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## **Optimizing Endothelial Targeting by Modulating the Antibody Density and Particle Concentration of Anti-ICAM Coated Carriers**

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## **Abstract**

Targeting of drug carriers to cell adhesion molecules expressed on endothelial cells (ECs) may improve treatment of diseases involving the vascular endothelium. This is the case for carriers targeted to intercellular adhesion molecule 1 (ICAM-1), an endothelial surface protein overexpressed in many pathologies. In order to optimize our design of anti-ICAM carriers, we have explored in this study the influence of two carrier design parameters on specific and efficient endothelial targeting *in vitro* and *in vivo*: carrier dose and density of targeting molecules (antibodies -Ab-) on the carrier surface. Using radioisotope tracing we assessed the role of these parameters on the biodistribution of model polymer carriers targeted to ICAM-1  $(^{125}I\text{-anti-ICAM})$ carriers) in mice. Increasing the carrier dose enhanced specific accumulation in the lung vasculature (a preferential endothelial target) and decreased non-specific hepatic and splenic uptake. Increasing the Ab density enhanced lung accumulation with minimally reduced liver and spleen uptake. These studies account for the influence of blood hydrodynamic forces on carrier binding to endothelium, relevant to arterioles, venules and larger vessels. Yet, carriers may rather bind to the extensive capillary bed where shear stress is minimal. We used fluorescence microscopy to determine binding kinetics of FITC-labeled anti-ICAM carriers in static conditions, at the threshold found *in vivo* and conditions mimicking low vs high ICAM-1 expression on quiescent vs activated ECs. Binding to activated ECs reached similar saturation with all tested Ab densities and carrier concentrations. In quiescent cells, carriers reached ~3-fold lower binding saturation, even at high carrier concentration and Ab density, and carriers with low Ab density did not reach saturation, reflecting avidity below threshold. Binding kinetics was positively regulated by anti-ICAM carrier concentration and Ab density. Counterintuitively, binding was faster in quiescent ECs (except for carriers with high Ab density and concentration), likely due to fast saturation of fewer binding sites on these cells. These results will guide optimization of ICAM-1-

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targeted carriers, e.g., in the context of targeting healthy vs diseased endothelium for prophylactic vs therapeutic interventions.

#### **Keywords**

targeted drug carriers; endothelium; endothelial cell; ICAM-1; carrier concentration; antibody surface density; optimization

## **INTRODUCTION**

An arsenal of carriers including liposomes, microbubbles, dendrimers, polimersomes, polymer particles, etc, is being developed for diagnostic and therapeutic applications [1–9]. Coupling of these carriers to antibodies (Abs) or other affinity moieties provides specific targeting to molecules expressed on the surface of the cells requiring intervention, enhancing the therapeutic effect [4,10–16]. The ability of a targeted carrier to reach a specific tissue depends on biological parameters and parameters inherent to the carrier design. Biological parameters include the shear stress that carriers need to withstand to remain bound to ECs in the circulation, and accessibility and level of expression of the target molecule, which also depend on the general and local pathophysiological status [17–23]. Carrier design features include their chemistry, size and shape, avidity and multivalency of targeting, carrier bulk concentration, etc. [5,17,24–27]. Defining these parameters is key to design carriers with optimal targeting properties.

Polymer carriers targeted to intercellular adhesion molecule 1 (ICAM-1) are a valuable model for this endeavor and hold translational relevance. ICAM-1, a transmembrane protein expressed primarily on endothelial cells (ECs) [28,29], is accessible to carriers injected in the circulation [18,25]. ICAM-1 is constitutively expressed on quiescent ECs and overexpressed on cells activated by many pathologies [28,29], providing targeting in prophylactic and therapeutic settings [4,12,19,20,30]. Carriers targeted to ICAM-1 by Abs (anti-ICAM carriers) bind specifically to ECs in culture and *in vivo* [11,18,22,25,26,31–39], showing good efficiency in a variety of applications [11,18,19,25,31,37,38].

We have previously studied the impact of design parameters and physiological conditions on the targeting of anti-ICAM carriers with different (i) composition (polystyrene vs poly(lactic-co-glycolic acid) or PLGA),  $[26]$ , (ii) size and shape  $(0.1-10 \text{ µm})$ , spherical vs elliptical disks) [25], and (iii) under different shear stresses (1 and 5 dyne/cm<sup>2</sup>) [17]. Our results indicated: (i) similar performance of anti-ICAM polystyrene carriers vs PLGA carriers [26], (ii) higher specificity and efficacy of submicrometer spherical carriers and micrometer-range elongated carriers over other carrier geometries [25], and (iii) efficient EC targeting at 1 dyne/cm<sup>2</sup> shear stress, representative of small arterioles and venules [17].

