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Mixing the right hepatitis C inhibitor cocktail

Michael A. Gelman1,2 and **Jeffrey S. Glenn**2,3,*

¹Division of Infectious Diseases and Geographic Medicine, Stanford University School of Medicine, Stanford, California

²Division of Gastroenterology and Hepatology, Stanford University School of Medicine, Stanford, **California**

³Veterans Administration Medical Center, Palo Alto, California

Abstract

Therapy for hepatitis C virus (HCV) infection is on the cusp of a new era. Until now, standard of care (SOC) therapy has involved interferon (IFN) and ribavirin. With the first successful phase 3 trials of specific targeted antiviral therapy for HCV (STAT-C) compounds, as well as three trials in progress giving the first glimpse of IFN-free combinations of STAT-C agents, this review looks ahead to the new classes of anti-HCV agents currently in clinical development. Successful pharmacologic control of HIV and TB frames the discussion, as well as consideration of the mutation frequency of HCV replication. Maximizing synergy between agents and minimizing cumulative toxicity will be critical to the design of future IFN-free STAT-C regimens.

Hepatitis C: the status of the epidemic and the standard of care

An estimated 140–170 million people worldwide have hepatitis C, between 2–3% of the global population.[1] Chronic hepatitis C virus (HCV) infection carries a 25% lifetime risk of cirrhosis and a smaller but significant risk of developing life-threatening hepatocellular cancer.[2] In the U.S., HCV is the leading indication for liver transplantation[3] and the most common cause of hepatocellular carcinoma.[4] HCV is a member of the family *Flaviviridae* with a 9.6-kb positive-sense, single-stranded RNA genome.[5] The HCV genome encodes a single polyprotein (~3,000 amino acids), which is processed by host and viral proteases into at least 10 mature viral proteins: core, E1 and E2 envelope proteins, the p7 ion channel protein, and the non-structural (NS) proteins NS2, NS3, NS4A, NS4B, NS5A, and NS5B (Figure 1).[6, 7] The viral life cycle has been treated in depth in multiple recent reviews[8, 9] and is outlined in Box 1 and Figure 2.

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^{*}To whom correspondence should be addressed at: Jeffrey S. Glenn, M.D., Ph.D., Department of Medicine, Division of Gastroenterology and Hepatology, Stanford University School of Medicine, CCSR Building Room 3115A, 269 Campus Drive, Palo Alto, CA 94305-5187 U.S.A. Tel: (650) 725-3373; Fax: (650) 723-3032; jeffrey.glenn@stanford.edu.

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The current standard of care (SOC) for HCV is a combination of pegylated interferon (PegIFN) and ribavirin (RBV),[10] agents that are not specific for HCV. Efficacy of this therapy ranges from 6–84%, depending on viral genotype, severity of liver disease, viral load and age at start of treatment, as well as host genetics. Indeed, recent genome wide association studies (GWAS) have revealed that single nucleotide polymorphisms (SNPs) in the promoter region of *IL28B* (the gene encoding interferon lambda-3) are strongly associated with response to SOC therapy (although the negative predictive value of the current IL12B region SNPs alone is still only about 20–30%) [11–13]. Side effects of standard therapy may include fevers, chills, sweats, edema, neutropenia, thrombocytopenia, and depression. For many patients, these side effects represent relative or absolute contraindications to even starting treatment, an extremely challenging barrier to completing treatment for those who start therapy, and at the very least a major burden for those able to tolerate a full year of standard treatment. In fact, a multicenter study of US veterans with chronic HCV infection found that only 32–41% were considered eligible to receive SOC[14]. Moreover, a 48-week course of standard therapy costs over \$20,000,[15] not including hematopoetic growth factors used to counter side effects of SOC and nonpharmaceutical costs.

Multiple new classes of anti-HCV drugs are in various stages of development. These include NS3/4A protease inhibitors, NS5B polymerase inhibitors, inhibitors of the binding of the NS4B protein to RNA, and inhibitors of the multifunctional viral protein NS5A.[16] This article will not describe novel IFNs, which are the subject of a recent review.[17] This article will also not discuss agents that have failed or been halted or abandoned at preclinical or clinical stages of development, or novel algorithms for determining duration of SOC therapy[18]—all of which have been well reviewed elsewhere. In addition, for a more detailed treatment of virus-host interactions, the reader is referred to a recent review in this journal.[19] For classes of compounds with one or more candidates in clinical development, compounds at the preclinical stage will be omitted or treated only briefly, as will classes such as inhibitors of entry or assembly, for which relatively sparse published data exist. Instead, the discussion will focus on the present state of, and future prospects for, specific anti-HCV therapy, with an emphasis on new classes of small-molecule agents that either are the subject of recent clinical trials or are under preclinical evaluation. Since the field is rapidly evolving, the reader is referred to clinicaltrials.gov for additional information on trials that may have been registered after the date of this writing.

Resistance and other challenges to the success of therapy

A mathematical model has been developed that describes the emergence of resistant virus during therapy with STAT-C (Box 2, Figure 3).[20] Because of the high turnover rate of HCV (10^{12} virions per day), the high error rate of the NS5B polymerase (μ =10⁻⁵), and the size of the HCV genome (\degree 10⁴ nt), the circulating pool of virus is expected to contain every possible single and double mutant even in the absence of therapy. Mutation at yet another position is expected to emerge within the first few days of therapy, as the most resistant preexisting virus expands to become the dominant quasispecies under selective pressure.[20] As a result, a successful combination regimen consisting entirely of STAT-C agents may need to pose a barrier to resistance of at least four separate concurrent mutations.

