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Transforming Growth Factor- β Signaling Pathway Activation in Keratoconus

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Abstract

PURPOSE—To assess the presence of transforming growth factor- β (TGF β) pathway markers in the epithelium of keratoconus patient corneas.

DESIGN—Retrospective, comparative case series of laboratory specimens.

METHODS—Immunohistochemistry results for TGF β 2, total TGF β , mothers against decapentaplegic homolog (Smad) 2, and phosphorylated Smad2 was performed on formalin-fixed, paraffin-embedded sections of keratoconus patient corneas and normal corneas from human autopsy eyes. Keratoconus patient corneas were divided in two groups, depending on their severity based on keratometer readings and pachymetry. Autopsy controls were age-matched with the keratoconus cases. Immunohistochemistry signal quantification was performed using automated software. Real-time reverse-transcriptase polymerase chain reaction was performed on total ribonucleic acid of epithelium of keratoconus patient corneas and autopsy control corneas.

RESULTS—Immunohistochemistry quantification showed a significant increase in mean signal in the group of severe keratoconus cases compared with normal corneas for TGF β 2 and phosphorylated Smad2 ($P < .05$). Immunohistochemistry analysis using antibodies against total TGF β and Smad2 did not show any significant increase in the keratoconus cases versus the autopsy controls. Reverse-transcriptase polymerase chain reaction exhibited elevated messenger ribonucleic acid levels of Smad2 and TGF β 2 in severe keratoconus corneal epithelium.

CONCLUSIONS—This work shows increased TGF β pathway markers in severe keratoconus cases and provides the rationale for investigating TGF β signaling further in the pathophysiology of keratoconus.

Keratoconus is a bilateral progressive corneal disease, leading to thinning, scarring, and protrusion of the central cornea.¹ The origin and the pathogenesis of this disorder are not well understood. Although most often an isolated disease, it has been associated with several accompanying factors such as Down syndrome, contact lens wear, connective tissue disease, atopy, and eye rubbing, and it can occur in a familial setting. Keratoconus most likely is caused by multiple genes and may result from complex interactions between genes and environmental factors.² Therapeutic measures focus first on the correction of refractive errors. Although preliminary results on riboflavin/ultraviolet-A-induced collagen-crosslinking suggest a favorable outcome, in the advanced stages, corneal transplantation is still the most effective treatment to date.^{3,4} Keratoconus in fact is the most common

indication for keratoplasty.⁵ Gaining more insight into the mechanisms of keratoconus to find ways to prevent disease progression or to discover new treatment options therefore would be an important accomplishment.

Histologically, in the course of the disease, breaks in Bowman membrane and subepithelial scarring can be observed. Furthermore, the affected areas have marked alterations in the components of the extracellular matrix and show apoptotic cells, which, along with the thinning of the corneal stroma, suggest an increased activation of degrading enzymes and cell death resulting from oxidative stress.⁶ However, the exact mechanisms of the tissue breakdown remain unclear.