To complete the identification of design parameters that are key to produce optimized ICAM-1-driven endothelial targeting, we have used radioisotope tracing and fluorescence microscopy of model anti-ICAM polystyrene carriers. We have explored *in vivo* and *in vitro* the role of: (i) density of the targeting Ab on the carrier surface impacting overall carrier avidity, and (ii) carrier bulk concentration. The results allow us to estimate more optimal design parameters of anti-ICAM carriers for healthy vs diseased endothelium. This is highly relevant for the development of more adequate prophylactic and therapeutic interventions using ICAM-1 targeting strategies.

## **MATERIALS AND METHODS**

## **Antibodies and reagents**

The monoclonal antibodies against human and mouse ICAM-1 were R6.5 [40] and YN1 [41]. Green fluorescent 1 μm and 0.1 μm diameter polystyrene particles were from Polysciences (Warrington, PA), Na125I was from Perkin Elmer (Wellesley, MA), and Iodogen was from Pierce Biotechnology (Rockford, IL). Other reagents were from Sigma Chemical (St. Louis, MO).

## **Preparation of anti-ICAM carriers**

Anti-ICAM carriers and control IgG carriers were prepared by adsorption of anti-ICAM or non-specific IgG on the surface of polystyrene particles, as described [42,43]. Particles were centrifuged at 12,000 g for 5 min to separate Abs in solution from the surface-absorbed fraction [42,43]. To determine the amount of Ab coated on the particle surface, carriers were prepared by mixing anti-ICAM and 125I-anti-ICAM at 90:10 molar ratio, as described [26]. For *in vivo* experiments, carriers contained a mixture of anti-ICAM and non-specific <sup>125</sup>I-IgG at 99:1, 99:5, 75:25, 25:75 or 0:100 molar ratio. The total amount of Abs coated per particle (including anti-ICAM and IgG) was kept constant to avoid variability due to different surface coatings [26]. Carriers where diluted in phosphate buffer saline with 3% bovine serum albumin and ultrasound sonicated [26]. This protocol avoids aggregation, confirmed by lack of carrier precipitation over a period of 48 h and by particle size measured by dynamic light scattering. The diameter of the coated carriers averaged  $0.179 \pm$ 0.038 μm and  $1.14 \pm 0.21$  μm, respectively, with a z-potential ~ $-20$ mV [25,26]. A description of all different parameters concerning the carriers used in this work is provided in Tables 1 and 2.

#### **Targeting of anti-ICAM carriers in mice**

For these experiments we selected submicrometer carriers, a size that precludes from nonspecific entrapment in capillaries and more amenable for future translational applications. Control male C57BL/6 mice or mice pre-treated intraperitonealy for 16 h with bacterial lipopolysaccharide (LPS), were anesthetized and injected intravenously with saline solutions containing different amounts of <sup>125</sup>I-labeled anti-ICAM carriers (2.3  $\times$  10<sup>10</sup>, 23  $\times$  10<sup>10</sup> or 65  $\times 10^{10}$  carrier particles/ml of blood;  $7.2 \times 10^8$ ,  $72.2 \times 10^8$ ,  $204.1 \times 10^8$  µm<sup>2</sup> carrier-surface/ ml of blood), or carriers with different Ab densities on their surface (from 1750 to 6,935 Ab/  $\mu$ m<sup>2</sup>), hence presenting from 48  $\times$  10<sup>11</sup> to 1,357  $\times$  10<sup>11</sup> Ab/ml of blood. Carriers with only IgG and no anti-ICAM were controls.

Blood and organ samples were collected 30 min after injection: lungs that are a specific target organ for endothelial-addressed carriers vs liver and spleen that nonspecifically clear carriers and Fc-containing Abs [25,26]. The samples' radioactivity and weight were determined to calculate carrier circulation as percent of injected dose (%ID) in blood, and carrier biodistribution as %ID per gram of organ  $(\%ID/g)$  that allows to compare between organs of different weight. These studies followed the Guide for the Care and Use of Laboratory Animals adopted by the National Institutes of Health, and were approved by the University of Maryland's and University of Pennsylvania's IACUC committees.

## **Cell culture**

Human umbilical vein ECs (HUVECs) (Lonza, San Diego, CA) were cultured on gelatincoated glass coverslips [43]. Cells were incubated at  $37^{\circ}$ C,  $5\%$  CO<sub>2</sub> and 95% humidity in M199 medium supplemented as described [43]. To mimic activation of ECs causing maximal expression of ICAM-1, cells were treated overnight with 10 ng/mL of TNF- $\alpha$  vs. control media used for resting or quiescent ECs expressing minimal levels of ICAM-1.

Previous work has shown ~20–100 fold increased ICAM-1 expression in activated over quiescent cells (maximal expression  $\sim 10^6$  molecules/activated cell) [11,19,26]. Cells fixed with 2% paraformaldehyde prior to experiments were used instead of live cells to avoid the confounding influence of concomitant carrier internalization by cells [43]. We have verified that binding is similar in fixed and live cells during the first 15 min of incubation [17], validating this model. Of note, internalization of anti-ICAM carriers within ECs has been shown to provide an interesting avenue for intraendothelial drug delivery both *in vitro* and *in vivo* [11,26,35].

