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## Sulfation of dietary flavonoids by human sulfotransferases

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#### Abstract

- 1. Dietary flavonoids catechin, epicatechin, eriodictyol, and hesperetin were investigated as substrates and inhibitors of human sulfotransferases (hSULTs). Purified recombinant proteins and human intestine cytosol were used as enzyme sources.
- **2.** hSULT1A1 and hSULT1A3 as well as human intestine cytosol can catalyse the sulfation of the investigated flavonoids.
- **3.** Sulfation of catechin, epicatechin, eriodictyol, and hesperetin by recombinant hSULTs showed substrate inhibition at high flavonoid concentrations.
- 4. Hesperetin and eriodictyol are potent inhibitors of purified hSULT1A1, hSULT1A3, hSULT1E1, and hSULT2A1. Catechin and epicatechin inhibited hSULT1A1 and hSULT1A3, but not hSULT1E1 and hSULT2A1.
- **5.** The sulfation efficacy and potency of inhibition is related to the C-ring structure of flavonoids. These results suggest that dietary flavonoids may regulate human SULT activity and, therefore, affect the regulation of hormones and neurotransmitters, detoxification of drugs, and the bioactivation of pro-carcinogens and pro-mutagens.

#### Keywords

Sulfotransferase; flavonoids; sulfation; inhibition; kinetics

#### Introduction

Flavonoids are widely distributed in plants, including vegetables, fruits, medicinal herbs, and in beverages such as tea, and wine (Harnly et al. 2006; Justesen et al. 1998; Khokhar & Magnusdottir 2002; Yang et al. 2006). Because of their variety and their relatively low toxicity compared with other active plant compounds, many animals, including humans, ingest large quantities of flavonoids in their diet. Flavonoids have been referred to as nature's biological response modifiers because of strong experimental evidence of their inherent ability to modify the body's reaction to allergens, viruses, and carcinogens. They show anti-allergic (Park et al. 2005), anti-inflammatory (Selmi et al. 2006), antimicrobial (Veluri et al. 2004), antioxidant (Torres & Bobet 2001; Cho 2006), and anti-cancer activity (Frydoonfar et al. 2003; Nair et al. 2004; Lin et al. 2006; Fink et al. 2007) as well as cardioprotective effects (Fisher & Hollenberg 2005; Schroeter et al. 2006). To date, more

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than 5000 naturally occurring flavonoids have been characterized from various plants. They have been classified according to their chemical structure. Six main subgroups of flavonoids exist: flavone, isoflavone, flavonol, flavanone, flavanol, and anthocyanin. Catechin, epicatechin, hesperetin, and eriodictyol (Figure 1) are naturally occurring flavonoids representing two different subgroups of flavonoids: flavanol and flavanone. The flavanols catechin and epicatechin are the most common flavonoids found in green tea, chocolate, red wine, grape seeds, hawthorn, motherwort, and other herbs (Torres & Bobet 2001; Mateus et al. 2002; Fisher et al. 2003). The flavanones hesperetin and eriodictyol are present in high amounts in citrus fruits such as orange, lemon, lime, and grapefruit (Justesen et al. 1998; Kim et al. 2001; Gardana et al. 2007). The flavanols commonly occur as aglycones whereas the flavanones occur almost exclusively as a selection of glycosides (Kanaze et al. 2007). Glycosides can be hydrolysed by microorganisms in the colon (Hollman & Katan 1999). Both aglycone and glycoside forms can be biologically active (Kren & Martinkova 2001). In recent years, flavanol-rich foods have been reported to exert cardiovascular health benefits (Heptinstall et al. 2006; Schroeter et al. 2006), inhibit angiotensin-converting enzyme activity, reduce blood pressure (Actis-Goretta et al. 2006), scavenge free radicals (Steffen et al. 2005; Zhu et al. 2005), and induce nitric oxide-dependent vasodilation in humans (Fisher et al. 2003). In addition, flavanols modulate platelet function (Pearson et al. 2002) and help to prevent oxidative damage in the blood (Terao 1999). Flavanols also show cancer prevention activity (Henning et al. 2003; Pezzato et al. 2004; Sehm et al. 2005). Citrus flavanone has a variety of biological and pharmacological activities including cholesterollowering activity (Borradaile et al. 1999), anti-influenza virus activity (Kim et al. 2001), antioxidant effects (Miyake et al. 2003), passive cutaneous anaphylaxis-inhibitory activity (Park et al. 2005), and protective effects against cardiovascular diseases and cancer (Silberberg et al. 2006).

