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### Multiple-Targeting and Conformational Selection in the Estrogen Receptor: Computation and Experiment

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#### Abstract

Conformational selection is a primary mechanism in biomolecular recognition. The conformational ensemble may determine the ability of a drug to compete with a native ligand for a receptor target. Traditional docking procedures which use one or few protein structures are limited and may not be able to represent a complex competition among closely related protein receptors in agonist and antagonist ensembles. Here, we test a protocol aimed at selecting a drug candidate based on its ability to synergistically bind to distinct conformational states. We demonstrate, for the case of estrogen receptor  $\alpha$  (ER $\alpha$ ) and estrogen receptor  $\beta$  (ER $\beta$ ), that the functional outcome of ligand binding can be inferred from its ability to simultaneously bind both ER $\alpha$  and ER $\beta$  in agonist and antagonist conformations as calculated docking scores. Combining a conformational selection method with an experimental reporter gene system in yeast, we propose that several phytoestrogens can be novel estrogen receptor  $\beta$  selective agonists. Our work proposes a computational protocol to select estrogen receptor subtype selective agonists. Compared with other models, present method gives the best prediction in ligands' function.

#### Keywords

conformational ensemble; conformational selection; docking; phytoestrogen; SERMs; two-state theory

Proteins dynamics is a key factor in protein–ligand interactions. For the nuclear receptor, protein conformational changes coupled with ligand recognition and binding underlie signal transduction mechanisms (1). Currently, it is still a challenge to include dynamics in

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**Supporting Information** 

Additional Supporting Information may be found in the online version of this article:

Table S1. Original docking scores of training set compounds and  $17\beta$ -estradiol. The co-complexed ligands in each structure were also listed.

Table S2. Original docking scores of twenty phytoestrogens to twelve structures.

Table S3. Docking energies calculated by MD-SA model.

Appendix S1. The 51 phytoestrogen used in initial screen.

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structure-based virtual screening. Molecular docking methods are routinely used to select drug candidates by predicting ligand binding affinities using some scoring functions (2, 3). Traditionally, one or several protein structures have been used to represent target structures. Docking scores fluctuate when different conformers are used to represent the same target receptor, which is known as the 'cognate docking problem' (4). This not only decreases prediction accuracy, but can also question the obtained biological insights. More accurate docking prediction may be achieved by using average scores from several structures (5) or allowing the receptor binding pocket to be 'adaptive' to ligand conformations through conformational selection (4).

Recently ensemble docking has become increasingly popular (6–10) with a quick search recording close to 200 such publications. These follow the pioneering work of Shoichet (11) over a decade ago, and the broad recognition that proteins exist in ensembles of conformational states. Among these, an encouraging number (close to 50) already considered conformational selection.

Still, the underlying biological significance of the sensitivity of the docking score to the target structure ensemble has been mostly overlooked. Receptors and ligands are dynamics molecules, and their interactions involve mutual conformational selection (12). Such scenarios can be well illustrated by ligand binding to the estrogen receptor (ER).

Estrogen receptor is an estrogen-inducible transcription factor that controls genes related to reproductive organs, the cardiovascular system, bone, and brain (13). Consequently, ER is an important therapeutic target. There are two subtypes of ER in the cytoplasm, ERa and  $ER\beta$ , which share high sequence and structural similarity (14). Estrogen and related compounds are similarly responsive to ER $\alpha$  and ER $\beta$ . However, expression patterns (15, 16) and transcription activities (17) distinguish between the two subtypes. Structurally, ER $\alpha$  and  $ER\beta$  have two distinct agonist and antagonist conformations, mainly differing around the helix 12 region (18) and the co-activator recruitment site (19). The conformation of the ligand-binding domain (LBD) may also change upon binding (20). A drug targeting ER to modulate following transcription has to compete with the native ligand estrogen. Side effects may arise if the drug has low selectivity toward the target (ER $\alpha$  or ER $\beta$ ) in the right conformation (agonist or antagonist). Thus  $17\alpha$ -estradiol can have adverse side-effects [such as endometrial carcinoma and breast cancer (21, 22)]. Some ERβ-selective agonists (such as genistein) have lower adverse effects compared with 17β-estradiol but still appear to confer comparable benefits. Selective ER $\beta$  agonists, named selective estrogen receptor modulators (SERMs), can substitute for  $17\beta$ -estradiol. Many phytoestrogens (23) were characterized as SERMs, such as genistein and daidzein (24); some can be used for inhibiting ER-dependent cancer-cell proliferation (25) and in bone and nerve system treatment (24). However, some phytoestrogens have side effects, interfering with development (26) and the immune system (27). Computational approaches to screen SERMs in silico have been reported, with different success rates (28–31). These works applied molecular dynamics, QSAR or the CoMFA algorithm to screen/design ligands specifically binding to either ER $\alpha$  or ER $\beta$ . However, they did not account for ER conformational variability of the functional states.

