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Association of serum soluble Receptor for Advanced Glycation End-products with subclinical cerebrovascular disease: the Northern Manhattan Study (NOMAS)

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Abstract

Objective—Serum levels of the soluble Receptor for Advanced Glycation End-products (sRAGE) have been associated with risk of cardiovascular disease. We hypothesized that sRAGE levels are associated with subclinical cerebrovascular disease in an ethnically diverse population.

Methods—Clinically stroke-free participants in the multi-ethnic Northern Manhattan Study (NOMAS) underwent brain MRI to quantify subclinical brain infarcts (SBI) and white matter hyperintensity volume (WMHV) (n=1102). Serum levels of sRAGE were measured by ELISA. Logistic and multiple linear regression were employed to estimate associations of sRAGE with SBI and WMHV, after adjusting for demographics and vascular risk factors.

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Results—Median sRAGE levels were significantly lower in Hispanics (891.9 pg/ml; n=708) and non-Hispanic blacks (757.4 pg/ml; n=197) than in non-Hispanic whites (1120.5 pg/ml; n=170), and these differences remained after adjusting for other risk factors. Interactions were observed by race-ethnicity between sRAGE levels and MRI measurements, including for SBI in Hispanics $(p=0.04)$ and WMHV among blacks $(p=0.03)$. In Hispanics, increasing sRAGE levels were associated with a lower odds of SBI, with those in the upper sRAGE quartile displaying a 50% lower odds of SBI after adjusting for sociodemographic and vascular risk factors (p=0.05). Among blacks, those in the upper quartile of sRAGE had a similarly reduced increased risk of SBI $(p=0.06)$ and greater WMHV ($p=0.04$).

Conclusion—Compared to whites, Hispanics and blacks have significantly lower sRAGE levels, and these levels were associated with more subclinical brain disease. Taken together, these findings suggest sRAGE levels may be significantly influence by ethnicity. Further studies of sRAGE and stroke risk, particularly in minorities, are warranted.

Keywords

RAGE (receptor for advanced glycation end products); biological marker; Hispanics; white matter hyperintensities; subclinical infarct; MRI

1. Introduction

The Receptor for Advanced Glycation End-products (RAGE) is a multi-ligand member of the immunoglobulin superfamily of cell surface molecules [1] Since its isolation in 1992, a growing body of scientific evidence has demonstrated a role for RAGE in the pathogenesis of cardiovascular disease [1–3] Studies have demonstrated that inhibiting ligand-RAGE interaction, including the administration of a recombinant form of soluble (s)RAGE, attenuate the development and progression of cerebrovascular and cardiovascular disease in rodent models [2,3]

Recent studies have identified soluble isoforms of RAGE that exist endogenously and are formed by both alternative splicing or proteolytic cleavage [4,5]. Furthermore, circulating serum levels of sRAGE in human subjects have been shown to be associated with a range of cardio/cebro-vascular risk factors including essential hypertension [6], coronary artery disease [7], intimal-medial thickening of the arteries [8], hypercholesterolemia [9], vascular dementia [10], non-alcoholic fatty liver disease [11], and the diabetic state [12]. Moreover, increased sRAGE levels have been associated with extreme longevity, suggesting a role for RAGE/sRAGE in the aging process [13]. Furthermore, studies have shown lower sRAGE levels were associated with an increased prevalence of ischemic stroke and a higher grade of white-matter hyperintensity volume (WMHV) by magnetic resonance imaging (MRI) in patients with acute stroke [14–16].

WMHV and subclinical brain infarcts (SBI) are often found independently on MRI scans, and may represent ischemic small-vessel disease [17]. Individuals with extensive WMHV and SBI are at increased risk of stroke [17], cognitive impairment, and dementia.[18] Although the mechanisms underlying these imaging abnormalities are not fully known, WMHV and SBI are associated with a range of vascular risk factors including hypertension and diabetes [19]. The association of lower sRAGE levels with both frank cerebrovascular disease and WMHV in stroke patients [14–16] makes sRAGE an attractive candidate for a measure of subclinical cerebral injury in the non-stroke population. However, no studies to date have assessed sRAGE levels in either a prospective cohort, or for its relationship with subclinical vascular disease. Therefore, we hypothesized that lower sRAGE levels are associated with increased SBI and WHMV, in a multi-ethnic stroke-free population.

