

# NIH Public Access

Author Manuscript

Free Radic Biol Med. Author manuscript; available in PMC 2011 May 12.

# Published in final edited form as:

Free Radic Biol Med. 2009 April 15; 46(8): 1042–1048. doi:10.1016/j.freeradbiomed.2008.12.024.

# Mitochondrial Lon Protease is a Human Stress Protein

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# Abstract

The targeted removal of damaged proteins by proteolysis is crucial for cell survival. We have shown previously that the Lon protease selectively degrades oxidized mitochondrial proteins, thus preventing their aggregation and cross-linking. We now show that the Lon protease is a stress-responsive protein that is induced by multiple stressors, including heat shock, serum starvation, and oxidative stress. Lon induction, by pre-treatment with low-level stress, protects against oxidative protein damage, diminished mitochondrial function, and loss of cell proliferation, induced by toxic levels of hydrogen peroxide. Blocking Lon induction, with Lon siRNA, also blocks this induced protection. We propose that Lon is a generalized stress-protective enzyme whose decline may contribute to the increased levels of protein damage and mitochondrial dysfunction observed in ageing and age-related diseases.

# Keywords

Heat Shock; Mitochondria; Oxidative Stress; Proteolysis; Serum Starvation

# INTRODUCTION

Protein oxidation may be one of the most important forms of oxidative damage. Some 30%-40% of proteins exhibit oxidative modification as a part of normal ageing[1, 2]. The buildup of oxidized proteins in cells can lead to failure of protein maintenance, loss of protein/enzyme function and a variety of deleterious alterations such as protein fragmentation and aggregation, that cause cellular toxicity[3-6]. Proteolytic pathways such as the 20S proteasome and lysosomes are critical in minimizing the levels of oxidized proteins and appear sufficient in young, healthy cells, to cope with increases in protein oxidation, thereby suppressing oxidative stress[7-9]. Conversely, inhibition of these pathways is sufficient to cause the accumulation of oxidized proteins, thus exacerbating oxidative stress[4, 8, 10]. The 20S Proteasome is the major proteolytic enzyme for the removal of oxidatively damaged proteins in the cytosol, nucleus and the endoplasmic reticulum[11-13], backed up by lysosomal autophagy[8].

Mitochondria are a major source of reactive oxygen species, but do not contain proteasome. Of the approximately 20 mitochondrial proteases and peptidases, the Lon protease appears

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to be mostly responsible for selectively degrading oxidized mitochondrial proteins[14]. Previously we reported that the Lon protease preferentially degrades oxidized mitochondrial aconitase, an enzyme that is highly susceptible to oxidative modification and is a marker of oxidative stress and ageing[14]. We also described the effects of chronic Lon down-regulation in human fibroblasts, where mitochondrial respiration is impaired, mitochondrial mass decreases, and massive cell death ensues[15]. Clearly, sufficient Lon is required to cope with oxidized proteins under normal conditions and prevent their accumulation, aggregation, and cross-linking. Whether mitochondria require 'extra' Lon to conduct the rapid elimination of aberrant, oxidized proteins, during oxidative stress is not known.

Metabolic stresses such as serum starvation, heat, and  $H_2O_2$  can induce the production of damaged and oxidatively modified proteins[16, 17]. In addition, heat shock genes have a role in cellular resistance against oxidative stress and are increasingly expressed during oxidant exposure[18, 19]. In a study with glucose starved *Escherichia coli* cells, where ectopically high levels of heat shock transcription factor  $\sigma^{32}$  were induced, a reduction in protein carbonylation was observed; carbonylation was enhanced, however, when Lon was deleted from these cells[20]. We have previously shown that Lon protease conducts the degradation of oxidized proteins in mitochondria[14],[15],[21]. We now wanted to know if the transcription and/or translation of Lon would respond to stress conditions.

In the present report, we investigated the effects of oxidative stress, heat shock, and serum starvation on the Lon protease. During stress, which increases protein damage, we wondered if expression of the Lon protease might be induced, thus providing transient protection (an hormetic response) against the accumulation of damaged proteins. In other words, we hypothesized that Lon may be a stress protein.

