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# **Post-traumatic seizure susceptibility is attenuated by**

# **hypothermia therapy**

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# **Abstract**

Traumatic brain injury (TBI) is a major risk factor for the subsequent development of epilepsy. Currently, chronic seizures after brain injury are often poorly controlled by available anti-epileptic drugs. Hypothermia treatment, a modest reduction in brain temperature, reduces inflammation, activates pro-survival signaling pathways, and improves cognitive outcome after TBI. Given the well-known effect of therapeutic hypothermia to ameliorate pathological changes in the brain after TBI, we hypothesized that hypothermia therapy may attenuate the development of post-traumatic epilepsy and some of the pathomechanisms that underlie seizure formation. To test this hypothesis, adult male Sprague Dawley rats received moderate parasagittal fluid-percussion brain injury, and then were maintained at normothermic or moderate hypothermic temperatures for 4 hr. At 12 weeks after recovery, seizure susceptibility was assessed by challenging the animals with pentylenetetrazole (PTZ), a GABAA receptor antagonist. PTZ elicited a significant increase in seizure frequency in TBI normothermic animals as compared to sham surgery animals and this was significantly reduced in TBI hypothermic animals. Early hypothermia treatment did not rescue chronic dentate hilar neuronal loss, nor did it improve loss of doublecortin-labeled cells in the dentate gyrus post-seizure. However, mossy fiber sprouting was significantly attenuated by hypothermia therapy. These findings demonstrate that reductions in seizure susceptibility after TBI are improved with post-traumatic hypothermia and provide a new therapeutic avenue for the treatment of post-traumatic epilepsy.

### **Keywords**

epilepsy; mossy fiber; rat; traumatic brain injury

# **Introduction**

A significant, debilitating consequence of traumatic brain injury (TBI) is the development of seizures (Annegers *et al.*, 1998; Vespa *et al.*, 1999). Nearly 40-50% of severe TBI patients

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develop epilepsy and brain injuries account for 20% of epilepsy (Herman, 2002; Garga & Lowenstein, 2006). Unfortunately, post-traumatic epilepsy is frequently intractable to standard anti-epileptic medications (Temkin *et al.*, 2001; Loscher & Schmidt, 2002). Thus, it is important to develop therapeutic interventions targeting the pathological mechanisms that underlie post-traumatic epilepsy.

There are several parallel pathomechanisms of some forms of epilepsy and TBI. Hippocampal epilepsy with mesial temporal sclerosis and TBI both result in a stereotypical neurodegeneration pattern in the hippocampus that includes dentate hilus neuronal loss (Babb *et al.*, 1991; Lowenstein *et al.*, 1992; Bramlett *et al.*, 1997; Golarai *et al.*, 2001; Santhakumar *et al.*, 2001; Grady *et al.*, 2003; D'Ambrosio *et al.*, 2004; Swartz *et al.*, 2006). Hilar interneurons exert control on excitation levels in the dentate gyrus and loss of hilar neurons results in hyperexcitability changes contributing to future seizures (Sutula *et al.*, 1989; Lukoyanov *et al.*, 2004).

After both TBI and status epilepticus, cell division in the dentate gyrus is markedly affected. Double-labeling immunocytochemical studies using 5-bromo-deoxyuridine (BrdU) and neuronal nuclear protein (NeuN) has revealed that cell proliferation increases in the dentate gyrus and peaks within 1-2 weeks after TBI (Dash *et al.*, 2001; Braun *et al.*, 2002; Sun *et al.*, 2005; Urrea *et al.*, 2007). Similarly, after status epilepticus, neural progenitor cells proliferate in the dentate gyrus (Parent *et al.*, 1997; Huttmann *et al.*, 2003; Jessberger *et al.*, 2005; Indulekha *et al.*). Although a subject of debate, some of these cells could develop neuronal phenotypes, and potentially project aberrant axons to the CA3 pyramidal cell region as well as into the dentate hilus (Parent *et al.*, 1999; Jessberger *et al.*, 2007; Shapiro *et al.*, 2007; Nitta *et al.*, 2008).