In this study, we pursued a novel computational screening approach for ER $\beta$  selective agonists. To find these, the ligand should not only bind favorably to ER $\beta$  in the agonist conformation, but also to the ER $\alpha$  antagonist conformer. We used such multi-targeting conformational selection scheme to screen 51 plant extracts. Based on the *in silico* prediction, candidate ligands were experimentally tested through a bipartite recombinant yeast reporter system and found to be ER $\beta$  selective agonists. Several phytoestrogen were successfully identified as ER $\beta$  agonist by computational and experimental studies. These

studies not only suggest an explanation to ER selectivity of known compounds, but also an alternate strategy for drug design and screening.

#### Materials and Methods

#### Reagents

Salidroside, galanthamine, resveratrol, isoalantolactone, (+)-catechin, luteolin and curcumol were purchased from the National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China). Genistein and 17β-estradiol were purchased from Sigma-Aldrich (St. Louis, MO, USA). All estrogenic ligands stock solutions were prepared in dimethyl sulfoxide (DMSO; Sigma-Aldrich) at  $10^{-3}$  M before dilution by ddH<sub>2</sub>O. O-Nitrophenyl- $\beta$ -D-galactopyranoside (ONPG) was from Amresco (Beijing branch). All other chemical supplies were of analytical grade. YEP-ER $\alpha$ , YEP-ER $\beta$ , YRPC2-2cERE plasmids, and BJ5409 yeast strain were kind donations from Dr. Dan Noonan (University of Kentucky).

#### Structure preparation

Schrodinger software package was used for receptor structure preparation and docking. Crystal structures of ER $\alpha$  and ER $\beta$  in agonist and antagonist conformations were downloaded from the Protein Data Bank (PDB IDs: 1a52, 1gwq, 1l2i, 2j7x, 1u3q, 1×7b, 1err, 2ouz, 3ert, 2fsz, 1l2j, and 1nde). Receptor data are given in Table S1. Missing atoms and residues were added and minimized in an OPLS-2005 force field using the program Maestro. Monomers of the LBD of the receptors were further minimized by deleting redundant water molecules and metal ions, except one retained water molecule which was structurally conserved in two receptors (18, 30). Receptor grids near the ligand-binding pocket were generated by the Glide<sup>®</sup> software (32). Co-crystallized ligands were used for receptor grids generation as the center. The smallest cubic containing the  $\beta$ -sheet region of the LBD is taken as the grid. No specific constraint is applied.

Ligands' structures were constructed and minimized in MM94 force field with  $C_{\text{HEM}Bio}3D$  $U_{\text{LTRA}}$  11.0 software. Poses were generated at variable pH, ion states and ring conformations with Epik<sup>®</sup>. The following Epik parameters were used: mode: predict states; H<sub>2</sub>O solvent; pH 7.0 ± 2.0. Possible generate tautomers were also generated with the Epik, and the maximum number of conformers generated for each compound was limited to 16.

#### **Docking procedure**

Prepared ligands were screened using the standard SP Glide docking protocol to ER $\alpha$  or ER $\beta$  in agonist and antagonist conformations. The best pose of each ligand which survived in the screening was further calculated using the XP standard docking calculation. The following SP/XP docking parameters were selected: SP/XP precision, force field SP2005, water environment; variable bond movement was allowed without restraint; and no specific core, similarity group or constraint is applied.

#### Bipartite recombinant yeast reporter system

The bipartite recombinant yeast reporter system was constructed as described in our previous work (33). To test selected ligand's abilities to activate ER $\alpha$  and/or  $\beta$ , BJ5409 yeast strain was transformed with a reporter plasmid containing a downstream reporter gene lacZ and plasmids which express ER $\alpha$  and  $\beta$ . To test ligands' abilities to occlude estrogen's activation of ER $\alpha$ , yeast strain expressing ER $\alpha$  and reporter gene was used. Upon reaching an absorbance for 600nm wavelength of 0.6, measured using a Universal Microplate Reader (ELX 800uv, BIO-TEK Instruments, Inc.), the bipartite recombinant yeast was incubated in 96-well plate at 30 °C for 24 h in the presence of copper ion and ligands. All chemicals were tested at a concentration of  $10^{-5}$  M. For inhibition tests,  $17\beta$ -estradiol was applied at final

concentration of  $10^{-8}$  <sub>M</sub> together with test ligands at various final concentrations. Following incubation, 100 µL of lyticase solution was added to each well, incubated for 2 h at 30 °C and absorbance of 405 nm wavelength was measured.  $\beta$ -galactosidase activity was calculated to represent relative activity.