# **METHODS**

#### **Cell Culture**

Rhabdomyosarcoma (RD) cells were purchased from ATCC (Manassas, VA). RD Cells were maintained in a  $37^{\circ}C / 5\% CO_2 / 19.9\% O_2$  incubator in DMEM supplemented with 2% horse serum unless otherwise stated.

#### Heat Stress, Serum Starvation, and Peroxide Pre-treatments to Induce Lon

RD cells were seeded at a density of  $3 \times 10^6$  cells per  $75 \text{cm}^2$  flask, 24 hours prior to treatment. For heat stress, RD cells were incubated in a  $45^\circ\text{C} / 5\%\text{CO}_2 / 19.9\%$  O<sub>2</sub> incubator for one hour and then immediately returned to  $37^\circ\text{C} / 5\%\text{CO}_2 / 19.9\%$  O<sub>2</sub> for recovery. Serum Starvation involved incubating cells for one hour in serum free DMEM, washing twice with warm PBS, and then adding 2% horse serum supplemented DMEM for cell recovery. Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) treatments involved incubating cells with various low concentrations (0-800 \mu\text{M}) of H<sub>2</sub>O<sub>2</sub> in DMEM for 1 hour. The cells were washed twice with warm PBS, and DMEM supplemented with 2% horse serum was then added back to the cells for recovery. For preconditioning experiments, RD cells were incubated in All-Star negative control (non-silencing) siRNA or Lon siRNA for 3 days, and then pre-treated for 1 hour in DMEM with 0-800 \mu H<sub>2</sub>O<sub>2</sub>. The cells were allowed to recover for 3 hours in DMEM supplemented with 2% DMEM and then challenged with a toxic dose of 2mM H<sub>2</sub>O<sub>2</sub> in DMEM for 1 hour.

#### siRNA Incubations

RD cells were seeded at a concentration of 937,500 cells per 75cm<sup>2</sup> flask. One day after seeding, cells were treated with 0.04% oligofectamine and either 0.04% All-Star negative control siRNA (Qiagen) or 0.04% Lon siRNA (target sequence:

AAGCACGTCATGGATGTTGTG) in DMEM for 4 hours. All siRNAs were purchased from Qiagen (Valencia, CA). Cells were then incubated in DMEM supplemented with 2% horse serum without siRNA for 2 days, before seeding in preparation for  $H_2O_2$  treatments. Cells were then trypsinized and re-seeded at a density of  $3 \times 10^6$  cells per 75cm<sup>2</sup> flask for 24 hours prior to  $H_2O_2$  treatment.

### Western Analysis

Cells were harvested from 75cm<sup>2</sup> flasks by trypsinization. Cells were washed twice with PBS to remove trypsin, and then lysed in RIPA buffer supplemented with protease inhibitors. Protein was quantified with the BCA Protein Assay Kit from Pierce (Rockford, IL) according to manufacturers instructions. For western analysis, 40µg of protein was run on SDS-PAGE and transferred to a PVDF membrane for antibody analysis. Custom Lon antibody was synthesized and utilized as described previously[14]. Porin antibody was purchased from Abcam (Cambridge, MA , #ab15895) and mitochondrial heat shock protein 70 (mtHSP-70) antibody was purchased from Affinity BioReagents (Golden, CO, #MA3028). Blots were blocked and probed in Startingblock<sup>TM</sup> buffer from Pierce (Rockford, IL). An enhanced chemiluminescence detection kit, purchased from Pierce (Rockford, IL), was used for chemiluminescence and membranes were developed onto Kodak biomax films (VWR, West Chester, PA) using the Kodak GBX developing system (VWR, West Chester, PA).

