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## Reversible epithelial to mesenchymal transition and acquired resistance to sunitinib in patients with renal cell carcinoma: evidence from a xenograft study

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#### Abstract

Tyrosine kinase inhibitors (TKIs) targeting angiogenesis via inhibition of the vascular endothelial growth factor (VEGF) pathway have changed the medical management of metastatic renal cell carcinoma. While the treatment with TKIs has demonstrated clinical benefit these drugs will eventually fail patients. The potential mechanisms of resistance to TKIs are poorly understood. To address this question we obtained an excisional biopsy of a skin metastasis from a patient with clear cell renal carcinoma who initially had a response on sunitinib and eventually progressed on therapy. Tumor pieces were grafted subcutaneously in athymic nude mice. Established xenografts were treated with sunitinib. Tumor size, microvascular density and pericyte coverage were determined. Plasma as well as tissue levels for sunitinib were assessed. A tumor derived cell line was established and assessed in vitro for a potential direct antitumor effects of sunitinib. To our surprise, xenografts from the patient who progressed on sunitinib regained sensitivity to the drug. At a dose of 40 mg/kg sunitinib caused regression of the subcutaneous tumors. Histology showed a marked reduction in microvascular density and pericyte dysfunction. More interestingly, histological examination of the original skin metastasis revealed evidence of epithelial-tomesenchymal-transition while the xenografts showed reversion to the clear cell phenotype. In vitro studies showed no inhibitory effect on tumor cell growth at pharmacologically relevant concentrations. In conclusion, the histological examination in this xenograft study suggests that reversible epithelial-to mesenchymal-transition may be associated with acquired tumor resistance to TKIs in patients with clear cell renal carcinoma.

#### Keywords

Vascular endothelial growth factor; angiogenesis inhibitors; resistance; renal cell carcinoma

#### Introduction

Following the approval of the tyrosine kinase inhibitors sorafenib and sunitinib by the Food and Drug Administration, the treatment paradigm for metastatic renal cell carcinoma has significantly changed (1). Until few years ago, immunotherapies such as interferon alpha and interleukin 2 (IL-2) were the only treatment options for metastatic renal cell carcinoma. Cytokine therapies are typically associated with flu-like side effect and high dose IL-2 administration requires inpatient admission with intensive monitoring because of the severe

toxicities. The observed objective response rate for high dose IL-2 is 15–20%. However, in a small number of patients durable responses are observed (1).

Receptor tyrosine kinase inhibitors such as sunitinib and sorafenib have a relatively broad spectrum of targets (2). Their clinical efficacy in renal cell carcinoma is thought to be primarily due to inhibition of angiogenesis related receptor kinases such as the vascular endothelial growth factor receptors (VEGFR) and the platelet derived growth factor receptor (PDGFR)(3,4). Clear cell renal cell carcinoma is known for the commonly high expression of the potent proangiogenic vascular endothelial growth factor (VEGF). This is due to the frequently deleted, mutated or epigenetically silenced von-Hippel-Lindau (VHL) gene which leads to the constitutively high expression of hypoxia inducible factor 1 alpha (HIF1 $\alpha$ )(5). HIF1 $\alpha$  is a transcription factor involved in cell adaption to hypoxic conditions that induce the expression of VEGF and PDGF and consequently the stimulation of new blood vessel growth (6).

In clinical studies, sorafenib and sunitinb have shown a prolongation of progression-free survival (PFS) in cytokine pretreated and untreated patients, respectively (7,8). The final results of a large randomized phase III study comparing sunitinib with interferon alpha as first line treatment has shown a significant improvement in PFS, a greater overall survival, and a ~40% objective response rate (8). Despite this success, renal cell carcinomas treated with sunitinib will eventually develop resistance and progress. The mechanism of resistance remains unclear. Hypotheses include the presence of compensatory changes in blood vessel composition, the increased production of additional proangiogenic growth factors, increased pericyte coverage, accumulation of bone marrow derived cells and tumor cell resistance to direct cytotoxic effects (9). In the attempt of addressing this important clinical question we have established a primary xenograft model from a patient who had initial response to sunitinib but eventually progressed and developed new metastatic lesions to the skin. We characterized this model with regards to its histology, HIF1 $\alpha$  expression, and baseline angiogenesis and most importantly to its sensitivity to TKIs.

