

# Secondary follicle growth and oocyte maturation during encapsulated three-dimensional culture in rhesus monkeys: effects of gonadotrophins, oxygen and fetuin

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**BACKGROUND:** An alginate-based matrix supports the three-dimensional (3D) architecture of non-human primate follicles and, in the presence of FSH, permits the *in vitro* development of pre-antral follicles to the small antral stage, including the production of ovarian steroids and paracrine factors. The current study investigated the ability of gonadotrophins, fetuin and oxygen (O<sub>2</sub>) to improve primate follicle growth and oocyte maturation *in vitro*.

**METHODS:** Macaque secondary follicles were isolated from the early follicular phase ovaries, encapsulated in a sodium alginate matrix and cultured individually for 40 days in supplemented medium. The effects of recombinant human (rh) FSH (15, 3 and 0.3 ng/ml for high, medium and low FSH, respectively), bovine fetuin (1 or 0 mg/ml) and O<sub>2</sub> (5 or 20% v/v) were examined. Half of the follicles in each culture condition received rhLH on Day 30–40. Follicles that reached antral stage were treated with rh chorionic gonadotrophin for 34 h to initiate oocyte meiotic maturation. Media were analyzed for ovarian steroids and anti-müllerian hormone (AMH).

**RESULTS:** Improved culture conditions supported non-human primate, secondary follicle growth to the antral stage and, for the first time, promoted oocyte maturation to the MII stage. In the presence of fetuin at 5% O<sub>2</sub>, follicles had the highest survival rate if cultured with high or medium FSH, whereas follicles grew to larger diameters at Week 5 in low FSH. Oocyte health and maturation were promoted under 5% O<sub>2</sub>. High FSH stimulated steroid production by growing follicles, and steroidogenesis by follicles cultured with low FSH was promoted by LH. AMH biosynthesis was elevated with high compared with low FSH and for longer under 5% O<sub>2</sub> than under 20% O<sub>2</sub>.

**CONCLUSIONS:** This encapsulated 3D culture model permits further studies on the endocrine and local factors that influence primate follicle growth and oocyte maturation, with relevance to enhancing fertility preservation options in women.

**Key words:** follicle culture / follicle-stimulating hormone / luteinizing hormone / fetuin / oxygen

## Introduction

Advances in ovarian tissue cryopreservation, followed by ovarian transplantation or *in vitro* follicle maturation (IFM), provide options for fertility preservation in female patients with cancer. Although ovarian tissue transplantation yielded viable offspring in monkeys (Lee *et al.*, 2004) and women (Donnez *et al.*, 2004; Silber *et al.*, 2008, 2010), the IFM approach has the advantage of eliminating the

possibility of reintroducing cancer cells into the patient following treatment and providing a way to harvest more mature oocytes (Woodruff, 2007). Advances in biomaterial engineering resulted in the development of an alginate-based, three-dimensional (3D) follicle culture system to maintain the cell–cell and cell–matrix connections important in regulating follicle development *in vivo* (West *et al.*, 2007). This approach produced live offspring in mice (Xu *et al.*, 2006) and studies demonstrated the potential application of IFM in human

beings (Xu et al., 2009a; Smits et al., 2010). Even though the meiotic competence and developmental capacity of human oocytes grown from pre-antral stages *in vitro* have not yet been reported, animal studies indicate that IFM is a valid prospect for clinical translation to humans to circumvent the destruction or damage to ovarian germline cells caused by radiotherapy and/or chemotherapy (Woodruff, 2007). Recently, efforts to grow non-human primate ovarian follicles from the early stages (secondary follicles) to the antral stage during 3D culture have been successful (Xu et al., 2010) and may be valuable in identifying the optimal conditions for primate follicle culture prior to human application. Besides the clinical relevance, IFM is a powerful instrument for monitoring follicular endocrine and paracrine function, which is essential to obtain knowledge of the factors implicated in the regulation of follicular development.

Evidence suggests that FSH receptors are expressed in pre-antral follicles during *in vivo* development of various species, including primates (Gougeon, 1996; Findlay and Drummond, 1999). Studies indicate that FSH is essential for *in vitro* survival of primate pre-antral follicles (Wright et al., 1999; Xu et al., 2010) and promotes the growth of rodent (Xu et al., 2006), non-human primate (Xu et al., 2010) and human (Xu et al., 2009a) follicles during 3D culture. On the basis of rodent data reported recently, follicles cultured with a physiological level (low) of FSH tend to have oocyte and cumulus cell gene expression levels that are comparable to those *in vivo* (Sánchez et al., 2010). In contrast, a suprphysiological level (high) of FSH alters the expression of oocyte and cumulus cell transcripts (Sánchez et al., 2010). Thus, low FSH may promote oocyte-regulated cumulus cell differentiation while supporting follicle growth, whereas high FSH may inappropriately stimulate granulosa cell proliferation or differentiation.

Follicles are cultured typically in the presence of atmospheric oxygen ( $O_2$ ) tension at 20% (v/v) (Xu et al., 2010), which is around 140 mmHg. However, the partial pressure of  $O_2$  in the peritoneal cavity where the ovaries are located is 40 mmHg (Tsai et al., 1998), which approximates 5%  $O_2$  (v/v). Low  $O_2$  tension at 5% increased the viability of canine cumulus cells (Silva et al., 2009) and promoted developmental competence of porcine oocytes during *in vitro* maturation (Iwamoto et al., 2005). Moreover, low  $O_2$  tension during the culture of rat pre-antral follicles benefited oocyte viability, maturation, parthenogenetic activation and fertilization (Heise et al., 2009). Therefore, it is hypothesized that a low  $O_2$  environment has a positive influence during follicular development *in vitro*.

During spontaneous maturation of mouse oocytes in serum-free medium, the zona pellucida (ZP) becomes 'hardened', i.e. resistant to chymotrypsin digestion (De Felici and Siracusa, 1982). The hardened ZP is resistant to sperm penetration, thus preventing fertilization. This phenomenon has also been characterized in non-human primate (VandeVoort et al., 2007) and human (Schiewe et al., 1995) oocytes. Serum, including fetal bovine serum (FBS), from various sources is effective in preventing ZP hardening in rodents (Eppig and Schroeder, 1986). Fetuin, a major glycoprotein in serum and follicular fluid, increased the solubility of the ZP during spontaneous oocyte maturation in mice and was able to provide a serum-free culture environment (Schroeder et al., 1990). Whether fetuin promotes or is essential for follicle or oocyte maturation during macaque IFM is unknown.

Therefore, using the encapsulated 3D culture system, the current study tested the dose–response of FSH on follicle survival and

growth, and investigated  $O_2$  tension and fetuin effects on primate follicular development *in vitro*. Ovarian steroids (androstenedione, A4; estradiol, E2; and progesterone, P4) and anti-müllerian hormone (AMH) produced by individually cultured follicles, as well as oocyte maturation, were analyzed to evaluate follicular function.

## Materials and Methods

### Animals and ovary collection

The general care and housing of rhesus macaque monkeys were provided by the Division of Animal Resources at the Oregon National Primate Research Center (ONPRC). Animals were pair caged in a temperature-controlled (22°C) light-regulated 12 L:12 D room. Diet consisted of Purina monkey chow (Ralston-Purina, Richmond, IN, USA) provided twice a day, supplemented with fresh fruit or vegetables once a day and water *ad libitum*. Animals were treated according to the National Institutes of Health Guide for the Care and Use of Laboratory Animals, and protocols were approved by the ONPRC Institutional Animal Care and Use Committee.

