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Regulation of Hepatic Fat and Glucose Oxidation in Rats with Lipid-Induced Hepatic Insulin Resistance

Tiago C. Alves^{1,5}, Douglas E. Befroy^{1,2}, Richard G. Kibbey¹, Mario Kahn¹, Roberto Codella¹, Rui A. Carvalho⁵, Kitt Falk Petersen¹, and Gerald I. Shulman^{1,2,3,4}

¹ Department of Internal Medicine, Yale University School of Medicine, New Haven, Connecticut, USA

² Department of Diagnostic Radiology, Yale University School of Medicine, New Haven, Connecticut, USA

³ Department of Cellular & Molecular Physiology, Yale University School of Medicine, New Haven, Connecticut, USA

⁴ Howard Hughes Medical Institute, Yale University School of Medicine, New Haven, Connecticut, USA

⁵ Department of Biochemistry, Faculty of Sciences and Technology, University of Coimbra, Portugal

Abstract

Pyruvate dehydrogenase plays a critical role in the regulation of hepatic glucose and fatty acid oxidation, however surprisingly little is known about its regulation *in vivo*. In this study we examined the individual effects of insulin and substrate availability on the regulation of pyruvate dehydrogenase flux (V_{PDH}) to tricarboxylic acid flux (V_{TCA}) in livers of awake rats with lipid-induced hepatic insulin resistance. V_{PDH}/V_{TCA} flux was estimated from the [4-¹³C]glutamate/[3-¹³C]alanine enrichments in liver extracts and assessed under conditions of fasting and during a hyperinsulinemic-euglycemic clamp, while the effects of increased plasma glucose concentration on V_{PDH}/V_{TCA} flux was assessed during a hyperinsulinemic-hyperglycemic clamp. The effect of an acute increase of plasma fatty acid concentration on V_{PDH}/V_{TCA} was determined by infusing Liposyn II during a hyperinsulinemic-euglycemic clamp. The effects of chronic lipid-induced hepatic insulin resistance on this flux were also examined by performing these measurements in rats fed a high-fat diet for three weeks. Using this approach we found that fasting V_{PDH}/V_{TCA} was reduced by 95% in rats with hepatic insulin resistance (from $17.2 \pm 1.5\%$ to $1.3 \pm 0.7\%$, $P < 0.00001$). Surprisingly neither hyperinsulinemia *per se* or hyperglycemia *per se* were sufficient to increase V_{PDH}/V_{TCA} flux. Only under conditions of combined hyperglycemia and hyperinsulinemia did V_{PDH}/V_{TCA} flux increase ($44.6 \pm 3.2\%$, $P < 0.0001$ vs. basal) in low-fat fed animals but not in rats with chronic-lipid induced hepatic insulin resistance. In conclusion these studies demonstrate that the combination of both hyperinsulinemia and hyperglycemia are required to increase V_{PDH}/V_{TCA} flux *in vivo* and that this flux is severely diminished in rats with chronic lipid-induced hepatic insulin resistance.

Pyruvate dehydrogenase (PDH) is a multienzyme complex, located in the mitochondrial matrix, and is responsible for the oxidative decarboxylation of pyruvate into acetyl-CoA with concomitant reduction of NAD^+ to NADH. This reaction has a particularly important

role in the regulation of fuel selection since it controls the entry of glucose carbons into the tricarboxylic acid (TCA) cycle. PDH is allosterically inhibited by high [acetyl-CoA]/[CoA] and [NADH]/[NAD⁺] and activated by high pyruvate concentrations. Regulation of PDH is also accomplished by a cycle of phosphorylation (inhibition) and dephosphorylation (activation) catalyzed by PDH kinase (PDK) and PDH phosphatase (PDP), respectively (1,2).

Hepatic PDH activity is thought to be reduced during fasting due to the increased availability and oxidation of fatty acids (3,4). In contrast, during the fed state, insulin is thought to increase PDH activity (3,4) thereby promoting more glucose oxidation, and sparing fatty acids for re-esterification into triglycerides (5).

