

Male microchimerism in peripheral blood leukocytes from women with multiple sclerosis

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Background: Fetal microchimerism (F-MC), the persistence of fetal cells in the mother, is frequently encountered following pregnancy. The high prevalence of F-MC in autoimmune disease prompts consideration of the role for immune tolerance and regulation. This study examines the association between F-MC and multiple sclerosis (MS), an autoimmune disorder, of undetermined etiology.

Results: 21 out of 51 MS-positive subjects (41%) were classified as positive for F-MC; 4 of 22 (18%) of MS-negative sibling controls, were also positive for MC ($p = 0.066$). Unanticipated F-MC in controls lead to re-evaluation using 30 female singleton cord blood units (CBUs) as a biological control. Four CBUs were low-level positive.

Study Design and Methods: Seventy-three female subjects were assigned to three groups according to disease status and pregnancy history: (1) MS positive (+) women with a history of one male pregnancy before symptom onset ($n = 27$); (2) MS negative (-) female siblings of MS⁺ women with a history of one male pregnancy ($n = 22$); and (3) MS⁺ women that reported never having been pregnant ($n = 24$). Ten micrograms of genomic DNA obtained from peripheral blood leukocytes of each subject were analyzed for F-MC using allele-specific real-time PCR targeting the SR-Y sequence on the Y-chromosome. MC classification was dichotomous (positive vs. negative) based on PCR results.

Conclusion: The association between F-MC and MS warrants further study to define this relationship. F-MC in women self-reporting as nulligravid, supports previous findings that a significant proportion of pregnancies go undetected. This lead to re-validation of a Y-chromosome based assay for F-MC detection.

Introduction

Multiple Sclerosis (MS) is a progressive degenerative neurologic disease, characterized by chronic, inflammatory demyelination and axonal damage.¹ Despite 150 years of investigation, the precise etiology of MS still remains largely unknown.² Although widely regarded as an autoimmune disease, there still remains a divergence of opinion that challenges the role of central dysregulation in disease pathogenesis.³ A diverse array of associations has been described; this may allude to a phenotypically similar group of diseases rather than a single, distinct entity. Immune dysregulation appears to be central to MS as evidenced by antibodies and autoreactive T cells against components of the myelin sheath; there is also shared pathology with experimental autoimmune encephalitis and a downstream clinical response to immunomodulatory therapy.^{4,5} Host genetics have a strong contribution with defined linkage to the major histocompatibility complex (MHC).¹ Finally, the contribution of an environmental trigger has yet to be definitively excluded as a means of either initiating or maintaining disease progression.

Within this complex interplay the phenomenon of leukocyte chimerism has further been hypothesized to harbor a role, both broadly in autoimmune disease, as well as specifically in MS.⁶

Chimerism refers to the enduring co-existence of genetically disparate populations of cells within a single host. This phenomenon is well demonstrated in a number of clinical settings, notably pregnancy,⁷ twinning, transplantation⁶ and blood transfusion.^{8,9} Chimeric populations of allogeneic or non-self cells elude the host immune system and persist at low levels. Given that chimeric populations typically account for less than 5% of host cellular burden the term microchimerism (MC) is often used to describe this phenomenon. The clinical significance of MC is only beginning to be appreciated and extends to both adverse effect e.g., Graft versus host disease (GVHD), Autoimmune disease^{7,10,11} as well as the potential for therapeutic benefit e.g., Graft versus malignancy effect, adoptive immunotherapy, tissue regeneration and repair.¹²

MC has gained increasing attention through its plausible link to autoimmune disease. MC is well described in pregnancy through bidirectional trafficking of cells between mother and fetus, a proportion of which may persist following separation at delivery. An MC-linked autoimmune hypothesis builds on the notion that sustained occult populations of fetal cells, expressing paternal-derived “foreign” antigens, could be stimulating an alloimmune response, masquerading as an “autoimmune” disease. This hypothesis followed the observation of shared

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histopathological overlap between scleroderma, an autoimmune disease of, again, undetermined cause, with GVHD, a predictable adverse effect of chimerism in the setting of transplantation. This questions the existing paradigm of central immune dysregulation underlying autoimmune disease. The aim to understand whether MC indeed has a role in this complex process, forged the basis for our study to evaluate whether there is an association between MS and the presence of MC.

