

# Rapid Detection of Haptoglobin Gene Deletion in Alkaline-Denatured Blood by Loop-Mediated Isothermal Amplification Reaction

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**Anhaptoglobinemic patients run the risk of severe anaphylactic transfusion reaction because they produce serum haptoglobin antibodies. Being homozygous for the haptoglobin gene deletion allele ( $HP^{del}$ ) is the only known cause of congenital anhaptoglobinemia, and detection of  $HP^{del}$  before transfusion is important to prevent anaphylactic shock. In this study, we developed a loop-mediated isothermal amplification (LAMP)-based screening for  $HP^{del}$ . Optimal primer sets and temperature for LAMP were selected for  $HP^{del}$  and the 5' region of the  $HP$  using genomic DNA as a template. Then, the effects of diluent and boiling on LAMP amplification were examined using whole blood as a template. Blood samples diluted 1:100 with 50 mmol/L NaOH without boiling gave optimal results as well as those diluted 1:2 with water followed by boiling. The results from 100 blood samples were fully concordant with those obtained by real-time PCR methods. Detection of the  $HP^{del}$  allele by LAMP using alkaline-denatured blood samples is rapid, simple, accurate, and cost effective, and is readily applicable in various clinical settings because this method requires only basic instruments. In addition, the simple preparation of blood samples using NaOH saves time and effort for various genetic tests. (*J Mol Diagn* 2011, 13:334–339; DOI: 10.1016/j.jmoldx.2011.01.005)**

The absence of a serum protein such as IgA or haptoglobin (Hp) is one of the factors that can lead to anaphylactic transfusion reactions due to production of serum antibodies against the absent protein after a transfusion.<sup>1</sup> At present, a homozygous deletion of the haptoglobin gene ( $HP^{del}$ ) is the only known cause of anhaptoglobinemia.

Human Hp has a genetic polymorphism of two codominant alleles,  $HP^1$  and  $HP^2$ , that give rise to the three common phenotypes, Hp1, Hp2-1, and Hp2.<sup>2,3</sup> The  $HP^2$

allele appears to have occurred by a 1.7-kb intragenic duplication of exons 3 and 4 of the  $HP^1$  allele (Figure 1A). Anomalous inheritance of the Hp phenotypes was encountered during determinations of parentage, and  $HP^{del}$  was identified by genetic analyses of one such family in Japan.<sup>4</sup> The  $HP^{del}$  allele lacks an approximately 28-kb segment of chromosome 16 extending from the promoter region of the  $HP$  gene to intron 4 of the haptoglobin-related gene ( $HPR$ ) (Figure 1A).<sup>4,5</sup>

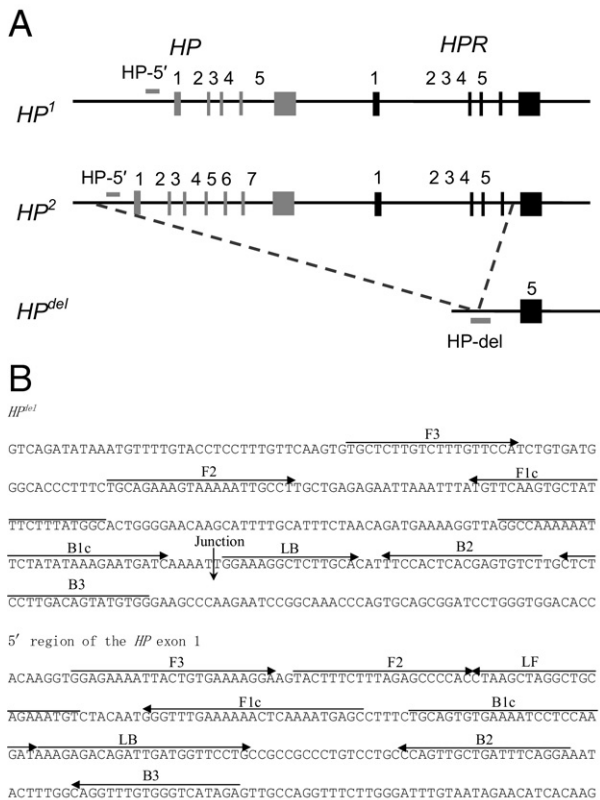
The  $HP^{del}$  allele has been found only in East and Southeast Asian populations (Chinese, Korean, Japanese, Mongols, Thais, and Indonesians), not in African, West and South Asian, and European populations so far.<sup>5–9</sup> Detection of homozygosity for  $HP^{del}$  before blood transfusion or blood component infusion is important to prevent severe side effects of transfusion because washed red blood cells and platelet concentrate do not cause transfusion-related anaphylactic reactions.<sup>10</sup> Recently, we established two real-time PCR methods for detection of  $HP^{del}$  by use of a 5'-nuclease assay using dual-labeled (TaqMan; Applied Biosystems, Foster City, CA) probes and SYBR Green I (Invitrogen, Carlsbad, CA).<sup>11,12</sup> These methods are rapid, robust, and suitable for high-throughput analysis but require a real-time PCR apparatus.