To the best of our knowledge, however, the relative effects of insulin, glucose and fatty acids on the regulation of hepatic V_{PDH}/V_{TCA} cycle flux have never been assessed *in vivo*. Therefore the aim of this study was to apply a Proton-Observed Carbon-Edited (POCE)-NMR method in combination with glucose-insulin clamps to directly estimate hepatic V_{PDH}/V_{TCA} flux *in vivo* under several conditions of altered insulin and substrate concentrations. V_{PDH}/V_{TCA} flux was assessed under conditions of fasting and during a hyperinsulinemic-euglycemic clamp while the effects of increased plasma glucose concentration on V_{PDH}/V_{TCA} flux was assessed during a hyperinsulinemic-hyperglycemic clamp. The effect of an acute increase of plasma fatty acid concentration on V_{PDH}/V_{TCA} was determined by infusing liposyn during a hyperinsulinemic-euglycemic clamp.

Finally, given the potentially important role of dysregulated hepatic fatty acid oxidation in the pathogenesis of non alcoholic fatty liver disease and lipid-induced hepatic insulin resistance we also examined V_{PDH}/V_{TCA} flux in a chronically high-fat fed rat model of hepatic insulin resistance.

Experimental Procedures

Animals

All experiments were conducted in accordance with the National Institutes of Health Guidelines for the Care and Use of Laboratory Animals and all protocols were approved by the Yale Animal Care and Use Committee. Male Sprague-Dawley rats (Charles River, Wilmington, MA) were housed in an environmentally controlled room with a 12h light/dark cycle and free access to water and food. Animals were fed either with a low-fat diet - Purina 5008 chow: 60% carbohydrate calories, 10% fat calories and 30% protein calories (Ralston-Purina, St. Louis, MO)—or with a high fat diet—TD.97070: 21% carbohydrate calories, 60% fat calories and 19% protein calories (Harlan Teklad, Madison, WI) for a 3-week period. One week before the end of the study, catheters were implanted and externalized as previously described (6).

Infusion experiments

After an overnight fast, animals from each diet were divided into different groups according to the type of infusion (6–8 animals per group). Fasting V_{PDH}/V_{TCA} was studied during an infusion of [1-¹³C]glucose (99% ¹³C enriched) for a 2h period at a rate of 1 mg/(kg-min). During the hyperinsulinemic-euglycemic clamp a continuous infusion of human insulin (Humulin; Eli Lilly, Indianapolis, IN) was used for 2h at a rate of 4 mU/(kg-min) to raise plasma insulin concentrations to postprandial levels. At the same time a variable infusion of [1-¹³C]glucose (25% ¹³C enriched, 20 g/dL) was used to maintain glucose at 100–110 mg/dL. The effect of plasma glucose concentrations on the insulin-stimulated V_{PDH}/V_{TCA} was assessed during a hyperinsulinemic hyperglycemic clamp. Plasma glucose levels were maintained at 200 mg/dL using a variable infusion of 25% [1-¹³C]glucose (20 g/dL). To

assess the effects of fatty acids on the insulin stimulated V_{PDH}/V_{TCA} , an infusion of a fat emulsion (Liposyn II 20%, Hospira, Lake Forest, IL) plus heparin (APP Pharmaceuticals, Schaumburg, IL) at a rate of $5.56\mu\text{L}/(\text{kg}\cdot\text{min})$ was performed during a hyperinsulinemic euglycemic clamp.

Blood samples were taken every 15 min to estimate plasma glucose and insulin concentrations and $[1-^{13}\text{C}]$ glucose enrichments. At the end of the experiments, animals were euthanized with sodium pentobarbital and the livers were quickly excised. Each liver was frozen immediately using liquid N_2 -cooled aluminium blocks and stored at -80°C until further analysis.

Model assumptions and calculation of V_{PDH}/V_{TCA} flux

Once in the cells, $[1-^{13}\text{C}]$ glucose is metabolized to $[3-^{13}\text{C}]$ pyruvate in the glycolytic pathway. Through the action of PDH, $[3-^{13}\text{C}]$ pyruvate is then converted to $[2-^{13}\text{C}]$ acetyl-CoA and shuttled into the TCA cycle where, through a series of reactions, it forms α - $[4-^{13}\text{C}]$ ketoglutarate which is in equilibrium with its isotopic equivalent pool ($[4-^{13}\text{C}]$ glutamate) (Figure 1).