#### **RNA Isolation and Quantitative Real Time PCR**

TRIzol® (Invitrogen, Carlsbad, CA) was added directly into 75cm<sup>2</sup> flasks immediately after treatment and then isolated following manufacturers instructions. RNA pellets were resuspended in 100µl of water and then treated with DNA-*free*<sup>™</sup> kit (Ambion, Austin, TX) following the manufacturer's instructions. RNA was quantified with the nanodrop spectrophotometer (Nanodrop Technologies, Wilmington, DE). Amplification for Lon was carried out with the primer sequences: 5'-ATGGAGGACGTCAAGAAACG-3' and 5'-GATCTCAGCCACGTCAGTCA-3' and for actin: 5'-

TTGTTACAGGAAGTCCCTTGCC-3' and ATGCTATCACCTCCCCTGTGTG-3'. qRT-PCR reactions were performed in triplicate in a MJ Research Detection System (MJ Research, Waltham, MA) using SuperScript<sup>™</sup> III Platinum® SYBR® Green One-Step qRT-PCR Kit (Invitrogen, Carlsbad, CA) as recommended by the manufacturer. The sensitivity of reactions and eventual amplification of contaminant products, such as primer– dimers, indiscriminately detected by the SYBR green chemistry, was evaluated by amplifying serial dilutions of cDNA and by performing a blank without cDNA. The amplification of a single-size product was verified by gel electrophoresis (data not shown). Induction Ratio was calculated, using the relative expression method where results with a confidence value greater than 17% were rejected. Actin mRNA was used as the internal control.

#### **Detection of Carbonylated Proteins**

Protein Oxidation Detection Kit, OxyBlot<sup>TM</sup> was obtained from Millipore (Billerica, MA) and was used to perform immunoblot detection of oxidatively modified proteins by the generation of carbonyl groups. 15  $\mu$ g of protein was used for each reaction. Carbonyl groups in samples were derivatized to 2,4-dinitrophenylhydrazone (DNP-hydrazone) by reaction with 2,4-dinitrophenylhydrazine (DNPH). Samples were stored at 4°C until ready to load onto 12.5% polyacrylamide gels for western blot analysis as described above. Detection of carbonylated proteins was performed as suggested by the manufacturer, using an anti-DNP antibody.

### **Quantification of Surviving Cells**

Cells were collected and cell numbers directly quantified using a Z1 series Beckman Coulter Particle Counter. 100,000 cells were seeded on 6-well plates, in triplicate, and cultured in in DMEM supplemented with 10% horse serum in a  $37^{\circ}C / 5\% CO_2 / 19.9\% O_2$  incubator for 3 days, after which cells were counted again.

Another assay for mitochondrial function and cell viability is through the reduction of tetrazolium salt, known as the MTT [3- (4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide] assay. Reduction of the tetrazolium compound MTT is dependent upon the presence of nicotinamide adenine dinucleotide and nicotinamide adenine dinucleotide phosphate, as well as intact mitochondrial electron transport and, therefore, reflects mitochondrial function and metabolic activity [22]. MTT analysis was performed with the celltiter 96 nonradioactive cell proliferation assay® by Promega (Madison, WI). After hydrogen peroxide treatments, 40,000 cells were seeded in quadruplicate on a 96-well plate and incubated for 3 days in DMEM supplemented with 10% horse serum in a  $37^{\circ}C / 5\% CO_2 / 19.9\% O_2$  incubator. Cellular reduction of the tetrazolium salt [3- (4,5- dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide] into a formazan product was then quantified according to the manufacturer's instructions.

# RESULTS

#### Lon is a stress responsive protein

Metabolic stress can result in a rapid increase in damaged mitochondrial proteins that need to be rapidly removed, before they accumulate as insoluble aggregates, and disrupt mitochondrial function and cellular homeostasis. We hypothesized that Lon might be a general human stress responsive protein to combat homeostatic disruptions in mitochondria by degrading damaged proteins that accumulate under adverse conditions. To test this possibility, we designed studies in which human rhabdomyosarcoma cells (RD)<sup>\*</sup> were exposed to three different types of stresses: oxidative stress, heat stress, and serum starvation. Primary cultures of muscle cells are difficult to attain and would be difficult to propagate to the large numbers needed for these exploratory experiments. Thus, although RD cells are substantially transformed, they are derived from human muscles, they are a robust culture line, and they divide at a rate that made it possible to perform the large-scale dose- and time-response studies presented in this paper. RD cells were exposed to each stress for 1 hour, then left to recover under normal conditions for a further 3, 6, or 24 hours and, finally, collected for analysis.