Cytosolic sulfotransferases (SULTs) are phase II drug-metabolizing enzymes that catalyse the sulfation of many hormones, neurotransmitters, drugs, and xenobiotic compounds. Human phenol-preferring sulfotransferase (hSULT1A1) catalyses the sulfate conjugation of phenolic xenobiotics (Falany et al. 1994). Human monoamine-preferring sulfotransferase (hSULT1A3) catalyses the sulfate conjugation of phenolic monoamines (neurotransmitters such as dopamine, norepinephrine, and serotonin) and phenolic drugs (Lu et al. 2005). Human oestrogen SULT (hSULT1E1) plays a major role in oestrogen sulfation (Her et al. 1995), and human hydroxysteroid SULT (hSULT2A1) is important for dehydroepiandrosterone and other hydroxysteroid regulation (Otterness et al. 1992). Flavonoids have been reported to serve as potential chemopreventive agents in sulfationinduced carcinogenesis (Ghazali & Waring 1999; Fink et al. 2007). Indeed, several flavonoids inhibit SULT activity. The flavones apigenin and chrysin (Eaton et al. 1996); the flavonols quercetin, myricetin, and kaempferol (Walle et al. 1995; Eaton et al. 1996; De Santi et al. 2002; Mesia-Vela & Kauffman 2003); and the isoflavones genistein and diadzein (Eaton et al. 1996; Mesia-Vela & Kauffman 2003) are potent inhibitors of hSULT1A1. The flavone baicalein is a potent inhibitor of hSULT1A3 (Harris et al. 2004). Furthermore, the isoflavones genistein and diadzein and the flavonol quercetin inhibit hSULT1E1 (Harris et al. 2004; Ohkimoto et al. 2004). Although many studies show that flavonoids inhibit SULTs, most previous studies to date have only examined certain flavonoid subgroups (flavone, isoflavone, and flavonol). Scarce information is available on the effects of the flavanone and flavanol subgroups. The flavanols catechin and epicatechin have been reported to inhibit hSULT1A1 present in human platelet cytosol as well as hSULT1A3 and hSULT1E1 in liver cytosol (Harris et al. 2004).

This paper investigated the sulfation of the flavanones hesperetin and eriodictyol and the flavanols catechin and epicatechin by human intestine cytosol SULTs and by recombinant hSULT1A1 and hSULT1A3. The inhibition of SULTs in human intestine cytosol as well as

the inhibition of recombinant hSULT1A1, hSULT1A3, hSULT1E1, and hSULT2A1 by these four flavonoids was also studied.

#### Material and methods

#### Materials

 $[2,4,6,7^{-3}H(N)]$ oestradiol ( $[^{3}H]E_{2}$ ; 72 Ci mmol<sup>-1</sup>) and

 $[1,2,6,7,-^{3}H(N)]$ dehydroepiandrosterone ( $[^{3}H]$ DHEA; 60 Ci mmol<sup>-1</sup>) were purchased from NEN (Boston, MA, USA). Hesperetin and (–)epicatechin were from MP Biochemicals, LLC (Irvine, CA, USA); eriodictyol was from Sigma Chemical Co. (St. Louis, MO, USA); and (+)catechin was from ALEXIS Biochemicals (San Diego, CA, USA). Dopamine, 3'-phosphoadenosine 5'-phosphosulfate (PAPS), 4-nitrophenylsulfate (pNPS), 2-napthol, and  $[^{14}C]^2$ -naphthol were purchased from Sigma Chemical Co. Human intestine cytosols were collected earlier at the University of Arkansas for Medical Sciences (Chen et al. 2003). Cytosols were prepared as previously described (Radominska-Pyrek et al. 1987; Radominska-Pandya et al. 1998).

#### **Recombinant human SULTs**

Recombinant human phenol-sulfating phenol sulfotransferase (hSULT1A1), monoaminesulfating phenol sulfotransferase (hSULT1A3), dehydroepiandrosterone sulfotransferase (hSULT2A1), and oestrogen sulfotransferase (hSULT1E1) were expressed using the pMALc2 expression system (New England Biolabs) as previously described (Chen et al. 2000; Chen & Chen 2003). All human SULT proteins were expressed in *Escherichia coli*, and the recombinant proteins were purified on an amylase affinity column (New England Biolabs) (Chen et al. 2000; Chen & Chen 2003).