Results

The results of SRY MC assays are summarized in **Tables 2–4**. **Tables 2 and 3** present the initial results of two contingency table analyses for the prevalence of MC in the three groups. **Table 4** presents the summary findings following introduction of the CBU controls and presents the different rates of positivity between the groups. Among the 27 women in group 1 (MS with a history of male pregnancy), 10 (37.0%) had evidence of MC. Among the 24 women in group 3 (MS without known male pregnancy), 11 (45.8%) had male MC. Overall, of 51 women with MS, 21 (41.2%) had MC. Among 22 MS-negative siblings, 4 (18.2%) had male MC. All positive MC assays were near the lower limit of detection consistent with the presence of a single copy or small number of copies of target sequence. There was no occurrence of a positive amplification in any no-template control.

Cord blood results. Each of the 30 samples underwent 22 amplification cycles using the same protocol employed for the initial study subjects. Summarizing each individual's results as the number of positive results observed over all cycles provides an alternate outcome to the binary indicator of positivity summarized above. A Poisson regression model fitted to these results for all individuals, taking the indicator of membership in the four groups as the predictor variable provided estimates of the group-specific positivity rates as well as estimated relative rates comparing groups, taking the CBU group as the reference. Results (**Table 4**) indicate significantly higher rates in both groups of women with MS. Additional comparisons of the two MS groups with the MS- siblings revealed no significant differences.

Discussion

The association between fetal derived MC and later development of MS, as suggested by our findings, is consistent with other studies examining this relationship.¹³

Our results are also similar to those reported for scleroderma in which the presence of rare allogeneic cells has been documented.¹⁴ However, the levels of MC observed in our study exceed that of others,¹³ particularly in subjects that were reportedly nulliparous.^{15,16} We can only speculate that alternative methodologies and reporting strategies in part account for this difference. More specifically, this may be attributable to the higher levels of DNA analyzed in our study. Given the limited sample size, we are, however, reluctant to overstate this finding.

The data from our study are based on 1,500,000 inputs for each sample in which approximately 1–12 male allogeneic

microchimeric cells were detected in a positive subject. This is distinctly different from the comparatively robust levels of MC encountered in transfusion-associated MC in which the allogeneic, minor population may occupy as much as 1–4% of circulating host leukocyte burden. Sustained high-level MC following transfusion has been repeatedly described in subjects transfused following severe traumatic injury.^{17–19} The clinical significance of a quantitative difference between transfusion-associated MC and fetal associated MC is still not known.

Our study also draws attention to the deficiencies inherent to MC evaluation using Y-chromosome based platforms. This followed the unexpected finding in which a similar proportion of MS⁺ females displayed male MC independent of a known history of male pregnancy. Eleven of 24 (~46%) of MS⁺ females without known pregnancy tested positive for MC. Although counterintuitive, similar unexpected findings have been reported in other studies,^{15,16} albeit at lower levels than that encountered in our study. This underscores that self-reported negative pregnancy history may not definitively exclude a history of pregnancy: up to 30% of pregnancies end in early fetus loss with up to 14% being occult and clinically unrecognized.²⁰ It has further been suggested these early miscarriages may indeed convey greater risk to develop persistent fetal MC.²¹

Other sources of potential error were also addressed: spurious reporting and coding errors were primarily excluded upon audit of the results. PCR contamination, another necessary consideration, was deemed unlikely as both positive and negative controls were run in parallel with the assays. Furthermore, in the event that amplicon contamination occurs, it tends to be at a quantitatively higher level than that encountered in our study and is typically uniform across samples.²² One would not expect intermittent, exceedingly low-level contamination while still preserving the ability to discriminate between experimental groups such as MS and non-MS subjects as observed in the current study. Assay function and reliability is critical to MC analysis and our group has consequently studied different aspects of sample viability with concurrent PCR contamination in view of MC detection. The outlined results do not appear consistent with any known form of amplicon contamination.²³ We have also conducted extensive technical validation of MC PCR assay performance, which includes both rigorous spiking studies, as well as direct sequencing to definitively verify the identity of reaction products.^{24,25}

