

Unapparent Microsporidial Infection among Immunocompetent Humans in the Czech Republic[∇]

Bohumil Sak,¹ Daniel Brady,² Markéta Pelikánová,³ Dana Květoňová,¹ Michael Rost,⁴
Martin Kostka,^{1,5} Věra Tolarová,⁶ Zuzana Hůzová,⁶ and Martin Kváč^{1,5*}

Biology Centre of the Academy of Sciences of the Czech Republic, v.v.i.,¹ and Faculty of Science,³ Faculty of Economics,⁴ and Faculty of Agriculture,⁵ University of South Bohemia in České Budějovice, České Budějovice, and Regional Institute of Public Health, Prague,⁶ Czech Republic, and University of Glasgow, Glasgow G12 8QQ, Scotland, United Kingdom²

Received 7 June 2010/Returned for modification 2 September 2010/Accepted 17 December 2010

In the present population-based study, we determined the prevalences of the most common human-pathogenic microsporidia, *Encephalitozoon* spp. and *Enterocytozoon bieneusi*, in asymptomatic healthy people living in the Czech Republic. A total of 382 males and females (ages, 1 to 84 years) living in the Czech Republic, of whom 265 were Czech nationals and 117 were foreign students, were included in a study testing for the presence of microsporidia by use of coprology and molecular methods. Single-species infections with *Enterocytozoon bieneusi* or an *Encephalitozoon* sp. were detected for 9 and 136 individuals, respectively. Moreover, coinfections were detected for 14 individuals. Four genotypes of 3 human-pathogenic *Encephalitozoon* spp. and 7 *E. bieneusi* genotypes, including 3 novel genotypes, were detected. Some of these were reported in humans for the first time. The highest prevalence was recorded for individuals older than 50 years and for loose, unformed stool samples. These findings clearly show that exposure to microsporidia is common among immunocompetent people and that microsporidiosis is not linked to any clinical manifestation in healthy populations.

Microsporidia have been recognized as opportunistic pathogens of immunocompromised patients, but microsporidiosis is also becoming increasingly common in immunocompetent individuals (21). Most human microsporidial infections are caused by *Enterocytozoon bieneusi* or members of the genus *Encephalitozoon* (*Encephalitozoon cuniculi*, *Encephalitozoon hellem*, and *Encephalitozoon intestinalis*). *Enterocytozoon bieneusi* is found mainly in the upper gastrointestinal tract and is associated with chronic diarrhea and weight loss, although a couple of reports have identified *E. bieneusi* in respiratory samples (19). *Encephalitozoon intestinalis*, the second most frequently identified microsporidian, causes disseminated microsporidiosis, affecting the gastrointestinal tract (19). The two other species of *Encephalitozoon*, *E. cuniculi* and *E. hellem*, are also known to cause disseminated infections, affecting the urogenital, respiratory, and ocular organs. There are, however, two reports of enteric localization of *E. cuniculi* (12), and *E. hellem* has been recognized in stools (26).

Based on sequence differences at the internal transcribed spacer (ITS) region, *E. bieneusi* consists of multiple genotypes. To date, 81 distinct genotypes of *E. bieneusi* have been described on the basis of nucleotide sequence polymorphisms in this 243-bp region; 26 of those genotypes have been found in humans only, and 8 different genotypes have been reported in both humans and animals by several research groups (30). Also, *E. cuniculi* has been considered a zoonotic pathogen and has been classified into three different strains according to

phenotypic and genotypic differences based on the number of repeats of a 4-base sequence (5'-GTTT-3') in the ITS region of the rRNA gene. *Encephalitozoon cuniculi* type I (rabbit strain) has been isolated from rabbits and humans, while *E. cuniculi* type II (mouse strain) has been identified only in mice and blue foxes so far, and *E. cuniculi* type III (dog strain) has been isolated from dogs and humans (22, 24). The intraspecies variability of *E. hellem* is based on differences in the ITS and polar tube protein (PTP) gene sequences, which have led to 5 different genotypes designated 1A, 1C, 1D, 2B, and 2C (14). All these genotypes were originally identified in humans. To date, no molecular differences in the markers used have been observed among *E. intestinalis* isolates originating from infected humans versus infected animals, implying the absence of a transmission barrier between the different host species (15).