#### Statistical analysis

Bipartite recombinant yeast reporter system data was analyzed by  $O_{RIGIN}$  8 software (Origin Lab, Northampton, MA, USA) and expressed as mean±SD. The relative activities of each ligand underwent a two-sample *t*-test to compare the relative activities with and without ligand for each type of receptor. One-way ANOVA was performed between different concentrations to distinguish between these activities (statistically significant (p < 0.05); very significant (p < 0.01)).

#### **Results and discussion**

#### Single-structure docking only predicts binding affinity

Single-structure docking approaches were first applied to ligand interactions with ER $\alpha$  and ER $\beta$ . A similar method for screening ER $\beta$  selective ligands was applied earlier by Wolohan and Reichet (31) to predict the relative binding affinity ratio (RBA<sub>ratio</sub>) of a ligand to ER $\beta$  and to ER $\alpha$ . In their study, ligand RBA<sub>ratio</sub> value was predicted directly by dividing its docking scores to ER $\beta$  by those to ER $\alpha$ . Higher RBA<sub>ratio</sub> value indicates better affinity toward ER $\beta$  than ER $\alpha$ .

We first select two native ligand  $(17\beta$ -estradiol) ER-bounded structures as receptor structures (PDB codes: ER $\alpha$  1a52 and ER $\beta$  2j7x). These allow us to investigate the ability of a compound to replace the native 17 $\beta$ -estradiol, following experiments that measure the ligand's ability to replace 17 $\beta$ -estradiol binding to ER $\alpha$  and ER $\beta$  (18). We collect 12 ER $\beta$ selective compounds with known experimental RBA<sub>ratio</sub> values as a validation set (34–41). Instead of using the absolute docking scores of a ligand to ER $\alpha$  and ER $\beta$ , we predict the relative binding affinity ratio by comparing docking score to that of the native ligand (17 $\beta$ estradiol) which mimics the competition experiment used for measuring binding affinity. Our predictions of RBA are based on equation 1:

Computational RBA<sub>ratio</sub> = 
$$\frac{DS(ER\alpha) + 13.92}{DS(ER\beta) + 13.75}$$
 (1)

where DS(ER $\alpha$ ) and DS(ER $\beta$ ) are the docking scores of a compound to ER $\alpha$  and ER $\beta$ , respectively, and the constants 13.92 and 13.75 obtained from the docking score of 17 $\beta$ -estradiol to ER $\alpha$  (-13.92) and ER $\beta$ (-13.75). The result of subtraction of ligand docking score to that of 17 $\beta$ -estradiol is supposed to be inversely proportional to the ligands' binding affinity. The structure of each ligand and corresponding RBA<sub>ratio</sub> values obtained from eqn 1 are listed in Table 1.

Overall, our computed RBA<sub>ratio</sub> were in line with the experimental RBA<sub>ratio</sub> values. In Figure 1, we plot the linear regression of the experimental RBA<sub>ratio</sub> values versus the computed RBA<sub>ratio</sub>. The good correlation between predicted and experimental RBA<sub>ratio</sub>s ( $R^2 = 0.95$ , Figure 1A) suggests that the docking procedure and parameters are reasonable candidates. However, in spite of the fit shown in Figure 1A, the current model cannot discriminate between a ligand agonist and antagonist which is what we are primarily interested in, because single-structure docking does not have additional scores to distinguish between these. Thus, the ligand's efficacy cannot be predicted directly using the RBA<sub>ratio</sub>. Consequently, we design a conformational ensemble model to predict the ligand's efficacy.

#### The conformational ensemble model can assist in ER agonist-antagonist discrimination

The conformational ensemble of ERs can be divided into four groups: ER $\alpha$  in agonist conformation, ER $\beta$  in agonist conformation, ER $\alpha$  in antagonist conformation, and ER $\beta$  in antagonist conformation. Ideally, a ligand can selectively bind to a specific group; in reality, a ligand will bind all four ER groups with different populations.

