

Interference of *Bifidobacterium choerinum* or *Escherichia coli* Nissle 1917 with *Salmonella* Typhimurium in gnotobiotic piglets correlates with cytokine patterns in blood and intestine

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Introduction

The highly diverse microbiota of the gastrointestinal tract of human and animals forms a unique ecosystem that is highly robust and capable of competing with transient and pathogenic microbes [1,2]. This property was previously named colonization resistance [3]. The intestinal microbiota also contains mutualistic bacterial strains, which confer a health benefit on the host and are known as probiotics [4,5]. The mechanisms of their action are not well understood. It is thought that immunomodulation, competitive exclusion of pathogens and production of different inhibitory compounds (e.g. organic acids, microcins) play an important role. The ban of antibiotics in animal production has encouraged studies of probiotic action and competitive interference in the gut microbiota of domestic animals.

The gastrointestinal tract of mammalian newborns is colonized by the mother's vaginal and intestinal microflora during delivery and progresses from sterility to dense micro-

Summary

The colonization, translocation and protective effect of two intestinal bacteria – PR4 (pig commensal strain of *Bifidobacterium choerinum*) or EcN (probiotic *Escherichia coli* strain Nissle 1917) – against subsequent infection with a virulent LT2 strain of *Salmonella enterica* serovar Typhimurium were studied in gnotobiotic pigs after oral association. The clinical state of experimental animals correlated with bacterial translocation and levels of inflammatory cytokines [a chemokine, interleukin (IL)-8, a proinflammatory cytokine, tumour necrosis factor (TNF)- α and an anti-inflammatory cytokine, IL-10] in plasma and intestinal lavages. Gnotobiotic pigs orally mono-associated with either PR4 or EcN thrived, and bacteria were not found in their blood. No significant inflammatory cytokine response was observed. Mono-association with *Salmonella* caused devastating septicæmia characterized by high levels of IL-10 and TNF- α in plasma and TNF- α in the intestine. Di-associated gnotobiotic pigs were given PR4 or EcN for 24 h. Subsequently, they were infected orally with *Salmonella* and euthanized 24 h later. Pigs associated with bifidobacteria before *Salmonella* infection suffered from severe systemic infection and mounted similar cytokine responses as pigs infected with *Salmonella* alone. In contrast, EcN interfered with translocation of *Salmonella* into mesenteric lymph nodes and systemic circulation. Pigs pre-associated with EcN thrived and their clinical condition correlated with the absence of IL-10 in their plasma and a decrease of TNF- α in plasma and ileum.

Keywords: *Bifidobacterium*, cytokine, gnotobiotic pig, Nissle 1917, *Salmonella*

bial colonization in the first years of life [6]. Bifidobacteria are a regular component of human and animal gut microbiota [7–9]. They belong to the first settlers in the neonatal intestine and reach up to 90% of the microbiota in suckling infants [10]. Newborns delivered by Caesarian section and fed milk replacers have a different composition of gut microbiota characterized by lower numbers of bifidobacteria [6]. Bifidobacteria are present in 10–100-fold lower concentrations in the pig intestine than in humans [7,11–13]. Their number increased after feeding pigs with diet supplement containing prebiotics [14].

Bifidobacterium choerinum is an autochthonous bifidobacterium species of the pig that is well adapted to the gut of pre-weaned piglets and shows potential probiotic properties [15].

Escherichia coli Nissle 1917 (EcN) is a probiotic strain of *E. coli* [16] isolated originally from stool of a human resistant to infection with *Shigella* [17]. It is efficient in prevention and cure of dysmicrobia and infant diarrhoea [18] and

neonatal calf diarrhoea [19]. It has also been shown that this strain protects pigs against infection with enteropathogenic bacteria [20,21]. EcN produces two microcins which are effective against enterobacteria [22], and reduces invasion of *Salmonella* into enterocytes [23].

With their simplified, controlled and defined microbiota, gnotobiotic animals are suitable biological models for the study of bacteria–host interactions [24]. These properties have been exploited in studies of *Salmonella* infection [25,26].