#### **Carrier binding in cell culture**

For accurate imaging, 1 μm carriers were used in these experiments, yet their formulation was adjusted to obtain values of total carrier surface in the cell medium  $(\mu m^2/ml)$  and total targeting Abs in the cell medium  $(Ab/\mu m^2$  and  $Ab/ml$ ) similar to some of those used for 0.1 μm carriers injected in mice. Resting or activated ECs were incubated from 2 min to 24 h with anti-ICAM carriers vs control IgG carriers at two different carrier concentrations: 6.8  $\times$  $10^8$  vs  $13 \times 10^8$  carriers/ml  $(21 \times 10^8 \text{ vs } 41 \times 10^8 \text{ µm}^2 \text{ carrier-surface/ml})$ , each of them displaying two Ab surface densities: 1,100 Ab/ $\mu$ m<sup>2</sup> vs 4,100 Ab/ $\mu$ m<sup>2</sup> (hence, from 23.4  $\times$  $10^{11}$  to  $167.4 \times 10^{11}$  Ab/ml) (Table 2). Unbound carriers were washed and the samples were analyzed in a fluorescence microscope (Eclipse TE2000-U; Nikon, Melville, NY) with a 40x/NA1.4 PlanApo objective (Nikon). The number of fluorescent carriers bound per cell at each time point was determined from micrographs obtained with an Orca-1 CCD camera (Hamamatsu; Bridgewater, NJ) using ImagePro 3.0 (Media Cybernetics, Silver Spring, MD). The results were used to determine the experimental and theoretical halftimes of carrier binding ( $t_{1/2}$  and  $K_t$ ) and to estimate their maximum saturating binding ( $B_{sat}$ ) using SigmaPlot (Systat Software, Inc.; San Jose, CA).

In addition, the avidity of anti-ICAM carriers toward ECs was estimated at 1 h using carrier concentrations between  $1.1 \times 10^8$  and  $68 \times 10^8$  carriers/ml. The effective K<sub>d</sub> and B<sub>max</sub> were determined from the Scatchard curves using non-linear regression and Sigma Plot software.

#### **Statistics**

Data were calculated as mean  $\pm$  standard error of the mean. Statistical significance, determined by Student's t test, as considered to be reached for  $p < 0.05$ .

## **RESULTS AND DISCUSSION**

## **Endothelial targeting of anti-ICAM carriers in mice: effects of Ab density on the carrier surface**

Previous studies have shown preferential accumulation of anti-ICAM carriers in lung [25,26,35], an organ that has a high level of ICAM-1 constitutive expression, receives the entirety of the cardiac output (i.e., 100% of the venous blood) and contains a marked fraction of the endothelial surface in the body [4,18,44]. Anti-ICAM carriers also undergo relatively unspecific clearance by the liver and spleen [25,26,35], a phenomena observed for objects which exceed the filtration limit of the kidney and coated with Abs containing Fc fragments amenable for binding to Fc receptors in macrophages in these organs. Therefore, we explored the influence of parameters such as the carrier concentration and antibody surface density in accumulation of anti-ICAM carriers in lung vs liver and spleen (Table 1).

Using radioisotope tracing and confirming previous results, anti-ICAM carriers bearing  $6,935$  Ab/ $\mu$ m<sup>2</sup> (carrier surface saturated with Ab) rapidly disappeared from the circulation (<  $4.6 \pm 0.7$  percent injected dose -%ID- by 30 min) (Figure 1A) and specifically accumulated in the lung vasculature (125.0  $\pm$  16.8 percent injected dose per gram of organ, %ID/g) vs

control IgG carriers  $(9.3 \pm 1.4 \text{ %ID/g}, \text{marked as 0 Ab/µm}^2)$  (Figure 1B). Compared to lung, anti-ICAM carriers accumulated at a much lower extent in the liver and spleen  $(45.0 \pm 6.2)$ %ID/g and  $65.4 \pm 7.0$  % ID/g, respectively) with increasing anti-ICAM density (Figure 1B). Lung accumulation of carriers was correlated positively with the density of anti-ICAM molecules on the carrier surface: reduction of 5%, 25% and 75% in the Ab surface density resulted in 20%, 50%, and 60% reductions in the pulmonary accumulation of carriers. Yet, at low anti-ICAM surface density, considerable lung targeting still occurred (Figure 1B). These reductions in the Ab surface density led to modest increases in the accumulation of anti-ICAM carriers in the liver (0%, 3%, and 6% increases) and spleen (0%, 2%, and 10%). All carriers disappeared from the circulation similarly (Figure 1A), suggesting that lung targeting occurs similarly faster than clearance by the liver and spleen.

