# Aging differentially modifies agonist-evoked mouse detrusor contraction and calcium signals

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Received: 8 February 2010 /Accepted: 17 June 2010 / Published online: 3 July 2010  $\oslash$  American Aging Association 2010

Abstract Although aging-induced changes in urinary bladder neurotransmission have been studied in some detail, information regarding alterations in detrusor muscle is scanty and addresses only partial aspects of the myogenic response of detrusor. Rodent bladder aging shows several features similar to those reported in humans. The aim of this study was to characterize in aged mouse the alterations of detrusor muscle contraction and the putative underlying changes in  $Ca^{2+}$  signals. We studied in vitro the myogenic contraction induced by agonists in detrusor strips from adult (3 months old) or aged (23–25 months old) mice. In addition, we determined the agonist-induced  $[Ca^{2+}]$ ; signals by epifluorescence microscopy in fura-2 loaded isolated detrusor cells. Aging impaired the contractile response of bladder strips to cholinergic stimulation with bethanechol and to chemical depolarization with KCl-containing solutions. On the contrary, the response to purinergic stimulation (ATP) was enhanced. Aging also diminished the transient  $Ca^{2+}$  signal evoked by bethanechol and the  $Ca^{2+}$  influx induced by KCl in bladder strips. Treatments aimed to release calcium from intracellular stores (caffeine and a low level of ionomycin in  $Ca^{2+}$ free medium) showed that aging reduces the size of agonist-releasable stores. Similar to contraction, the mobilization of  $Ca^{2+}$  by ATP was increased in aged cells. Therefore, the differential effects of aging on detrusor contraction are associated to alterations of  $[Ca^{2+}]$ <sub>i</sub> signals: the cholinergic inhibition is due to inhibition of voltage-operated  $Ca^{2+}$  influx and reduction of the size of intracellular  $Ca^{2+}$  stores, while the age-induced ATP response is accompanied by an enhanced  $Ca^{2+}$  mobilization.

Keywords Mouse . Detrusor. Acetylcholine . ATP. Aging  $\cdot$  Ca<sup>2+</sup> signals  $\cdot$  Ca<sup>2+</sup> stores

## Introduction

It is well known that disturbances of micturition cycle are common in the elderly population (Diokno et al. [1992;](#page-6-0) Milsom et al. [2001\)](#page-6-0). These alterations are considered the result of modifications of both the neural and the myogenic components of the detrusor contraction. In aged human bladder both cholinergic transmission (Yoshida et al. [2001,](#page-7-0) [2004\)](#page-7-0) and M3 muscarinic receptors (Mansfield et al. [2005](#page-6-0)) are reduced, but purinergic neurotransmission is enhanced (Yoshida et al. [2001](#page-7-0), [2004\)](#page-7-0). This pattern is also present in aged rat bladder, which shows a loss of cholinergic innervation (Pagala et al. [2001](#page-6-0)), accompanied by a non contractile up-regulation of muscarinic receptors (Schneider et al. [2005](#page-7-0)) and an increase of the contractile effect of purinergic (Saito et al. [1993;](#page-6-0) Lieu

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<span id="page-1-0"></span>et al. [1997](#page-6-0); Kageyama et al. [2000](#page-6-0)), α-adrenergic (Suzuki et al. [1999;](#page-7-0) Lluel et al. [2003](#page-6-0)), and serotoninergic (Saito et al. [1993;](#page-6-0) Lieu et al. [1997\)](#page-6-0) neurotransmission. While these changes can contribute to bladder overactivity, this is also due to a decrease in the relaxing effect of β-adrenergic receptors (Nishimoto et al. [1995\)](#page-6-0) and a reduced expression of mucosal NO synthase III (Lluel et al. [2003\)](#page-6-0).

