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Relationships among Environmental Exposures, Cord Blood Cytokine Responses, Allergy, and Wheeze at One Year of Age in an Inner-City Birth Cohort (URECA)

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Abstract

Background—The URECA study was established to investigate the immunologic and environmental causes of asthma in inner-city children.

Objective—To evaluate potential atopic outcomes in the first12 months and their relationships to environmental exposures and immune development.

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Methods—A birth cohort of 560 children with at least one parent with allergy or asthma was established in Baltimore, Boston, New York, and St. Louis. Wheezing is assessed every 3 months, allergen-specific IgE yearly, mononuclear cell cytokine responses at birth and yearly; environmental assessments include dust allergen and endotoxin, maternal stress, and indoor nicotine and nitrogen dioxide.

Results—Key outcomes in the first year include wheeze in 49%, ≥ 2 episodes of wheeze 23%, eczema 30%, and detectable IgE to milk, egg, and/or peanut in 32% and to cockroach in 4%. Household dust revealed levels >2mcg/g to cockroach in 40%, mite 19%, cat 25%, and mouse 29%, and 66% of homes housed at least one smoker. Positive associations were detected between multiple wheeze and cotinine, maternal stress, and maternal depression, while cytokine responses to a variety of innate, adaptive, and mitogenic stimuli were inversely related to eczema.

Conclusions—This high risk cohort of inner-city infants is exhibiting high rates of wheeze, eczema, and allergic sensitization. Low cytokine responses at birth may be a risk factor for eczema, while a variety of adverse environmental exposures contribute to the risk of wheezing in infancy. These findings provide evidence of specificity in the interactions between immune development, environmental exposures, and the development of early features that may predict future asthma.

Keywords

Immune development; birth cohort; atopy; asthma; cytokines; allergen exposure; inner-city

Introduction

Inner-city children and adults have disproportionately high asthma prevalence; in addition, those with asthma have greater morbidity and are more likely to die of their asthma compared to their non-inner-city peers ¹⁻⁴ A number of studies over the past two decades have identified risk factors for asthma morbidity in inner-city patients, and a few have sought to identify reasons for increased asthma prevalence in these populations.⁵⁻⁸ Most have focused on environmental exposures that are increased or even unique to inner-city areas. The urban environment presents a unique collection of potentially harmful exposures, such as rodent and cockroach allergens, air pollution, increased stressful life events, infections, and microbial exposures.⁹⁻¹² While much has been learned about how these environmental exposures affect asthma morbidity among inner-city children, there is relatively little information about the role that allergens and other environmental exposures encountered in the inner city play in the initiation of asthma.

It is likely that a complex interplay of genetic and environmental factors lead to the development of asthma and other allergic diseases through effects on both the airways and immune development, not only during early childhood but during fetal life. Although published data are not completely consistent in this regard,¹³ the most common immunologic abnormalities detected early in life among children that go on to develop asthma include diminished IFN- γ production, and surprisingly, reduced Th2 responses that are followed by skewing of immune responses towards a Th2 phenotype.¹⁴⁻¹⁷

In an effort to better understand the pathogenesis of asthma and allergy in children living in urban environments, the Urban Environment and Childhood Asthma (URECA) study was established by the Inner-City Asthma Consortium in 2005. This birth cohort study is designed to assess the influence of a multitude of environmental factors on immune development and the development of allergy and asthma. In this paper, we report data from the prenatal period through 12 months of age with regard to environmental exposures, immune development, and early outcomes that may be predictive of future asthma.

Methods

The design, methods, and study population of the URECA study have been previously reported in detail.¹⁸ This is a prospective, observational birth-cohort study examining environmental, lifestyle, and genetic factors that may influence early childhood immunologic development and subsequent asthma risk. The study was approved by Institutional Review Boards at each participating institution. Expectant families were recruited during pregnancy in 4 cities: Baltimore, Boston, New York, and St. Louis; written informed consent was obtained prior to enrollment. Selection criteria for the main cohort included residence in an area with >20% residents below the poverty level, mother or father with allergic rhinitis, eczema, and/or asthma, birth at \geq 34 weeks gestation, and collection of a suitable cord blood sample. Exclusion criteria included conditions and congenital anomalies that could potentially affect lung or immune system development or function. Between February 2005 and March 2007, 1850 families were screened, 889 met eligibility criteria, and 560 were enrolled.