The signaling pathway of transforming growth factor- β (TGF β) is a complex, multibranching signal transduction cascade that may modulate ECM alterations in keratoconus. TGF β , with its 3 isoforms, TGF β 1, TGF β 2, and TGF β 3, is only one of numerous ligands of the TGF β superfamily that bind to the TGF β receptors that exist in 3 different isoforms. Binding of ligands to the TGF β 2 receptor, which has an intrinsic serin/threonine kinase activity, leads to recruitment and phosphorylation of the TGF β 1 receptor, which subsequently phosphorylates the mothers against decapentaplegic homolog (Smad) 2 and Smad3 proteins intracellularly. The Smad proteins are homologs of the *Drosophila* protein mothers against deca-pentaplegic and the *C. elegans* protein SMA. Phosphorylated Smad2 (pSmad2) forms a complex with the mediator Smad4 and is translocated into the nucleus, where it acts as a transcription factor for multiple TGF β -dependent genes. Smad2 and Smad3 can be activated as well by non-TGF β growth factors, which are capable of activating mitogen-activated protein kinases. These multiple growth factors include fibroblast growth factor, insulin-like growth factor-1, hepatocyte growth factor, and endothelial growth factor. Many of the cellular effects of the TGF β pathway have in common their involvement in the restoration of normal tissue after injury by induction of both extracellular matrix and matrix-degrading enzymes.⁷⁻¹³ The involvement of the TGF β pathway in the modulation and production of extracellular matrix suggests involvement in the pathogenesis of keratoconus, either in a causative role or a secondary repair response leading to structural changes in keratoconus. However, previous reports linking the TGF β pathway with the pathogenesis of keratoconus have been inconclusive. Although Maier and associates found TGF β 2 levels to be elevated in the aqueous humor in keratoconus cases, immunofluorescence studies on TGF β 2 in patients with keratoconus did not show an increase in staining as compared with normal controls.^{14,15} This work attempts to elucidate the role of the TGF β signaling pathway in keratoconus by focusing on the extracellular receptor ligands TGF β and its isoforms, as well as the intracellular activation of Smad2, by immunohistochemistry and reverse-transcriptase polymerase chain reaction (RT-PCR) of keratoconus epithelium.

METHODS

PATIENTS AND CONTROLS

The clinical diagnosis of keratoconus was made by fellowship-trained corneal specialists. Diagnosis of keratoconus was based on corneal topography along with the presence of standard clinical signs. Cases for immunohistochemistry experiments were divided in two groups depending on disease severity. Severe cases were regarded as those with mean keratometry readings $K \geq 50$ diopters (D) or a pachymetry reading of ≤ 400 μm , and mild cases were categorized as those with both $K < 50$ D and a pachymetry reading of > 400 μm . If both readings were not available, cases were classified on available data. Keratometry readings were obtained using the Pentacam (Oculus, Wetzlar, Germany) or Orbscan II (Bausch & Lomb, Rochester, New York, USA) devices, pachymetry was obtained using ultrasound (DGH Technologies, Exton, Pennsylvania, USA). Corneas from autopsy cases with no history of corneal disease served as controls. Patient and control characteristics are

summarized in Table 1 (immunohistochemistry) and Table 2 (RT-PCR). No patients in this study were wearing contact lenses at the time of keratoplasty.

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All patient corneas had been diagnosed previously with keratoconus as described above, and these diagnoses were confirmed further by microscopic analysis. All control corneas had been assessed as unremarkable by an ophthalmic pathologist (C.G.E.) in the Wilmer Eye Pathology Laboratory. A total of 7 patients with severe keratoconus and 6 patients with mild keratoconus were evaluated (Table 1). Autopsy corneas were from individuals with an average age of 43 ± 6 years (mean \pm standard deviation), and specimens from patients with keratoconus were from individuals with an average age of 37 ± 18 years ($P > .05$, compared with autopsy corneas). The mean age of the patients with severe keratoconus was 43 ± 22 years, and the mean age of the patients with mild keratoconus was 31 ± 10 years ($P > .05$, compared with severe cases). Mean pachymetry of patients with severe cases was 371 ± 59 μm , and that of patients with mild cases was 519 ± 83 μm ($P < .05$, compared with severe cases). Mean keratometry of severe keratoconus cases was 61 ± 15 D, and that of mild cases was 42 ± 1 D ($P > .05$, compared with severe cases).