Part of the alterations of aged urinary bladder occurs downstream of smooth muscle receptors, such as changes of Gi proteins (Derweesh et al. [2000](#page-6-0)) and impairment of mitochondrial enzymatic activity and ATP production (Lin et al. [2000](#page-6-0)). The main contributor to detrusor contraction is cytosolic  $Ca^{2+}$  concentration ( $[Ca^{2+}]_i$ ). This signalling system is directly determined by transport through plasma membrane  $(Ca^{2+}$  influx channels and active  $Ca^{2+}$  extrusion) and by uptake and release from intracellular  $Ca^{2+}$  stores. Aging increases the dependence of detrusor contraction on extracellular  $Ca^{2+}$  influx (Yu et al. [1996](#page-7-0)), reduces  $Ca^{2+}$  extrusion mechanisms (Gomez-Pinilla et al. [2007b\)](#page-6-0), and alters  $Ca^{2+}$ -dependent and independent contraction pathways (Gomez-Pinilla et al. [2008\)](#page-6-0). However, there is no information regarding the involvement of these disturbances in the contraction changes observed in aged detrusor.

Given that most of the studies in the field are focused on the nervous plexus, we decided to study in mouse detrusor the effects of aging in the contraction and the  $Ca^{2+}$  signals induced by the main physiological stimulus. Our data indicate that aging differentially alters the contractile response to ATP and cholinergic stimulation, underlaid by parallel changes in  $Ca^{2+}$  signals.

## Materials and methods

## Animals and tissue preparation

Male mice were divided in two groups according to age: young-adult (2–3 months old) and aged (23– 25 months old). After deep halothane anaesthesia and cervical dislocation, urinary bladder was removed and placed in cold Krebs–Henseleit solution (K–HS; for composition see "[Solutions and drugs](#page-2-0)"), cleaned of fatty tissue, opened longitudinally, washed with K-HS solution and the urothelium was carefully dissected away. All the experiments were carried out according

to the guidelines of Animal Care and Use and approved by the Animal Ethics Committee of the University of Extremadura.

Contraction recording of mouse urinary bladder smooth muscle strips

The bladder smooth muscle sheet was cut into three strips along the longitudinally axis ( $\sim$ 3 × 10 mm). A 4-0 silk thread was tied to each edge of a strip, and was used then to secure the strip to the hooks in both the isometric transducer and in the bottom of a 10 ml vertical organ bath chamber (four chamber organ bath, Cibertec, Spain), filled with K–HS maintained at 37°C and gassed with 95%  $O<sub>2</sub>$ –5%  $CO<sub>2</sub>$ . Isometric contractions were measured using force displacement transducers interfaced with a Macintosh computer using MacLab hardware and dedicated software (ADInstruments; Colorado Spring, CO, USA). The strips were placed under an initial resting tension of 1 g, and allowed to equilibrate for 60 min, with solution changes every 20 min. At the end of each experiment, the strips were dried and weighed to normalize detrusor contractile responses (mN/mg).

The detrusor contractile response was assessed performing concentration–response curves for bethanechol (BE), ATP (agonists for muscarinic and purinergic smooth muscle receptors respectively), and depolarizing K-HS solutions containing high levels of KCl (20, 40, and 60 mM). To obtain the desired concentrations in the bath, increasing amounts of BE or ATP were added in a cumulative way (no washouts) from stocks concentrated 100–1,000 times the bath concentration. Subsequent concentrations were added when tonic tension phase of the contraction became evident. For KCl, a noncumulative curve was performed, allowing the strips to return to baseline (about 60 min) before addition of the next KCl solution to avoid  $Ca^{2+}$  channel desensitization. Strips from the same animal were not exposed to multiple tests with the same agonist.

Cell isolation and  $\lceil Ca^{2+} \rceil$  determination

Approximately 20 mg of detrusor was cut into small pieces and incubated for 27 min at 37°C in enzyme solution (ES, for composition see "[Solutions and](#page-2-0) [drugs](#page-2-0)") supplemented with 1 mg/ml BSA, 1 mg/ml papain, and 1 mg/ml dithioerythritol (DTT). Next, the

<span id="page-2-0"></span>tissue was transferred to fresh ES containing 1 mg/ml BSA, 1 mg/ml collagenase, and 100  $\mu$ M CaCl<sub>2</sub> and incubated for 5 min at 37°C. The tissue was then washed three times using cold ES, and the single smooth muscle cells were isolated by several passages of the tissue pieces through the tip of a fire-polished glass Pasteur pipette. The cell suspension was kept in ES at 4°C until use, generally within 6 h.

