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# **Unanticipated Signaling Events Associated with Cardiac Adenylyl Cyclase Gene Transfer**

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# **Abstract**

The published papers on the effects of increased cardiac expression of adenylyl cyclase type 6 (AC6) are reviewed. These include the effects of AC on normal and failing left ventricle in several pathophysiological models in mice and pigs. In addition, the effects of increased expression of AC6 in cultured neonatal and adult rat cardiac myocytes are discussed in the context of attempting to establish mechanisms for the unanticipated beneficial effects of AC6 on the failing heart.

#### **Keywords**

Gene Therapy; Congestive Heart Failure; Adenovirus Vector; Animal Models; Nitroprusside; Cyclic AMP; Adrenergic Signaling

# **1. Introduction**

Our purpose is to review a very specific topic: mechanisms for the favorable effects of increased cardiac expression of adenylyl cyclase type 6 (AC6) on normal and failing hearts. Unlike most reviews, where a given topic is studied by many groups of scientists, AC6 and its effects on cardiac function have, for the most part, been published by the laboratory of the authors. Citing so many of our papers was therefore unavoidable. The effect of AC in other cells and organs has been a focus of several recent reviews and original articles. For example: increased AC6 expression in cardiac fibroblasts and other cells [1-5], regulatory properties of cardiac AC6 and AC5 (the other major AC isoform expressed in cardiac myocytes) [6-8], AC5 in the heart [9-15], structure-function relationships of various AC isoforms [16-24], mechanisms for  $Ca^{2+}$ -inhibition and stimulation of AC isoforms [25-29], and the role of AC isoforms in the brain, with a focus on memory [30-32].

# **2. AC Structure and Activity**

Adenylyl cyclase (AC) is a transmembrane protein in cardiac myocytes and other cells and is the effector molecule for the β-adrenergic receptor (βAR) and other G-protein coupled receptors. AC regulates the conversion of adenosine triphosphate (ATP) to 3′,5′-cyclic adenosine monophosphate (cAMP), thereby, through protein kinase A (PKA), initiating a

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variety of intracellular signaling cascades that influence heart function. AC isoforms possess the general structure shown in Figure 1: two transmembrane regions (M1 and M2) linking a large cytosolic loop (C1) and a second cytosolic loop (C2) following the M2 region. C1  $\&$ C2 comprise the catalytic core, a primary site for regulation of AC activity [33-39]. AC activity is influenced by Gas, Gai,  $Mg^{2+}$  and ATP, and also is affected by glycosylation and phosphorylation by protein kinase A (PKA) and protein kinase C (PKC) [16-24, 38-43].

Dynamics of the C1C2 interface is a pivotal determinant of AC activity – Gαs binds to the C2 domain and increases the affinity of C2 with C1, with consequent catalysis and generation of cAMP. In contrast, Gαi binds to the C1 domain, reduces the affinity of C1 for C2 and reduces AC activity. Forskolin alters the conformation of the C1C2 active site, thereby enabling vigorous enzyme activation [38-40]. Gilman's laboratory showed that a C1C2 fusion protein (a soluble fragment of the parent AC molecule absent its transmembrane regions) retains catalytic activity – cAMP is generated with forskolin or Gαs stimulation. However, it was unresponsive to βAR stimulation, due to its lack of association with the plasma membrane, which made  $\beta AR$  coupling impossible [44-46].

X-ray crystallography of AC C1C2 fusion proteins revealed binding sites for forskolin, Gαs,  $Mg^{2+}$  and ATP [16]. Forskolin contacting residues are located on both C1 and C2 domains in the cleft of the C1C2 fusion protein (Figure 1). The Gαs binding site is adjacent to that of forskolin, which is the basis for their synergistic effects on catalytic activity. The specific ATP binding site is also at the interface of the C1 and C2, and residues in both C1 and C2 domains bridge the  $Mg^{2+}$  binding pocket. Mutagenesis studies confirm the importance of these residues in the catalytic core for AC activity [47,48]. These data have guided our generation of AC6 mutants that lack catalytic activity, but are similar otherwise to normal AC6.