In this work, a possible probiotic effect of autochthonous *B. choerinum* was compared with that of probiotic *E. coli* Nissle 1917. Gnotobiotic pigs were used to avoid any effect of interindividual variation in intestinal microflora and rearing environment [27]. The distribution of bacteria, their translocation, the protective effect against subsequent infection with virulent *Salmonella* Typhimurium, the clinical state of experimental piglets and systemic and local production of two inflammatory cytokines – a chemokine, interleukin (IL)-8, a proinflammatory cytokine, tumour necrosis factor (TNF)- α and an anti-inflammatory cytokine, IL-10, were assessed.

Materials and methods

Animals

Miniature Minnesota-derived sows were treated intramuscularly (i.m.) with 50 mg of medroxyprogesterone acetate (Depo-Promone; Pfizer Manufacturing Belgium, Puurs, Belgium) on the 105th day of gestation. Colostrum-deprived germ-free piglets were obtained by hysterectomy under halothane anaesthesia on the 112th day of gestation. Piglets were reared in positive-pressure microbiologically controlled fibreglass isolators and fed to satiety with autoclave-sterilized milk diet supplemented with minerals and vitamins [28]. Piglets were checked for sterility two times a week and on the day of euthanasia by culturing rectal swabs aerobically and anaerobically and by staining methods [29]. All procedures with animals were approved by the Committee for Animal Protection and Use of the Institute of Microbiology.

Bacterial strains

PR4 is a commensal strain of *B. choerinum* isolated from fecal flora of 8-week-old pigs of (LW \times L) \times Pn breed using modified trypticase–phytone–yeast (MTPY) agar [30]. The isolate was identified using the random amplified polymorphic DNA–polymerase chain reaction (RAPD-PCR) procedure according to Sakata *et al.* [31] and compared with porcine bifidobacteria strains from the German Resource Centre for Biological Material.

EcN is *E. coli* Nissle 1917 (EcN, serovar O6:K5:H1). This serum-sensitive non-virulent *E. coli* strain is used as a human and veterinary probiotic [16].

LT2 is a serum-resistant LT2 strain of *S. enterica* serovar Typhimurium causing lethal sepsis in germ-free piglets [26].

Bacterial suspensions

Fresh cultures of bacteria were prepared for each experiment by cultivation at 37°C overnight. PR4 was cultivated in an anaerobic chamber in 10 ml TPY broth (Scharlau, Barcelona, Spain). The cells were harvested by centrifugation at 4000 g for 10 min. The pellet was washed twice with 0.05 M phosphate buffer, pH 6.5 containing 500 mg/l cysteine (PBC). EcN and LT2 were cultivated on meat-peptone agar slopes (blood agar base; Oxoid, Basingstoke, UK). Bacteria were resuspended to the density of 5×10^8 colony-forming units (CFU)/ml and given to gnotobiotic pigs in milk diet. The number of CFU estimated by spectrophotometry at 600 nm was verified by a cultivation method.

Colonization of germ-free pigs with bacteria

One-week-old germ-free pigs were orally associated/infected with 1×10^8 CFU of bacteria in 5 ml of milk diet. Di-associated pigs were infected with *S. Typhimurium* 24 h after the association with PR4 or EcN, respectively. All experimental pigs were euthanized 24 h after the last bacteria treatment by exsanguination under halothane anaesthesia. The germ-free control group was euthanized at the same age.

Six experimental groups of 1-week-old gnotobiotic pigs (five pigs in each group) from five hysterectomies of miniature sows were investigated: (i) germ-free piglets, (ii) pigs mono-associated with LT2 (LT2 strain of *S. enterica* serovar Typhimurium), (iii) pigs mono-associated with PR4 (*B. choerinum* strain PR4), (iv) pigs mono-associated with EcN (*E. coli* strain Nissle 1917), (v) pigs di-associated with PR4+LT2 and (vi) LT2 pigs di-associated with EcN+ LT2.

