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## Imaging Cycling Tumor Hypoxia

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### Abstract

Cycling hypoxia is now a well recognized phenomenon in animal and human solid tumors. Cycling hypoxia can exist more than 100  $\mu\text{m}$  distances from a micro-vessel and some of these regions have been shown to exist adjacent to normal tissue. Fluctuations in  $\text{pO}_2$  of approximately 20 mmHg can occur with periodicities of minutes to hours and even days. These fluctuations have been attributed to changes in erythrocyte flux, perfusion, and also development of newer vascular networks. Cycling hypoxia has been shown to induce the expression of hypoxia-inducible transcription factor-1 $\alpha$  (HIF-1 $\alpha$ ) and also confer tumor cells and tumor vascular endothelial cells with enhanced pro-survival pathways making tumors less responsive to radiation and chemotherapy. Imaging of cycling hypoxia in tumors can provide capabilities to help planning appropriate treatment, by taking into account the magnitude and frequency of fluctuations and also their locations adjacent to normal tissue. Electron Paramagnetic Resonance Imaging (EPRI) provides the ability to distinguish chronic and cycling hypoxic regions and has the required spatial and temporal resolutions to provide quantitative maps of tumor  $\text{pO}_2$ . EPRI can serve as a valuable tool in examining tumor  $\text{pO}_2$  longitudinally in response to treatment and in an experimentally chosen time window to spatially map fluctuations in  $\text{pO}_2$  non-invasively in animal models of implanted or orthotopic tumors with a potential for human applications.

### Keywords

Angiogenesis; Cycling Hypoxia; EPR imaging; HIF-1; Oxygenation

### Background

Hypoxia in solid tumors, caused by an imbalance in oxygen supply and demand, can be responsible for resistance to radiotherapy and chemotherapy (1). Tumor hypoxia is generally attributed to the chaotic and poorly organized vasculature (2,3). Based on histological assessment, presence of hypoxia in human tumors and its role in treatment resistance was postulated by Thomlinson and Gray (4), which was verified in rodent tumors (5) and later in humans as well (6). While chronic hypoxia, which exists in regions of tumors beyond the diffusion distance of oxygen, is well known, more recently acute hypoxia or intermittent hypoxia, now known as cycling hypoxia is receiving increased attention because of the significant influence on treatment resistance displayed by both tumor cells as well as the endothelial cells of tumor vasculature (7,8).

Cycling hypoxia and its relevance in tumor radiobiology/radioresistance were studied several decades ago in animal models (9,10). Chaplin et al., investigated the temporal profile of tumor oxygenation and found that cycling hypoxia resulted from transient fluctuations in

tumor perfusion (11). This phenomenon was investigated in more detail and it was found to be correlated with fluctuations in erythrocyte flux which in turn was attributed to factors including transient occlusion of vasculature and narrowing of vasculature (2,12). Subsequent studies showed that the fluctuations were not exclusively adjacent to blood vessels but could even occur as far as 130  $\mu\text{m}$  from a micro-vessel (13). The observation that at least 20 % of tumor cells experience cycling hypoxia in SCC VII tumors (11) supports the notion that cycling hypoxia is a common feature in solid tumors and can be considered a hallmark in tumor microcirculation (2,14).

## Frequency of cycling

The frequency of cycling hypoxia has been studied in several model systems using a variety of techniques (2). Research from these studies suggests that, while cycling is ubiquitous in xenografts, orthotopic solid tumors, and in human tumors, the cycling frequency can range between a few cycles/minute to hours or even days (2,14). While the higher frequency cycling hypoxia has been associated with several factors including changes in perfusion, erythrocyte flux, vascular occlusion etc., cycling hypoxia observed over a period of days has been attributed to changes in vascular network structures as a consequence of neo-angiogenesis (2,14).

## Consequences of cycling hypoxia

One consequence of cycling hypoxia is increased metastatic potential of cells in tumors experiencing periods of acute hypoxia followed by reoxygenation. The mechanisms underlying this phenomenon are associated with phenotypic changes induced in the primary tumor cells (15). The cellular effects of cycling hypoxia were investigated by Dewhirst and colleagues in tumor and endothelial cells subjected to periods of hypoxia followed by periods of reoxygenation (16). They found that reoxygenation post-radiation in tumor cells resulted in a significant increase in reactive oxygen species (ROS) accompanied by stabilization of HIF-1 $\alpha$  even under aerobic conditions (16). Further, it was found that post-radiation reoxygenation increased vascular endothelial growth factor (VEGF) levels and conferred resistance to endothelial cells against radiation damage (7,8). These effects were inhibited by administration of antioxidant enzyme mimics suggesting a strong role for ROS in the observed responses at a cellular level (16). The role of HIF-1 $\alpha$  in radiation response was investigated in more detail and found that it can be involved in radiosensitization of tumor cells or even cause radioresistance by stimulating endothelial cell survival pathways dependent on treatment sequencing (17). A recent study examining the effects of experimentally imposed cycles of hypoxia followed by reoxygenation on endothelial cells found them to be resistant to radiation and also increased their ability to migrate and assemble into micro-vessels (8). This resistant phenotype was found to be accompanied by accumulation of HIF-1 $\alpha$  during periods of induced hypoxia. Similar experiments in tumor bearing mice which, when subjected to cycles of breathing gas containing high (21 %) and low (7 %) oxygen, resulted in lower levels of radiation-induced apoptotic death in both endothelial and tumor cells as well as increased rate of tumor regrowth (8).