#### **Materials and Methods**

#### **Reagents and cell culture**

The human renal cell carcinoma cell lines RCC1.11 and RCC1.18 were kindly provided by Dr. Elisabeth Jaffe (Johns Hopkins University, Baltimore, MD). These cell lines were established from primary renal cell tumors. HS27a, an immortalized bone marrow stromal cell line, was obtained from ATCC. These cells were grown in RPMI 1640 media supplemented with 10% FCS, penicillin and streptomycin. The cell line IH23.1 was derived from the patient's skin tumors and maintained in DMEM with 20% FCS, penicillin and streptomycin. All cell lines were maintained at  $37^{\circ}$ C in a 5% CO<sub>2</sub> and 95% air incubator.

#### Western blot analysis

Western blots were carried out on 4% to 15% gradient polyacrylamide gels according to methods previously described (10). The anti-HIF1 $\alpha$  antibody was obtained from R&D Systems (Minneapolis, MN).

#### Generation and characterization of a xenograft cell line

A tumor cell line (IH23.1) from the primary xenograft was derived by allowing tumor fragments to attach to plastic and by supporting growth in high serum conditions. Outgrowing cells were serially passaged and stained positive with a pan-cytokeratin Ab (Sigma) for human epithelial origin (data not shown). For Western blot analysis, cell lysates of IH23.1 cells growing under normoxic conditions or exposed to 100 μM CoCl<sub>2</sub> for 6 hours

to mimic hypoxia, were used. HS27a cells, an HPV immortalized fibroblast cell line, served as positive control for inducible HIF-1 $\alpha$ .

#### Establishment of primary xenografts and sunitinib treatment

The patient was consented to an IRB approved protocol for an excisional biopsy of his metastatic skin lesions. Part of the tumor tissue was fixed in formalin for H&E and immunohistochemistry. The rest was snap frozen for protein and RNA studies and in part cut into  $3 \times 3 \times 3$  mm pieces for subcutaneous implantation in athymic nude mice (F1). The animal research protocol was approved by the Johns Hopkins University Animal Use and Care Committee and animals were maintained in accordance to guidelines of the American Association of Laboratory Animal Care. 6-week-old male athymic nude mice were purchased from the NCI (Frederick) and housed under pathogen-free conditions. When the carcinoma reached a size of 1,500 mm<sup>3</sup>, they were excised, cut into into  $3 \times 3 \times 3$  mm fragments, and transplanted into new cohort of mice for expansion and eventual drug studies. Drug studies were performed on F4 and F5 generation of primary xenografts. Tumor growth was assessed twice weekly by using caliper, and the size was expressed in mm<sup>3</sup> using the standard formula: length  $\times$  (width)<sup>2</sup>  $\times$  0.52. Before starting the treatment, mice were divided in homogenous groups (8-9 per group) according to tumor burden determined by size. Treatment-related toxicity was determined by mouse weights weekly. Tumor weights were determined when mice were sacrificed at the end of the study.

Sunitinib malate (generously provided by Pfizer) was dissolved in a vehicle containing carboxymethylcellulose (0.5%), NaCl (1.8%), Tween80 (0.4%), Benzylalcohol (0.9%) and distilled water (pH adjusted to 6.0). Sunitinib malate was dispersed at a concentration of 10.4 mg/ml (8 mg/ml free base). The mixture was sonicated to achieve a stable dispersion. Animals were dosed as indicated, typically at 40 mg/kg once daily, five days a week, by oral gavage. In the prevention model, treatment was initiated when tumors were still small at around 30 days of implantation. In the intervention model, larger more established tumors were allowed to form before treatment started around day 60.