Another shared feature of hippocampal epilepsy and TBI is abnormal sprouting of the mossy fiber pathway in the dentate gyrus. In both human hippocampal epilepsy and TBI, mossy fiber sprouting has been observed at chronic time points (Sutula *et al.*, 1988; Houser *et al.*, 1990; Babb *et al.*, 1991; Santhakumar *et al.*, 2000; Golarai *et al.*, 2001; Kharatishvili *et al.*, 2006). Although not a cause of epilepsy, sprouting of the mossy fiber pathway increases the number of recurrent connections on dentate granule cells, further increasing hippocampal excitability (Lowenstein *et al.*, 1992; Dudek *et al.*, 1994; Represa *et al.*, 1994; Coulter *et al.*, 1996; Nadler, 2003; Morimoto *et al.*, 2004).

Hypothermia treatment is a highly promising therapy that improves structural and functional outcome measures after experimental and clinical TBI (Polderman, 2008; Dietrich *et al.*, 2009). Lowering brain temperature after a traumatic brain insult dramatically reduces histopathology, and also improves behavioral recovery (Clifton *et al.*, 1991; Lyeth *et al.*, 1993; Dietrich *et al.*, 1994; Bramlett *et al.*, 1995; Suzuki *et al.*, 2003; Gao *et al.*, 2010). In this study, we tested the hypothesis that hypothermia attenuates seizure susceptibility changes after TBI.

#### **Material and methods**

#### **Traumatic brain injury model**

Three experimental groups (*n*=49) were used for seizure assessment and histopathology analysis: normothermic sham surgery animals (*n*=17), normothermic TBI animals (*n*=16), and hypothermic TBI animals (*n*=16). Male Sprague Dawley rats (270-320 gm) were anesthetized with 3% halothane, 70%  $N_2O$ , and 30%  $O_2$  and received a 4.8 mm craniotomy (3.8 mm posterior to bregma, 2.5 mm lateral to the midline) to anchor a plastic injury hub (3.5 mm inside diameter) over the right parietal cortex. Twenty-four hr after the craniotomy, the animals were re-anesthetized with 1.5% halothane, 70%  $N_2O$ , and 30%  $O_2$  and

intubated. Pancuronium bromide (0.5 mg/kg, intravenously) was administered to facilitate mechanical ventilation. Arterial blood pressure, blood gases, and blood pH were monitored for 30 min prior to and up to 4 hr after TBI to maintain physiological ranges of blood pH between 7.35-7.45, *p*CO<sub>2</sub> between 35-40 mm Hg and *p*O<sub>2</sub> between 105-140 mm Hg. After stabilization, the animals received a moderate (1.8-2.2 atmospheres) fluid-percussion pulse (22 msec pulse duration) or sham injury. Brain temperature was indirectly monitored with a probe placed in the left temporalis muscle and core temperature was monitored with a rectally placed thermistor. The temporalis muscle temperature has been shown in a previous study to be an accurate reflection of brain temperature in the range of 30-40°C (Jiang *et al.*, 1991). Self-adjusting feedback warming lamps were used to control brain temperature. The brains of normothermic animals were maintained at 36.5-37.0°C and hypothermic animals were maintained at 33.0-33.6°C by gently blowing cooled air over the head. Hypothermia was initiated 30 min post-injury and maintained for 4 hr. The animals were allowed to slowly re-warm to normothermia in ambient temperature over 2 hr. All experiments were conducted according to protocols approved by the University of Miami Animal Care and Use Committee and carried out according to the NIH *Guide for the Care and Use of Laboratory Animals*.

#### **Seizure susceptibility determination**

At 12 weeks post-surgery, animals were allowed to habituate to the animal testing room in a clear plastic cage for 10 min prior to behavioral testing. Animals received pentylenetetrazole (PTZ, 30 mg/kg; Sigma-Aldrich, St. Louis, MO, USA) intraperitoneally. This dose is based on previous reports and our preliminary results (not shown) evaluating a dose response curve of PTZ in naive 3 month old Sprague Dawley rats to determine a dose that is at the threshold of eliciting seizures in sham animals (Andre *et al.*, 1998; Erakovic *et al.*, 2001). After receiving PTZ, each animal was observed for 1 hr by an investigator who was blinded to the treatment groups to measure seizure frequency and seizure class. Seizure class was scored using a modified scale as follows (Racine, 1972): Class 1, myoclonic (brief shocklike jerks of a muscle or a group of muscles); Class 2, unilateral clonic (rhythmic, rapidly alternating contraction and relaxation of a muscle or muscle group) lasting less than 1 min; Class 3, bilateral clonic lasting less than 1 min; Class 4, bilateral clonic sustained, lasting more than 1 min; Class 5, tonic-clonic (all muscles stiffen with loss of postural control alternating with sustained clonic); Class 6, terminal tonic-clonic (class 5 that results in death).