Adult female rhesus macaques ( $n = 9$ ; 5–10 years of age) exhibiting regular menstrual cycles of ~28 days were evaluated daily for menstruation with the first day of menses termed Day 1 of the cycle. Ovariectomies were conducted on anesthetized monkeys by laparoscopy at early follicular phase, Day 1–4 of the cycle, as previously described (Duffy DM and Stouffer, 2002). Ovaries were immediately transferred into Hepes-buffered holding media (CooperSurgical, Inc., Trumbull, CT, USA) supplemented with 0.2% (v/v) human serum protein supplement (SPS, CooperSurgical, Inc.) and 10  $\mu\text{g}/\text{ml}$  gentamicin (Sigma-Aldrich, St Louis, MO, USA).

### Follicle isolation, encapsulation and culture

Follicle isolation and encapsulation were described previously (Xu et al., 2009b). Briefly, ovarian cortex was cut into  $2 \times 2 \times 1$  mm cortical strips and incubated in 6 ml holding media (as described above), containing 275 U/ml collagenase type I and 585 U/ml deoxyribonuclease I (Worthington Biochemical Corp., Lakewood, NJ, USA), at 37°C for 20 min. Follicles were mechanically isolated in the holding media using 31-gauge needles and the secondary follicles with diameters of 125–225  $\mu\text{m}$  that displayed the following characteristics were selected for encapsulation: (i) an intact basement membrane, (ii) two to three layers of granulosa cells and (iii) a visible, healthy oocyte that was round and centrally located within the follicle, without vacuoles or dark cytoplasm. Follicles ( $128 \pm 12/\text{monkey}$  from 9 monkeys) were divided among the treatment groups with 36–60 follicles per group.

Follicles were transferred individually into 5  $\mu\text{l}$  0.25% (w/v) sterile sodium alginate (FMC BioPolymers, Philadelphia, PA, USA)-phosphate-buffered saline (PBS) (137 mM NaCl, 10 M phosphate, 2.7 mM KCl, Invitrogen, Carlsbad, CA, USA) and the droplets were cross-linked in 50 mM  $\text{CaCl}_2$ , 140 mM NaCl, 10 mM HEPES solution (pH = 7.2) for 1 min. Each alginate-encapsulated follicle was transferred into individual wells of 48-well plates containing 300  $\mu\text{l}$  alpha minimum essential medium ( $\alpha\text{MEM}$ , Invitrogen) supplemented with 0.3% (v/v) SPS, 5  $\mu\text{g}/\text{ml}$  insulin, 5  $\mu\text{g}/\text{ml}$  transferrin and 5 ng/ml sodium selenite (Sigma-Aldrich).

Encapsulated follicles were cultured at 37°C in a 5 or 20% (v/v)  $O_2$  environment (in 6%  $\text{CO}_2/89\%$   $\text{N}_2$  or 5%  $\text{CO}_2$  in air atmosphere, respectively), with 0.3, 3 or 15 ng/ml recombinant human (rh) FSH (low, medium or high FSH; NV Organon, Oss, Netherlands), and 0 or 1 mg/ml purified bovine fetuin (Sigma-Aldrich) for 40 days. Half of the follicles in each culture condition received 0.4 ng/ml rLH (EMD Serono, Inc., Randolph, MA, USA) in the media during Days 30–40. Follicles that reached the

antral stage were treated with 100 ng/ml rh chorionic gonadotrophin (CG, Merck Serono, Geneva, Switzerland) for 34 h. Oocytes were retrieved to determine competence for meiotic maturation. Half of the culture media (150  $\mu$ l) was collected and replaced every other day and stored at  $-20^{\circ}\text{C}$ . The media samples from each culture week were assigned to ovarian steroids and AMH assays.

## Follicle survival and growth

Follicle survival, diameter and antrum formation were assessed weekly using an Olympus CK40 inverted microscope and an Olympus DP11 digital camera (Olympus Imaging America Inc., Center Valley, PA, USA) as described previously (Xu *et al.*, 2009b). Follicles were measured from the outer layer of cells which included a measurement at the widest diameter of the follicle and a second measurement perpendicular to the first. The mean of the values was calculated and reported as the follicle diameter. Follicles were considered to be undergoing atresia if the oocyte was dark or not surrounded by a layer of granulosa cells, the granulosa cells became dark and fragmented, or the diameter of the follicle decreased (Xu *et al.*, 2009b). Follicle photographs were imported into ImageJ 1.42 software (National Institutes of Health, Bethesda, MD, USA) and the diameter of each follicle was measured.

## Oocyte retrieval, maturation and fertilization

Retrieved oocytes were photographed and oocyte diameters (excluding the zona pellucida) were measured using the same camera and software as described earlier.

The germinal vesicle (GV)-intact and metaphase II (MII) oocytes were fixed in 4% paraformaldehyde (Electron Microscopy Sciences, Hatfield, PA, USA) for immunofluorescence imaging to identify nuclear maturation, spindle and polar body organization (Barrett and Albertini, 2007). Briefly, oocytes were incubated with primary antibody overnight at  $4^{\circ}\text{C}$  and secondary antibody for 1 h at room temperature. Spindle microtubules were labeled with  $\alpha$ -tubulin clone DM1A (1:100; Sigma) followed by Alexa 633 goat anti-mouse IgG (1:500; Invitrogen). F-actin was probed with Alexa 488-phalloidin (1:50) and chromosomes were labeled with 5  $\mu\text{M}$  ethidium homodimer (Invitrogen). Oocyte images were captured using a Leica SP5 confocal-equipped DM6000 CFS microscope (Leica Microsystems Inc., Bannockburn, IL, USA).

Semen collection and ICSI were performed for one of the MII oocytes by the Assisted Reproductive Technology (ART)/Embryonic Stem Cell Support Core at the ONPRC, as reported previously (Lanzendorf *et al.*, 1990; Meng and Wolf, 1997). The resulting zygote was transferred to 500  $\mu\text{l}$  hamster embryo culture medium-9 with 5% FBS and cultured at  $37^{\circ}\text{C}$  in 6% CO<sub>2</sub>, 5% O<sub>2</sub> and 89% N<sub>2</sub> (Schramm and Paprocki, 2000). The embryo was photographed daily to document development. Reagents and protocols for embryo culture were provided by the ART Core (Meng and Wolf, 1997).

## Ovarian steroids and AMH assays

One media sample collected weekly during culture Weeks 1–5 was analyzed for E2 and P4 concentrations by the Endocrine Technology Support Core at the ONPRC using an Immulite 2000, a chemiluminescence-based automatic clinical platform (Siemens Healthcare Diagnostics, Deerfield, IL, USA) validated for macaque follicle culture media as reported previously (Xu *et al.*, 2009b). The inter- and intra-assay variations for both E2 and P4 assays were  $<15\%$ . Media A4 levels were measured by radioimmunoassay using a DSL-3800 kit (Diagnostic Systems Laboratories, Inc., Webster, TX, USA) which was validated previously for macaque follicle culture media (Xu *et al.*, 2010) with 0.05 ng/ml in sensitivity and  $<10\%$  in inter- and intra-assay variations.

Another media sample collected weekly was analyzed for AMH concentrations by ELISA using a DSL-10-14400 kit (Diagnostic Systems Laboratories, Inc.) based on the manufacturers' instructions (Fréour *et al.*, 2007), as previously validated for macaque follicle culture media (Xu *et al.*, 2010). This assay has a sensitivity of 0.16 ng/ml and the inter- and intra-assay variations were  $<15$  and  $10\%$ , respectively. Due to the cross-reaction of fetuin with the AMH antibody, levels assayed in media containing fetuin without cultured follicles were subtracted from AMH levels in media samples from follicle cultured with fetuin, as previously described (Xu *et al.*, 2010).