Normal autopsy eyes and cornea specimens of patients with keratoconus were formalin fixed and paraffin embedded by the Johns Hopkins Pathology Laboratory. Unstained sections (5 μm) were deparaffinized and processed for immunohistochemistry using Elite ABC Peroxidase Kit (Vector Labs, Burlingame, California, USA) following the manufacturer's instructions. Heat-induced epitope retrieval was performed in a buffer solution containing 10 mM Tris, 1 mM edetic acid, and 0.05% Tween 20 (Sigma-Aldrich Co, St Louis, Missouri, USA), pH 9.0. Sections were stained with diaminobenzidine substrate (Vector Labs) with addition of nickel solution and were counterstained with Mayer hematoxylin solution (Sigma-Aldrich Co.). Negative control slides using no primary antibody and nonspecific, species-matched, and isotype-matched antibodies were included. Antibodies (dilutions in brackets) included: mouse monoclonal anti-Smad2 (1/200; Santa Cruz Biotechnology, Santa Cruz, California, USA), rabbit-polyclonal anti-phos-pho-Smad2 (1/200; Millipore, Billerica, Massachusetts, USA), rabbit polyclonal anti-TGF β (1/100; Abcam, Inc, Cambridge, Massachusetts, USA), mouse monoclonal anti-TGF β 2 (1/1000), normal rabbit immunoglobulin (Ig) G (1/50), normal mouse IgG (1/50; all from Santa Cruz Bio-technology), biotinylated anti-mouse IgG (1/200), and biotinylated anti-rabbit IgG (1/200; both from Vector Labs).

IMAGE ACQUISITION AND PROCESSING

Light microscopy images were obtained using an Olympus IMT-2 microscope (Olympus, Center Valley, Pennsylvania, USA) coupled to a ProgRes C5 digital camera system (Jenoptik, Jena, Germany). Images at $\times 200$ magnification were used. For assessment of immunohistochemistry staining, a random field with intact epithelium from the central cornea was located at low magnification and was magnified to $\times 200$. Subsequently, two directly adjacent fields with intact epithelium were imaged on either side of the original field. All three fields were used for evaluation of each patient or control.

IMMUNOHISTOCHEMISTRY QUANTIFICATION

Quantitative assessment of immunohistochemistry staining was performed using FRIDA Software (FRamework for Image Dataset Analysis, The Johns Hopkins University, <http://bui2.win.ad.jhu.edu/frida/>).¹⁶ This software provides a pixel color threshold mask as well as a freehand mask to mark regions of interest. A range of positive immunohistochemistry color signal is specified, and the software subsequently quantifies all pixels with the selected range of colors within an area of interest. Three adjacent fields of

the corneal epithelium of a single immunohistochemistry-stained section were chosen as the region of interest for each individual patient or control. The same pixel color mask was applied to all samples being analyzed for a given antibody marker.

REVERSE-TRANSCRIPTASE POLYMERASE CHAIN REACTION

Total ribonucleic acid was prepared for real-time RT-PCR from epithelium of corneas from patients with keratoconus and autopsy control corneas (Table 2). A commercially available kit was used to isolate total ribonucleic acid (RNeasy Mini Kit; Qiagen, Valencia, California, USA). Real-time RT-PCR for Smad2, TGF β 2, Vimentin, matrix metalloproteinase 9 (MMP9), and β -actin (housekeeping gene serving as positive control; all primers from IDT, Coralville, Iowa, USA) was performed on a thermal cycler (LightCycler; Roche, Mannheim, Germany). Experiments were performed twice, and in each experiment, all genes was tested in triplicate. Primers for all genes spanned introns to distinguish amplification of genomic deoxyribonucleic acid (DNA). Primer sequences were as follows: β -actin: sense primer, 5'-ccaaccgagaa-gatga-3'; antisense primer, 5'-ccagaggctacaggatag-3'. The expected product length was 97 base pairs. Primer sequences for TGF β 2 were as follows: sense primer, 5'-ccaagggtacaatgccaac-3'; antisense primer, 5'-cagat-gcttctggattatgtatt-3'. The expected product length was 114 base pairs. Primer sequences for Smad2 were as follows: sense primer, 5'-aggccttacagcttctctgaa-3'; antisense primer, 5'-gtggcaatccttttcgatg-3'. The expected product length was 77 base pairs. Primer sequences for Vimentin were as follows: sense primer, 5'-tacaggaagct-gctggaagg-3'; antisense primer, 5'-accagaggagtgaatc-cag-3'. The expected product length was 104 base pairs. Primer sequences for MMP9 were as follows: sense primer, 5'-gaaccaatctaccgacagg-3'; antisense primer, 5'-gccaccgagtgaaccata-3'. The expected product length was 67 base pairs. PCR was performed for 45 cycles using commercially available reagents and protocols (TaqMan Master Mix, hydrolysis probes; Roche). PCR steps were as follows: 1 cycle of 10 minutes at 95 C followed by 45 cycles of 10 seconds at 95 C, 40 seconds at 50 C, 1 second at 72 C, and 1 cycle of 40 seconds at 40 C. For quantification, the delta-delta method ($2^{-\Delta\Delta CT}$) was used.¹⁷ Samples were electrophoresed in 1.5% agarose gels containing ethidium bromide and were photographed using standard methods.

