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Calpeptin Attenuated Apoptosis and Intracellular Inflammatory Changes in Muscle Cells

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Abstract

In idiopathic inflammatory myopathies (IIMs), extracellular inflammatory stimulation is considered to induce secondary intracellular inflammatory changes including expression of major histocompatibility complex class-I (MHC-I) and to produce self-sustaining loop of inflammation. We hypothesize that activation of calpain, a Ca²⁺-sensitive protease, bridges between these extracellular inflammatory stress and intracellular secondary inflammatory changes in muscle cells. In this study, we demonstrated that treatment of rat L6 myoblast cells with interferon-gamma (IFN- γ) caused expression of MHC-I and inflammation related transcription factors (phosphorylated-extracellular signal-regulated kinase 1/2 and nuclear factor-kappa B). We also demonstrated that treatment with tumor necrosis factor-alpha (TNF- α) induced apoptotic changes and activation of calpain and cyclooxygenase-2. Further, we found that post-treatment with calpeptin attenuated the intracellular changes induced by IFN- γ or TNF- α . Our results indicate that calpain inhibition attenuates apoptosis and secondary inflammatory changes induced by extracellular inflammatory stimulation in the muscle cells. These results suggest calpain as a potential therapeutic target for treatment of IIMs.

Keywords

Calpain; Immune inflammatory myopathy; Interferon-gamma; Myoblast cells; Tumor necrosis factor-alpha

INTRODUCTION

Idiopathic inflammatory myopathies (IIMs) are a constellation of disorders in which the immune system injures skeletal muscle. Various cytokines have been identified to involve in their pathogenesis (Greenberg 2007). Polymyositis (PM) and sporadic inclusion body myositis (s-IBM) are major disorders of IIMs. The hallmark of muscle pathology in PM and s-IBM is invariable expression of major histocompatibility complex class-I (MHC-I) antigens in non-necrotic muscle fibers, which is not usually observed in normal muscle fibers (Karpati et al. 1988). Cytokines including interferon-gamma (IFN- γ), tumor necrosis factor-alpha (TNF- α), and interleukin-1beta (IL-1 β) upregulate MHC-I antigen in muscle cells (Michaelis et al. 1993; Nagaraju et al. 2000). In addition, overexpression of MHC-I

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leads to self-sustained autoimmune myositis (Nagaraju et al. 2000; Li et al. 2009). It is speculated that overexpression of MHC-I molecule in muscle cells leads to endoplasmic reticulum (ER) stress, which further leads to the activation of nuclear factor-kappa B (NF- κ B), a pro-inflammatory transcription factor. NF- κ B plays important roles in IIMs. NF- κ B expression is observed in inflammatory cells and degenerating muscle cells invaded by mononuclear cells (Haslbeck et al. 2005) and regenerating muscle fibers (Monici et al. 2003; Haslbeck et al. 2005). In addition, activation of NF-kB causes profound muscle wasting due to acceleration of protein breakdown mediated by ubiquitin-dependent proteolysis (Cai et al. 2004). Activation of NF-KB leads to transcription of genes encoding cytokines and chemokines, resulting in a self-sustaining inflammatory response (Dalakas 2006). NF-κB is also involved in the regulation of cyclooxygenase-2 (COX-2), which is responsible for the formation of inflammatory mediators including prostaglandins (Crofford et al. 1997). In course of examination of muscle specimen obtained from patients with s-IBM, very strong focal immunoreactivity of extracellular signal-regulated kinase (ERK) in vacuolated fibers has been demonstrated (Nakano et al. 2001). These investigators suspect a defect in a chaperone-like molecule involved in its folding and nuclear transport.

IFN- γ and TNF- α are inflammatory cytokines, which are expressed in muscle specimen of IIM patients and are considered to play critical roles in the pathogenesis of IIMs (Dalakas 2006). We have identified that exposure of L6 rat myoblast cells to IFN- γ caused various intracellular changes, including apoptotic changes through activation of both ER stress and mitochondrial pathways, and expression of calpain, cathepsin D and amyloid protein (Nozaki et al. 2010). Since some of these changes are seen in IIMs, we think our in vitro model can be used for the study of IIM pathogenesis. We have also identified that calpeptin, a calpain inhibitor attenuates these changes (Nozaki et al. 2010). Based on these data, we propose that calpain induces various intracellular changes in muscle cells in response to extracellular inflammatory stimulation.