Given the above considerations, there clearly is an urgent need for new anti-HCV agents. Fortunately, because of the development of invaluable tools – such as the HCV replicon and infectious clone $[21-25]$ – enabling HCV molecular genetics, an exciting pipeline of very interesting potential drugs is emerging. Unfortunately, there is no convenient and fully faithful animal model of hepatitis C, although a variety of immunodeficient mouse models harboring transplanted human hepatocytes have been developed.[e.g., 26]. The benefits and drawbacks of these diverse systems have recently been reviewed in this journal.[19]

There are several ways in which the probability of emergence of resistance can be decreased: i) the use of at least four STAT-C agents, each acting by a different mechanism or at least exhibiting no cross-resistance, such that one active agent would always be available to "mop up" mutants resistant to the others. (This is the strategy most analogous to highly active antiretroviral therapy for HIV or to multidrug therapy for tuberculosis.) In order to be able to select a four-drug regimen for any given patient, even in the absence of transmitted resistant virus, a significantly larger number of agents will need to make it through clinical development, as some candidates may have side effect or drug-drug interaction profiles that may preclude their use in certain patient populations. ii) Targeting host functions upon which the virus depends (because the targeted genetic locus is not under the control of the virus, this could raise the barrier to developing resistance because evolving an effective "work around" may involve more than a simple mutation). iii) Using agents that exert selective pressure to decrease viral "fitness" (as reflected by replication rate) in order to reduce the number of potentially resistant mutants generated. (This strategy is also sometimes used in the selection of regimens for HIV.[27] iv) Addition of novel agents to SOC may also accelerate the impairment of replication, as could enhancement/restoration of endogenous immune mechanisms. v) Another strategy, complementary to the strategies above, would be to use synergistic combinations of agents that work together to decrease the residual HCV replication rate below the critical threshold for emergence of newly resistant mutations; criteria for predicting the *in vivo* significance of synergy have been described[28] and applied.[29]

The need to overcome resistance places significant constraints on the choice of drugs for an anti-HCV regimen. Just as important is the consideration of toxicity, and, as a corollary, the need to promote adherence to therapy. Although any individual anti-HCV drug may have a tolerable side-effect profile when administered alone, the combination of two or more drugs with overlapping side effects may make the combination either too toxic to be given safely or so poorly tolerated that adherence diminishes, allowing resistance to emerge. By analogy, the adherence-resistance (A-R) curve for HIV therapy has an inverse U-shape, such that failure to take even 15–20% of prescribed doses, e.g., due to gastrointestinal side effects, can lead to maximal selection for resistant mutants[30]. Therefore, agents with additive toxicities should usually not be included in the same regimen, and combinations with toxicities that potentially limit complete adherence or tolerability will be less attractive than more benign combinations. Synergy, in such a case, can become extremely valuable; the excess "potency capital" provided by synergy could be used to decrease the dose of the most toxic member of a regimen while maintaining sufficient antiviral potency. Finally, in light of host factors, such as *IL28B* region genotype, that may affect response to (or toxicity of) a

particular agent or combination, some cocktails may become preferred or contraindicated in certain individuals.

Potential cocktail components

Protease (NS3/NS4A) inhibitors (Figure 2, step 5)

Multiple inhibitors of the NS3/NS4A protease are at various stages of preclinical and clinical development (Table 1a–c), and recent reviews have been published.[31, 32] The two compounds in phase 3 evaluation, telaprevir[33, 34] and boceprevir,[35, 36] have each recently been reviewed on their own, and have similar resistance profiles consistent with their similar mechanisms, albeit different major toxicities. Both drugs appear to be slated for thrice-daily dosing. Compounds currently being tested as part of IFN-free regimens in phase 2 trials include BMS-650032[37] and ITMN-191.[38]

Briefly, telaprevir, which is believed to be closer to approval than boceprevir, demonstrated a number needed to treat (NNT) of 4 to 5, when added to SOC in treatment-naïve patients (PROVE1 [NCT00336479] and PROVE2 [NCT00372385]), and an NNT of 3 when added to SOC in treatment-experienced patients (PROVE3 [NCT00420784]). The predominant adverse event was rash, which led to discontinuation of therapy in 7% of study participants in the PROVE1 and PROVE2 studies. Results from the Phase 3 studies ADVANCE (NCT00627926), ILLUMINATE (NCT00758043), and REALIZE (NCT00703118) are expected to be presented shortly.[34]

Boceprevir demonstrated an NNT of 3 when added to SOC in treatment-naïve patients (SPRINT-1 [NCT00423670]). Adverse events have included anemia and dysgeusia, as well as headache.[35] Data from the Phase 3 SPRINT-2 (NCT00705432) and RESPOND-2 (NCT00708500) trials are expected to be presented shortly, and a third Phase 3 trial (NCT00795431) has been registered.[36]

Although the NS3 protein also has a helicase activity, exploitation of this target has lagged behind development of protease inhibitors. Rapid emergence of virus resistant to protease inhibitors and significant side effects such as severe rash and anemia remain important hurdles for the most advanced members of this class, which were among the first to demonstrate in vivo the impossibility of using such agents as monotherapies.