Distribution of bacteria

Experimental animals were euthanized and samples of peripheral blood, intestinal lavages and homogenized tissues (from the spleen, mesenteric lymph nodes and liver) were serially diluted in PBC. Appropriate dilutions were transferred to sterile 60 mm Petri dishes, which were immediately filled with the media for bifidobacteria (TPY agar; Scharlau) supplemented with 100 mg/l mupirocin and 1 ml/l of concentrated glacial acetic acid [30]. Bifidobacteria were incubated in an anaerobic jar (Anaerobic Plus System; Oxoid) in CO₂/H₂ (90/10%) atmosphere at 37°C for 3 days. *E. coli* and *Salmonella* sp. were cultivated and enumerated on 90 mm Petri dishes with MacConkey agar (Merck, Darmstadt, Germany) and Brilliant Green agar (Oxoid), respectively. Inoculated plates were incubated aerobically at 37°C for 1 day.

Ileum lavage was obtained by cutting off a 40-cm segment of distal part of the ileum beginning at the ileocaecal orifice

and rinsing it with 2 ml of PBC. Colon lavage was obtained by placing the whole colon in a Petri dish, cutting it with scissors into short pieces and adding 4 ml of PBC. Ten-fold serial dilutions of samples were cultivated as above, depending on the target bacteria. A protease inhibitor cocktail (Roche, Mannheim, Germany) was added to the remainder of the intestine lavages for subsequent detection of cytokines according to the manufacturer's recommendations.

Cytokine detection by enzyme-linked immunosorbent assay (ELISA)

IL-8, IL-10 and TNF- α were estimated in citrated blood plasma (1200 g, 10 min., 8°C) or ileum lavage (1500 g, 20 min, 8°C) prepared as above and filtered through 0.2 μ m nitrocellulose filters (Sartorius, Göttingen, Germany). All samples with added protease inhibitor cocktail (Roche) were frozen immediately and kept at -70°C until used. The sandwich IL-8 ELISA with a sensitivity of 15 pg/ml is described elsewhere [32]. IL-10 and TNF- α were detected with the same sensitivity of 15 pg/ml using a swine IL-10 CytoSet™ and swine TNF- α CytoSet™ (Invitrogen, Carlsbad, CA, USA), according to the manufacturer's instructions. The assays were performed in 96-well MaxiSorp™ ELISA plates (Nunc, Roskilde, Denmark) and measured at 450 and 620 nm with Infinite M200 microplate reader (Tecan, Grödig, Austria). The results were evaluated using Magellan version 6.3 software (Tecan).

Statistical analysis

Log₁₀ values of bacteria CFU were compared by unpaired Student's *t*-test. The pigs infected with *S. Typhimurium* (LT2) served only as a control group for cytokine levels in plasma and intestine in di-associated groups (PR4+LT2 and EcN+LT2). Differences between groups were compared by analysis of variance (ANOVA) with Dunnett's *post-hoc* test. The differences were evaluated using InStat version 3.10 (GraphPad Software, San Diego, CA, USA) and considered significant if $P < 0.05$. Correlations between bacteraemia and plasma cytokine levels were evaluated using Pearson's correlation coefficient (Prism version 5.03, GraphPad Software).

Results

Clinical response to association

All gnotobiotic pigs which were mono-associated with PR4 (bifidobacteria) or EcN (*E. coli* Nissle 1917) thrived and, together with germ-free pigs, served as the control groups for translocation of beneficial bacteria. Body temperature did not change after mono-association with bifidobacteria, and monoassociation with EcN caused only a subfebrile rise (presumably a lipopolysaccharide effect). The germ-free pigs infected with *S. Typhimurium* suffered from high fever,

