

Published in final edited form as:

Biochim Biophys Acta. 2011 April ; 1812(4): 439–446. doi:10.1016/j.bbadis.2011.01.002.

Activation of AKT signaling promotes cell growth and survival in $\alpha 7\beta 1$ integrin-mediated alleviation of muscular dystrophy

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Abstract

Transgenic expression of the $\alpha 7$ integrin can ameliorate muscle pathology in a mouse model of Duchenne muscular dystrophy (*mdx/utr*^{-/-}) and thus can compensate for the loss of dystrophin in diseased mice. In spite of the beneficial effects of the $\alpha 7$ integrin in protecting mice from dystrophy, identification of molecular signaling events responsible for these changes remains to be established. The purpose of this study was to determine a role for signaling in the amelioration of muscular dystrophy by $\alpha 7$ integrin. Activation of PI3K, ILK, AKT, mTOR, p70S6K, BAD, ERK, and p38 was measured in the muscle from wild type (WT), *mdx/utr*^{-/-} and $\alpha 7\text{BX}2\text{-mdx/utr}$ ^{-/-} mice using *in vitro* activity assays or phosphospecific antibodies and western blotting. Significant increases in PI3K activity (47%), ILK activity (2.0-fold), mTOR (Ser2448) (57%), p70S6K (Thr389) (11.7-fold), and ERK (Thr202/Tyr204) (66%) were demonstrated in dystrophic *mdx/utr*^{-/-} muscle compared to WT. A significant decrease in p38 phosphorylation (2.9-fold) was also observed. Although most of these signaling events were similar in dystrophic *mdx/utr*^{-/-} mice overexpressing the $\alpha 7$ integrin, the AKT (Ser473): AKT ratio (2-fold vs. WT) and p70S6K phosphorylation (18-fold vs. WT) were higher in $\alpha 7\text{BX}2\text{-mdx/utr}$ ^{-/-} compared to *mdx/utr*^{-/-} mice. In addition, increased phosphorylation of BAD Serine 112 may contribute to the significant reduction in TUNEL⁺ cells observed in $\alpha 7\text{BX}2\text{-mdx/utr}$ ^{-/-} mice. We conclude that the $\alpha 7\beta 1$ integrin confers a protective effect in dystrophic muscle through the activation of the ILK, AKT, p70S6K and BAD signaling to promote muscle cell survival.

Keywords

$\alpha 7$ Integrin; Muscular dystrophy; Integrin linked kinase (ILK); AKT; Cell signaling; Apoptosis

1. Introduction

Duchenne muscular dystrophy (DMD) is caused by mutations in the dystrophin gene resulting in the absence of the dystrophin protein [1,2]. Dystrophin is a key component of a macromolecular complex that links the cell cytoskeleton to laminin in the extracellular matrix [3-5]. The lack of dystrophin in DMD patients results in severe progressive muscle

wasting. Patients are usually confined to a wheelchair in their early teens and death from cardiopulmonary failure often occurs in their early twenties. In contrast, *mdx* mice, a mouse model for DMD, show mild muscle pathology and live a normal life span [2,6]. The muscles of *mdx* mice show increased expression of utrophin, a homologue of dystrophin normally found at neuromuscular and myotendinous junctions in the adult. In *mdx* mice, utrophin is localized around the sarcolemma suggesting that it may partially compensate for the absence of dystrophin [7]. *Mdx/utr^{-/-}* mice, which lack both dystrophin and utrophin, develop severe pathology that closely resembles that seen in DMD and die at 4–20 weeks of age [8,9].

Both *mdx* mice and DMD patients have elevated levels of $\alpha 7\beta 1$ integrin, a heterodimeric transmembrane receptor found in skeletal and cardiac muscle that also links laminin in the extracellular matrix to the cell cytoskeleton [10]. This led us to hypothesize that the dystrophin and integrin linkage systems may be complementary, such that in the absence of dystrophin, the level of $\alpha 7\beta 1$ integrin is increased. The results led us to question whether further increasing integrin levels in the absence of the dystrophin linkage system could prevent the development of muscle disease. This hypothesis was confirmed in transgenic *mdx/utr^{-/-}* mice in which expression of the $\alpha 7\text{BX}2$ integrin chain was further increased in skeletal muscle. An additional two-fold increase in $\alpha 7\beta 1$ integrin protein reduced the development of muscular dystrophy and increased longevity of the $\alpha 7\text{BX}2$ -*mdx/utr^{-/-}* transgenic mice three-fold [11].

The mechanism by which the *mdx/utr^{-/-}* mice were rescued by increased $\alpha 7\beta 1$ integrin is unclear. Additional integrin may provide increased mechanical stability to muscle fibers by means of attachment to the basal lamina. This could be accomplished by increased integrin-mediated adhesion and/or stabilization of components of the dystrophin complex that are expressed but markedly reduced in the plasma membrane in the absence of dystrophin. The preservation of membrane structure and reduction in inflammation observed in $\alpha 7\text{BX}2$ -*mdx/utr^{-/-}* mice [11] may slow the rapid onset of degeneration–regeneration cycles observed during the first few weeks of development, allowing differentiation and growth of fibers to dominate. Alternatively, the $\alpha 7\beta 1$ integrin may initiate an orchestrated series of signaling events inside the fiber that prevent apoptosis [12,13], a more controlled method for reducing fiber number which has been demonstrated in *mdx* mice [14]. ILK, the integrin-associated kinase, and its downstream substrate, the anti-apoptotic protein kinase B (PKB/AKT) appear to be important for the preservation of the myotendinous junction, such that the absence of ILK decreases AKT phosphorylation and leads to a milder form of muscular dystrophy in mice [15] and decreased cardiomyocyte defects in mice and zebrafish [16,17]. A comparative evaluation of the signaling events taking place in $\alpha 7\text{BX}2$ -*mdx/utr^{-/-}* versus *mdx/utr^{-/-}* skeletal muscle provides an important step in understanding the underlying mechanism of $\alpha 7$ integrin-driven protection during dystrophy.