#### Sulfation of flavonoids by hSULT1A1, hSULT1A3, and human intestine cytosol

Sulfation of flavonoids by hSULT1A1, hSULT1A3, and human intestine cytosol was determined in a reaction mixture containing 50 mM sodium phosphate buffer (pH 6.2), 5 mM pNPS, 20  $\mu$ M PAPS, and flavonoids ranging in concentration from 1  $\mu$ M to 1000  $\mu$ M. hSULT1A1 protein (3  $\mu$ g), hSULT1A3 protein (3  $\mu$ g), and human intestine cytosol (from a 59-year-old male) (50  $\mu$ g) were used as enzyme sources in a total reaction volume of 250  $\mu$ l of reaction mixture. After 30 min of incubation at 37°C in a water shaker bath, the reaction was stopped by adding 250  $\mu$ l of 0.25 M Tris (pH 8.7). The reaction mixtures were read at 401 nm with a spectrophotometer. Under the experimental conditions, the product concentrations were linear to reaction time. Specific activity (SA) was expressed as nanomoles per minute per milligram of protein. All incubations were carried out in duplicate and were repeated at least twice.

#### Enzyme assays

Two different enzyme assay methods were used in the present investigation.

**pNPS assay**—hSULT1A3 activity was determined as described previously (Chen et al. 1999, 2000). Briefly, sulfation activity was determined in a reaction mixture containing 50 mM Tris buffer (pH 6.2), 5 mM pNPS, 20  $\mu$ M PAPS, 0.05 mM dopamine, and flavonoids (dissolved in DMSO, final concentration 1% v/v). The concentration of flavonoids ranged from 0.01  $\mu$ M to 1000  $\mu$ M. Recombinant hSULT1A3 protein (7  $\mu$ g) was used as the enzyme source in a total reaction volume of 250  $\mu$ l of reaction mixture. After 30 min of incubation at 37°C in a water shaker bath, the reaction was stopped by adding 250  $\mu$ l of 0.25 M Tris (pH 8.7). Reaction mixtures were read at 401 nm with a spectrophotometer. SA was expressed as

nanomoles per minute per milligram of protein. The data shown in the figures represent averages of at least three determinations.

**Radioactive assay**—hSULT1A1 activity and 2-naphthtol sulfation by human intestinal cytosol were determined by a radioactive assay method described previously (Chen et al. 2002). Briefly, sulfation activity was determined in a reaction mixture containing 50 mM Tris buffer (pH 6.2); 20 µM PAPS; [<sup>14</sup>C]2-naphthol (4.7 mCi mmol<sup>-1</sup>; 0.1 mM final concentration), which was used as a substrate; and flavonoids (dissolved in DMSO, final concentration 1% v/v). The concentration of flavonoids ranged from 0.01  $\mu$ M to 1000  $\mu$ M. Recombinant hSULT1A1 protein (3 µg) and human intestine cytosol (from a 15-year-old female) (100 µg) were used as enzyme sources in a total reaction volume of 250 µl of reaction mixture. To determine hSULT2A1 activity and DHEA sulfation in human intestine cytosol, [<sup>3</sup>H ]DHEA (diluted to 0.4 Ci mmol<sup>-1</sup>; 2 µM final concentration) was used as a substrate. Recombinant hSULT2A1 protein (3 µg) and human intestine cytosol (from a 15year-old male) (200 µg) were used as enzyme sources. For the assay of hSULT1E1 activity and oestradiol sulfation in human intestine cytosol,  $[{}^{3}H]E_{2}$  (diluted to 1.0 Ci mmol<sup>-1</sup>; 0.15 µM final concentration) was used as a substrate. Recombinant hSULT1E1 protein (3 µg) and human intestine cytosol (from a 17-year-old male) (100 µg) were used as enzyme sources. After 30 min of incubation at 37°C in a water shaker bath, the reaction was stopped by adding 250 µl of 0.25 M Tris (pH 8.7). Extraction was performed twice by adding 0.5 ml of water-saturated chloroform each time. After the final extraction, 100  $\mu$ l of aqueous phase was used for scintillation counting. The data shown in the figures represent averages of at least three determinations of each time-duplicated experiment.

#### Data analysis

Results are expressed as means  $\pm$  standard deviation (SD). Kinetic parameters of flavonoid sulfation were estimated using SigmaPlot 2004 software (version 9.01; Systat Software, Inc., San Jose, CA, USA). Michaelis–Menten (equation 1) and substrate inhibition (equation 2) equations were used to fit the data to calculate  $K_{\rm m}$ ,  $V_{\rm max}$ , and  $K_{\rm i}$ ; equation (3) was used to calculate IC<sub>50</sub>:

$$V = V_{\max} \cdot S / (K_{\max} + S) \tag{1}$$

$$V = V_{\rm max} / (1 + (K_{\rm m}S + S/K_{\rm i}))$$
<sup>(2)</sup>

$$V = V_0 + (V_1 - V_0) / (1 + (I/IC_{50})^{\text{Hillsope}})$$
(3)

where *V* is the reaction rate;  $V_{\text{max}}$  is the maximum velocity;  $K_{\text{m}}$  is the Michaelis constant; *S* is the concentration of substrate; and  $K_{\text{i}}$  is the inhibition constant. The ratio  $V_{\text{max}}/K_{\text{m}}$  represents the enzymatic efficacy.  $V_{\text{i}}$  is the total activity;  $V_0$  is the remaining activity, and *I* is the concentration of flavonoids.