Calpain is an extralysosomal, intracellular protease. Ubiquitously expressed calpain exists in two forms: µcalpain and mcalpain, requiring µM and mM Ca²⁺ concentrations, respectively (Banik et al. 1992; Murachi 1984). Calpain activity is regulated by Ca²⁺, calpastatin (its endogenous inhibitor), lipids, and an activator protein (Chakrabarti et al. 1990a; Chakrabarti et al. 1990b; Coolican and Hathaway 1984; Murachi 1984). Calpain plays important roles in immune/inflammatory reactions. Calpain activates NF- κ B through degradation of its inhibitor, inhibitor of kappa B (I- κ B) (Schaecher et al. 2004). In multiple sclerosis, which is an autoimmune demyelinating disease of the central nervous system (CNS), and its animal model experimental allergic encephalomyelitis (EAE) (Waksman and Adams 1962), calpain plays critical roles in pathogenesis. These include Th1/Th2 cytokine dysregulation (Imam et al. 2007), T cell chemotaxis (Butler et al. 2009), demyelination (Shields et al. 1999), and inflammation and axonal damage (Guyton et al. 2010).

In this investigation, we examined whether calpain induced intracellular changes including apoptosis and inflammation related transcription factor expression in response to extracellular inflammatory stimulation in muscle cells. We have presented data from our studies showing calpain activation and protein expression in rat myoblast cells following IFN- γ or TNF- α stimulation. We have also examined whether calpeptin (calpain inhibitor) attenuates these changes.

MATERIALS AND METHOS

Cell Culture and Treatment with IFN-y and Calpeptin

The L6 rat myoblast cell line was purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA). Cells were grown in 100-mm Petri dishes (Becton

(Corning Incorporated.

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Dickinson, Franklin Lakes, NJ, USA) or in 75cm² cell culture flasks (Corning Incorporated, Corning, NY, USA) and cultured in Dulbecco's Modified Eagle's Medium (DMEM) containing 10% fetal bovine serum (FBS), penicillin (100 units/ml), streptomycin (100 µg/ml) (Sigma-Aldrich, St. Louis, MO, USA), grown to 50-60% confluency and washed twice with phosphate-buffered saline (PBS), 7.4. The medium was switched to 1% FBS-containing DMEM one overnight and then recombinant rat IFN- γ (500 units/ml) (R&D Systems, Minneapolis, MN, USA) or rat recombinant TNF- α (100 ng/ml) (Sigma-Aldrich, St. Louis, MO, USA) was added. The treatment of myoblast cells with IFN- γ was carried out for 6, 12, 24, or 48 hr at 37°C with 5% CO₂ and full humidity. In order to observe the effect of calpain inhibition, various doses of calpeptin (1 and 5 µM) were added 5 min after IFN- γ (500 units/ml) or TNF- α (100 ng/ml) exposure. The treatment of myoblast cells with IFN- γ or TNF- α (100 ng/ml) or/and calpeptin was carried out for 24 hr at 37°C with 5% CO₂ and full humidity. Cells were then used for determination of apoptotic changes and expression of specific proteins.

ApopTag Assay for Biochemical Evidence for Apoptosis

The L6 rat myoblast cells from each treatment were detached with a cell-scraper to harvest attached and detached cells together. The cells were centrifugated at 2000 rpm for 5 min to obtain a pellet. Then the cells were resuspended in PBS and sedimented onto the microscopic slides and fixed in ethanol. Finally, cells were subjected to ApopTag assay using a kit (Intergen, NY, USA) for biochemical detection of DNA fragmentation in apoptotic cells. The nuclei containing DNA fragments were stained dark brown with ApopTag assay and were not counterstained with methyl green, while normal nuclei were stained pale to medium green. After ApopTag assay, cells were counted to determine percentage of apoptosis. Cellular morphology was examined using light microscopy (Olympus, Tokyo, Japan) to assess apoptosis. At least 500 cells were counted in five randomly selected fields at $20 \times$ magnification in each treatment and the percentage of apoptotic cells was calculated (three replicates per treatment).