Studies examining the prevalence of human microsporidiosis have been limited to patients who are positive for human immunodeficiency virus (HIV) or who have AIDS. However, recent molecular epidemiological studies have shown that organ transplant recipients and other immunocompromised patients, as well as immunocompetent individuals, are at risk for infections that are mostly asymptomatic (4, 29, 37). In contrast to the publication of hundred of records about immunocompromised individuals, only a few reports concerning microsporidial infections of immunocompetent humans have been published (1, 5, 28, 35).

The purpose of this study was to investigate the occurrence and prevalences of the microsporidial species *Enterocytozoon bieneusi* and *Encephalitozoon* spp. in the immunocompetent human population in the Czech Republic and to determine which species and genotypes are the most prevalent by using microscopy, PCR, and subsequent analysis of ITS sequences.

* Corresponding author. Mailing address: Biology Centre of the Academy of Sciences of the Czech Republic, v.v.i., Institute of Parasitology, Branišovská 31, 370 05, České Budějovice, Czech Republic. Phone: 420387775419. Fax: 420385310388. E-mail: kvac@paru.cas.cz.

[∇] Published ahead of print on 29 December 2010.

TABLE 1. Nationalities and numbers of foreign students included in the study

Country of origin	No. of students
Angola.....	6
Belarus.....	5
Bolivia.....	1
Bosnia and Herzegovina.....	4
Cambodia.....	2
China.....	8
Cyprus.....	3
Democratic Republic of Congo.....	1
Egypt.....	2
Ethiopia.....	3
Georgia.....	4
India.....	1
Japan.....	1
Kazakhstan.....	3
Korea.....	1
Macedonia.....	1
Moldova.....	14
Mongolia.....	6
Montenegro.....	1
Namibia.....	2
Nepal.....	1
Panama.....	2
Peru.....	7
Russia.....	26
Serbia.....	1
Ukraine.....	7
Uzbekistan.....	2
Vietnam.....	2

MATERIALS AND METHODS

Stool specimens. Between October 2008 and March 2009, a total of 672 individual stool samples from 382 individuals were provided by the Regional Institute of Public Health, Department of Parasitology, Prague, Czech Republic. The samples originated from 265 non-HIV-infected Czech nationals, who provided 1 to 3 stool samples within a week ($n = 555$), and from 117 healthy, HIV-negative foreign students living in the Czech Republic who were screened once during immigration. The nationalities of these people are listed in Table 1. The study was approved by the ethics committee of the Hospital České Budějovice, a.s. (protocol 202/07). The stool samples were placed at 4°C in the dark without any preservative and were examined immediately. The age structure of the population sampled is shown in Table 2. The majority of individuals belonged to the 20- to 49-year age group. The majority of foreigners were 12 to 19 (62 individuals) or 20 to 49 (54 individuals) years old. The number of females was slightly higher (55%) for all individuals and was equal to the number of males (50%) among foreigners. Stool consistency was evaluated as hard and formed (referred to below as “formed”), loose and unformed (“paste”), or liquid (diarrhea). All samples were examined previously for the presence of other gastrointestinal protozoan parasites, such as *Giardia* spp. and *Cryptosporidium* spp., with negative results.

Calcofluor M2R staining (38). Smears made from all stool samples were fixed with methanol for 2 min and were allowed to air dry. Subsequently, the slides were stained with 0.1% calcofluor M2R stain (Sigma) in phosphate-buffered saline (PBS) for 10 min, rinsed gently with PBS, stained with 0.5% Evans blue stain (Sigma) in distilled water for 30 s, rinsed again in PBS, and allowed to air dry. Stained slides were examined for the presence of spores by fluorescence microscopy using UV light at a wavelength of 490 nm and a magnification of $\times 1,000$.

As positive controls, spores of *E. intestinalis* originally isolated from an AIDS patient (8) and grown *in vitro* in Vero E6 cells in the Laboratory of Veterinary and Medical Protistology at the Institute of Parasitology ASCR, v.v.i., and spores of *E. bienewisi* originally isolated from the stool of an HIV-positive patient from Peru (kindly provided by G. S. Visvesvara, CDC, Atlanta, GA) were used.