In order to analyze the ligand affinity to different receptor conformations, we calculated the ligand-binding affinity to all ER structures in the four groups. We selected twelve ER structures to represent the four conformers, three structures for each group (Table S1). To avoid bias when the ensemble structures were used to screen phytoestrogens, we excluded several known structures of ER-phytoestrogens complexes ( $1 \times 7r$ , 1qkm, and  $1 \times 7j$  for ER-Genistein complex). For each group, the average binding affinities was averaged using partition function to reflect possible Boltzman distribution:

$$\text{Eave} = \frac{\sum_{i=1}^{3} E_i \times \text{Exp}(\frac{-E_i}{kt})}{\sum_{i=1}^{3} \text{Exp}(\frac{-E_i}{kt})}$$

The theoretical foundation of conformational ensemble model lies in the correlation between efficacy and binding affinity, which has been elaborately described in the 'two-state model' (42). Based on that model, efficacy can be interpreted as ligand's binding affinity to active conformer. In real world, equilibrium of ligand population binding to different receptor conformers gives rise to apparent RBA. Costa *et al.* (43) and Kenakin *et al.* (44) demonstrated that in ligand-binding studies, ligands' potencies (ability to bind) depend not only on ligand efficacy (ability to activate) but also on that of the tracer. In the case of ER, competition experiment favors agonist conformation since  $17\beta$ -estradiol is a pure agonist. Thus experimental RBA<sub>ratio</sub> should be correlated to agonism ratio and inversely correlated to antagonism ratio.

To test whether docking score represents ligand affinity to different conformers, two sets of RBA<sub>ratio</sub> were derived from these data:

$$RBA_{ratio}(agonist) = Eave(ER\beta, agonist) / Eave(ER\alpha, agonist)$$
(3)

 $RBA_{ratio}(antagonist) = Eave(ER\beta, antagonist)/Eave(ER\alpha, antagonist)$ 

These procedures were applied to the twelve compounds and  $17\beta$ -estradiol (Table S1 and Table 2). When the RBA<sub>ratio</sub>(agonist) and RBA<sub>ratio</sub>(antagonist) were compared with the experimental RBA<sub>ratio</sub> (Figures 1B,1C), we found 'medium'-level correlations: the RBA<sub>ratio</sub>(agonist) positively correlated with experimental RBA<sub>ratio</sub> (Figure 1B), while the RBA<sub>ratio</sub>(antagonist) inversely correlated with experimental RBA<sub>ratio</sub> (Figure 1C). This suggests that RBA<sub>ratio</sub>(agonist) and RBA<sub>ratio</sub>(antagonist) may be informative with respect to

ligand preferences.

In order to investigate whether ligand preferences to different receptor conformations were actually linked to ligand's efficacy, we further tested several well-characterized SERMs. Six compounds [ERB-041, Way 20070 (45) (selective ERβ agonists), propyl pyrazole triol (46)

Chem Biol Drug Des. Author manuscript; available in PMC 2012 July 1.

(2)

(4)

(PPT, selective ER $\alpha$  agonist), 17 $\beta$ -estradiol (agonist for both subtype), ICI164384 and 12a (47) (antagonists for both subtypes)] were docked into the twelve receptor structural ensemble (Table S1). Take PPT as an example, its Eave for ER $\alpha$  agonist is -16.54, and ER $\alpha$  antagonist is -8.79. Thus, the score ratio of agonist to antagonist for ER $\alpha$  is 1.88, which suggests that PPT prefers to select the ER $\alpha$  agonist conformation. In the case of ER $\beta$ , PPT gave a ratio of 0.54 for agonist versus antagonist. As shown in Figure 1D, PPT can be located in the fourth quadrant, which may suggest that the ligand is a preferred ER $\alpha$  agonist. The docking scores of other ligands were similarly analyzed and plotted in Figure 1D, with all ligands tested located in the correct quadrant. Therefore, the results demonstrate a good match between score ratios and the ligands' efficacy profiles.

Taken together, the results in Figure 1B,C,D show that the binding affinities to different structures correlate with the ligands activity, which may suggest that conformational selection among the ligands might be used to predict the ligand efficacy.

#### Conformational ensemble model can be used in predicting selective ERß agonists

In order to select the  $\text{ER}\beta$  agonist, we further normalize the docking scores using following equation:

SelectionER $\beta_{ratio}$ =RBA<sub>ratio</sub>(agonist)/RBA<sub>ratio</sub>(antagonist)

(5)

The Selection  $ER\beta_{ratio}$  may reflect the preference of a compound to  $ER\beta$  agonist conformations: conformations of  $ER\beta$ -agonist and  $ER\alpha$ -antagonist should be positively selected, while the  $ER\alpha$ -agonist and  $ER\beta$ -antagonist conformers should be discriminated. Intuitively, the higher the Selection  $ER\beta_{ratio}$  is, the more possible for the ligand to be a selective  $ER\beta$  agonist. However, to use this index practically, a good threshold is needed, as the ligand-receptor interaction should not be interpreted as rigid activation or inactivation, but as a probability of an event happens in ligand–receptor population. A quantitative and statistical threshold can be set by a Monte Carlo simulation as described elsewhere.