2. Methods

2.1 Study subjects

The Northern Manhattan Study (NOMAS) is a population-based cohort of initially strokefree participants that was designed to investigate stroke risk factors in a multi-ethnic community [20]. The methods of recruitment and study definitions for race-ethnicity, hypertension, diabetes, cardiac disease, and other risk factor have been previously described [20]. Briefly, hypertension was defined as a systolic blood pressure >140 mm Hg or a diastolic blood pressure > 90 mm Hg, diabetes was defined as a fasting blood glucose ≥ 127 mg/dl, and kidney function was determined by the Modification of Diet in Renal Disease formula [21].

2.2 Laboratory Data

Blood samples were collected at the time of enrollment in 5 ml serum separator tubes, centrifuged at 3000g for 15 minutes, aliquoted into 2ml tubes and stored at −80 °C until use. Samples were thawed on ice and assayed for total serum sRAGE using the Quantikine Human RAGE Immunoassay (R&D Systems). The minimal level of detection was set at 78 pg/ml as per manufacturer's instructions. Laboratory personnel were blinded to patient clinical data. The intra- and interassay coefficients of variation were 6% and 10%, respectively.

2.3 MRI Examination

Participants included in this study were part of a subsample that underwent MRI scanning, and they were recruited from the NOMAS cohort using the following criteria: (1) age ≥ 55 years; (2) no contraindications to MRI; and (3) signed Institutional Review Board-approved informed consent. The original cohort of 3298 participants was enriched by an additional 199 participants for this MRI substudy. Imaging of WMHV was performed and analyzed as previously described [22]. Briefly, imaging was performed on a 1.5T MRI system (Philips Medical Systems, Best, the Netherlands). Analysis of WMHV was based on a Fluid Attenuated Inversion Recovery (FLAIR) image acquired in the Multi-Slice Turbo Spin Echo (MS-TSE) mode with a field of view of 250 mm, rectangular field of view of 80%, and an acquisition matrix of 192×133 scaled to 256×256 in reconstruction. The FLAIR image had a 3 mm slice thickness without gap, an echo time of 144 ms, a repetition time of 5500 ms, an inversion recovery delay of 1900 ms, and a flip angle of 90 degrees. Images were oriented parallel to a hypothetical line connecting the anterior and posterior commissures. Quantitative analysis of WMHV was performed using the Quantum 6.2 package on a Sun Microsystems Ultra 5 workstation.

White matter hyperintensity segmentation from surrounding tissue was done in two steps [23–25]. Non-brain elements were manually removed from the image by operator-guided tracing of the dura mater within the cranial vault. The resulting measure of the cranial vault was defined as the total cranial volume to correct for differences in head size among participants. The first step in image segmentation required the identification of brain matter. Image intensity non-uniformities were then removed from the image and the corrected image was modeled as a mixture of two gaussian probability functions with the segmentation threshold determined at the minimum probability between these distributions. Once brain matter segmentation was achieved, a single gaussian distribution was fitted to image data and a segmentation threshold for WMHV was determined a priori as 3.5 standard deviations (SDs) in pixel intensity above the mean of the fitted distribution of brain parenchyma. Morphometric erosion of two exterior image pixels was also applied to the brain matter image before modeling to remove the effects of partial volume cerebrospinal fluid pixels on WMH determination. White matter hyperintensity volume was expressed as

the proportion of total cranial volume (TCV) to correct for head size, and log transformed to create a normal distribution (log-WMHV) for analysis as a continuous variable [23–25].

WHMV was expressed as the proportion of total cranial volume (TCV) to correct for head size, and natural log-transformed to create a normal distribution (log-WMHV) for analysis as a continuous variable. Investigators processing images were blinded to participant identifying and clinical information. The presence or absence of SBI on MRI was determined according to a protocol using the location, size, and imaging characteristic of the lesion [26]. Lesions 3 mm or larger were considered brain infarcts.