The purpose of this study was to evaluate the activation and expression of integrin-associated proteins that mediate cell signaling in *mdx*, *mdx/utr^{-/-}*, and $\alpha 7\text{BX}2$ -*mdx/utr^{-/-}* mouse skeletal muscle. Elevations in ILK activity, ILK protein, and the AKT phosphorylation: AKT ratio were observed in $\alpha 7\text{BX}2$ -*mdx/utr^{-/-}* mice compared to *mdx* and *mdx/utr^{-/-}* mice. The activation of this signaling pathway was confirmed through the parallel enhancement of p70S6K phosphorylation in $\alpha 7\text{BX}2$ -*mdx/utr^{-/-}* mice. p70S6K phosphorylation is associated with increased initiation of protein translation necessary for increased muscle growth. Bcl-2/Bcl-X_L-associated death promoter (BAD) phosphorylation and a concomitant decrease in apoptosis were also observed in dystrophic mice expressing higher levels of the $\alpha 7$ integrin. In addition, specific association of ILK with a critical tyrosine residue on the $\alpha 7$ integrin subunit is demonstrated. These results reveal that increasing the amount of $\alpha 7\beta 1$ integrin results in the activation of the ILK–AKT signaling

pathway which promotes cell survival and hypertrophy and plays an important role in the integrin-mediated rescue of $\alpha7\text{BX2-mdx/utr}^{-/-}$ transgenic mice.

2. Materials and methods

2.1. Transgenic mice

The generation of transgenic mouse lines expressing the rat $\alpha7\text{BX2}$ protein has been previously described [11]. Transgenic $\text{mdx/utr}^{+/-}$ male mice were bred with $\text{mdx/utr}^{+/-}$ females to produce transgenic $\alpha7\text{BX2-mdx/utr}^{-/-}$ animals. Transgenic mice used in this study were 5 weeks of age and have an approximately 4-fold increase in $\alpha7\text{BX2}$ protein in their hindlimb muscle compared to non-transgenic wild type mice and a 2-fold increase over that detected in $\text{mdx/utr}^{-/-}$ mice [11]. Procedures for animal use and care were approved by the Institutional Animal Care and Use Committee (IACUC) at the University of Illinois at Urbana-Champaign.

2.2. Antibodies

ILK polyclonal antibody was purchased from Santa Cruz Biotechnology, Santa Cruz, CA, for determination of total ILK expression. AKT, phospho-AKT (Ser 473), phospho-mTOR (Ser2448), mTOR, phospho-p70S6K, p70S6K, phospho-BAD (Ser 112), BAD, ERK (Thr202/Tyr204), ERK, phospho-p38 (Thr180/Tyr182), and p38 antibodies were purchased from Cell Signaling Technology, Beverly, MA. HRP-labeled donkey anti-mouse and anti-rabbit antibodies were purchased from Jackson ImmunoResearch Laboratories Inc., West Grove, PA.

2.3. ILK activity assay

Hindlimb muscles were powdered in liquid nitrogen using a mortar and pestle. Proteins were extracted in ice-cold lysis buffer containing 2% Triton X-100, 20 mM Tris-HCl (pH 7.4), 150 mM NaCl, 1 mM EDTA (pH 8.0), 1 mM EGTA (pH 7.5), 2.5 mM Na pyrophosphate, 1 mM β -glycerophosphate, 1 mM sodium vanadate, 1:200 protease inhibitor cocktail III (Calbiochem), and 1 mM PMSF. Homogenates were rotated 30 min at 4 °C and centrifuged for 5 min at 10,000 g. Supernatants were collected and protein concentrations were determined using Bradford assays. Muscle extracts (1 mg) were precleared with 20 μL prewashed protein G beads prior to immunoprecipitation with 10 μL of ILK antibody (Millipore [Upstate Biotechnology, 06-592], Billerica, MA) in a total volume of 1 mL of fresh lysis buffer overnight at 4 °C, followed by the addition of 20 μL protein G beads for 2 h. Supernatants were discarded and beads were washed twice with lysis buffer and once with 2 \times lysis buffer (62.5 mM MOPS (pH 7.5), 37.5 mM MgCl_2 , 2.5 mM EGTA, 0.1 M β -glycerophosphate, 0.1 M sodium fluoride, 0.1 M sodium vanadate, and 330 mM DTT) diluted 1:1. *In vitro* kinase buffer containing 2 \times kinase buffer, 1 mg/mL basic myelin protein, and 10 μCi of adenosine 5' triphosphate (γ - ^{32}P) (PerkinElmer, Boston, MA) was added to each sample for 20 min at 30 °C and the reaction was terminated with 10 μL 4 \times Laemmli buffer containing 330 mM DTT, followed by boiling for 5 min. Samples were loaded onto a 12% gel for approximately 1 h at 200 V. Gels were rinsed, stained with 1:1 fast green stain (Sigma), destained, and then dried. Gels were exposed in a PhosphorImager cassette for 1–2 h and then bands were quantified using a PhosphorImager and Image Reader software. Muscle samples were also run as negative controls without ILK antibody or MBP to verify the validity of this assay.

2.4. ILK immunoprecipitation

Approximately 3×10^5 C2C12 mouse myoblasts, stably transfected to express the $\alpha7\text{BX2}$ integrin chain or a cytoplasmic domain mutant $\alpha7\text{BX2-YTF}$ (tyrosine to phenylalanine

mutation), were cultured on fibronectin-coated dishes in Dulbecco's medium (low glucose) containing 20% fetal calf serum, 0.5% chicken embryo extract, 2 mM glutamine, 100 units/mL penicillin, 100 µg/mL streptomycin and 10 µg/mL kanamycin [19]. G418 was added to ensure selection of stably transfected cells. At 80% confluence, Dulbecco's medium containing 2% horse serum (no embryo extract) was added to induce differentiation. Association of ILK with the $\alpha 7$ BX2 integrin was induced by engaging the integrin with 15 µg/mL of purified anti- $\alpha 7$ (O26) antibody [18], a concentration that also induces acetylcholine receptor clustering [19]. Following antibody stimulation, cells were washed once in ice-cold phosphate buffered saline containing 2 mM PMSF, collected and extracted in ice-cold lysis buffer as described above for the ILK activity assay, except that 2% NP-40 was used in place of Triton-X. The Bradford assay was used to determine protein concentration. Protein extracts (0.5 g) were incubated overnight with 10 µL ILK antibody (Millipore [Upstate Biotechnology, 06-592]) and incubated for 2 h with 20 µL prewashed protein G beads. The beads were washed 3 times with NP-40 lysis buffer, boiled with 40 µL 2× Laemmli buffer and samples were loaded onto 8% gels. Following electrophoresis, proteins were transferred to nitrocellulose, blocked with 5% BSA, and examined for $\alpha 7$ BX2 using CDB antibody, reactive with the cytoplasmic $\alpha 7$ B cytoplasmic domain [20]. Blocking peptide experiments verified the $\alpha 7$ integrin immunoreactive bands following detection with secondary antibody and enhanced chemiluminescence (ECL) (Amersham Pharmacia Biotech, Piscataway, NJ).