At low anti-ICAM surface density, carrier accumulation per gram of spleen surpassed that of the liver, while increasing anti-ICAM surface density equalized carrier accumulation in these organs (Figure 1B). Hence, surface density effects had a greater impact on uptake by the spleen. This correlates well with the smaller size of the spleen  $(\sim 10 \text{ fold lesser weight})$ than liver), for which an increased accumulation reflects a greater change as expressed by organ weight. Uptake by the profuse monocyte-macrophage system present in the spleen (mediated by Fc-mediated uptake and phagocytosis of particles) may also contribute to enhance the accumulation of low Ab-surface density anti-ICAM carriers in this organ. In any case, increasing the Ab-surface density is a simple approach for improving carrier delivery to specific organs, such as the lung in the case of anti-ICAM carriers, while reducing non-specific uptake by "filtering" systems in the liver and spleen. Although this seems predictable, one must consider that ICAM-1 is also expressed by cells in these organs, e.g., the liver expresses 130% of lung ICAM-1 levels normalized to total protein [18]. Predominant accumulation of anti-ICAM carriers in the lung vasculature may be due to a first-pass effect, in accord with fast disappearance of carriers for the blood and fast binding *in vivo*. Injection routes avoiding the lung as a first-pass organ (e.g., intra-arterial injections other than in pulmonary arteries) may shift anti-ICAM carrier uptake to other organs.

Surprisingly, carriers with only 25% surface covered by anti-ICAM had marked and specific lung uptake vs IgG carriers (55.8  $\pm$  6.7 %ID/g vs 9.3  $\pm$  1.4 %ID/g). A significant fraction of the carrier surface may be used for coupling of other targeting moieties, membrane penetrating agents, cargoes, or imaging molecules. Indeed, previous works showed EC targeting by anti-ICAM carriers with enzymes on their surface (anti-oxidant catalase or acid sphingomyelinase for lysosomal therapy) [11,18,25,26].

## **Endothelial targeting of anti-ICAM carriers in mice: effects of the carrier concentration**

The assays described refer to  $23 \times 10^{10}$  carrier particles/ml blood. To test the effect of carrier concentration *in vivo* we compared this concentration to ~0.1 and ~3 fold variations  $\text{(carriers = } 6,650 \text{ Ab/}\mu\text{m}^2\text{)}.$ 

Regardless of the concentration of particles, anti-ICAM carriers disappeared rapidly from the circulation (Figure 2A). Even at the maximal concentration, anti-ICAM carriers accumulated in lung with high specificity (10 fold above IgG carriers, Figure 2A and Supplementary Figure 1), ruling out mechanical entrapment. Uptake in the lung decreased with reduced carrier concentrations, yet it was still relevant: reduction of the anti-ICAM carrier concentration by 65% or 97% led to 45% and 60% reductions in lung accumulation, respectively (Figure 2B). In parallel, 23% and 100% increases in carrier uptake in the liver and 20% and 45% increases in the spleen were observed (statistical significance was reached only for the liver).

The absolute amount of carriers cleared by the liver and spleen increased with the carrier dose, suggesting that clearing capacity was not saturated. Comparison of all anti-ICAM carrier formulations (in which carrier dose or Ab surface density were varied) showed that increased specific accumulation in the lung and reduction in non-specific uptake by the liver and spleen correlated positively with the blood concentration of the injected carrier-bound antibody (Table 3). This correlation appeared linear (intercept, 34 %ID/g of lung; slope, 1.2  $\times 10^{-12}$ ,  $r^2 = 0.89$ ) suggesting that saturation was not reached.

In contrast to modification of the Ab surface density on carriers, the dose of particles had a greater impact on uptake by the liver than by the spleen, likely due to the smaller spleenic clearance capacity, given the greater amount of carriers diverging from the lung to clearing organs. Increasing the concentration of anti-ICAM carriers had a greater impact on the nonspecific uptake in the liver and spleen than varying the Ab surface density on carriers. This suggests that modifying the carrier concentration (within a given interval) may enhance specificity of targeting to organs, such as the lung for anti-ICAM carriers, vs non-specific clearance by the liver and spleen. This is relevant in limiting delivery of therapeutics to nonintended destinations minimize potential toxicity and side effects.

#### **Endothelial targeting of anti-ICAM carriers in mice: effects of the endothelial phenotype**

Using an intermediate parameter of carrier concentration and Ab surface density ( $23 \times 10^{10}$ ) carrier particles/ml blood and  $6,650$  Ab/ $\mu$ m<sup>2</sup>) we compared the biodistribution of anti-ICAM carriers in control mice vs mice challenged by LPS to mimic inflammation, known to increase ICAM-1 expression (Materials & Methods and [19]). LPS led to increased carrier accumulation in the lung vasculature ( $148 \pm 12.9$  % of control mice) with no changes in the hepatic and splenic clearance (103.6  $\pm$  9.1 and 106.5  $\pm$  29.8 % of control mice) (Figure 3). This is in accord with prior works demonstrating enhanced ICAM-1 targeting to areas affected by inflammation [45] and emphasizes the relevance of biological target expression parameters on carrier binding *in vivo*.