2.4 Statistical Analyses

Statistical analyses were conducted on SAS 9.1 software (SAS Institute, Cary, NC), with the level of statistical significance set at p<0.05. With sample size 1102, we have 84% of power to detect relative risk 0.66 of WMH Large between those with below the median of sRAGE and those with above the median of sRAGE. The Student t-test was used to examine the association between sample characteristics and sRAGE. We fitted logistic regression models with SBI as a binary outcome, and WMH volumes > 1 SD above the age-predicted mean were also defined as "large" and analyzed as a second binary outcome to calculate odds ratio (OR) and 95% confidence interval (CI) [27]. We also used linear regression with log-WMHV as a continuous outcome to calculate β and 95% CI. Serum levels of sRAGE were log-transformed to achieve linearity when it was used as a continuous measure. We also used quartiles of sRAGE (Q1 = lowest, Q2, Q3, Q4) since clinically relevant cutoffs are not well established. Final models adjusted for sociodemographic variables (age, sex, raceethnicity, education, insurance status) and vascular risk factors (current smoking, HDL, LDL, diabetes, Estimated Glomerular Filtration Rate (eGFR), systolic and diastolic blood pressure). Interaction terms between sRAGE and race-ethnicity were tested to assess whether the effect of sRAGE on SBI or WMHV differed by race-ethnicity groups.

3. Results

3.1 Sample Characteristics

There were 1,102 participants with MRI and sRAGE measurements available for analysis. The characteristics of the study sample are presented in Table 1. The mean age of the study group at time of MRI was 70.7 ± 8.6 years. The median (interquartile range) for WHMV was 0.37% (0.21%–0.78%), and the prevalence of SBI was 16% (n=176). The median (interquartile range) for sRAGE was 898 pg/ml (648–1247 pg/ml).

There were differences in sRAGE levels by socio-demographic characteristics. Older participants were more likely to have lower sRAGE levels than younger participants, Hispanics and non-Hispanic blacks had lower sRAGE levels than whites (Figure 1), and those with more education and private medical insurance had higher sRAGE levels. Participants who were current smokers displayed lower sRAGE levels. Lower sRAGE levels were also associated with elevated systolic and diastolic blood pressures, and displayed a trend with a history of hypertension. Race-ethnic differences in sRAGE persisted even after adjusting for sociodemographic and vascular risk factors; compared to whites, sRAGE in blacks was 33% lower ($p<0.0001$) and in Hispanics 12% lower ($p=0.008$).

3.2 Association Between sRAGE Levels, WMHV and SBI in overall cohort

There was an association between sRAGE and WMHV (OR for large WMHV per SD of $log-sRAGE = 0.76, 95\% \text{ CI } 0.64-0.89$; p=0.001), which remained after adjusting for other risk factors (adjusted OR per SD of log-sRAGE =0.78, 95% CI 0.65–0.94; p=0.008). There was no association in the overall cohort between sRAGE levels and SBI (adjusted OR per

SD of $log-sRAGE = 0.91$, 95% CI 0.76–1.09; p=0.29) or WMHV considered continuously (change in log-WMHV per SD of log-sRAGE = -0.04 , 95% CI -0.09 -0.02; p=0.16).

Because of the heterogeneity in sRAGE levels by race-ethnicity, we explored for interactions between sRAGE and race-ethnicity on the subclinical vascular outcomes. There was evidence of an interaction between sRAGE levels and race-ethnicity for both SBI and WMHV. The effect of sRAGE on SBI was significantly different for Hispanics vs whites (p $= 0.04$) and the effect of sRAGE on WMHV was significantly different for blacks vs whites (p=0.03). We therefore performed analyses stratified by race-ethnicity.

3.3 Association Between sRAGE Levels and SBI

Among Hispanics there was a trend toward an inverse association of serum sRAGE levels and SBI (adjusted OR per 1-SD change in $log-sRAGE = 0.80$; 95% CI 0.63–1.01; p=0.06). There was no similar association in whites or blacks (Table 2). To further explore this relationship, we analyzed sRAGE levels by quartiles in each race-ethnic group (Table 3). In unadjusted analyses among Hispanics, we observed a dose-response relationship of sRAGE on SBI. In particular, those in the highest quartile of sRAGE had a lower risk of SBI compared to those in the lowest quartile (OR 0.57 ; 95% CI 0.30 to 1.07; p=0.08). Among whites, an opposite trend was seen, but was not statistically significant. After adjusting for age, sex, education, insurance status, smoking, blood glucose, blood pressure, LDL, HDL, and eGFR, the association was significant in Hispanics (adjusted OR for Q4 of sRAGE compared to $Q1 = 0.50$; 95% CI 0.25– 0.99; p=0.048). In blacks, a similar trend was seen (adjusted OR for Q4 of sRAGE compared to Q1= 0.13 ; 95% CI $0.01-1.13$; p=0.06), but there was no association among whites.