Each mother underwent a prenatal study visit (60% in the third trimester of pregnancy, most of the remainder in the second) at which nine stress-related questionnaires were administered. These included the Pregnancy Anxiety Scale (PAS), which was developed and validated as a measure of situation-specific stress related to pregnancy;¹⁹ the Edinburgh Postnatal Depression Scale (EPDS), developed in England to assist primary care health professionals in detecting those mothers suffering from postnatal depression (http://www.hfs.illinois.gov/mch/edinburgh.html); and the Perceived Stress Scale (PSS), a four-item scale that measures the degree to which the respondents felt their lives were unpredictable, uncontrollable and overwhelming in the preceding one month (reliability = 0.85).²⁰ These measures can all be considered to represent internal stress. We have also created a composite measure of external stressors, which includes Difficult Life Circumstances (i.e. stressful life events),²¹ financial strain, neighborhood violence,²² and housing problems.²³

Cord blood samples were collected at the time of the child's birth using sterile procedures; they were transported to the center's laboratory on the day of collection and kept at room temperature. Blood mononuclear cells were stimulated and tested for cytokine responses.²⁴ After incubation for 24 hrs (phytohemagglutinin, LPS, poly-IC, CpG, peptidoglycan, respiratory syncytial virus, medium alone) or 5 days (cockroach extract, dust mite [*D. pteronyssinus*] extract, tetanus toxoid, medium alone), supernatants were collected, divided into aliquots, frozen at -80°C, and shipped to a central laboratory for analysis. Supernatants were analyzed for cytokines with a bead-based multiplex assay (Beadlyte, Upstate Biotechnology, Lake Placid, NY), producing a panel of 46 stimulant-cytokine outcomes (plus controls) per child. Cytokines were selected based on involvement with specific innate and adaptive immune responses previously related to allergic inflammation and immune response to respiratory viruses.²⁴

Postnatally, telephone surveys were administered every 3 months to assess the child's respiratory and allergy symptoms, medications, tobacco smoke exposure, and diet. In addition, at 3 months of age, URECA staff visited the child's home where a home environment questionnaire was administered, and household dust samples were collected and assayed for the allergens Bla g 1 (German cockroach), Can f 1 (dog), Fel d 1(cat), Der f 1 *Dermatophagoides farinae*), Der p 1 (*Dermatophagoides pteronyssinus*), and Mus m 1 (mouse) by two-site monoclonal antibody ELISA (Indoor Biotechnologies, Inc., Charlottesville, VA). Another aliquot was analyzed for endotoxin by the recombinant factor C assay²⁵ and for ergosterol, a cell wall component of fungi, using GC-mass spectroscopy. Finally, at 12 months of age all infants were seen by a study physician in the research clinic,

during which a physical examination was performed, an eczema assessment was completed, and a blood sample was collected to assess sensitization to common allergens.

Primary outcomes in the first 12 months include wheeze (categorized as zero episodes, a single reported episode, or two or more episodes), eczema / atopic dermatitis, and allergic sensitization. The primary source of information on the occurrence and frequency of wheezing was the Respiratory and Allergy Symptoms questionnaire administered via telephone every three months. Information on wheezing was also collected during phone calls at the time of illnesses, from records of hospitalizations due to respiratory illnesses, and from physical examinations at scheduled study visits. Atopic dermatitis was assessed by questionnaire every 3 months by asking if a health care provider ever diagnosed eczema and whether medication was prescribed for the condition. In addition, at the 3-month home visit and the child's 12-month physical examination, a nurse or physician completed the Eczema Area and Severity Index (EASI) form.²⁶ We report both self-reported eczema and that diagnosed by physical exam, but for all analyses limit the eczema diagnoses only to those infants with an EASI score greater than or equal to 1.0 at either the 3 or 12 month exam. Finally, allergic sensitization at age 12 months was defined as the presence of one or more positive (≥ 0.35 kU/L) serologic tests for allergen-specific IgE, which was measured by ImmunoCAP (Phadia, Uppsala Sweden) to milk, egg, peanut, and cockroach.

Statistical Analysis

Univariate and multivariate analyses were performed using logistic regression for binary outcomes, and both unadjusted and adjusted odds ratios were calculated. For continuous outcomes, univariate and multivariate analyses were performed using linear regression and parameter estimates were calculated. Multivariate models were adjusted for season of birth, site, and gender of child.²⁷ These variables were selected as confounders as they were found in earlier work to be associated with cytokine responses.²⁸ The figures present results from adjusted models. All statistical analyses were carried out using R 2.8.1 and SAS 9.1.