## **Kinetics of endothelial targeting of anti-ICAM carriers in cell culture: effects of Ab density on the carrier**

Data from *in vivo* experiments illustrate the relevance of the parameters studied and suggest that low concentration of carriers or low levels of Ab on the carrier surface still render endothelial targeting. This may be, at least in part, due to primary binding of anti-ICAM carriers in capillaries, where the shear stress in negligible. Using fluorescence microscopy and static cell culture, we explored the kinetics of binding of anti-ICAM carriers in an interval of parameters around the Ab threshold for specific binding (Table 2):  $21 \times 10^8$  and  $41 \times 10^8$   $\mu$ m<sup>2</sup> carrier-surface/ml (i.e., 1,100 and 4,100 Ab/ $\mu$ m<sup>2</sup> or  $\sim 2.3 \times 10^{12}$  and  $17 \times 10^{12}$ Ab/ml). Binding was also tested as a function of the cell status: in quiescent ECs that express a basal level of ICAM-1, like in healthy endothelium [19,46], vs TNF-α activated cells which overexpress ICAM-1 and mimic pathologically altered endothelium [19,26,46].

Supplementary Figure 2 shows microscopy images of anti-ICAM carriers binding to ECs as a function of time and Ab surface density, also demonstrating lack of specific binding of IgG carriers. The experimental halftime of binding  $(t_{1/2})$  and maximal binding at saturation  $(B<sub>sat</sub>)$  were determined by image analysis, while the theoretical halftime  $(K<sub>t</sub>)$  was estimated by non-linear regression (Table 4).

We compared the binding kinetics of carriers coated by Ab at different surface densities  $(1,100 \text{ or } 4,100 \text{ Ab/µm}^2)$  and low carrier dose (equivalent to a surface area density 21.3  $\times$  $10^8 \mu m^2$ /ml) in quiescent ECs. The binding kinetics (Figure 4 and Table 4) was faster for carriers with high Ab surface density ( $t_{1/2}$  = 60 min vs 250 min for low Ab-density carriers,

 $p < 0.05$ ). Carriers reached different maximal binding levels:  $52 \pm 8$  vs  $16 \pm 3$  carriers/cell for higher and lower Ab-density carriers. Binding of low Ab-density anti-ICAM carriers was comparable to that of IgG carriers  $(11 \pm 2 \text{ carriers/cell})$ , in opposition to *in vivo* results. Yet, the formulations selected for *in vitro* assays were in the threshold of specific/effective binding observed *in vivo*. Also, quiescent ECs *in vivo* express high ICAM-1 levels vs low levels in quiescent cultures [19]. In addition, the maximum binding level of anti-ICAM carriers bearing  $4,100$  Ab/ $\mu$ m<sup>2</sup> to quiescent cells was only 2 fold greater than IgG carriers (Figure 4), implying that this may be a threshold value of Ab surface density in these cells. This is equivalent to  $58 \times 10^{11}$  Ab/ml, similar to the level of Ab concentration provided by anti-ICAM carriers found to specifically bind to the lung endothelium in control mice (48  $\times$  $10^{11}$  Ab/ml, Table 3).

We then compared the binding kinetics of these carriers in activated ECs (Figure 5 and Table 4), which was faster for carriers with high Ab surface density ( $t_{1/2}$  = 120 min vs 300 min for low Ab-density carriers,  $p < 0.05$ ). In contrast to resting ECs, the binding kinetics of low Ab-density carriers differed from that of IgG carriers ( $p < 0.01$ ). This behavior is similar to that of receptor-ligand pairing where a minimal receptor density threshold must be exceeded in order for a ligand to bind linearly to the receptor [47]. Although anti-ICAM carriers with low Ab-surface density do not target ICAM-1 on quiescent ECs they do target activated ECs. This may reduce endothelial binding in healthy regions of the body despite basal ICAM-1 expression, while providing targeting to disease sites high ICAM-1 expression.

In contrast, in activated ECs the binding of anti-ICAM carriers with low or high Ab-surface density reached a similar maximal level:  $165 \pm 10$  vs  $171 \pm 14$  carriers/cell. This accounts for  $\sim$  80% of the total cell surface area [17], hence, carriers bind to all accessible ICAM-1. Low Ab-surface density carriers reach similar levels of binding in activated ECs and display specific binding at any given time point vs IgG carriers. As observed *in vivo* (Figure 1 and Table 3), this suggests that the carrier surface can be shared by cargoes without markedly compromising targeting properties of anti-ICAM carriers.

As expected, the number of anti-ICAM coated carriers bound per cell at any given time and the maximal binding at saturation was higher in activated vs quiescent cells, for both Ab surface densities (Table 4). This is in accord with up-regulated ICAM-1 expression in activated ECs [19,46] and correlates well with results *in vivo* (Figure 3). The binding kinetics of either type of carrier (low vs high Ab-surface density) was faster for quiescent vs activated cells (Table 4). This may seem counterintuitive, given that one would expect that higher ICAM-1 expression would contribute to a higher avidity of anti-ICAM carriers. Yet, the earlier saturation of fewer ICAM-1 receptors available for binding anti-ICAM carriers can explain a faster kinetics.