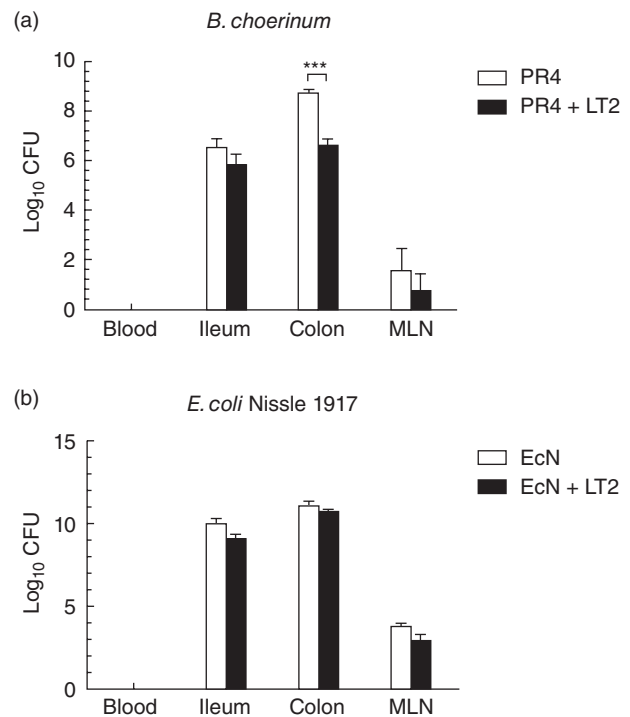


Fig. 1. Bacteria counts in blood, intestine and mesenteric lymph nodes (MLN) of gnotobiotic pigs. (a) *Bifidobacterium choerinum* in mono-associated pigs (PR4) or 1 day after subsequent infection with *S. Typhimurium* (PR4 + LT2). Bifidobacteria were not found in blood. *Salmonella* reduced the number of bifidobacteria in the colon ($P < 0.001$). (b) *Escherichia coli* Nissle 1917 in mono-associated pigs (EcN) or 1 day after subsequent infection with *S. Typhimurium* (EcN + LT2). *E. coli* was not found in blood. Its numbers were not influenced by *Salmonella*. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$.

anorexia (beginning 8 h after infection), vomiting and/or non-bloody diarrhoea, and showed hallmarks of septicaemia (stupor, tremors, cramps, tachycardia, tachypnoea) 24 h after infection.

In di-associated animals, *Salmonella* infection caused fever only in gnotobiotic pigs pre-associated with bifidobacteria (mean increase of body temperature 1.6°C), but not in the pigs pre-associated with EcN (subfebrile rise only). The former group showed the same symptoms of septicaemia as pigs infected with *Salmonella* alone, whereas the latter thrived without any visible symptoms of enteritis or systemic disease.

Distribution of bacteria in mono- and di-associated gnotobiotic pigs

PR4 counts were lower in the colon ($P < 0.001$) of di-associated pigs (Fig. 1a). The differences between EcN counts in the gut of mono-associated (EcN) and di-associated pigs (EcN+LT2) were not significant (Fig. 1b). Both EcN as well as PR4 reduced *Salmonella* counts in the ileum ($P < 0.01$), and also PR4 in the colon ($P < 0.05$). *S.*

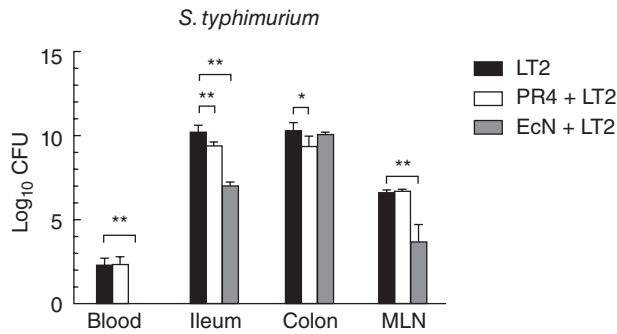


Fig. 2. *Salmonella* Typhimurium counts in blood, intestine and mesenteric lymph nodes (MLN) of gnotobiotic pigs. *Salmonella* counts in pigs infected with *S. Typhimurium* alone (LT2), pigs associated with *B. choerinum* and infected with *S. Typhimurium* (PR4 + LT2) or pigs associated with *Escherichia coli* Nissle 1917 and infected with *S. Typhimurium* (EcN + LT2). EcN protected piglets against bacteraemia. *Salmonella* counts were reduced in the ileum and mesenteric lymph nodes ($P < 0.01$) in the presence of EcN, and in the ileum ($P < 0.01$) and colon ($P < 0.05$) in the presence of PR4. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$.