We first tested whether oxidative stress caused by hydrogen peroxide could induce Lon. We incubated RD cells in complete medium with either 0, 100, 200, or 400  $\mu$ M of H<sub>2</sub>O<sub>2</sub> for 1 hour and let the cells recover under normal conditions with fresh medium for a further 3, 6, or 24 hours. Induction of the Lon protease was observed at 4, 7, and 25 hours after treatment, with the highest protein induction, approximately 8 fold, observed 4 to 7 hours after treatment with 200 $\mu$ M peroxide (figure 1A). There was a modest induction of mRNA after H<sub>2</sub>O<sub>2</sub> treatment (figure 1B), analyzed through quantitative real time PCR (qRT-PCR<sup>\*</sup>), with the highest inductions of 2.3 fold (at 4 hrs) and 1.7-fold (at 7 hrs) observed when the cells were treated with 100  $\mu$ M H<sub>2</sub>O<sub>2</sub>, and 1.9 fold (at 4hrs) and 1.6-fold (at 7 hrs) after 200 $\mu$ M H<sub>2</sub>O<sub>2</sub> treatment.

<sup>&</sup>lt;sup>\*</sup>RD - Rhabodmyosarcoma

<sup>\*</sup>qRT-PCR – Quantitative real time PCR

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Our optimization studies for heat stress indicated that Lon induction was significant between 42 to  $45^{\circ}$ C degrees (a common range for heat experiments). Within this range, treatment at  $45^{\circ}$ C generated a significantly larger increase in Lon levels than did 42°C treatment (data not shown). To test for response to heat, RD cells were incubated at  $45^{\circ}$ C for 1 hour and then allowed to recover in a  $37^{\circ}$ C incubator for an additional 3, 6, or 24 hours. In figure 2A, cells exposed to a  $45^{\circ}$ C heat shock exhibited an 80% induction of Lon protein after 1 hour of shock, and 31% induction after 3 hours recovery, gradually returning towards basal levels at 6 and 24 hours (figure 2A). In our studies, Lon up-regulation was accompanied by a co-induction of mitochondrial heat shock protein 70 (mtHSP-70<sup>\*</sup>), which exhibited a 70% increase after 1 hour of heat shock and declined to basal levels thereafter (figure 2A).

To study serum starvation stress, RD cells were incubated in medium without serum for 1 hour and then recovered with medium supplemented with 2% horse serum for 3, 6, or 24 hours. As seen in figure 2B, after the 1-hour serum starvation, there was no increase in Lon levels. After recovery of 3 hours in serum-supplemented medium, Lon protein levels exhibited a 4-fold increase (figure 2B). Lon protein levels after 6 and 24 hours of serum starvation stress recovery remained relatively high with protein inductions of about 3.8 and 3.1 fold, respectively (figure 2B).

#### Lon Induction protects cells against an increase in protein oxidative damage

Since hydrogen peroxide increases mitochondrial protein oxidative damage in cells[23], and Lon degrades oxidized proteins[14], we hypothesized that Lon induction should contribute to cellular protection against oxidized proteins. Cells treated with low levels of hydrogen peroxide showed strong induction of Lon protein levels 4 hours after treatment (see figure 1A). We took advantage of this knowledge and hypothesized that cells in which Lon was induced by pretreatment with low levels of  $H_2O_2$ , should exhibit greater ability to cope with oxidized proteins generated during a subsequent challenge (higher) dose of  $H_2O_2$ . In order to test for such inducible protective effects, we measured protein carbonyl content in these cells. Recognizing that  $H_2O_2$  can induce a number of stress responsive genes however [24-28], we wanted to carefully test whether Lon induction specifically contributes to protection against an increase in the carbonyl content. We approached this by designing an experiment to test whether Lon can contribute to increased (adaptive) protection, sometimes called hormesis, by incubating cells with either control non-silencing siRNA (figure 3A) or Lon silencing siRNA (figure 3B), beginning three days prior to all  $H_2O_2$  treatments.