## **Kinetics of endothelial targeting of anti-ICAM carriers in cell culture: effects of the carrier concentration**

We then evaluated anti-ICAM carriers displaying  $1,100$  Ab/ $\mu$ m<sup>2</sup> in quiescent and activated ECs at two different concentrations: 6.8  $\times$  10<sup>8</sup> vs 13  $\times$  10<sup>8</sup> carriers/ml, equivalent to 21  $\times$  $10^8$  vs 41 ×  $10^8$  μm<sup>2</sup> carrier-surface/ml (Figure 6 and Table 4). At high carrier concentrations, the binding kinetics of anti-ICAM carriers was faster for quiescent vs activated cells ( $t_{1/2}$  = 30 min vs 180 min), and maximal binding was also positively correlated with EC activation (35 vs 173 carriers/cell). This pattern is similar to that of carriers incubated at a low concentration with cells and *in vivo* (Figures 2B and 3). However, whereas low Ab-density carriers did not show specific binding (over IgG carriers) to quiescent cells when applied at a low concentration (6.8  $\times$  10<sup>8</sup> carriers/ml), at a higher concentration (13  $\times$  10<sup>8</sup> carriers/ml) the same carriers displayed specific binding (e.g., 35

carriers/cell vs 11 carriers/cell for IgG carriers). Therefore, simply modifying the concentration of the anti-ICAM carrier dose without affecting the carrier formulation, the binding selectivity can be shifted toward quiescent endothelium.

For both quiescent and activated cells, increasing carrier concentration accelerated the binding kinetics: from 250 min to 30 min in quiescent cells and from 300 min to 180 min in activated cells. However, increasing the carrier concentration only enhanced the maximal level of binding at saturation in quiescent cells (from 16 to 35 carriers/cell). In activated cells, increasing the carrier concentration did not enhance maximal binding ( $173 \pm 11$  vs  $165$ )  $\pm$  10 carriers/cell). This suggests saturation of ICAM-1 molecules accessible for molecular targeting and the cellular surface available for carrier binding.

We also examined *in vitro* effects of modifying the carrier concentration in the case of anti-ICAM carriers with high Ab-surface density (4,100 Ab/μm<sup>2</sup>; Figure 7 and Table 4). In quiescent ECs, increasing the concentration of anti-ICAM carriers did not increase the binding kinetics (t<sub>1/2</sub> = 60 min) or maximal binding at saturation (58  $\pm$ 9 and 52  $\pm$  8 carriers/ cell). This suggests that the avidity of anti-ICAM carriers with  $4,100 \text{ Ab}/\mu\text{m}^2$  may be above the threshold of ICAM-1 expression in quiescent cells. Increasing the carrier concentration did not increase the binding kinetics. Manipulation of the carrier concentration to improve endothelial targeting becomes less relevant for carriers with high Ab-density in the context of prophylactic interventions due to low ICAM-1 expression. In contrast, in pathologically activated ECs, increasing the carrier concentration accelerates the binding kinetics from 120 min to 60 min (Figure 7 and Table 4). This suggests a greater sensitivity to modulation of the dose of anti-ICAM carriers, important in optimizing targeting to diseased sites. These data correlates with the enhanced targeting of anti-ICAM carriers to lungs in LPS treated mice (which upregulates ICAM-1 expression, Figure 3), allowing us to adjust parameters to achieve optimized targeting to sites affected by disease.

#### **Avidity of anti-ICAM carriers**

*In vitro* and *in vivo* results suggest an increasing avidity of anti-ICAM carriers bearing low vs high density of targeting Abs on the surface, and also in the case of high ICAM-1 expression on target cells. To verify this, we determined the avidity of carriers used *in vitro*  $(1,100 \text{ vs } 4,100 \text{ Ab}/\mu\text{m}^2)$  toward either quiescent or activated ECs, using carrier concentrations varying from  $1.1 \times 10^8$  to 68  $\times 10^8$  carriers/ml and calculating the K<sub>d</sub> and Bmax values using Scatchard analysis (Table 5).

Confirming this, the avidity of anti-ICAM carriers increased with increasing Ab density: 2.9 pM vs 1.6 pM for 1,100 vs 4,100 Ab/ $\mu$ m<sup>2</sup> carriers. In addition, increased ICAM-1 expression in activated cells led to increased avidity of anti-ICAM carriers: 5.9 pM to 1.6 pM for  $4,100$  Ab/ $\mu$ m<sup>2</sup> carriers.