STATISTICAL ANALYSIS

P values were calculated using the nonparametric Mann–Whitney U test (InStat; GraphPad software, San Diego, California, USA). *P* values less than .05 were considered statistically significant.

RESULTS

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Immunohistochemistry quantification for TGF β 2 in severe keratoconus corneal epithelium demonstrated a 1.6-fold increase in signal compared with normal autopsy corneal epithelium (47 761 \pm 47 378 [range, 5760 to 165 406] vs 29 376 \pm 36 392 [range, 1004 to 111 889], mean \pm standard deviation; *P* < .05; Figure 1A). Mild cases showed a statistically insignificant decrease compared with normal controls (20 650 \pm 33 658 [range, 162 to 117 699] vs 29 376 \pm 36 392; *P* > .05). Immunohistochemistry quantification for pSmad2 in severe keratoconus corneal epithelium demonstrated a 1.5-fold increase in signal compared with normal autopsy corneal epithelium (57 516 \pm 51 910 [range, 5124 to 191 577] vs 37 163 \pm 45 606 [range, 1132 to 142 866], mean \pm standard deviation; *P* < .05; Figure 1B). Mild cases showed a statistically insignificant decrease compared with normal controls (16 126 \pm 25 418 [range, 584 to 103 145] vs 37 163 \pm 45 606; *P* > .05). Higher magnification (\times 400) showed specifically strong staining signal intranuclearly and perinuclearly,

predominantly in the basal and suprabasal cell layers (Figure 2). The antibody against all isoforms of TGF β (TGF β 1, TGF β 2, TGF β 3) demonstrated a statistically insignificant 2.3-fold increase in signal in severe keratoconus corneal epithelium compared with normal corneal epithelium (755 ± 1445 [range, 0 to 5911] vs 328 ± 220 [range, 25 to 804]; $P > .05$; Figure 1C).

Immunohistochemistry quantification for unphosphorylated Smad2 did not show an increase in the mild nor the severe keratoconus cases compared with the autopsy controls (results not shown). Negative control staining of severe keratoconus cases with no primary antibody or normal rabbit IgG as primary antibody showed 8.8-fold and 7.9-fold decreases in signal compared with anti-pSmad2 primary antibody (6532 ± 3825 [range, 1394 to 13,475] vs $57\,516 \pm 51\,910$ [range, 5124 to 191\,577] and 7240 ± 9695 [range, 1650 to 36\,917] vs $57\,516 \pm 51\,910$, respectively; $P < .01$ for both comparisons). Negative control staining with no primary antibody or normal mouse IgG as primary antibody showed 11.6-fold and 8.6-fold decreases in signal compared with TGF β 2 (4122 ± 4251 [range, 372 to 17\,306] vs $47\,761 \pm 47\,378$ [range, 5760 to 165\,406], and 5539 ± 7798 [range, 0 to 32\,653] vs $47\,761 \pm 47\,378$, respectively; $P < 0.01$ for both comparisons).