## Tumor hypoxia and HIF-1 $\alpha$

Intra-tumoral hypoxia causes increased expression and activity of HIF-1 $\alpha$  which plays a pivotal role in tumor progression, angiogenesis, metabolic switch to aerobic glycolysis, metastasis, and resistance to treatment (14). HIF-1 $\alpha$  over-expression, now associated with poor clinical outcome, has been shown in experimental animal models to have marked effects on tumor growth making it an important target for inhibition in cancer therapy (18). Exposure to ionizing radiation up-regulates HIF-1 $\alpha$  activity in tumors, which eventually results in tumor radioresistance through vascular radioprotection mediated by ROS

supported processes making it an important target for radiosensitization (16). It was found that sequencing of HIF-1 $\alpha$  inhibition and radiation therapy is important in treatment outcome (17). These observations point to the role for non-invasive and serial examination of tumor oxygenation status and fluctuations in tumor oxygen during an observation window to design an effective treatment sequence with radiation and HIF-1 $\alpha$  inhibition.

A major question is how cycling hypoxia contributes to the complicated relationship between HIF-1, hypoxia, and patient prognosis. Martinive et al. have recently reported that endothelial cells exposed to experimental cycling hypoxia exhibit more robust accumulation of HIF-1 $\alpha$  than cells that are chronically hypoxic (8). Endothelial cells subjected to experimental cycling hypoxia acquire pro-angiogenic phenotypes and resistance to apoptotic treatment that appears to be mediated by HIF-1 $\alpha$  since HIF-1 $\alpha$ -siRNA abrogated the phenotypes induced by cycling hypoxia. Similar robust accumulation of HIF-1 $\alpha$  signals by experimentally enforced cycling hypoxia has been reported in mouse carotid body and isolated perfused heart models (2,14). It is noteworthy that cycling hypoxia-induced robust accumulation of HIF-1 $\alpha$  can be observed only in hypoxic periods but not in interrupting reoxygenation periods due to its rapid degradation (8), whereas enhanced expression of HIF-1 $\alpha$  regulating genes are observed even in the reoxygenation periods. Collectively, cycling hypoxia in tumors has greater potential to promote HIF-1 $\alpha$  stabilization and over-expression of HIF-1 $\alpha$  regulating proteins even in regions proximal to vascular wall (within oxygen diffusion distance) than chronically hypoxic regions. This turns on a pro-angiogenic switch, and contributes to survival of endothelial cells and their feeding tumor cells against cytotoxic treatments. Further research is needed to study the effects of spontaneous cycling hypoxia on HIF-1 $\alpha$  accumulation in tumor cells and surrounding supporting cells.

## Imaging cycling hypoxia

While the phenomenon of cycling hypoxia was originally observed as a consequence in *in vivo* radiobiological experiments followed by *in vitro* assessment, the work of Chaplin et al., obtained strong experimental evidence which directly established the occurrence of this phenomenon in animal models (11). Subsequent window chamber experiments gained insights into the mechanisms underlying this phenomenon and also established the temporal profile and the spatial extent from blood vessels where this phenomenon occurs (2,12). Since *a priori* information on cycling tumor hypoxia may be useful in planning radiotherapy and chemotherapy regimens, imaging techniques are being explored actively to monitor this phenomenon with the required spatial and temporal resolutions.

The original non-invasive studies of cycling hypoxia employed the window chamber model and obtained experimental data which helped gain valuable insights into the phenomena and also the mechanisms responsible for cycling hypoxia (2). Subsequent efforts concentrated in using clinically available imaging modalities to study these phenomena. Gallez and colleagues were the first to successfully demonstrate cycling hypoxia using MRI based approaches such as T<sub>2</sub>\* weighted MRI and (dynamic contrast enhanced) DCE-MRI in animal models to monitor temporal changes in tumor oxygenation (19). In this study, they noticed two kinds of regions in tumor with respect to time-dependent changes in pO<sub>2</sub>. Regions where typical up-and-down fluctuations in T<sub>2</sub>\* indicative of cycling hypoxia were noted along with a pattern of steadily decreasing pO<sub>2</sub> in other regions. These studies validated the existence of cycling hypoxia in tumors using imaging methods which can in principle be conducted in humans. However, as pointed out in that report, the contributions of other factors involved in the determination of oxygenation made the widespread use of these MRI based approaches not optimal. Using phosphorescence life time imaging, Dewhurst and colleagues examined three different rat tumors models and detected the occurrence of cycling hypoxia in all three models with characteristic periodicities pointing

to the general feature of cycling hypoxia (13). Additionally, in two tumor types, they found spatio-temporal correlations of fluctuations within the tumor (13).