## Statistical analysis

Statistical significance was analyzed by SigmaPlot 11 software (SPSS, Inc., Chicago, IL, USA) using a two-way analysis of variance (ANOVA) with repeated measures or one-way ANOVA followed by the Student–Newman–Keuls *post hoc* test for single time points. Differences were considered significant at  $P < 0.05$  and values are presented as mean  $\pm$  SEM. Follicle survival and distribution represent the percent (mean  $\pm$  SEM) of three individual animals in each treatment group. Follicle growth, steroid and AMH production, and oocyte maturation were analyzed for each individual follicle with total follicle numbers indicated in the figure legends, and represent follicles obtained from the three individual animals.

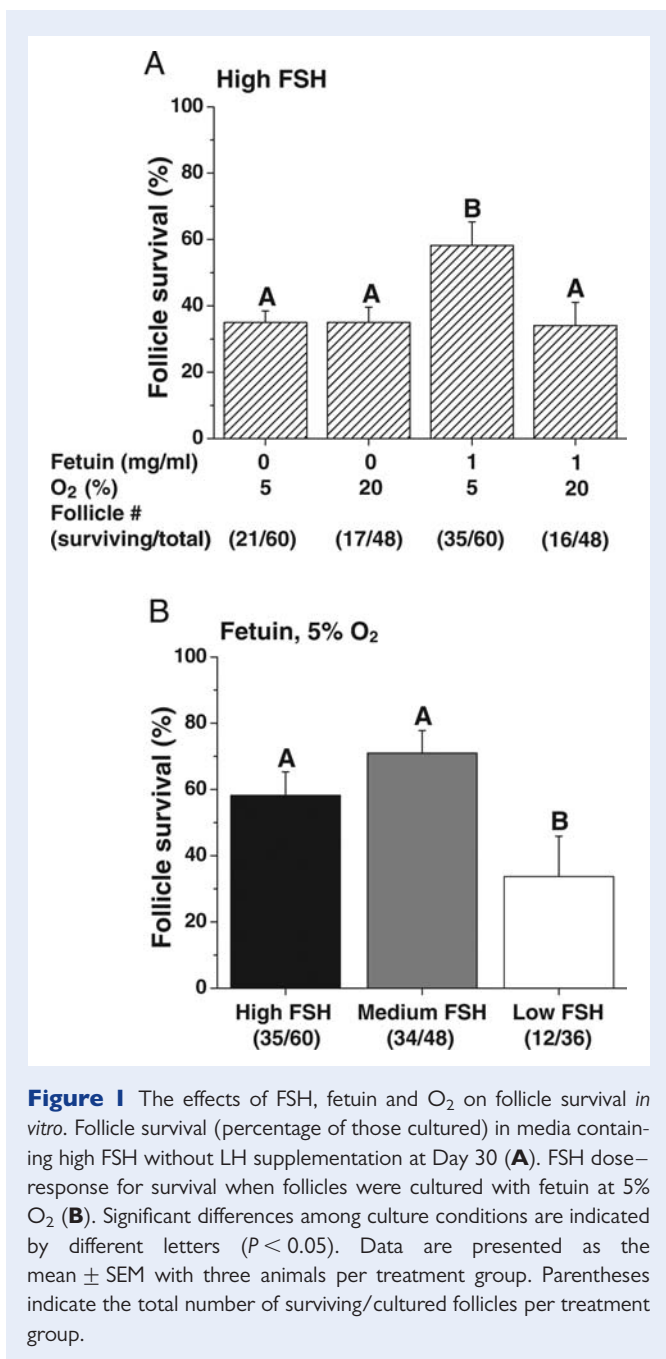
## Results

There was no difference between high- and medium-dose FSH-treated groups in any parameters analyzed (data not shown). Only data from follicles cultured with high- and low-dose FSH, except follicle survival under medium-dose FSH in Fig. 1B, are described below.

### Follicle survival and growth

In the presence of high FSH, the survival rate at Day 40 was higher ( $P < 0.05$ ) when follicles were cultured with fetuin at 5% O<sub>2</sub> (Fig. 1A). The survival rate was lower ( $P < 0.05$ ) for follicles cultured with low compared with high FSH when in the presence of fetuin at 5% O<sub>2</sub> (Fig. 1B). LH addition on Day 30 had no effect on follicle survival at Day 40 (data not shown).

At the beginning of the culture, follicle diameters did not differ among treatment groups (data not shown). However, during culture, three distinct cohorts of surviving follicles were observed based on their growth rate as previously reported (Xu *et al.*, 2010). The cohort that remained similar in size to the initial secondary follicles without significant change in diameter ( $<250 \mu\text{m}$ ) through 5 weeks of culture was termed 'no-grow' follicles. Another cohort doubled their diameters (250–500  $\mu\text{m}$ ) and was termed 'slow-grow' follicles. Finally, another group of follicles increased their diameters by a minimum of 3-fold ( $>500 \mu\text{m}$ ) and was termed 'fast-grow' follicles. An antral cavity was evident within 3–4 weeks of culture for all the slow- and fast-grow follicles. During culture with high FSH, fetuin and 5% O<sub>2</sub>, 57% of the surviving follicles fell into the growing (slow- and fast-grow) follicle category (Fig. 2A). In contrast, when fetuin was absent, the majority (86%) of the surviving follicles were no-grow follicles, despite the presence of high FSH (Fig. 2B). In the presence of low FSH, the proportions of growing follicles observed with or without fetuin were similar, 67 and 57%, respectively (Fig. 2C and D). However, fast-grow follicles were not obtained during culture with fetuin (Fig. 2C), while 22% were fast-grow follicles when cultured without fetuin (Fig. 2D). Similar patterns were observed



for follicles cultured at 20% O<sub>2</sub>, except for lower ( $P < 0.05$ ) percentages of growing follicles compared with those cultured at 5% O<sub>2</sub> (data not shown). The addition of LH at Day 30 had no effect on the growth distribution of surviving follicles (data not shown).

The dose of FSH and O<sub>2</sub> tension influenced the growth rate of slow-grow (Fig. 3A and B), but not no- and fast-grow follicles (data not shown). In the presence of low FSH, slow-grow follicles cultured with fetuin at 5% O<sub>2</sub> had lower ( $P < 0.05$ ) growth rates at Weeks 2 and 3 compared with those in the high FSH group. In contrast, follicle diameters became larger ( $P < 0.05$ ) in the presence of low FSH than in the presence of high FSH at Week 5 (Fig. 3A). The follicles maintained similar growth rates, when cultured with low FSH and fetuin,

during the first 3 weeks in either 5% or 20% O<sub>2</sub>. However, diameters increased and became larger ( $P < 0.05$ ) at Week 5 for follicles cultured at 5% O<sub>2</sub> than those with 20% O<sub>2</sub> (Fig. 3B). LH supplementation at culture Day 30 did not promote further growth of the no-, slow- or fast-grow follicles regardless of culture conditions (data not shown).