#### Histology and Immunohistochemistry

For the CD31 staining, zinc-fixed, paraffin-embedded tissue was generated from each tumor to quantify differences in microvessel density (MVD) between control and experimental groups. Sections were incubated (18 h at 4°C) with anti-CD31 antibody (Pharmingen), a specific marker for endothelial cells after deparaffinization. Sections were incubated with a secondary biotin-conjugated rabbit anti-goat IgG antibody (1:100) for 30 min at room temperature. Sections were incubated with avidin-biotin peroxidase complex (Vector Laboratories) as per manufacturer's instructions. Sections were then incubated with 3,3'diaminobenzidine solution, washed, and counterstained with methyl green. H&E stained slides were obtained from all formalin fixed tissues. Immunostaining for Cytokeratin AE1/3, and Vimentin was done on XT-Benchmark autostainers (Ventana Medical Systems, Tucson, AZ). Briefly, deparaffinization and hydration of 5um thick sections was followed by heat induced antigen retrieval performed with EDTA buffer (pH 9.0). Primary antibody incubation was followed by I-View detection (Ventana Medical Systems, Tucson, AZ). The reaction was developed using substrate 3,3'-Diamino-benzidine hydrochloride (DAB). All Slides were counterstained with hematoxylin. All antibodies were supplied as predilute by Ventana Medical Systems, Tucson, AZ. Slides were scanned with the Aperio Imaging system and Tiff files were generated with manufacturer's software (Imagescope). Immunostaining for E-Cadherin and CAIX) paraffin sections are cut at 5µm, placed on charged slides and dried in a 60°C oven for 1 hour. Room temperature slides are then deparaffinized in three changes of Xylene and rehydrated using graded alcohols. Endogenous peroxidase is quenched with aqueous 3% H<sub>2</sub>O<sub>2</sub> for 10 minutes and washed

with PBS/T. Antigen retrieval is performed in the microwave in pH 6.0 citrate buffer for  $2 \times 10 \text{ min}$  (E-Cad.) and for  $1 \times 10 \text{ min}$  (CAIX), with a 15 min. cool down followed by a PBS/ T wash. Slides are then loaded on the DAKO autostainer and the following program is run: Casein 0.03% [in PBS/T] is used to block for 30 minutes, blown off, and the primary antibody [E-Cadherin – Novacastra @ 1/50; CAIX - Santa Cruz 1/50] is applied to slides for one-hour. A PBS/T wash is followed by Envision+ reagent (Dako) for 30 min. PBS/T was used as a wash and the chromagen DAB+ is applied for 10 minutes (color reaction product brown). The slides are then counterstained with Hematoxylin, and dehydrated, cleared and coverslipped. HIF-1 $\alpha$  (Novus Biologicals) staining procedure uses a multi level detection system with amplification.

#### Qualitative assessment of pericyte coverage

Cardiac perfusion of the xenograft bearing animals was performed as published by Dr. Donald McDonald's group (11). Briefly, mice were anesthetized with a lethal amount of ketamine/xylazine. The chest was opened rapidly and a small incision was made into the apex of the left ventricle. A blunt needle was introduced into the left ventricle, carefully advanced into the root of the aorta and clamped into place. The right and left atrium was removed by blunt force. Then the mouse was initially perfused at around 120 mmHg with PBS until clearance of blood and then perfused with a freshly made 1% PFA/PBS solution for 5 min. The tumors were then excised, fixed for another hour at room temperature in 1% PFA and infiltrated with 30% sucrose for 3–5 days. Tissues were the embedded in OCT and cut into 30 and 100 um sections on a Leica Cryostat. Sections were initially blocked with PBS containing 5% goat serum and 0.3% Triton X-100. Primary antibodies against CD31 (BD Pharmingen) and Desmin (Millipore) were used at a 1: 500 and 1:1000 dilution and incubated overnight in the above mentioned buffer at 4 degrees Celsius. Secondary antibodies (goat, Invitrogen) labeled with Alexa 488 and 546 were used. The thick sections served for detailed confocal analysis and 3D reconstruction purposes (Zeiss LSM 510). Pictures were analyzed using the ImageJ software (NIH).

#### Generation and characterization of a xenograft cell line

A cell line of the primary xenograft was derived by allowing tumor fragments to attach to plastic and by supporting growth in high serum conditions. Outgrowing cells were serially passaged and stained positive with a pan-cytokeratin Ab (Sigma) for human epithelial origin (data not shown). For Western blots, cell lysates of IH23.1 cells growing under normoxic conditions or exposed to 100  $\mu$ M CoCl<sub>2</sub> for 6 hours to mimic hypoxia, were used. HS27a cells, an HPV immortalized fibroblast cell line, served as positive control for inducible HIF1 $\alpha$ .

