.

that, in contrast to CRF<sub>1</sub>, the role for CRF<sub>2</sub> pathways in stressresponsive circuitry is less clear. We have recently reported that specific pharmacological antagonism of CRF1 with antalarmin or CP-154526 decreased anxiety-like behaviour but not other characteristic symptoms of opiate withdrawal (Navarro-Zaragoza et al., 2010). AS-30 is a peptide antagonist exhibiting high affinities for the cloned human  $CRF_{2(a)}$  (K<sub>i</sub> 0.8 nM) and mouse CRF<sub>2(b)</sub> receptor (K<sub>d</sub> 1.4 nM) (Rühmann et al., 1998). In the present study, AS-30 blocked the morphine withdrawal-increased NA turnover in the PVN, the increased MHPG production and attenuated most of the somatic signs of abstinence, whereas in a recent study from our group none of these parameters were attenuated by the selective CRF1 antagonists antalarmin or CP-154526 at different doses (Navarro-Zaragoza et al., 2010). In accordance with the present results, Papaleo et al. (2008) have reported that genetic disruption of the CRF<sub>2</sub> pathway in mice reduced the severity of major somatic signs of morphine withdrawal. Together with our previous research, the present study provides initial evidence for opposite roles for the two CRF receptors in somatic opiate withdrawal.

All major drugs of abuse stimulate the HPA axis during acute withdrawal from the drug via the activation of CRF in

CRF<sub>2</sub> receptor and opiate withdrawal



the hypothalamic PVN, with a common response of elevated ACTH and corticosterone (Laorden et al., 2002a; Koob and Kreek, 2007; Núñez et al., 2007a; Koob, 2008). However, the relationship between HPA axis activity and alterations in drug withdrawal-induced behaviour has not been elucidated, and contradictory results have been obtained (Grakalic et al., 2006; Papaleo et al., 2007). The results of the present study show that morphine-dependent rats infused with AS-30, and the morphine-dependent group-receiving vehicle showed similar plasma corticosterone responses to naloxone-induced morphine withdrawal. In agreement with the present results, Papaleo et al. (2008) demonstrated that both wild-type mice and mice deficient in CRF<sub>2</sub> showed increased plasma corticosterone responses to opiate withdrawal. Although it has been found that rat anterior pituitary corticotrophs express very high levels of CRF1 mRNA but no CRF2 mRNA (Kageyama et al., 2003), recent results from our laboratory showed that pretreatment with CP-154526, a selective CRF<sub>1</sub> antagonist, did not block the corticosterone release that is produced as a consequence of morphine withdrawal (Navarro-Zaragoza et al., 2010). The present data do not support a role for the HPA axis in the decreased somatic expression of morphine withdrawal displayed by rats in which the CRF<sub>2</sub> has been blocked. However, ACTH concentrations were found to be, slightly but significantly, decreased in rats infused with AS-30. A potential explanation for this finding is that, although CRF is thought to be the major secretagogue in stimulating ACTH secretion, argininevasopressin (AVP), changes in adrenal cortex sensitivity to the ACTH signal and other factors also play a role (Tilders et al., 1985). In addition, there is increasing evidence that AVP and CRF production and release from the parvocellular PVN neurones are under independent regulation. Thus, it is possible that AVP may play an important role in mediating the pituitary-adrenal response to drug withdrawal and stress (Deak et al., 1999; Núñez et al., 2007a).

NA has been implicated in addiction and in particular in acute opiate withdrawal (Delfs et al., 2000; for review, see Maldonado, 1997; Smith and Aston-Jones, 2008). The present findings demonstrated that the administration of naloxone to morphine-treated rats significantly elevated MHPG production and NA turnover in the PVN, which project from noradrenergic NTS-A<sub>2</sub> cell group, which is in agreement with previous data from our laboratory showing that morphine withdrawal stimulates NA turnover in the PVN as well as the activity of NTS-A2 TH-positive neurones (as reflected by c-Fos expression) (Laorden et al., 2000; 2002a). In addition, we have found that morphine withdrawal is associated with an increase in TH enzymatic activity in the PVN and TH phosphorylation (activation) at Ser31 and TH mRNA expression in the NTS-A<sub>2</sub> (Núñez et al., 2007b; 2009), which occurs 60-120 min after morphine withdrawal. We also found elevated hnRNA CRF and AVP expression in the PVN from morphine-withdrawn rats (Núñez et al., 2007a).