### Oocyte diameter, maturation and fertilization

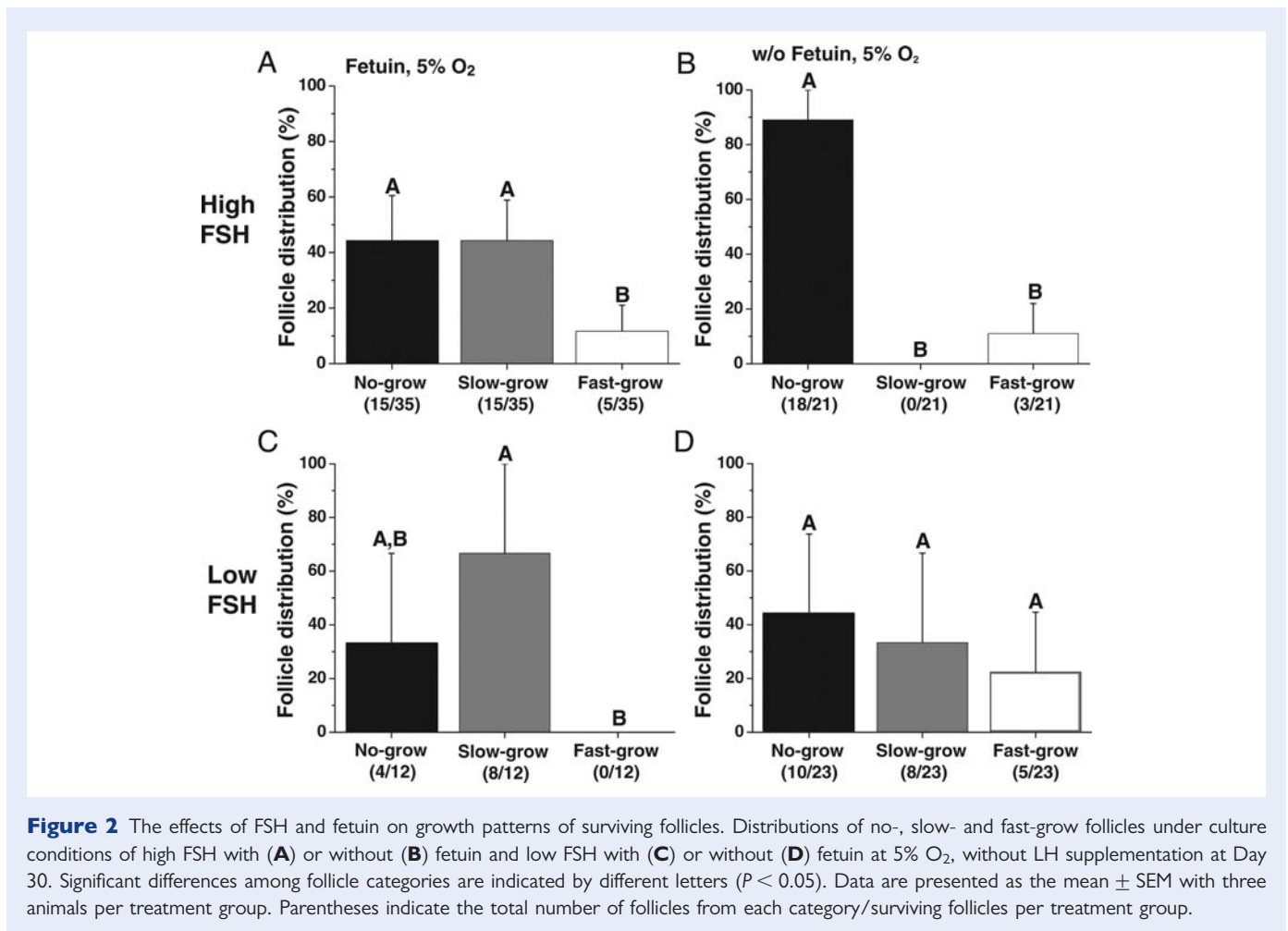
Following exposure of antral (slow- and fast-grow) follicles to rhCG, healthy as well as degenerate (dark and condensed cytoplasm) oocytes were obtained at retrieval. Most of the healthy oocytes (22 oocytes) remained at the GV-intact stage. However, a few oocytes (three oocytes) from fast-grow follicles matured to the MII stage. Since LH had no effect on oocyte maturation, oocytes retrieved from follicles cultured with and without LH addition were combined for analysis of oocyte parameters among culture conditions. When cultured at 5% O<sub>2</sub>, more healthy oocytes (17 GV and 2 MII oocytes) were obtained from the follicles compared with those in 20% O<sub>2</sub> culture (5 GV and 1 MII oocytes). Oocytes retrieved from follicles cultured at 5% O<sub>2</sub> were analyzed among different culture conditions (Table I). Of the 20 oocytes retrieved from follicles cultured at high FSH with fetuin, 60% were healthy oocytes. In contrast, all the oocytes retrieved from the few slow- and fast-grow follicles that developed at high FSH without fetuin were degenerate. A few healthy oocytes were retrieved from follicles cultured at low FSH with or without fetuin. Furthermore, the diameters of GV-intact oocytes from follicles cultured at low FSH without fetuin were larger ( $P < 0.05$ ) than those of the high FSH with fetuin group (Table I). MII oocytes were retrieved from follicles cultured with high FSH and fetuin at 5% O<sub>2</sub> or with low FSH without fetuin at 5% O<sub>2</sub> (Table I) or in 20% O<sub>2</sub> (one oocyte).

GV-intact oocytes and one MII-stage oocyte were analyzed using immunofluorescence imaging to visualize chromatin, spindle and actin elements (Fig. 4). In the GV-intact oocyte, the diffuse chromatin was evident as a perinucleolar ring (Fig. 4A). In the MII oocyte, the chromatin was condensed and reflected the chromosome organization for meiosis. A spindle and the first polar body were observed with normal sizes and positions in the MII oocyte (Fig. 4B).

Figure 4D–F depicts fertilization and embryonic development of the other MII oocyte (Fig. 4D), retrieved from a fast-grow follicle (Fig. 4C), inseminated by ICSI. The fertilized oocyte cleaved to 2 cells within 24 h after ICSI (Fig. 4E). Subsequent cleavage was uneven and embryonic development arrested at Day 3 post-ICSI (Fig. 4F).

### Follicular steroids

For no-grow follicles, media A4, E2 and P4 levels remained at baseline throughout culture and were not influenced by the experimental variables (data not shown). Since O<sub>2</sub> tension and fetuin exposure did not alter steroid levels in culture media of slow- and fast-grow follicles (data not shown), data from 5% O<sub>2</sub> with and without fetuin cultures were combined and presented to illustrate the dose-dependent effects of FSH (Fig. 5). For slow-grow follicles cultured with high FSH, A4 (Fig. 5A), E2 (Fig. 5B) and P4 (Fig. 5C) concentrations started rising at Week 3–4 and were higher ( $P < 0.05$ ) at Week 3–5 compared with those observed in the beginning of culture. Similar patterns were observed for steroid concentrations of fast-grow