Eave in each conformer group is in range of the highest and lowest docking score in that group. Random-assigned Eave within the range gives result for the distribution of Selection ER $\beta_{ratio}$ . As different function groups have different Eave ranges, four Selection ER $\beta_{ratio}$  distributions can be obtained for statistical analysis. Ligands used in Figure 1D have good representatives from each function groups and is again used in this Monte Carlo simulation. A total of 10 000 interactions for each group is calculated and plotted in Figure 2. It clearly shows that Selection ER $\beta_{ratio}$  distributes significantly different from each function group with the given Eave ranges. The only complication for predicting selective ER $\beta$  agonist is the overlapped part between ER $\beta$  selective agonist and both agonist group. To distinguish these two groups from each other, the upper limit for both agonist group is set at 1.11 (one side 95% confidence). With this threshold, ligands with Selection ER $\beta_{ratio}$  higher than 1.11 is believed to have a better chance to be selective ER $\beta$  agonists, while lower ones might be in one of the three function groups with corresponding depending on the value.

In accordance with our model, the Selection  $\text{ER}\beta_{\text{ratio}}$  for 17 $\beta$ -estradiol is 0.98, which falls into the both agonist group. The value for ERB 041 is 1.29, showing a good ER $\beta$  selectivity. But it should be noted that the lower limit of selective ER $\beta$  group extends to 0.99 (95% confidence), where three function groups (except for selective ER $\alpha$ ) all have an unneglectable probability. So when ligand's Selection ER $\beta_{\text{ratio}}$  lies in 0.99–1.11, its functional property cannot be determined by our analysis. Nevertheless, as described in the following section, conformational ensemble model gives accurate predictions about phytoestrogens' interactions with ERs.

### Selection $\text{ER}\beta_{\text{ratio}}$ may predict phytoestrogens properties as selective $\text{ER}\beta$ agonists and low $\text{ER}\alpha$ activation

We initially screened 51 plant extracts (see Appendix S1) using a single structure model (one ER $\alpha$  crystal structure: 1a52; and one ER $\beta$  crystal structure: 2j7x). Twenty compounds with relatively large score ratios of ER $\beta$  to ER $\alpha$  were selected as ER $\beta$  selective binder candidates and were used to test the effect of different receptor conformations (Figures 3 and 4). Their initial RBA varied from about 0.45 to 1.60.

The predicted  $ER\beta_{ratio}s$  are reported in Table 3. Ligands are grouped into positive prediction (higher than 1.11), neutral prediction (between 0.99 to 1.11) and negative prediction (lower than 0.99). Note that Cordycepin was marked as negative although it has higher Selection  $ER\beta_{ratio}$ , because of its very low overall docking scores (Table S2). Among those negative predictions, some ligands were already investigated. Phenylephrine was reported to have a pure antagonist activity (48), and Tanshinone II A was demonstrated not to be selective between two ER subtypes (49). Bergenin is not an effective agonist for ER $\beta$ , as it had a low cytotoxicity on Murine Breast Cancer Cell Line, FM3A (50). Our lab further confirmed that Bergenin hardly exhibited protective effect on amyloid-beta-treated neuroblastoma cell line, while many ER $\beta$  selective agonists did (data not shown). Cordycepin did not affect MCF7 cell—line proliferation, indicating a lack of ER activation (51). Among the ligands within neutral prediction group, some were confirmed as  $ER\beta$  agonist previously, such as Apigenin and Naringenin (52). Osthole could significantly prevent cancellous bone loss without the change of uterus weight compared with  $17\beta$ -estradiol (53), suggesting ER $\beta$  activation. And in positive prediction group, Daidzein (52) and Glycitein (54) have already been tested as ER $\beta$  selective agonists.

We selected three ligands from the seven positive predictions, two from five neutral predictions and three from eight negative predictions to investigate their transcription activity with a bipartite recombinant yeast reporter system. 17 $\beta$ -estradiol was also tested as positive control (Figure 5A). The relative activities were calculated using the measured absorption data according to our previous work (33). The relative activity of 17 $\beta$ -estradiol was in accordance with our previous work, confirming the reporter systems' stability. Whereas ER $\alpha$  maximal activation by 17 $\beta$ -estradiol reached about 200 normalized units, ER $\beta$  reached about 120 normalized units. Three ligands, which were predicted as ER $\beta$  selective agonists, including trans-Resveratrol, (+)-Catechin and Luteolin were experimentally confirmed as ER $\beta$ -selective agonists. Galanthamine and Salidroside (from neutral prediction) also activated ER $\beta$ . The activation of ER $\beta$  reached statistical significance of p < 0.01. Isoalantolactone, Genistein, and Curcumol were predicted as impotent ER $\beta$  selective agonists. Isoalantolactone and Curcumol did not show any estrogenic activity as predicted. Genistein was experimentally confirmed as a known ER $\beta$ -selective agonist.