Polymerase (NS5B) inhibitors: nucleoside and non-nucleoside (Figure 2, step 6)

Inhibitors of NS5B, the catalytic subunit of the HCV RNA-dependent RNA polymerase, are also at various stages of preclinical and clinical development (Table 2a–b). As for the NS3 protease, the availability of a crystal structure of NS5B and the precedence of protease and polymerase inhibitors being successfully developed against other viruses, has led to quite a number of candidate drugs. Several of these compounds have also recently been reviewed. [39] Polymerase inhibitors are further subclassified as either nucleoside analogues or nonnucleosides, with the former targeting the enzyme's active site and the latter targeting one of at least five allosteric binding sites on the polymerase and inducing a conformational change that inhibits polymerase activity.[39] Compounds tested as part of IFN-free regimens in

phase 2 trials include the nucleoside analogue RG7128[38] and the non-nucleoside VCH-222 (renamed VX-222 with the purchase of Virochem by Vertex).[40]

Both RG7128 and VX-222 have been evaluated in twice-daily dosing regimens, although several other compounds are being studied as once-daily agents (Table 2a). Adverse effects of RG7128 have not been reported, but reports of studies of VX-222 describe mild-tomoderate adverse effects.[41] Further evaluation of RG7128 (e.g., INFORM-1 [NCT00801255]) and VX-222 (NCT01080222) in combination regimens is ongoing.

The silibinins, natural products first isolated from the milk thistle extract silymarin also deserve mention as milk thistle products in over-the-counter preparations are not infrequently used by patients with hepatitis [42]. Hypothesized to inhibit NS5B polymerase [43], its precise mechanism of action remains uncertain [44] but clinical evaluation is ongoing. A silibinin extract is also available in many countries (and as an investigational agent in the US) as an intravenous antidote to *Amanita phalloides* mushroom ingestion, and its successful use has been described at the case report level in an HIV/HCV coinfected patient.[45]

NS4B inhibitors (Figure 2, step 6)

The NS4B protein has multiple functionalities, including formation of the "membranous web" structure [46] believed to represent the viral replication platform, interaction with other NS proteins in the replication complex, GTP hydrolysis, and RNA binding.[47] A microfluidic assay has been used to demonstrate that the NS4B protein uses an argininerich-like motif to bind specifically to the 3' terminus of the negative strand of HCV RNA, and to conduct high-throughput screening for inhibitors of this interaction.[16] One of the compounds identified by this screen, clemizole hydrochloride, is a clinically well-tolerated H1 histamine receptor antagonist that has seen extensive use as an antipruritic. Clemizole has demonstrated dramatic *in vitro* synergy with the protease inhibitors boceprevir and telaprevir.[29] This is a marked contrast to most combinations of anti-HCV agents to date, which typically display simple additivity (and even in some cases antagonism). Indeed, clemizole displayed additivity with IFN, RBV, and polymerase inhibitors, highlighting the specificity and uniqueness of the strong clemizoleprotease inhibitor synergy.[29] Such synergy usually has an underlying biologic basis, and in this case might reflect the genetic evidence supporting important interactions between NS4B and NS3.[29, 48] In vitro crossresistance does not occur between clemizole and boceprevir.[29] Several phase 1b studies of clemizole are currently underway, (CLEAN studies, typified by NCT00945880 [CLEAN-1]), evaluating clemizole in populations with different GT distributions; while tolerability of therapy is the primary endpoint of these phase 1 studies, data are also being collected on the efficacy of clemizole as lead-in monotherapy and in combination with SOC or with other novel agents.

Anguizole, a compound first identified as an NS4B binder with anti-HCV replication activity, targets the second amino (N)-terminal amphipathic helix (AH2) of NS4B and alters its cellular distribution, impairing formation of the "membranous web" and interfering with replication.[47] Other small molecules against the NS4B AH2 target [49] and their derivatives are in preclinical development.

NS5A inhibitors (Figure 2, step 6, as well as other roles)

From a lead identified in an unbiased high-throughput screening effort of a millioncompound corporate library, BMS-790052 was identified as an inhibitor of HCV replication in HCV replicon and cell-culture systems at picomolar concentrations, with a resistance profile mapping to mutations in NS5A.[50] Additive to synergistic effects were documented between BMS-790052 and multiple other drug classes, including IFN, NS3 inhibitors, and nucleoside and non-nucleoside NS5B inhibitors. In a dose-escalation trial in individuals with genotype (GT) 1a/1b infection, a single 100 mg dose achieved mean maximal reduction in HCV titers of 3.6 log_{10} , with duration of effect greater than 144 h.[50] The addition of BMS-790052 to SOC raised rapid virologic response (RVR) rates from 1/12 (SOC alone) to $5/12$ (3 mg daily), $11/12$ (10 mg daily), or $10/12$ (60 mg daily) and raised complete early virologic response (cEVR) rates from 5/12 (SOC alone) to 7/12 (3 mg daily) or 10/12 (10 mg daily and 60 mg daily).[51] Studies of the combination of BMS-790052 with SOC (NCT00874770, NCT01016912, NCT01017575, and NCT01125189 [HEPCAT]), as well as a study of the combination of BMS-790052 and BMS-650032 with or without SOC agents (NCT01012895) are underway.[50]

PPI-461 is another NS5A inhibitor currently in preclinical development. It shares with BMS-790052 a high therapeutic index *in vitro* and an apparent high mutational barrier to resistance. Reports from animal absorption, distribution, metabolism, excretion and toxicity (ADME/Tox) testing suggest once-daily dosing in humans may be possible.[52]

Inhibitors of p7 (Figure 2, possibly step 7)

Antiviral strategies targeting the 63-amino acid residue protein p7, composed largely of two amphipathic α-helices, have recently been reviewed.[53] Briefly, the p7 protein forms a hexameric barrel-shaped cation channel, and small-molecule inhibition of either oligomerization or ion flow blocks production of HCV virions in the infectious cell culture system, producing up to one log reduction in titer in a round of infection.[54] Smallmolecule inhibitors of p7 include compound classes developed as antivirals against other viruses: adamantanes, *n*-nonyl nojirimycin derivatives, and amiloride derivatives. Amantadine, one of the adamantanes, in a meta-analysis appeared to increase SVR rates for nonresponders to SOC, but not for treatment-naïve patients or relapsers, when combined with SOC.[55] A 12-week trial of monotherapy with UT-231B, an imino sugar with anti-p7 activity (NCT00069511), failed to show antiviral activity. On the other hand, a phase 1b/2a trial of the amiloride analogue BIT-225 showed no serious adverse effects and a modest reduction in HCV-VL.[53]