#### **Electrocorticography recordings**

At 12 weeks after sham or TBI surgery, a separate, additional group of animals (sham *n*=5, TBI-normothermia *n*=5, TBI-hypothermia *n*=5) were analyzed only for seizure susceptibility after PTZ using both behavioral and electrocorticography (ECoG) recordings. Animals were anesthetized (3% isoflurane, 70% N<sub>2</sub>O, and 30%  $O_2$ , 5 min) and three cortical screw electrodes (Plastics One Inc., Roanoke, VA, USA) were placed into the skull over the parietal cortex, two caudal to the craniotomy made for the TBI surgery (-3.8 mm bregma, 2.5 mm lateral of the midline), and one indifferent electrode over the contralateral hemisphere caudal to the center of the craniotomy. ECoG activity was recorded differentially between electrodes ( $E_1$  and  $E_2$ ) implanted ipsilateral to the injury site. The contralateral indifferent electrode  $(E_i)$  was connected to the cable shield and the amplifier ground The screw electrodes and their lead wires were cemented to the skull with dental acrylic. Upon recovery from anesthesia, the animals were placed in a clear plastic cage and the wires from the electrodes were attached to a flexible swivel and a differential preamplifier (CWE Inc., Ardmore, PA, USA). The electrical signals were amplified, filtered (1-30 Hz) and stored in digital form using a DATAQ DI-720 digitizer (DATAQ Instruments, Akron, OH, USA). After 5 min of baseline ECoG recordings, the animals

received PTZ (30 mg/kg, intraperitoneally), and were simultaneously recorded for 60 min and scored for seizure number and class. One day after ECoG recordings and behavioral analysis, animals were perfused. During the perfusion and brain removal, all skulls and brains were inspected to ensure that penetration of the dura mater did not occur. One animal was discarded in the analysis due to an injury to the dura.

#### **Stereology**

At 24 hr after seizure determination, animals were anesthetized (3% halothane, 70%  $N_2O$ , and 30%  $O_2$ ) and perfused with 0.2% sodium sulphide (80 mL), and then with 4% paraformaldehyde in phosphate-buffered saline (PBS, 350 mL). The brains were cryoprotected (30% sucrose in PBS) and sectioned on a freezing microtome (50 μm thick). Serial sections spaced 300 μm apart were immunostained with mouse anti-NeuN (1:500, Millipore, Temecula, CA, USA) or goat anti-doublecortin (1:500, C-18 and N-19, Santa Cruz Biotechnology, Santa Cruz, CA, USA) (Atkins *et al.*, 2007b; Shapiro *et al.*, 2007). Immunostaining was developed with anti-mouse or anti-goat IgG (1:200), ABC Elite (Vector Laboratories, Burlingame, CA, USA), and NiDAB (2.5% Nickle Ammonium Sulfate Acetate-Imidasole Buffer,  $0.05\%$  DAB,  $0.001\%$  H<sub>2</sub>O<sub>2</sub>, Vector Laboratories). For both antibodies, anti-NeuN and anti-doublecortin, antibody penetration through the entire section for all animals was verified prior to analysis. The dentate hilus and dentate granule cell layers were contoured at 5x using StereoInvestigator software 7.50.1 (MicroBrightField, Williston, VT, USA) with an Olympus BX51TRF microscope (Olympus America, Center Valley, PA, USA) by a blind observer. Sections between bregma levels -3.6 to -4.8 mm were chosen for analysis; this focused the cell counting analysis near the epicenter of the injury (bregma level -3.8 mm), and also these bregma levels were unequivocally identifiable in all animals. A counting grid of 50×50 μm was placed over the dentate hilus region, and a counting grid of 75×75 μm was used for the dentate granule cell layer. For sections immunostained with anti-NeuN, section thickness was 35 μm and the optical disector height was 25 μm with 5 μm guard zones. For sections immunostained with anti-doublecortin, section thickness was 30 μm, the optical disector height was 22 μm and the guard zones were 4 μm. Using a  $50\times50$  μm counting frame for the dentate hilus and a  $60\times60$  μm counting frame for the dentate granule cell layer, NeuN- or doublecortin-positive cells were counted in 25-90 randomly-placed sampling sites with a 63x, 1.42 NA objective. For dentate hilus cell counts, Q values ranged from 92-477, and  $CE^2/CV^2$  values were 0.11, 0.57, and 0.18 for the sham, TBI-normothermia and TBI-hypothermia groups, respectively. For the doublecortin-positive cell counts, the Q range was 47-314, and  $CE^2/CV^2$  values were 0.12 for the sham group, 0.15 for the TBI-normothermic group and 0.12 for the TBI-hypothermia group.