As previously shown (7), the ratio of $[2-^{13}\text{C}]$ acetyl-CoA to $[3-^{13}\text{C}]$ pyruvate equals V_{PDH}/V_{TCA} at steady state. However the small size of these two pools complicates their analysis by NMR. Therefore, the following assumptions were made: 1) since glucose is the only source of ^{13}C labeling, the enrichment of $[4-^{13}\text{C}]$ glutamate can be used as a surrogate of $[2-^{13}\text{C}]$ acetyl-CoA; 2) due to the fast exchange between lactate, alanine and pyruvate, $[3-^{13}\text{C}]$ alanine can be used as a surrogate of $[3-^{13}\text{C}]$ pyruvate enrichment at steady state (7). Therefore the relative contribution of glucose oxidation to TCA cycle flux can be calculated using equation 1.

$$\frac{V_{PDH}}{V_{TCA}} = \frac{[4-^{13}\text{C}]Glutamate}{[3-^{13}\text{C}]Alanine} \quad (\text{Equation 1})$$

NMR analysis

Spectra from tissue extracts were recorded using a Bruker 5-mm broadband NMR probe in an 11.7-T vertical magnet. ^{13}C enrichments of alanine, lactate and glutamate were determined by (POCE)-NMR (8). This methodology requires two different experiments (Online Appendix). In the first experiment (S1) a 90° pulse is used to excite all the protons present in the sample. When the excitation power is turned off the proton magnetization starts dephasing. At the end of half of the echo time ($\text{TE}/2$), an 180° pulse is applied to reverse the direction of the magnetization evolution, along the XY plane, so that the frequencies are refocused at the end of the echo time. In a second experiment (S2) the sequence is modified to include a nonselective 180° pulse on the ^{13}C channel during the proton refocusing pulse. When TE is chosen as $1/J_{13\text{C-H}}$, where $J_{13\text{C-H}}$ is the heteronuclear scalar coupling constant (125–140Hz), the proton resonances from the ^{13}C -labeled metabolites appear inverted relative to the proton resonances attached to ^{12}C -nuclei. The difference of the two spectra obtained from these two experiments represents the protons directly bound to ^{13}C . The atom percent excess (APE) for each of the metabolites of interest was calculated according to equation 2.

$$\text{APE} = \left(\frac{S_2/2}{S_1} \times 100 \right) - 1.1\% \quad (\text{Equation 2})$$

The water signal was suppressed by a series of six 20 ms adiabatic full passage pulses and 1ms magnetic field crusher gradients were applied. A composite decoupling pulse was used during the acquisition to collapse satellite resonances into single lines. The free induction decay (FID) obtained (under fully relaxed conditions, with a repetition time of 10 sec) were subjected to an exponential multiplication of 1.0 Hz before the Fourier transformation and phase corrected manually. The areas of interest were determined by line fitting using NUTS software (Acorn NMR, Amherst, MA).

Analytical methods

Plasma glucose was measured by a glucose oxidase method (Analyzer II; Beckman Instruments, Fullerton, CA). Plasma [$1\text{-}^{13}\text{C}$]glucose enrichment was determined, after derivatization, by GC/MS as previously described (9). Circulating levels of insulin were measured using double-antibody RIA kits (Linco, St. Louis, MO). Liver extractions were performed using 7% perchloric acid followed by neutralization. The supernatant was lyophilized and resuspended in 50 mM KH_2PO_4 buffer containing 50% of $^2\text{H}_2\text{O}$.

Akt/PKB activity

Insulin signaling was determined by measuring Akt/PKB activity in protein extracts using the Akt/PKB Kinase Activity Assay Kit (Assay Designs, Ann Arbor, MI) and the protocol provided by the supplier.

Extraction of diacylglycerol

The extraction procedure for diacylglycerol (DAG) species was performed on 50–100 mg of liver as described previously (10).