We pretreated our cells with 0, 50, 100, 200, 400, or 800 $\mu$ M hydrogen peroxide; from pilot experiments (figure1), less than 100 $\mu$ M H<sub>2</sub>O<sub>2</sub> was expected to induce only small increases in Lon expression, 100, 200 and 400 $\mu$ M H<sub>2</sub>O<sub>2</sub> were expected to induce strong Lon expression, and H<sub>2</sub>O<sub>2</sub> pretreatments of above 400 $\mu$ M were again expected to induce smaller Lon increases. After 1 hour of H<sub>2</sub>O<sub>2</sub> pre-treatment, cells were allowed to recover in fresh medium, without peroxide, for an additional 3 hours to allow Lon protein induction. The data presented in figure 3 panels A-B are an extension of the experiments from figure 1, with data collected after 4 hours of peroxide treatment (which was the most effective time point according to fig. 1). In fig. 3, we extended the concentrations to 50 and 800 $\mu$ M to determine a more dosage effect, since 100 $\mu$ M in fig. 1 already showed a rather strong inducing effect on Lon, and since 400 $\mu$ m (in fig. 1) appeared to suggest the beginnings of a loss of induction or cellular toxicity. Please note that Lon induction levels in fig. 3 are entirely comparable (at the same peroxide doses) to those shown in figure 1 after four hours treatment. It is also worth reiterating that the cells from figure 3 panels A-B, were not

<sup>\*</sup>mtHSP-70 – Mitochondrial heat shock protein

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challenged with 2mM peroxide, however, the carbonyl data from panels C-F were obtained from both non-challenged cells, and cells challenged with 2mM hydrogen peroxide.

The pre-treated cells were then challenged with a high, toxic, dose of 2mM H<sub>2</sub>O<sub>2</sub> for one hour. The cells were then harvested and western blots were analyzed. As expected (see figure 1), Western analysis of cells incubated with control non-silencing siRNA revealed that the 100, 200, and  $400\mu$ M H<sub>2</sub>O<sub>2</sub> pretreatments induced the highest Lon expression, whereas higher and lower H<sub>2</sub>O<sub>2</sub> pretreatments were not so effective (figure 3A, E). In contrast, incubation with Lon siRNA prevented increases in Lon expression at all H2O<sub>2</sub> pretreatment concentrations (figure 3B,E).

Exposure of control, non-silencing siRNA incubated cells to the 2mM challenge dose of  $H_2O_2$  (without  $H2O_2$  pretreatment to induce Lon) caused oxidative protein damage, as evidenced by significantly increased levels of protein carbonyls (figure 3C, left 2 lanes, and panel F). Pretreatment of cells with 50µM  $H_2O_2$ , which was not effective in inducing Lon, did not show protection against carbonyls generated by 2mM  $H_2O_2$ . Similarly, pretreatment with 800 µM  $H_2O_2$ , which also caused no increase in Lon, again failed to block carbonyl production caused by the 2mM  $H_2O_2$  challenge (fig. 3C,E). In contrast, pretreatment with 100 or 200µM  $H_2O_2$  (both of which strongly increased Lon expression) blocked carbonyl production (protein oxidation) by as much as 95% (figure 3C,E,F). This suggests that pretreatment of cells with low levels of  $H_2O_2$ , which induce Lon, protects cells against carbonyl production when challenged with a subsequent high dose of  $H_2O_2$ . This protection may only be effective up to a certain pretreatment concentration threshold, however, at which point the pretreatment itself becomes toxic enough to cause significant carbonyl production. We propose that this explains the results of  $400\mu$ M  $H_2O_2$  pretreatment, which induced Lon but failed to protect against carbonyl production (Fig. 3C,E,F).

Incubation of cells with Lon siRNA firmly confirmed the protective effect of Lon against protein oxidation. As shown in figure 3B and E, Lon siRNA effectively blocked Lon induction at all  $H_2O_2$  pretreatment concentrations, and even knocked-down Lon to about one-third of basal levels. In keeping with our hypothesis that Lon is a stress-protective enzyme, carbonyl production generated by the challenge dose of 2mM  $H_2O_2$  in these Lon siRNA incubated cells was greater (about four-fold) than under any other conditions (figure 3F).