Factor analysis with an orthogonal (varimax) rotation was used to reduce the 46-item cytokine panel to 11 composite factor scores, or linear combinations of the original, correlated, stimulant-specific cytokine responses. The factors were identified separately for the innate and adaptive panels of stimulant-cytokine combinations and without including unstimulated responses. After examination of eigenvalues and factor loadings, we identified seven factors for the innate panel, some of which clustered by cytokine and some of which clustered by stimulant (see Table E1 in the online repository). Four factors were identified for the adaptive panel. One factor was created for the IFN-γ, IL-10 and IL-13 responses to PHA, while 3 others clustered according to cytokine (e.g. IFN-γ response across the adaptive stimulants [cockroach, dust mite, and tetanus toxoid]).

In order to avoid making all the means equal (the default in factor analysis) where there were important differences across cytokine responses (e.g. IFN- γ responses to LPS were qualitatively lower than IFN- γ responses to CpG), we rescaled the responses for each cytokine to a 0-5 scale where all non-detectable responses were 0 and the range of detectable responses across all stimulants was calculated and divided into 4 levels of equal size in absolute pg/ml (on the log scale). A score was calculated for each of the 7 innate and 4 adaptive factors by averaging the values of the stimulant/cytokine responses that were included in each factor. Due to the rescaling, each child gets a score for each factor that ranges from 0 to 5.

Results

Clinical Outcomes

Five hundred fifteen of the original 560 infants (92%) completed the 12 month clinic visit. Demographics of the entire study population have been reported previously and those pertinent to the infants followed through 12 months are summarized in Table 1. The population was predominantly black (71%) or Hispanic (19%), and a majority of the mothers were young, with a median age of 23 years (range 13 – 42 years), unmarried (85%), and had a high school education or less (75%).

Assessment of the primary outcomes during the first 12 months revealed a report of wheeze in 49%, with 26% reporting only a single episode of wheeze and 23% 2 or more episodes of wheeze (maximum = 4). Eczema was reported or diagnosed on physical exam in 47% with mean and maximum EASI scores at age 12 months of 0.9 and 16.2, respectively, while 30% had evidence of eczema at the 3-month home visit or the 12-month clinic visit together with an EASI score \geq 1.0. Allergic sensitization, defined as an allergen specific IgE \geq 0.35 kU/L to milk, egg, peanut, and/or cockroach, was detected in 33% of the 354 infants who had sufficient blood drawn at their 12 month visit (milk 22%, egg 20%, peanut 13%, any food 32%, and cockroach 4%). In those with detectable results, median and maximum specific IgE levels were 1.4 and 32.9 kU/L for milk, 1.6 and 34.5 kU/L for egg, 1.8 and 55.7 kU/L for peanut, and 0.7 and 28.6 for cockroach.

Analysis of overlap between the three primary outcomes found that, of those who had complete data (n=332), 10% had both wheeze and eczema, 9% had wheeze plus allergic sensitization, 6% had sensitization plus eczema, and 7% had wheeze, sensitization, and eczema (Figure 1). In assessing the relationships between these three outcomes, significant associations were detected between eczema and sensitization (p=0.005).No associations were found between eczema and any, single, or multiple episodes of wheeze or between sensitization and any, single, or multiple episodes of wheeze.

Environmental Exposures

Environmental assessment conducted at 3 months of age revealed that most homes had detectable levels of cockroach, mouse, mite, cat, and dog allergens, and that significant exposure (>2 U or mcg/g) was found to cockroach in 40%, mite in 19%, cat in 25%, and mouse in 29% (Table 2). Similarly, both endotoxin and ergosterol were detected in every home with median levels of 36.7 and 3.6 ng/mg, respectively. Assessment of environmental tobacco smoke exposure revealed that the mother reported smoking in pregnancy in 18%, cord blood cotinine was detectable in 17% of cases (median of those detectable 47 ng/ml, range 3.4 to 197), and 66% of homes had at least one smoker during the child's first 12 months. Other relevant exposures included a household $NO_2 > 40$ ppb in 13%.

Key measures of stress and depression collected prenatally revealed a median Edinburgh Postnatal Depression Score (EPDS) of 7 (range 0-30 with 25% >12), a median Pregnancy Anxiety Score (PAS) of 1.71 (range 1-4), and a median Perceived Stress Scale (PSS) of 6 (0-15). The composite External Stress Score had a median of 6 (3-9).