#### Long-term exposure in vitro assay

To assess for time dependent, direct growth inhibitory effect of sunitinib on renal cell carcinoma cell lines, we employed a variant of colony formation assay in which cells were continuously exposed to the drug for up to two weeks. All cell cultures were performed in RPMI with 10% FBS. Exponentially growing tumor cells were seeded at 500 cells per 60 mm tissue culture dishes in triplicates. The cells were allowed to attach for 24 h and subsequently exposed to sunitinb at the mentioned concentration with DMSO never exceeding 0.05%. The cells were treated for 14 days with change of media and the addition of fresh drug after 7 days. At the end of treatment, the media was removed, the culture dishes washed once with PBS and subsequently fix-stained with Crystalviolet/10% ethanol. The culture dishes were destained and pictures were acquired on a Kodak 440 imaging system. The amount of crystal violet positive pixels for each well was determined by using the ImageJ software.

#### Sunitinib blood and tumor concentrations

Sunitinib malate was administered at a dose of 40 mg/kg orally to 9 nude mice (3 groups, n = 3). Sunitinib was extracted from plasma or tissue by acetonitrile with temazepam as the internal standard. Tissue homogenates were prepared at a concentration of 200 mg/mL in PBS and further diluted 1:10 in human plasma prior to extraction. Separation of the compounds was achieved on a Waters X-TerraTM MS C18 ( $50 \times 2.1$  mm, 3.5 mm) analytical column with a mobile phase consisting of acetonitrile containing 0.1% formic acid (65%) and ammonium acetate (10 mM; 35%) using isocratic flow at 0.2 mL/min for 3 minutes. The analytes of interest were monitored by tandem mass spectrometry with electrospray positive ionization at transitions  $399.0 \rightarrow 283.0$  and  $301.2 \rightarrow 355.0$  for sunitinib and temazepam, respectively.

#### Gene expression

Gene expression profiles from 13 non-diseased kidney samples and 11 clear cell RCC tumor samples, and one from the skin metastasis used in this study were produced using the Affymetrix HG-U133 Plus2.0 GeneChip platform as previously described (12). Gene expression values were preprocessed using the RMA method as implemented in the BioConductor affy package for the R environment(13,14). Prior to data preprocessing, probe set mappings were updated (15). To predict chromosomal changes in the tumor samples, gene expression values were organized by gene-mapping information, compared to the nontumor tissue and then scanned for expression biases as implemented in the reb package (16). Pathway analysis was preformed using the parametric gene set enrichment approach as implemented in the PGSEA package (17). The VHL and Hypoxia signatures were obtained from previous gene expression profiling studies (18,19). For pathway analysis, the "up" signature component indicates the list of genes that show increased expression relative to control cells for each pathway. Likewise, the "dn" signature component indicates the set of genes that show decreased expression relative to control cells for each pathway. The VHL gene signature was obtained from cells that contained inactivating VHL mutations. The color in the plot indicates this pathway is inactivated.

#### Statistical analysis

Statistical analysis was done using Student's t test and ANOVA to compare multiple groups. P values < 0.05 were considered statistically significant.

#### Results

#### Progressive disease with new skin metastases after initial response on sunitinib

A 44 year old gentleman underwent radical right side nephrectomy for a 3.3 cm, Fuhrman Grade 4, clear cell carcinoma. Three years later the patient was found to have a left upper lobe lesion with mediastinal lymphadenopathy on routine imaging studies. A biopsy of the lung lesion was obtained and confirmed recurrent conventional type clear cell carcinoma. The patient was enrolled in a phase III trial comparing the effect of sunitinib on metastatic renal cell carcinoma versus interferon alpha. The patient was randomized to the sunitinib arm and was started on the study drug at 50 mg by mouth daily on a 4 weeks on and 2 weeks off schedule. Imaging studies after 4 weeks confirmed a partial response of his pulmonary and mediastinal lesions (Fig. 1A). The patient was continued on sunitinib and experienced stable disease after the initial partial response. Except for grade 2 diarrhea controllable with loperamide and hair discoloration the patient tolerated the treatment with sunitinib relatively well and required no dose reductions. However, the patient developed progressive subcutaneous, highly vascularized skin lesions on his buttocks (Fig. 1B). These lesions were excised and the histology was consistent with RCC metastases. Subsequently, sunitinib was

discontinued after approximately 10 months of treatment. The patient was considered for additional clinical trials and treatment with high dose IL-2, but unfortunately he developed rapidly progressive disease and biphosphonate resistant hypercalcemia with accelerated clinical decline.