3.4 Association between sRAGE Levels and WMHV

Among blacks, there was an inverse association between serum sRAGE levels and WMHV (a 12% decrease in WMHV per 1 SD increase in log-sRAGE; p=0.035) (Table 4). There was no similar association in whites or Hispanics. We further analyzed sRAGE levels by quartiles in each race-ethnic group (Table 5). In unadjusted analyses, among both blacks and Hispanics, there was a trend towards lower WMHV for those in the upper quartiles (Q4 for blacks and Q3 for Hispanics) of sRAGE than those in the lowest quartile. After adjusting for sociodemographic and vascular risk factors, among blacks, WHMV was 37% lower for those in the top quartile of sRAGE than the lowest quartile ($\beta = -0.47$; 95% CI −0.92 to -0.02 ; p=0.04).

4. Discussion

In this first analysis of sRAGE as a marker of subclinical cerebrovascular disease, we found evidence of effect modification by race-ethnicity in a prospective stroke-free cohort study. We found that lower levels of sRAGE are associated with a higher prevalence of silent brain infarcts in Hispanic subjects, even after adjusting for vascular risk factors. Furthermore, we found that lower sRAGE levels were associated with increased WMHV in blacks after adjusting for other risk factors. Our findings therefore suggest that serum levels of sRAGE may be predictive not only of stroke risk, as previously shown [14–16], but also associated with subclinical cerebrovascular disease, particularly in ethnic groups with increased risk for cerebrovascular disease.

RAGE is a cell surface receptor present on most neurovascular cell types including endothelium, neurons, glia, and circulating inflammatory cells [28,29]. Recently, it has been shown that endogenous mechanisms exist to produce soluble isoforms of RAGE, including alternative splicing of the RAGE gene and cleavage of cell surface RAGE [1]. Furthermore,

these soluble isoforms are measurable in human blood and their levels have been associated with a variety of pathological conditions including diabetes, cardiovascular disease, stroke, and Alzheimer disease [1,10,12,14]. In the current study, we found that sRAGE levels differed by race-ethnicity, with Hispanics and blacks having markedly lower levels than whites (Figure 1). Furthermore, after multivariable analysis, we found evidence of interactions between sRAGE and ethnicity on subclinical disease. We have previously reported on the measurement of biomarkers such as hsCRP, LpPLA2, and myeloperoxidase (MPO) in this cohort in relation to white matter disease [22], and we found an association primarily for LpPLA2 and MPO, but not for hsCRP. However, the cohort in this study was much smaller than the present cohort, and we did not find as strong differences in raceethnicity as for sRAGE. Furthermore, even after adjusting for CRP, LpPLA2 and MPO, there were no appreciable differences in the magnitude of effect of sRAGE on SBI or WMHV, and the race-ethnicity differences remained the same as well.

Previous studies of sRAGE levels have been conducted mainly among homogeneous ethnic populations, focusing mainly on either white or Asian subjects, and have therefore not addressed the race-ethnic variations in sRAGE seen among minority populations [1]. Furthermore, the sRAGE levels seen in the Hispanic and black participants in our study were similar to those associated with vascular disease states in these previous studies. Most recently, in a recent report from the Dallas Heart Study, lower sRAGE levels were seen in blacks compared to Hispanic and whites, but no associations were seen between sRAGE levels by ethnicity and coronary artery disease [30]. However, lower sRAGE levels were found to correlate with increased coronary artery calcification in the entire cohort [30]. There are key differences between our participants and those of the Dallas Heart Study, including that ours is mainly Hispanic, while the Dallas Heart Study population is composed of much lower numbers of Hispanic subjects $(\sim 20\%)$, and a higher proportion of blacks. Furthermore, our Hispanic subjects are predominantly from the Dominican Republic, whereas Hispanics in Dallas are predominantly of Mexican origin. Data from the Multi-Ethnic Study of Atherosclerosis has shown cardiovascular disease and risk factors differ among US Hispanic subgroups, in particular with those of Dominican compared to Mexican origin [31].

In comparison to previous studies of white or Asian control participants, white participant in our study displayed very similar sRAGE levels (in the 1000–1200 pg/ml range) [8],[7]. This raises the intriguing possibility that mechanisms such as genetic differences between ethnic groups may affect sRAGE levels. Recently, a number of studies have linked a number of polymorphisms in the RAGE gene with sRAGE levels [32–34], suggesting genetic variation in the RAGE gene itself may be implicated in these ethnic differences. Further evidence from studies in Asian subjects suggest a positive relationship between sRAGE levels and cardiovascular risk [35,36]. However, the vast majority of studies on Asian subject, albeit mainly focused on the measurement of the esRAGE specific isoform, demonstrate and inverse relationship between esRAGE levels and cardiovascular risk [8,37–41]. Whether such an ethnic difference in sRAGE levels do exist in Asian subjects needs to be addressed, as the majority of these studies are limited by the small number of subjects used these studies.