#### Results

## Sulfation of hesperetin, eriodictyol, (+)catechin, and (–)epicatechin by human intestine cytosol

Results for the sulfation of hesperetin, eriodictyol, (+) catechin, and (-)epicatechin by human intestine cytosol is shown in Figure 2. When the concentration of hesperetin

exceeded 128  $\mu$ M and that of eriodictyol exceeded 32  $\mu$ M, sulfation gradually decreased, indicating substrate inhibition. The sulfation of (+)catechin and (–)epicatechin did not exhibit substrate inhibition within the concentration ranges used. When the apparent enzyme kinetic parameters were calculated using the Michaelis–Menten equation (equation (1); see the Materials and methods section), the  $V_{\text{max}}$ ,  $K_{\text{m}}$ , and  $V_{\text{max}}/K_{\text{m}}$  values are shown in Table 1.

## Kinetics of hesperetin, eriodictyol, (+)catechin, and (–)epicatechin sulfation by recombinant hSULT1A1 and hSULT1A3

Results for the sulfation of hesperetin, eriodictyol, (+)catechin, and (-)epicatechin by recombinant hSULT1A1 is shown in Figure 3. When catechin and epicatechin concentrations were greater than 32  $\mu$ M or when hesperetin and eriodictyol concentrations were greater than 16  $\mu$ M, the formation of flavonoid sulfate gradually decreased, indicating substrate inhibition. When the apparent enzyme kinetic parameters were estimated by fitting the data to the substrate inhibition equation (equation 2), the  $V_{\text{max}}$ ,  $K_{\text{m}}$ ,  $V_{\text{max}}/K_{\text{m}}$ , and  $K_{\text{i}}$  values are shown in Table 2.

As shown in Figure 4, the kinetics of flavonoid sulfation by hSULT1A3 is similar to hSULT1A1. When flavonoid concentrations were greater than 32  $\mu$ M, the formation of flavonoid sulfate gradually decreased, indicating substrate inhibition. When the apparent enzyme kinetic parameters were estimated by fitting the data to the substrate inhibition equation, the  $V_{\text{max}}$ ,  $K_{\text{m}}$ ,  $V_{\text{max}}/K_{\text{m}}$ , and  $K_{\text{i}}$  values are shown in Table 3.

# Effect of flavonoids on recombinant hSULT1A1, hSULT1A3, hSULT2A1, and hSULT1E1 enzymatic activities

All of the investigated flavonoids inhibited 2-naphthol sulfation by recombinant hSULT1A1 (Figure 5A) and dopamine sulfation by recombinant hSULT1A3 (Figure 6). The IC<sub>50</sub> values are shown in Table 4. DHEA sulfation by recombinant hSULT2A1 was inhibited by hesperetin, eriodictyol (Figure 7A); the IC<sub>50</sub> values are shown in Table 4. (+)Catechin and (-)epicatechin did not significantly inhibit hSULT2A1-catalysed DHEA sulfation. Hesperetin and eriodictyol inhibited recombinant hSULT1E1-catalysed oestradiol sulfation (Figure 8A and Table 4). Although (+)catechin and (-)epicatechin did not significantly inhibit hSULT1E1-catalysed oestradiol sulfation, they inhibited hSULT1A1-catalysed oestradiol sulfation, they inhibited hSULT1A1-catalysed oestradiol sulfation (Table 4).

#### Effect of flavonoids on sulfotransferase activities in human intestine cytosol

All of the investigated flavonoids inhibited 2-naphthol sulfation (SULT1A1 and SULT1A3) by human intestine cytosol (Figure 5B and Table 4). DHEA sulfation by human intestine cytosol was inhibited by catechin, epicatechin, hesperetin, and eriodictyol (Figure 7B and Table 4). Oestradiol sulfation by human intestine cytosol was inhibited by catechin, epicatechin, hesperetin, and eriodictyol (Figure 8B and Table 4).

#### Discussion

The flavanols catechin and epicatechin are the quantitatively major found flavonoids in tea, red wine, grape seeds, and herbs (Torres & Bobet 2001; Khokhar & Magnusdottir 2002; Fisher et al. 2003; Henning et al. 2003). The flavanones hesperetin and eriodictyol are present in high amounts in citrus fruits such as orange, lemon, lime, and grapefruit (Kim et al. 2001; Scholz et al. 2006). These flavonoids have been reported potentially to prevent certain diseases such as coronary heart disease, stroke, and cancer (Fisher et al. 2003; Fink et al. 2007).