Calpain Activity Assay

Calpain activity was examined using calpain activity assay kit (abcam, Cambridge, MA, USA). In brief, rat L6 myoblast cells were grown in 6-well cell culture plate (Corning, Corning, NY, USA). After the treatment with IFN- γ or TNF- α (100 ng/ml) or/and calpeptin as above, cells were counted and about 2×10^6 cells were centrifuged to make a pellet. Cells were resuspended in 100 µl Extraction Buffer (EB) and incubated on ice for 20 min. Samples were gently mixed by tapping several times during incubation and centrifuged for 1 min in a microcentrifuge (10,000 g). Supernatant was transferred to a fresh tube and put on ice. After determination of protein concentration, cell lysate (50-200 µg) was diluted to 85 µl using EB. Then, 10 µl of 10x reaction buffer and 5 µl of calpain substrate were added to each assay. After incubating samples at 37°C for 1 hr in the dark, samples were read in a fluorometer equipped with a 400-nm excitation filter and a 505-nm emission filter. The activity was expressed as Relative Fluorescent Unit (RFU) per milligram protein of each sample.

Protein Analysis with Western blotting

After cell pellets were obtained as above, they were homogenized on ice in a buffer (50 mM Tris-HCl, pH 7.4, 1 mM PMSF and 5 mM EDTA). Protein content was determined using standard Lowry protein assay. Then, each sample was diluted with the same volume of sample buffer (62.5 mM Tris-HCl, pH 6.8, 2% SDS, 5 mM β -mercaptoethanol, and 10% glycerol). Samples containing 10-15 μ g of protein were separated on a 4-20% linear gradient SDS-PAGE (Laemmli 1970). After electrophoresis, proteins were transferred onto nitrocellulose membranes for immunoblot analysis (Towbin et al. 1979). Primary IgG

antibodies against NF- κ B, I- κ B, and phosphorylated ERK (p-ERK) 1/2 (Santa Cruz Biotechnology, Santa Cruz, CA, USA) and MHC-I (abcam, Cambridge, MA, USA) were used to probe the blots at 4°C overnight. Also, primary IgG antibody against β -actin (Sigma-Aldrich, St. Louis, MO, USA) was used to standardize the loading of cytosolic protein. Then, peroxidase conjugated goat anti-mouse or anti-rabbit IgG (MP Biomedicals, Solon, OH, USA) was applied as a secondary antibody at 37°C for 2 hr. For subsequent detection of specific proteins, the enhanced chemiluminescence (ECL) system was used (GE Health Care, Piscataway, NJ, USA). Blots were immediately processed to digitalize the image using FluorChem FC2 system (AlphaInnotech, San Leandro, CA, USA). Protein bands were quantified by using the public domain Image J software (http://rsb.info.nih.gov/ij/). The amount of protein was calculated as percent relative to control.

COX-2 Activity Assay

COX-2 activity assay kit (Cayman Chemical, Ann Arbor, MI, USA) was used according to the manufacturer's protocol. Around 100 μ l of supernatant (100 μ g protein) was mixed with 280 μ l of assay buffer, 20 μ l of heme, and 20 μ l of the COX-1 inhibitor SC-560 in triplicate in a 1.5-ml tube. The total volume was adjusted to 1 ml. The tube was shaken and incubated for 10 min at 25°C. Then, 40 μ l of colorimetric substrate and 40 μ l arachidonic acid solution were added sequentially, shaken, and incubated at 37°C for 10 min. The absorbance was read at 590 nm using spectrophotometer.

Statistical Analysis

Results were assessed using StatView software (Abacus Concepts, Berkeley, CA, USA) and compared using one-way analysis of variance (ANOVA) with Fisher's protected least significant difference (PLSD) post-hoc test at a 95% confidence interval. Data were presented as mean \pm standard deviation (SD) of separate experiments (n \geq 3). Significant difference between control and IFN- γ or TNF- α was indicated by * (P < 0.05) or ** (P < 0.01). Significant difference between IFN- γ and IFN- γ + calpeptin, or TNF- α and TNF- α + calpeptin was indicated by # (P < 0.05) or ## (P < 0.01).

RESULTS

Induction of Time-Dependent Apoptosis in Muscle Cells Following IFN-y Stimulation

To examine the time course of IFN- γ induced apoptosis in muscle cells, rat L6 myoblast cells were treated with IFN- γ (500 units/ml) for different times (Fig. 1). ApopTag assay was performed to detect induction of apoptosis in myoblast cells after stimulation with IFN- γ for 6, 12, 24, and 48 hr (Fig. 1A). Determination of amounts of apoptosis indicated that IFN- γ induced apoptosis in a time-dependent manner and significant apoptotic death occurred at 24 and 48 hr (*p*<0.05) in myoblast cells (Fig. 1B).