REAL-TIME POLYMERASE CHAIN REACTION

A total of 5 patients with severe keratoconus with an average age of 36 ± 15 years (mean \pm standard deviation) and 4 autopsy corneas from individuals with an average age of 55 ± 23 ($P > .05$, compared with keratoconus cases) were evaluated. Real-time PCR showed an increase of expression of Smad2 (1.9-fold; range, 1.4 to 2.3) and TGF β 2 (1.3-fold; range, 0.9 to 1.6) in keratoconus complimentary DNA (cDNA) compared with controls. Vimentin showed a decrease in gene expression (0.19-fold) in keratoconus cDNA. MMP9 gene expression was not detected in RT-PCR. Products of TGF β 2 and Smad2 of RT-PCR were run on an agarose gel, which exhibited stronger bands for both genes in the severe keratoconus cDNA as compared with the control cDNA (results not shown).

DISCUSSION

The present study shows an increase of tgfb2 and pSmad2 signal in the epithelium of severe keratoconus cases. The increase in the immunohistochemistry experiments is confirmed by elevated expression of TGF β 2 by RT-PCR. The increase in unphosphorylated Smad2 detected in RT-PCR could not be found in immunohistochemistry results, possibly because of the higher sensitivity of RT-PCR versus immunohistochemistry. The detected increase of both TGF β 2 by immunohistochemistry and RT-PCR and intracellular un-phosphorylated (RT-PCR) and phosphorylated Smad2 (immunohistochemistry) suggests activation of the TGF β pathway in the epithelium of keratoconus corneas.

Interestingly, the nonspecific antibody of TGF β , which was used in immunohistochemistry experiments, did not show a significant increase in signal, suggesting a less important role of the isoforms TGF β 1 and TGF β 3 compared with that of TGF β 2. Although being structurally and functionally similar, the 3 TGF β isoforms differ significantly in terms of potency, receptor affinity, and expression pattern.^{9,18,19} TGF β 1 is known to be as well involved in corneal fibrosis and scar formation,²⁰ yet TGF β 2 may play a prominent role in the anterior eye because it is the predominant cytokine in the aqueous humor.⁹ It is as well known that mouse embryos that lack TGF β 2 develop multiple ocular defects—in particular a thin cornea with a loss of corneal endothelium—whereas ocular development is normal in the absence of TGF β 1 or TGF β 3.²¹ Moreover, the concentration of TGF β 2 increases in various other ophthalmic diseases such as in proliferative vitreoretinopathy, diabetic retinopathy, and open-angle glaucoma. In each of these diseases, the pathogenic role of TGF β 2 lies presumably in the modulation of extracellular matrix expression.⁹ It would be a worthwhile

next step to correlate the positive staining results with studies on the concentration of TGF β 2 in the aqueous humor of keratoconus patients, as described by Maier and associates.¹⁴

It has been reported that Smad2 mediates expression of α -smooth muscle actin and MMP2.²² The presence of smooth muscle marker α -smooth muscle actin coincides with the fact that myofibroblasts are known to develop in scar tissue of corneas of patients with keratoconus.⁶ On the basis of the above, we performed RT-PCR for Vimentin, a marker of mesenchymal transformation (to detect myofibroblast formation), which, however, did not show an increase of expression.

Likewise, involvement of metalloproteinases in keratoconus is suggested by the disruption of Bowman and Descemet membranes.^{23–25} Zymography studies describe an upregulation of MMP2 levels and downregulation of tissue inhibitor of metalloproteinases-1 in clear keratoconic corneas.²⁶ Whether this increase of proteinase activity is triggered by the TGF β pathway or initiated by a different cytokine such as interleukin-1 or tumor necrosis factor- α requires further investigation.^{27–29} MMP9, which exerts along with MMP2 a key role in extracellular matrix remodeling, did not show an increase in the RT-PCR experiments. With regard to the literature, the previously described increase of MMP9 in keratoconus therefore may be limited exclusively to an increase in the tear fluid.^{24,29–31}