Sulfate conjugation by cytosolic sulfotransferases (SULTs) is an important biotransformation reaction in the metabolism of drugs, hormones, neurotransmitters, and xenobiotic compounds (Aust et al. 2005a, 2005b). hSULT1A1 is a simple phenol-preferring SULT, and hSULT1A3 is a monoamine-preferring SULT (Falany et al. 1994; Lu et al. 2005). hSULT1E1 plays a major role in oestrogen sulfation, and hSULT2A1 is important for dehydroepiandrosterone regulation (Otterness et al. 1992; Her et al. 1995). Sulfation of flavonoids by human cytosolic SULTs has been described in previous studies (Vaidyanathan & Walle 2002). Dietary flavonoids have been suggested to affect the bioavailability of endogenous hormones by competing as substrates and/or inhibitors of human SULTs (Walle et al. 1995; Vietri et al. 2002; O'Leary et al. 2003; Waring et al. 2008). Furthermore, sulfation is also an important step in the bioactivation of pro-mutagens and pro-carcinogens (Arlt et al. 2002; Meinl et al. 2002; Aust et al. 2005a).

In the current study, we characterized the sulfation of catechin, epicatechin, hesperetin, and eriodictyol by recombinant hSULT1A1 and hSULT1A3 as well as by human intestine cytosol SULTs. All of the four flavonoids investigated can act as substrates. The purified monoamine-preferring sulfotransferase hSULT1A3 exhibited significantly higher  $V_{max}$  $(nmol mg^{-1} min^{-1})$  estimates for all the flavonoids investigated compared with the purified phenol-preferring sulfotransferase hSULT1A1 (catechin: 342 versus 187; epicatechin: 442 versus 188; hesperetin: 303 versus 92.7; and eriodictyol: 269 versus 98.6) (Tables 2 and 3). The sulfation of all four flavonoids by hSULT1A1 and hSULT1A3 showed substrate inhibition kinetics with flavonoid concentrations greater than 32 µM (Figures 3 and 4). Comparison of the flavanols catechin and epicatechin with the flavanones hesperetin and eriodictyol revealed that the  $K_i$  values of catechin and epicatechin sulfation by both hSULT1A1 and hSULT1A3 were greater than those of hesperetin and eriodictyol (Tables 2 and 3). With human intestine cytosol, sulfation of hesperetin and eriodictyol exhibited substrate inhibition kinetics with hesperetin and eriodictyol concentrations greater than 128 and 32  $\mu$ M, respectively. However, sulfation of catechin and epicatechin failed to show substrate inhibition at 1–1000 µM concentrations (Figure 2).

The  $V_{\text{max}}/K_{\text{m}}$  ratio represents catalytic efficacy of an enzyme. The estimated  $V_{\text{max}}/K_{\text{m}}$  values of hesperetin and eriodictyol sulfation by human intestine cytosol SULTs were two to six times greater than those of catechin and epicatechin (Table 1). In addition, the estimated  $V_{\text{max}}$  values of hesperetin and eriodictyol sulfation by recombinant hSULT1A3 were greater than those of catechin and epicatechin (Table 3), whereas the estimated  $V_{\text{max}}$  values of hesperetin and eriodictyol sulfation by recombinant hSULT1A1 were less than those of catechin and epicatechin (Table 3), whereas the estimated  $V_{\text{max}}$  values of hesperetin and eriodictyol sulfation by recombinant hSULT1A1 were less than those of catechin and epicatechin (Table 2). Flavanones (Figure 1) have a keto group at position 4 of the C ring, but do not have a hydroxyl group at position 3 of the C ring. By contrast, flavanols have a hydroxyl group at position 3 of the C ring, but do not have a keto group at position 4 of the C ring. The results of the kinetics analyses above suggest that the sulfation efficiency of flavonoids is related to the C-ring structure.

Many studies have reported that flavonoids inhibit SULTs (Gibb et al. 1987; Walle et al. 1995; Eaton et al. 1996; Marchetti et al. 2001; De Santi et al. 2002; Mesia-Vela & Kauffman 2003; Pacifici 2004), and previous studies to date have only examined the flavonoid subgroups flavone, isoflavone, and flavonol. Available information on the subgroups flavanone and flavanol is still scarce. In the present study, we characterized the potential inhibitory action of the flavanols catechin and epicatechin as well as the flavanones hesperetin and eriodictyol on SULTs. All four flavonoids inhibited the sulfation of 2-naphthol (Figure 5B), oestradiol (Figure 8B), and DHEA (Figure 7B) by SULTs present in human intestine cytosol with IC<sub>50</sub> values ranging from 3.6 to 157  $\mu$ M (Table 4). Furthermore, recombinant hSULT1A1, hSULT1A3, hSULT2A1, and hSULT1E1 activities were inhibited by the flavanones hesperetin and eriodictyol (Figure 5A, 6, 7A, and 8A).