Time-Dependent Increases in Capain Activity and Expression of MHC-I and Transcription Factors in Muscle Cells Following IFN- γ Stimulation

In order to examine whether extracellular inflammatory stimulation affects intracellular calpain activity and expression of MHC-I and transcription factors in muscle cells, we treated L6 rat myoblast cells with IFN- γ (500 units/ml) for various time periods (Fig. 2). Treatment of myoblast cells with IFN- γ increased calpain activity in a time-dependent manner and significant increases (P < 0.05) in calpain activity occurred at 12, 24, and 48 hr (Fig. 2A). We also performed Western blotting following treatment of myoblast cells with IFN- γ significantly increased (P < 0.05) expression of 41 kD MHC-I at 24 hr (Fig. 2B, C). Then, we examined expression of the inflammation related transcription factors (44/42 kD p-ERK 1/2 and 65 kD NF- κ B). Our results showed

significant increases (p<0.05) in expression of 44/42 kD p-ERK 1/2 at 12, 24, and 48 hr (Fig. 2B, C). Expression 42 kD β -actin was monitored to ensure that equal amounts of cytosolic protein were loaded in all lanes (Fig. 2B, D). There were increases in expression of 65 kD NF- κ B relative to expression of its inhibitor 37 kD I- κ B (Fig. 2D) resulting in significant increases (*P* < 0.01) in the NF- κ B ratio at 24 and 48 hr (Fig. 2E).

Calpeptin Attenuated Apoptosis in Muscle Cells Following IFN-y Stimulation

In order to confirm our hypothesis that an increase in calpain activity was associated with induction of apoptosis, we examined the effect of the calpain inhibitor calpeptin on apoptotic changes following IFN- γ stimulation in rat L6 myoblast cells (Fig. 3). Morphological and biochemical features of apoptosis were examined using ApopTag assay (Fig. 3A). The post-treatment with calpeptin (1 and 5 μ M) in the presence of IFN- γ (500 units/ml) significantly decreased (*P* < 0.05) apoptotic death in myoblast cells at 24 hr, when compared with IFN- γ treatment alone (Fig. 3B).

Calpeptin Attenuated Calpain Activity and Expression of MHC-I and Transcription Factors in Muscle Cells Following IFN-γ Stimulation

We treated rat L6 myoblast cells with calpeptin following extracellular inflammatory stimulation and examined whether calpeptin could attenuate calpain activity and expression of MHC-I and inflammatory transcription factors (Fig. 4). The post-treatment of myoblast cells with calpeptin (1 and 5 μ M) in the presence of IFN- γ (500 units/ml) for 24 hr significantly decreased (P < 0.01) calpain activity, when compared with IFN- γ treatment alone (Fig. 4A). We also performed Western blotting to examine whether calpain inhibition affected intracellular expression of MHC-I and inflammatory stimulation (Fig. 4B). The post-treatment of myoblast cells following extracellular inflammatory stimulation (Fig. 4B). The post-treatment of myoblast cells with calpeptin (1 and 5 μ M) in the presence of IFN- γ (500 units/ml) for 24 hr significantly decreased (P < 0.05) expression of 41 kD MHC-I and 44/42 kD p-ERK 1/2, when compared with IFN- γ treatment alone (Fig. 4B, C). We also observed that post-treatment with calpeptin for 24 hr decreased the expression of 65 kD NF- κ B (Fig. 4B) resulting in a significant decrease (P < 0.01) in NF- κ B:I- κ B ratio in the muscle cells (Fig. 4B,D).