#### Sunitinib-resistant tumor regained sensitivity to TKIs when transplanted in nude mice

To test the hypothesis whether the sunitinib resistant skin metastases maintained a resistant phenotype we transplanted small pieces into athymic nude mice. After serial passages we treated the tumor bearing animals with sunitinib. Early treatment with sunitinib prevented tumor growth while delayed administration induced tumor regression (Fig. 2, Table 1). Treatment groups showed significant changes in tumor size and vascularization as well as tumor weight when compared to control (p < 0.05 vs control). Similar results of tumor growth control were observed with sorafenib (data not shown).

#### Treatment with sunitinib reduced microvascular density and impaired pericyte coverage

Treatment with the tyrosine kinase inhibitor sunitinib led to a significant decrease in microvascular density (MVD) (Fig. 3). Analysis with confocal microscopy revealed a significant difference in the pericyte coverage. In the control group, the pericytes were closely associated with the endothelial cells and discrete dendrite-like extensions were observed covering the endothelial cells. In the tumors treated with sunitinib the fine extensions disappeared and the pericytes were dissociated from the remaining vasculature.

#### IH23 tumor cell line derived from the xenograft tumor showed no sensitivity to sunitinib treatment

To test whether the regained sensitivity of the xenograft to sunitinib was due to a direct inhibitory effect of the TKI on the tumor cells, we isolated the IH23.1 cell line from the primary xenograft. These cells expressed inducible HIF 1 $\alpha$  and stained positive for the pancytokeratin marker (data not shown). We exposed the xenograft derived cell line IH23.1 to pharmacologically relevant doses of sunitinib ( $\leq$ 500 nM in 10% serum). Even under prolonged exposure no direct cytotoxic effect was observed in a long-term exposure assay (Fig. 4). In comparison, in other two human renal cell carcinoma cell lines, RCC 1.18 and RCC 1.11, sunitinib treatment induced a dose dependent inhibitory effect.

#### Evidence of epithelial mesenchymal transition (EMT) in sunitinib resistant skin metastases and reverted phenotype to clear cell histology in the tumor xenografts

The patient's primary renal cell carcinoma at the time of diagnosis was consistent with conventional clear cell histology with no sarcomatoid features. The skin lesions that progressed on sunitinib treatment showed pure sarcomatoid renal cell carcinoma without evidence of clear cell morphology (Fig. 5A). The sarcomatoid carcinoma was composed of highly vascularized nodular structures composed of cytologically atypical spindle shape cells. Remarkably, this histological feature was completely lost after transplantation in the mice and the original, conventional clear cell histology was restored in the tumor. Immunohistochemical analysis confirmed the nature of the spindle shape cells of the sarcomatoid carcinoma in the skin lesion as evidenced by positive staining for pancytokeratin (AE1/AE3) and CAIX (5A). At the same time, the mesenchymal marker vimentin and HIF-1 $\alpha$  were expressed suggesting epithelial-mesenchymal transformation which is in line with the fibroblast like spindle cell appearance by H&E (Fig. 5B). Interestingly, the vimentin but not the HIF-1 $\alpha$  staining positivity was retained even as the cell morphology reverted back to a clear cell phenotype in the primary xenografts. E-cadherin staining was not present neither in the original nephrectomy staining, except for the

normal kidney tissue, nor the skin metastasis. Weak expression was observed in the xenograft (Fig 5B).

#### VHL signature in the patient derived tumor sample

The majority of sporadic clear cell carcinoma of the kidney harbors either a genetic or an epigenetic alteration of the VHL gene. To assess the VHL status of the patient derived tumor sample were processed. Chromosomal aberration and gene expression profiles derived from clear cell and the skin metastasis used in this study were compared with gene expression profiles derived from non-diseased kidney tumor tissue (see methods). As shown in Fig 6, gene expression analysis of the skin metastasis strongly indicated it is of clear cell RCC origin. It molecular profiles showed close resemblance to that of clear cell RCC which have the typical chromosomal signature of the loss of 3p and gain of 5q (Fig. 6A). In addition, pathway analysis also showed strong VHL inactivation and hypoxia signature (Fig. 6B).

#### Sunitinib plasma and tissue levels

To tests whether the regained tumor sensitivity to sunitinib in mice was due to abnormal drug levels, we determined peak plasma and tissue concentrations of sunitinib. Peak-range sunitinib plasma levels were determined after 2 hours of oral dosing on the fifth day of the treatment cycle at the end of the treatment study. Mean peak plasma sunitinib level was 402 ng/ml with the 40 mg/kg daily dosing and this result was comparable to published data (20). Synchronous tissue concentrations of the tumor and skin was 4333 ng/gram and 2963 ng/gram, respectively.