# **3. AC6 Gene Transfer for Clinical CHF**

Recent studies, which will be reviewed, indicate that increased cardiac AC type 6 (AC6), a dominant AC isoform expressed in mammalian cardiac myocytes [49] has protean beneficial effects on the left ventricle (LV) (Table). These include: 1) increased survival in mice with cardiomyopathy [50]; 2) increased survival in acute myocardial infarction (MI) [51]; 3) reduced action potential duration [52] and facilitation of atrio-ventricular (AV) conduction [53] associated with reduction of AV block [51]; 4) reductions in both LV dilation and pathological hypertrophy [54, 55]; 5) beneficial effects on  $Ca^{2+}$  handling through improved SERCA2a activity [56], and reduced phospholamban activity [56]; and 6) increased cardiac troponin I phosphorylation [57]. Based on these results and additional safety studies, it appeared that cardiac gene transfer of AC6 might be a rational potential therapy for clinical congestive heart failure (CHF).

A clinical trial of cardiac AC6 gene transfer in patients with CHF began enrollment in May 2010 (ClinicalTrials.gov, NCT00787059). This trial is a randomized, double blinded, placebo controlled study to evaluate the safety and clinical effectiveness of ascending doses of human adenovirus-5 (E1/E3-deleted, replication incompetent) encoding human AC6 (Ad5.hAC6) in patients with stable but severe CHF. The vector will be delivered by intracoronary injection simultaneously with intracoronary nitroprusside, used to increase gene transfer efficiency. Seventy-two patients will be enrolled in a 3:1 randomization ratio, so that 54 patients will receive increasing doses of Ad5.hAC6, and 18 will receive placebo.

This review will focus on studies of the effects of increased expression of AC6 in cultured cardiac myocytes, and in a variety of animal models of heart failure. In reviewing these studies we will adress potential mechanisms, and also adress the paradoxical finding that an

agent closely linked with cAMP production has favorable effects, when other agents that promote cAMP production have deliterious consequences.

# **4. Preclinical Data**

#### **AC Content and cAMP Generation**

Using recombinant adenovirus to increase AC6 expression in neonatal cardiac myocytes, it was found that cells with increased AC6 responded to agonist stimulation with marked increases in cAMP production in proportion to protein expressed: AC protein expression was amplified six-fold and ßAR-stimulated cAMP production was increased seven-fold (vs Ad5. lacZ control) [58]. Basal cAMP was unchanged by AC6 gene transfer. No changes in ßAR number, or in the expression of Gαs or Gαi2 were found. In other experiments using a different construct that produced a 2-fold increase in AC6 protein, isoproterenol and forskolin-stimulated cAMP generation were increased 2-fold, showing that the maximal cAMP generation is proportional to the amount of AC6 in the cell [58]. These data indicated that βAR responsiveness can be influenced by increasing the effector (AC) without changing ßAR number.

#### **Increased Cardiac AC Expression**

Transgenic mice with cardiac-directed AC6 expression have normal LV size and basal function. However, when stimulated through the ßAR, cardiac function is increased through a wide range of isoproterenol-doses (p<0.0001) and cardiac myocytes show a 2.6 fold increase in cAMP production  $(p<0.009)$ . In contrast, basal cAMP and cardiac function are not changed, and long-term AC6 expression is not associated with abnormal histological findings or deleterious changes in cardiac function [59]. Increased cardiac AC6 content appears not to alter transmembrane signaling except when receptors are activated, in contrast to increased expression of cardiac ßAR or Gαs, which yields continuous activation and detrimental consequences [60-62].

#### **Cardiomyopathy Treated by AC6**

Cardiac-directed expression of Gαq is associated with LV dilation, reduced heart function, and impaired cAMP production, mimicking important aspects of clinical CHF [63]. Transgenic mice with cardiac-directed expression of AC6 were crossbred with mice with Gαq cardiomyopathy. Cardiac-directed expression of AC6 in this cardiomyopathic background increased basal LV function, and dobutamine-stimulated LV function was increased up to 40% (p<0.0005). Finally, AC6 expression prevented G*α*q-associated myocardial hypertrophy and resulted in markedly increased survival  $(p<0.0001)$  [54]. In subsequent patch-clamp studies performed on isolated cardiac myocytes, Gαq expression was associated with prolonged action potential duration (APD), an effect that was abrogated by co-expression of AC6 [52]. Prolonged APD is observed in patients with CHF. If these data were extrapolated to clinical settings, one would anticipate that AC6 gene transfer may shorten APD, and thereby decrease the likelihood of automaticity and reentrant pathways leading to ventricular tachycardia and ventricular fibrillation.