2.5. PI3K activity assay

Extracts (2 mg) prepared from hindlimb muscles (as described for the ILK activity assay above) were pre-cleared with 20 µL pre-cleared protein G beads prior to immunoprecipitation with 5 µL of p85 antibody (Millipore [Upstate Biotechnology, 06-195], Billerica, MA) in a total volume of 1 mL of fresh lysis buffer overnight at 4 °C, followed by the addition of 60 µL protein A beads for 2 h. Supernatants were discarded and beads were washed twice with each of the following buffers: Buffer 1 [10× PBS, 1% NP-40, 100 µM sodium vanadate], Buffer 2 [100 mM Tris-HCl (pH 7.5), 500 mM LiCl, 100 mM sodium vanadate], and Buffer 3 [10 mM Tris (pH 7.5), 100 mM NaCl, 100 mM sodium vanadate, and 1 mM EDTA]. Phosphatidylinositol (PI) substrate (10 µL; Avanti Polar Lipids, Alabaster, AL) and 10 µL of 100 mM MgCl₂ were added to each tube prior to initiation of reaction with adenosine 5' triphosphate (γ -³²P) (7 µCi/sample), 100 mM MgCl₂, and ATP (10 mM; Sigma, A9187) at 30 °C for 30 min, vortexing every 2 min. The reactions were terminated with 20 µL 8 N HCl. Lipids were extracted in a 1:1 chloroform:methanol and spotted onto thin layer chromatography plates (Silica gel 60A plates, 250 µm layer thickness, Fisher Scientific). Migration of lipids occurred by capillary action in a TLC tank and TLC plates were air dried for 30 min and exposed to a PhosphoImager cassette. Lipids were quantified using a PhosphoImager and Image Reader software. Omission of antibody and substrate were used as controls.

2.6. Western analysis

Hindlimb muscles were powdered in liquid nitrogen using a mortar and pestle. Extraction of proteins was completed at 4 °C in ice-cold lysis buffer containing either 200 mM octyl- β -D-glucopyranoside or 2% Triton X-100 in 100 mM Tris-HCl (pH 7.4), 150 mM NaCl, 2 mM PMSF, 1:200 dilution of Protease Cocktail Set III (Calbiochem, La Jolla, CA), 1 mM CaCl₂, and 1 mM MgCl₂ at 4 °C for 1 h. Supernatants were collected and protein concentrations were determined using Bradford assays. Equal amounts of extracted muscle proteins were separated on 8–12% SDS polyacrylamide gels at 40 mA for 50 min. Proteins were transferred to nitrocellulose membranes for 1 h at 100 V and membranes were stained with Ponceau S (Sigma) to ensure equal protein loading. Membranes were blocked in Tris-buffered saline (pH 7.8) containing 5% BSA and membranes were incubated overnight with

the following antibodies at a concentration of 1:1000 unless otherwise indicated: ILK, phospho-AKT (1:2000), AKT, phospho-mTOR, mTOR, phospho-p70S6K (1:500), p70S6K (1:500), phospho-BAD, BAD, phospho-ERK, ERK, phospho-p38, and p38. Anti-rabbit or anti-goat antibodies coupled with horseradish peroxidase were used to detect primary antibodies (1:2000). Immuno-reactive bands were detected using an enhanced chemiluminescence kit (ECL) (Amersham Pharmacia Biotech, Piscataway, NJ). ImageQuant software (Amersham Pharmacia Biotech) was used to measure the intensities of immunoreactive bands on scanned films and intensity of the 43 kDa actin band on digital photos of Ponceau S-stained blots.

2.7. Apoptosis

Apoptotic nuclei were detected by using the DEAD END™ Fluorometric TUNEL System (Promega, Madison, WI). Briefly, hindlimb was frozen in liquid nitrogen cooled isopentane and stored at -80°C until needed. Using a CM1900 series cryostat (Leica Microsystems, Germany), 10 μm -thick sections were cut and put on microscope slides. Multiple sections at least 50 μm apart were obtained from each animal. Sections were treated as instructed according to the DEAD END™ Fluorometric TUNEL System. Apoptotic nuclei were scored by counting the total number of TUNEL⁺ nuclei per 50 40 \times fields.

2.8. Statistics

All averaged data are presented as the means \pm SE. Comparisons of signaling and TUNEL staining between groups were performed by one-way ANOVA, followed by Tukey's post hoc analysis (SigmaStat). Differences were considered significant at $P < 0.05$.

3. Results

3.1. Integrin linked kinase (ILK) associates with the $\alpha 7$ integrin and is increased in the skeletal muscle of mice with elevated $\alpha 7$ integrin

Integrins have a dual functional capacity in cell adhesion and cell signaling [21]. Therefore, increasing $\alpha 7\beta 1$ integrin in skeletal muscle may result in changes in cell signaling that could ameliorate the development of dystrophic muscle. To investigate if altered cell signaling played a role in the rescue of *mdx/utr*^{-/-} mice we examined the expression and activity of candidate downstream integrin signaling proteins in *$\alpha 7\text{BX2-mdx/utr}$* ^{-/-} mice.

Integrin linked kinase (ILK) is a serine/threonine protein kinase that interacts with $\beta 1$ integrin cytoplasmic domains and mediates protein-protein interactions, cell signaling, and adhesion [22,23]. ILK protein and activity were analyzed in 5 week-old mice with enhanced levels of the $\alpha 7\beta 1$ integrin. ILK activity was measured by *in vitro* assay using MBP as a substrate. Western blot analysis revealed significant increases in ILK protein in hindlimb of *mdx* (2-fold), *mdx/utr*^{-/-} (2.5-fold) and *$\alpha 7\text{BX2-mdx/utr}$* ^{-/-} (2.9-fold) mice compared to wild type animals (Fig. 1A). ILK activity was increased in *mdx/utr*^{-/-} (2.0-fold) and *$\alpha 7\text{BX2-mdx/utr}$* ^{-/-} (2.5-fold) mice compared to wild type animals (Fig. 1A). ILK activity and expression were elevated but not statistically higher in *$\alpha 7\text{BX2-mdx/utr}$* ^{-/-} compared to *mdx-utr*^{-/-} mice. Interestingly, the amount of ILK protein was increased 2.0-fold in *mdx* mice yet ILK activity remained unchanged. The coincident elevations in ILK and ILK activity in mice overexpressing the $\alpha 7$ integrin prompted us to examine whether ILK specifically associates with the $\alpha 7\text{BX2}$ isoform. We evaluated this interaction using C2C12 myoblasts stably transfected with $\alpha 7\text{BX2}$ or a mutant form of $\alpha 7\text{BX2}$ (tyrosine to phenylalanine mutation). In the absence of activation of the integrin with anti- $\alpha 7$ antibody (O26), ILK did not associate with the integrin. However, stimulation with anti- $\alpha 7$ antibody resulted in the rapid (5 s) phosphorylation of the $\alpha 7\text{BX2}$ integrin chain (data not shown) and its association with ILK, an interaction that remained stable for at least 1 min (Fig. 1B). Interestingly, both