The pathogenesis of subclinical cerebrovascular disease, and especially white matter disease, is not entirely understood. It has been shown that subclinical brain infarcts and white matter hyperintensities predict stroke risk, cognitive impairment, and dementia, providing indirect evidence that white matter disease is indicative of an ischemic process [18,42]. We therefore speculate that in subjects with lower levels of sRAGE, an increased risk for subclinical disease is related to insufficient circulating levels being present to block RAGE-ligand interaction. Moreover, in Hispanics and blacks, among whom lower sRAGE

The strengths of our study include the large sample number, inclusion of three race-ethnic groups living in the same community, and the quantitative assessment of white matter disease. The limitations, however, are that the current study is cross-sectional, which limits causal inferences. Also, the single measurements of sRAGE and MRI might not be representative of changes in levels over time. For future studies, serial measurements of sRAGE are needed, to establish whether the associations seen with cerebrovascular disease are more than chance findings. A further limitation is the method of measurement used for sRAGE. This ELISA measures the total soluble pool of sRAGE and does not differentiate between different sRAGE isoforms, resulting from alternative splicing or cleavage of the extracellular domain of RAGE from the cell surface [1]. To fully understand the potential role of these isoforms, future studies should measure these specific sRAGE isoforms separately, as ethnic and genetic differences could exist between levels in individuals. Understanding the individual contribution of alternatively spliced and cleaved RAGE to vascular disease pathogenesis may provide deeper insights into the mechanisms by which RAGE is associated with vascular disease.

In conclusion, our data suggest that lower sRAGE levels may be a biomarker for subclinical cerebral injury, especially in Hispanics and blacks. Further prospective and multi-ethnic studies of the predictive value of sRAGE in relation to cerebral injury are needed.

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sRAGE levels by race-ethnicity

Figure 1.

sRAGE levels differ amongst ethnic groups. sRAGE levels (pg/ml) were stratified by raceethnicity. Hispanics and non-Hispanic blacks had lower sRAGE levels than whites (p < 0.0001).

Charact eristics of the cohort (N=1102) and levels of sRAGE.

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Abbreviations: sRAGE= soluble Receptor for Advance d Glycatio n End- products; HDL=hi gh density lipoprote in; LDL=lo w density lipoprote in

*** Log transfor med sRAGE levels were used for t-test

sRAGE levels and silent brain infarcts, stratified by race-ethnicity.

*** Adjusted for age, sex, education, smoking, blood glucose, diastolic blood pressure, systolic blood pressure, low density lipoprotein, high density lipoprotein and estimated glomerular filtration rate

Associations between quartiles of sRAGE levels and silent brain infarct, stratified by race-ethnic group Associations between quartiles of sRAGE levels and silent brain infarct, stratified by race-ethnic group

*‡*Model 2: adjusted for age, sex, education, smoking, blood glucose, diastolic blood pressure, systolic blood pressure, low density lipoprotein, high density lipoprotein and estimated glomerular filtration k Model 2: adjusted for age, sex, education, smoking, blood glucose, diastolic blood incolic blood pressure, low density lipoprotein, high density lipoprotein and estimated glomerular filtration
rate

sRAGE levels and white matter hyperintensity volume (WMHV), stratified by race-ethnicity

*** Adjusted for age, sex, education, smoking, blood glucose, diastolic blood pressure, systolic blood pressure, low density lipoprotein, high density lipoprotein and estimated glomerular filtration rate

Associations between quartiles of sRAGE levels and white matter hyperintensity volume by race-ethnic group Associations between quartiles of sRAGE levels and white matter hyperintensity volume by race-ethnic group

*†*Model 1: unadjusted

 * Model 2: adjusted for age, sex, education, smoking, blood glucose, diastolic blood pressure, systolic blood pressure, low density lipoprotein, high density lipoprotein and estimated glomerular filtration *‡*Model 2: adjusted for age, sex, education, smoking, blood glucose, diastolic blood pressure, systolic blood pressure, low density lipoprotein, high density lipoprotein and estimated glomerular filtration rate