#### **Intracoronary Ad5.AC6 and Nitroprusside**

Intracoronary delivery of Ad5.AC6 increases the contractile responsiveness of the heart in normal pigs [64], with no increase in arrhythmias or mean heart rate. Intracoronary delivery was preceded by intracoronary infusion of histamine in these studies, which increases gene transfer efficiency [64]. However, histamine is not an approved product for human use so other agents that might increase transvascular transport of adenovirus were explored. Nitroprusside was selected because it had been used safely, by intracoronary infusion, in

patients with heart disease [65-67]. Experiments were conducted using intracoronary delivery of adenovirus encoding lacZ or AC6 in pigs with and without simultaneous infusion of nitroprusside. Nitroprusside was associated with up to a 4-fold increase in the extent of cardiac gene transfer [68].

#### **AC6 Gene Transfer in Heart Failure**

To test whether intracoronary AC6 gene transfer could improve function of the failing heart, the pacing model of CHF was used in pigs [55]. Contractile function (LV dP/dt) was measured in conscious pigs before and after twenty-one days of continuous LV pacing – used to induce severe dilated heart failure. On day seven, when substantial CHF was present, pigs received intracoronary Ad5.AC6 (1.  $4 \times 10^{12}$  vp + nitroprusside) or intracoronary saline (PBS). Saline-treated animals showed progressively worsening CHF associated with marked reduction in LV contractility. The fall in LV dP/dt was up to 50% less in pigs that had received AC6 gene transfer (p=0.0014). Serial echocardiography showed that Ad5.AC6 treatment was associated with reductions in LV end-diastolic ( $p<0.043$ ) and end-systolic  $(p<0.009)$  diameters. AC-stimulated cAMP production was increased 1.7-fold ( $p=0.006$ ) in LV samples from Ad5.AC6 treated pigs and LV gene transfer was confirmed by PCR. These data indicated that AC6 gene transfer increases function of the failing heart.

#### **Cardiac AC6 and Acute Myocardial Infarction**

To determine the consequences of increased AC6 in the setting of myocardial ischemia transgenic mice with cardiac-directed expression of AC6 [59], and transgene negative siblings underwent proximal left coronary artery occlusion, yielding large transmural infarction of the LV free wall. There was a 2-fold survival advantage of mice with cardiacdirected AC6 expression  $(p=0.004)$  [51]. Infarct size and response to global ischemia showed no group differences. Previously implanted telemetry devices allowed continuous recording of electrocardiograms after infarction, revealing that bradycardia and progressive atrio-ventricular block consistently was the fatal arrhythmia, which was less prevalent in AC6 mice. Electrophysiological measurements confirmed that AV node conduction is facilitated (up to a 30% reduction in AV-interval) in mice with increased cardiac AC6, through a wide range of heart rates  $(p=0.01)$  [53].

#### **Activation of AC6 Expression in Severe CHF**

Mice with cardiac-directed and regulated (tet-off) expression of AC6 [69] underwent left coronary artery ligation to induce CHF. Activation of cardiac AC6 expression – in the presence of severe heart failure – was associated with increases in LV ejection fraction (EF), LV +dP/dt, cardiac output, and slope of the end-systolic pressure-volume relationship. Enddiastolic pressure, Tau and LV −dP/dt all decreased, documenting improved diastolic function, indicating marked increases in both systolic and diastolic function of the failing heart conferred by activation of cardiac AC6 expression (Figure 2) [57].

#### **AC6 Paradox**

The beneficial effects of AC6, so consistent in a variety of species and pathophysiological models, must be reconciled with the dire consequences on the heart of ßAR stimulation and elevations in intracellular cAMP. These unexpected beneficial effects of increased AC6 expression have been referred to as the "AC6 Paradox." Why does AC6 have beneficial rather than deleterious effects on the failing heart expected with agents that increase intracellular cAMP? Logic would dictate that either: a) cAMP is not bad for the heart after all – that it is something else which leads to poor outcomes when cAMP levels are increased in the failing heart; or b) increased AC6 has beneficial cardiac effects independent of cAMP, which outweigh its expected deleterious effects. Using pharmacological inhibitors and other

# **5. Mechanism for Beneficial Effects of AC6 Expression**

AC6 occur independently of cAMP generation.