phosphorylation and the association with ILK were suppressed in the absence of this critical tyrosine residue.

Phosphoinositide-3-OH kinase (PI3K) appears to be important for activation of downstream signaling by ILK [24]. PI3K was not activated in *mdx*, yet increased in both *mdx/utr^{-/-}* (47%) and *α7BX2-mdx/utr^{-/-}* (24%) compared to wild type, consistent with our results for ILK activity in these mice (Fig. 1C and D).

3.2. The AKT signaling pathway is enhanced by increased α7β1 integrin

The active form of AKT is phosphorylated and acts downstream from ILK in a pathway that inhibits apoptosis and promotes cell survival [24,25] via the anti-apoptotic protein BAD [26]. We have previously reported resistance to apoptosis in C2C12 mouse myoblasts overexpressing the α7 integrin [12]. To further determine if integrin-mediated anti-apoptotic signaling is enhanced in the transgenic animals, the amount of phosphorylated and total AKT levels were measured in extracts of hindlimb muscle from wild type, *mdx*, *mdx/utr^{-/-}* and *α7BX2-mdx/utr^{-/-}* mice. Total AKT increased 2.4-fold, 3.9-fold, and 3.4-fold in *mdx*, *mdx/utr^{-/-}*, and *α7BX2-mdx/utr^{-/-}* mice, respectively, compared to wild type animals (Fig. 2A). A 6.3-fold increase in phospho-AKT (Ser 473) was detected in *mdx/utr^{-/-}* mice compared to wild type animals and a 10-fold increase in phospho-AKT (Ser 473) was found in *α7BX2-mdx/utr^{-/-}* mice (Fig. 2A). No differences were observed in the proportions of AKT that were active in wild type, *mdx*, or *mdx/utr^{-/-}* mice. In contrast, *α7BX2-mdx/utr^{-/-}* mice have a significant increase in the proportion of active AKT compared to all the groups (Fig. 2B).

3.3. Increased α7β1 integrin results in reduced apoptosis in α7BX2-mdx/utr^{-/-} mice

Active AKT is pivotal in regulating proteins involved in cell survival, growth, and muscle integrity, including the Bcl-2/Bcl-X_L-associated death promoter (BAD). Phosphorylation of pro-apoptotic BAD on Ser136 or 112 results in loss of the ability of BAD to heterodimerize with the survival proteins Bcl-X_L or Bcl-2. Phosphorylated BAD then associates with the eukaryotic regulatory binding protein 14-3-3 and remains sequestered in the cytoplasm. This results in the loss of ability of BAD to initiate apoptosis and thereby promotes cell survival. Phosphorylation of BAD on Ser136, a preferred substrate for AKT, was not detected in our samples using the methods described (data not shown), despite confirmation of BAD expression which was unaltered. On the other hand, phosphorylation of BAD on Ser112 was increased 2.8-fold, 3.0-fold, and 5-fold in *mdx*, *mdx/utr^{-/-}*, and *α7BX2-mdx/utr^{-/-}* mice, respectively, compared to wild type animals (Fig. 3A). Similar to results for ILK activity and expression, BAD Ser112 phosphorylation was elevated but not significantly higher in *α7BX2-mdx/utr^{-/-}* compared to *mdx/utr^{-/-}* mice. ERK is an upstream regulator of BAD phosphorylation on Ser112. Phosphorylation of ERK was elevated in all dystrophic mice and correlated with levels of BAD Ser112 phosphorylation (Fig. 3B). No changes in ERK protein were observed between groups.

The increase in BAD phosphorylation prompted us to examine apoptosis in these mice. The number of TUNEL⁺ apoptotic nuclei was not increased in *mdx* mice but was markedly increased in *mdx/utr^{-/-}* mice compared to wild type mice (Fig. 3C). Although still elevated compared to wild type, the number of TUNEL⁺ nuclei was attenuated in *α7BX2-mdx/utr^{-/-}* mice compared to *mdx/utr^{-/-}*. Thus, the increased amount of α7β1 integrin may maintain muscle integrity in *α7BX2-mdx/utr^{-/-}* mice in part by preventing apoptosis.

3.4. p70S6K is enhanced by increased α7β1 integrin

The serine kinase activity of AKT also promotes fiber growth by activation of mTOR and p70S6K [27]. We previously reported a 4-fold increase in hypertrophic fibers in *α7BX2-*

mdx/utr^{-/-} compared to *mdx/utr^{-/-}* mice in both soleus and the tibialis anterior muscles [28]. While total expression of mTOR and p70S6K were not altered in any group, mTOR phosphorylation was increased (57%) in *mdx/utr^{-/-}* mice compared to wild type (Fig. 4A). mTOR phosphorylation was not altered in α 7BX2-*mdx/utr^{-/-}* mice compared to any other group. Strikingly, p70S6K phosphorylation was increased 6.7-fold, 11.7-fold, and 18-fold in *mdx*, *mdx/utr^{-/-}*, and α 7BX2-*mdx/utr^{-/-}* mice, respectively, compared to wild type animals. p70S6K phosphorylation was significantly higher in α 7BX-*mdx/utr^{-/-}* compared to *mdx/utr^{-/-}* mice (Fig. 4B). Together, these data suggest that the AKT pathway is enhanced in severely dystrophic *mdx/utr^{-/-}* mice and that it is further activated by increased integrin in α 7BX2-*mdx/utr^{-/-}* mice. This likely contributes to the formation of hypertrophic fibers previously observed in these animals.