Cyclophilin inhibitors (Figure 2, step 6)

Significant interest has arisen in analogues of cyclosporine A (CsA), believed to act by inhibiting cyclophilins (Cyps), as potential HCV therapeutics, and these have been reviewed recently.[56] Several models have been proposed for the mechanism of action of Cyp inhibitors:[56] they may block an interaction between Cyps and NS5A; they may block an interaction between Cyps and NS5B; they may block recruitment of NS5B to the replication complex; or they may interfere with proteolytic cleavage of the NS5A-NS5B junction within

the HCV polyprotein precursor. A recent mammalian two-hybrid study demonstrated interaction between the peptidyl-prolyl isomerase pocket of CypA and NS5A.[57]

Although inhibition of HCV replication was first observed with CsA itself, the immunosuppressive side effects of CsA precluded its use in HCV therapy, and analogues lacking immunosuppressive effect but retaining anti-HCV effect (possibly by blocking Cyp's chaperoning or peptidyl-prolyl isomerase activity) are in clinical development.[56]

Among the cyclophilin inhibitors, alisporivir, formerly known as Debio-025, is the subject of a recent review.[58] Preclinical studies on replicon cell lines showed additive to slightly synergistic effects with IFN, RBV, or STAT-C drugs, with resistance mutations clustering in the NS5A gene.[59] In a dose-ranging study combining PegIFN with 200–1000 mg doses of alisporivir (loading with twice-daily dosing for one week, then daily dosing to complete a four-week course), alisporivir was additive with PegIFN for GT 1/4 but did not appear to confer additional benefit for GT 2/3, meeting criteria for RVR in 8/12 patients with GT 1/4 and in 5/6 patients with GT 2/3 at the 1000 mg dosing level.[60] Adverse effects considered treatment-related include hypertension, hyperbilirubinemia (believed due to inhibition of a biliary canalicular transporter), platelet reduction, nausea, headache, and fatigue.[60] An ongoing phase 2a trial of alisporivir combined with PegIFN±RBV for the first four weeks of therapy in prior nonresponders to PegIFN+RBV (NCT00537407) has demonstrated smaller HCV viral load (VL) reductions in treatment-experienced patients than in treatment-naïve patients at four weeks.[61] A phase IIB trial of alisporivir + PegIFN+RBV is also ongoing (NCT00854802).[58]

Another Cyp inhibitor, NIM811, has demonstrated tolerability in a two-week proof-ofconcept study in healthy volunteers and HCV-infected patients.[62] In patients with relapse after SOC, NIM811+PegIFN achieved an HCV-VL decrease of 2.78 log after 14 days, as compared to a decrease of 0.58 log with PegIFN monotherapy.[63] Decrease in platelets was more pronounced in the NIM811+PegIFN arm than in the PegIFN arm.

A third Cyp inhibitor, SCY-635, was reported to have some synergy with IFN and additivity with RBV *in vitro*.^[64] A phase 1b study in GT1 patients (11/20 treatment-naive) found no safety issues and demonstrated a decrease in HCV-VL only at the highest dose, 300 mg thrice daily (tid) (median nadir, 2.20 log decrease).[65] Follow-up genotype analysis of patients receiving 300 mg tid demonstrated single point mutations in NS5B in two patients, unassociated with virologic rebound.[66]

Modulators of the innate immune response

In order for HCV infection to become chronic, it must evade elimination by the innate and adaptive immune responses.[9, 19] The virus has developed multiple immune evasive mechanisms, several of which are targets for therapeutic strategies under development.

Nitazoxanide

The thiazolide drug nitazoxanide (NTZ), which is approved in the U.S. to treat specific parasitic gastroenteritides, was serendipitously observed to decrease aminotransferase levels

in HCV/HIV coinfected patients. This observation led to evaluation of NTZ and analogues as an anti-HCV agent,⁴⁴ and a recent review of this line of research has been written [67]. The antiviral mechanism of NTZ involves stimulation of the host response via activation of the double-stranded RNA activated protein kinase (PKR),[68] a classical antiviral effector of IFN, and *in vitro* replicon studies showed that NTZ pretreatment sensitized the virus to IFN. [69] A subsequent randomized placebo-controlled trial of NTZ monotherapy in GT 4 infected individuals demonstrated sustained virologic response (SVR) in 4/23 (17%) with only virological responders showing a significant decrease in HCV-VL.[70]

Nitazoxanide was then further evaluated at 500 mg twice daily (bid) in GT 4 infected individuals in combination with PegIFN±RBV in a three-arm randomized controlled trial (RCT) in Egypt (STEALTHC-1, NCT00421434).[71] Individuals not in the SOC comparator arm received a 12-week lead-in with NTZ, to which PegIFN±RBV was added for the remaining 36 weeks of therapy. Among treatment-naïve individuals, the triple therapy arm achieved SVR in 79% of patients, as compared to 50% for SOC (p=0.023) and 61% for PegIFN+NTZ (p>0.05 vs. SOC). In a separate stratum of treatment-experienced individuals, who were excluded from the SOC arm, 1/12 achieved SVR with PegIFN+NTZ and 3/12 achieved SVR with triple therapy.[72] Adverse events were similar across groups, with the exception of an increased rate of anemia in the arms receiving RBV.[71] A group of 44 patients with similar characteristics, recruited later and given a four-week lead-in with NTZ followed by 36 weeks of PegIFN+NTZ, showed similar rates of RVR, early virologic response (EVR), and ETR to the groups given 12-week NTZ lead-in in STEALTHC-1.[73] A double-blinded RCT of 64 treatment-experienced individuals with GT 1 (STEALTHC-2, NCT00495391) administered NTZ or placebo for a four-week lead-in period, followed by 48 weeks of triple therapy or SOC, reported an SVR rate of 7% (3/42) in the NTZ group and none in the placebo group.[74] A double-blinded RCT of the same regimen in 110 treatment-naïve individuals with GT 1 (STEALTHC-3, NCT00637923) reported preliminary SVR12 (sustained virologic response measured at 12, as opposed to the standard 24, weeks after conclusion of therapy) rates of 44% (NTZ) versus 32% (placebo).[75]. An extendedrelease NTZ formulation has been developed, and second-generation thiazolides in preclinical development have been alluded to in the literature.[67]