Typhimurium bacteria were present in blood and all organs examined from animals infected with LT2 (Fig. 2). In contrast, neither PR4 nor EcN bacteria were found in blood 24 h after oral administration. EcN also interfered with translocation of *S. Typhimurium* into mesenteric lymph nodes ($P < 0.01$) (Fig. 2): *S. Typhimurium* was absent in blood, liver and lungs of EcN-di-associated pigs. In contrast, all PR4-di-associated pigs suffered from septicaemia.

Cytokines

The concentrations of IL-8, TNF- α and IL-10 were measured in plasma, ileum and colon lavages of germ-free pigs, gnotobiotic pigs mono-associated with LT2 strain of *S. Typhimurium*, gnotobiotic pigs di-associated with EcN and LT2 and gnotobiotic pigs di-associated with PR4 and LT2. No inflammatory cytokines were found in samples from germ-free pigs (Fig. 3a–c).

Plasma cytokines. IL-8 was not found in any plasma sample (Fig. 3a). LT2 induced significant IL-10 and TNF- α responses in circulation. There was no significant difference between the levels of both cytokines in plasma samples from pigs infected with LT2 alone and those from pigs associated with PR4 and LT2. Bacteraemia in piglets infected with *Salmonella* (Fig. 2) was correlated highly with plasma IL-10 ($r = 0.909$, Fig. 4a) and TNF- α ($r = 0.769$, Fig. 4b) levels. A marked decrease was observed in pigs di-associated with EcN and LT2 compared to LT2 alone: IL-10 was absent in their plasma and TNF- α levels were significantly lower (Fig. 3a).

Ileum cytokines. IL-8 was present in all samples infected with *Salmonella*, but there were no significant differences between the groups (Fig. 3b). IL-10 was not found at all. TNF- α levels