3.5. Dystrophy decreases phosphorylation of p38

Reductions in p38 phosphorylation have been reported in diaphragm muscle of *mdx* mice [29]. In this study, p38 levels were not altered (data not shown), but p38 phosphorylation was significantly decreased in hindlimb muscle to the same extent in all dystrophic mice examined (Fig. 5). The significance of p38 suppression in the dystrophic mice is not clear, but the level of α 7 integrin in muscle does not seem to influence p38 activity.

4. Discussion

Duchenne muscular dystrophy (DMD) is an X-linked human disease affecting 1/3500 newborn boys. Mutations in the dystrophin gene result in a lack of the dystrophin protein in both patients and *mdx* mice. The loss of dystrophin leads to a breakdown of a transmembrane system linking laminin in the extracellular matrix to the actin cytoskeleton resulting in muscle disease. Attempts to treat muscular dystrophy have involved both direct gene replacement and gene repair [30-32]. Recently, several additional approaches have emerged based on the study of proteins with complementary functions to the dystrophin glycoprotein complex [11,33]. The α 7 β 1 integrin is a laminin receptor on the surface of muscle cells that interacts with the actin cytoskeleton and has complementary functions to the dystrophin glycoprotein complex. Enhanced expression of the α 7 β 1 integrin in mice lacking dystrophin and utrophin results in a three-fold increase in life span and partial rescue of muscle pathology in mice that would normally develop severe muscle disease and die [11]. The mechanisms by which enhanced levels of the α 7 β 1 integrin rescued these mice are unclear and have been the focus of this investigation.

The α 7 integrin and ILK are localized to similar structures in muscle, including costameres and myotendinous junctions [15,34]. Previous groups reported binding of ILK with the β 1 integrin subunit and this association results in the activation of AKT *in vitro* [24,35,36]. Loss of either the α 7 integrin or ILK independently results in mild muscular dystrophies characterized by progressive loss of integrity at myotendinous and neuromuscular junctions that worsens with age or mechanical stress [15,37]. In this paper, we show that the amount of ILK protein and activity are increased in both *mdx/utr^{-/-}* and α 7BX2-*mdx/utr^{-/-}* compared to wild type and *mdx* mice. Although ILK activity is not significantly higher in α 7BX2-*mdx/utr^{-/-}* compared to *mdx/utr^{-/-}*, an elevation in activation is observed. Interestingly, association of ILK with the α 7BX2 integrin subunit upon stimulation with an anti- α 7 integrin antibody was observed *in vitro*. Thus, engagement of the α 7 integrin *in vivo* may facilitate ILK binding and allow ILK to stably interact with proteins at focal adhesions within the sarcolemma. Although we did not evaluate binding between α 7 and ILK *in vivo*, it is tempting to speculate that fibrosis associated with dystrophy prevents the α 7 integrin-laminin interaction necessary for α 7 integrin activation, ILK binding to the α 7 integrin, and concomitant initiation of anti-apoptotic and regenerative signaling. We have previously demonstrated the ability of the α 7 integrin transgene to decrease inflammation and improve

the microenvironment in $\alpha 7\text{BX2-}mdx/utr^{-/-}$ mice [11,28]. These beneficial changes may facilitate greater adhesion of the $\alpha 7$ integrin with the laminin matrix and subsequently activate the ILK survival pathway (Fig. 6). In addition, elimination of $\alpha 7$ integrin in *mdx* mice ($\alpha 7/mdx^{-/-}$) results in severe muscle disease that may in part result from loss of integrin-mediated ILK activation [38].

An increase in the level of apoptosis has been reported in *mdx* mice, suggesting programmed cell death plays a role in the pathology underlying muscular dystrophy [14]. Since the $\alpha 7\beta 1$ integrin has been implicated in muscle cell survival [10-13,39], increased transgenic expression of $\alpha 7\beta 1$ integrin may inhibit apoptosis in mice that would normally develop severe muscular dystrophy. We have previously reported that overexpression of the $\alpha 7$ integrin transgene can prevent staurosporine-induced apoptosis in C2C12 myoblasts in culture [12]. In this study, expression of the $\alpha 7$ integrin transgene did suppress apoptosis in $\alpha 7\text{BX2-}mdx/utr^{-/-}$ mice compared to *mdx/utr^{-/-}* mice. Inhibition of the pro-apoptotic BAD by AKT-mediated phosphorylation on Ser136 is important for limiting cell death, presumably by allowing association of BAD with 14-3-3 which sequesters it in the cytoplasm. We did not detect BAD phosphorylation at Ser136, but phosphorylation at Ser112 was enhanced in $\alpha 7\text{BX2-}mdx/utr^{-/-}$ mice, perhaps due to ERK which strongly influences phosphorylation at this site [40,41]. Since Ser112 phosphorylation is also important for inhibiting the pro-apoptotic function of BAD [26], it is likely this signaling event played a significant role in the suppression of apoptosis and protection from developing pathology in mice overexpressing the $\alpha 7$ integrin transgene. Further studies of $\alpha 7$ integrin-mediated regulation of the apoptotic signaling pathway in muscle are warranted.

In addition to promoting cell survival, AKT is a key regulator of the compensatory hypertrophy that is a hallmark of muscular dystrophy. AKT phosphorylation and expression are consistently activated in both diaphragm [42] and skeletal muscle [43,44] in mouse models of disease and in patients with muscular dystrophy. Moreover, conditional overexpression of muscle-specific AKT can enhance muscle mass and fiber cross-sectional area in *mdx* mice [45]. p70S6K, an initiator of protein translation, lies downstream within the AKT signaling pathway and is upregulated in *mdx* hindlimb [43] and diaphragm muscles [29]. Consistent with these findings, hypertrophy is increased in hindlimbs of $\alpha 7\text{BX2-}mdx/utr^{-/-}$ mice compared to both wild type and *mdx/utr^{-/-}* mice [28]. In this study, we report a marked increase in p70S6K phosphorylation in severely dystrophic $\alpha 7\text{BX2-}mdx/utr^{-/-}$ mice that overexpress the $\alpha 7$ integrin transgene compared to mice that do not. Although mTOR phosphorylation was not elevated to the same extent in these mice, it is possible that AKT activates p70S6K independently of mTOR or perhaps p70S6K is directly activated by the integrin via a mechanoregulatory mechanism as a result of enhanced adhesion to the surrounding basal lamina. Amino acid uptake and protein synthesis can occur in cultured myotubes in the complete absence of systemic factors as a result of stretch, yet the mechanism responsible for this hypertrophic effect is still not known [46]. Our data suggest that p70S6K may be activated as a result of increased $\alpha 7$ integrin and this event contributes to hypertrophic responses necessary to combat loss of myofibrillar proteins and disease progression.