To utilize the wealth of information generated from animal studies, it is of importance to develop imaging strategies which can monitor cycling hypoxia, preferably quantitatively in animals and humans. Optical based imaging techniques, while valuable in well defined animal model systems and helped develop deeper insights into the understanding of the biology of cycling hypoxia may have limitations because of the limited penetration depth making the studies of larger animal tumors or humans not possible. Positron Emission Tomography was the first imaging technique applied to study cycling hypoxia in humans (20). While it is possible to use PET imaging to map tumor hypoxia using nitroimidazole drugs such as  $^{18}\text{F}$ -misonidazole, this approach only provides an integrating assessment of hypoxia in a predetermined time window after the drug is administered; it cannot monitor cycling hypoxia unless the frequency of cycling hypoxia is over a period of several days. The situation is similar when using immuno-histochemistry to assess hypoxia in *ex vivo* analyses of tumor tissues after excision from tumor bearing animals injected with pimonidazole (21). A desirable technique for imaging hypoxia would be: 1) non-invasive; 2) quantitative in  $\text{pO}_2$  measurements; 3) repeatable over min/hr – days; 4) have capabilities to co-register with anatomical images; and 5) can be in principle scaled for human applications.

## Key Advances

Dynamic 3D Electron Paramagnetic Resonance Imaging (EPRI) and its capability of non-invasively visualizing spontaneous cycling hypoxia in murine tumor model has been recently described (22). EPRI is a low field magnetic resonance technique similar to nuclear magnetic resonance (NMR). The collisional interaction between molecular oxygen which is paramagnetic and an exogenously administered paramagnetic tracer broadens the EPR line width of the tracer thus rendering a quantitative estimate of tissue oxygen concentration. While there are non-invasive hypoxia imaging techniques using already clinically available modalities such as MRI, PET, and optical imaging, EPRI has several unique advantages over them such as: 1) it is non-invasive and measures  $\text{pO}_2$  deep in tissue without radioisotopes, 2) provides absolute  $\text{pO}_2$  values with resolution of 3–4 mm Hg, and 3) capable dynamic 3D oxygen imaging obtained every 2–3 minutes with 1–2 mm spatial resolution.

We have previously shown the feasibility of EPRI coupled with MRI operating at a common frequency of 300 MHz with 10 mT and 7 T magnetic fields, respectively (23). Sequential scans of EPRI and MRI are useful for a more complete examination of tumor hypoxia, blood perfusion, and energy metabolism. Recent developments in instrumentation and image acquisition strategy made it possible to obtain 3 dimensional  $\text{pO}_2$  maps within 3 minutes, enabling non-invasive imaging of cycling hypoxia in tumors. Additionally, using a simple strategy of air-carbogen-air challenge during the imaging experiments with EPRI in a time window of 30 min provided the capability to spatially distinguish chronic hypoxic regions from cycling hypoxic regions in an animal model (22). Figure 1A shows  $\text{pO}_2$  images from an EPRI based assessment of tumor oxygenation at 3, 18, and 27 min during an imaging time window of 30 min. The two regions of interest (ROI) 1 and 2 are identified as chronic or cycling hypoxic regions, respectively. Average  $\text{pO}_2$  values in these regions are plotted at the various times when images were taken as shown in Figure 1B. The lower curve corresponds to ROI 1 illustrating a region experiencing chronic hypoxia while the upper curve represents ROI 2, a region typical of cycling hypoxia exhibiting ~20 mm Hg fluctuations of  $\text{pO}_2$  over the time course. In the cycling hypoxic regions, periods of acute hypoxia followed by restoration to near normoxic conditions can be observed. Figure 1C

shows two parametric images constructed from the dynamic images shown in Figures 1A and B. The image on the left in Figure 1C is a time averaged  $pO_2$  map from the tumor during the image time window of 30 min. The image on the right of Figure 1C represents standard deviations of  $pO_2$  map from the tumor from the 10 images taken in the 30 min time window. The data displayed in this image contains information on the extent of temporal  $pO_2$  fluctuations. In comparison to other  $pO_2$  tissue assessment technologies, EPRI clearly offers advantages. Nitroimidazole-based PET imaging and immunochemistry provide images similar to that shown in Figure 1C (left) where the temporal fluctuations are time averaged and a static assessment of tumor  $pO_2$  is obtained. These techniques therefore do not provide information related to temporal fluctuations of  $pO_2$ . On the other hand, the images shown in Figure 1A, 1B and the parametric image on the right of Figure 1C contain spatial maps of fluctuations of  $pO_2$ . Polarographic oxygen electrodes or phosphorescence life time based optical imaging are capable of monitoring fluctuations in  $pO_2$  in window chamber models of tumors, with higher temporal resolutions in the order of seconds. However, the limited sampling volumes and invasive measures associated with the use of electrodes and tissue penetration of light with phosphorescence imaging may compromise assessment of deep-seated tumors.