Induction of Apoptosis and Activities of Calpain and COX-2 in Muscle Cells by TNF- α and Their Attenuation by Calpeptin

In order to examine whether another cytokine could induce apoptosis and intracellular inflammatory changes in muscle cells, we treated rat L6 myoblast cells with TNF- α (100 ng/ml) for 24 hr. ApopTag assay showed induction of apoptosis in TNF- α treated cells (Fig. 5A). Amount of apoptosis and activities of calpain and COX-2 were significantly increased (P < 0.01) in TNF- α treated cells compared with control cells (Fig. 5B). We also examined whether calpeptin attenuated apoptosis and intracellular inflammatory changes. The post-treatment of myoblast cells with calpeptin (1 and 5 μ M) in the presence of TNF- α (100 ng/ml) for 24 hr significantly decreased (P < 0.01) the apoptotic changes and activities of calpain and COX-2 when compared with TNF- α treatment alone (Fig. 5)

DISCUSSION

In this study, we have demonstrated that IFN- γ increased the expression of MHC-1 and p-ERK 1/2 and NF- κ B:I- κ B ratio and that TNF- α increased COX-2 activity in rat L6 myoblast cells. The expression of these proteins is associated with the immune/inflammatory process in the muscle cells. The overexpression of MHC-I molecules is an early event in many autoimmune disease (Nagaraju et al. 2000). Because NF- κ B is a major transcription factor modulating the cellular immune and inflammatory processes, it is considered to be essential

for the development of autoimmunity (Creus et al. 2009; Monici et al. 2003). ERK belongs to the mitogen-activated protein kinase family and plays a central role in transducing extracellular signals to the nucleus (Nakano et al. 2001). ERK is known to be involved in the regulation of interleukin-6 (IL-6), IL-12, IL-23 and tumor necrosis factor-alpha (TNF- α) synthesis (Thalhamer et al. 2008). In our recent study, we identified the induction of apoptosis by IFN- γ in rat L6 myoblast cells (Nozaki et al. 2010). In this study, we demonstrated that TNF- α also induced apoptosis in rat L6 myoblast cells. Interestingly, increases in the expression of MHC-I and p-ERK 1/2, and NF- κ B:I- κ B ratio reached maximum levels in muscle cells at 24 hr after the treatment with IFN- γ , while apoptotic death reached its maximum at 48 hr. Based on these results, we propose that extracellular inflammatory stimulation induces secondary inflammatory changes and makes a sustained loop of inflammation leading to apoptotic death in the muscle cells.

We recently identified that IFN-y induced apoptosis with calpain activation and calpain inhibition with calpeptin attenuated the apoptotic changes in rat L6 myoblast cells (Nozaki et al. 2010). In this study, we demonstrated that TNF- α also induced apoptosis with an increase in calpain activity in rat L6 myoblast cells. Calpain inhibition with calpeptin attenuated apoptosis and COX-2 activity in muscle cells exposed to TNF- α and expression of MHC-I and inflammation related transcription factors in muscle cells exposed to IFN-y. Intracellular Ca²⁺ homeostasis is maintained primarily by ER. In response to a variety of external stimuli, Ca²⁺ is released from the lumen of the ER into the cytoplasm (Corbett and Michalak 2000). Skeletal muscle has a highly specialized ER, the sarcoplasmic reticulum, where Ca^{2+} binding proteins play a pivotal role in signals critical to muscle contraction and function (Li et al. 2009). Previously, we showed that IFN- γ induced apoptosis through the activation of caspase-12, an ER stress associated pro-apoptotic protease in myoblast cells (Nozaki et al. 2010). Hence, it is possible that extracellular IFN- γ and TNF- α stimulate ER and induces Ca²⁺ release to activate calpain and produce further intracellular changes including secondary inflammation and apoptosis in the muscle cells. While IFN-y and TNF- α have been found to promote Ca²⁺ influx in neural cells in vitro (Das et al. 2006; Das et al. 2010), TNF- α may also have similar effect on Ca²⁺ homeostasis. Increased Ca²⁺ will lead to activation of calpain, a Ca²⁺-dependent protease. Increased calpain activity has been found to cause apoptosis in neuron and oligodendrocyte and also axon-myelin degeneration in the inflammation, neurodegenerative disease, and EAE (Guyton et al. 2010). However, it is not clear whether cytokines stimulate ER directly. Since TNF- α is known to produce oxidants in skeletal muscle cells (Reid and Li 2001), it is possible that cytokines induce oxidative stress, which triggers above changes in muscle cells. The contribution of other proteases should also be considered for the expression of inflammation related transcription factors, MHC-I, and activation of COX-2 in response to extracelluar inflammatory stress. Indeed, we recently identified increased expression of caspase-3, caspase-12, and cathepsin D in rat L6 myoblast cells in response to IFN- γ stimulation (Nozaki et al. 2010). It is noteworthy that calpeptin inhibits tyrosine phosphatases besides calpain (Schoenwaelder and Burridge 1999).