We further investigated ligands' ER $\alpha$  antagonism. Water was used as control and its result is set as 100%. As shown in Figure 5B, among three positive prediction ligands, (+)-Catechin showed significant inhibition; Resveratrol and Luteolin did not change much of the estrogen's effect. In neutral prediction group, Galanthamine showed potent inhibition but Salidroside had some agonism effect when treated together with 17 $\beta$ -estradiol. Two of the negative prediction ligands, Genistein and Curcumol, synergized 17 $\beta$ -estradiol effect, while Isoalantolactone significantly reduced activation. The results show that higher ER $\beta$ selection<sub>ratio</sub> would be better interpreted as low ER $\alpha$  activation but not necessarily as ER $\alpha$ antagonism.

Our models indicate that Genistein may not be selective  $ER\beta$  agonist, in contrast to several reported assays and our own activation assay. However, it is known that Genistein can bind both  $ER\alpha$  agonist and  $ER\beta$  partial agonist, as indicated by three crystals structures of ER—

Genistein complexes, i.e., ER $\alpha$  agonist 1×7r and two ER $\beta$  partial agonists, 1qkm and 1×7j. Several experiments clearly indicate that Genistein can be ER $\alpha$ -selective in different environments, in agreement with our inhibition assay. Barkhem *et al.* (55) found that genistein has an ER $\beta$  selective affinity and potency but an ER $\alpha$ -selective efficacy. It was also found recently that in cells with a predominance of ER $\alpha$ , genistein acts as an agonist to ER $\alpha$ , and in cells with ER $\beta$  alone, genistein most likely acts as an antiestrogen (56). Di *et al.* (57) also found that a low concentration of genistein induces ER $\alpha$  signaling.

Several compounds are not available (Huperzine and Xanthotoxol) or not the most stable isomers (cis-Resveratrol); thus, there is no information about their experimental activities. Combining activation and inhibition assay results, all ligands exhibit properties as predicted by conformational ensemble model. Salidroside and Genistein are marked negative because of their agonist actions when treated together with 17 $\beta$ -estradiol. From these results, we demonstrate that Selection ER $\beta_{ratio}$  makes good prediction for specific ER $\beta$  agonists. Compared with the quadrant plot used in Figure 1D, the single parameter is easier to compare. Selection ER $\beta_{ratio}$  would actually be more accurate in prediction for ER $\beta$  agonist, as the Monte Carlo simulation gave statistically significant threshold.

#### The conformational ensemble model may give more functional information and show higher success rate than other models in efficacy prediction

Conformation ensemble model is more powerful than traditional single-structure model in predicting ER $\beta$  selective agonists. Using data from literature and our present work, all ligands exhibit the predicted action *in vivo*. If we use ligand's docking score to 2j7x versus to 1a52, as a simple representation of single-structure model, and set cut-off value using that of 17 $\beta$ -estradiol's, the success rate will be 8 of 17 (Table 3, 47%). RBA<sub>ratio</sub>(agonist) does not show good correlation with ER $\beta$  activation neither, with the same success rate. And RBA<sub>ratio</sub>(antagonist) has the worst success rate as 4 of 17 (24%).

Table 3 also presents prediction results from a flexible docking model (58). For each do cked structure, we run 20 molecular dynamics simulated annealing (MD-SA) calculations, with same protocol described in the aforesaid references. The Charmm parameters for ligands were estimated using program. Antechamber was running at CHARMMGUI webserver (http://www.charmm-gui.org). After MD-SA, the ligand—protein interaction energies were calculated with distance-dependent dielectric constant (4*r*). We selected ER $\alpha$  agonist (pdb: 1a52) and ER $\beta$  agonist (pdb 2j7x) for the calculation (see Table S3). Energy<sub>ratio</sub>(MD-SA) was the ratio of docking energy 2j7x to energy 1a52. The MD-SA method shows similar prediction as our conformation ensemble model in positive and neutral prediction groups (100% hit). However, it does not work well in negative prediction group, giving an overall success rate of 59%. The main reason is that the protein flexibility in the MD-SA method is still limited, not enough to cover large conformational change. In future, the combination of the MD-SA method with multiple protein structures should be examined.