Regarding maximal binding, both low and high Ab-surface density carriers reached similar levels in activated cells, likely due to saturation of the ICAM-1 binding sites and/or cellular surface area available. Maximal binding increased with cell activation: from 55 to 175 carriers/cell for  $4,100$  Ab/ $\mu$ m<sup>2</sup> anti-ICAM carriers. Avidity data pair well with experimental findings and support our conclusions.

## **CONCLUSIONS**

Understanding how design parameters such as carrier bulk concentration and Ab surface density affect the binding of drug carriers to the target cells is crucial to optimize their efficacy. One would expect that increasing the Ab surface density and concentration of carriers would result in an improved specificity, faster kinetics, and enhanced amount of

carriers reaching the target cells. Although this is the case for the most part, in this work focusing on carriers targeted to endothelial ICAM-1 we have shown that this correlation greatly depends on biological parameters such as the level of expression of the target molecule, which may vary between control and pathological conditions. Anti-ICAM carriers with apparent sub-optimal avidity may provide increased selectivity toward diseased areas where ICAM-1 is overexpressed vs anti-ICAM carriers with greater avidity. Although this paradigm holds less relevance in vascular areas subjected to significant shear stress (where carriers need to overcome important hydrodynamic forces) [17], it applies to vascular regions with negligible shear stress, e.g., the extensive capillary network where most carriers might bind, and likely ischemic areas known to express high levels of ICAM-1. Such a paradigm also allows for minimization of the amount of targeting Ab to be used (coating of only 25–50% of the carrier surface shows specific targeting), likely improving potential side effects and permitting coupling of cargoes on the remaining carrier surface without losing main targeting capabilities. In the case of drug delivery for prophylactic interventions, greater concentrations of low avidity anti-ICAM carriers can be used or concentration can be maintained by switching to high avidity carriers. These results have allowed us to identify particular anti-ICAM carrier designs valuable for prophylactic vs therapeutic interventions targeted to healthy vs diseased endothelium.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

## **Acknowledgments**

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#### **Figure 1. Effects of the Ab-surface density of anti-ICAM carriers on endothelial targeting in mice**

(A) Circulation of <sup>125</sup>I-labeled anti-ICAM carriers ( $23 \times 10^{10}$  carriers/ml blood) bearing varying Ab-surface densities (as indicated) at 1 min, 15 min, and 30 min after i.v. injection in anesthetized C57Bl/6 mice, expressed as the percentage of the injected dose (%ID). (B) Biodistribution of said carriers at 30 min after injection, calculated as % ID per gram of organ. Data are mean  $\pm$  SEM (n  $\geq$  3 mice). Control IgG carriers are represented as 0 Ab/ μm<sup>2</sup> . Among different groups of carriers: \* compares each Ab-surface density carrier to carriers with Ab surface density  $= 0$ ; # compares each Ab-surface density carrier to the immediate lower Ab-surface density carrier. Within the same group of carrier: a compares each time to 1 min; b compares 30 min to 15 min.  $*, \#$ , a, and b are  $p \le 0.05$ ;  $**$ ,  $#$ , aa, and bb are *p*≤0.01; \*\*\*, ###, aaa, and bbb are *p*≤0.001, by Student's *t*-test.



**Figure 2. Effects of bulk concentration of anti-ICAM carriers on endothelial targeting in mice** (A) Circulation at 1 min, 15 min, and 30 min of  $125I$ -labeled anti-ICAM carriers (6,650 Ab/  $\mu$ m<sup>2</sup>) injected i.v. in anesthetized C57Bl/6 mice at varying carrier concentrations (as indicated), expressed as the percentage of the injected dose (%ID). (B) Biodistribution of said carriers at 30 min after injection, calculated as % ID per gram of organ. Data are mean  $\pm$  SEM (n  $\geq$  3 mice). Lines intersecting lung bars are levels for IgG carriers. Among different groups of carriers:  $*$  compares each carrier concentration to carriers =  $2.3 \times 1010$ carriers/ml blood; # compares carriers at  $6.5 \times 1011$  carriers/ml blood to carriers at  $2.3 \times$ 1011 carriers/ml blood. Within the same group of carrier: a compares each time to 1 min; b compares 30 min to 15 min. \*, #, a, and b are *p*≤0.05; \*\*, ##, aa, and bb are *p*≤0.01; \*\*\*, ###, aaa, and bbb are *p*≤0.001, by Student's *t*-test.



### **Figure 3. Effects of LPS on endothelial targeting of anti-ICAM carriers in mice**

Biodistribution of 125I-labeled anti-ICAM carriers (23  $\times$  10<sup>10</sup> carriers/ml blood, 6,650 Ab/  $\mu$ m<sup>2</sup>) at 30 min after injection in anesthetized C57Bl/6 mice (control or pre-treated for 16 h with LPS), calculated as % ID per gram of organ. LPS data are normalized to results in control mice. Data are mean  $\pm$  SEM (n  $\geq$  3 mice). \* compares LPS to control;  $p \le 0.05$ , by Student's *t*-test.