Western Blot analysis

Protein levels of PDK2, PDK4, peroxisome proliferator-activated receptor α (PPAR α), total PDH and phosphorylation of Ser232 of PDH were detected by western blot analysis after separating 50 μg of total protein lysate on a 4–12% tris-glycine gel (Invitrogen, Carlsbad, CA) and transferring to a polyvinylidene difluoride membrane (Immobilon-P 0.45 μm , Millipore, Billerica, MA). Primary antibodies anti-PDK2 (Epitomics, Burlingame, CA), anti-PDK4 (Santa Cruz Biotechnology, Santa Cruz, CA), anti-PPAR α (Abcam, Cambridge, MA), anti-phospho-PDH Ser232 (MitoSciences, Eugene, OR) and anti-PDH-E1 α (MitoSciences, Eugene, OR) as well as the secondary antibodies (Sigma Aldrich, St Louis, MO) were used in a BSA 5% solution. The intensity of the bands obtained was quantified using ImageJ software (version 1.42q, NIH, USA).

Glycogen Concentrations

Tissues were treated with perchloric acid 0.6 N followed by neutralization. A sample of this extract was taken to measure free glucose and the remaining was incubated with acetate buffer, 0.40M, pH 4.8, containing 2 mg/mL of amyloglucosidase (Sigma Aldrich, St Louis, MO) for 3h at 37°C. Glycogen concentration was given by the difference between the amount of glucose hydrolysed by the incubation with amyloglucosidase and the amount of free glucose before the digestion.

Statistical analysis

All data are reported as means \pm SE. Unpaired two-tailed Student's *t* tests were used for single measurements; those containing multiple comparisons were analysed using ANOVA. All differences were considered statistically significant at $P < 0.05$.

Results

Effect of high-fat feeding on whole body and hepatic insulin sensitivity

High fat feeding promoted a $\sim 25\%$ increase of body weight paralleled by a mild increase in fasting plasma glucose and insulin concentrations (Table 1). The development of whole-body insulin resistance was further supported by a 70% and a 30% reduction in the glucose infusion rate (GIR) required to maintain plasma glucose concentrations during the hyperinsulinemic-euglycemic and hyperinsulinemic-hyperglycemic clamps, respectively (Table 1). Hepatic insulin resistance in the high-fat fed rats was documented by a higher rate of hepatic glucose production in the high-fat fed rats (7.0 ± 1.6 mg/(kg-min) compared to the low-fat fed rats (3.2 ± 1.1 mg/(kg-min), $P < 0.04$ unpaired (1-tailed) *t*-test], which was associated with a 25% reduction in insulin-stimulated Akt/PKB activity (0.14 ± 0.01 AU/ μ g protein versus 0.11 ± 0.01 AU/ μ g protein, $P < 0.01$). Hepatic insulin resistance in the high-fat fed rats was associated with a $\sim 30\%$ increase in hepatic DAG content (430 ± 32 nmol/g versus 560 ± 30 nmol/g, $P < 0.05$), which has previously been shown to induce defects in insulin signaling through activation of protein kinase C ϵ (PKC ϵ) (11,12).

Effect of insulin on V_{PDH}/V_{TCA} on insulin-sensitive and insulin-resistant livers

In the low-fat diet, insulin had no significant effect in the fraction of glycolytic flux supported by plasma glucose during the hyperinsulinemic-euglycemic clamp when compared with fasting (Table 2). In the high-fat diet a similar result was observed (Table 2). In the low-fat fed animals, V_{PDH}/V_{TCA} was not affected by insulin stimulation: $17.2 \pm 1.5\%$ during fasting and $19.0 \pm 3.2\%$ during the hyperinsulinemic euglycemic clamp (Figure 2A). In the high-fat fed animals, fasting V_{PDH}/V_{TCA} was reduced by $\sim 90\%$ when compared to the low-fat fed animals (Figure 2A). Similarly to the above observed, V_{PDH}/V_{TCA} was not affect by the stimulation with insulin (Figure 2A).