p38 is a member of the mitogen-activated protein kinase family that is ubiquitously expressed in a variety of tissues and activated by stressors, such as proinflammatory cytokines, osmotic shock, shear stress, and stretch [47,48]. Although the precise role of p38 in skeletal muscle is not clear, p38 has been suggested to positively influence myogenic cell differentiation [48] and mitochondrial biosynthesis [49,50], and it plays a protective role against apoptosis [51] and Foxo3a-induced muscle atrophy [52]. In this study, we observe a consistent decline in p38 phosphorylation in all models of muscular dystrophy, including mice overexpressing the $\alpha 7$ integrin. These results are similar to several studies that report

significant decreases in p38 phosphorylation in dystrophic diaphragm and hindlimb muscle [29,53,54]. We were surprised that increasing the amount of $\alpha 7$ integrin did not restore p38 phosphorylation levels given our previous data showed elevated activation of p38 3 h following exercise in mice overexpressing the $\alpha 7$ integrin in wild type mice [55].

This study reveals for the first time that the $\alpha 7\beta 1$ integrin plays an important role in modulating the activation of several signaling molecules important for promoting muscle cell survival and hypertrophy in mice with severe muscular dystrophy. Elevated expression and activation of the $\alpha 7\beta 1$ integrin or molecules in its pathway may provide novel avenues for treatment of neuromuscular diseases.

Acknowledgments

We thank Eric Chaney and James Mulligan for their technical assistance. This work was supported by grants from the NIH (RO1-AG014632) and Muscular Dystrophy Association (to SJK), Ellison Medical Foundation (to MDB), and NIH (R01AR053697) (to DJB).

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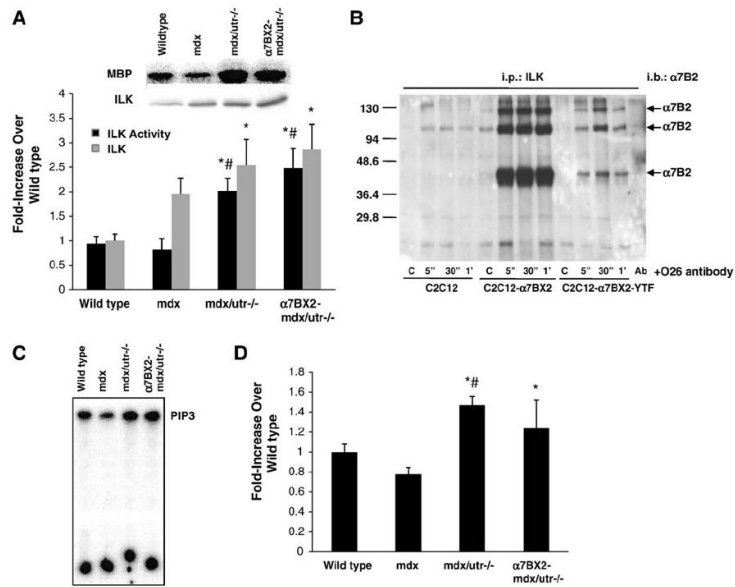


Fig. 1. Integrin-linked kinase (ILK) and PI3 kinase (PI3K) activities are increased in transgenic mice overexpressing the $\alpha7$ BX2 integrin. (A) ILK protein and activity were assessed using MBP as a substrate in muscle from 5 week-old wild type, *mdx*, *mdx/utr^{-/-}*, and *α7BX2-mdx/utr^{-/-}* mice (n=3–6/grp; *mdx* group n=3). ILK activity was increased in both *mdx/utr^{-/-}* and *α7BX2-mdx/utr^{-/-}* mice with corresponding increases in ILK protein. (B) ILK association with $\alpha7$ BX2 was examined *in vitro* in C2C12 cells transfected with $\alpha7$ BX2 or $\alpha7$ BX2 containing a cytoplasmic Tyr to Phe substitution (C2C12- $\alpha7$ BX2-YTF). ILK was not bound to $\alpha7$ BX2 in the absence of stimulation with anti- $\alpha7$ antibody (O26) in control cells (C), but quickly associates (within 5 s) in its presence. Ab=antibody only lane. (C) Total PI3K activity was evaluated in 5 week-old wild type, *mdx*, *mdx/utr^{-/-}*, and *α7BX2-mdx/utr^{-/-}* mice. (D) PI3K activity was increased in both *mdx/utr^{-/-}* and *α7BX2-mdx/utr^{-/-}* mice (n=5–7/grp). *=vs. wild type and #=vs. *mdx* (P<0.05).