#### **Intracellular Distribution of AC6**

Adenylyl cyclase is predominantly found in the cell membrane. However, using highresolution electron microscopy after immunohistochemical staining, endogenous AC was also detected in the sarcoplasmic reticulum (SR), nuclear envelope, and perinuclear region in cardiac myocytes [73]. In nerve cells, endogenous AC is detected in endoplasmic reticulum and within the cytoplasm of terminal endings of nerve fibers [74]. Studies using cardiac myocyte homogenates followed by sucrose gradient centrifugation showed that AC6 is associated with caveolin proteins in lipid raft fractions [1,4,75-77] that represent caveolae, a specialized lipid raft that forms flask-shaped invaginations of the plasma membrane, involved in lipid storage, endocytosis and compartmentalization of signaling molecules [78-80]. Although the biological function of intracellular AC is unknown, organelle-targeted expression of soluble AC (a fusion protein of C1 from AC1 and C2 from AC2) suggests that AC compartmentation enables signaling specificity [46].

AC6 gene transfer increases the amount of AC6 in a variety of intracellular compartments. For example, after gene transfer, transgene was detected in the same caveolin fraction as endogenous AC6 in cardiac myocytes [1,4]. Using transgene-specific antibody and immunofluorescence staining indicated that transgene AC6 (recognized by an AU tag) was associated caveolin 3, a major component of caveolae [81]. Transgene AC6 was also detected in sarcoplasmic reticulum (SR), mitochondria and nuclear envelope (Figure 2). Although AC6 gene transfer is associated with wide intracellular distribution, ß1AR gene transfer is not. High level β1AR expression in cardiac myocytes results in transgene expression limited to the plasma membrane [81]. The mechanism explaining the disparity of distribution of β1AR vs AC6 is not known, but likely reflects differences in structure. Using AC5 and AC6, Thangavel and colleagues showed that the C1 and C2 domains of AC, but not the N-terminus, are responsible for caveolae localization [82].

### **AC6 Signaling**

The broad intracellular distribution of AC6 seen after gene transfer provides an opportunity for AC6 to interact with previously inaccessible intracellular proteins and thereby influence signaling in unique ways. Gene transfer of AC6 into cultured cardiac myocytes was associated with: 1) increased ATF3 expression, which suppresses the phospholamban (PLB) promoter and reduces PLB transcription [70]; 2) increased phosphorylation of PLB [71]; 3) increased PI3K-Akt activation [71]; 4) increased expression of Bcl-2 protein [81]; 5) reduced cardiac ankyrin repeat protein (CARP) expression [83]; and 6) reduced phenylephrine-induced cardiac myocyte hypertrophy [83]. These effects of AC6 occurred in the absence of isoproterenol or forskolin stimulation, and in the presence of PKA inhibition, suggesting that these events were cAMP independent.

#### **AC6 Interacting Proteins**

Protein-protein interaction is required for regulation of AC activity, Gαs and Gαi being well known examples [40-45]. Additional proteins that influence AC activity include the regulator of G protein signaling (RGS2) [84-86], the protein associated with Myc (PAM)

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[87,88], A-kinase-anchoring protein (AKAP79) [89], Ric 8a [90], and snapin [91], to name a few. Interaction of AC6 with intracellular proteins is also important for directing AC localization and AC-associated signaling independent of receptor, G-proteins or cAMP. For example, snapin links the N-terminus of AC6 [91,92] with snapin-binding proteins. More than twenty snapin-binding proteins have been identified, each with specific intracellular locations and function [92]. Intracellular AC6, the result of increased AC6 expression, would promote its interaction with snapin-binding proteins, which may influence AC6 compartmentation, thereby leading to additional protein interactions in which AC6 might influence signaling pathways – independent of cAMP generation.

The C1 domain of AC6 is required for its interaction with PH-domain leucine-rich protein phosphatase 2 (PHLPP2), a phosphatase that acts on Akt and PKC [72]. Increased expression of AC6 was associated with increased Akt phosphorylation and activity in cardiac myocytes. However, AC6-associated Akt phosphorylation was rapidly dephosphorylated upon agonist stimulation. The mechanism appears to involve close association of transgene AC6 and PHLPP2, which may inhibit PHLPP2 activity, resulted in increased Akt phosphorylation at Ser473. Through unknown mechanisms, agonist stimulation disturbs the AC6-PHLPP2 interaction, enabling rapid and reversible Akt dephosphorylation at Ser473. Activation of PHLPP2 was cAMP and PKA-independent but required an intact catalytic domain of AC6 for the conformational change of AC6 during agonist stimulation. A single amino acid replacement that renders AC6 catalytically inactive (cannot generate cAMP) also works through AC6: PHLPP2 [72] interaction indicating that AC6-associated Akt activation was not dependent upon cAMP generation.