#### Discussion

Angiogenesis inhibition as a cancer treatment modality has been validated across a spectrum of solid tumors. In clear cell renal cell carcinoma, clinically effective single agent activity with the TKI sunitinib has been demonstrated and this drug is currently recommended for first-line treatment (1). Despite the excitement for the recent successes, eventually patients will progress, stressing the importance to study the potential mechanism of resistance. In this study we report on the unique opportunity of establishing human tumor xenografts from a patient with metastatic clear cell renal cell carcinoma who initially responded to treatment with sunitinib but subsequently developed progressive disease with new metastatic lesions on treatment. To our surprise, the resistance to sunitinib in the patient did not predict its subsequent response as a xenograft. The regressed tumors showed the characteristic pharmacodynamic effects of sunitinib, i.e. decrease in microvascular density and pericyte dysfunction while no direct antitumor effects of sunitinib on a xenograft derived cell line at pharmacologically relevant doses was observed.

The histological data and tumor growth experiments suggest that the tumor microenvironment contributed to the acquired resistance to sunitinib in this patient. While the exact mechanism of resistance remains unclear, the association of the sunitinib resistant skin tumors with an epithelial-mesenchymal-transition (EMT) phenotype is intriguing. EMT has been associated with metastasis, drug resistance, and angiogenesis (21–25). A growing number of interdependent pathways have been linked to the induction of EMT which by definition is a potentially transient/reversible phenotype of epithelial cancers (23,25–27). While the patient's skin metastasis showed homogenous fibroblast-like spindle cell histology with cytokeratin and vimentin immunoreactivity, the primary xenograft reverted back to conventional clear cell carcinoma histology. Interestingly, the staining for vimentin, a marker for EMT, remained positive in the xenograft. Our observation is supported by other clinical data. Sarcomatoid differentiation is a growth pattern characterized by spindle-shaped

histology, i.e. fibroblast-like appearance (28). While not a histological subtype per se, a sarcomatoid phenotype is observed across all subtypes of renal cell carcinoma, typically portends a poor prognosis and recently has been associated with an increased resistance to VEGF pathway inhibitors (29). Interestingly, similar to our findings the fibroblast-like cancer cells with sarcomatoid features express epithelial and mesenchymal markers (cytokeratin and vimentin) – a phenotype consistent with the definition of EMT.

Our observation does not rule the possibility that by passaging the human tumor into nude mice we may have selected a clear cell carcinoma population that may be responsible for the reverted phenotype. However, several points suggest that this is not the case. The strong vimentin positive staining in the skin metastasis and the xenografted tumors but not in the original nephrectomy speaks against the argument of selection. The two original skin metastases were propagated simultaneously in several immunocompromised mice and the reverted phenotype and regained sensitivity to sunitinib was observed in multiple isolates. The histological examination by our pathologist also did mot reveal any clear cell in the original skin metastasis indicated the clear cell origin. The comparison of chromosomal aberrations between the skin metastasis and the xenograft revealed significant homology suggesting similar tumor cell populations (data not shown). All these considerations suggest that our observation was not merely due to a positive selection mechanism but rather to a true phenotypic change.

In our experimental model we measured the sunitinib levels to rule out the possibility that the regained tumor sensitivity in mice was not due to higher drug exposure as compared to humans. While the effective, target modulatory plasma concentration is comparable between mouse and humans (i.e. 50-100 ng/ml)(30,20), there is a significant difference in sunitinib half-life in the two species. In humans, the half-life typically exceeds 40 hours (41-80) allowing convenient once daily dosing. Median peak level at 50 mg daily is 72 ng/ml with high median trough levels of 44 ng/ml, suggesting a continuous 24 hour target modulatory effect (30). In mice, however, a higher daily dose was required to observe a meaningful antitumor effect. At 40 mg/kg, peak levels of ~1000 ng/ml have been reported with a trough level of ~2 ng/ml, suggesting a much shorter half life as compared to humans (20). Preclinical data suggest that meaningful anti-tumor effects occur only when a durable target inhibition of VEGFR2 (at least 12 hours) is achieved with plasma concentrations ~50-100 ng/ml (20). Higher Cmax levels did not correlate with greater tumor activity in preclinical models (20). Therefore, even if in our experiments we achieved higher peak levels in mice with 40 mg/kg dosage as compared to humans, the exposure to sunitinib within 12-24 hours was very similar to that one achieved with 50 mg in humans. However, our observation does not completely rule out the possibility that a dose escalation strategy of sunitinib therapy may still overcome resistance.