Although the unexpected findings were therefore postulated to be real, we employed a biological control in order to validate the results. Female neonatal cord bloods were used for this purpose, representing an ideal control having never been pregnant. Although still subject to trafficking of cells from the mother, maternal cells will elude capture by a Y-chromosome based assay. There does remain the rare possibility of an undetected or resorbed male twin contributing cells; this is, however, considered unlikely. There also remains the theoretical possibility of intergenerational chimerism whereby trafficking of cells from a prior pregnancy into the mother could lead to downstream exchange with the new fetus as reflected in the associated cord blood.^{26,27}

Table 1. Clinical data

	Description	Number of subjects	Mean age of onset (Range)	Mean age of entry into study (Range)	Mean number of live births	
					Male	Female
Group 1	MS Pos Women with one Male Pregnancy	27	39.46 (23–39)	52.96 (39–74)	1.52	0.85
Group 2	MS Neg Women with one Male Pregnancy	22	N/A	51.24 (37–68)	1.45	0.91
Group 3	MS Pos Women who Have Never Been Pregnant	24	28.58 (13–48)	37.79 (16–61)	N/A	N/A

The rationale for including both qualitative and quantitative results (see Table 4) is to present a balanced interpretation of the data. Simply reporting as positive vs. negative neglects a grey area where subjects test positive, but are near a threshold for positivity. Although categorized as being chimeric, these cases are more likely attributable to non-specific amplification and background noise. This was evident in the CBUs: despite selection of these samples as the closest approximation to a biological control, results demonstrate there were still qualitative positives. However, the quantitative data (number of positive wells) derived in this study demonstrated a more plausible negative interpretation, i.e., results approached an absolute negative, both in the proportion of samples affected when compared with the nulliparous MS-siblings, and also the observed rate of positivity (Table 4). The latter was not significantly different from zero, and also significantly lower than corresponding rates in the two microchimerism groups. Findings in the current study also emphasize the inherent limitations of using sex chromosome probes in evaluation of MC; this has led to utilization of alternative platforms using HLA-based and Non HLA-Insertion-deletion (Indel) panels to impart greater precision for this purpose.

Results from our analyses raise the question of whether MS confers a higher risk of fetal loss. The literature asserts the contrary: MS confers neither increased risk of fetal loss nor other pregnancy related complication.^{28–30} Pregnancy is also associated with clinical improvement while disease relapse is frequently evident in the post-partum period. The age of MS onset was earlier in subjects that reported never having been pregnant. It is possible, however, that a diagnosis of MS may have influenced a decision to pursue pregnancy, at least in this small group of individuals.

In summary, these pilot results, while bound by certain limitations, do suggest that low-level MC is associated with MS. Prospective study of a larger subject population, using greater input of genomic DNA with serial blood samplings of subjects is needed. In addition, confirmation of MC by alternative assays is important. Of note the HLA-DR and InDel assays have already achieved remarkable results in the setting of transfusion associated MC.^{9,25} Through targeting selective, informative alleles expressed on a panel of somatic chromosomes, these assays both bypass the gender restriction of the Y-chromosome based assays as well as avoid the associated problems of a sex-chromosome based probe as illustrated by this study.^{9,25} Finally, it is important to note that blood may not be the ideal target tissue in which to evaluate MC; rather it is a tissue of convenience for both the present study as

Table 2. Comparison of microchimerism in MS-positive subjects with male pregnancy versus MS-negative siblings with male pregnancy*

	MS pos N (%)	MS neg N (%)	Totals
Microchimerism neg	17 (0.49)	18 (0.51)	35
Microchimerism pos	10 (0.71)	4 (0.29)	14
Totals	27	22	49

*p = 0.207 by Fisher's exact test (2-tailed).

Table 3. Comparison of microchimerism prevalence in all MS-positive versus MS-negative subjects*

	MS pos N (%)	MS neg N (%)	Totals
Microchimerism neg	30 (0.63)	18 (0.38)	48
Microchimerism pos	21 (0.84)	4 (0.16)	25
Totals	51	22	73

*p = 0.066 by Fisher's exact test (2-tailed).

well as other studies seeking to gauge tissue MC. In view of these pilot findings, spinal fluid and affected neural tissue (brain) may provide a more representative sample for examination of MC. If MC is common in MS and involves target tissues specific to the disease, these findings could unravel new conceptual models for future investigation of MS.