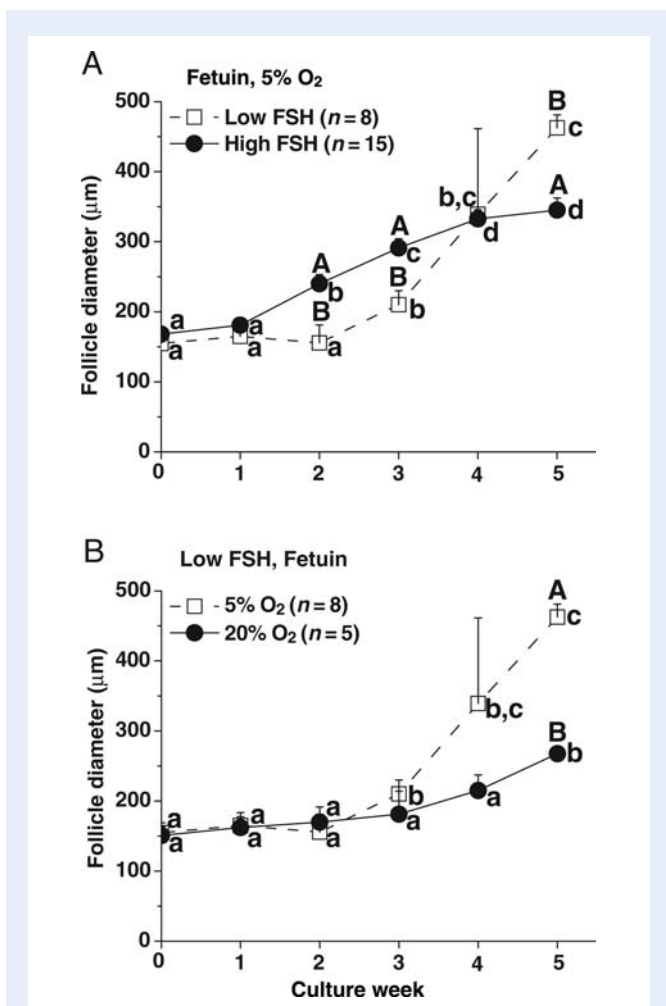
**Figure 2** The effects of FSH and fetuin on growth patterns of surviving follicles. Distributions of no-, slow- and fast-grow follicles under culture conditions of high FSH with (A) or without (B) fetuin and low FSH with (C) or without (D) fetuin at 5% O<sub>2</sub>, without LH supplementation at Day 30. Significant differences among follicle categories are indicated by different letters ( $P < 0.05$ ). Data are presented as the mean  $\pm$  SEM with three animals per treatment group. Parentheses indicate the total number of follicles from each category/surviving follicles per treatment group.

follicles during the culture interval with higher ( $P < 0.05$ ) levels at Week 3–5 compared with those of slow-grow follicles (Fig. 5D–F, note the differences in the y-axis scales of 5D and 5E compared with 5A and 5B). In contrast, A4 (Fig. 5A and D), E2 (Fig. 5B) and P4 (Fig. 5C) levels of slow- and fast-grow follicles cultured with low FSH stayed at baseline, except E2 (Fig. 5E) and P4 (Fig. 5F) produced by fast-grow follicles increased ( $P < 0.05$ ) at Week 5. The steroid concentrations of both slow- and fast-grow follicles cultured with low FSH were lower ( $P < 0.05$ ) than those of high FSH-treated follicles at Week 3–5 (Fig. 5A–F).

For slow-grow follicles cultured at 5% O<sub>2</sub> with and without fetuin, media levels of A4 (Fig. 5A), E2 (Fig. 5B) and P4 (Fig. 5C) did not increase between Week 4 and 5 in the presence of high FSH. However, for these follicles, the addition of LH at Day 30 increased ( $P < 0.05$ ) steroid production between pre-LH (Week 4) and post-LH (Week 5) exposure (data not shown). Moreover, LH treatment increased ( $P < 0.05$ ) A4 (Fig. 6A) and P4 (Fig. 6C), but not E2 (Fig. 6B), levels in media for the slow-grow follicles cultured with low FSH and the levels were higher ( $P < 0.05$ ) at Week 5 than those without LH administration. In contrast to the slow-grow follicles, LH supplementation at Day 30 had no effect on the patterns or levels of steroids during culture Week 5 for fast-grow follicles regardless of culture conditions (data not shown), as previously noted (Xu *et al.*, 2010).

### Anti-müllerian hormone

Since fetuin had no effect on AMH production by cultured follicles (data not shown), media AMH concentrations from follicles cultured with and without fetuin were combined for data analysis. When follicles were cultured with high FSH at 5% O<sub>2</sub>, AMH levels produced by no-grow follicles did not change throughout the culture (Fig. 7A). Although diameters of no-, slow- and fast-grow follicles were not different at the onset of culture, levels of AMH produced by slow- and fast-grow follicles at Week 1 were higher ( $P < 0.05$ ) than those of no-grow follicles. Moreover, AMH levels of fast-grow follicles increased ( $P < 0.05$ ) at Week 2 and remained at high levels until declining ( $P < 0.05$ ) at Week 5 (Fig. 7A). AMH levels during Weeks 3 and 4 were distinct ( $P < 0.05$ ) among all three follicle categories. By Week 5, all cultured follicles had basal levels of AMH (Fig. 7A). When cultured with low FSH at 5% O<sub>2</sub>, the slow- and fast-grow follicles produced higher ( $P < 0.05$ ) levels of AMH during Week 2–4 than the no-grow follicles (Fig. 7B). However, the levels were lower ( $P < 0.05$ ) than those of high FSH culture. Similar patterns were obtained for AMH produced by follicles cultured at 20% O<sub>2</sub>, except that AMH levels declined ( $P < 0.05$ ) to basal levels earlier at Week 3 (data not shown) as previously reported (Xu *et al.*, 2010). The addition of LH at Day 30 had no effect on AMH levels in any class of follicles or culture condition (data not shown).



**Figure 3** The effects of FSH and O<sub>2</sub> on follicle growth pattern. Growth patterns of slow-grow follicles during culture in media containing either low or high FSH and fetuin at 5% O<sub>2</sub> (A), and in media containing low FSH and fetuin at either 20 or 5% O<sub>2</sub> (B), without LH supplementation at Day 30. Significant differences over time (lowercase) or between culture conditions (uppercase) are indicated by different letters ( $P < 0.05$ ). Data are presented as the mean  $\pm$  SEM.  $n$ , number of follicles.

## Discussion

Advances in the encapsulated 3D system allow primate secondary follicles to grow to the small antral stage and to produce local (AMH) and endocrine (steroids) factors. Compared with our previous study (Xu et al., 2010), the current culture conditions improved follicle growth (to  $>1000 \mu\text{m}$  in diameter) as well as the health and growth of the oocytes to reach the size of those that mature *in vivo* ( $>100 \mu\text{m}$  in macaques; Buse et al., 2008). For the first time, oocytes retrieved from *in vitro* developed primate follicles displayed the competence to reinitiate meiosis for fertilization, and hence early embryonic cleavage. Further indices of oocyte quality need to be examined, such as cumulus–oocyte communication (Kimura et al., 2007), to monitor the competence to undergo meiotic maturation, as well as maternal to zygotic transition.

In the present study, fetuin, in combination with high FSH and 5% O<sub>2</sub>, increased follicle survival and promoted growth of follicles. A variety of cell types in culture respond to fetuin in promoting cellular attachment, growth and differentiation (Nie, 1992; Demetriou et al., 1996). Previous studies found that fetuin is present in the ovarian follicular fluid of the mouse (Høyer et al., 2001), horse (Dell'Aquila et al., 1999) and human (Kalab et al., 1993). Our current data suggest that follicles cultured with low FSH without added fetuin grew faster after antrum formation. Whether cultured follicles require exogenous fetuin to promote further growth after antrum formation is unclear. Alternatively, endogenous fetuin production by cultured follicles could be inhibited by high FSH. Fetuin may also stimulate the action of macrophages (Wang et al., 1998), and healthy granulosa cells may behave in a macrophage-like manner during follicular atresia in the mouse (Inoue et al., 2000; Høyer et al., 2001), guinea pig (Kasuya, 1997) and cow (Van Wezel et al., 1999). The specific effects of fetuin on follicle cell proliferation and differentiation remain to be determined. It has been proposed that the protease inhibitory activity of fetuin plays an important role in preventing ZP hardening (Schroeder et al., 1990). Since one MII oocyte, which originated from a follicle grown in the absence of fetuin, was fertilized by ICSI, ZP 'hardening' that prevented sperm penetration was not evident. One unexpected observation was that alginate beads became non-transparent, brittle and fragmentary after 2 weeks of culture without fetuin. This phenomenon is not evident in murine follicle culture during the shorter culture period ( $<2$  weeks; Xu et al., 2006). The mechanism whereby fetuin maintains alginate gel integrity is unknown. Since fetuin is currently not a recombinant protein, additional complexity caused by fetuin impurity cannot be ruled out.