A technique called loop-mediated isothermal amplification (LAMP) of DNA has recently been developed.<sup>13</sup> LAMP employs a DNA polymerase with strand-displacement activity; the reaction proceeds when the forward inner primer anneals to the target DNA and the first strand is synthesized, and then the outer forward primer hybridizes and displaces the first strand, forming a loop structure at one end. The single-stranded DNA serves as a template for backward inner primer-initiated DNA synthesis and subsequent outer backward-primed strand-displacement DNA synthesis. The stem loop formed acts as a template, and the final products are stem-loop DNAs with several inverted repeats of the target DNA. Loop primers (forward and backward), which are additional primers designed to anneal at the loop structure (be-

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**Figure 1.** Gene structure of *HP<sup>1</sup>*, *HP<sup>2</sup>*, and *HP<sup>del</sup>*, and positions of the target regions (A) and locations of two primer sets used in the LAMP reaction (B). The position and direction of each primer are shown by arrows. A downward arrow indicates the junction of gene deletion of the *HP<sup>del</sup>*.

tween F1c and F2, B1c and B2) in LAMP amplicons, can accelerate and enhance the sensitivity of the LAMP reaction. In DNA polymerization by DNA polymerase, pyrophosphate ions are released from dNTP as a by-product, which react with magnesium ions in the LAMP reaction buffer, yielding an insoluble white precipitate.<sup>13,14</sup> This method amplifies DNA with high specificity, efficiency, and rapidity under isothermal conditions, and the advantages are i) easy identification of positive reaction by visual inspection of turbidity, and ii) requirement of only a heating block or water bath.<sup>13</sup> In this study, we developed a LAMP reaction for detection of *HP<sup>del</sup>* with the

aim of establishing a feasible detection method for *HP<sup>del</sup>* in clinical diagnostic laboratories.

### Materials and Methods

The study protocol was approved by the ethics committee of Kurume University School of Medicine.

### LAMP Amplification

LAMP primers, which specifically amplify two regions, the region encompassing the *HP<sup>del</sup>* breakpoint (HP-del) and the 5' region of *HP* exon 1 (HP-5'), were designed with the aid of PrimerExplorer V4 (<http://primerexplorer.jp/elamp4.0.0>, last accessed December 2, 2010) and synthesized by Operon Biotechnologies (Tokyo, Japan). The locations and sequences of primers that brought the optimal results are presented in Figure 1 and Table 1. The LAMP reaction was performed in a volume of 25  $\mu$ L containing 12.5  $\mu$ L of 2 $\times$  Reaction Mix, 1  $\mu$ L of BstDNA Polymerase (Eiken, Tokyo, Japan), 40 pmol each of the forward inner and the backward inner primers, 20 pmol each of the backward loop primer and/or the forward loop primer, 5 pmol each of the outer forward and the outer backward primers, and 2  $\mu$ L of the template (diluted and/or heated venous whole blood or genomic DNA) in a Loopamp Reaction tube (Eiken). Wells without a template were included as negative controls. Reactions for HP-del and HP-5' were conducted in discrete tubes. The reaction mixture was incubated at 60°C to 65°C for 60 minutes, and turbidity was measured every 6 seconds using a real-time turbidity meter (Loopamp EXIA; Eiken).<sup>15</sup> The reaction was followed by incubation at 80°C for 5 minutes for inactivation of the enzyme. At least three assays using different samples were performed for every group for assay validation. The turbidities were also assessed by visual inspection. Fluorescent Detection Reagent (Eiken) was added to the reaction mix before the reaction to inspect the amplification visually by the color.