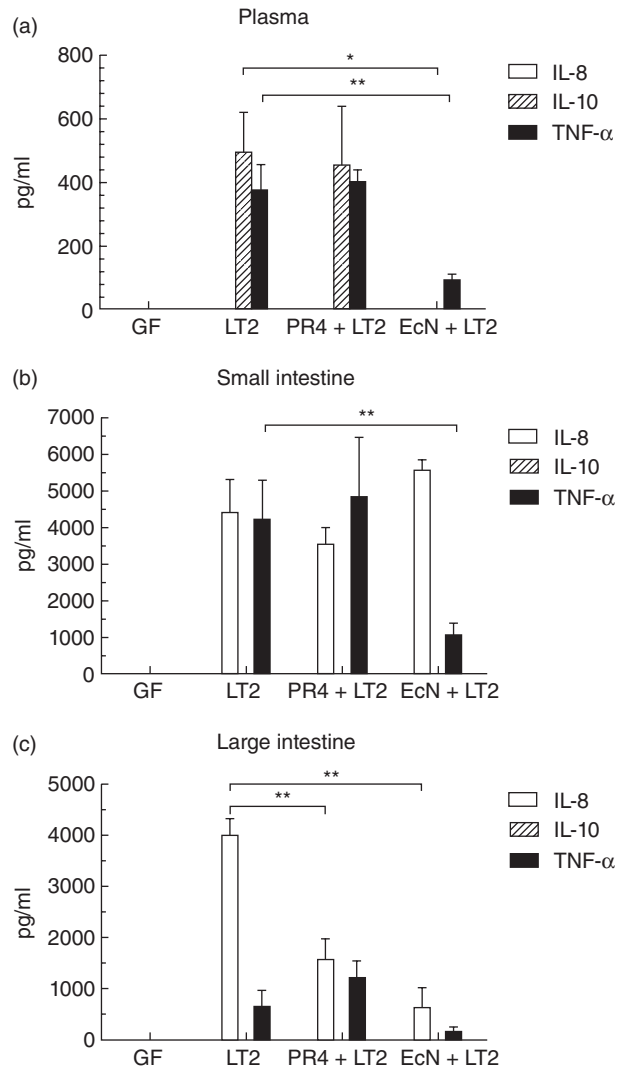


Fig. 3. Cytokine levels. Inflammatory cytokines were absent in plasma and intestinal lavages of germfree (GF) pigs. Interleukin (IL)-8 was absent in all plasma samples and IL-10 was absent in all intestinal lavages. (a) Plasma. High levels of IL-10 and tumour necrosis factor (TNF)- α were detected in gnotobiotic pigs infected with *S. Typhimurium* alone (LT2) and pigs associated with *Bifidobacterium choerinum* and infected with *S. Typhimurium* (PR4 + LT2). Lower levels of IL-10 ($P < 0.05$) and TNF- α ($P < 0.01$) were detected in pigs associated with *Escherichia coli* Nissle 1917 and infected with *S. Typhimurium* (EcN + LT2). (b) Ileum. High levels of IL-8 and TNF- α were found in gnotobiotic pigs infected with *S. Typhimurium* alone (LT2) and pigs associated with *B. choerinum* and infected with *S. Typhimurium* (PR4 + LT2). Lower levels of TNF- α ($P < 0.01$) were found in pigs associated with *E. coli* Nissle 1917 and infected with *S. Typhimurium* (EcN + LT2). (c) Colon. High levels of IL-8 were detected in pigs infected with *Salmonella* alone (LT2). Lower levels of IL-8 ($P < 0.01$) were found both in pigs associated with *E. coli* Nissle 1917 (EcN + LT2) or *B. choerinum* (PR4 + LT2) and infected with *S. Typhimurium*. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$.

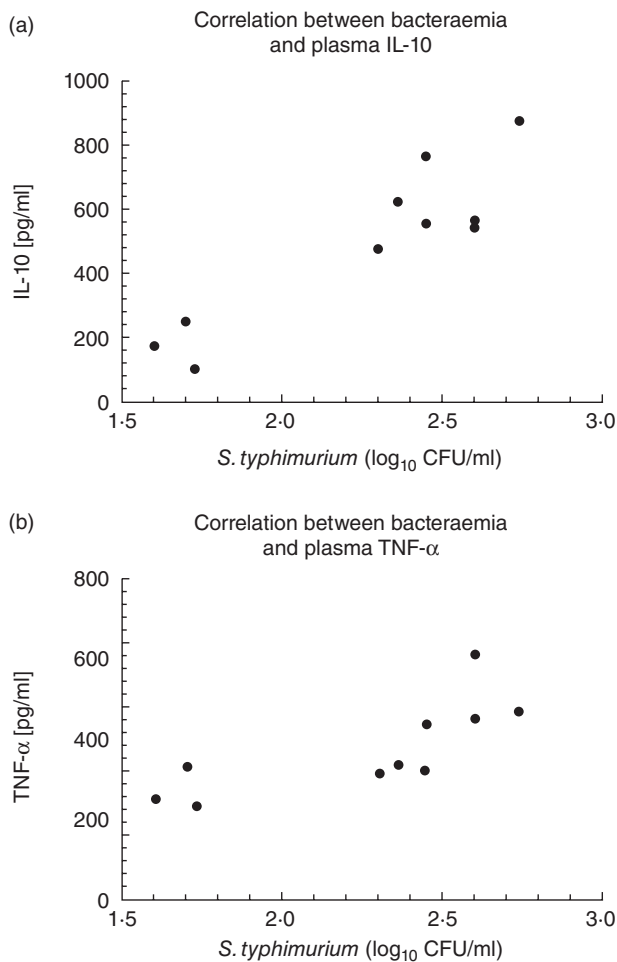


Fig. 4. Correlation between bacteraemia and plasma cytokines in piglets infected with *Salmonella* Typhimurium. Colony-forming units (CFU)/ml of *S. Typhimurium* were highly correlated with (a) interleukin (IL)-10 (Pearson's $r = 0.909$, $P < 0.01$) and (b) tumour necrosis factor (TNF)- α (Pearson's $r = 0.769$, $P < 0.01$).