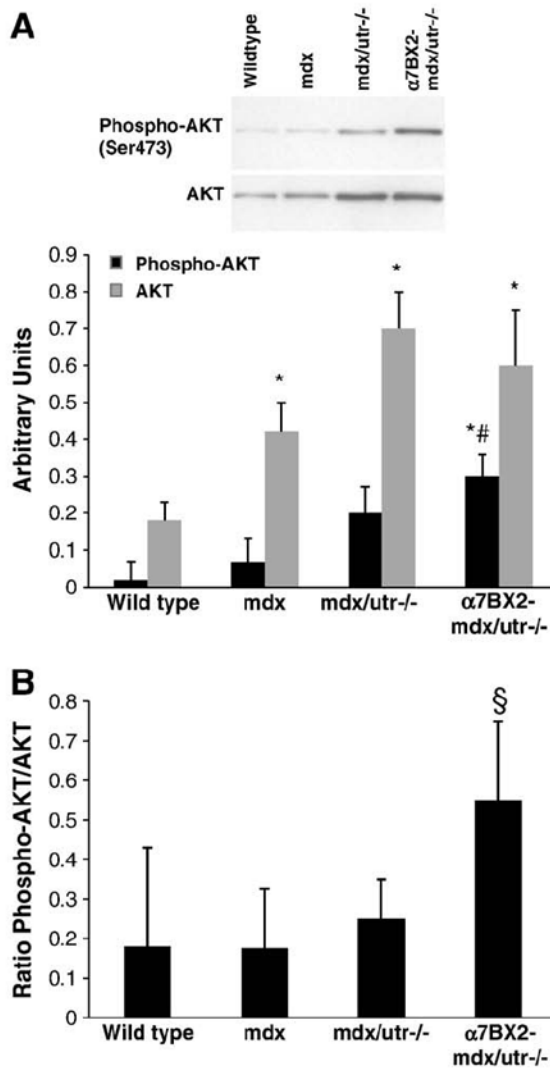
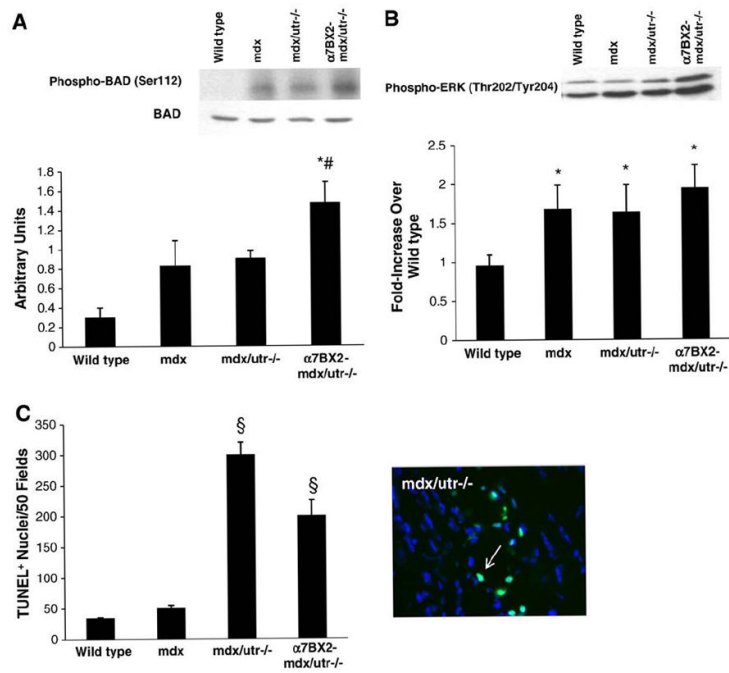


Fig. 2. Total AKT and phosphorylated AKT are increased in $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice. (A) AKT phosphorylation (Ser473) and expression were examined in 5 week-old wild type, mdx , $mdx/utr^{-/-}$, and $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice ($n=4-6$ /grp) and reported as a percentage of an internal control sample. AKT expression is increased in all groups compared to wild type, however, AKT phosphorylation was only significantly increased in $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice. (B) The ratio of phosphorylated to total expression of AKT was measured. The $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice have higher proportions of activated AKT compared to all other groups. *=vs. wild type, #=vs. mdx , and §=vs. all groups ($P<0.05$).

**Fig. 3.**

Phosphorylation of BAD and ERK is increased and apoptosis is inhibited in $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice. (A) BAD phosphorylation (Ser112) was examined in 5 week-old wild type, mdx , $mdx/utr^{-/-}$, and $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice (n=4–8/grp) and reported as a percentage of an internal control sample. BAD phosphorylation was significantly increased only in $\alpha 7BX2$ - $mdx/utr^{-/-}$ compared to wild type mice. Total BAD levels were unchanged (not shown). (B) ERK is an upstream regulator of BAD Ser112 phosphorylation. ERK phosphorylation was increased in all groups (n=4–8/grp). (C) TUNEL⁺ nuclei were counted as an indication of apoptosis in skeletal muscle of 5 week-old wild type, mdx , $mdx/utr^{-/-}$, and $\alpha 7BX2$ - $mdx/utr^{-/-}$ mice (n=4–7/grp). A representative image of TUNEL staining is shown. Apoptosis was significantly increased in $mdx/utr^{-/-}$ mice compared to wild type and mdx , and apoptosis was suppressed in dystrophic mice expressing the $\alpha 7$ integrin transgene. *=vs. wild type, #=vs. mdx , and §=vs. all groups (P<0.05).

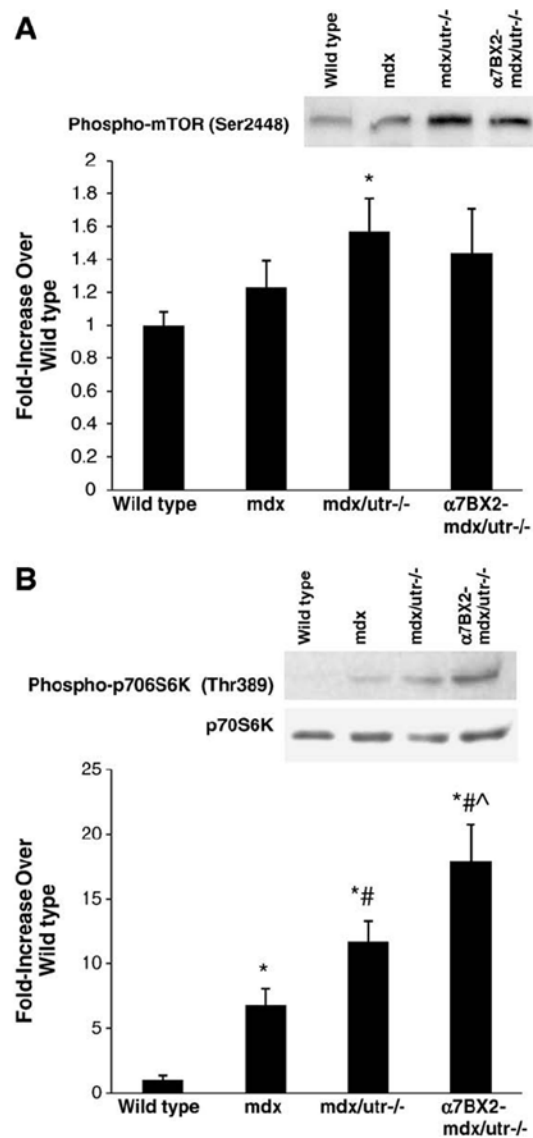


Fig. 4. Signaling associated with muscle hypertrophy is activated in $\alpha 7\text{BX}2\text{-mdx/utr}^{-/-}$ mice. mTOR and p70S6K phosphorylation were measured in muscle from 5 week-old wild type, *mdx*, *mdx/utr*^{-/-}, and $\alpha 7\text{BX}2\text{-mdx/utr}^{-/-}$ mice (4–6/grp). (A) mTOR phosphorylation was significantly increased only in $\alpha 7\text{BX}2\text{-mdx/utr}^{-/-}$ muscle compared to wild type mice. (B) p70S6K phosphorylation was significantly increased in all groups compared to wild type muscle, and was higher in $\alpha 7\text{BX}2\text{-mdx/utr}^{-/-}$ mice compared to *mdx/utr*^{-/-} mice that did not express the transgene. *=vs. wild type, #=vs. *mdx*, and ^=vs. *mdx/utr*^{-/-} ($P < 0.05$).