Isolated cells were loaded with 4 μM fura 2-AM at room temperature for 15 min. An aliquot of cell suspension was placed in an experimental chamber made with a glass poly-D-lysine treated coverslip  $(0.17 \text{ mm thick})$  filled with Na<sup>+</sup>-HEPES solution (for composition see "Solutions and drugs") and mounted on the stage of an inverted microscope (Eclipse TE2000-S; Nikon). After cell sedimentation, a gravity-fed system was used to perfuse the chamber with Na<sup>+</sup>-HEPES solution in the absence or presence of the experimental agents. Cells were illuminated at 340 and 380 nm at 0.3 cycles/s using a monochromator (Optoscan, Cairn Research), and the emitted fluorescence was captured with a cooled digital charge-coupled device camera (ORCAII-ERG; Hamamatsu Photonics) and recorded using dedicated software (Metafluor, Universal Imaging). Fluorescence ratio  $(F_{340}/F_{380})$  was calculated pixel by pixel and used to indicate the changes in  $[Ca^{2+}]_i$ . A calibration of the ratio for  $[Ca^{2+}]$ ; was not performed in view of the many uncertainties related to the binding properties of fura 2 with  $Ca^{2+}$  inside of smooth muscle cells. Experiments were performed at room temperature (22°C).

The size of the agonist releasable pools was assessed applying a low level of ionomycin (50 nM) in  $Ca^{2+}$ -free solution, a treatment which releases intracellular stores bypassing channels and receptors (Camello-Almaraz et al. [2008](#page-6-0), [2009\)](#page-6-0). In other series of experiments, the size of intracellular stores was estimated activating ryanodine receptors (present at the sarcoplasmic reticulum) with the cell permeant drug caffeine. The  $[Ca^{2+}]\rightarrow$  signal induced by both treatments allow indirect assessment of the size of intracellular stores.

Solutions and drugs

The K–HS contained (in mM): 113 NaCl, 4.7 KCl, 2.5 CaCl<sub>2</sub>, 1.2 KH<sub>2</sub>PO<sub>4</sub>, 1.2 MgSO<sub>4</sub>, 25 NaHCO<sub>3</sub>, and 11.5 D-glucose. This solution had a final pH of 7.35 after equilibration with 95%  $O<sub>2</sub>$ –5% CO<sub>2</sub>. To prepare KCl-rich solutions, the increased amount of KCl was substituted by NaCl. The ES used to disperse cells contained (in mM): 10 HEPES, 55 NaCl, 5.6 KCl, 80 sodium glutamate, 2  $MgCl<sub>2</sub>$ , and 10 D-glucose, with pH adjusted to 7.3 with NaOH. The Na<sup>+</sup>-HEPES solution contained (in mM): 10 HEPES, 140 NaCl, 4.7 KCl, 2 CaCl<sub>2</sub>, 2 MgCl<sub>2</sub>, and 10 D-glucose, with pH adjusted to 7.3 with NaOH. The  $Ca^{2+}$ -free Na<sup>+</sup>-HEPES solution included EGTA  $(1 \text{ mM})$  instead of CaCl<sub>2</sub>. Drug concentrations are expressed as final bath concentrations of active species. Drugs and chemicals were obtained from the following sources: ATP, bethanechol, caffeine, and ionomycin from Sigma Chemical (St. Louis, MO); fura 2-AM from Molecular Probes (Molecular Probes Europe, Leiden, Netherlands); collagenase from Fluka (Madrid, Spain), and papain from Worthington Biochemical (Lakewood, NJ). Stock solution of ionomycin was prepared in DMSO. The final concentration of DMSO was ≤0.1% vol/vol. This concentration of DMSO did not interfere with fura 2 fluorescence.

Quantification and statistics

Results are expressed as means±SEM of n cells or bladder strips.  $[Ca^{2+}]$ <sub>i</sub> is expressed as  $\Delta F_{340}/F_{380}$  and contractile responses in millinewtons (mN)/mg of tissue. Differences between concentration–response curves were tested using adequate analysis of variance for repeated measures (ANOVA), followed by Bonferroni post test. Differences between two groups were assessed by Student's test.