To elucidate further the involvement of the TGF β pathway, it may be rewarding to study the effects of its blockage (for instance, by use of TGF β receptor kinase inhibitors or by angiotensin pathway blockade) on Bowman membrane integrity, scar formation, and other markers of keratoconus progression.³² The fact that angiotensin pathway antagonists are widely used in patients with hypertension could facilitate future research on TGF β blockage, including possible prospective or retrospective studies on patients with keratoconus under angiotensin pathway antagonist treatment. In summary, current knowledge and the present study suggest that keratoconus pathogenesis could be related to activation of the TGF β pathway; however, its causative involvement warrants further investigation.

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Biographies



Albert S. Jun, MD, PhD, is an Associate Professor of Ophthalmology at the Wilmer Eye Institute, Johns Hopkins School of Medicine, Baltimore, Maryland. His clinical and research interests include Fuchs dystrophy and endothelial keratoplasty. Dr. Jun completed residency at the Wilmer Institute and cornea fellowship at Moorfields Eye Hospital. His professional

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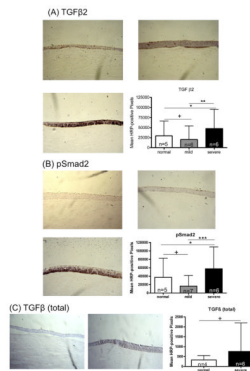


FIGURE 1.

Immunohistochemistry for transforming growth factor- β (TGF β) signaling pathway markers. TGF β 2, pSmad2, and TGF β (total) were assessed in normal human corneas and corneas with keratoconus. Horseradish peroxidase (HRP)-positive signal was quantified as described in Methods. Error bars indicate standard deviation. * $P < .05$; ** $P < .01$; *** $P < .001$; + $P \geq .05$; Mann–Whitney U test. Original magnification $\times 200$. (A and B): Immunohistochemistry for TGF β signaling pathway markers (TGF β 2 and phosphorylated Smad2 [pSmad2]) in (Top left) normal human corneas and (Top right) in patients with mild and (Bottom left) severe keratoconus. (Bottom right) Signal quantification. (C): Immunohistochemistry results for TGF β (total) in (Left) normal human corneas and (Middle) patients with severe keratoconus. (Right) Signal quantification.