Relationships between Environmental Exposures and Outcomes

Analyses were performed to determine whether environmental exposures were related to the clinical outcomes (Figure 2). For single report of wheeze, a weak but significant inverse association was found with mouse allergen exposure and a significant positive association was found with maternal stress. For multiple (≥ 2) reports of wheeze, significant positive associations were found for cotinine, maternal stress, and maternal depression. Allergic

sensitization was negatively associated with mouse allergen exposure and maternal depression (Figure 2 and Table E2 in the online repository). There were no significant relationships between environmental exposures and eczema.

Relationships between Cord Blood Cytokine Responses and Atopic Outcomes

Cord blood cytokine profiles were most strongly predictive of eczema. In the univariate analysis, eczema was inversely related to a number of cytokine responses (Table E3). After adjustment for confounders, there were persistent inverse relationships between eczema and responses to LPS/PG (IL-12/IFN- γ and IL-10/TNF- α), PIC, and PHA, along with IFN- γ responses to adaptive stimuli (Figure 3). For single wheeze, there was a significant negative association with IL-10/TNF- α responses to LPS/PG, and a similar trend for PHA-induced responses. There were no significant relationships between cord blood cytokine responses and the risk of developing allergic sensitization or multiple wheeze.

Relationships between Cord Blood Cytokine Responses and Environmental Exposures

Lastly, to determine whether there was evidence that maternal exposures during pregnancy influenced prenatal immune development, we tested for associations between environmental exposures and cord blood cytokine profiles (see Table E4 in the online supplement). Both endotoxin and ergosterol exposures were associated with reduced IL-8 responses, and endotoxin exposure was also negatively associated with IL-10/TNF- α responses to LPS/PG. In addition, ergosterol was positively associated with response to CpG and with IFN- γ responses to adaptive stimuli. Other than ergosterol and endotoxin, there were few significant associations.

Discussion

The URECA study provides a unique opportunity to study early immune development in inner-city infants at risk for the development of asthma, and most importantly to assess the relationships between environmental exposures, immune development, and the development of asthma and allergy. At 12 months of age, we detected high rates of potential atopic disease in these infants, with relatively little overlap among the three main outcomes. Although a broader allergen panel may have produced different results, this finding is consistent with the fact that many of those with wheeze will not go on to develop asthma, and that not all eczema, especially when mild, is a true atopic manifestation. Panels of cytokine responses were analyzed at the time of birth as an indicator of immune development; innate responses were well developed, and nascent responses to adaptive stimuli were also detected. Notably, cytokine responses were inversely related to the risk of eczema, while environmental factors such as exposure to mice and maternal stress were related to allergic sensitization and wheezing. Furthermore, there was evidence that maternal exposure to measures of microbial exposure (endotoxin and ergosterol) influenced the development of cytokine responses even before the time of birth.

While the rates of wheeze are similar to those reported in other studies, the incidence of both eczema and allergic sensitization are considerably higher than those reported in most prior studies.^{10, 29-37} Differences in definition of eczema limit the comparison to previous reports. For example, in another study of inner-city children by Perzanowski et al, while 42% of infants wheezed in the first year, a parental report of doctor diagnosed eczema was found in 22%.³⁸ Although no study of inner-city children has reported sensitization this early in life, one study did report that 28% of at risk infants had positive skin tests to food or inhalant allergens at 12 months,²⁹ while in a large German study of high risk children the prevalence of serologic sensitization at 12 months was only 11%.^{30, 31} These results suggest that rates

of persistent asthma and allergy will be quite high in the URECA population later on in childhood.

Adverse exposures detected in the participants' households were common and are typical of those found in other inner city studies such as the National Cooperative Inner-City Asthma Study (NCICAS) where cockroach allergen was detected in 85% of homes and mouse allergen was detectable in 95% of the homes.³⁹ Tobacco exposure was high among the URECA cohort with 18% of the URECA mothers reporting smoking during pregnancy versus 11% reported on birth certificates in 2002.⁴⁰ In addition, the measures of stressful life events were high. More importantly, however, are the unique opportunities provided by this study to assess the relationships of these environmental exposures to both clinical and immunologic outcomes from birth onward.

Of the environmental factors assessed, exposure to mice, smoking, and maternal stress or depression were most closely associated with clinical outcomes at 12 months of age. Mouse exposure was nearly ubiquitous, and was associated with both single wheeze and allergic sensitization. These findings suggest that mouse exposure is one of the most important urban exposures relative to early, potentially atopic outcomes, although these results contradict those of a Boston birth cohort in which mouse exposure was associated with wheeze in the first year.⁵ Notably, cockroach exposure was not associated with early outcomes. Our findings contrast with published findings linking cockroach exposure to wheezing in infancy,⁴¹ and it will important to reassess this relationship over time. Tobacco exposure and measures of both maternal depression and stress were associated with wheeze in both the univariate and multivariate analyses. While the effects of tobacco smoke exposure on asthma development have long been recognized, the potential effects of the mother's psychological state on the developing immune system clearly deserves further study.