### Results

Effects of aging on detrusor contractile response

To evaluate the effect of aging on the contractile response of detrusor to the main types of stimulus in this tissue, i.e., muscarinic and purinergic receptors and depolarization, we performed bethanechol (BE), ATP or KCl concentration–response curves. Bethanechol (10 nM–1 mM) produced a concentration-dependent contraction with a maximal effect at  $10^{-4}$  M (Fig. [1a\)](#page-3-0). Analysis of variance (ANOVA) showed that age produced a statistically significant  $(P<0.001)$  decrease,

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Fig. 1 Aging affects the myogenic response of murine urinary bladder. Mouse detrusor strips were exposed to increasing concentrations of bethanechol  $(BE)$  (a), ATP (b), and KCl (c). The curves for BE and ATP were constructed in a cumulative way while for KCl a non-cumulative approach was performed. Contractile responses are expressed as mean $\pm$ SEM.  $n=6-12$ strips from five to six animals  $(*P<0.01, **P<0.001$  aged vs adult)

especially at the four higher concentrations  $(P<0.01$  or better), although no shift was observed in the dose– response curve, indicating that potency was not influenced by aging. In the case of ATP, the maximal effect in detrusor from young individuals was more than ten times smaller than for BE, although the curve did not reach the maximal effect at the range of concentrations assayed  $(1 \mu M-1 \mu M, Fig. 1b)$ . Contrary to the response to BE, the effect of aging on purinergic response was an increase  $(P<0.05$ , ANOVA), which was statistically significant at 1 mM ATP (P<0.01, Fig. 1b).

Contraction due to voltage-operated calcium channels was studied by chemical depolarization with K-enriched physiological solution. Figure 1c shows the increasing effect of depolarizing solutions, reaching a maximum contraction close to the maximal effect for BE. As it can be observed, in aged strips the depolarizationevoked contraction was reduced compared to adult tissue  $(P<0.01$ , ANOVA), reaching statistical significance at 60 mM KCl ( $P < 0.001$ , Fig. 1c).

#### Effects of aging on calcium mobilization

To test if the age-induced changes in bladder contractile response are due to changes in  $Ca^{2+}$ mobilization, we challenged fura-2 loaded isolated detrusor cells with the same chemical stimulus used in the functional studies. Both BE and ATP induced a biphasic  $Ca^{2+}$  signal, with an initial peak increase, due to release from internal stores, followed by a sustained phase of low amplitude (Fig. [2](#page-4-0)). In the case of KCl, the  $\lceil Ca^{2+} \rceil$  response displayed a sustained plateau level preceded by a slow increase. Aged cells showed an impairment of calcium mobilization in response to BE (adult 1.088 $\pm$ 0.099  $\Delta F_{340}/F_{380}$ , aged  $0.315\pm0.020 \Delta F_{340}/F_{380}$ ,  $n=30$  and 18 cells, respectively, P<0.001, Fig. [2a\)](#page-4-0) and to KCl application (adult  $0.304 \pm 0.040$   $\Delta F_{340}/F_{380}$ , aged  $0.094 \pm 0.004$  $\Delta F_{340}/F_{380}$ ,  $n=20$  and 14 cells, respectively, P< 0.001, Fig. [2c](#page-4-0)). This finding is in keeping with the effect of aging in cholinergic- and depolarizationinduced contraction (Fig. 1).

In the case of the  $[Ca^{2+}]$ <sub>i</sub> transient evoked by ATP, it was increased in aged cells (adult 0.608±0.085  $\Delta F_{340}/F_{380}$ , aged  $0.900\pm0.047$   $\Delta F_{340}/F_{380}$ ,  $n=33$ and 28 cells, respectively,  $P < 0.01$ , Fig. [2b](#page-4-0)), similar to the enhancement of contraction observed in the functional studies (Fig. 1b). Therefore, for each stimulus, the effect of aging in  $Ca^{2+}$  signals paralleled the effects on contraction.

The transient  $[Ca^{2+}]_i$  peak induced in detrusor by cholinergic stimulation is mainly due to release from