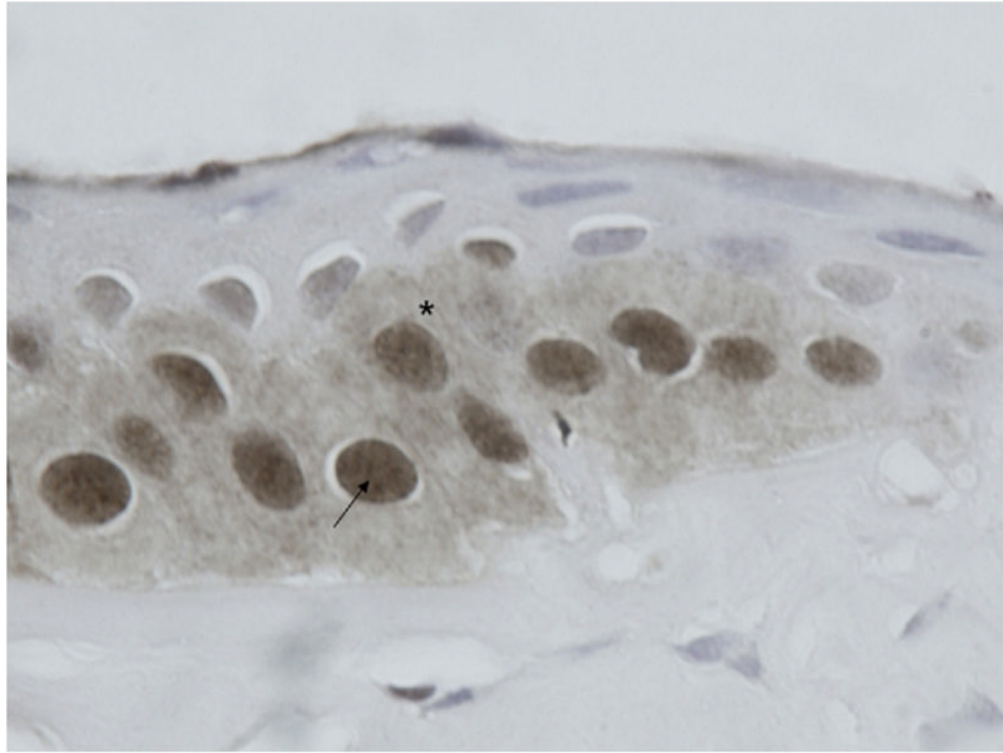


FIGURE 2. Photomicrograph showing immunohistochemistry results for phosphorylated Smad2 (pSmad2). Enlarged detail of keratoconus epithelium ($\times 400$ magnification) stained for pSmad2, showing a (*) perinuclear and (arrow) nuclear staining pattern.

TABLE 1
Autopsy Control and Keratoconus Patient Demographic Data for Immunohistochemistry Results

Autopsy Patient Data					
Age (yrs)	Gender	Corneal Status	Cause of Death	Death to Preservation Time (hrs)	
46	Male	Normal	Multiple organ failure	19	
40	Male	Normal	Non-Hodgkin lymphoma	21	
48	female	Normal	Multiple organ failure	6	
33	female	Normal	Acquired immunodeficiency syndrome	13	
48	Male	Normal	Lung failure	22	
43				16	
6				7	
Mean					
SD					

Keratoconus Patient Data					
Age (yrs)	Gender	Diagnosis	Keratometry (D)	Pachymetry (μ m)	Severity
25	Male	Keratoconus	44	624	Mild
35	Female	Keratoconus	Unknown	443	Mild
27	Female	Keratoconus	43	Unknown	Mild
39	Female	Keratoconus	Unknown	427	Mild
42	Female	Keratoconus	Unknown	565	Mild
16	Male	Keratoconus	42	538	Mild
31			43	519	
10			1	83	
54	Female	Keratoconus	63	321	Severe
28	Male	Keratoconus	41	380	Severe
68	Female	Keratoconus	63	420	Severe
35	Female	Keratoconus	56	445	Severe
17	Male	Keratoconus	Unknown	400	Severe
26	Female	Keratoconus	51	275	Severe
75	Male	Keratoconus	89	359	Severe
43			61	371	
22			15	59	
Mean					
SD					

D = diopters; hrs = hours; SD = standard deviation; yrs = years.

TABLE 2

Autopsy Control and Keratoconus Patient Demographic Data for Quantitative Reverse-Transcriptase Polymerase Chain Reaction

Autopsy Patient Data					
Age (yrs)	Gender	Corneal Status	Cause of Death	Death to Preservation Time (hrs)	
50	Male	Normal	Hypertrophic cardiomyopathy	26	
29	Female	Normal	Metastatic gall bladder carcinoma	15	
84	Male	Normal	Coronary artery disease	36	
58	Female	Normal	Metastatic gastric carcinoma	10	
Mean				22	
SD				12	

Keratoconus Patient Data					
Age (yrs)	Gender	Diagnosis	Keratometry (D)	Pachymetry (μ m)	Severity
26	Male	Keratoconus	65	411	Severe
46	Female	Keratoconus	70	277	Severe
26	Female	Keratoconus	63	370	Severe
58	Female	Keratoconus	65	323	Severe
23	Male	Keratoconus	64	381	Severe
36			65	352	
Mean					
SD			3	53	

D = diopters; SD = standard deviation.