DNA isolation. One sample from each individual was selected for DNA isolation on the basis of microscopic examination results. Either a microscopically positive sample was selected or, if microscopy was negative, one sample was

randomly selected. Stool samples were homogenized by bead disruption using a FastPrep 24 instrument (MP Biomedicals, CA), and DNA was extracted by using a commercially available isolation kit (QIAamp DNA Stool Mini Kit; Qiagen, Hilden, Germany) according to the manufacturer’s instructions. Acquired DNA was stored at -20°C .

PCR amplification. Microsporidian-specific primers described by Katzwinkel-Wladarsch et al. were used (18). The forward primers MSP-1 [TGA ATG(G/T)GT CCC TGT] and MSP-3 [GGA ATT CACACC GCC CGT C(A/G)(C/T)TAT] were targeted to the 3’ region of the small-subunit (SSU) coding segment of *Enterocytozoon bienewisi* and all three *Encephalitozoon* spp. The reverse primers MSP-2B (GTT CAT TCG CAC TAC T) and MSP-4B (CCA AGC TTA TGC TTA AGT CCA GGG AG) were targeted to the 5’ region of the large-subunit (LSU) coding segment of *E. bienewisi*. The reverse primers MSP-2A (TCA CTC GCC GCT ACT) and MSP-4A [CCA AGC TTA TGC TTA AGT (C/T)(A/C)A A(A/G)G GGT] were targeted to the 5’ region of the coding segment of *Encephalitozoon* spp. For the primary step of the nested protocol, the PCR mixture contained $1\times$ PCR buffer, 3 mM MgCl_2 , 0.2 mM each deoxynucleoside triphosphate (dNTP), 1 U *Taq*, 1 μl bovine serum albumin (BSA) (10 mg/ml), and 200 nM each primer. For the secondary PCR step, the PCR mixture was identical except that BSA was excluded. For both PCR steps, a total of 35 cycles, each consisting of 94°C for 45 s, 54°C for 45 s, and 72°C for 60 s, were performed. An initial incubation at 94°C for 3 min and a final extension at 72°C for 7 min were included. PCR products were visualized on a 2% agarose gel containing 0.2 $\mu\text{g/ml}$ ethidium bromide.

PCR products were directly sequenced on the ABI 3730XL sequence analyzer (Applied Biosystems, Foster City, CA). Each sample was sequenced in both directions. Sequences were aligned and completed using the ChromasPro (Technelysium, Pty, Ltd.), BioEdit, and Clustal X (version 2.0.6) programs and were compared with sequences in GenBank.

Positive controls included DNA isolated from spores of *E. intestinalis* ($3\times 10^7/\text{ml}$) of the same origin as that mentioned under “Calcofluor M2R staining” above and from spores of *E. bienewisi* genotype D originally isolated from a pig.

Phylogenetic analyses of results. The sequences included in phylogenetic analysis were aligned in the Clustal X (version 2.0.6) program. Only complete ITS sequences were included in the analysis. In the case of multiple names for identical sequences, the first name published was used. The alignment was checked in BioEdit for ambiguously aligned positions, which were manually deleted. The resulting alignment contained 256 positions. Neighbor-joining (NJ) analysis of the data set was performed with the PAUP* 4.0b10 program. The number of bootstrap replicates was 1,000. The most distant sequences of *E. bienewisi* originated from humans, marmosets, raccoons, and cattle (GenBank accession no. DQ683749, DQ885588, AY237209, AY237210, AY237211, and DQ885585) and were used as an outgroup.

Statistical analysis. Data were analyzed using the R 2.10.0 programming environment and SAS, version 9.0. The associations between age, gender, and nationality variables and the presence of microsporidia in stool samples were tested using the classical chi-square test without Yates’ continuity correction. The risk was evaluated through odds ratios (OR). We provide 95% confidence intervals for OR and *P* values. In case of $k\times 2$ contingency tables, we used the Cochran-Armitage test for trend, which tests for trends in binomial proportions across levels of covariates. Significance was evaluated at a *P* value of <0.05 .

Nucleotide sequence accession numbers. The GenBank accession numbers assigned to the newly identified genotypes of *E. bienewisi* determined in this study are GU198949 (CZ1), GU198950 (CZ2), and GU198951 (CZ3).