#### Lon Induction Preserves Cell Viability During Stress

Since Lon induction appeared to protect cells from the accumulation of damaged protein, we wanted to test whether Lon induction would also improve cell growth and mitochondrial function after a strong oxidant challenge. For these studies, cells were taken from the experiments of figure 3, after incubating with control siRNA or Lon siRNA, pre-treating with 0-800 $\mu$ M H<sub>2</sub>O<sub>2</sub>, and challenging with 2mM H<sub>2</sub>O<sub>2</sub>. Cell growth was assessed by plating 100,000 cells in six-well plates, incubating them for three days, and then counting cell numbers in a particle counter (figure 4A). Mitochondrial functionality was also estimated by reduction of the tetrazolium compound, MTT (figure 4B).

Challenging cells with 2mM H<sub>2</sub>O<sub>2</sub> caused a drastic decline in the number of viable cells (figure 4A) and in MTT reduction capacity (figure 4B) in both control siRNA and Lon siRNA incubated cells. In control siRNA incubated cells, however, Lon induction by pretreatment with  $100\mu$ M or  $200\mu$ M H<sub>2</sub>O<sub>2</sub> (the pretreatments that produced greatest Lon induction and allowed least protein carbonyl accumulation – figure 3) limited the loss of cell number (figure 4A) and MTT reduction (figure 4B) to one-third or less of the decline seen without H<sub>2</sub>O<sub>2</sub> pretreatment. In contrast, incubation with Lon siRNA, which blocked Lon induction completely (figure 3) also completely prevented improvements in both cell

number (figure 4A) and MTT reduction results (figure 4B). Thus, Lon induction appears to be important for cell survival following an oxidative stress. It should be noted that the cells used in the studies of figure 4 were taken directly from the experiments of figure 3 – the cells were halved and used for both sets of tests – so that the Lon induction and carbonyl detection results of figure 3 may be directly applied to the cells used in figure 4.

# DISCUSSION

Although the importance of Lon protease in normal mitochondrial function is clear, Lon transcription, translation, and activity seem to vary with age. The livers of old rats exhibit less Lon protease activity and higher amounts of oxidized and N<sup>ε</sup>-carboxymethyllysine protein content than do livers of young rats [29]. Similarly, the Lon content and activity in skeletal muscle mitochondria from old mice are significantly decreased from values found in young mice, whereas the levels of oxidized mitochondrial proteins are increased; furthermore, increased chronic oxidative stress, experienced by transgenic mice that are heterozygous for mitochondrial manganese-superoxide dismutase (50% loss of activity) exacerbates the effects of ageing on both diminished Lon and increased protein oxidation[21]. In contrast to these results in rodent liver and skeletal muscle, the activity of Lon remains unchanged in heart muscle from old rats, although, Lon protein and mRNA levels both increase with age: suggesting an accumulation of inactive Lon[30]. These data suggest that the ability of ageing mitochondria to respond to stress may be compromised, due, at least in part, to the loss of Lon activity. Mitochondrial dysfunction has been implicated in the ageing process[31] as well as in age-related diseases such as Alzheimer's [32, 33], Parkinson's [34, 35], and inclusion body myositis [36, 37].

In this study, we tested whether Lon is a stress responsive protein. Our analysis of multiple stressors on Lon reveals that Lon is induced under these conditions. Following oxidative stress, the induction of Lon protein seems to be much higher than the increases in steadystate Lon mRNA levels. Post-transcriptional regulation has been observed in a number of stress-responsive proteins as a means to rapidly increase protein content without the considerable time lag associated with the synthesis, processing, and export of *de novo* synthesized mRNA[38]. Oxidative stress may result in a rapid increase in damaged proteins that need immediate removal. Such a case would require rapid synthesis of Lon proteins or an increase in Lon activity. Our main focus in this paper was to determine whether Lon might respond to oxidative stress. We also performed mini studies on multiple stresses because we wanted to test our hypothesis that Lon may be a more general shock or stress protein, and because of published work indicating that heat and serum starvation can result in oxidative damage in cells. The induction of Lon with heat and serum starvation supports the hypothesis that Lon is protective under multiple stress conditions. It should be noted that Lon protein levels were significantly increased with only a minor elevation of *lon* transcripts after oxidative stress (fig. 1). Furthermore, Hori et al (39) reported no increase in lon mRNA levels in HeLa cells. We are currently working to test a model that Lon is translationally regulated during stress (although both transcriptional and translational regulation may be involved in different stresses), but such experiments are beyond the scope of the current paper.