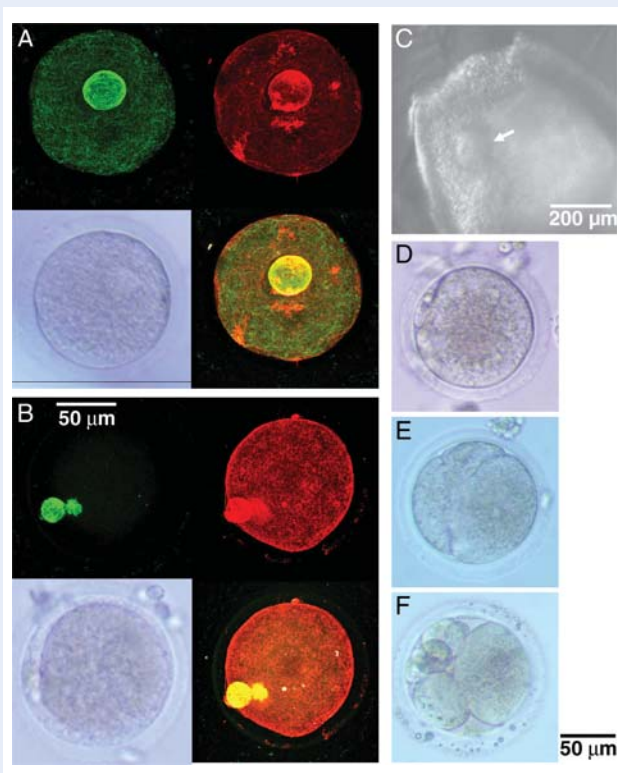
Compared with the typical culture condition of 20% O<sub>2</sub>, the lower O<sub>2</sub> tension at 5% and fetuin supported higher follicle survival in the presence of high FSH, increased the rate of antrum formation and promoted the growth of slow-grow follicles after antrum formation when cultured with low FSH. Investigators using caprine pre-antral follicles cultured with 5% O<sub>2</sub> reported an increased percentage of antrum formation relative to 20% (Silva et al., 2010). The current results are also consistent with observations from ovine pre-antral follicle culture, where low O<sub>2</sub> concentration (5%) stimulated follicle growth with a high proportion of them developing an antral cavity and a healthy cumulus–oocyte complex (Ceccconi et al., 1999). It is hypothesized that the ovarian follicle, in a low-oxygen environment, is often challenged by hypoxia (Redding et al., 2008), and that antrum formation provides a way to support further growth by avoiding hypoxia in the follicle wall (Redding et al., 2007). We have not tested the effects of lower O<sub>2</sub> tensions (hypoxic) on cultured follicles in our system. It is noteworthy that the percentage of growing follicles in 20% O<sub>2</sub> culture in the current study is lower than that of the same culture media in our previous report (Xu et al., 2010). This may be due to the animal variation from different reproductive seasons. The current study also indicates that more healthy oocytes are retrieved from the follicles cultured at 5% than at 20% O<sub>2</sub>. It is well established that high O<sub>2</sub> tension is associated with higher levels of reactive oxygen species, and oxidative stress plays a role in cytotoxic activity (Evans et al., 2004). As such, low O<sub>2</sub> tension (5%), compared with 20%, reduced cumulus cell apoptosis in canine cumulus–oocyte complexes during culture (Silva et al., 2009). Finally, the current results in macaques indicated that 5% O<sub>2</sub> promoted AMH production after antrum

**Table 1** Characteristics of oocytes retrieved from antral follicles on Day 40 of encapsulated 3D culture with 5% O<sub>2</sub> (34 h after addition of rhCG).

Culture condition	Number (n) of			Healthy oocytes		Diameter (μm)*	
	Follicles harvested	Oocytes retrieved	Degenerate oocytes	GV-intact	MII stage	GV-intact oocytes	MI I oocytes
High FSH + fetuin	25	20	8	11	1	94 ± 6 <sup>a</sup>	110
High FSH	5	3	3	0	0		
Low FSH + fetuin	9	7	4	3	0	95 ± 8 <sup>a,b</sup>	
Low FSH	8	5	1	3	1	103 ± 2 <sup>b</sup>	112

\*Values are the mean ± SEM with each oocyte diameter as an individual data point.

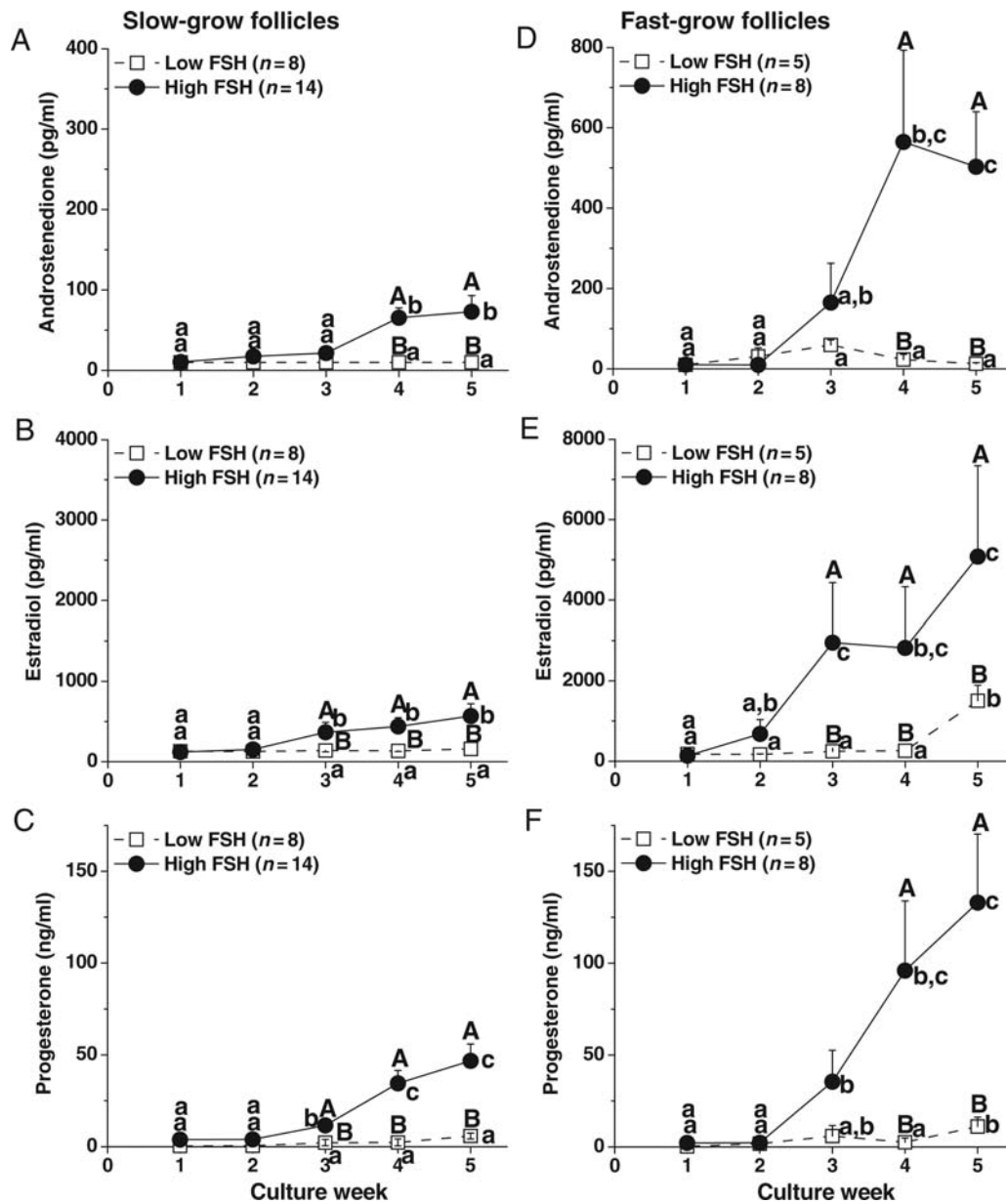
<sup>a,b</sup>Different letters indicate significant differences within the column ( $P < 0.05$ ).