### Preparation of Templates

To determine the optimal primer sets and temperature for detection of *HP<sup>del</sup>*, LAMP reactions were performed using

**Table 1.** Sequences of Primers Used in the LAMP Assay

	Primer sequence
Set for <i>HP<sup>del</sup></i> (HP-del)	
F3	5'-TGCTCTGTCTTTGTTCCTCA-3'
B3	5'-CCACATACTGTCAAGGAGAG-3'
FIP (F1c + F2)	5'-GCCATAAAGAAATAGCACTTGAACATGCAGAAAGTAAAAATTGCCT-3'
BIP (B1c + B2)	5'-GGCCAAAAATCTATATAAAGAATGATCAGACACTCGTGAGTGGAA-3'
LB	5'-GGAAAGGCTCTTGCA-3'
Set for 5' region of <i>HP</i> (HP-5')	
F3	5'-GGAGAAAATTACTGTGAAAAGGA-3'
B3	5'-TCTATGACCCACAACCTG-3'
FIP (F1c + F2)	5'-GCTCATTTTGAGTTTTTTTCAAACCCCTACTTTCTTTAGAGCCCCAC-3'
BIP (B1c + B2)	5'-TGCAGTGTGAAAATCCCTCCAAGATTCCTGAAATCAGCAACTGG-3'
LF	5'-ACATTTCTGCAGCCTAGCTTAG-3'
LB	5'-AAAGAGACAGATTGATGGTTCCCTG-3'

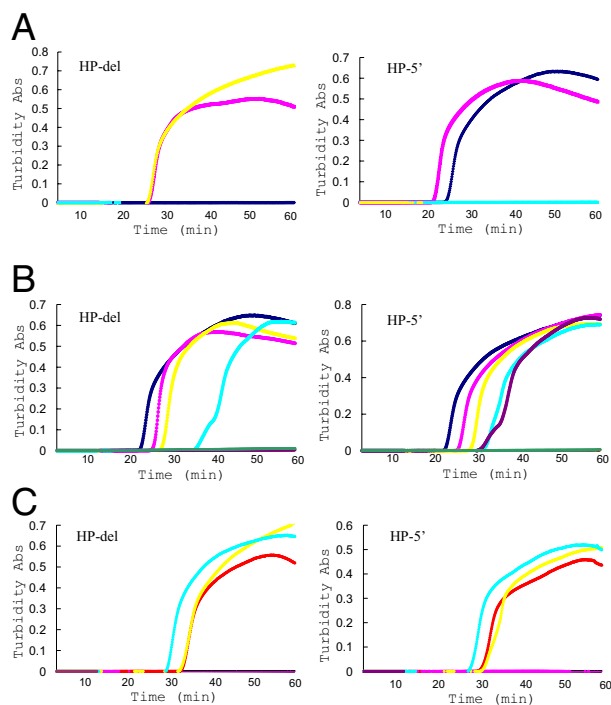
10 ng of genomic DNAs from known genotypes lacking *HP<sup>del</sup>* (*HP/HP*), heterozygous for *HP<sup>del</sup>* (*HP/HP<sup>del</sup>*), and homozygous for *HP<sup>del</sup>* (*HP<sup>del</sup>/HP<sup>del</sup>*) as templates. For determination of the detection limit of the method, a dilution series of *HP/HP<sup>del</sup>* DNA, 100, 10, 1, 0.1, 0.01, and 0.001 ng/reaction, was used. To determine analytical sensitivity, a dilution series of *HP/HP<sup>del</sup>* DNA, 0.2, 0.1, 0.05, 0.025, and 0.0125 for Hp-del and 0.02, 0.01, 0.005, 0.0025, and 0.00125 for Hp-5' (in nanograms/reaction), was also examined. The detection limit was estimated by using probit analysis (SAS Statistical Software Package, SAS, Cary, NC). In addition, 1:10, 1:30, 1:100, 1:300, 1:1000, and 1:3000 dilutions of whole-blood samples of *HP/HP<sup>del</sup>* individuals with 50 mmol/L NaOH were prepared for evaluation of NaOH dilution. For investigation of the effect of diluents (water or NaOH) and heat treatment (98°C for 5 minutes), we prepared blood samples diluted 1:2 with water and heated, 1:10 with water and heated, 1:100 with NaOH and heated, and 1:100 with NaOH. Denaturation (boiling) of diluted blood samples was performed in a block incubator and subsequent centrifugation at 12,000 rpm for 3 minutes. We also determined the optimal proportion of NaOH in the mixture by using 1, 2, 4, and 8  $\mu$ L of 1:100 diluted samples with 50 mmol/L NaOH in a 25- $\mu$ L mixture.

