

# Enhancement of Glutamate Release by L-Fucose Changes Effects of Glutamate Receptor Antagonists on Long-Term Potentiation in the Rat Hippocampus

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In previous studies L-fucose has been shown to facilitate long-term memory formation and to enhance and prolong long-term potentiation (LTP). To search for possible presynaptic or postsynaptic mechanisms that are affected by L-fucose, we examined the effect of L-fucose on (1) inhibition of LTP induction via glutamate receptors by antagonists, (2) paired-pulse facilitation, and (3) presynaptic transmitter release. Coapplication of 0.2 mM L-fucose with the competitive *N*-methyl-D-aspartate (NMDA) receptor antagonist, D-2-amino-5-phosphonovalerate (AP5), or coapplication of 0.2 mM L-fucose in the presence of an inhibitor for class I/II metabotropic glutamate receptors, (S)- $\alpha$ -methyl-4-carboxyphenylglycine (MCPG), reversed LTP blockade in the CA1-region of hippocampal slices. In contrast, L-fucose had no effect on the LTP blockade by the noncompetitive NMDA ion-channel blocker (5R,10S)-(+)-5-Methyl-10,11-dihydro-5H-dibenzo[a,d]cyclohepten-5,10-imine hydrogen maleate (MK-801). Paired-pulse facilitation, which is a primarily presynaptic phenomenon of short-term plasticity, was decreased in the presence of 0.2 mM L-fucose. Furthermore, L-fucose enhanced the K<sup>+</sup>-stimulated release of [<sup>3</sup>H]-D-aspartate from preloaded hippocampal slices in a concentration-dependent manner. These observations demonstrate an influence of L-fucose on transmitter release that in turn can increase transmitter availability at postsynaptic glutamate receptors. This effect of L-fucose may contribute to the LTP facilitation seen *in vitro* and *in vivo* as well as to improvement in memory formation.

Investigations of protein glycosylation suggest a pivotal role for glycoproteins and their glycan structures in learning and memory (for reviews see Matthies 1988; Breen et al. 1998). Enhanced glycoprotein processing after learning experiments results in an increased incorporation of the terminal saccharides L-fucose and sialic acid into the carbohydrate chains of brain glycoconjugates (Jork et al. 1986; Regan and Fox 1995; Rose 1995). Application of glycan chain synthesis inhibitors has been shown to prevent long-term memory formation (Jork et al. 1986, 1989; Crowe et al. 1994; Alexinsky et al. 1997). Furthermore, L-fucose improves memory consolidation in a discrimination learning task (Wetzel et al. 1980).

Hippocampal long-term potentiation (LTP) is widely accepted as a model to describe elementary cellular mechanisms involved in long-lasting information storage in the brain (e.g., Bliss and Collingridge 1993). Glycoprotein pro-

cessing also plays a crucial role in the maintenance of LTP. An increase in [<sup>3</sup>H]-fucose incorporation into glycoproteins and enhanced fucosyltransferase activity have been reported after LTP induction in the CA1 region (Angenstein et al. 1992). Inhibitors of glycoprotein processing, in particular 2-deoxy-D-galactose as a specific inhibitor of glycoprotein fucosylation, prevent LTP maintenance (Krug et al. 1991; Matthies et al. 1999). Moreover, the presence of L-fucose or the trisaccharide 2'-fucosyllactose during tetanic stimulation drastically increases LTP both *in vivo* and *in vitro* (Krug et al. 1994; Matthies et al. 1996). So far, the effects of L-fucose on memory formation and LTP maintenance have been discussed mainly in terms of increased fucose incorporation into glycan chains of newly synthesized glycoproteins (Wetzel et al. 1980; Matthies 1988; Krug et al. 1994; Matthies et al. 1999). However, the rapid enhancement of LTP in the presence of L-fucose immediately after tetanization (Krug et al. 1994; Matthies et al. 1996) would require rather fast synaptic mechanisms. Therefore, we tested L-fucose for direct post- and/or presynaptic effects which might explain the fast enhancement of LTP.

L-fucose might interact with these receptors around the ligand binding site or the ion channel pore and thus modu-

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late LTP induction and maintenance. Alternatively, increased glutamate availability due to enhanced presynaptic glutamate release from the presynaptic site mediated by L-fucose can contribute to LTP enhancement.

The paired-pulse stimulation paradigm and the measurement of  $K^+$ -stimulated [ $^3H$ ]-D-aspartate release are approaches for analyzing changes in presynaptic transmitter release. Paired-pulse facilitation (PPF) is characterized as an alteration in transmitter release probability caused by a conditioning stimulus that leads to an enhanced response to a second test stimulus spaced from the conditioning stimulus by about 50 msec (e.g., Zucker 1989). PPF is assumed to be a primarily presynaptic event (Zucker 1989; Schulz et al. 1994; Commins et al. 1998), in which a change in the ratio of the second answer to the first one would reflect a change in transmitter release probability. The fast facilitation of LTP in the presence of L-fucose might be explained if an increase of transmitter release by L-fucose could be substantiated. LTP induction may include an early step of enhanced transmitter release (Bliss et al. 1986; Canevari et al. 1994). An increase of transmitter available at the postsynaptic receptor thus may contribute to LTP expression or interfere with glutamate receptor antagonists in modulating LTP induction.