Images were taken with 20x and 60x objectives on an Olympus BX51TRF microscope (Olympus America) and montaged using the virtual slice module in the Neurolucida 7.50.1 software program (MicroBrightField).

#### **TIMM staining**

Sections were developed with 14% gum arabic, 2.5% citric acid, 2.3% trisodium citrate, 1.7% hydroquinone, and 0.08% silver nitrate (Seress & Gallyas, 2000). Sections were developed in parallel for each animal treatment, and then stopped simultaneously with 5% sodium thiosulfate. TIMM staining was scored by 4 investigators blinded to the treatment groups at bregma levels -3.3, -4.3 and -5.8 mm: 0, no TIMM granules; 1, sparse TIMM granules in the supragranular cell layer; 2, continuously distributed TIMM granules in the supragranular cell layer; 3, continuously distributed TIMM granules in the supragranular cell layer with patches of confluency; 4, a confluent dense band of TIMM granules in the supragranular cell layer; 5, a band as in 4 that extended into the inner molecular layer

(Golarai *et al.*, 2001). Images of the dentate gyrus were taken at 20x and 60x magnification at bregma level -4.3 mm.

#### **Statistical analysis**

Data presented are mean  $\pm$  SEM. Results from the seizure number, seizure class, and TIMM scoring were analyzed using the Kruskal-Wallis ANOVA on Ranks test with post hoc Mann Whitney U t-test. Dentate hilar neuronal counts and doublecortin cell counts were analyzed using a one-way ANOVA with post hoc Tukey HSD t-test. Significance was set at *P*<0.05.

#### **Results**

#### **Hypothermia reduces seizures after TBI**

To determine if post-traumatic seizures are improved with hypothermia treatment, we assessed seizure susceptibility in rats after moderate parasagittal fluid-percussion brain injury (FPI) and normothermia or hypothermia treatment. Since moderate FPI does not typically elicit behaviorally visible, spontaneous seizures (Golarai *et al.*, 2001; Santhakumar *et al.*, 2001; Kharatishvili *et al.*, 2006), we utilized the GABA<sub>A</sub> receptor antagonist PTZ to study seizure threshold by challenging the injured brain with a decrease in inhibition. Normothermic TBI animals exhibited a significant increase  $(H_2 = 6.904, P<0.05)$  in total number of seizures as compared to sham surgery animals. There was a significant decrease (*P*<0.05) in the numbers of seizures observed in animals treated with post-traumatic hypothermia as compared to TBI normothermic animals (Fig. 1). There was also an increase, although not significant, in the highest seizure class reached in TBI normothermic animals as compared to sham surgery animals and this was not reduced with hypothermia treatment. Time for seizure onset was not statistically different for any animal group (sham 2.45 $\pm$ 0.19 min, TBI normothermia 4.21 $\pm$ 1.88 min, TBI hypothermia 3.12 $\pm$ 0.24 min).

To ensure that the behavioral rating scale was accompanied by electrophysiological changes, ECoG recordings were performed in a separate, additional group of animals (Fig. 2). At 12 weeks after sham or TBI surgery, animals were implanted with electrodes in the skull over the parietal cortex. Baseline ECoG recordings were conducted for 5 min prior to PTZ administration (30 mg/kg, intraperitoneally), and for 60 min post-PTZ with simultaneous behavioral assessment. Seizure classes 1-5 identified by a behavioral scorer who was blinded to the ECoG recordings were associated with the ECoG recordings.

#### **Dentate gyrus cell loss is not reduced with hypothermia therapy**

Because the FPI model results in stereotypical cell death in the dentate hilus, an area that exerts inhibitory control over the dentate gyrus, we determined if hypothermia reduced posttraumatic seizures by reducing dentate hilar neuronal death (Lowenstein *et al.*, 1992; Bramlett *et al.*, 1997; Golarai *et al.*, 2001; Santhakumar *et al.*, 2001; Grady *et al.*, 2003; D'Ambrosio *et al.*, 2004; Kharatishvili *et al.*, 2006). After seizure assessment had been performed, the animals were perfused, and serial sections were analyzed by stereology to measure the numbers of NeuN-positive cells in the dentate hilus. As has been reported previously, we observed a significant  $(F_{2,40} = 13.39, P<0.001)$  decrease in surviving numbers of dentate hilar neurons in TBI normothermic animals as compared to sham surgery animals (Fig. 3) (Lowenstein *et al.*, 1992; Golarai *et al.*, 2001; Santhakumar *et al.*, 2001; Grady *et al.*, 2003; D'Ambrosio *et al.*, 2004; Kharatishvili *et al.*, 2006). However, in agreement with previous studies, we found that hypothermia treatment did not rescue the hilar cell loss observed after trauma (Bramlett *et al.*, 1997).