Toll-like receptor (TLR) agonists

The rationale for, and early history of, the development of TLR agonists in chronic liver disease has been recently reviewed.[76, 77] Briefly, downstream signals proceeding from the recognition of dsRNA by TLR3 and RIG-I, ssRNA by TLR7, and non-methylated CpGcontaining DNA by TLR9 appear to be blocked by HCV nonstructural proteins before they can activate the innate immune system and upregulate IFN production. Specifically, it has been demonstrated *in vitro* that TLR3 signaling is blocked by NS3/NS4A proteolysis of its downstream effector TRIF, and RIG-I signaling is blocked by NS3/NS4A proteolysis of its downstream effector MAVS (also called IPS-1).[9] The TLR7 and TLR9 signals are blocked by NS5A binding to their common downstream effector MyD88, also as demonstrated *in vitro*.[76] Plasmacytoid dendritic cells, which were recently shown to respond to HCVinfected hepatocytes by producing interferon in a TLR7-mediated process, may therefore be an important activator of the innate immune response to HCV.[78]

Since the demonstration that isatoribine, an agonist of TLR7, induced a decrease in HCV-VL, presumably through immune activation,[79] several candidate TLR7 and TLR9 agonists have been nominated for clinical development. Agonists of TLR7 have been administered as oral prodrugs both to improve bioavailability and to reduce side effects from activation of gastrointestinal immune tissue.[77]

One TLR7 agonist currently in clinical development is the oral prodrug ANA773, which was recently the subject of a phase 1 double-blind placebo-controlled dose-escalation monotherapy study.[80] Patients of any genotype were enrolled regardless of prior receipt of SOC and received every-other-day dosing of ANA773 or placebo for 28 days. Adverse events were dose-dependent and included mild to moderate flu-like symptoms, and the median maximum decline in HCV-VL was 0.79 log in the highest-dose group for which data were available (1600 mg), compared to 0.30 log in the placebo group (p=0.04). Data from the 2000 mg dose group are pending.

An injectable TLR9 agonist, IMO-2125, is the subject of two phase 1 placebo controlled studies: IMO-2125-001 (NCT00728936), a monotherapy dose-escalation study in prior nonresponders to SOC,[81] and IMO-2125-201 (NCT00990938), a dose-escalation study in combination with RBV in therapy-naïve GT 1 patients. Results from several dose cohorts of the monotherapy study were recently presented.[81] Adverse events included brief mild to moderate flu-like symptoms, headache, and injection site reactions. Post-dose serum IFN-α increased in a dose-dependent fashion and with repeated doses, and the median nadir HCV-VL in the highest dose group (0.32 mg/kg/wk) represented a roughly 1.4 log decline from baseline. Further planned development includes a 12-week combination trial with RBV and an investigation of twice-weekly dosing.[81]

Modulators of the adaptive immune response

Failure of the adaptive immune system to adequately control HCV infection is the hallmark of chronic hepatitis C, characterized by immune cell dysfunction and inadequate responses at multiple levels. For example, evasion of the adaptive immune response by HCV can be achieved by simple mutation of epitopes allowing for escape.[82] CD8 T-cell exhaustion is also observed, associated with upregulation of the programmed death 1 (PD-1)/PD-L1 regulatory pathway; blockade of this pathway in blood-derived CD8 T cells using anti-PD-L1 antibodies results in reversal of the exhaustion phenotype *in vitro*.[83] However, such blockade using anti-PD-1 antibodies alone was ineffective in liver-derived HCV-specific CD8 T cells; the exhaustion phenotype was only reversed with the simultaneous blockade of either CTLA-4 [84] or CD137 [85]. While the therapeutic benefits of anti-PD-1 or anti-PD-L1 antibodies may need to be balanced against the potential risk of autoimmunity, a recently completed clinical trial of MDX-1106, a human monoclonal anti-PD-1 antibody (NCT00703469), may shed light on this question.[82]

Some other promising approaches in early development

Virus particle lysis (Figure 2, step 8)

A peptide derived from the N-terminal domain of NS5A, the NS5A AH peptide, is capable of rupturing HCV virions as well as other viruses [86], a property that appears to depend on the target particle size.[87] Clinical studies of AH peptide have not yet been reported, but a more interesting application may be in extracorporeal clearance of viremia at the time of liver transplantation.