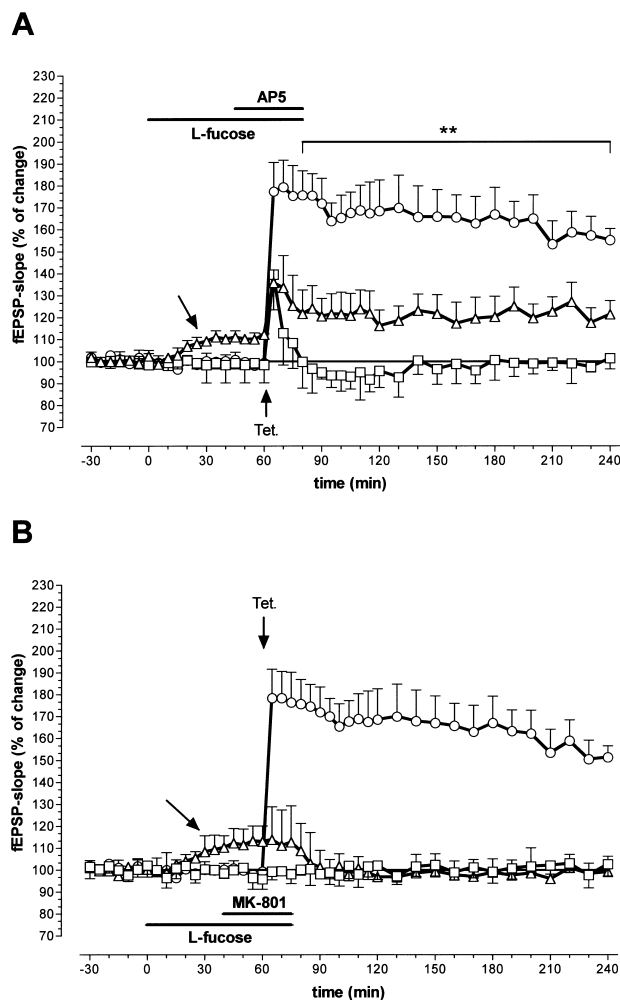
To determine if L-fucose can modulate the presynaptic and/or postsynaptic mechanisms, we studied the effect of L-fucose on LTP induction after inhibition of different glutamate receptors by antagonists, paired-pulse facilitation, and presynaptic transmitter release.

## RESULTS

### L-Fucose Application and NMDA-Receptor Inhibition

LTP in the hippocampal CA1 region can be blocked by competitive (e.g., D-2-amino-5-phosphonovalerate [AP5]) and noncompetitive ((5R,10S)-(+)-5-Methyl-10,11-dihydro-5H-dibenzo[a,d]cyclohepten-5,10-imine hydrogen maleate [MK-801]) NMDA receptor antagonists that bind to the NMDA receptor-coupled ion channel and can be modulated by antagonists of the metabotropic glutamate receptors (e.g., (S)- $\alpha$ -methyl-4-carboxyphenylglycine [MCPG]). In the experiments described here we applied L-fucose with these inhibitors before and during LTP induction to investigate effects of L-fucose on glutamate receptors.

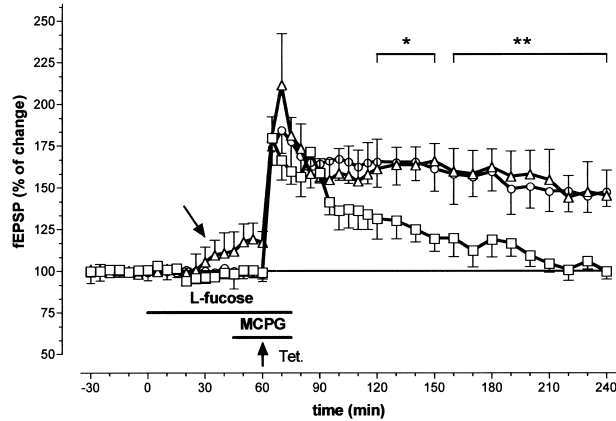
A long-lasting and stable LTP of the fEPSP was induced by high-frequency stimulation in control experiments without drug treatment (Fig. 1). Tetanic stimulation in the presence of the competitive NMDA receptor antagonist AP5 (50  $\mu$ M) induced only short-term potentiation. The slope function of the fEPSP returned to control level immediately after tetanization. However, when we coapplied 50  $\mu$ M AP5 with 0.2 mM L-fucose, the blocking effect of AP5 was partially reversed. As described earlier (Matthies et al. 1996), 30 min