Given this reduction of the V_{PDH}/V_{TCA} by high fat feeding, potential regulators of PDH activity were also assessed. High-fat feeding induced a $\sim 30\%$ increase in the expression of PPAR α and PDK2 (Figure 3A) and a $\sim 70\%$ increase in the expression of PDK4 (Figure 3A). This was also associated with a $\sim 30\%$ increase in the level of phosphorylation of Ser232-PDH (Figure 3B).

Effect of substrate concentrations on V_{PDH}/V_{TCA} on insulin-sensitive and insulin-resistant livers

During the hyperinsulinemic euglycemic clamp experiments, the high circulating concentration of insulin promoted a reduction in the plasma levels of fatty acids from 0.8 ± 0.1 mM in the fasting state to 0.2 ± 0.0 mM at the end of the infusion ($P < 0.001$). However, in the high-fat fed animals insulin had no effect on plasma fatty acid concentrations (Figure 2C). In order to assess if high plasma levels of fatty acids have on V_{PDH}/V_{TCA} , low-fat fed animals received a continuous infusion of a lipid emulsion mixed with heparin to keep plasma fatty acid levels constant during the hyperinsulinemic-euglycemic clamp (Figure 2C). This approach prevented the drop in plasma fatty acid concentrations during insulin stimulation (Figure 2C) and had no effect on whole body insulin sensitivity as given by the values of GIR (Table 1). The NMR analysis of the liver extracts revealed a fraction of glycolytic flux supported by plasma glucose to values similar to those obtained during

fasting (Table 2). The sustained levels of fatty acid in plasma had no effect on V_{PDH}/V_{TCA} as compared to the hyperinsulinemic euglycemic clamp (Figure 2D).

Because pyruvate is a positive regulator of PDH (2) we reasoned that increased plasma concentrations of glucose could affect V_{PDH}/V_{TCA} . The NMR analysis of liver extracts revealed that, during the hyperinsulinemic hyperglycemic clamps, the percentage of glycolysis supported by plasma glucose increased by 3- and 2-fold as compared to the fasting values for low-fat and high-fat fed animals, respectively (Table 2). In the low-fat fed animals, the stimulation with high levels of glucose and insulin promoted a 2-fold increase in V_{PDH}/V_{TCA} , $44.6 \pm 3.2\%$ while no significant effect was observed in the high-fat fed animals (Figure 2A). Hepatic concentrations of glycogen were strongly associated with V_{PDH}/V_{TCA} (Figure 2B).

Discussion

In the present study we developed and applied a POCE-NMR method to study hepatic substrate selection under fasting and insulin-stimulated conditions. Using this approach we found that glucose plays a relatively minor role as a substrate for hepatic oxidation during fasting with a contribution to TCA cycle flux of less than 20%.

It is well established that insulin increases the percentage of active PDH (13). In this context it was very surprising that V_{PDH}/V_{TCA} flux did not change from basal levels during the hyperinsulinemic-euglycemic clamp. This reveals an unexpected ineffectiveness of insulin *per se* to switch the relative contributions of the major oxidative substrates in the liver *in vivo*. Pyruvate is also a positive effector of PDH activity (2). Therefore the ~3-fold increase in the contribution of plasma glucose to glycolysis, during the hyperglycemic clamp, was expected to affect V_{PDH}/V_{TCA} . However, hyperglycemia *per se* was insufficient to alter hepatic substrate preference for fatty acids (Supplementary Table) and only in the presence of both hyperglycemia and hyperinsulinemia did hepatic V_{PDH}/V_{TCA} flux increase by twofold to ~40%. This requirement for both substrate and hormonal signal is similar to what has previously been described for regulation of net hepatic glycogen synthesis in which neither glucose or insulin alone were sufficient to promote net hepatic glycogen synthesis; both were required (14). Taken together these data suggest that during a glucose load, the increase in plasma glucose and insulin stimulates both net hepatic glycogen synthesis as well as V_{PDH}/V_{TCA} flux promoting more acetyl-CoA availability for *de novo* lipogenesis. Consistent with this hypothesis we found a strong association between glycogen concentrations and V_{PDH}/V_{TCA} flux which is consistent with prior observations (15).