RESULTS

Of the 672 stool specimens obtained from 382 individuals, 75 microscopically positive samples originating from 58 people were detected (15%) (data not shown). On the basis of the consistency of the specimen, microsporidian spores were most often identified in formed stool samples (47/430). However, no significant associations were found between diarrhea and microsporidian detection when the proportions of positive paste samples (24/197) and diarrheal samples (4/45) were compared.

The highest prevalence was found for individuals 6 to 11 years old (15/62); the lowest, for individuals 12 to 19 years old (5/84). Microsporidia were microscopically identified for 26 men and 32 women, of whom 49 were Czechs and 9 were foreigners (data not shown).

TABLE 2. Molecular detection of microsporidian species/genotypes by age and gender

Age category	Stool consistency	No. examined/no. positive		Organisms(s) (no. of positive individuals) detected by PCR ^a	
		Czechs	Foreigners	Czechs	Foreigners
0-5	Formed	19/6		<i>Encephalitozoon cuniculi</i> II (3), <i>Encephalitozoon hellem</i> 1A (1), <i>Encephalitozoon intestinalis</i> (1), <i>Enterocytozoon bienewisi</i> BEB4 (1)	
	Paste	17/6		<i>Encephalitozoon cuniculi</i> II (3), <i>Encephalitozoon hellem</i> 1A (1), <i>Encephalitozoon intestinalis</i> (1), <i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon cuniculi</i> II (1)	
	Diarrhea	2/1		<i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon cuniculi</i> II (1)	
6-11	Formed	35/14	1/0	<i>Encephalitozoon cuniculi</i> II (10), <i>Encephalitozoon hellem</i> 1A (2), <i>Enterocytozoon bienewisi</i> EbpA (1), <i>Enterocytozoon bienewisi</i> CZ3 + <i>Encephalitozoon hellem</i> 1A (1)	
	Paste	23/12		<i>Encephalitozoon cuniculi</i> I (1), <i>Encephalitozoon cuniculi</i> II (10), <i>Encephalitozoon hellem</i> 1A (1)	
	Diarrhea	3/1		<i>Encephalitozoon cuniculi</i> II (1)	
12-19	Formed	17/6	43/21	<i>Encephalitozoon cuniculi</i> II (6)	<i>Encephalitozoon cuniculi</i> II (13), <i>Encephalitozoon hellem</i> 1A (2), <i>Enterocytozoon bienewisi</i> EbpA (1), <i>Enterocytozoon bienewisi</i> CZ1 (1), <i>Enterocytozoon bienewisi</i> CZ3 (1), <i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon hellem</i> 1A (1), <i>Enterocytozoon bienewisi</i> BFRmr2 + <i>Encephalitozoon cuniculi</i> II (1), <i>Enterocytozoon bienewisi</i> CZ3 + <i>Encephalitozoon hellem</i> 1A (1)
	Paste	5/2	17/7	<i>Encephalitozoon cuniculi</i> II (2)	<i>Encephalitozoon cuniculi</i> II (5), <i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon cuniculi</i> II (2)
	Diarrhea		2/1		<i>Encephalitozoon cuniculi</i> II (1)
20-49	Formed	63/26	30/10	<i>Encephalitozoon cuniculi</i> I (2), <i>Encephalitozoon cuniculi</i> II (16), <i>Encephalitozoon hellem</i> 1A (5), <i>Enterocytozoon bienewisi</i> CZ2 (1), <i>Enterocytozoon bienewisi</i> CZ3 (1), <i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon cuniculi</i> II (1)	<i>Encephalitozoon cuniculi</i> II (6), <i>Encephalitozoon hellem</i> 1A (2), <i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon cuniculi</i> II (1), <i>Enterocytozoon bienewisi</i> BEB4 + <i>Encephalitozoon cuniculi</i> II (1)
	Paste	39/19	22/7	<i>Encephalitozoon cuniculi</i> I (1), <i>Encephalitozoon cuniculi</i> II (12), <i>Encephalitozoon hellem</i> 1A (3), <i>Enterocytozoon bienewisi</i> PigEBITS5 (1), <i>Enterocytozoon bienewisi</i> BFRmr2 (1), <i>Enterocytozoon bienewisi</i> PigEBITS5 + <i>Encephalitozoon hellem</i> 1A (1)	<i>Encephalitozoon cuniculi</i> II (5), <i>Enterocytozoon bienewisi</i> EbpA + <i>Encephalitozoon cuniculi</i> II (1), <i>Enterocytozoon bienewisi</i> PigEBITS5 + <i>Encephalitozoon hellem</i> 1A (1)
	Diarrhea	10/2	2/0	<i>Encephalitozoon cuniculi</i> II (2)	
50+	Formed	11/4		<i>Encephalitozoon cuniculi</i> II (3), <i>Encephalitozoon hellem</i> 1A (1)	
	Paste	13/10		<i>Encephalitozoon cuniculi</i> II (9), <i>Encephalitozoon hellem</i> 1A (1)	
	Diarrhea	8/4		<i>Encephalitozoon cuniculi</i> II (4)	
Total		265/113	117/46	113	46