To determine if neurogenesis, another feature of epilepsy, is also affected by brain trauma at a chronic time point after injury, we examined the numbers of doublecortin-positive cells in

the dentate gyrus at 12 weeks after FPI (Parent *et al.*, 1997; Huttmann *et al.*, 2003; Jessberger *et al.*, 2005). There was a significant  $(F_{2,40} = 3.415, P < 0.05)$  decrease in doublecortin-positive cells in both TBI normothermic and hypothermic animals post-seizure as compared to sham surgery animals (Fig. 4). A qualitative comparison suggests that the processes retained more lateral projections and this was observed in both normothermic and hypothermic TBI animals. Together these findings suggest that early hypothermia treatment does not prevent increases in seizure susceptibility by rescuing dentate gyrus cell loss after TBI.

#### **Mossy fiber sprouting is attenuated by hypothermia treatment**

Mossy fiber sprouting occurs in patients with temporal lobe epilepsy, and is seen in experimental models of brain injury (Sutula *et al.*, 1989; Houser *et al.*, 1990; Babb *et al.*, 1991; Santhakumar *et al.*, 2000; Golarai *et al.*, 2001; Kharatishvili *et al.*, 2006). To determine if hypothermia therapy attenuates mossy fiber sprouting after FPI, we performed TIMM staining and scored for the amount of mossy fiber sprouting in TBI normothermic animals as compared to TBI hypothermic and sham surgery animals at 24 hr after seizure assessment with PTZ (Fig. 5). Previous work has shown that PTZ at 30 mg/kg does not induce mossy fiber sprouting within 24 hr of administration (Golarai *et al.*, 2001). We found that mossy fiber sprouting was present at 12 weeks after brain injury, and this traumatic consequence was attenuated in TBI hypothermic animals  $(H_8 = 29.93, P < 0.001)$ . These results indicate that hypothermia treatment may reduce the increases in seizure susceptibility by reducing aberrant axonal sprouting in the dentate gyrus.

## **Discussion**

Developing a therapy to prevent seizure susceptibility after brain injury is of paramount importance given that current anti-epileptic medications are not completely sufficient to prevent post-traumatic epilepsy (Temkin, 2009). However, previous studies of experimental models of post-traumatic epilepsy have been hampered by the need to use a brain injury that is severe and even with severe brain injury, only a subset of animals eventually develop spontaneous seizures in the months to years after the TBI (Kharatishvili *et al.*, 2006; Hunt *et al.*, 2009; 2010; Kharatishvili & Pitkanen, 2010). These limitations have hindered the testing of therapeutic strategies to reduce the development of post-traumatic epilepsy. In this study, we report that seizure susceptibility can be reliably observed after moderate FPI by challenging the injured brain with a decrease in inhibitory control utilizing a  $GABA_A$ receptor antagonist, PTZ.

Using this method to assess seizure susceptibility, we observed significant increases in seizure number in moderate TBI animals as compared to sham animals at 12 weeks postinjury. Furthermore, we were able to test the effectiveness of a highly promising therapy currently in TBI clinical trials to determine if post-traumatic seizure susceptibility can be prevented (Polderman, 2008). We found that hypothermia therapy, a modest reduction in brain temperature for only 4 hours after brain injury, significantly reduced the number of chronic seizures elicited by PTZ, as well as attenuated a pathological feature of epilepsy, mossy fiber sprouting. These results indicate that assessing seizure susceptibility may be an effective method to evaluate potential therapeutic strategies for post-traumatic epilepsy and thereby may be an important mechanism by which early cooling may improve outcome in TBI patients.

We found that the observed behavioral changes induced by PTZ were associated with abnormal electrical activity with ECoG recordings. However, since depth recordings within the hippocampus were not performed, we could not determine if isolated hippocampal

seizures were affected by hypothermia therapy. In addition, frequencies above the β3F band were filtered, and gamma frequencies were not examined (Lehmkuhle *et al.*, 2009).