EPRI based approaches, while capable of monitoring  $pO_2$  fluctuations in 2–3 min temporal resolutions, can assess the tumor globally in three dimensions with a spatial resolution of ~1–2 mm. Spontaneous near real time cycling hypoxia can be measured directly without using experimentally enforced cycling hypoxia. Using EPRI our recent study showed that the magnitude of fluctuations in  $pO_2$  in spontaneous cycling hypoxia in tumors was associated with the maturity of tumor blood vessels (22). This result will require further study in different tumor types, but demonstrates that EPRI can effectively interrogate cycling hypoxia non-invasively and build upon the wealth of information from research generated from prior reports (2,8,11–14,<sup>16</sup>,17,19,24,25).

## Future Directions

Recent data suggest that fluctuations in tumor  $pO_2$  can impose resistance to radiotherapy by creating an aggressive tumor cell phenotype with increased metastatic potential. Cycling hypoxia mediated pro-survival pathways can also be initiated in tumor vascular endothelial cells further contributing to treatment resistance (8,17). How cycling tumor hypoxia impacts chemotherapy, molecularly targeted, or immune-directed therapies is not known but research to date suggest that it will be important in treatment response.

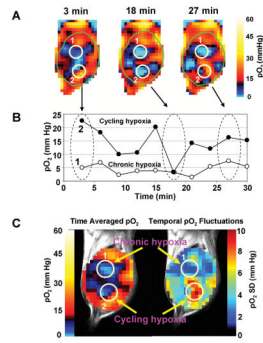
With the capability of non-invasive, temporal assessment of tumor  $pO_2$  afforded by EPRI it may be possible to assess HIF-1 $\alpha$  induction and downstream genes regulated by HIF-1 $\alpha$  in micro-regions of the tumor experiencing cycling and/or chronic hypoxia by use of image-guided biopsies. Also, with inhibitors of HIF-1 $\alpha$  now being developed for cancer therapy, EPRI can be useful in longitudinal monitoring of tumor  $pO_2$  and the corresponding temporal fluctuations in response to treatment. Likewise, EPRI based  $pO_2$  assessment can readily be linked with other magnetic resonance technologies to further interrogate tumor physiology. For example, non-invasive modalities such magnetic resonance spectroscopy (MRS) that provide a biochemical assessment of micro-regions of a tumor have already provided important information related to biochemical shifts and their relationship to treatment response (26). Further, MRI based molecular imaging technologies can now assess the metabolic profile of tumor/normal tissue by following the metabolites of hyperpolarized pyruvate (27). These MR-based images can readily be overlaid with EPRI generated  $pO_2$  maps to establish the link between tissue  $pO_2$  and metabolism. EPRI  $pO_2$  assessment, coupled with MR-based metabolic images, could be integrated with treatment planning of intensity modulated radiation therapy to deliver increased radiation doses to cycling and/or

chronic hypoxia regions of the tumor. The concept of radiation “dose painting” of the tumor could then be based on the dynamic physiology in an individual’s tumor with the aim of improving treatment outcome. The treatment or diagnosis of diseases or disorders may also benefit from monitoring capabilities of EPRI based pO<sub>2</sub> assessment including cardiovascular diseases, conditions secondary to diabetes, and inflammatory related conditions.

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**Figure 1.**

Non-invasive imaging of chronic and cycling tumor hypoxia in a mouse implanted with a SCCVII tumor. A) 3D-EPR oxygen images were obtained every 3 min during 30 min time window. Three representative images acquired at 3, 18 and 27 min are shown. Two ROIs were selected in the tumor (1 and 2) and pO<sub>2</sub> was assessed in the ROIs over 30 min. B) ROI 1 (open circles) indicates a chronically hypoxic region; whereas, ROI 2 (closed circles) represents a cycling hypoxic region showing temporal fluctuations in pO<sub>2</sub>. C) Time averaged pO<sub>2</sub> map (left) and standard deviation map of pO<sub>2</sub> (right) calculated from the 10 images taken in the 30 minutes time window. For typical experimental conditions used for imaging, see references <sup>22</sup> and <sup>23</sup>.