### Confirmation of Specific Amplification of LAMP Products

After amplification, 2  $\mu$ L of reaction mixtures were electrophoresed on 1.5% agarose gel and stained by ethidium bromide. Some fragments were gel purified and inserted into a pUC118 plasmid using a Mighty Cloning Kit (TaKaRa, Shiga, Japan). Sequence analyses of three clones for each of band were performed using BigDye Terminators v1.1 Cycle Sequencing Kit and ABI PRISM 310 Genetic Analyzer (Life Technologies Japan, Tokyo, Japan).

### Results

To determine the optimal primer sets and temperature for detection of *HP<sup>del</sup>*, LAMP reactions were performed using genomic DNA of *HP/HP*, *HP/HP<sup>del</sup>*, and *HP<sup>del</sup>/HP<sup>del</sup>* as templates. The optimal results were obtained by incubation at 61.5°C for both amplifications of HP-del and HP-5'. An amplification curve of HP-del was obtained with *HP/HP<sup>del</sup>* and *HP<sup>del</sup>/HP<sup>del</sup>*, whereas that of HP-5' was obtained with *HP/HP* and *HP/HP<sup>del</sup>* (Figure 2A). No increase in turbidity was detected in the negative controls of HP-del and HP-5'. As expected, the HP-5' results obtained using genomic DNA of *HP<sup>1</sup>/HP<sup>1</sup>*, *HP<sup>1</sup>/HP<sup>2</sup>*, and *HP<sup>2</sup>/HP<sup>2</sup>* were indistinguishable from each other ( $n = 3$ , data not shown), and no amplifications were observed using HP-del in these genomic DNAs. In addition, only HP-5' tubes were positive when using DNA of three Ghanaians with acquired anhaploglobinemia (without any causal mutations in the promoter and coding regions) as templates.<sup>6</sup> The threshold time required for the turbidity of the solution to develop was about 25 minutes for HP-del and about 23



**Figure 2.** Results of the LAMP reaction for *HP<sup>del</sup>* (left) and the 5' region of *HP* exon 1 (right). **A:** Validation of specificity using DNA samples of known genotypes. Real-time amplification curves with turbidity detection of triplicate experiments with *HP/HP*, *HP/HP<sup>del</sup>*, and *HP<sup>del</sup>/HP<sup>del</sup>*. The results are shown by navy (*HP/HP*), pink (*HP/HP<sup>del</sup>*), and yellow (*HP<sup>del</sup>/HP<sup>del</sup>*). Negative control is shown by aqua. **B:** Validation of sensitivity using DNA samples of known genotypes. Amplification curves of triplicate experiments with various amounts of initial template DNA of *HP/HP<sup>del</sup>*, 100, 10, 1, 0.1, 0.01, and 0.001 ng/reaction. The results are shown by navy (100 ng), pink (10 ng), yellow (1 ng), aqua (0.1 ng), purple (0.01 ng), and red (0.001 ng). A negative control is shown by green. **C:** Comparison of various preparations of blood samples. The results obtained from four different sample preparations are shown by red (1:2 dilution with water followed by heat), pink (1:10 dilution with water followed by heat), yellow (1:100 dilution with NaOH followed by heat), and aqua (1:100 dilution with NaOH). Negative control is shown by purple.

minutes for HP-5'. After amplification, all of the positive reactions produced white precipitates and a characteristic ladder of multiple bands on an agarose gel, whereas no bands were detected in negative controls. In addition, sequence analyses revealed the target *HP* sequences in the plasmids inserted the LAMP products (data not shown). These results confirmed the specific amplifications of the *HP<sup>del</sup>* and 5' region of *HP* exon 1.

We then determined the sensitivity of the method by a dilution series of *HP/HP<sup>del</sup>* DNA and found that the detection limit of HP-del was about 0.1 ng and that of HP-5' was about 0.01 ng (Table 2 and Figure 2B). The threshold time (Tt) decreased roughly in proportion to the quantity of the initial template DNA for HP-del but not always for HP-5'. To determine analytical sensitivity, a total of 20 replicates were tested at each concentration (Table 3). Probit analysis showed that the analytical sensitivity for HP-del was estimated at 0.118 ng/reaction with a 95% confidence interval (CI) between 0.096 and 0.161 ng/reaction, and that for HP-5', it was 0.021 ng/reaction with a 95% CI between 0.018 and 0.027 ng/reaction. No increase in turbidity was observed in the tubes of HP-del and Hp-5' when using 100 ng/ $\mu$ L of DNA of *HP/HP* and