**Figure 4** GV-intact (A, bottom left) and MII (B, bottom left) oocytes at retrieval with corresponding confocal microscopy images (A, B), and pictures of the cumulus–oocyte complex (arrow) in a fast-grow follicle (C) and retrieved MII oocyte prior to (D) and after (Day 1, E; Day 3, F) insemination using ICSI. The GV oocyte contains a perinucleolar ring (A) and the MII oocyte shows first polar body adjacent to spindle (B). Green tubulin (A and B, top left) and red F-actin (A and B, top right) staining were overlapped on bottom right of (A) and (B). The fertilized MII oocyte cleaved to two cells (E) and arrested with uneven cleavage (F). Scale bar = 50 μm for oocytes and 200 μm for follicle.

formation. This is the first evidence that AMH, like other potential growth factors (e.g. vascular endothelial growth factor; Shweiki *et al.*, 1992), is regulated by O<sub>2</sub>. On the basis of evidence from human (Weenen *et al.*, 2004), non-human primate (Thomas *et al.*, 2007) and rodent (Salmon *et al.*, 2004) ovaries, AMH production by follicles cultured at 5% O<sub>2</sub> after antrum formation may originate from mural or cumulus cells. Thus, a physiological level of O<sub>2</sub> (5%) is beneficial for macaque follicle survival, growth and function, as well as oocyte quality, during encapsulated 3D culture.

The addition of FSH produced dose-dependent effects that are different for follicle survival and growth. In the presence of fetuin at 5% O<sub>2</sub>, follicles cultured with high FSH had a higher survival rate than those of low FSH. In contrast, most of the follicles cultured with low FSH died within 2 weeks, which extends our previous conclusion (Xu *et al.*, 2010) that primate pre-antral follicle survival is FSH-dependent *in vitro*. However, after antrum formation, low FSH seems to further promote growth of slow-grow follicles compared with high FSH at 5% O<sub>2</sub>. Moreover, oocytes achieved larger diameters (>100 μm) when follicles were cultured with low FSH. High FSH negatively impacted pre-antral follicle development in mice (Kreeger *et al.*, 2005). Prolonged high FSH exposure may disturb oocyte control of granulosa cell proliferation and differentiation, as well as cumulus cell function, during primate follicle growth *in vitro*. FSH increases steroid production of cultured follicles after antrum formation (Xu *et al.*, 2010), presumably by acting on FSH receptors on granulosa cells. In the current study, high FSH markedly increased the levels of A4, E2 and P4, whereas E2 and P4 levels only modestly rose in the cultures with low FSH. The E2-to-P4 ratio at week 5 is higher in low, relative to high, FSH cultured follicles. Thus, high FSH may cause premature differentiation of granulosa cells which undergo luteinization to generate high levels of P4, which also serves as substrate for A4 and E2. The results provide the first evidence that high FSH also promoted AMH production by growing follicles. In rodents, AMH decreases the responsiveness of growing follicles to FSH stimulation (Durlinger *et al.*, 2001). The factors that regulate AMH expression in primate follicles remain unclear, but oocyte-granulosa cell co-culture experiments determined that AMH



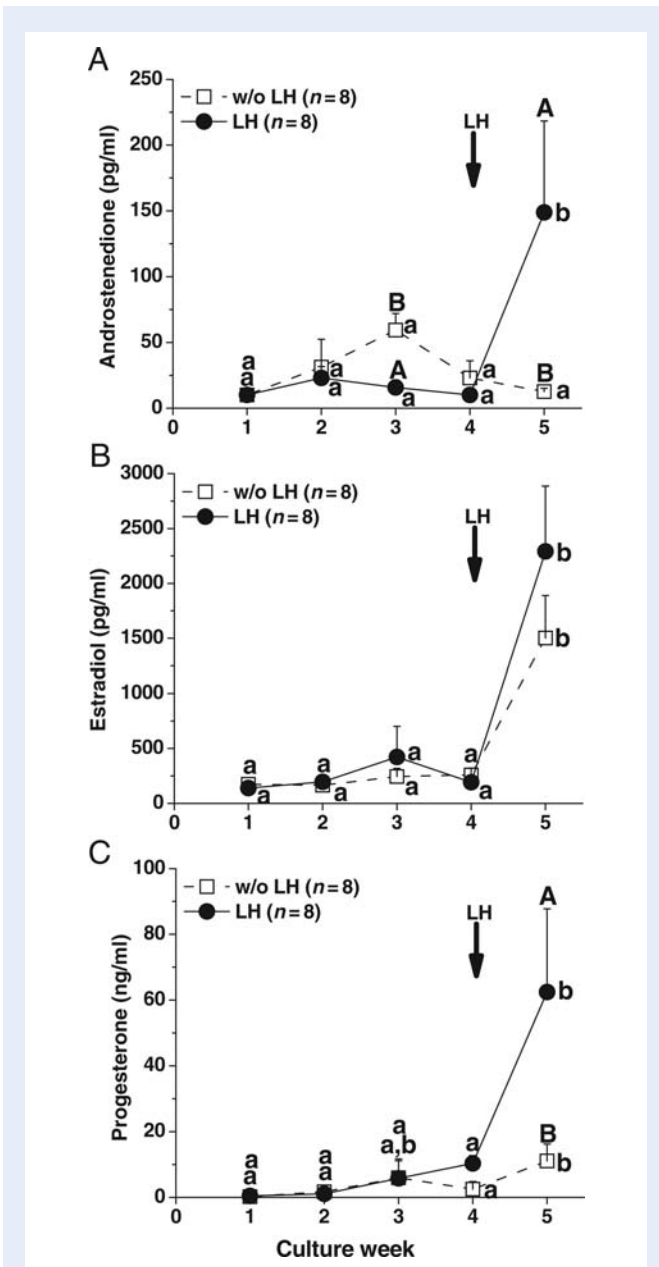
**Figure 5** Dose–response of FSH on steroid production by slow- (A–C) and fast- (D–F) grow follicles *in vitro*. Androstenedione (A and D), estradiol (B and E) and progesterone (C and F) levels in media containing either low- or high-dose FSH at 5% O<sub>2</sub>, without LH supplementation at Day 30. Significant differences over time (lowercase) or between the FSH dosage groups (uppercase) are indicated by different letters ( $P < 0.05$ ). Data are presented as the mean  $\pm$  SEM. *n*, number of follicles.

mRNA expression within granulosa cells of mouse pre-antral follicles is regulated by signals from the oocyte (Salmon et al., 2004). Thus, high levels of AMH may be induced by oocyte-derived factors to reduce the negative effects caused by high FSH.