Although hypothermia treatment reduced seizure frequency after TBI, seizure severity did not improve. Both seizure frequency and seizure severity correlate with poorer quality of life in epileptic patients, and reducing both aspects of epilepsy should be considered when developing a therapy for post-traumatic epilepsy (Bautista & Glen, 2009). The pathomechanisms of post-traumatic seizures are likely to be multifactorial, and given that hypothermia therapy reduced only one pathology feature, i.e. mossy fiber sprouting, our results suggest that a more prolonged duration of cooling and/or a combinatorial therapeutic strategy of hypothermia with a pharmacological agent may be required to target posttraumatic susceptibility to increases in both seizure frequency and severity (Margulies & Hicks, 2009).

As previously reported, hypothermia therapy did not prevent the loss of the vulnerable cell population of dentate hilar neurons that are rapidly and selectively lost after brain injury (Lowenstein *et al.*, 1992; Bramlett *et al.*, 1997; Golarai *et al.*, 2001; Santhakumar *et al.*, 2001; Grady *et al.*, 2003; D'Ambrosio *et al.*, 2004). One caveat of this interpretation is that we assessed dentate hilar neuronal loss 24 hr after seizure induction and assessment. Although none of our animals exhibited status epilepticus, it is possible that additional neuronal loss occurred as a result of the PTZ treatment, compounding the effects of the brain injury on hilar cell death (Ben-Ari, 1985; Buckmaster & Dudek, 1997; Borges *et al.*, 2003). The loss of hilar cells could reflect both interneuronal cells as well as mossy cells since we assessed NeuN-positive cells (Amaral, 1978; Freund & Buzsaki, 1996). Both of these cell populations help the dentate gyrus act as a gatekeeper in preventing excessive excitatory stimulation (Cavazos *et al.*, 1994; Sloviter, 1994; Buckmaster & Jongen-Relo, 1999). It is critical to develop a pharmacological therapy to prevent loss of both of these hilar cell populations, and possibly use in conjunction with hypothermia therapy.

Previous reports have demonstrated an increase in cell proliferation using BrdU-labeling, or other markers of immature neurons after brain injury (Dash *et al.*, 2001; Braun *et al.*, 2002; Sun *et al.*, 2007; Urrea *et al.*, 2007). However, in the hippocampus this increase does not last, as other studies have demonstrated that doublecortin-positive cells are decreased from 14 days to 6 weeks post-injury (Rola *et al.*, 2006; Gao *et al.*, 2008; Potts *et al.*, 2009). To our knowledge, this is the first report of a loss of doublecortin-positive cells at 3 months after brain injury and induction of seizures. Although there was no difference in the loss of doublecortin-positive cell numbers between TBI-normothermic or TBI-hypothermic animals, given that we assessed doublecortin-positive cells 24 hr after a period of seizure induction, we cannot rule out that this loss is due, in part, to the induced period of seizures elicited by PTZ. Qualitatively, we observed that the remaining doublecortin-positive cells exhibited an immature morphology in TBI animals as compared to sham animals (Walter *et al.*, 2007). After status epilepticus, one hypothesis is that newly generated granule cells could potentially project ectopically to the hilus, creating recurrent excitatory circuitry (Ribak *et al.*, 2000; Austin & Buckmaster, 2004; Shapiro *et al.*, 2007; Walter *et al.*, 2007). Whether the surviving doublecortin-positive cells in the injured hippocampus develop hilar basal dendrites remains to be determined.

A common feature of hippocampal epileptogenesis is aberrant mossy fiber sprouting of dentate granule cells to the supragranular cell layer of the dentate gyrus (Sutula *et al.*, 1989; Houser *et al.*, 1990; Babb *et al.*, 1991). We found that of all the pathomechanisms analyzed, only mossy fiber sprouting was suppressed by 4 hr of early post-traumatic hypothermia therapy. This result suggests that hypothermia selectively attenuated the molecular mechanisms that stimulate mossy fiber sprouting after brain trauma. Although the density of