**Figure 1** Influence of coapplication of 0.2 mM L-fucose with 50  $\mu$ M of the competitive NMDA receptor antagonist AP5 (A) and 15  $\mu$ M of the noncompetitive antagonist MK-801 (B) on LTP in the hippocampal CA1 region. ( $\square$ ) LTP of the fEPSP in the presence of the antagonist; ( $\triangle$ ) LTP of the fEPSP when L-fucose and the antagonist are coapplied; ( $\circ$ ) LTP control. (Horizontal bars) Application periods, (vertical bars) S.E.M.; (\*\*\*)  $P < 0.02$ . (Number of animals ( $N$ ) in A: coapplication = 8, AP5 = 7;  $N$  in B: coapplication = 8, MK-801 = 7). Unlabeled arrows indicate the slow increase of the fEPSP during L-fucose application. Arrows labeled "Tet." indicate the time point of tetanization.

after L-fucose application an increase of the slope function of the nontetanized fEPSP was observed (arrows in Figs. 1 and 2). Furthermore, AP5 did not suppress the tetanus-induced LTP. A considerable long-lasting and stable potentiation was found until 4 hr after tetanization (Fig. 1A). However, the degree of potentiation in control experiments was not reached. A significant deviation between the group of AP5-treated and the group of AP5/L-fucose treated slices was seen for the fEPSP-slope ( $\geq 15$  min;  $P < 0.02$ ;  $N = 8$ ).

Application of the noncompetitive NMDA-receptor ion channel blocker MK-801 (15  $\mu$ M) also totally blocked LTP in



**Figure 2** Influence of the coapplication of 0.2 mM L-fucose with 500  $\mu$ M of the antagonist for metabotropic glutamate receptors, MCPG, on LTP in the hippocampal CA1 region. (□) Potentiation of the fEPSP in the presence of MCPG; ( $\Delta$ ) potentiation of the fEPSP when L-fucose and MCPG are coapplied; (○) potentiation of the fEPSP without any drug application. (Horizontal bars) Application periods for L-fucose (upper bar) and MCPG (lower bar); (vertical bars) S.E.M.; (\*)  $P < 0.05$ ; (\*\*)  $P < 0.02$ . ( $N$  for MCPG = 7,  $N$  for coapplication = 7). Unlabeled arrow indicates the slow increase of the fEPSP during L-fucose application. Arrow labeled "Tet." indicates the time point of the high-frequency stimulation.

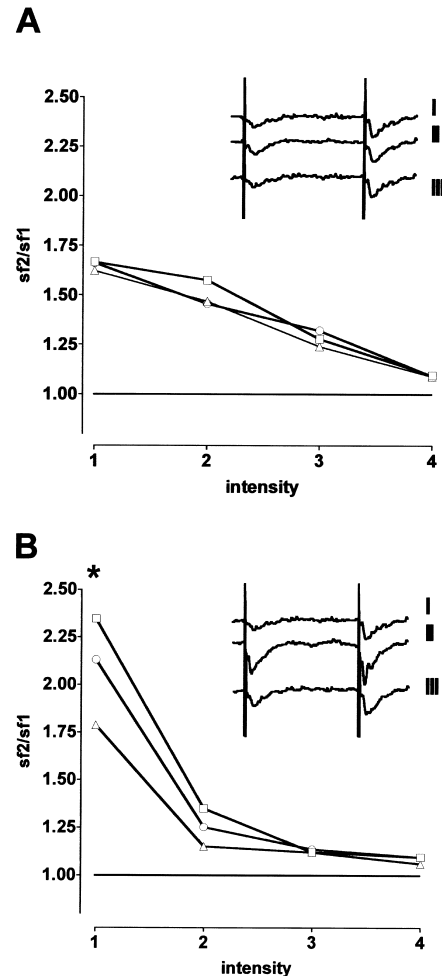
the CA1 region (Fig. 1B). However, in contrast to the group treated with AP5, the coapplication of 0.2 mM L-fucose did not reverse or weaken the antagonistic effect of MK 801 in this group of slices. Both MK-801 treatment (Fig. 1B, boxes;  $N = 7$ ) and coapplication of MK-801 with L-fucose (Fig. 1B, triangles;  $N = 8$ ), showed the same time course of LTP inhibition.

### L-Fucose Application and mGluR Inhibition

Because of the studies that addressed the important role of mGluRs in mechanisms of LTP, we also coapplied a specific antagonist of these receptors together with L-fucose and induced LTP. The application of 500  $\mu$ M MCPG, a mGluR antagonist with a broad-spectrum effect on class I/II mGluRs (Watkins and Collingridge 1994), blocked the late phase of LTP in the CA1 region (Fig. 2). The slices were incubated with 500  $\mu$ M MCPG for 25 min. The standard tetanization procedure was applied 15 min after starting the application. In the presence of MCPG, 5 min after tetanization the fEPSP slope was  $180.26\% \pm 12.25\%$  of the control ( $N = 6$ ; Fig. 2) and did not deviate from that obtained during L-fucose application (see below). However, soon after tetanization the potentiation of the fEPSP slope declined, and a return to the baseline value was observed after 200 min. On the other hand, the preincubation with L-fucose and additional application of MCPG did not show any changes in LTP time course compared with untreated control slices. Significant differences in the time course of LTP between MCPG treated slices and MCPG/L-fucose-treated slices occurred  $\geq 120$  min after tetanization ( $P < 0.05$ ).