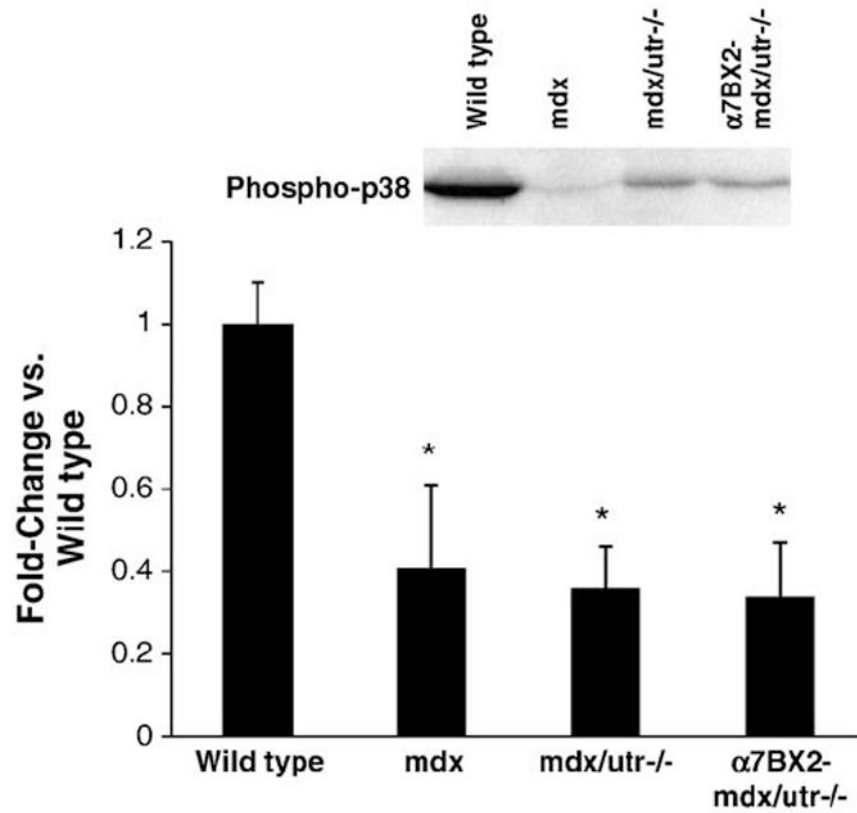


Fig. 5. p38 phosphorylation is reduced in dystrophic mice and increasing $\alpha 7$ integrin did not restore activation. p38 phosphorylation was measured in muscle from 5 week-old wild type, *mdx*, *mdx/utr^{-/-}*, and $\alpha 7$ BX2-*mdx/utr^{-/-}* mice (n=4–6). p38 phosphorylation was decreased to the same extent in all mice evaluated. *=vs. wild type (P<0.05).

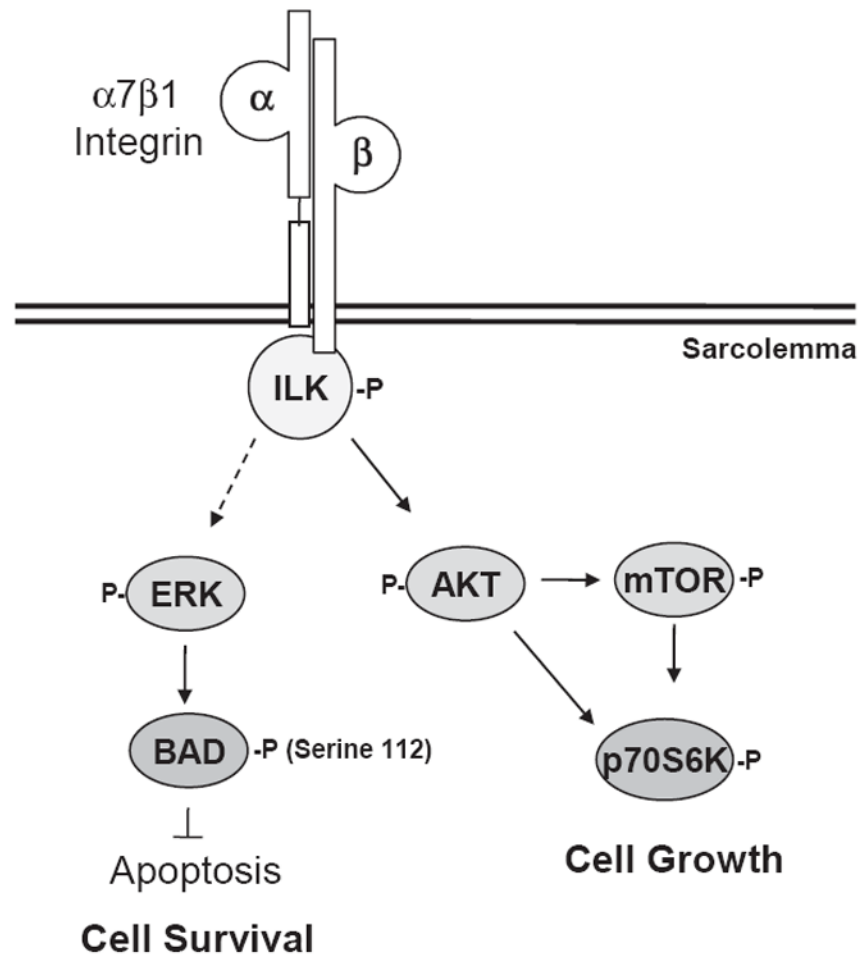


Fig. 6. Signaling pathways by which the $\alpha 7$ integrin decreases pathology in dystrophic mice. The $\alpha 7$ integrin–ILK complex is activated in response to extracellular matrix attachment, resulting in phosphorylation of AKT and p70S6K in an mTOR-dependent or independent manner, resulting in increased muscle growth. The $\alpha 7$ –ILK complex may also stimulate phosphorylation of BAD on Ser112 (via ERK), suppressing the pro-apoptotic actions of BAD and enhancing cell survival.