Host lipid metabolism interference (Figure 2, steps 1, 2, 7, and 8)

The microenvironment in which HCV replication occurs is believed to be enriched for specific lipids, including cholesterol, sphingomyelin, phosphatidylinositol-4-phosphate (PI4P) and phosphatidylinositol-4,5-bisphosphate (PI4,5P₂) lipids.[88–90] The statins, inhibitors of *de novo* cholesterol synthesis, have demonstrated anti-HCV activity in cell culture[91], but this may be due at least in part to inhibition of protein geranylgeranylation rather than cholesterol synthesis.[92]

The synthetic machinery for sphingomyelin and PI4P lipids is important to HCV replication. [88, 91, 93–97] as is the ability of HCV proteins to specifically bind to a key metabolite of PI4P, PI4,5P2.[90] Sphingomyelin synthesis can be blocked by inhibiting serine palmitoyltransferase using, for example, the natural product myriocin *in vitro*, which was reported to attenuate HCV replication in a synergistic fashion with IFN or simvastatin.[88] A more recently described serine palmitoyltransferase inhibitor, NA 808, reduced HCV-VL in a humanized chimeric mouse model and appeared to enhance the effect of PegIFN in this model.[98] Compounds targeting the PI4P synthesis pathway have not yet been developed but represent an attractive potential approach.

The metabolic machinery for lipoprotein particles is also believed to play a crucial role in entry, assembly, and maturation of HCV virions.[99] Briefly, HCV particles may initially associate with the host low density lipoprotein (LDL) receptor on target hepatocytes and then with the lipoprotein receptor SR-BI. Assembly of core around the newly replicated genomic RNA also takes place in a lipid-rich environment at the ER, and proteins important in the synthesis of very low density lipoprotein (VLDL) particles, including microsomal triacylglycerol transfer protein (MTP), ApoB, and ApoE, appear to be essential for the assembly, release, and maturation of HCV particles.[99] Interference with these processes may be a fruitful area for development of new classes of anti-HCV agents.

Inhibition of the initiation of translation (Figure 2, step 4)

Translational initiation for the HCV polyprotein takes place at an internal ribosome entry site (IRES). The microRNA element miRNA-122, preferentially expressed in hepatocytes and in the HCV-susceptible Huh7 cell line, appears to play a role in the stimulation of translation (as well as other aspects of the viral life cycle), and the HCV IRES contains at least two miRNA-122 binding sites.[100] Sequestration of miRNA-122 either by protected antisense oligonucleotides *in vitro*[100] or by the antisense locked nucleic acid (LNA)

analogue SPC3649 in primates[101] suppresses viral replication and may provide a novel mechanism for future therapy in humans.

Therapeutic vaccination

Several immunotherapeutic approaches to HCV are also being pursued. The peptide vaccine IC41 had low immunogenicity and produced at best transient 1–2 log reductions in HCV RNA levels when used as monotherapy,[102] and results of a phase 2 trial adding IC41 to SOC for the last 20 weeks of a 48-week course were inconclusive.[103] Discouraging efficacy results of a recent phase I trial of an autologous monocyte therapy using T-cell epitopes aimed at core, NS3, and NS4B suggest that immunologic response to current vaccination approaches may not, by itself, be sufficient to alter the course of HCV infection, [104] but the role of therapeutic vaccines, either alone or in combination with other agents, remains to be fully explored.

Projected directions of future development

In the short term, the greatest therapeutic benefit may be gained from increasing the efficacy of SOC regimens. In this first phase, the challenge is to maximize cure rates across genotypes. The addition of novel agents to SOC, such as protease or polymerase inhibitors or other agents of new classes, represents the most obvious route. Even this may be difficult to achieve if incremental increases in efficacy are offset by significant toxicities of new agents. Moreover, until a collection of such new agents is available, extreme caution will need to be exercised. On the one hand, we now have, $[11-13]$ and are soon to have more, powerful genetic tests that can help select the patients most appropriate to receive so-called triple therapy (SOC plus a direct acting antiviral such as a protease inhibitor). The predictive power of these genetic tests can be further augmented by supplementing with levels of certain serum markers (e.g. IP-10)[105] and clinical factors already known to influence successful response to SOC. On the other hand, administering triple therapy to patients who are destined to be null-responders to SOC may be akin to functional monotherapy with the new agent, putting the patients at high risk for selecting resistant virus and treatment failure. The latter could be compounded by these patients now being precluded from receiving the full benefits of a future drug cocktail dependent upon that new agent. To avoid such pitfalls (and potential liability) physicians and drug manufacturers will need to appropriately inform patients who have so patiently waited for improved therapies and avoid premature treatment of patients with regimens that are not suited to their individual cases.

Another critical consideration is that many of the new agents have suboptimal or no effect on genotypes predominant outside the industrialized world (i.e. nonGT 1), where the greatest burden of HCV lies. The ultimate goal, however, to be met by the second phase of advances in anti-HCV therapy, is to replace the most toxic or onerous components of SOC (e.g. IFN) with less toxic, all-oral regimens. As multiple classes of agents reach clinical maturity, it appears likely that we will soon have the cumulative raw antiviral suppressive power to attempt to make this goal a reality.

In order for a future STAT-C cocktail to effectively block replication and tip the balance away from the development of resistance and toward clearance of infection, several

conditions are likely to be required. First, given that cross-resistance within a class is common, the components of a cocktail are likely to require complementary mechanisms of action, rather than combining multiple agents of the same class. Second, given the high rate of generation of mutant viral genomes, a premium might be placed on synergy between agents as well as the inclusion of agents that interact with host targets.

Finally, given that an effective STAT-C cocktail may be composed of at least 3–4 drugs, attention must be paid to cumulative toxicity. Pairs of agents with overlapping or even synergistic toxicities will be more difficult to combine in a single regimen, and the most useful agents will be those with minimal or no significant toxicities or adverse interactions. Indeed, in the context of a multi-component cocktail, a marginal increase in efficacy could be supplemented by adding another drug with a distinct mechanism of action, but toxicity that is additive with that of other drugs could doom the regimen altogether. Therefore, it becomes less important that any single component potently reduces the viral load than that it provides for a novel mechanism of action and minimal toxicity. Moreover, synergy between two components may enable the use of lower doses of the more toxic component, thus further reducing overall toxicity of the regimen. With potential toxicity a significant barrier to eligibility for SOC, and with a large proportion of discontinuations of SOC due to toxicity, a premium will be placed on agents that enable dose decreases for other agents in the regimen.