Calpain is involved in the pathogenesis of neurological diseases including Alzheimer's disease (Saito et al. 1993), Parkinson's disease (Samantaray et al. 2008), MS, and EAE (Shields et al. 1999; Guyton et al. 2010), spinal cord injury (SCI) (Sribnick et al. 2010), and traumatic brain injury (Samantaray et al. 2008). In addition, its mutation has been linked to limb-girdle muscular dystrophy type 2A (Richard et al. 1995) and diabetes mellitus type 2 (Horikawa et al. 2000). Since muscle weakness or fatigue is a common feature in progressive cases of MS and SCI where calpain activity is increased, it is possible that calpain mediated muscle cell dysfunction or death may be a contributing factor to these disorders. In conclusion, we have identified that extracelluar inflammatory stimulation induces apoptosis with overexpression of MHC-I and inflammation related transcription

factors in the muscle cells. These changes are associated with increase in calpain activity and are therefore attenuated by the calpain inhibitor. Since expression of MHC-I, NF- κ B, and p-ERK is associated with the pathogenesis of IIMs, calpain can be a potential target in their therapy. Experiments using primary culture of myoblast cells may be useful to confirm our findings.

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Fig. 1.

Time-dependent induction of apoptotosis in rat L6 myoblast cells after IFN- γ stimulation. Cells were treated with IFN- γ (500 units/ml) for 6, 12, 24 and 48 hr. (A) Photomicrographs showing representative cells from each treatment following ApopTag assay. The arrows indicate apoptotic cells. (B) Determination of percentage of apoptosis based on ApopTag assay (n = 3).



Fig. 2.

Changes in calpain activity and expression of MHC-I, p-ERK 1/2, NF- κ B, and I- κ B in rat L6 myoblast cells following IFN- γ stimulation. Cells were treated with IFN- γ (500 units/ml) for 6, 12, 24 and 48 hr. (A) Determination of percent changes in calpain activity (n = 6). (B) Representative Western blots to show levels of 41 kD MHC-I, 44/42 kD p-ERK 1/2, and 42 kD β -actin. (C) Determination of percent changes in 41 kD MHC-I (n = 5) and 44/42 kD p-ERK 1/2 (n = 3) expression based on Western blotting. (D) Representative Western blots to show levels of 65 kD NF- κ B, 37 kD I- κ B, and 42 kD β -actin. (E) Determination of NF- κ B:I- κ B ratio based on Western blotting (n = 3).

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Fig. 3.

Attenuation of biochemical features of apoptosis by the calpain inhibitor. Cells were treated with IFN- γ (500 units/ml) for 24 hr. Calpeptin (1 and 5 μ M) was added 5 min after the IFN- γ addition. (A) Photomicrographs showing representative cells from each treatment following ApopTag assay. The arrows indicate apoptotic cells. (B) Determination of percentage of apoptosis based on ApopTag assay (n = 3).



Fig. 4.

Alterations in calpain activity and expression of MHC-I, p-ERK 1/2, NF- κ B, and I- κ B by the calpain inhibitor. Cells were treated with IFN- γ (500 units/ml) for 24 hr. Calpeptin (1 and 5 μ M) was added 5 min after the IFN- γ addition. (A) Determination of percent changes in calpain activity (n = 3). (B) Representative Western blots to show levels of 41 kD MHC-I, 44/42 kD p-ERK 1/2, 65 kD NF- κ B, 37 kD I- κ B, and 42 kD β -actin. (C) Determination of percent changes in 41 kD MHC-I (n = 4) and 44/42 kD p-ERK 1/2 (n = 5) expression based on Western blotting. (D) Determination of NF- κ B:I- κ B ratio based on Western blotting (n = 3).



Fig. 5.

Induction of apoptosis and changes in calpain and COX-2 activities by TNF- α and their attenuation by calpain inhibitor. Cells were treated with TNF- α (100 ng/ml) for 24 hr. Calpeptin (1 and 5 μ M) was added 5 min after the TNF- α addition. (A) Photomicrographs showing representative cells from each treatment following ApopTag assay. The arrows indicate apoptotic cells. (B) Determination of apoptosis based on ApopTag assay and percent changes in calpain and COX-2 activities (n = 3).