These predictions are summarized in Figure 6, with two groups of experimental results. Selection  $ER\beta_{ratio}$  model gives a clear border between these two groups while other models, even with different structures average, would not be able to distinguish the two.

#### Conclusions and future directions

Estrogen receptors are classical examples of coupling between protein conformational change and selective transcription activation. This study suggests that ligands can interact with similar targets in different conformations, and that the biological outcomes like ER $\beta$  selective agonist depend on the relative affinities of a ligand to ensembles of protein conformations. While docking screening for SERMs are becoming more popular, the present

Current study has some interesting findings in phytoestrogens. Resveratrol was shown to have higher affinity to ER $\alpha$  than to ER $\beta$  (59), but our yeast experiments indicate that it stimulates ER $\beta$  more than ER $\alpha$  (Figure 5A). A similar result was reported earlier (52). Furthermore, trans-Resveratrol was found to be an anti-breast cancer agent (50), which may suggest that the ligand could be a selective ER $\beta$  agonist. Our results may provide insights into the apparent contradiction between binding affinity and transcriptional activity: as shown in Table S2, the docking score indeed indicates that trans-Resveratrol has higher affinity towards ER $\alpha$  agonist and antagonist conformations. However, trans-Resveratrol has similar binding affinities toward both ER $\alpha$  agonist and antagonist conformations. In contrast, trans-Resveratrol has much higher affinity to ER $\beta$ -agonist conformations than to ER $\beta$ -antagonist; consequently, trans-Resveratrol is expected to select the ER $\beta$  agonist conformation over the ER $\beta$  antagonist. Thus, trans-Resveratrol activates ER $\beta$  more than ER $\alpha$ . It is interesting to note that cis-Resveratrol, which is thermodynamically less stable than the trans-isomer, was also predicted to have high ER $\beta$  agonist selectivity.

Another interesting finding was that Galanthamine and Huperzine were also predicted to be ER $\beta$  agonists. Both are well-known acetylcholinesterase inhibitors (AChEIs) (60, 61) and used in treatment of Alzheimer's disease (62). They were believed to act through pathways irrelevant to ER. However, Galanthamine was confirmed to be an ER $\beta$  agonist in our yeast system; it could be an effective multi-target ligand and provide a scaffold for medicinal design.

Our approach is also in consistent with a previous finding that THC has different activation profiles on two ERs (63). Consistent with the conformational change of the THC-ER $\alpha$  and the THC-ER $\beta$  complexes, THC acts as an ER $\alpha$  agonist and an ER $\beta$  antagonist. In order to find ER $\beta$  selective agonist, the ligand should not only bind well to ER $\beta$ , but also have sufficiently favorable affinities towards agonist-induced ER $\beta$  and antagonist-induced ER $\alpha$ .

Even though our model generally agrees with experimental data, the conflicting computational and experimental results for genistein selectivity prompt us to revisit the "genistein discrepancy". While the "genistein discrepancy" may correctly reflect the sensitivity of ERs in complex with genistein to different environments, it nevertheless emphasizes some limitations of the current conformational ensemble model: (i) twelve ensemble structures are too few to accurately reflect the high conformational flexibility of ERs (64); (ii) ER binding does not exactly match functional activity (65); (iii) allosteric effects may reduce the accuracy of the current model. ER—ligand interactions (as all binding events) are allosterically controlled (66); (iv) the model may not provide a sufficiently accurate prediction. This is because SERMs exhibit distinctive effects in different tissues, selectively activating/deactivating estrogen receptor, which may also relate to allosteric effects. Cell variability and auxiliary (co-factor) molecules need to be considered. The present model only considers functional similarity. Finally, (v) the scoring function needs improvement.

In the present study, we test ligands that were not only predicted to activate ER $\beta$ , but also expected to not activate/inactivate ER $\alpha$ . Synergetic multiple-targeting docking could be an alternate approach for drug screening and design. Even though the ER $\alpha$  and ER $\beta$  are closely related, they represent different targets because of their different biological functions. Multi-target drugs were suggested to be more efficient than a drug that hits only one target (67). Computational multi-target screening was proposed to be a novel paradigm for drug

discovery (68). Indeed, experimental evidence has shown that simultaneous targeting of multiple opioid receptors could improve the side-effects profile (69). Our current study combined multiple-targeting and conformational ensembles. Whether this principle can be applied in other receptors beyond ER needs further investigation.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### Figure 1.