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Fig. 2 a and b Original recordings showing representative  $[Ca^{2+}]$ transients in response to stimulation of isolated detrusor cells with 100 μM bethanechol ( $BE$ ) or ATP. c shows the peak values (average $\pm$ SEM) in response to BE, ATP and KCl (60 mM) in adult and aged cells.  $n=14-33$  cells from five to six animals (\*\* $P<0.01$ , \*\*\* $P<0.001$  aged vs adult)

intracellular pools (Wu et al. [1999](#page-7-0)). To assess whether the size of the stores is diminished in aged cells, we used two stimuli known to mobilize the stored  $Ca^{2+}$ with little or negligible contribution from extracellular calcium (ionophore- or ryanodine receptor-mediated  $Ca^{2+}$  depletion). Figure 3 shows the average results from both series of experiments. The  $[Ca^{2+}]$ <sub>i</sub> transient induced by ionomycin (used as index of intracellular  $Ca<sup>2+</sup>$  release; see "[Materials and methods](#page-1-0)") was smaller in aged than in adult cells (adult  $0.804 \pm$ 0.103  $\Delta F_{340}/F_{380}$ , aged 0.260 ± 0.025  $\Delta F_{340}/F_{380}$ , n= 30 and 18 cells, respectively,  $P < 0.001$ , Fig. 3). When the size of intracellular pools was assessed with ryanodine, we obtained a similar age-dependent decrease: the  $Ca^{2+}$  released in response to caffeine was impaired in aged cells (adult  $1.098 \pm 0.138 \Delta F_{340}$ /  $F_{380}$ , aged  $0.636 \pm 0.050 \Delta F_{340}/F_{380}$ , n=41 and 28 cells, respectively,  $P<0.05$ ), confirming the reduced availability of intracellular stores.

## Discussion

The results of the present study show that aging impairs detrusor contraction in response to cholinergic and depolarizing stimulus, but enhances the purinergic responses. The contractile response changes are paralleled by changes in  $Ca^{2+}$  signals, and are associated to a reduction of intracellular  $Ca^{2+}$ stores and to inhibition of extracellular  $Ca^{2+}$  entry.

It is known that urinary bladder disturbances, as a consequence of alterations in the micturition cycle, increase with age (Diokno et al. [1992](#page-6-0); Milsom et al. [2001;](#page-6-0) Gomez-Pinilla et al. [2007a](#page-6-0)), but little is known about the underlying changes in bladder smooth muscle. The main contracting signals for detrusor muscle are ACh and ATP released from cholinergic



Fig. 3 Histogram showing the release from internal stores (estimated as the peak response after treatment) induced by application of a low level of ionomycin (50 nM) in  $Ca^{2+}$ -free solution or by application of caffeine (1 mM).  $n=18-41$  cells from six animals (\* $P \le 0.05$ , \*\* $P \le 0.001$ , aged vs adult)

and purinergic terminals (Ford et al. [2006\)](#page-6-0). The instability observed in aged bladder is considered to be due to changes in neurotransmission, especially to the increase of the purinergic component (Ford et al. [2006\)](#page-6-0) and the decrease of the relaxing components (Nishimoto et al. [1995](#page-6-0); Lluel et al. [2003](#page-6-0)). Our finding of enhanced purinergic responses and depressed cholinergic responses is in keeping with previous reports showing loss of cholinergic and increase of purinergic neurotransmission in rat and human bladder (Saito et al. [1993;](#page-6-0) Lieu et al. [1997](#page-6-0); Kageyama et al. [2000](#page-6-0); Yoshida et al. [2001](#page-7-0), [2004](#page-7-0); Pagala et al. [2001\)](#page-6-0), although in female guinea pig a loss of the purinergic response has been reported (Gomez-Pinilla et al. [2007c](#page-6-0), [2008](#page-6-0)). Our data also show that, irrespective of the functional status of autonomic nerves, aging alters the contraction at the level of smooth muscle cells, given that in our experimental conditions the responses are myogenic.

In addition, the present study demonstrates that voltage-evoked contraction is also depressed in aged muscle bladder cells. Depolarization is a physiological component of regulatory detrusor signals. Actually,  $Ca^{2+}$ influx through voltage-activated calcium is a main component of the cholinergic stimulation of detrusor cells (Wu et al. [2002](#page-7-0); Kajioka et al. [2005](#page-6-0)). Moreover, it has been shown that detrusor operate in part as an electrical syncytium: depolarization waves run along the longitudinal axis of bundles of cells, with poorer propagation between neighbor bundles (Hashitani et al. [2001](#page-6-0)). Although the impaired response to depolarization reported here could contribute to the diminished pressure of the voiding phase characteristic of aged detrusor (Siroky [2004;](#page-7-0) Gomez-Pinilla et al. [2007a\)](#page-6-0), further research is needed to be considered.