In HeLa cells, it has been shown that Lon expression is enhanced with endoplasmic reticulum stress[39]. Heat shock induction of Lon has been shown in *E.coli* [40, 41], however *lon* mRNA induction was not observed in human Hela cells [39]. Our heat shock experiments were performed at 45°C for 1 hour, which may explain the apparent discrepancy between our results and those of a previous study with HeLa cells, which were tested at 43°C. It should also be noted that protein induction was not analyzed in the previous study by Hori *et al.*[39]. We speculate that the induction of Lon observed 1- 3

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hours after stress may be sufficient to help refold or assemble damaged protein products generated during the stress, or to degrade those damaged proteins that are non-repairable. Since these cells survived a one-hour heat shock with no indication of extensive cellular damage or death, we speculate that after 3 hours of recovery, elevated Lon levels were no longer required. The mechanism(s) by which excess Lon protein is removed following a successful stress response is an intriguing question that we are now trying to address. The co-induction of mtHSP-70 with Lon supports the (previously proposed) concept that Lon may be working in conjunction of mtHSP-70 as both a chaperone and a protease [39, 42]. Further experiments are in progress to better define and understand the mechanism in which Lon is protective under heat shock.

We demonstrate that Lon induction provides important cellular protection against the accumulation of oxidized proteins during metabolic stress: a true hormetic response, up to a threshold. Through the use of siRNA, we were able to show that the level of Lon induction is dependent upon the level of oxidative damage, in a dose-responsive manner. Oxidative damage caused by low to intermediate levels of peroxide, such as 50 to 400  $\mu$ M, is effective at inducing Lon, while high levels of oxidative damage caused by a high dose of 800 $\mu$ M peroxide is no longer effective. We speculate that mitochondrial damage occurring after pretreatment with a high dose of 800 $\mu$ M may have sensitized these cells, and is the approximate upper threshold for the Lon stress response, after which a different mechanism may take effect, such as apoptosis, which was also encountered in our previous work (Bota et al. 2004). The present results (figs. 3 and 4) make it clear that Lon induction significantly contributes to increased protection against the accumulation of carbonylated proteins, and also increases cellular viability during oxidative stress. The increased cell viability may be due, at least in part, to Lon's ability to maintain mitochondrial function.

In the present manuscript, we find that the induction of Lon is protective against oxidative protein damage in whole cells, and that the oxidative (carbonyl) damage is not limited to mitochondrial proteins. Since mitochondria are a major source of free radical generation in cells, and the loss of Lon results in damaged mitochondria, this might contribute to a vicious cycle of ROS generation within the cell. It is also entirely possible that some proteins (e.g. aconitase) are selectively or preferentially damaged, whereas others may undergo more random oxidation. A categorization of the nature of the proteins oxidized, as well as those that are degraded or protected by Lon, would certainly be interesting, but is beyond the scope of this manuscript. Although mitochondrial functionality after hydrogen peroxide treatment during Lon downregulation has not been studied in detail, MTT analysis suggests that mitochondrial function is seriously impaired, and this is further supported by data from our previous work (Bota et al., 2004).

An emerging body of evidence suggests that the Lon protease is important during cellular stress. In addition to increased Lon activity and expression during heat shock[40, 41] and ER stress[39], hypoxia induces Lon mRNA through the hypoxia-inducible factor 1 (HIF-1), a nuclear transcription factor that can regulate Lon expression[43]. In addition, ischemia/ reperfusion in mouse heart results in marked increases in Lon activity, while preventing the accumulation of carbonylated mitochondrial proteins[44]. This report indicates that Lon protein is induced with oxidative stress, heat stress, and serum starvation, and protects against the production of protein oxidation in cells. Our data suggests that the majority of the regulation may occur post-transcriptionally. This may permit a more rapid adaptive response that can facilitate cellular proliferation by minimizing mitochondrial damage during a toxic stress.