#### **Figure 4. Effects of Ab-surface density of anti-ICAM carriers on targeting to quiescent endothelial cells**

Two anti-ICAM carrier densities (1,100 and 4,100 Ab/ $\mu$ m<sup>2</sup>) were targeted to fixed, nonactivated HUVEC. (A) Kinetics of binding from 0 to 60 min. (B) Kinetics of binding from 0 to 24 hr. Symbols are: open circles, 4,100 Ab/μm<sup>2</sup> anti-ICAM carriers; closed circles, 1,100 Ab/μm<sup>2</sup> anti-ICAM carriers; closed triangles, 4,100 Ab/μm<sup>2</sup> IgG carriers. Error bars correspond to SEM; some error bars are smaller than the symbol size shown. Regression lines were calculated using SigmaPlot.



### **Figure 5. Effects of Ab-surface density of anti-ICAM carriers on targeting to activated endothelial cells**

Two anti-ICAM carrier densities (1,100 and 4,100 Ab/ $\mu$ m<sup>2</sup>) were targeted to fixed, TNF- $\alpha$ activated HUVEC. (A) Kinetics of binding from 0 to 60 min. (B) Kinetics of binding from 0 to 24 hr. Symbols are: open circles,  $4,100$  Ab/ $\mu$ m<sup>2</sup> anti-ICAM carriers; closed circles, 1,100 Ab/μm<sup>2</sup> anti-ICAM carriers; closed triangles, 4,100 Ab/μm<sup>2</sup> IgG carriers. Error bars correspond to SEM; some error bars are smaller than the symbol size shown. Regression lines were calculated using SigmaPlot.



#### **Figure 6. Effects of anti-ICAM carrier concentration with low Ab-surface density on targeting to quiescent vs activated endothelial cells**

Anti-ICAM carriers bearing 1,100 Ab/ $\mu$ m<sup>2</sup> were targeted to fixed, quiescent vs TNF- $\alpha$ activated HUVEC at two carrier concentrations (6.8  $\times$  10<sup>8</sup> and 13  $\times$  10<sup>8</sup> carriers/ml cell media). (A) Kinetics of binding from 0 to 60 min. (B) Kinetics of binding from 0 to 24 hrs. Open symbols refer to quiescent cells and closed symbols refer to activated cells. Circles are used for high concentration (13  $\times$  10<sup>8</sup> carriers/ml media) conditions and triangles are used for low concentration (6.8  $\times$  10<sup>8</sup> carriers/ml media) conditions. Error bars correspond to SEM; some error bars are smaller than the symbol size shown. Regression lines were calculated using SigmaPlot.



#### **Figure 7. Effects of anti-ICAM carrier concentration with high Ab-surface density on targeting to quiescent vs activated endothelial cells**

Anti-ICAM carriers bearing 4,100 Ab/ $\mu$ m<sup>2</sup> were targeted to fixed, quiescent vs TNF- $\alpha$ activated HUVEC at two carrier concentrations (6.8  $\times$  10<sup>8</sup> and 13  $\times$  10<sup>8</sup> carriers/ml cell media). (A) Kinetics of binding from 0 to 60 min. (B) Kinetics of binding from 0 to 24 hrs. Open symbols refer to quiescent cells and closed symbols refer to activated cells. Circles are used for high concentration (13  $\times$  10<sup>8</sup> carriers/ml media) conditions and triangles are used for low concentration (6.8  $\times$  10<sup>8</sup> carriers/ml media) conditions. Error bars correspond to SEM; some error bars are smaller than the symbol size shown. Regression lines were calculated using SigmaPlot

## **Table 1 Parameters of anti-ICAM carriers tested in vivo**

(Carrier size:  $179 \pm 38$  nm)



Control IgG carriers are represented as  $0$   $\text{Ab}/\text{µm}^2$ 



(Carrier size:  $1.14 \pm 0.21$  µm)



*a*<br>
Condition at which control IgG carriers were compared to anti-ICAM carriers

## **Table 3**

In vivo endothelial targeting of anti-ICAM carriers as a function of the Ab dose injected.



Control IgG carriers are represented as 0 Ab/ $\mu$ m<sup>2</sup>; Data are presented using mean ± SEM (n ≥ 3 mice).

#### **Table 4**

In vitro endothelial targeting of 1 μm anti-ICAM carriers.



Parameter  $t_1/2$  was an experimental halftime of saturation; the parameter  $K_t$  was a theoretical halftime calculated from regressions using

SigmaPlot. LC and HC correspond to low and high concentrations  $6.8 \times 10^8$  and  $13 \times 10^8$  carriers/ml cell media, respectively. Data are presented using mean  $\pm$  SEM (n  $\geq$  25).

## **Table 5**

Avidity parameters of 1 μm carriers to in vitro endothelial cells.



Values of K<sub>d</sub> and B<sub>max</sub> were calculated from Scatchard plots using anti-ICAM carriers targeted to HUVEC cells.