Do the intracellular signaling events associated with increased expression of AC6 also occur in the setting of endogenous levels of AC6? As alluded to earlier, endogenous AC6 can be detected in sarcoplasmic reticulum, nuclear envelope, and perinuclear region in cardiac myocytes [73]. Does native AC6, which is expressed at low levels, play an important role in intracellular signaling, or does this require high levels of AC6 expression? Native AC6 forms complexes with AKAPs in cardiac myocytes and other cells [24]. One source of evidence that endogenous intracellular AC6 : AKAP complexes have an important physiological role stems from the similarities in phenotype between deletion of AC6 [93] and deletion of the PKA binding site of AKAPs. For example, in heart, AKAP150Δ36 (PKA binding site-deleted) induces abnormalities in  $Ca^{2+}$  signaling [24] that are similar to those associated with AC6 deletion [93].

#### **A Catalytically Inactive AC6**

As previously stated, AC6 evokes many intracellular events in the absence of stimulation with isoproterenol or forskolin, suggesting that these events are cAMP independent. Pharmacological inhibitors of PKA do not block the beneficial effects of AC6 gene transfer. However, to show rigorously that these effects truly are cAMP independent requires experiments using a catalytically inactive AC6 molecule.

To achieve this goal, an AC6 mutant molecule was generated (AC6mut) by replacing aspartic acid (426) with alanine in the  $Mg^{2+}$  binding pocket [16] in the C1 domain of AC6 (Figure 1). Gene transfer of AC6mut in cardiac myocytes (both neonatal and adult rat) resulted in similar expression levels and intracellular distribution compared to normal (catalytically active) AC6, but showed marked impairment of cAMP generation in response to stimulation of AC (forskolin) or βAR (isoproterenol) [72,83]. Despite marked reduction in cAMP generation, AC6mut influenced intracellular signaling events similarly to what was observed following expression of catalytically intact normal AC6 [72,83]. For example, both AC6 and AC6mut increased Akt phosphorylation and activity in neonatal rat cardiac myocytes [72], reduced phenylephrine (PE)-induced cardiac myocyte hypertrophy, cell

death, and expression of CARP [83]. Both AC6 and AC6mut increased ATF3 expression and reduced phospholamban expression [70,83]. In the presence of βAR activation (isoproterenol), AC6 expression was associated with increased cytoplasmic  $[Ca^{2+}]$ , results that were replicated by AC6mut gene transfer. These data confirmed that these effects of AC6 do not require cAMP.

#### **Cardiac-directed AC5 expression**

The two ACs most abundantly expressed in cardiac myocytes are types 5 (AC5) and 6 (AC6), which have 65% amino acid homology. It has been speculated that coexpression of these AC types in cardiac myocytes represents redundancy, but the specific role of AC6 in cardiac physiology and its differences from AC5 have begun to be appreciated, largely through experiments using cardiac-directed expression and targeted deletion. Unlike the case with cardiac-directed AC6 [54-57], transgenic lines with cardiac-directed expression of AC5 do not show major changes in cardiac function [94,95]. In the setting of G*α*q cardiomyopathy, cardiac-directed AC5 expression, unlike AC6 expression, does not reduce hypertrophy or fetal gene expression [94]. Finally, the marked differences on LV function observed with AC5 vs AC6 deletion confirm that AC5 and AC6 have different biological roles [11-14,93].

# **6. Conclusion**

The surprising beneficial effects of increased AC6 expression on cardiac function may reflect the effects of intracellular transgene AC6 and its interactions with key signaling molecules, kinases, phosphatases, and transcription factors. Many of these altered pathways have favorable effects on cardiac function, through abrogation of hypertrophy, increased cell survival, and improved calcium handling – effects that appear to be cAMP-independent. Whether these mechanisms are relevant or attainable in failing human myocardium remains to be seen.