^a I, II, and 1A are genotypes of *Encephalitozoon* spp.; EbpA, BEB4, BFRmr2, PigEBITS5, CZ1, CZ2, and CZ3 are genotypes of *Enterocytozoon bienewisi*.

Amplification of DNA from stool samples with primers specific for the most common microsporidia infecting humans allowed us to confirm the presence of microsporidian DNA in 159 of the 382 people screened (42%) (Table 2). Single-species infections were detected in 9 individuals with *E. bienewisi* (6%) and in 136 people with *Encephalitozoon* spp. (86%). Moreover, coinfections were detected in 14 individuals (9%). All microscopically positive samples tested positive by PCR.

The sequence analyses of *E. bienewisi*-positive samples revealed 7 different genotypes (Table 2). In addition to the previously described genotypes from cattle (BEB4 and EbpA) and pigs (PigEBITS5, EbpA, and BFRmr2), three

new genotypes were detected (*E. bienewisi* CZ1 to CZ3). The most prevalent *E. bienewisi* genotypes were EbpA (in 10 individuals), CZ3 (in 4 individuals), and PigEBITS5 (in 3 individuals), followed by BFRmr2 and BEB4 (each in 2 individuals). The CZ1 and CZ2 genotypes were identified only in single individuals. All ITS sequences from the study samples matched the reference genotypes from GenBank 100% as follows: *E. bienewisi* EbpA, AF076040; *E. bienewisi* PigEBITS5, AF348473; *E. bienewisi* BFRmr2, EU849132; *E. bienewisi* BEB4, AY331008.

To further characterize the new genotypes found, phylogenetic analysis was carried out on all *E. bienewisi* ITS sequences

available at GenBank. As shown in Fig. 1, phylogeny segregated the sequences into several major groups and an outlier group, all of which were supported by bootstrap values higher than 50%. All of the genotypes detected, including the novel genotypes, were identical or related to genotypes reported from pigs and cattle.

All three human-pathogenic *Encephalitozoon* spp. were detected (Table 2). *E. cuniculi* genotype II and *E. hellem* genotype 1A were the most prevalent, found in 120 and 24 individuals, respectively. *E. cuniculi* genotype I was detected in 4 samples; *E. intestinalis*, in 2 individuals. All ITS sequences from the study samples exhibited 100% matches to the reference genotypes from GenBank as follows: *E. hellem* 1A, AF338367; *E. cuniculi* I, AF338410; *E. cuniculi* II, GQ422153; *E. intestinalis*, Y11611. Moreover, among these infections, coinfections with *E. bienewsi* EbpA and *E. cuniculi* II (in 7 individuals), *E. bienewsi* CZ3 and *E. hellem* 1A, and *E. bienewsi* PigEBITS5 and *E. hellem* 1A (each in 2 individuals) were found. In single cases, coinfections with *E. bienewsi* BFRmr2 and *E. cuniculi* II, *E. bienewsi* BEB4 and *E. cuniculi* II, and *E. bienewsi* EbpA and *E. hellem* 1A were identified.

To our knowledge, our study is the first report of identification of the four animal-derived *E. bienewsi* genotypes and *E. cuniculi* genotype II in humans.