Methods

Subjects. The study was conducted on samples from 51 stringently ascertained MS-affected individuals and 22 unaffected family members, obtained through the UCSF Multiple Sclerosis DNA Bank (MSDB). All known ancestors were Non-Hispanic White, and of European descent. Diagnostic criteria and ascertainment protocols are summarized elsewhere in references 31 and 32. White blood cells were isolated by Ficoll gradient and high molecular weight DNA isolated using standard desalting procedures. The work was approved by the Committee of Human Research at The University of California San Francisco.

Subjects were selected according to disease status, reproductive history and availability of genomic DNA (see Table 1 for clinical data). Subjects were selected in three groups such that use of Y-chromosome analysis of MC would always be informative:

Group 1: MS⁺ women with a history of one male pregnancy before symptom onset (n = 27)

Table 4. Summary comparison of average rates of positivity for F-MC between MS patients, siblings and CBU controls

Group	N	Average rate* (95% CI)	Relative rate** (95% CI)	p-value**
CBU	30	0.009 (0.003, 0.02)	-	
MS-prior birth of a male child	27	0.04 (0.03, 0.06)	5.56 (1.40, 21.97)	0.015
MS-reported never pregnant	24	0.04 (0.03, 0.06)	5.87 (1.49, 23.16)	0.012
SIB	22	0.02 (0.01, 0.03)	2.27 (0.45, 11.46)	0.32

*Average positivity rates for each group (defined for an individual as the proportion of positive results observed in 22 amplification cycles), with exact 95% Poisson confidence intervals. **Relative positivity rates for each group, using the CBU group as the reference. (Estimates from Poisson regression). †p-values for comparison of estimated positivity rates in each group to rate in CBU group.

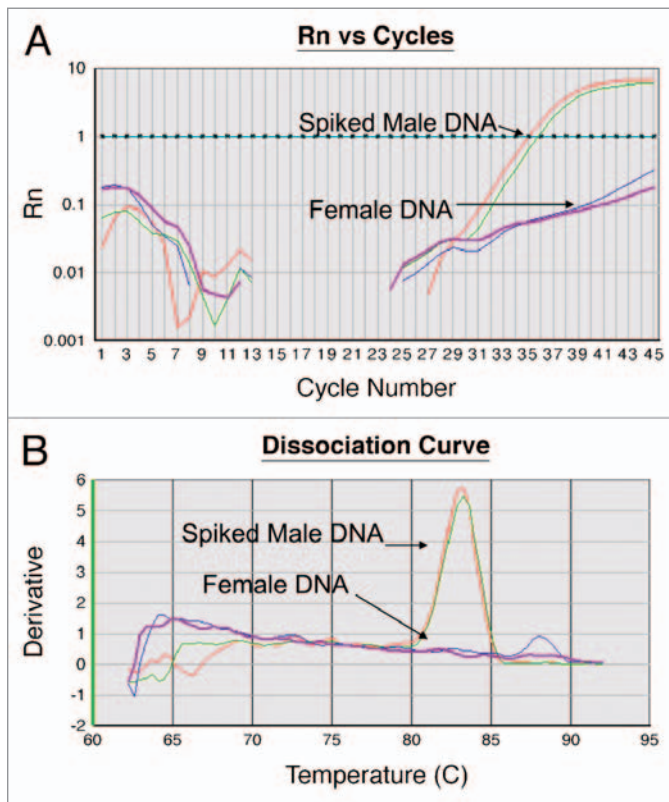


Figure 1. (A) Amplification Curve. The assay is performed in a 96 well plate where each well is monitored at every cycle for fluorescent intensity (Rn, y-axis). As PCR progresses and generation of new amplicons, Rn increases until reaching a plateau. At the end of each run, a user-defined threshold is set. This threshold is the level of fluorescence at which $C_{t,s}$ or threshold cycle, is calculated. This threshold is set higher than the noise level in the baseline. During the reaction, the cycle number at which the fluorescent intensity crosses the threshold value is defined as C_t . The C_t represents the cycle at which a statistically significant increase in ΔRn is first detected. Therefore, samples with a low C_t have an abundant target. In this figure, the threshold is set to 1 and the C_t of the female DNA spiked with positive DNA is at an average of 35.5. The DNA from a female subject (negative) does not cross the threshold. (B) Dissociation Curve. At the end of the cycle, the generated amplicons were analyzed for specificity. The amplified products were melted by increasing the temperature to 95°C with melt temperature corresponding to the temperature at which half of the amplicons are denatured. The derivative (y-axis) is the slope of the curve generated by the melting curve. The peak of the dissociation curve is equal to the melting temperature. Temperature is labeled on x-axis (60°C to 95°C). In this figure the spiked positive DNA melts at 83°C. The DNA from a female subject (negative) predictably failed to generate any amplified product.