As shown previously (11) a high-fat diet leads to net accumulation of DAG content in liver leading to activation of PKC ϵ and inhibition of insulin-stimulated insulin receptor kinase activity and hepatic insulin resistance (11,12). Consistent with these observations we found a ~30% increase in hepatic DAG content and a ~25% reduction in insulin-stimulated Akt activity. Based on our previous studies it is likely that hepatic DAG accumulation in this rodent model can most likely be attributed to increased delivery of dietary fat to the liver which exceeds the liver's ability to export the fatty acids in VLDL particles and/or oxidize fatty acids even though it is deriving essentially 100% of its energy needs from fatty acid oxidation under these conditions. Our *in vivo* V_{PDH}/V_{TCA} flux measurements are consistent with a previous study demonstrating reductions in PDH activity *in vitro* following similar high-fat feeding (16). This reduction in PDH activity was associated with increases in PDK activity and expression (16). From the identified isoforms of PDK only PDK2 and PDK4 are highly expressed in liver. The expression of PDK4 is particularly relevant since PDK4 has been found to increase in response to lipids (17) as well during fasting and insulin resistant conditions (18–20). Pharmacological activation of PPAR α has also been shown to increase

expression of PDK4 in liver (21) and the fasting-induced increase in PDK4 expression was attenuated in livers of PPAR α -null mice (22). Consistent with a potentially key role played by these factors in mediating a reduction in basal and insulin-stimulated hepatic V_{PDH}/V_{TCA} flux under high-fat fed conditions we found a ~30% increase in PPAR α and PDK2 and a ~70% increase in PDK4 expression associated with increased phosphorylation of PDH on Ser232 in the livers of the high-fat fed rats.

In summary, these studies demonstrate that neither hyperinsulinemia *per se* nor hyperglycemia *per se* is capable of increasing hepatic V_{PDH}/V_{TCA} flux *in vivo*. Rather, the combination of both hyperinsulinemia and hyperglycemia is required to increase V_{PDH}/V_{TCA} flux. Furthermore, we find that basal and insulin-stimulated hepatic V_{PDH}/V_{TCA} flux is severely diminished with lipid-induced hepatic insulin resistance.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Abbreviations

V_{PDH}	Flux through Pyruvate Dehydrogenase
V_{TCA}	Flux through Tricarboxylic Acid Cycle
PDK	Pyruvate Dehydrogenase Kinase
PDP	Pyruvate Dehydrogenase Phosphatase
POCE	Proton-Observed Carbon-Edited
DAG	Diacylglycerol
PPARα	Peroxisome Proliferator-Activated Receptor α
GIR	Glucose Infusion Rate
PKC	Protein Kinase C

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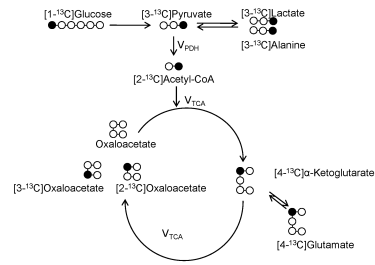


Figure 1. Schematic of metabolite labeling pattern following [1-¹³C]glucose infusion. V_{PDH} and V_{TCA} represent the fluxes through pyruvate dehydrogenase (PDH) and tricarboxylic acid cycle (TCA), respectively.

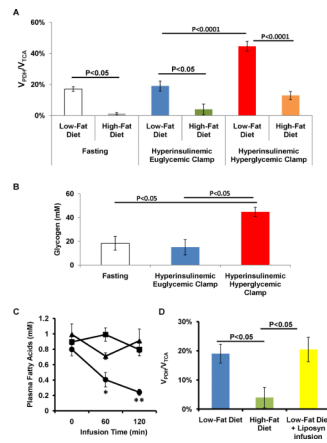


Figure 2. Effect of insulin and substrate on the hepatic contribution of pyruvate dehydrogenase flux (V_{PDH}) to total TCA cycle flux (V_{TCA}). (A) V_{PDH}/V_{TCA} during fasting, a hyperinsulinemic euglycemic clamp and a hyperinsulinemic hyperglycemic clamp performed in low-fat and high-fat fed animals; (B) Effect of insulin *per se* and insulin plus glucose on the concentrations of glycogen; (C) Plasma fatty acid concentrations during a hyperinsulinemic euglycemic clamp in low-fat and high-fat fed animals and during a concomitant infusion of Liposyn (* $P < 0.01$, ** $P < 0.001$ vs. Fasting); (D) Effect of sustained concentrations of plasma fatty acids on hepatic V_{PDH}/V_{TCA} in low-fat fed animals.