The highest prevalence of PCR-positive samples was recorded for individuals older than 50 years (18/32); the lowest, for children younger than 5 years (13/38) (Table 2). In total, microsporidia were identified in 66 men and 93 women, of whom 34 were foreigners PCR positive for *Encephalitozoon* spp., 3 were foreigners positive for *E. bienewsi*, and 9 were foreigners who had coinfections. The total prevalence of PCR-positive people was 42%, and *E. bienewsi* and/or *Encephalitozoon* spp. were most often identified in paste stool samples (69/136), followed by formed (94/219) and diarrheal (10/27) samples. However, statistical analysis revealed no relation between the factors analyzed and the acquisition of infection in different categories (Tables 3 and 4).

DISCUSSION

Enterocytozoon bienewsi and *Encephalitozoon* species are known to cause intestinal microsporidiosis in both humans and animals. The epidemiology of microsporidial infection is still being determined, and the prevalence differs greatly in different parts of the world. Microsporidial infections in humans are detected mainly by serology, light microscopic stain techniques, electron microscopy, and PCR-based methods. Infection rates are difficult to compare because of the considerable differences in the diagnostic methods employed, the specimens analyzed, the geographical locations, the patient groups, and patient characteristics (sex, age, sociodemographic data, immune status, and clinical features). Moreover, although all microscopically positive samples were confirmed to be positive by PCR, in accordance with the study reported previously (27), light microscopy was less sensitive than PCR. Whereas surveys for antibodies to microsporidia in human sera have focused exclusively on *Encephalitozoon* species, with the frequency of positive specimens ranging from 0 to 38% in various population groups (16, 33), the absence of serological surveys for *E. bienewsi* is

attributed to the lack of a standardized method of *in vitro* cultivation and animal model hosts. The majority of prevalence data are based on surveys using molecular methods performed predominantly with immunodeficient individuals, mostly in developing countries. Limited data about the prevalence of microsporidial infections among immunocompetent people are available. Therefore, this study investigated the occurrence and prevalences of the microsporidial species *Enterocytozoon bienewsi* and *Encephalitozoon* spp. in immunocompetent humans in the Czech Republic.

The first documented case of *E. bienewsi* infection in the Czech Republic was reported for an HIV-positive patient in 1994 (9). The serological study of Kučerová-Pospíšilová and Ditrich (20) included female prostitutes and alcohol and intravenous drug abusers as groups at risk for HIV/AIDS infections. Of 132 individuals, 12% revealed positive results by an enzyme-linked immunosorbent assay (ELISA) with *E. cuniculi* antigen, and of 125 people, 11% reacted with *E. hellem* antigen. However, no cases of microsporidial infection were found by parasitological examination, suggesting that the patients examined could have shown residual antibodies from past or latent infections. In a study by Sak et al. (28) in which 115 sera were tested for anti-*E. bienewsi* antibodies by an immunofluorescence assay (IFA), 20% of HIV-positive patients, 33% of persons with occupational exposure to animals, and 10% of people representing a healthy population were IFA positive.

In developed countries in North America and Europe, and in South Africa, studies involving HIV-seropositive persons with diarrhea reported microsporidial prevalence rates between 2% and 78% by use of different detection methods (3, 4, 11, 29, 32, 34). In these studies, *E. bienewsi* was the species detected most often, followed by *E. intestinalis*; these findings are not in accordance with our results, where *E. bienewsi* was detected four times less frequently than *E. cuniculi*, and *E. intestinalis* was identified only sporadically. Moreover, while the association between microsporidial occurrence and diarrhea was statistically supported in many of these studies, and infection rates as low as 1.5% to 4.3% were reported among HIV-seropositive persons without diarrhea (4, 32, 34), in our study, the majority of microsporidial infections (reaching 94%) were reported for nondiarrheal specimens.

In studies conducted in developing countries, *E. bienewsi* prevalence rates of 2.5% to 51% for HIV-seropositive adult patients with diarrhea (13, 25, 29, 31, 40) and 4.6% for patients without diarrhea (31) have been reported. In contrast, *Encephalitozoon* sp. infections have been reported in single case reports or at a very low prevalence, reaching a maximum of 10% (10).