**Table 2.** Threshold Time Required for Turbidity of Solution to Exceed a Given Value with Various Templates

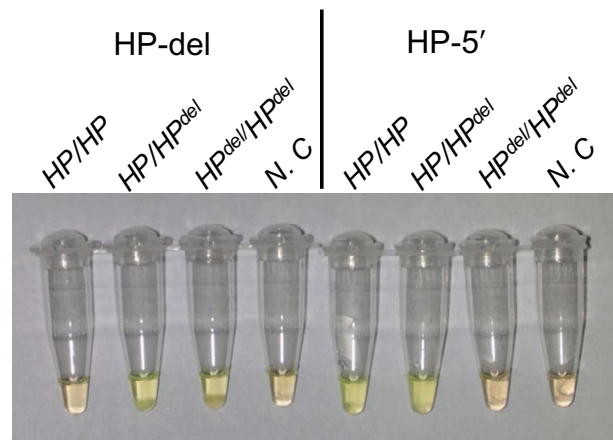
Sample preparation	Mean (SD) Tt value (min)	
	HP-del	HP-5'
Detection limit of purified DNA		
100 ng	24.9 (4.0)	23.7 (2.4)
10 ng	26.8 (4.2)	26.3 (2.8)
1 ng	30.9 (5.5)	30.0 (4.0)
0.1 ng	39.5 (5.3)	33.0 (5.4)
0.01 ng	—	32.7 (5.4)
0.001 ng	—	—
Serial dilution by NaOH		
1:10	*	*
1:30	28.6 (1.5)	29.9 (2.4)
1:100	34.0 (3.7)	32.6 (3.9)
1:300	41.5 (10.1)	37.4 (2.5)
1:1000	45.8 (9.2)	37.9 (7.9)
1:3000	*	*
Water- or NaOH-diluted with/without heat		
×2 with water and heat	31.8 (3.3)	33.3 (4.5)
×10 with water and heat	—	*
×100 with NaOH and heat	35.7 (4.0)	36.7 (5.4)
×100 with NaOH	31.4 (2.9)	32.2 (5.1)
Serial proportion of NaOH		
1	33.5 (1.0)	35.4 (6.4)
2	35.4 (2.3)	36.0 (3.9)
4	42.4 (2.8)	42.8 (8.4)
8	—	—

Note: — represents the group in which turbidity was not observed, and asterisks represent the group in which turbidity was not consistently observed.

Tt, threshold time.

*HP<sup>del</sup>/HP<sup>del</sup>*, respectively. Thus, the analytical specificity of the present method seems to be 100%.

Recent studies have demonstrated that heat-treated blood samples are applicable for LAMP (LAMP-HB) as a template.<sup>16,17</sup> This time- and cost-saving method is now in common use for LAMP analysis. On the other hand, a blood sample diluted with 50 mmol/L NaOH (and heated) is used as a template for our real-time PCR for diagnosis of *HP<sup>del</sup>* and isothermal single nucleotide polymorphism genotyping.<sup>11,12,18</sup> We first prepared serial dilutions to identify the suitable dilution range, and turbidity was consistently observed in the tubes with dilutions from 1:30 to 1:1000 for both amplifications. The Tt increased roughly in proportion to the dilution ratio for HP-del, but not for HP-5' (Table 2). A failure of amplification or an irregular curve was sometimes observed in the tubes containing



**Figure 3.** Evaluation of results by inspection of colors of reaction mixtures. One microliter of Fluorescent Detection Reagent (Eiken) was included in a 25- $\mu$ L reaction mixture before the amplification reaction. Green and orange indicate positive and negative reactions, respectively. A 50 mmol/L NaOH-diluted blood sample of an *HP/HP* individual was green in the tube for HP-5' and orange in the tube for the HP-del, that of *HP/HP<sup>del</sup>* was green in both tubes, whereas that of *HP<sup>del</sup>/HP<sup>del</sup>* was green in the tube for HP-del and orange in the tube for the HP-5'. Negative controls (N.C) were orange in both tubes.

1:10 diluted bloods. This may be due to incomplete lysis of cells by NaOH and subsequent formation of heat-denatured blood component(s) such as hemoglobin during the reaction. Use of such low dilutions produces a risk of false-positive results. In addition, the color of the mixture itself is brownish, making it difficult to evaluate the result visually. We also did not always observe positive results using 1:3000 dilutions of bloods. The reaction mixture with a 1:1000 dilution is estimated to contain about 30 pg of DNA. This sensitivity is consistent with that obtained using purified DNA and is comparable to that of real-time PCR (data not shown). These results suggested that blood sample dilutions between 1:30 and 1:1000 provide a good template for this LAMP reaction. Thus, we used 1:100 dilution of blood samples for further studies. Further, no change was observed in the optimal temperature for both amplifications when using NaOH-diluted templates instead of purified DNA (data not shown). We also compared the results using frozen bloods with those of freshly drawn blood samples and observed similar amplifications in both types of samples (data not shown).