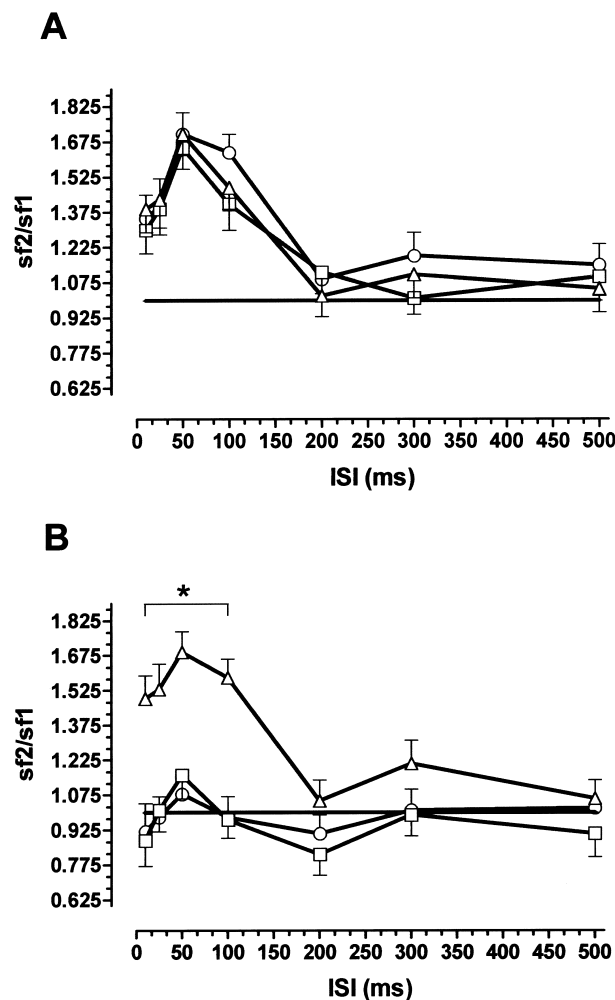
### L-Fucose Application and Paired-Pulse Facilitation

We used two different paradigms of paired-pulse facilitation to investigate the influence of L-fucose on presynaptic transmitter release. An enhancement of the second answer occurs when glutamatergic synaptic potentials are evoked at interstimulus intervals (ISIs)  $< 100$  msec, which is indicative of enhanced transmitter release (Fig. 3B). Substances that increase transmitter release diminish the degree of PPF (Mennerick and Zorumski 1996). This effect was observed in both experimental paradigms. As Figure 3A, B shows, PPF