For the first time, MII-stage oocytes were retrieved from primate antral follicles, following growth from pre-antral follicles under chemically defined conditions. Nevertheless, most of the healthy oocytes obtained after the rhCG stimulus remained at the GV stage, and the MII oocyte that was fertilized only reached the 2-cell stage before embryonic development arrested. While insulin had deleterious effects on oocyte development in mouse follicle culture (Eppig et al.,

1998), lowering insulin concentration in our 3D culture system did not improve oocyte quality in macaques (Xu et al., 2010). In rhesus monkeys, the transition from maternal to embryonic genome occurs at the 6- to 8-cell stage (Schramm and Bavister, 1999). Therefore, the oocyte must contain the appropriate instructions, involving the expression of new protein-coding genes (Kocabas et al., 2006), to drive the first few divisions and the awakening of the embryonic genome. Further studies are warranted to improve cytoplasmic and nuclear maturation, as well as the developmental competence of embryos produced from oocytes retrieved from primate follicles after encapsulated 3D culture.





**Figure 6** LH effect on steroid production by slow-grow follicles. Androstenedione (A), estradiol (B) and progesterone (C) levels from slow-grow follicles during culture in media containing low FSH at 5% O<sub>2</sub>, without or with LH supplementation (arrow) at Day 30. Significant differences over time (lowercase) or between the LH treatment groups (uppercase) are indicated by different letters ( $P < 0.05$ ). Data are presented as the mean  $\pm$  SEM.  $n$ , number of follicles.

For the first time, a significant LH effect was observed on A4 and P4, but not on E2, production in slow-grow follicles cultured with low FSH. A moderate increase in steroid production by slow-grow follicles following LH addition was reported previously during primate follicle culture with high FSH (Xu *et al.*, 2010). According to the 2-cell, 2-gonadotrophin theory, LH-receptor signaling promotes A4 production from P4 by theca cells, which allows steroidogenic maturation of the follicles by providing substrate for E2 biosynthesis in granulosa cells (McNatty *et al.*, 1980). This LH responsiveness suggests the presence

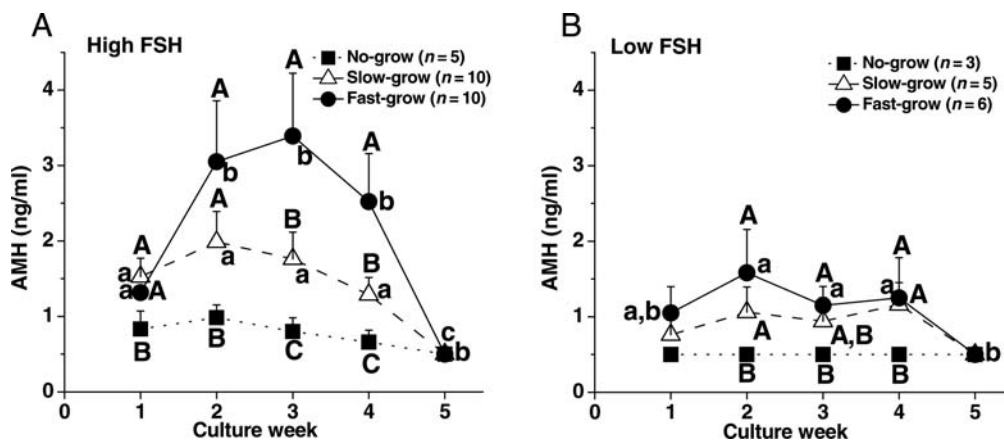
of theca cells in *in vitro* developed primate follicles, although this has not yet been conclusively demonstrated in our system. In low FSH cultured follicles, well-developed theca cells may be stimulated by LH to produce A4 and P4, while granulosa cells undergoing appropriate proliferation may utilize A4 and P4 efficiently to synthesize high levels of E2. It is also possible that healthy theca cells produce insulin-like growth factors (Brogan *et al.*, 2010) or other paracrine factors that can support steroidogenesis in granulosa cells independent of FSH stimulation. Steroid production by fast-grow follicles was not altered by LH addition, which extends our previous findings utilizing culture conditions with high FSH (Xu *et al.*, 2010). High steroid production prior to the LH addition may prevent further stimulation. While there is a dose-dependent effect of FSH, LH addition does not appear to impact AMH production by *in vitro* developed primate follicles.

Three groups of surviving follicles with different growth rates were observed in the current, as well as our previous, studies in macaques (Xu *et al.*, 2010). Also, AMH production *in vitro* by early pre-antral follicles correlated positively with growth rate as we reported previously (Xu *et al.*, 2010). AMH acts as a paracrine factor to modulate folliculogenesis in the early stages of mouse follicular development (Durlinger *et al.*, 2002). Thus, early AMH production may be a potential marker for predicting further development of pre-antral follicles with different growth rates during culture. Notably, all three MII oocytes were retrieved from fast-grow follicles. However, it is not known whether AMH production by early pre-antral follicles predicts the quality of the oocyte enclosed within a small antral follicle that develops during the encapsulated 3D culture.

In summary, under improved conditions, individual primate pre-antral follicles are able to grow *in vitro* and produce mature oocytes for fertilization. On the basis of the current data, the following conditions for primate follicle culture are being investigated: (i) medium (3 ng/ml) FSH for the first 3 weeks to support follicle survival, followed by low (0.3 ng/ml) FSH after antrum formation to promote follicle growth; (ii) low concentration (0.5 mg/ml) of fetuin to maintain alginate gel integrity without causing a negative effect on follicle development; and (iii) low O<sub>2</sub> tension at 5%. AMH may be a marker of follicle growth potential to screen for no-grow follicles at the early stage of culture. This encapsulated 3D culture system provides a way to understand the process and regulation of folliculogenesis in primates, including gene and protein expression, as well as metabolic pathways during follicular development. This information can be used to discover biomarkers that predict or report follicle and/or oocyte condition during IFM. The ultimate goal is to translate the experimental results to patients, thereby facilitating diagnostic and therapeutic approaches for ovarian preservation, and hence female fertility.

## Authors' roles

J.X. provided contributions to (i) experimental design, (ii) follicle collection, culture and oocyte retrieval, (iii) follicle growth recording and diameter measurement, (iv) data analysis and interpretation on follicle development, oocyte maturation, steroid and AMH production, (v) manuscript drafting and critical revising and (vi) final approval of the version to be submitted for publication. M.S.L. contributed to (i) experimental design, (ii) animal health and reproduction record, (iii) follicle collection and culture, (iv) critical revising on the manuscript and (v) final approval of the version to be submitted for



**Figure 7** AMH concentrations from no-, slow- and fast-grow follicles during culture in media containing high (A) or low (B) FSH at 5% O<sub>2</sub>, without LH supplementation at Day 30. Significant differences over time (lowercase) or among the follicle categories (uppercase) are indicated by different letters ( $P < 0.05$ ). Data are presented as the mean  $\pm$  SEM.  $n$ , number of follicles.

publication. R.R.Y. contributed to (i) experimental design, (ii) follicle collection and culture, (iii) critical revising on the manuscript and (iv) final approval of the version to be submitted for publication. K.Y.P. contributed to (i) experimental design, (ii) steroids and AMH assays, (iii) critical revising on the manuscript and (iv) final approval of the version to be submitted for publication. S.L.B. contributed to (i) experimental design, (ii) immunofluorescence imaging and data interpretation, (iii) critical revising on the manuscript and (iv) final approval of the version to be submitted for publication. M.B.Z. provided contributions to (i) conception and design of the experiments, (ii) follicle collection and oocyte retrieval, (iii) data interpretation on follicle development, oocyte maturation, steroid and AMH production, (iv) critical manuscript revising for important intellectual content and (v) final approval of the version to be submitted for publication. R.L.S. provided contributions to (i) conception and design of the experiments, (ii) data interpretation on follicle development, oocyte maturation, steroid and AMH production, (iii) critical manuscript revising for important intellectual content and (iv) final approval of the version to be submitted for publication.

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