The induction of Lon during stress may be of even greater importance due to its potential role in mtDNA binding. Lon degrades the Kreb's cycle enzyme aconitase, which has

recently been shown to also have a role in mtDNA packaging[45]. In addition, there is evidence that Lon binds to the mtDNA genome[46], including the mtDNA light strand promoter overlapping the mtTFA binding site[47, 48], and such mtDNA proteins as mtSSB, polymerase  $\gamma$ , twinkle helicase, and PDIP38[49, 50]. Involvement of Lon in proteolysis, chaperoning, and mtDNA binding, may contribute to the impairment of mitochondrial function and cell death observed in our previous study[15]. With its multiple features, Lon might be poised as a major regulator of mitochondrial homeostasis that can respond to transient changes in the mitochondrial environment. During ageing, accumulation of oxidized mitochondrial proteins, and impaired mitochondrial function may be due, at least in part, to the decline of Lon and its diminished ability to cope with stress.

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#### Figure 1. Lon is induced with hydrogen peroxide treatment

A, Lon protein analysis of RD cells treated with 0, 100, 200, or  $400\mu$ M H<sub>2</sub>O<sub>2</sub> for 1 hour and then left to recover for up to 25 hours after H<sub>2</sub>O<sub>2</sub> treatment. 'No H2O<sub>2</sub>' represents samples that were incubated with vehicle instead of hydrogen peroxide. Blots were probed with anti-Lon antibody or anti-porin antibody as a mitochondrial loading control. The bar graph represents data normalized against porin. *B*, mRNA analysis by qRT-PCR of the same samples examined in A. Samples were amplified with Lon and GAPDH primers and calculation of Lon mRNA levels were normalized against GAPDH as an internal loading control. In both panels A and B, all data points shown are the means ± standard errors of three independent determinations.



#### Figure 2. Lon is induced with heat stress and serum starvation

*A*, Lon and mtHSP-70 western analysis of RD cells treated with a 45°C heat shock for one hour and then allowed to recover in 37°C for 3-24 hours. *B*, Western analysis of RD cells incubated in serum-free medium and then allowed to recover in complete medium with serum for 3-24 hours. Samples were probed with anti-Lon antibody or anti-porin antibody as a mitochondrial loading control. The bar graphs in both A and B represents Lon levels normalized against porin and all data points shown are the means  $\pm$  standard errors of three independent determinations.



#### Figure 3. Preconditioned cells are better protected against oxidative damage

Western Analysis of RD cells. Cells were incubated with *A*, control non-silencing siRNA or *B*, Lon siRNA. Three days later these samples were pretreated with between 0-800 $\mu$ M H<sub>2</sub>O<sub>2</sub> for 1 hour and then allowed to recover for a further 3 hours in medium without H<sub>2</sub>O<sub>2</sub>. 'No challenge' samples represent cells incubated with siRNA but not with H<sub>2</sub>O<sub>2</sub>. The blot in B was overexposed to show silenced Lon bands. The same cells were subsequently challenged 4 hours after pretreatment with 2mM hydrogen peroxide for 1 hour, after which carbonyl content was analyzed in *C*, control non-silencing siRNA, or *D*, Lon siRNA. Oxidatively modified proteins were detected upon treatment of cell extracts with 2,4- dinitrophenylhydrazine to derivitize protein carbonyl groups, followed by Western blot analysis using a polyclonal antibody to the 2,4 dinitrophenylhydrazine moeity. *E*,*F*, Quantification of immunuoblots from A-D, all data points shown are the means ± standard errors of three independent determinations.

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#### Figure 4. Preconditioned cells exhibit increased cell viability

Cells from the experiments of figure 3 were collected and incubated for an additional 3 days to determine survival number and viability. In short, cells were incubated with control or Lon siRNA followed by  $H_2O_2$  pretreatment (concentrations indicated) and challenged with 2mM hydrogen peroxide for 1 hour. 'No Challenge' samples are cells that were treated with siRNA but not treated with hydrogen peroxide. *A*, Number of cells that survived after hydrogen peroxide treatments determined by direct cell counting. *B*, Relative fluorescence of cells which represent cell viability and mitochondrial activity with the MTT assay. In both panels A and B, all data points shown are the means  $\pm$  standard errors of four independent determinations.