Analysis of the relationships between cord blood cytokine profiles and early atopic outcomes revealed several significant relationships. One pattern that stood out was that the risk of developing eczema was associated with reduced cytokine responses to a variety of innate, adaptive, and mitogenic stimuli. Several previous studies have linked low-level polyclonal or antigen-specific cord blood IFN-y responses, 16, 42-44 or increases in Th2-like cytokine responses, ^{45, 46} to the subsequent development of atopic dermatitis. Our data provide new evidence to show that reduced cytokine responses to microbial cell wall components (LPS, PG) and nucleic acid (bacterial DNA or viral RNA) increase the risk of eczema. These findings raise the possibility that deficient innate antimicrobial responses (perhaps involving TLR-3, TLR-4, and TLR-9 pathways) contribute to the increased susceptibility of children with eczema to infections with bacteria such as Staphylococcus, and Herpes viruses. These findings also suggest the presence of global factors that influence the expression of many different cytokines at birth, and also contribute to the risk for eczema. In contrast to our findings, Prescott et al. reported that higher IL-6 and TNF- α responses to several TLR were associated with an increased risk for developing allergic manifestations (food allergy, atopic dermatitis, or allergic sensitization) by age 1 year.⁴⁷ It difficult to compare these studies given the use of a combined outcome, together with differences in cell processing (cryopreservation vs. fresh cells) and specific cytokine outcomes.

The availability of cord blood cytokine analysis on all subjects provided the opportunity to study the potential effects of environmental exposures on in utero immune development. While the environmental assessments, aside from measures of maternal stress and tobacco use, were not undertaken until shortly after birth, we assume they are reasonable surrogates for those occurring during pregnancy. In that regard, there were significant negative associations of exposure to both ergosterol and endotoxin with specific innate immune

responses. Prenatal exposures to farming environments and pets have previously been associated with enhanced cord blood responses to mitogen and TLR stimulation.^{47, 48} Our findings are more suggestive of impaired innate immune responses, but still lend support to the concept that environmental exposures during pregnancy can influence immune development in the fetus.^{28, 47} The clinical significance of these associations, if any, will become clearer as we follow these infants into childhood.

We recognize a number of limitations, especially at this early stage of the study. The population is unique in being high risk, so the results may not be generalizable, although the exposures we have detected are likely very representative of other inner-city environments. More importantly, we have conducted a very large number of tests for multiple correlated exposures and outcomes and recognize that some of the associations we have detected could be due to chance. Considering the immunologic responses, the cytokine responses to dust mite and cockroach extracts were of low magnitude, and since the extracts are complex mixtures of proteins and contaminants such as endotoxin, these data should be interpreted with caution. In summary, we have established a high risk birth cohort of inner-city children who in the first year have exhibited high rates of wheeze, eczema, and allergic sensitization. Multiple cord blood cytokine responses at birth were inversely related to eczema, while environmental exposures influenced some cytokine responses at birth, and were important influences for wheezing in the first year of life. At present the URECA participants are young, and the atopic outcomes are still evolving. Retention in the study remains high, which presents the opportunity to carry these studies forward to determine the impact of these early life events on the development of persistent asthma and other atopic disorders in urban environments.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

AIC	Akaike Information Criterion
EASI	Eczema Area and Severity Index
EPDS	Edinburgh Postnatal Depression Scale
NCICAS	National Cooperative Inner-City Asthma Study
PAS	Pregnancy Anxiety Scale
PSS	Perceived Stress Scale
URECA	Urban Environment and Childhood Asthma



Figure 1.

Relationships between the major atopic outcomes. Includes those who have IgE data and EASI scores recorded at 3 or 12 months (n=332). Those who have no atopic outcomes (n=87, 26%) are included in the calculation of the percentages, but are not displayed in the Venn diagram. Significant associations were detected between eczema and sensitization (p=0.005).No associations were found between eczema and any, single, or multiple wheeze or between positive IgE and any, single or multiple episodes of wheeze.