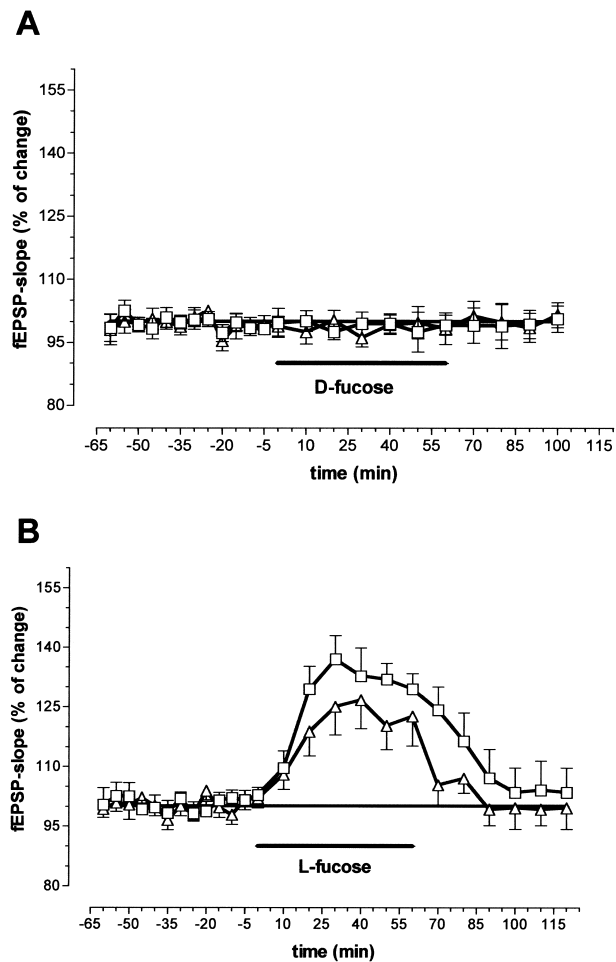


**Figure 3** Influence of 0.2 mM L-fucose and D-fucose on paired-pulse facilitation (PPF) in the hippocampal CA1 region when using a fixed interstimulus interval of 50 msec and increasing stimulus intensity. (Abscissa) Paired-pulse ratio of the fEPSP-slope (sf); (ordinate) stimulus intensity: 1 = threshold intensity; 2, 3, and 4 = threshold intensity times 1.5, 2, and 2.5, respectively. (A) Control records with D-fucose application ( $N = 6$  animals). (B) L-fucose application ( $N = 8$  animals). (\*)  $P < 0.05$ . (□) Predrug period; ( $\Delta$ ) 60 min after beginning of the fucose application; (○) after washout; (vertical bars) S.E.M. Inserts in (A) and (B) show analogous examples of the fEPSP evoked by near-threshold intensity (I = before, II = during substance application, III = after washout).

induced by double pulse stimulation with a fixed ISI of 50 msec depends on stimulus intensity. When the fEPSP was evoked by stimulation with near-threshold intensity, the ratio of the second response to the first (R2/R1) was  $2.35 \pm 0.16$ . Increasing the stimulus intensity decreased the paired-pulse ratio. With 2.5-fold threshold intensity, a value of  $1.09 \pm 0.1$  was seen. Addition of 0.2 mM L-fucose to the perfusion medium decreased the ratio significantly to 1.76 at threshold intensity ( $P < 0.05$ ,  $N = 8$ ). At higher intensities no effects were seen. As shown in Figure 3B, the PPF ratio returned to the value of the predrug period after washing out the substance. Figure 3A indicates stability of the PPF ratio under control conditions (0.2 mM D-fucose). As Figure 4B shows, PPF also was influenced by L-fucose application



**Figure 4** Influence of 0.2 mM L-fucose or D-fucose on paired-pulse facilitation (PPF) in the hippocampal CA1 region induced with near-threshold intensity and variation of interstimulus intervals (ISI). (A) Control with D-fucose application ( $N = 7$  animals); (B) L-fucose application ( $N = 8$  animals). ( $\Delta$ ) Predrug period; ( $\square$ ) during drug application; ( $\circ$ ) after wash out. Values in (A) were recorded at the same times as in (B); (\*)  $P < 0.05$ ; (vertical bars) s.e.m.



**Figure 5** Influence of 0.2 mM D-fucose (A) and 0.2 mM L-fucose (B) on the slope function of the fEPSPs recorded in the CA1 region after paired-pulse stimulation with a fixed interstimulus interval of 50 msec and near-threshold intensity. ( $\square$ ) First EPSP; ( $\Delta$ ) second EPSP ( $N = 8$  animals). Ordinates indicate percent deviation from predrug values. (Horizontal bars) Substance application; (vertical bars) s.e.m.

when the ISI was varied systematically and the intensity was fixed at a low level. In the predrug period PPF was detectable with ISIs of 10, 20, 50, and 100 msec. The ratio R2/R1 was obviously higher than 1.0. The application of 0.2 mM L-fucose decreased the PPF ratio, especially for ISIs of 10, 20, 50, and 100 msec (Fig. 4B). The inactive isomer D-fucose did not influence the PPF ratio (Fig. 4A). In Figure 5 the slope function of the first and second fEPSP were plotted separately for perfusion with D-fucose (Fig. 5A) and L-fucose (Fig. 5B). Although the application of D-fucose had no effect on the slope function of the fEPSP, fEPSP was enhanced by L-fucose. As can be seen in Figure 5B, the slope of the first response (boxes) increased to a greater extent than that of the second response (triangles). As a consequence, the PPF

ratio must decline. These results indicate a facilitation of transmitter release by L-fucose.

### L-Fucose Application and Glutamate Release

The influence of L-fucose on [ $^3\text{H}$ ]-D-aspartate release from hippocampal slices was also investigated. Aspartate can substitute for the natural transmitter glutamate in brain tissue (Zablocka and Domanska-Janik 1994) and is released in the same way as glutamate. Because aspartate is not metabolized, radioactively labeled aspartate liberation reflects the release of the natural transmitter with better accuracy than labeled glutamate itself. In our experiments the basal (data not shown) and the  $\text{K}^+$ -stimulated releases from hippocampal slices preloaded with [ $^3\text{H}$ ]-D-aspartate were enhanced by L-fucose ( $N = 5$ ) in a concentration-dependent manner.