sprouting is modest, previous reports have found that TIMM scores ranging from 1-2 can correlate with significant hippocampal-dependent cognitive dysfunction (Cilio *et al.*, 2003; Lukoyanov *et al.*, 2004). The molecular determinants of mossy fiber sprouting are still unknown. One potential mechanism that hypothermia may have affected is semaphorin expression. Semaphorins are secreted proteins that are critically involved in neural development by sculpting axon growth by repulsive or attractive effects (Zhou *et al.*, 2008). The mRNA levels of *sema3A, F* and *C* are decreased after status epilepticus and temporal lobe epilepsy and knockout mice of Sema3F are prone to seizure activity (Barnes *et al.*, 2003; Holtmaat *et al.*, 2003; Sahay *et al.*, 2005). Hypothermia therapy has been reported to regulate transcription factors within the hippocampus and may have regulated gene transcription of semaphorins (Atkins *et al.*, 2007a). Another possibility is that hypothermia altered brain-derived neurotrophic factor and trkB receptor signaling and we have previously observed significant effects of hypothermia on downstream targets of the trkB receptor (Dinocourt *et al.*, 2006; Atkins *et al.*, 2007a). However, mossy fiber sprouting is thought to be a consequence, not a causal factor, in the development of post-traumatic epilepsy (Cronin & Dudek, 1988; Sloviter, 1992; Zhang *et al.*, 2002; Morimoto *et al.*, 2004). Thus, hypothermia treatment likely had effects on other temperature-sensitive injury mechanisms that have been suggested to underlie seizure susceptibility (Dietrich *et al.*, 2009).

Another pathological aspect of seizure susceptibility that hypothermia could have affected was electrophysiological alterations in the injured hippocampus. After brain injury, the dentate gyrus exhibits hyperexcitability, resulting from changes in voltage-gated ion channels and GABA receptors as well as impaired potassium buffering by astrocytes (Lowenstein *et al.*, 1992; D'Ambrosio *et al.*, 1999; Ross & Soltesz, 2000; Santhakumar *et al.*, 2001; Griesemer & Mautes, 2007; Hunt *et al.*, 2009). Current studies are assessing other electrophysiological alterations that may have also contributed to the reduction in seizure susceptibility by hypothermia therapy.

Given the low seizure threshold of the hippocampus and the many pathological changes that occur in the hippocampus after brain injury, it is likely that the PTZ-induced seizures involved the hippocampus. In human post-traumatic epileptic patients, between 35-62% have epilepsy originating in the temporal lobe (Diaz-Arrastia *et al.*, 2000; Hudak *et al.*, 2004). However, the overlying parietal cortex also exhibits neuronal loss, inflammation, astrogliosis, and circuit reorganization, suggesting that this damaged region may also be involved (D'Ambrosio *et al.*, 2005; Kharatishvili *et al.*, 2006; Kharatishvili & Pitkanen, 2010). In both injured regions, hypothermia rescues neuronal death as well as potentiates cell survival pathways, and it is unclear if hypothermia reduced seizure frequency by effects on the hippocampus, parietal cortex or other areas (Lotocki *et al.*, 2006; Atkins *et al.*, 2007a). The multiplicity of hypothermia's effects to reduce pathology is perhaps its strongest therapeutic feature (Dietrich *et al.*, 2009).

Therapeutic hypothermia is one of the few treatments that have been successfully translated to select patient populations (Marion & Bullock, 2009). For example, therapeutic hypothermia has benefited patients following cardiac arrest, postnatal infants with hypoxic insults, and in severe TBI patients in many single-institution clinical TBI studies (Marion *et al.*, 1997; Hachimi-Idrissi *et al.*, 2001; Bernard *et al.*, 2002; Mayer, 2002; Gunn *et al.*, 2005; Shankaran *et al.*, 2005; Jiang *et al.*, 2006; Polderman, 2008). However, hypothermia has not passed Phase III clinical trials for the treatment of TBI, and secondary complications arising from the use of systemic hypothermia require management (Hayashi, 2009; Polderman, 2009; Polderman & Herold, 2009). Translation of hypothermia animal studies to clinical trials remain challenging and further understanding of the therapeutic time window, optimal duration, and degree of cooling would greatly facilitate the development of hypothermia as a potential therapy for post-traumatic epilepsy.

The latency period for developing seizures is a time period of variable duration on the scale of months to years; however, the critical time window for therapeutics to attenuate the development of post-traumatic epilepsy has been proposed to be within 3 days of injury (Salazar *et al.*, 1985; Graber & Prince, 2004). Although anti-epileptic drugs are often administered prophylactically in the hours to days after brain injury, they do not always suppress the development of chronic seizures (Temkin, 2009). We demonstrated that early post-traumatic hypothermia treatment for only 4 hr had a pronounced, long lasting effect on seizure susceptibility even when tested 12 weeks after brain injury. Our results demonstrate that hypothermia may be an efficacious and unique anti-seizure medication, perhaps both in the acute setting and in chronic stages after injury.