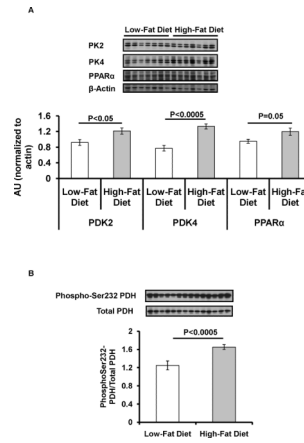


Figure 3. Effect of high-fat diet on the regulators of PDH. (A) Protein levels of pyruvate dehydrogenase kinase (PDK2), PDK4 and peroxisome proliferator-activated receptor α (PPAR α); (C) Phosphorylation levels of Ser232 of PDH complex.

Table 1

Key variables pertaining to the fasting and clamp experiments in rats fed with either a low-fat or a high-fat diet and fasted 12 h prior to experiments

	Fasting	Hyperinsulinemic Euglycemic Clamp	Hyperinsulinemic Hyperglycemic Clamp	Hyperinsulinemic Euglycemic Clamp + Liposyn
Low-Fat Diet	Body Weight (g)	400±30	401±22	390±18
	Basal Plasma Glucose (mg/dL)	127±5	137±4	128±3
	Clamp Plasma Glucose (mg/dL)	-	100±3	196±9
	GINF (mg/min/Kg)	1	28±3	63±2
	Basal Plasma Insulin (μU/mL)	18±7	29±6	22±4
	Clamp Plasma Insulin (μU/mL)	-	103±10	125±5
High-Fat Diet	Body Weight (g)	505±19*	477±27	461±15*
	Basal Plasma Glucose (mg/dL)	148±4*	147±8	140±4
	Clamp Plasma Glucose (mg/dL)	-	97±7	206±8
	GINF (mg/min/Kg)	1	7.5±1.4**	45.4±3.8**
	Basal Plasma Insulin (μU/mL)	38±13*	34±11	52±7*
	Clamp Plasma Insulin (μU/mL)	-	100±12	161±14

* P<0.05,

** P<0.005 compared to the same group from the low-fat fed animals

Table 2

Fraction of hepatic glycolytic flux supported by plasma glucose measured as the ratio of [3-¹³C]lactate and [3-¹³C]alanine to plasma [1-¹³C]glucose from low-fat and high-fat fed animals during fasting, hyperinsulinemic euglycemic clamp with and without a concomitant liposyn infusion and hyperinsulinemic hyperglycemic clamp

	Fasting	Hyperinsulinemic Euglycemic Clamp	Hyperinsulinemic Hyperglycemic Clamp	Hyperinsulinemic Euglycemic Clamp + Liposyn	
Low Fat Diet	[1- ¹³ C]Alanine	10.2±1.3%	18.4±0.9%	31.1±3.4% ^{***†}	11.3±1.6% [‡]
	[1- ¹³ C]Lactate	12.8±1.1%	20.5±1.0%	31.3±4.1% ^{***†}	13.1±1.7% [‡]
High Fat Diet	[1- ¹³ C]Alanine	14.6±2.1%	6.3±2.3% [‡]	23.8±1.5% ^{*†}	
	[1- ¹³ C]Lactate	12.8±2.8%	7.0±1.6% [‡]	24.6±0.8% ^{*†}	

* P<0.05,

** P<0.0001 compared to Fasting

† P<0.0001 compared to Hyperinsulinemic Euglycemic Clamp

‡ P<0.0001 compared to Hyperinsulinemic Hyperglycemic Clamp

§ P<0.05 compared to the same group from the low-fat fed animals