However, the flavanols catechin and epicatechin inhibited hSULT1A1 and hSULT1A3 activities (Figures 5A and 6), but not hSULT2A1 and hSULT1E1 activities (Figures 7A and 8A). In addition, the hesperetin- and eriodictyol-mediated inhibition of dopamine sulfation by hSULT1A3 as well as 2-naphthol sulfation by hSULT1A1 had lower IC<sub>50</sub> values than the catechin- and epicatechin-mediated inhibition of dopamine sulfation by hSULT1A3 and 2-naphthol sulfation by hSULT1A1 (Table 4). These results suggest that the flavanones hesperetin and epicatechin. Interestingly, the estimated  $K_i$  values of the hesperetin and eriodictyol sulfation by SULTs were lower than those of catechin and epicatechin sulfation, and the sulfation efficacy of hesperetin and eriodictyol were higher than that of catechin and epicatechin. These results suggest that inhibition potency of flavonoids is linked to sulfation efficacy, such that flavonoids with high sulfation efficacy are more potential inhibitors.

The sulfation of DHEA and oestradiol by human intestine cytosol SULTs was inhibited by catechin and epicatechin at 1-100 µM concentrations (Figures 7B and 8B). When the concentrations of catechin and epicatechin were greater than 100 µM, oestradiol and DHEA sulfation did not decrease further. The results show that oestradiol sulfation by recombinant hSULT1E1 and DHEA sulfation by recombinant hSULT2A1 were not inhibited by catechin and epicatechin in the concentration range of  $1-1000 \,\mu\text{M}$  (Figures 7A and 8A). The reason for this is likely related to the presence of other SULT isoforms that are capable of catalysing oestradiol and DHEA sulfation. We hypothesize that the reason why oestradiol and DHEA sulfation did not decrease further at catechin and epicatechin concentrations greater than 100 µM is because of the presence of hSULT1E1 and hSULT2A1 in human intestine cytosol. These two cytosolic human SULTs may contribute to oestradiol and DHEA sulfation but are not inhibited by catechin and epicatechin at higher substrate concentrations. To confirm this hypothesis, we investigated the inhibition potency of catechin and epicatechin on oestradiol sulfation by recombinant hSULT1A1. The results indicate that catechin and epicatechin potently inhibit oestradiol sulfation by hSULT1A1 but not by hSULT1E1 (Table 4).

In conclusion, catechin, epicatechin, hesperetin, and eriodictyol can act as substrates of recombinant hSULT1A1 and hSULT1A3 as well as substrates of human intestine cytosol SULTs. hSULT1A3 displayed greater sulfation activity than hSULT1A1. The sulfation efficacy of the flavanones hesperetin and eriodictyol are greater than that of the flavanols catechin and epicatechin. Hesperetin and eriodictyol are potent inhibitors of human intestine cytosol SULTs as well as of recombinant hSULT1A1, hSULT1A3, hSULT1E1, and hSULT2A1. Catechin and epicatechin are potent inhibitors of human intestine cytosol SULTs but not of recombinant hSULT1E1 and hSULT2A1. Flavonoids with high sulfation efficacy are more potent inhibitors. The sulfation efficacy and potency of inhibition is related to the flavonoids' C-ring structure.

SULT1A1, SULT1A3, SULT2A1, and SULT1E1 are known to be highly expressed in human intestinal tract (Chen et al. 2003). The gastrointestinal tract is a major target tissue for dietary mutagens and carcinogens. A large number of dietary pro-mutagens and procarcinogens are known to be bioactivated by SULTs, and the sulfation of those xenobiotics can result in the pathogenesis of gastrointestinal tumors. Examples of chemicals involved in sulfation for generation of DNA- and protein-adducting species include estragole, safrole, benzylic alcohols of polycyclic aromatic hydrocarbons, hydroxyarylamines and arylhydroxamic acids (Meerman & Van de Poll 1994; Miller 1994; Chou et al. 1995; Wakazono et al. 1998). All the investigated flavonoids in this study can act as inhibitors of SULTs present in human intestine. This suggests that these flavonoids may act as natural chemopreventive agents. These flavonoids may also regulate the biological activities of hydroxysteroids. Various epidemiological studies have reported a relatively lower incidence

of cardiovascular disease in premenopausal women than in menopause women, and oestrogen has been proposed as cardioprotective agent, especially in women (Stampfer et al. 1991). SULT1E1 and SULT1A1 play an important role in regulating the biological activity of oestrogen. The inhibition of SULT1E1 and SULT1A1 by flavonoids may raise the oestrogen biological activity in cardiovascular tissue, which suggests that flavonoids may play a preventive role for cardiovascular disease.