	EASI≥1 at 3 or 12 mo	Any IgE > 0.35	Single wheeze	Multiple wheeze
PS8 score -				
EPDS score -	-	+		
Cotinine level -				_ -
Ela g bed -				
Mother smaked -				
Feld bed -				
Mus m bed -			-	
	0.0 0.5 1.0 1.5 2.0	0.0 0.5 1.0 1.5 2.0	0.0 0.5 1.0 1.5 2.0	0.0 0.5 1.0 1.5 2.0

Figure 2.

Relationships between atopic outcomes and environmental exposures. Bold lines and filled circles represent statistical significance in models adjusted for site, season of birth, and gender of child. PSS=Perceived Stress Score, EPDS=Edinburgh Postnatal Depression Scale (mean of first-year measurements; OR for 5-level increase). ORs for cotinine and allergens are given for a 1-log increase.

	EASI≥1 at 3 or 12 mo	Any IgE > 0.35	Single wheeze	Multiple wheezo
Responses to PIC stimulant			-	
IL = 12/JFN – γ response to LPS/PG \rightarrow				
Responses to PNA stimulant				
IFN $-\gamma$ response to adaptive stimuli -				
IL-13 response to adaptive stimuli -				
$L = 10/7N^{\mu} - \alpha$ response to LPS/PG \rightarrow	-			-0
	0.0 0.5 1.0 1.5 2.0 2.5	0.0 0.5 1.0 1.5 2.0 2.5	00 05 10 15 20 25	0.0 0.5 1.0 1.5 2.0 2.5
	13 20 25		0.0 0.0 1.0 1.0 2.0 2.0 0.095% CI)	

Figure 3.

Relationships between atopic outcomes and cord blood cytokine profiles. Bold lines and filled circles represent statistical significance in models adjusted for site, season of birth, and gender of child. Cytokine factors are scaled to 5 levels where 0=non-dectectable, and 1-4 represent quartiles of the detectable levels. ORs are given for a 1-step increase.

Table 1

Participant Characteristics

Total	515	
Mother's age at child's birth (years median, range)	23	13-42
Race or ethnicity of mother (n, %)		
Hispanic of any race	99	19.3
Black alone	363	70.9
White alone	20	3.9
More than one race	20	3.9
All others	10	2.0
Missing	3	0.01
Maternal education (n, %)		
Less than high school	212	41.4
High school	175	34.2
More than high school	125	24.4
Missing	3	0.01
Mother Married (n, %)	63	14.8
Household income <\$15,000/yr (n, %)	334	68.3
Type of delivery (n, %)		
Vaginal	352	68.3
C-section	163	31.7
Sex is Male (n, %)	271	52.6
Gestational age (weeks median, range)	39	34-42
Breastfed at Birth (n, %)	289	57.2
Breastfed at 3 Months (n, %)	121	24.0
Maternal Smoking (n, %)		
Pregnancy	91	17.8
First year of life	206	40.0
Cotinine Level (ng/ml median, range)	2	2-197
Maternal Stress (median, range)		
Difficult Life Circumstances Score	4	0-16
Edinburgh Postnatal Depression Score	7	0-30
Pregnancy Anxiety Score	1.7	1-4
Perceived Stress Score	6	0-15
Any wheeze (n, %)	254	49.3
Single wheeze	134	26.0
Multiple wheeze (≥ 2 wheezing episodes)	120	23.3
EASI \geq 1 at 3 or 12 month clinic visit (N=392) (n, %)	118	30.1
Eczema reported or diagnosed – physical exam (n, %)	241	46.8
Positive allergen-specific IgE (N=354) (n, %)		
Any allergen	115	32.5
Any food	112	31.6

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Total	515	
Milk	78 22	2.1
Egg	70 19	9.8
Peanut	44 12	2.5
Cockroach	15 4	.3

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Table 2

Environmental exposures (bedroom dust sample age 3 months)

	Z	% detected	Range	Median	% >2	% >2 % >8
Blag 1 (U/g)	481	54.9	BD – 183	0.7	39.5	23.7
Mus m 1 (ng/g)	488	98.6	BD – 554,907	403.5	29.1	11.5
Der f1 (ng/g)	486	68.9	BD – 129,571	181.0	19.1	9.6
Der p 1 (ng/g)	482	16.0	BD – 65839	BD	1.7	0.4
Fel d 1 (ng/g)	484	84.9	BD – 837,935	419.0	25.4	16.7
Can f 1 (ng/g)	481	71.3	BD – 424769	154.0	13.3	7.3
rFC (endotoxin)	443	100.0	0.12 - 2842	36.7	NA	NA
Ergosterol (ng/mg)	442	9.99	0.1 - 154	3.6	NA	NA

NA=Not applicable