There are strong neurochemical and electrophysiological evidence suggesting an interaction between CRF and the catecholaminergic systems, and the existence of a NA-CRF loop has been proposed in which NA would modulate the release of CRF in the brain stress system, including the central amygdala, the bed nucleus of the stria terminalis (important components of the extended amygdala) and the PVN. CRF



from these nuclei would induce the release of NA by the brain stem noradrenergic areas (Koob, 1999; Stinus et al., 2005). However, the possible involvement of CRFR subtypes in the interaction between morphine withdrawal and the noradrenergic system innervating the PVN has not been well documented. We recently demonstrated that the activation of CRF<sub>1</sub> subtype is not responsible for the elevation of NA neurotransmission innervating the PVN (Navarro-Zaragoza et al., 2010). By contrast, the results of the present study demonstrated that pretreatment with the selective CRF<sub>2</sub> antagonist AS-30 did block both increased MHPG production and NA turnover in the PVN during morphine withdrawal. These results indicate that CRF<sub>2</sub> activation may contribute to the increase in brain stem noradrenergic response in opiatewithdrawn rats and suggest that the effects of the CRF2 antagonist were at the NTS, where a robust hybridization signal for CRF<sub>2</sub> mRNA has been found (Van Pett et al., 2000; Hauger et al., 2006). We have previously shown a role for the noradrenergic system in the somatic signs of opiate withdrawal (Laorden et al., 2000; 2002b). Support for this idea can be found in a number of studies that implicate the NTS-A<sub>2</sub> noradrenergic cell group in the affective disorders associated with drug withdrawal (Delfs et al., 2000; Smith and Aston-Jones, 2008). In addition, the present results raise the possibility that the effect of CRF2 blockade may be mediated via its action at extrahypothalamic sites, independent of its effects on the HPA axis. Next, the expression of CRF<sub>2</sub> in the NTS was determined. Morphine withdrawal resulted in the up-regulation of CRF2 immunoreactivity. Although the functional consequences of increased CRF2 expression in response to opiate withdrawal have not been identified, one possibility is that the up-regulation of CRF2 may contribute to the hyperactivation of noradrenergic transmission that was seen in morphine-withdrawn rats, which agrees with recent reports showing no modifications in CRF<sub>1</sub> immunoreactivity during morphine withdrawal (Navarro-Zaragoza et al., 2010).

It is well known that changes in the state of phosphorylation of TH, the rate-limiting enzyme in the synthesis of catecholamines, are critically involved in the regulation of catecholamine synthesis and function. In particular, increases in the phosphorylation of Ser31 and Ser40 accelerate TH activity, thereby stimulating production of neurotransmitters in catecholamine terminals (for review, see Kumer and Vrana, 1996; Bobrovskaya et al., 2007). Information regarding the effect of CRF on TH activation is limited. Using phosphorylation state-specific antibodies directed towards Ser31 or Ser40, in the present study, we have shown that naloxone-induced morphine withdrawal greatly increased the levels of TH phosphorylated at Ser31 and Ser40 in the rat NTS concomitantly with the previously described enhanced NA turnover. Together, these data confirm that Ser31 and/or Ser40 phosphorylation of TH may be an important modulator of TH activity during opiate withdrawal and might be directly involved with increasing NA turnover in morphine-withdrawn rats. The present findings are in agreement with those from previous studies showing that TH phosphorylation at Ser 40 results in a marked increase in TH activity (Dunkley et al., 2004). In the present study, we used the CRF<sub>2</sub> antagonist AS-30 to check the involvement of the CRF<sub>2</sub> subtype in the TH phosphorylation at Ser31 and/or at Ser40 during morphine withdrawal and we found that pretreatment with AS-30 significantly attenuated the morphine withdrawal stimulation of Ser40 but not Ser31 phosphorylation in the NTS. These results suggest that morphine withdrawal would induce activation of the CRF<sub>2</sub> at the NTS level, which would result in enhanced Ser40 phosphorylation, TH activity and catecholamine synthesis and release in the PVN.

In conclusion, the results of this study help to show that noradrenergic afferents to the PVN and the CRF/CRF<sub>2</sub> pathways are critically involved in the physical symptoms of opiate withdrawal, supporting a therapeutic potential of CRF<sub>2</sub> antagonists in addictive disorders. Present data would help to the identification of the mechanisms that underlie the complex interactions between CRF and noradrenergic pathways during opiate withdrawal. Given the known neuroanatomical and functional interactions between CRF and NA, it is possible that these systems might be important therapeutic targets that mediate the adverse effects of opiate dependence.

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# **Conflict of interest**

The authors have no conflict of interest.

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