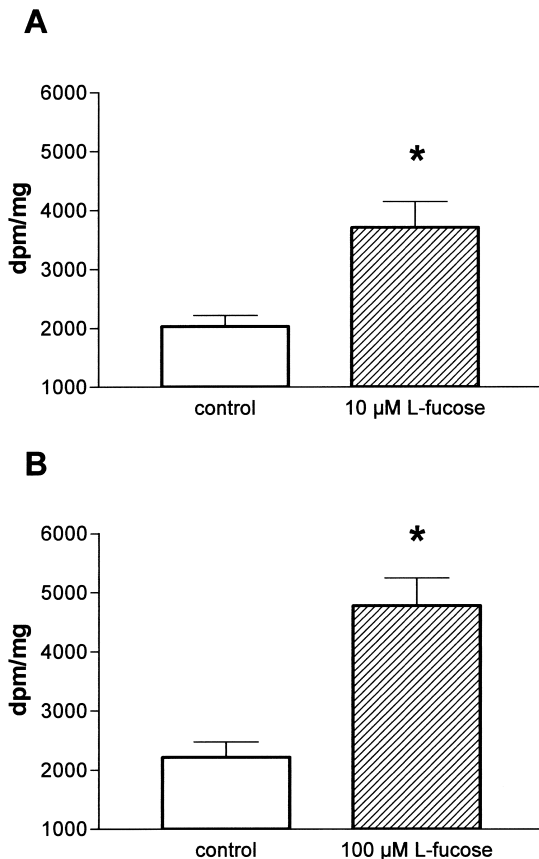
L-fucose concentrations of  $10\ \mu\text{M}$  and  $100\ \mu\text{M}$  had a significant effect on the [ $^3\text{H}$ ]-D-aspartate release (Fig. 6), whereas  $1\ \mu\text{M}$  L-fucose did not alter the release (data not shown). The basal and  $\text{K}^+$ -stimulated [ $^3\text{H}$ ]-D-aspartate re-

lease from hippocampal slices was unchanged after addition of the physiological inactive isomer D-fucose (data not shown).

### DISCUSSION

Hippocampal LTP is a complex phenomenon of neuronal plasticity realized by different pre- and postsynaptic processes. This synaptic enhancement, lasting hours or days, is discussed as a possible cellular mechanism involved in learning and memory formation (Bliss and Collingridge 1993; Frey and Morris 1997). Meanwhile it is generally accepted that, like memory consolidation, the late maintenance of LTP depends on undisturbed protein synthesis and glycoprotein processing during a critical time window. Inhibitors of protein synthesis or of glycoprotein processing disturb memory consolidation and prevent maintenance of LTP (Jork et al. 1986, 1989; Matthies 1988; Krug et al. 1991; Crowe et al. 1994; Rose 1995; Matthies et al. 1999). On the other hand, substances which improve memory consolidation by interfering with biomacromolecular synthesis, such as orotic acid and the monosaccharide L-fucose (Wetzel et al. 1980) also enhance or prolong LTP (Krug et al. 1989, 1994; Matthies et al. 1996). Enhanced [ $^3\text{H}$ ]-fucose incorporation into hippocampal glycoproteins has been demonstrated after LTP induction (Angenstein et al. 1992). However, the fast increase of LTP magnitude immediately after tetanization in the presence of L-fucose points to additional direct and fast effects (Krug et al. 1994; Matthies et al. 1996). Candidates for direct interference are fucosylated receptor proteins, ion channels, or extracellular matrix proteins and their putative binding proteins (Varki 1993). The extracellular supply of fucose in sufficient concentrations could, for example, modulate transmitter release, receptor function, or cell-cell communication by competition with endogenous ligands. The concentrations used in our experiments are comparable to those used in learning experiments or LTP studies (Wetzel et al. 1980; Krug et al. 1994). However, they are not physiological because free L-fucose is absent in the brain. Interestingly, despite its function as the major energy source in the brain, the monosaccharide glucose applied at concentrations comparable to that of L-fucose can increase acetylcholine release in the central nervous system during a learning experiment and enhance memory (Ragozzino et al. 1996), perhaps by increasing acetylcholine synthesis (Durkin et al. 1992). This may explain its memory-enhancing effect. Our results provide evidence that the monosaccharide L-fucose also exerts its effect on LTP at least in part by presynaptic mechanisms.

An enhanced glutamate release could be deduced from our electrophysiological data. Paired-pulse facilitation, which is considered to be a primarily presynaptic phenomenon (Schulz et al. 1994; Commins et al. 1998), was influenced in a way that indicates enhanced transmitter release in the presence of L-fucose. We demonstrated this effect in



**Figure 6** Influence of L-fucose on [ $^3\text{H}$ ]-D-aspartate release from hippocampal slices in comparison to control slices. The  $\text{K}^+$ -stimulated amino acid release from hippocampal slices ( $N = 5$  animals) was enhanced by L-fucose in a concentration-dependent manner. (A)  $10\ \mu\text{M}$  L-fucose; (B)  $100\ \mu\text{M}$  L-fucose. (Vertical bars) S.E.M.; (\*)  $P < 0.05$ .