Flavonoids are rich in various diets. Humans consume considerable amount of flavonoids daily. Human faecal water content of various flavonoids can reach up to millimolar range with very high individual variations (Jenner et al. 2005). The concentrations of flavonoids used in this investigation are all below 1 mM.

Flavonoids are polyphenols. Therefore, they are mainly metabolized by phase II drugmetabolizing enzymes. As describe above, sulfation is one of the major metabolic pathways for flavonoids. The other major conjugation reaction is glucuronidation (Terao 1999; Vaidyanathan & Walle 2002) catalysed by UDP-glucuronosyltransferases (UGTs). The major functional groups for UGTs are carboxyl group and hydroxyl group, while the major functional group for SULTs is hydroxyl group. SULTs are unable to sulfate a carboxyl group. Both UGTs and SULTs have broad substrate specificity, and they share almost all the xenobiotic hydroxyl substrates. SULTs usually have high affinity to substrates (very low  $K_{\rm m}$ ), while UGTs have high capacity (high  $V_{\rm max}$  and high  $K_{\rm m}$ ). The relative contributions of glucuronidation and sulfation to flavonoids metabolism will depend on the *in vivo* flavonoid concentrations. At lower concentrations, sulfation should dominate, while at higher concentrations, glucuronidation will be the major conjugation reaction.

Flavonoids are important bioactive food components. They contribute to human health. SULTs are important drug metabolizing enzymes. They also regulate the biological activities of various hormones and biological signalling molecules. It is significant to understand how flavonoids are metabolized by SULTs and how flavonoids affect the biological activities of human SULTs. These results may contribute to the understanding of the biological roles of flavonoids and their potential roles for human health.

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Hesperetin







#### Figure 2.

Catechin, epicatechin, hesperetin, and eriodictyol sulfation by human intestine cytosol. The pNPS assay was used to assess sulfation activity. Data shown are the means  $\pm$  standard deviation (SD) of three determinations.



#### Figure 3.

Kinetics of catechin (A), epicatechin (B), hesperetin (C), and eriodictyol (D) sulfation catalysed by recombinant human SULT1A1. The pNPS assay was used to assess sulfation activity. Data shown are the means  $\pm$  standard deviation (SD) of three determinations. The solid line represents curve fitting to the substrate inhibition equation (2) (see the Materials and methods section).



#### Figure 4.

Kinetics of catechin (A), epicatechin (B), hesperetin (C), and eriodictyol (D) sulfation catalysed by recombinant human SULT1A3. The pNPS assay was used to assess sulfation activity. Data shown are the means  $\pm$  standard deviation (SD) of three determinations. The solid line represents curve fitting to the substrate inhibition equation (2) (see the Materials and methods section).



#### Figure 5.

Effect of catechin, epicatechin, hesperetin, and eriodictyol on 2-naphthol sulfation catalysed by recombinant hSULT1A1 (A) and human intestine cytosol (B). The substrate was 100  $\mu$ M 2-naphthol. Results are means  $\pm$  standard deviation (SD) of three determinations.



#### Figure 6.

Effect of catechin, epicatechin, hesperetin, and eriodictyol on dopamine sulfation catalysed by recombinant hSULT1A3. The substrate was 50  $\mu$ M dopamine. Results are means  $\pm$  standard deviation (SD) of three determinations.



#### Figure 7.

Effect of catechin, epicatechin, hesperetin, and eriodictyol on DHEA sulfation catalysed by recombinant hSULT2A1(A) and human intestine cytosol (B). The substrate was 2  $\mu$ M DHEA. Results are the means  $\pm$  standard deviation (SD) of three determinations.



#### Figure 8.

Effect of catechin, epicatechin, hesperetin, and eriodictyol on oestradiol sulfation catalysed by recombinant hSULT1E1 (A) and human intestine cytosol (B). The substrate was 0.15  $\mu$ M oestradiol. Results are means  $\pm$  standard deviation (SD) of three determinations.

Kinetic parameters for flavonoid sulfation catalysed by sulfotransferases (SULTs) in human intestine cytosol<sup>a</sup>.