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# **Abbreviations**





#### **Fig. 1.**

Seizure susceptibility was determined by challenging animals with a decrease in inhibition using PTZ (30 mg/kg, intraperitoneally), a GABA<sub>A</sub> receptor antagonist, at 12 weeks after recovery from brain surgery. There was a significant increase in the number of seizures exhibited by each TBI animal (\*\**P*<0.01) at 12 weeks after TBI (*n*=16) as compared to sham surgery animals (*n*=17). The increase in seizure numbers after TBI was not observed in TBI-hypothermic animals (*n*=16, #*P*<0.05 for TBI-normothermic versus TBIhypothermic animals' seizure number). Highest seizure class reached by each animal was increased, although not significantly, in both TBI-normothermic (*n*=16) and TBIhypothermic animals (*n*=16) as compared to sham surgery animals (*n*=17). Data represent mean  $\pm$  SEM.

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#### **Fig. 2.**

Representative ECoG recordings from animals at 12 weeks post-surgery. Electrodes were placed caudally from the craniotomy (E1 and E2) and the indifferent electrode (Ei) was placed in the contralateral hemisphere (A, adapted from Paxinos & Watson, 2005). A baseline recording was initiated 5 min prior to PTZ (30 mg/kg, intraperitoneally) and recordings were performed for 60 min (B). Simultaneous blinded behavioral scoring was conducted. For each seizure classification, periods of hyperexcitability consisting of high amplitude single spikes or combinations of single spikes and repetitive spike discharges, were observed on the ECoG records (C).



#### **Fig. 3.**

Dentate hilus neuronal survival was not rescued with hypothermia treatment. The dentate gyrus was immunostained with NeuN to identify surviving neurons (A). Images were taken at 20X magnification and montaged using NeuroLucida. Both TBI-normothermic (TBI-N) and TBI-hypothermic (TBI-H) animals had fewer remaining NeuN-positive cells in the dentate hilus as compared to sham animals (Sham). Dentate hilar neurons were quantified by stereology (B). Both TBI-normothermic and TBI-hypothermic animals had fewer surviving dentate hilar neurons at 12 weeks post-injury as compared to sham surgery animals (Sham *n*=15, TBI-normo *n*=12, TBI-hypo *n*=16). \*\*\**P*<0.001 for sham versus TBI-normothermic animals or TBI-hypothermic animals. Data represent mean  $\pm$  SEM. Scale bars, 200  $\mu$ m.



#### **Fig. 4.**

Numbers of doublecortin-positive cells are decreased at chronic time points after brain injury and this decrease is not rescued by hypothermia therapy. Low magnification images (20X) of doublecortin immunostaining of the dentate gyrus at 12 weeks post-TBI (A). Higher magnification (60X) of doublecortin-positive cells revealed that the dendritic branches were more laterally oriented in the injured hippocampus as compared to the noninjured hippocampus (B). Quantification by stereology revealed that numbers of doublecortin-positive cells were significantly decreased in both TBI-normothermic (*n*=12) and TBI-hypothermic animals (*n*=16) as compared to sham animals (*n*=15) (C). \**P*<0.05 for sham versus TBI-normothermic animals or TBI-hypothermic animals. Data represent mean  $\pm$  SEM. (A) Scale bars, 200 μm. (B) Scale bars, 50 μm.



#### **Fig. 5.**

TIMM staining of the dentate gyrus of the hippocampus. The mossy fiber pathway is clearly delineated in black. Mossy fiber sprouting onto the supragranular cell layer was observed in 12 week TBI-normothermic animals (TBI-N, arrows), and this was attenuated in 12 week TBI animals treated with hypothermia (TBI-H). Images (20 or 60X) of the dentate gyrus are shown at bregma level -3.8 mm (A). TIMM scores were significantly higher in TBInormothermic animals (*n*=13) as compared to sham animals at all bregma levels assessed (C). No significant differences were found between sham animals (*n*=15) and TBI hypothermic animals (*n*=15), \**P*<0.05, \*\**P*<0.01 for TBI-normothermic animals versus sham animals. Data represent mean  $\pm$  SEM. Scale bars, 200  $\mu$ m.