Cytosolic calcium is the main determinant of contraction. Detrusor  $Ca^{2+}$  signals involve both  $Ca^{2+}$ influx and  $Ca^{2+}$  release from the internal stores. Information regarding how aging influences this  $Ca^{2+}$ signals in urinary bladder is scarce. We have recently shown that in guinea pig detrusor aging disrupts  $Ca^{2+}$ sensitizing mechanisms of the contractile machinery (Gomez-Pinilla et al. [2008\)](#page-6-0), and inhibits the  $Ca^{2+}$ removal mechanisms (Gomez-Pinilla et al. [2007b\)](#page-6-0). The present study shows that both voltage-activated  $Ca^{2+}$ influx and intracellular pools are impaired by aging. This could account for the decreased contraction in response to depolarization and to cholinergic stimulation. A previous report in rat aged detrusor shows that both contraction in response to nerve stimulation and  $Ca<sup>2+</sup>$  signals display a higher sensitivity to experimental inhibition of  $Ca^{2+}$  influx (Yu et al. [1996](#page-7-0)), in keeping with our finding.

Contrary to cholinergic or KCl contraction, ATP contraction is enhanced by aging. This finding is likely to be related to differences in  $Ca^{2+}$  signalling mechanisms: while ACh receptors release  $Ca<sup>2+</sup>$  from intracellular pools through phosphoinositide metabolism followed by subsequent influx (both of them impaired in aged cells), ATP directly induces  $Ca^{2+}$ influx through purinergic receptors (Iacovou et al. [1990;](#page-6-0) Heppner et al. [2005](#page-6-0)). Our results showing downsizing of the stores and impairment of  $Ca^{2+}$ influx rule out the possibility that ATP signals operate releasing  $Ca^{2+}$  from internal pools or via co-activation of voltage-operated channels, a process previously reported in smooth muscle (Morales et al. [2004\)](#page-6-0). Note that even if purinergic receptors release  $Ca^{2+}$  from a pool different to that mobilized by ACh or caffeine, the signal would be reduced, as indicated by the results with ionomycin in aged cells (because this treatment releases all the available  $Ca^{2+}$ ).

A recent report in mouse bladder shows that P2X receptors mediate spontaneous muscle depolarization independently of voltage-activated  $Ca^{2+}$  influx (Young et al. [2008](#page-7-0)). This activity could be related to the spread of depolarization along bundles of cells, a pattern which is thought to actively accommodate the wall tension to the increasing volume of bladder during the filling phase (Hashitani et al. [2001\)](#page-6-0). If this component is enhanced by an increased effect of ATP, it could explain previous reports of enhanced activity during the filling phase (Gomez-Pinilla et al. [2007a](#page-6-0)).

The implication for this differential effect of aging on  $Ca^{2+}$  signals is that the alterations are not due to impairment of  $Ca^{2+}$  buffer capacity (Toescu and Verkhratsky [2000\)](#page-7-0) or  $Ca^{2+}$  extrusion (Gomez-Pinilla et al. [2007b](#page-6-0)), two common findings in aging studies, because it would affect equally to the calcium signals induced by different agonists (enhancing their amplitude and/or duration).

A likely explanation to account for our results is the modification at the receptor level or downstream to it. In fact, cholinergic receptors have been reported to be reduced (Mansfield et al. [2005\)](#page-6-0) or nonfunctional (Schneider et al. [2005](#page-7-0)) in aged detrusor, while purinergic receptors are up-regulated by aging in rat (Suadicani et al. [2009](#page-7-0)). Of course, this <span id="page-6-0"></span>mechanism is compatible with other modifications of the purinergic pathway reported in aging and in some pathophysiological conditions: increase of ATP release from parasympathetic fibers in aged human bladder (Yoshida et al. [2004\)](#page-7-0), diminished hydrolysis of ATP (Fry et al. 2002; Harvey et al. 2002) or changes in the purinergic receptors of sensory nerves (see Ford et al. 2006). Our results with isolated cells point that, in addition to these mechanisms, the smooth muscle cells are also a target for ageinduced enhancement of the purinergic transmission.

Acknowledgements This work was supported by the Junta de Extremadura (PRI07A069) and Spanish Ministery of Science and Education (BFU 2007-60563) and Red Temática de Investigación Cooperativa en Envejecimiento y Fragilidad Grant RD06/0013/1012.

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