Flavonoid	V <sub>max</sub> (nmol mg <sup>-1</sup> min <sup>-1</sup> ) <sup>b</sup>	$K_{\mathrm{m}}\left(\mu\mathrm{M} ight)^{b}$	$\frac{V_{\rm max}/K_{\rm m}~(\rm ml~mg^{-1}}{\rm min^{-1})^b}$
Catechin	$6.7\pm0.02$	$104\pm7.3$	$0.065\pm0.002$
Epicatechin	$4.2\pm0.2$	$149\pm9.2$	$0.028 \pm 0.001$
Hesperetin	$8.9\pm0.3$	$66\pm3.3$	$0.134\pm0.004$
Eriodictyol	$19.4\pm2.4$	$220\pm28$	$0.088 \pm 0.001$

<sup>*a*</sup>Notes: Data are means  $\pm$  standard deviation (SD) of three determinations.

 $^{b}$ Kinetic parameters were estimated using the Michaelis–Menten equation (see equation (1) in the Materials and methods section) and the following concentrations of flavonoids: 1–1000  $\mu$ M catechin; 1–1000  $\mu$ M epicatechin; 1–128  $\mu$ M hesperetin; and 1–32  $\mu$ M eriodictyol.

Kinetic parameters for flavonoid sulfation catalysed by hSULT1A1.

Flavonoid	$V_{ m max}  ( m nmol mg^{-1}  min^{-1})$	$K_{\mathrm{m}}\left(\mu\mathrm{M} ight)$	$V_{\text{max}}/K_{\text{m}}$ (ml mg <sup>-1</sup> min <sup>-1</sup> )	$K_{\rm i}$ ( $\mu { m M}$ )
Catechin	$187\pm9.9$	$165\pm8.1$	$1.14\pm0.01$	$6.37\pm0.22$
Epicatechin	$188\pm53$	$301\pm89.0$	$0.62\pm0.01$	$8.7\pm3.07$
Hesperetin	$92.7\pm2.3$	$63.0\pm0.6$	$1.47\pm0.02$	$3.7\pm0.11$
Eriodictyol	$98.6\pm2.5$	$80.8\pm3.3$	$1.22\pm0.03$	$6.1\pm0.14$

Notes: Data are the means  $\pm$  standard deviation (SD) of three determinations.

Kinetic parameters were estimated using equation (2) (see the Materials and methods section).

Kinetic parameters for flavonoid sulfation catalysed by hSULT1A3<sup>a</sup>.

Flavonoid	V <sub>max</sub> (nmol mg <sup>-1</sup> min <sup>-1</sup> )	$K_{\rm m}(\mu{ m M})$	$V_{\rm max}/K_{\rm m}$ (ml mg <sup>-1</sup> min <sup>-1</sup> )	<i>K</i> <sub>i</sub> (μM)
Catechin	$342\pm8.2$	$236\pm5.6$	$1.45\pm0.02$	$8.0\pm0.29$
Epicatechin	$442\pm9.7$	$437 \pm 10.1$	$1.01 \pm 1.02$	$9.5\pm0.21$
Hesperetin	$303\pm5.8$	$179\pm3.7$	$1.69\pm0.02$	$4.2\pm0.06$
Eriodictyol	$269 \pm 5.2$	$193\pm3.3$	$1.39\pm0.03$	$4.6\pm0.02$

Notes: Data are the means  $\pm$  standard deviation (SD) of three determinations.

Kinetic parameters were estimated using equation (2) (see the Materials and methods section).

Inhibition constants (IC<sub>50</sub>) of dietary flavonoid inhibition of recombinant and human intestine cytosolic SULTs.

	2-Naphtho	l sulfation	Dopamine	Oes	tradiol sulfatio	u	DHEA s	ulfation
Flavonoid	hSULT1A1	Cytosol	sulfation by hSULT1A3	hSULT1E1	hSULT1A1	Cytosol	hSULT2A1	Cytosol
Flavanones								
Hesperetin	$23.4 \pm 5.75$	$32.2 \pm 3.6$	$20.8\pm8.1$	$90.4\pm11.5$	n.a.	$3.6 \pm 0.4$	$152\pm14.9$	$91.0\pm9.5$
Eriodictyol	$15.2\pm0.9$	$28.9\pm4.1$	$14.7\pm8.9$	$677\pm120.3$	n.a.	$11.8\pm2.0$	$139\pm8.8$	$66.1\pm20.2$
Flavonols								
Catechin	$8.4\pm3.3$	$67.1 \pm 6.3$	$82.5\pm31.5$	n.a.	$2.6 \pm 0.4$	$10.1 \pm 1.7$	n.a.	$13.6 \pm 2.6$
Epicatechin	$42.5\pm8.5$	$157 \pm 37.6$	$117 \pm 12.9$	n.a.	$6.1 \pm 1.0$	$22.7 \pm 5.6$	n.a.	$88.4\pm46.0$

ig SigmaPlot 9.01. Results are means  $\pm$  standard 2 Ŀ deviation (SD) of three determinations.

n.a., Not applicable.