We next investigated the effect of diluents (water or NaOH) and heat treatment. As shown in Figure 2C and Table 2, the shortest Tt was obtained using 1:100

**Table 3.** Limit of Detection Determination of LAMP Reactions for HP-del and HP-5'

HP-del				HP-5'			
Amount of DNA, ng	Number tested	Number positive	Positive rate, %	Amount of DNA, ng	Number tested	Number positive	Positive rate, %
0.2	20	20	100.0	0.05	20	20	100.0
0.1	20	16	80.0	0.02	20	17	85.0
0.05	20	13	65.0	0.01	20	12	60.0
0.025	20	5	25.0	0.005	20	3	15.0
0.0125	20	3	15.0	0.0025	20	0	0.0
0	20	0	0.0	0	20	0	0.0

NaOH-diluted blood without heat treatment (LAMP-NaOH) and LAMP-HB (1:2). On the other hand, heat following NaOH dilution decreased the efficiency of the LAMP reaction.

We then tested the concentration of NaOH in the mixture, and the inhibitory effect of the NaOH concentration on enzyme activity was observed (Table 2). Less than 8 mmol/L NaOH seems desirable as a final concentration.

We then examined blood samples from 100 patients who were scheduled for blood transfusion at Kurume University Hospital. Before the LAMP amplification, detection assays for the *HP<sup>del</sup>* were performed by the TaqMan-based and SYBR Green I-based real-time PCR methods, and the quality of the samples were checked. Seven of 100 samples were *HP/HP<sup>del</sup>*, and 93 samples were *HP/HP*. In the TaqMan assay, the mean (SD) threshold cycle (Ct) values were 31.4 (0.8) for *HP-5'* and 35.5 (0.8) for *HP-del*, and the 90th percentile for the Ct for *HP-5'* was 32.4. The mean (SD) Tt value was 29.8 (2.9) minutes, and the 90th percentile for the Tt was 32.4 minutes for *HP-5'* and 31.9 (3.0) minutes for *HP-del* in the LAMP amplification. The zygosity of the *HP<sup>del</sup>* of every sample was fully consistent with real-time PCR results.<sup>11,12</sup> Amplifications were inspected visually by not only the turbidity, but also the color with the addition of Fluorescent Detection Reagent (Eiken) to the reaction mix before the reaction without the risk of contaminating products by opening the tubes as required when using SYBR Green I.<sup>13</sup> We also used a frozen sample of *HP<sup>del</sup>/HP<sup>del</sup>* blood and got a positive result only in the *HP-del* tube (Figure 3).

## Discussion

We established rapid detection method of the *HP<sup>del</sup>* by LAMP reaction using NaOH-diluted whole-blood samples. Although the results obtained by using both 1:100 NaOH-diluted blood without heat treatment (LAMP-NaOH) and LAMP-HB (1:2) were comparable, LAMP-NaOH was faster than LAMP-HB. Unlike PCR, which needs a heat-denaturing step, DNA amplification in the LAMP reaction is preceded by strand separation under isothermal conditions using betaine, which destabilizes the DNA helix. However, Njiru et al reported that preheating the template increased the efficiency of the assay because preheating produced a faster and/or a greater amount of strand separation, which translated into a far more rapid assay.<sup>14</sup> Alkaline treatment also seems to promote single-stranded DNA formation and thus to facilitate the LAMP reaction. Accordingly, this treatment might be used in a wide variety of experiments as well as heat denaturation.

The two methods based on real-time PCR have two advantages over the LAMP method in the present study: we need only one tube per sample, and they are applicable to high-throughput analyses. Although two reaction tubes are needed for each sample, the LAMP method is cost effective and suitable for running only a few tests. Only about 1 hour after taking blood from the subject is required for allele determination, and this method seems

to be better adapted to clinical diagnosis of patients before transfusion in clinical laboratories to prevent anaphylactic shock caused by anti-Hp antibody. In addition, the simple sample preparation using 50 mmol/L NaOH, LAMP-NaOH, may be suitable for various LAMP-based genotyping such as pharmacogenetics and even for diagnosis of infectious diseases.

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