were lower ($P < 0.01$) in pigs di-associated with EcN and LT2 than in the pigs infected with LT2 alone. In contrast, TNF- α levels in the ileum of pigs associated with PR4 and LT2 were similar to these in the pigs infected with *S. Typhimurium* alone.

Colon cytokines. IL-8 was detected in all samples infected with *Salmonella* while IL-10 was not found in any sample, as in the ileum (Fig. 3c). The pre-association of pigs with commensal bacteria decreased dramatically ($P < 0.01$) the levels of IL-8 in *Salmonella*-infected pigs. TNF- α levels in the colon were lower than those in the ileum and were almost absent in pigs di-associated with EcN and LT2. The same reduction in TNF- α in EcN-di-associated pigs and increase in PR4-di-associated pigs was found as in the ileum, although it was not statistically significant in the colon.

Discussion

Salmonella is one of the major causes of foodborne infections. Serovar Typhimurium is a serious threat in individuals with immune deficiency in some African states [33], but it is also a frequent aetiological agent of salmonellosis in humans and domestic animals in developed countries [34]. The infection in mice represents a model of human systemic typhoid fever caused by serovar Typhi [35,36]. In contrast, serovar Typhimurium causes a similar type of infection in pigs and calves as in humans – i.e. gastroenteritis or systemic disease [19,26]. Therefore, gnotobiotic pigs were chosen as a more appropriate model, in which the results are not affected by background effects of the endogenous microbiota [1,2].

Autochthonous bacteria and probiotic strains of bacteria can support colonization resistance of the host [3] and can enhance anti-microbial immunity in the gut [4,5]. Both *E. coli* Nissle 1917 [20,21] and *B. choerinum*, as an autochthonous pig bifidobacteria [15], have been described as bacteria with suitable probiotic properties in piglets.

The differences between bacterial strains complicate comparisons of their anti-microbial effect. *B. choerinum* is well adapted to the intestine of pre-weaned piglets [15]. The strain PR4, used in this study, was an autochthonous pig strain. This is important, as it has been demonstrated recently that cytokine responses against *Bifidobacteria* are strain-specific [24]. A beneficial effect of *B. longum* against infection with *Salmonella* Typhimurium has been described in conventional mice [37]. *E. coli* Nissle (EcN) was isolated originally from the human [17] but spread later to porcine herds [38]. We have reported its ability to colonize [39], and this has also been confirmed by others [40,41]. In spite of this, EcN translocation through the immature gut barrier of gnotobiotic piglets was lower than that of another commensal pig *E. coli* strain [39]. EcN shows an antagonistic effect against various enteropathogenic bacteria in the pig [42]. We have observed up-regulation of ZO-1 and occludin in ileal enterocytes of gnotobiotic pigs associated with EcN (not published). A combination of these beneficial effects is likely to explain the interference of EcN with translocation of *S. Typhimurium*.

The distribution of bacteria and their protective effect against subsequent infection with *Salmonella* correlated with the clinical state of animals (anorexia, somnolence, fever, diarrhoea, vomiting, etc.) and with cytokine expression in the intestine and blood. EcN prevented bacteraemia of *Salmonella* in gnotobiotic pigs. This important finding was associated with the absence of IL-10 and decreased TNF- α concentrations in plasma after *Salmonella* infection.

The absence of IL-8, an attractant/activator of neutrophils, in plasma is in accordance with our previous observations [43]. However, IL-8 was found in all intestinal samples from the pigs infected with *Salmonella*. The flagellin of this bacterial species is its main inducer [44]. As a flagellated bacterium, EcN also induces IL-8 in enterocytes [45,46] and

this could be one of the mechanisms by which it protects against *Salmonella* infection [25,43].