To confirm that the effects observed in our study were not simply due to higher peak levels, we exposed a cell line derived from the primary xenograft in vitro to increasing drug concentrations. When compared with other renal cell carcinoma cell lines, we observed no inhibitory effect with sunitinib concentrations up to 500 ng/ml and continuous exposure for two weeks. It is important to notice that sunitinib is highly protein-bound (90–95%) (20), and since only 10 % of serum was used, the effective free drug concentration is probably much higher, potentially 10 fold or more, as compared to human serum concentration. The same observation holds true for the increased tumor and skin drug levels as compared to plasma. Sunitinib accumulates in tissues (and probably in tumors) by binding to proteins and extracellular matrix. Yellow discoloration of the skin is clinically observed and it explains the high distribution volume (in the excess of 2000 liters)(20). Our observation does not rule out the possibility that sunitinib may still exert a direct antitumor effect and additional

mechanisms of resistance may be involved in patients with clear cell carcinoma treated with TKIs.

In this report we describe the de novo onset of an EMT-like phenotype in a patient with conventional clear cell RCC on sunitinib treatment, the associated acquired resistance to the treatment with sunitinib, and the reversion to an epithelial histology in a primary xenograft model which again is responsive to the treatment with sunitinib. Different mechanisms of resistance such as the expression of additional proangiogenic growth factors, the recruitment of bone marrow derived cells, increased pericyte coverage as well as angiogenesis independent growth patterns have been described (9). We believe that EMT can be added to the list of potential resistance mechanisms. Treatment-associated tumor hypoxia has been reported to induce an epithelial-mesenchymal transition (EMT) in several tumor models (31). Interestingly, we observed an induction of HIF-1 $\alpha$  staining in the skin metastasis as compared to the nephrectomy sample that resolved in the xenografts. How frequently EMT as a mechanism of acquired resistance occurs is unknown and deserves further investigation. We recognize that our results represent hypothesis-generating data that need to be confirmed by future studies involving larger series of patients. Furthermore, our findings should caution about the interpretation of data obtained with angiogenesis inhibitors in primary xenograft models. Resistance mechanisms in the tumor microenvironment may be transient in nature and could be lost as the human tumors are populated with mouse stromal elements.

The reverted histological phenotype observed in the xenografts also suggests that the escape mechanisms to anti VEGF therapies may also be transient. According to this hypothesis patients who have initially received clinical benefit from treatment with TKIs and then developed resistant disease may respond again to TKIs following a break from anti VEGF therapies. The "holiday" period from anti VEGF therapies may lead to "reset" the tumor microenvironment and reestablish a primarily VEGF-driven tumor growth. This hypothesis is supported by anecdotic reports of patients who were treated with sunitinib with initial response and subsequent progression who responded again to sunitinib following different targeted therapies such as mTOR inhibitors. The apparent transient/reversible mechanism of resistance to anti VEGF therapies may also explain why clinical benefit has been reported by sequencing different anti VEGF therapies despite the fact that these agents target the same VEGF pathway. Sufficient time elapsed between treatments could "reset" the tumor microenvironment.

The ongoing molecular profiling of tumor/stromal cells to anti VEGF therapies both in preclinical and clinical setting will continue to shed a light on the mechanisms of resistance and will guide clinicians to offer the optimal sequence/combination of targeted agents to patients with advanced clear cell renal carcinoma.

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#### Figure 1. Development of skin metastases during treatment with sunitinib

A) The patient enrolled in the Phase III randomized study received sunitinib with initial regression of lung nodules (arrows) following the first cycle and stable disease for ~10 months; B) During the treatment the patient developed progressive skin metastases that were excised and transplanted in athymic nude mice (circles).



## Figure 2. The sunitinib-resistant tumor regained sensitivity to TKIs when transplanted in nude mice

A) Tumor pieces from the original skin metastases were grafted subcutaneously and tumor growth measured by caliper twice a week. Tumor-bearing mice  $(150-200 \text{ mm}^3)$  were randomized in three groups: control vehicle and sunitinib early or delayed intervention groups. Treatment started 35 days post implantation for vehicle, sunitinib early intervention group (black arrows) and 66 days post implantation for the sunitinib delayed intervention group (red arrows). The study lasted 90 days with a dosing schedule of 5 days on and 2 days off. Representative pictures show that control tumors were macroscopically much vascularized while sunitinib treated tumors appeared smaller and pale. Results are expressed as mean tumor volume  $\pm$  SE.