two experimental paradigms. When PPF was induced with a fixed ISI and a stepwise increase in stimulus strength, a considerable facilitation was seen only near threshold intensity. The ratio R2/R1 decreased with higher stimulus intensities. This confirms earlier results and can be explained by saturation phenomena at higher intensities or interactions with postsynaptic phenomena (e.g., Leung and Fu 1994). L-Fucose significantly decreased PPF when induced with near-threshold stimulus intensity, and this effect is interpreted as an increase in transmitter release (Mennerick and Zorumski 1996; Commins et al. 1998; Kato et al. 1999). Varying the ISI and holding the stimulus intensity near threshold, PPF seen with ISIs between 10 and 200 msec was decreased during L-fucose superfusion. This further confirms influences on presynaptic transmitter release. The small but steady increase in population spike amplitude and slope function of the fEPSP during incubation with L-fucose also can be interpreted in such a way (Figs. 1, 2, and 5B) (Matthies et al. 1996).

An enhanced K<sup>+</sup>-stimulated amino acid release in the presence of L-fucose has been directly demonstrated. This effect is concentration-dependent, from 10 μM to 100 μM, and stereospecific. Because stereospecificity of L-fucose on LTP has been demonstrated by our earlier work (Matthies et al. 1996) and in our paired-pulse experiments, changes in osmolarity can be excluded. The effect of L-fucose on transmitter release was unaffected by AP5. L-Fucose also did not influence ligand binding to glutamate receptors, especially NMDA (H. Schroeder, unpublished data). Therefore, our data do not favor a direct action of L-fucose on glutamate receptors.

Besides the presynaptic effects of L-fucose, we investigated the influence on LTP induction at the postsynaptic site. Enhanced glutamate release during and for a restricted time after tetanic stimulation may be important for induction and early maintenance of LTP (Bliss et al. 1993; Canevari et al. 1994). At the postsynaptic side, activation of the glutamatergic NMDA receptor is the key event of LTP induction (Collingridge and Bliss 1987; Bliss and Collingridge 1993). In addition, activation of the metabotropic glutamate receptors modulates extent and duration of LTP (Musgrave et al. 1993; Bortolotto et al. 1994). LTP can be prevented by blockade of the NMDA receptor-ion channel complex with competitive antagonists such as AP5 (Collingridge and Bliss 1987) and noncompetitive antagonists binding to the ion channel pore, such as MK-801 (Coan et al. 1987). Late LTP can also be blocked by the competitive antagonist MCPG at metabotropic glutamate receptors (Little et al. 1995; Riedel et al. 1996; Wilsch et al. 1998). If L-fucose enhances glutamate release, the effect of competitive glutamate antagonists, but not that of noncompetitive inhibitors, would be partially antagonized. Competitive inhibitors of the NMDA receptor can be replaced in a pharmacokinetic manner by higher glutamate concentrations in the synaptic cleft by

L-fucose application in combination with high-frequency stimulation. Our results with coapplication of AP5, MK 801, and MCPG support this idea. Only the effect of competitive inhibitors was attenuated; the blocking effect of MK 801 on LTP was not influenced.

The increase in glutamate release by L-fucose might also be a key event for the memory enhancement by L-fucose observed earlier (Wetzel et al. 1980). Ragozzino et al. (1996) discussed some mechanisms for glucose that also may be relevant for L-fucose, e.g., increase of transmitter synthesis, direct antagonism at opiate receptors that govern transmitter release, or direct influence on glutamate release. In addition, the role of 2-deoxy-D-glucose, which induces long-term potentiation in the CA1 region, in increasing glutamate release and presynaptic NMDA receptor-mediated Ca<sup>++</sup> influx has been discussed (Zhao & Krnjevic 2000).

Because receptors and ion channels are glycoproteins (Hullebroeck and Hampson 1992; Kawamoto et al. 1995, Clark et al. 1998, Smalla et al. 1998), the application of L-fucose can interfere with interactions between these glycoproteins and endogenous lectins, which could serve as functional modulators. There are several reports on the existence of such endogenous lectins (i.e., Gagneux and Varki 1999), in particular, in the rat hippocampus (Gabius and Bardosi 1990), although their molecular identity is still not known. Meanwhile, experiments with several plant lectins demonstrated changes in glutamate receptor desensitization (Thio et al. 1993; Yue et al. 1995), and the DIDS-sensitive Ca<sup>++</sup> influx was shown to be twofold in the presence of the fucose-specific *Ulex europaeus* lectin I (Engelmann et al. 1991).

To summarize our results, L-fucose has been shown to increase presynaptic glutamate release and to interfere with competitive glutamate receptor antagonists in LTP expression. This can explain the LTP- and memory-enhancing effects of L-fucose.