Group 2: MS⁻ siblings of MS⁺ subjects with a history of male pregnancy (n = 22)

Group 3: MS⁺ women who reported they had never had a known pregnancy (n = 24).

Analysis of microchimerism. Given that subjects were selected on the basis of having had a male pregnancy, the Y-chromosome marker was informative for allogeneic cells—microchimerism. An allele-specific quantitative PCR assay for a 73-bp region of the sex-determining region of the human Y chromosome sequence (SRY) was used as a marker for male MC in all subjects. The detailed methodology and technical validation of these MC assays has been described previously in reference 33 (see Fig. 1 for typical amplification curve). Briefly, 10 μ g of genomic DNA representing approximately 1,500,000 cell equivalents, was analyzed; 600 μ L of a 1:1 mixture of Solution A (0.1 M KCl, 0.01 M Tris Base, 0.0025 M MgCl₂·6H₂O, pH 8.3) and Solution B (10 mM Tris, 2.5 mM MgCl₂·6H₂O, 1% Tween-20, 1% NP40, pH 8.3) was added to the DNA preparation. Twenty-five μ L of DNA was added to 50 μ L of buffer consisting of 1 μ M of the each primer SB (5'-GAG GCG CAA GAT GGC TCT AGA G-3') and SC (5'-CCA CTG GTA TCC CAG CTG CTT GC-3') (Integrated DNA Technologies, Coralville, IA), 6 mM Magnesium, 25x of SYBR Green (FMC BioProducts, Rockland, ME) and 1 mM of dNTPs (Roche). Real-time PCR was conducted using the GeneAmp 5700 machine (Applied Biosystems, Foster City, CA) and cycle conditions (10 min @ 95°C followed by 45 cycles of: 30 sec @ 95°C, 30 sec @ 68°C and 45 sec @ 72°C). All reagents were prepared and retained in a dedicated laboratory, separated from the sample preparation. A female technologist performed all procedures. In order to analyze the full 10 μ g of genomic DNA without inhibition of amplification, we assayed multiple identical aliquots in parallel. An average of twenty-four reaction volumes, representing the total of 10 μ g DNA, were carried out per subject. In two reaction tubes, we spiked 10 copies of Y-chromosome positive DNA as positive controls. Replicate no-template negative controls were included in each run. Results were evaluated for endpoint positivity. A count of one positive event (genomic equivalent) was attributed to each well exhibiting low-level positive amplification.

Data analysis. Subjects were classified as positive or negative for MC on the basis of Y-chromosome PCR results. A subject was considered positive for MC if any positive reaction was present in any of the 24 parallel aliquots assayed. The proportion of subjects positive or negative for MC was compared in 2 x 2 contingency tables according to disease status and/or pregnancy history using 2-tailed Fisher's exact test. To investigate

the possible influence of observed between-group variation in overall number of positive results, complementary analyses were based on regression models for individual specific “rates” of positivity for MC, defined for each patient as the number of positive reactions among aliquots assayed. Rates were compared between groups using Poisson regression models for count data, and inferences based on robust standard error estimates to account for possible overdispersion in observed counts. Results were summarized as relative rates for each of the MS groups and unaffected siblings, using cord blood unit (CBU) controls as the reference group. Analyses were performed using Stata (version 11.1).

Cord blood units. Following the unanticipated finding of significant prevalence of male MC among the group 3 subjects (MS⁺ women who reported they had never had a known pregnancy), 30 singleton pregnancy female CBUs were used as a biological control as well as to validate the test performance. WBC pellets were prepared from cord blood by lysing the RBCs with saponin lysis solution and digesting the cell pellets with proteinase K.³⁴ The DNA was quantified by amplifying a region of HLA-DQ α .³⁴ Ten micrograms of DNA, equaling 1,500,000 genomic

equivalents were used per cord blood unit. Results were analyzed using two-sample tests of proportion comparing the number of positive wells for each MS subject group to the CBU group. Calculations were performed using SAS software, Version 9.1.3.

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