As mentioned above, most of what is now known about human microsporidiosis can be attributed to experience with HIV-infected patients. Immunodeficiency, especially that associated with HIV/AIDS, low CD4⁺ T cell counts (≤ 50 cells per μ l of blood), and younger age are all considered risk factors for microsporidiosis (6, 37). However, cases of intestinal microsporidiosis have been increasingly reported for other immunocompromised individuals, such as organ transplant recipients, as well as travelers, children, and the elderly, mostly suffering from self-limiting or acute diarrhea



FIG. 1. NJ tree based on SSU rDNA sequences of 106 *Enterocytozoon bieneusi* isolates, including our three new sequences CZ1, CZ2, and CZ3 (arrows). Genotypes previously found in humans are shaded. The six most divergent sequences (DQ683749, DQ885588, AY237209, AY237210, AY237211, and DQ885585) are not shown in the tree and were used as an outgroup to root the branch of all other isolates. Bootstrap values are given at the nodes.

TABLE 3. Results of univariate analysis of risk factors for the acquisition of microsporidiosis

Variable and characteristic	No. of individuals examined	% of individuals infected	OR (95% CI) ^a	P
Gender				
Male	173	38.15	0.769 (0.51–1.15)	0.2103
Female	209	44.50		
Nationality				
Czech	265	42.64	1.147 (0.74–1.79)	0.543
Foreigner	117	39.32		

^a OR, odds ratio; CI, confidence interval.

(21, 26, 39). On the other hand, in our study, only a minority of diarrheal samples were microsporidian positive, and microsporidia were present mainly in formed or paste stool specimens. This could be explained by the lower infection intensity reported for immunocompetent individuals than for immunodeficient individuals, who often suffer from chronic profuse diarrhea.

Some reports of studies with humans had suggested that microsporidia can produce asymptomatic infections in immunocompetent individuals (29, 37). It would be unrealistic to expect that only immunocompromised individuals become infected, since microsporidia have been detected in groundwater and surface water sources (2, 36). In addition, several microsporidian species that infect humans have been identified in animals, especially mammals (7, 21), raising public health concerns about zoonotic and waterborne transmission of microsporidia (2, 23). Also, our sequence analysis results show clearly that the *E. bienewisi* genotypes detected, including three new sequences, belong to a group of isolates that mostly originate from pigs and cattle. These data suggest that isolates of this group are able to switch hosts from animals to humans and should be regarded as isolates with high zoonotic potential. Moreover, the finding of *E. cuniculi* genotype II, which has been detected in mice and birds previously (17, 22, 27), suggested the role of wild and captive animals as important sources of human-pathogenic microsporidia in the Czech Republic.

As far as we know, this is the largest study of microsporidian infection in a healthy human population carried out so far. The data obtained during our study show surprisingly high prevalences in different populations of immunocompetent humans, raising the question of whether the findings represent true infection resulting in shedding of parasites or ingested parasites that just passed through the gastrointestinal tract without establishing an infection. However, the chance of detecting the temporary passage of spores is quite low in the number of individuals sampled in the present study. Moreover, the fact that microsporidian spores were detected microscopically in 47% of PCR-positive samples implies actual infection. Although the ability of microsporidia to survive in immunocompetent hosts has not been fully elucidated, on the basis of our results it is obvious that immunocompetent individuals are able to shed detectable amounts of spores in their excretions. In addition, the data we obtained by microscopic screening in this study suggest the necessity of multiple samplings of the same

TABLE 4. Risk factors for the acquisition of microsporidiosis by the Cochran-Armitage trend test

Variable	No. of individuals examined	% of individuals infected	Z	One-sided Pr < Z ^a	Two-sided Pr > Z ^b
Stool consistency					
Formed	219	39.73	-0.3179	0.3753	0.751
Paste	136	46.32			
Diarrhea	27	33.33			
Age category (yr) ^c					
0–5 (3.08)	38	34.21	-1.202	0.1148	0.2295
6–11 (8.11)	62	43.55			
12–19 (17.39)	84	44.05			
20–50 (29.72)	166	38.55			
50+ (62.00)	32	56.25			

^a P value for one-sided test.

^b P value for two-sided test.

^c The mean age in each category is given in parentheses.

individual, because in some cases, only one of triplicate samples was positive for microsporidia.

ACKNOWLEDGMENTS

This study was funded by grants from the Academy of Sciences of the Czech Republic (KJB500960701), the Grant Agency of the Czech Republic (project 206/09/0927), and a research project of the Institute of Parasitology, Academy of Sciences of the Czech Republic (Z60220518).

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