There are many candidate genes proposed to treat patients with clinical heart failure. For example, SERCA2a which has recently been tested in clinical trials [94], and S100A1, a calcium regulating protein that is being developed for the treatment of clinical heart failure [95]. There is no shortage of transgenes that have favorable effects in cultured cardiac myocytes, transgenic mice, and other animal models [96]. However, the key impediment to successful cardiac gene therapy is obtaining sufficient expression in the heart to have an effect. Vectors and vector delivery methods have not advanced sufficiently, in many cases, to allow a real test of whether a candidate gene fails because it is inefficacious, or simply because of inadequate expression. Even so, gene transfer has engendered increasing interest in recent years, and holds great promise for the treatment of the failing heart. To modify the words of Tulkington in Dickens' *Bleak House*: "The wheels of [science] grind slow, but they grind exceedingly fine."

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#### **Figure 1.**

The diagram (top) shows the features of adenylyl cyclase, including the two transmembrane regions (M1 and M2), which anchor the protein to the cell membrane, and the cytoplasmic regions (C1 and C2), which form the catalytic core. Below is a representation of the C1 and C2 domains, derived from X-ray crystallography [16], displaying the structural relationships of the catalytic core. Darker blue represents the C1 region, lighter blue, the C2 region. At the interface between C1 and C2 reside binding sites for forskolin $Mg^{2+}$  and ATP [16].

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#### **Figure 2.**

**A. LV** *AC6 expression***.** The Western blot shows marked increase (p<0.0001) in AC6 protein in LV samples from mice 5 weeks after activation of AC6 transgene expression (n=8 for both groups).

*B. Effect of AC6 Transgene Expression on LV Contractility***.** The end-systolic pressurevolume relationship (ESPVR) was measured using conductance catheters and high fidelity pressure transducers in intact anesthetized mice 5 weeks after activation of AC6 expression in animals with severe heart failure. Increased cardiac AC6 expression was associated with substantial increases in LV contractility as reflected in increased slope of the ESPVR. The graph summarizes data from all animals (AC-Off, Blue bar; AC-On, Red bar); bars represent mean values, error bars denote 1 SEM. Number above bar denotes p value comparing the two group means by Student's t-test (two tails); number in each bar denotes number of animals studied in each group.

**C.** *Effect of AC6 Transgene Expression on LV Function***.** Measures of LV diastolic and systolic function were made 5 weeks after activation of AC6 expression in mice with infarct-induced CHF. The percent change in each measurement between groups is shown. Activation of cardiac AC6 expression was associated with substantial increases in measures of both systolic and diastolic function. Numbers adjacent to bars denote p values from Student's t-test (two-tails). AC-On  $(n=12)$ , AC-Off  $(n=9)$ . Tau, time constant of relaxation; dP/dt, maximal rate of decline in LV pressure; EDP, end-diastolic pressure; CO, cardiac output; +dP/dt, maximal rate of rise in LV pressure; LVEF, left ventricular ejection fraction.



#### **Figure 3. Location of AC6 and ß1AR transgene proteins**

**A.** Double immunofluorescence staining of AC6 transgene by anti-AU1 antibody (red), anticaveolin 3 (Cav-3) antibody (green, for caveolae); anti-voltage dependent anion selective channel protein (VDAC) antibody (green, for mitochondria); and with anti-protein disulphide-isomerase (PDI) antibody (green, for sarcoplasmic reticulum). AC6 transgene was detected in caveolae, mitochondria and SR (40×).

**B.** Immunofluorescence staining and deconvolution analysis of cardiac myocytes after gene transfer of Ad.AC6 and Ad. $\beta_1$ AR. Uninfected cardiac myocytes served as a control (Con). Anti-AU1 antibody was used to detect AC6 transgene (green, left panel), anti-HA for  $\beta_1AR$ transgene (green, middle panel), and Hoechst dye to identify the nucleus (blue). AC6 transgene was evenly distributed in the plasma membrane and cytoplasm. In contrast,  $\beta_1AR$ transgene was limited primarily to the plasma membrane  $(40\times)$ .

# AC6 and Cardiac Function **AC6 and Cardiac Function**



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see ClinicalTrials.gov #NCT00787059, enrollment for this clinical trial was initiated in May 2010 see ClinicalTrials.gov #NCT00787059, enrollment for this clinical trial was initiated in May 2010