## MATERIALS AND METHODS

### LTP Experiments

The experiments were performed in hippocampal slices from 8-week-old male Wistar rats, strain Shoe: wist (shoe). Slice preparation from rat hippocampus and extracellular recordings from the CA1 stratum radiatum were performed as described previously (Matthies et al. 1999). Animals were killed by a blow to the neck, and the hippocampus was quickly prepared. Transverse slices (400 μm-thick) of the right hippocampus were prepared with a tissue chopper and were placed into a recording chamber containing artificial cerebral spinal fluid (ACSF) immediately after preparation. The ACSF was a modified Krebs-Ringer solution containing (in mM): NaCl, 124; KCl, 4.9; KH<sub>2</sub>PO<sub>4</sub>, 1.2; MgSO<sub>4</sub>, 1.3; CaCl<sub>2</sub>, 2.5; NaHCO<sub>3</sub>, 25.6; D-glucose, 10; (pH 7.4). ACSF was saturated with 95% O<sub>2</sub>/5% CO<sub>2</sub>. Slices were kept submerged and were perfused with a flow rate of 1 ml/min (temperature 35°C). Field potentials in the CA1 region were evoked by stimulating the Schaffer collateral-commissural pathway with biphasic square wave constant current im-

pulses of 0.1 msec duration per half wave generated by an A-M Systems Stimulator (Model 2001). A lacquer-coated monopolar stainless-steel electrode was used to stimulate the test input. To record the extracellular field potentials, a glass electrode filled with ACSF was inserted into the stratum radiatum of the CA1. The stimulus intensity was adjusted to elicit a field potential of 30–40% of maximum response. Four single test potentials were amplified by a DC amplifier and averaged for each test record. The fEPSP was evaluated by measuring the initial, increasing slope (mV/msec) between the onset of the response and its negative peak in recordings from the field potentials in the CA1-region. Stable recordings were obtained over a 30 min baseline period.

LTP in the CA1 region was induced by tetanizing the Schaffer collateral input with three 100-Hz stimulus trains, each containing 50 pulses at double pulse width and with a 5 min interval between each train. Thereafter, the fEPSP slope was recorded in 5–10 min intervals after tetanization.

To test the interactions of L-fucose with glutamate antagonists at the NMDA and metabotropic glutamate receptors, the slices were incubated with 0.2 mM L- or D-fucose for 60 min before, during, and 20 min after the tetanization procedure. AP5 (50  $\mu$ M), MK-801 (15  $\mu$ M), or MCPG (500  $\mu$ M) were additionally applied to the perfusion bath before and during LTP-induction and were washed out immediately after tetanization.

### Paired-Pulse Facilitation

Paired-pulse facilitation (PPF) was produced by applying two stimulation pulses with identical intensity separated by 50 msec to the same stimulation electrode. Facilitation was expressed numerically as the ratio of the second response to the first (R2/R1). The influence of fucose was tested in two experimental paradigms: In each case, after taking a baseline from untreated slices, either 0.2 mM L-fucose or 0.2 mM D-fucose was superfused for 60 min and then washed out. Field potentials were recorded before, during, and after perfusion with fucose-containing medium.

In a first series of experiments, input/output curves were constructed using four stimulus intensities. Threshold intensity for the fEPSP (which evoked a measurable potential) was multiplied by a factor 1.5, 2, and 2.5. The intensity dependence of PPF could be measured with this paradigm.

In a second series of experiments, with near-threshold intensity that evoked a measurable response, the ISI was varied from 10 msec to 500 msec. To summarize data from several experiments, the slope function of both the first and second fEPSP were normalized to the slope function of the first fEPSP during the control period and were then averaged before calculating the single fEPSP and the PPF ratio.

### Amino Acid Release

For the amino acid release study, freshly prepared hippocampal slices were incubated in Krebs-Henseleit solution with 19.2 nM [<sup>3</sup>H]-D-aspartate (specific activity 962 GBq/mmol, NEN-Dupont, USA) for 10 min under aeration with carbogen (O<sub>2</sub>/CO<sub>2</sub> ratio = 95%/5%), transferred into superfusion chambers, and rinsed with a calcium-free medium. Thereafter, the superfusion was started with Mg<sup>++</sup>-free oxygenated Krebs-Henseleit solution at a flow rate of 0.5 ml/min. After 21 to 25 min (S<sub>1</sub>), the medium was changed to a Krebs-Henseleit solution containing 48 mM KCl or 48 mM KCl with different concentrations of L-fucose and D-fucose. The perfusate was collected in 1-min fractions up to 30 min and assayed

for radioactivity using a scintillation cocktail containing dioxane. Data were calculated as dpm per mg protein.

### Statistics

Data were calculated as means  $\pm$  standard error of the means (S.E.M.). Statistical comparisons were made using the two-tailed U-test of Mann and Whitney. Significance was considered at the  $P < 0.05$  level.

### Substances

L-Fucose, D-fucose, and D,L-2-amino-5-phosphonovalerate (AP5) were purchased from Sigma and dissolved in ACSF. (5R,10S)-(+)-5-Methyl-10,11-dihydro-5H-dibenzo[a,d]cyclohept-5,10-imine hydrogen maleate (MK-801) and (S)- $\alpha$ -methyl-4-carboxyphenylglycine (MCPG) from Tocris were dissolved in ACSF.

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