Fortunately, with multiple agents under development in a broad variety of classes, it is likely that suitable regimens composed entirely of novel oral agents will emerge in the coming years. While speculation on the future approval of pharmaceuticals is prone to significant uncertainties, some general projections may be made.

In the short term (2–3 years), physicians who treat chronic HCV infection will face encouragement from multiple sources to place their patients on an interferon-containing regimen supplemented by one or two new agents (Figure 4, center bar). As mentioned above, it is crucial to choose candidates for IFN-containing hybrid regimens both cautiously and strategically. That is, individuals fated to respond poorly to IFN-containing regimens, due either to predictable (i.e., viral genotype, host *IL28B* genotype) or unforeseen factors (i.e., toxicity requiring discontinuation of therapy or failure to achieve SVR), could experience functional monotherapy or two-drug therapy. Since protease and/or polymerase inhibitors are expected to remain as backbone elements of IFN-sparing regimens, this could make choosing a salvage regimen more difficult.[18]

In the intermediate future $(5-10 \text{ years}$; Figure 4, rightmost bar), we foresee the availability of multiple new classes of orally bioavailable agents, with the expected attendant increase in efficacy and decrease in toxicity.

Since specific anti-HCV therapies entered the development pipeline, there has been a growing trend to "warehouse" patients believed unlikely to respond to, or to tolerate, therapy with SOC pending the availability of new agents.[18] We feel, however, that attention should be paid not only to the "inventory" of patients awaiting therapy, but also to the inventory of novel drug classes available. We favor reserving the IFN-containing hybrid

regimens for patients whose indication for therapy is urgent enough that awaiting the availability of an IFN-sparing regimen would pose an unacceptable risk of disease progression, and who are projected to tolerate and respond to an IFN-containing regimen. A similar strategy was recently employed for many individuals with highly resistant HIV, who were placed on a combination of multiple newly approved agents (darunavir, raltegravir, and maraviroc) rather than adding any of these agents singly to a failing background regimen. With such unprecedentedly favorable prospects for novel agents against HCV, the matching of patients to drug regimen cocktails will become a matter of strategy as well as a matter of timing.

Box 2. Model of HCV resistance to therapy[20]

a: deriving the frequency of mutations on a per-genome basis from the polymerase error rate

$$
P_{i-\text{mutant}} = \left(\begin{array}{c} L \\ i \end{array}\right) \mu^i (1-\mu)^{(L-i)}
$$

Pi-mutant: probability of i single-nucleotide substitutions occurring in a single replication event

L: length of the viral genome

μ: probability of a substitution occurring at the replication of a given nucleotide

Rong *et al.* calculate that P₁=0.087, P₂=0.0042, and P₃=0.00013. Since 9.1×10¹¹ virions per day are generated in the absence of therapy, $9.1 \times 10^{11} \times P_2 = 4.2 \times 10^9$, so each of the 4.1×10^8 possible double-substitution mutants is generated each day. With effective therapy (an initial 5-log decline in HCV VL), 9.1×10^6 new virions are generated daily, so each of the 2.9×10^4 possible single-substitution compensatory mutants is generated among the $9.1 \times 10^6 \times P_1 = 8.7 \times 10^5$ single-mutant virions produced daily. Assuming that a single substitution is sufficient to confer resistance to a single agent, mutants resistant to any dual therapy are likely present in the therapy-naïve viral pool, and further mutation can confer resistance to a third agent even with a 5-log suppression of replication. Therefore, a barrier of at least four nucleotide substitutions (translating, under this assumption, to a 4-drug regimen) is necessary in order to prevent emergence of resistance.

b: Differential equations describing the model of resistance emergence.

 $\frac{dT/dt\text{=}s + \rho_{\scriptscriptstyle T} T\left(1 - \frac{T + I_{\scriptscriptstyle S} + I_{\scriptscriptstyle T} + N}{T_{\scriptscriptstyle \rm max}}\right) - dT - \beta V_{\scriptscriptstyle S} T - \beta V_{\scriptscriptstyle T} T}{dI_{\scriptscriptstyle S}/dt\text{=} \beta V_{\scriptscriptstyle S} T - \delta I_{\scriptscriptstyle S}}$ $dI_{\rm r}/dt = \beta V_{\rm r}T - \delta I_{\rm r}$ $dV_{\rm s}/dt = (1 - \mu) (1 - \epsilon_{\rm s}) p_{\rm s} I_{\rm s} - cV_{\rm s}$ $dV_{\rm r}/dt = \mu (1 - \epsilon_{\rm s}) p_{\rm s} I_{\rm s} + (1 - \epsilon_{\rm r}) p_{\rm r} I_{\rm r} - cV_{\rm r}$

T: susceptible (uninfected target) cells

 I_s : cells infected with drug-sensitive virus; I_r : cells infected with resistant virus

V_s: population of drug-sensitive virus; V_r: population of drug-resistant virus

s: rate of generation of new target cells from precursors

 p_T : rate of proliferation of target cells

N: cells not prone to infection

 T_{max} : hepatocyte carrying capacity of the liver

d: rate of death of uninfected cells; δ: rate of death of infected cells

ps : rate of production of new drug-sensitive virus by infected cells; p^r : rate of production of new drug-resistant virus by infected cells

μ: rate of mutation from drug-sensitive to drug-resistant state

c: rate of clearance of circulating virus

β: rate of initial infection of susceptible cells

εs : success rate of infections with drug-susceptible virus (rate of progression to release of new virus); ε_r : success rate of infections with drug-resistant virus

Adapted from Rong et al.[20] with permission.