#### Figure 3. Effect of sunitinib on RCC IH vasculature and microvascular density

A) Treatment with sunitinib resulted in a decreased microvessel density (CD31- green fluorescence staining) associated with signs of pericyte (Desmin - red fluorescence staining) dysfunction. In untreated tumors fine pericyte extension are seen in close proximity to the endothelial cells. In sunitinib treated tumors the fine extensions have disappeared and the pericytes are dissociated from the remaining vasculature. B) Quantitative analysis of microvessel density in control and sunitinib treated tumors. Results are expressed as mean percentage of area occupied by stained cells  $\pm$  SE.



## Figure 4. IH23 tumor cell line derived from the xenograft tumor showed no sensitivity to sunitinib treatment

At pharmacologically relevant doses (up to 500 nM in 10% serum), no direct growth inhibitory effect was seen in a long term exposure assay in the IH23 cell line. Additional RCC 1.11 and RCC 1.18 cell lines showed mild to moderate growth inhibition. Results are expressed as median percentage of control crystal violet positive cells  $\pm$  SE.



Figure 5. Evidence of epithelial mesenchymal transition (EMT) in sunitinib resistant skin metastases and reverted phenotype to clear cell histology in the tumor xenografts A) The primary renal cell carcinoma showed conventional clear cell histology (H&E,), while the skin metastasis showed extensive fibroblast-like features and lack of clear cell features suggesting EMT. Following transplantation of the skin metastases in athymic nude mice, the EMT phenotype reverted back to classical clear cell histology. Staining for cytokeratin and CAIX confirmed that the cells with fibroblast like appearance are of epithelial origin. B) HIF-1  $\alpha$  was expressed in the skin lesions but not in the original nephrectomy specimen nor in the murine xenograft. Vimentin, a classical marker of EMT, was absent in the patients primary tumor, but was strongly expressed in the skin metastases and maintained in the xenografts. E-cadherin was expressed in the normal kidney (see insert) but not in the primary tumor nor in the skin metastases. Weak expression was observed in the xenografts.



## Figure 6. Deregulation of VHL/Hypoxia genes and chromosomal aberrations in clear cell RCC and the skin metastasis from the patient

Gene expression profiles derived from clear cell (CC, n = 11) and the skin metastasis used in this study were compared with gene expression profiles derived from non-diseased kidney tumor tissue (n = 13). A) Inferred chromosomal changes based on expression of the genes mapped to each chromosomal arm (blue boxes indicate chromosomal loss while red chromosomal gain). Like the clear cell RCC cases, the skin metastasis showed loss of 3p and gain of 5q. B) Gene lists that contain genes responsive to perturbations in VHL and Hypoxia signaling were analyzed using PGSEA (see Methods). Like the clear cell RCC cases, the skin metastasis contains the strong hypoxia and VHL inactivation signatures. The resulting

summary statistic (t-statistic) for each gene list was plotted; red, a significant number of genes in the list had increased expression in the tumor samples relative to the normal kidney; blue, a significant number of genes in each list had decreased expression. Only the most significant data are displayed (P < 0.005).

# **TABLE I**

Anti-tumor effect of tyrosine kinase inhibitors in RCC. IH tumor xenografts

	TUMO	JK WEIG	.H.I	TUMOR	VOLUN	E
TREATMENT GROUP	Mean (g)	Ratio	T-test	Mean (mm <sup>3</sup> )	Ratio	T-test
Control Group $(n=9)$ CMF Vehicle	0.837	1.0x	1.000	873.3	1.0x	1.000
Prevention Group (n=9) Sunitinib - 40mg/kg	0.115	-7.3x	0.006	134.0	-6.5x	0.003
Intervention Group (n=8) Sumitimib - 40mg/kg	0.188	-4.5x	0.011	230.2	-3.8x	0.007

n= number of tumors measured per treatment group

Ratio: Fold decrease from control in tumor weight or volume at termination of experiment

T-test parameters: array1=control; array2=experimental; tail=2; type=3 two-sample unequal variance