High plasma levels of IL-10 were observed in piglets infected with *Salmonella* alone or in piglets colonized with bifidobacteria and infected with *Salmonella*. IL-10 levels correlated with TNF- α levels and with the presence of *Salmonella* in blood, suggesting an interplay between both cytokines, or more generally the interplay between pro- and anti-inflammatory reactions. In contrast, IL-10 was absent in the blood of piglets colonized with EcN and subsequently infected with *Salmonella*. Blood IL-10 levels increase in several septic states, including *E. coli* sepsis [47] and a swine model of shock caused by heat-killed *Neisseria meningitidis* [48]. The continued presence of IL-10 in blood 24 h after infection of gnotobiotic pigs with *S. Typhimurium* seems to be a prognostic marker of poor survival in infected animals [43]. Levels of IL-10 also reflect the severity of *Salmonella* infection in mice [49]. In contrast, increased levels of IL-10 in blood coincided with recovery from experimentally induced swine dysentery [50]. In this study, IL-10 was not found in any intestinal sample. This may be caused by the absence of cells capable of producing it, e.g. by the paucity and immaturity of T lymphocytes in intestinal villi of germ-free pigs.

High levels of TNF- α were found in plasma and ileum of piglets infected with *Salmonella* alone or in piglets pre-colonized with bifidobacteria before this infection. The statistically significant reduction in TNF- α in pigs di-associated with EcN and LT2 correlated with the ability of EcN to interfere with *Salmonella* in the ileum and ultimately stop translocation to the mesenteric lymph nodes. The levels of TNF- α are markers of inflammation and high levels are found in bacteraemia. Rapid turnover of TNF- α in blood of pigs challenged by living or heat-killed bacteria or bacterial lipopolysaccharide has been described [47,48]. Prolonged presence of TNF- α in blood circulation was seen in our experimental gnotobiotic piglets which, together with IL-10 levels, correlated with increased lethality. Decreasing levels or neutralization of TNF- α in blood can be one method of protection against the lethal sequelae of bacteraemia [51]. Preliminary association of germ-free piglets with EcN significantly reduced levels of TNF- α in *Salmonella*-infected piglets compared to animals infected with *Salmonella* alone.

Unlike conventional animals, the germ-free animals show no resistance to colonization [3], and a single dose of bacteria suffices for the prolonged colonization of their gastrointestinal tract. In our experiments, bifidobacteria reached a density equivalent to that in their conventional counterparts by 24 h after colonization. Contrary to the findings in mice [37,52], the autochthonous pig strain PR4 of *B. choerinum* did not interfere effectively with *Salmonella* and was not able to protect gnotobiotic pigs against subsequent infection with *S. Typhimurium*. Probiotics, including bifidobacteria, were shown to be able to down-regulate expression of genes in the *S. Typhimurium* pathogenicity

islands SPI-1 and SPI-2 [53], and protective bifidobacterial properties after prolonged exposure have been described in conventional mice [54]. We speculate that this microbe needs more time to form an effective biofilm on the intestinal epithelium, as has been shown in gnotobiotic rats [55]. Bifidobacteria are associated more with the colon than ileum, which is the major site of *Salmonella* translocation, and their beneficial effect is caused rather by their metabolic products and the mechanisms of tolerance they induce [56]. This could be the major reason why the association of gnotobiotic pigs with *B. choerinum* for 24 h was not protective against a subsequent infection with *S. enterica* serovar Typhimurium. Further studies of the formation of biofilms by bifidobacteria and their impact on *Salmonella* pathogenicity in gnotobiotic pigs are an interesting target of future study.

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Disclosure

U.S. – *E. coli* Nissle 1917 is the active component of the probiotic preparation Mutaflor® (Ardeypharm GmbH). The other authors have no conflict interests.

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