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Glossary Box

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Figure 1.

Current and future targets for anti-HCV therapies, organized by target location in the HCV genome. The first-generation agents (IFN/RBV) are currently in use; second-generation agents (protease/polymerase inhibitors) are in advanced clinical development; thirdgeneration agents and beyond may target a number of viral and/or host processes.

Figure 2.

HCV life cycle.[8, 9, 19, 99] 1: Attachment to cell surface. 2: Cell entry. 3: Uncoating of single-stranded RNA genome. 4: Translation of HCV genome into polyprotein. 5: Cleavage of polyprotein by NS3/NS4A protease. 6: Assembly of membranous web-based replication complex and replication of genome by NS5B's polymerase activity. 7: Assembly of virions and maturation in the ER lumen and transport to the cell surface. 8: Release of virions into the circulation and further post-release maturation.

Figure 3.

Model of emergence of resistance to an HCV therapeutic regimen (reprinted with permission from Rong et al.[20]). T: susceptible (uninfected target) cells; I_s: cells infected with drug-sensitive virus; I_r : cells infected with resistant virus; V_s : population of drugsensitive virus; V_r: population of drug-resistant virus; s: rate of generation of new target cells from precursors; ρ_T : rate of proliferation of target cells; d: rate of death of uninfected cells; δ: rate of death of infected cells; p^s : rate of production of new drug-sensitive virus by infected cells; p_r: rate of production of new drug-resistant virus by infected cells; μ: rate of mutation from drug-sensitive to drug-resistant state; c: rate of clearance of circulating virus; $β$: rate of initial infection of susceptible cells; $ε_s$: success rate of infections with drugsusceptible virus (rate of progression to release of new virus); ε_r : success rate of infections with drug-resistant virus. Red x's represent the effect of drug on ε_s and ε_r .

Figure 4.

Projected evolution of anti-HCV regimen composition. As response rates increase with new therapeutic cocktails, the number of options is expected to increase as well, and as the most toxic components of SOC regimens (i.e. IFN) are eliminated, discontinuation due to toxicity should also decrease.

Table 1a

IC50: 50% inhibitory concentration in biochemical assays of protease; HCV-VL: hepatitis C virus viral load; mono: when used as monotherapy; combo: when used as one component of combination
therapy, usually with SOC; GT: ge IC50: 50% inhibitory concentration in biochemical assays of protease; HCV-VL: hepatitis C virus viral load; mono: when used as monotherapy; combo: when used as one component of combination therapy, usually with SOC; GT: genotype; /r: with coadministration of 100mg daily of oral ritonavir to boost serum levels of the drug by altering hepatic metabolism; Y: mutation at locus detected in resistant virus

Table 1b

Clinical data for protease inhibitors in clinical development. Clinical data for protease inhibitors in clinical development.

che; Const: constitutional (e.g., fever SVR active/SOC: percentage of participants in experimental therapy/SOC group achieving sustained virologic response; Derm: dermatologic adverse events; HA: headache; Const: constitutional (e.g., fever ličau É SVK active/SOC: percentage of participants in experimental therapy/SOC group achieving sustained virologic response; Derm: dermatologic ad
or fatigue); GI: gastrointestinal; Psych: psychiatric; Bili: elevation in biliary m or fatigue); GI: gastrointestinal; Psych: psychiatric; Bili: elevation in biliary markers; Y: adverse event reported in experimental therapy group.

IC50: 50% inhibitory concentration in biochemical assays of protease; GT: genotype; Y: mutation at locus detected in resistant virus. IC50: 50% inhibitory concentration in biochemical assays of protease; GT: genotype; Y: mutation at locus detected in resistant virus.

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Virological data for NS5B (polymerase) inhibitors. Virological data for NS5B (polymerase) inhibitors.

Table 2b

Clinical data for NS5B polymerase inhibitors. Clinical data for NS5B polymerase inhibitors.

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SVR active/SOC: percentage of participants in experimental therapy/SOC group achieving sustained virologic response; Dem: dermatologic adverse events; HA: headache; Const: constitutional (e.g., fever
or fatigue); GI: gastr SVR active/SOC: percentage of participants in experimental therapy/SOC group achieving sustained virologic response; Derm: dermatologic adverse events; HA: headache; Const: constitutional (e.g., fever or fatigue); GI: gastrointestinal; Psych: psychiatric; Renal: elevation in kidney function markers; QT: prolongation of the QT interval on electrocardiography, potentially fatal in a subset of patients receiving other QT-prolonging drugs or with the congenital long QT syndrome; Y: adverse event reported in experimental therapy group. receiving other QT-prolonging drugs or with the congenital long QT syndrome; Y: adverse event reported in experimental therapy group.

Table 3

+, additivity or insignificant synergy; X, antagonism. Blank entries represent combinations for which no published data could be located, although the field is evolving rapidly and more precise quantitative +, additivity or insignificant synergy; X, antagonism. Blank entries represent combinations for which no published data could be located, although the field is evolving rapidly and more precise quantitative data may become available. Similarly, agents not reported to be in active clinical or preclinical development have been omitted from this table in the interest of providing a snapshot of the agents with data may become available. Similarly, agents not reported to be in active clinical or preclinical development have been omitted from this table in the interest of providing a snapshot of the agents with greatest clinical utility. greatest clinical utility.

a **S**, strong synergy predictive of likely *in vivo* synergy; s, possible, or minor but significant, synergy;

Box 1

HCV Life Cycle and relevant targets.[8, 9, 19, 99]