Docking scores to different conformers indicate ligands' preferences towards different receptor conformation. (A) linear fitting of the computational RBA<sub>ratio</sub> and experimental RBA<sub>ratio</sub> values. The fitting coefficient was about 0.95, indicating a good fit to experimental RBA<sub>ratio</sub>. (B) and (C) linear fitting of RBA<sub>ratio</sub> (agonist), RBA<sub>ratio</sub> (antagonist), and experimental RBA<sub>ratio</sub>s. The RBA<sub>ratio</sub> (agonist) positively correlates with experimental RBA<sub>ratio</sub>, while the RBA<sub>ratio</sub> (antagonist) reversely correlates with experimental RBA<sub>ratio</sub>. The edges of the scatter dots area are shown by dashed lines. (D) docking score ratios of some known SERMs. The docking scores reflect ligands efficacy and match with experiments in the literature (see text).



#### Figure 2.

Threshold Selection  $ER\beta_{ratio}$  value by Monte Carlo simulation. A total of 10 000 random Eave values for each group were used in Selection  $ER\beta_{ratio}$  calculation as described in text.  $ER\beta$  selective agonist group is quite distinguishable from  $ER\alpha$  selective agonist and both antagonist group but has some overlap with both agonist group. Red dash line shows the one side 95% confidence value of both agonist group. And blue dash line shows the lower limit of ER $\beta$  selective agonist group (95% confidence).



#### Figure 3.

Schematic flowchart of the conformation ensemble model used to screen phytoestrogens. Receptor conformations were extracted from RCSB-PDB. PDB ID of each conformation used is noted.

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#### Figure 4.

Twenty phytoestrogens with relatively large docking score ratios assumed to be  $ER\beta$  selective binders were further calculated.



#### Figure 5.

Transcription activity of the tested ligands through different estrogen receptors by a biparticle recombinant yeast reporter gene system. (A) 17β-estradiol was used as control. Resveratrol, (+)-Catechin, Galanthamine, Luteolin and Salidroside selectively activated gene expression through estrogen receptor  $\beta$  as predicted. On the other hand, Curcumol and Isoalantolactone did not activate gene expression as predicted. Only genistein showed response different from that predicted. (B) Inactivation profile of these ligands. Yeast cells expressing ER $\alpha$  are treated with 17 $\beta$ -estradiol and one of the ligands at the same time. Only results at ligand final concentrations in 10<sup>-5</sup>M are shown, because all the curves are monotonic that highest concentration showed biggest effect. (+)-Catechin, Galanthamine, and Isoalantolactone significantly inhibit receptor activation. \*\* indicates the results are statistically significant (p < 0.01).

Yuan et al.



#### Figure 6.

Comparison of conformational ensemble model to other kinds of models. Each column of the figure describes a model. Sixteen ligands with experimental information (except for Cordycepin) are plotted. Black dots indicate the ligand is confirmed by reference or yeast test as selective ER $\beta$  agonist, while empty dots shows they are not. The bar in each column shows the value of 17 $\beta$ -estradiol calculated in that model, as the cut-off value. For conformational ensemble model, thresholds are marked at 1.11 and 0.99 as described in text. The figure shows that only the conformational ensemble model gives the closest prediction to experimental data.

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Table 1







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RBA, relative binding affinity.

## Table 2

Analysis of 12 compounds and  $17\beta$ -estradiol by conformational ensemble model. <sup>*a*</sup>

Compounds	Eave-ERa-agonist	Eave-ERβ-agonist	Eave-ERa-antagonist	Eave-ERβ-antagonist	${ m RBA_{ratio}}~({ m agonist})^b$	$\mathbf{RBA}_{\mathrm{ratio}}$ (antagonist) $b$
1	-12.5	-12.3	-12.4	-11.7	0.99	0.95
7	-12.8	-12.8	-12.5	-12.8	1.00	1.02
3	-12.6	-11.9	-12.0	-11.9	0.94	0.99
4	-12.4	-12.0	-12.7	-12.2	0.97	0.96
S	-12.9	-12.7	-13.7	-13.1	0.99	0.96
9	-11.5	-11.7	-11.7	-11.3	1.01	0.97
7	-12.7	-12.4	-11.2	-11.5	0.98	1.02
8	-11.6	-11.3	-11.9	-11.3	0.97	0.95
6	-13.3	-13.7	-13.2	-11.6	1.03	0.88
10	-10.9	-11.0	-10.5	-10.6	1.00	1.01
11	-13.4	-14.8	-14.2	-12.2	1.10	0.86
12	-13.8	-14.2	-13.6	-11.9	1.03	0.88
17β-estradiol	-13.7	-13.6	-12.2	-12.3	0.99	1.01
ERB 041	-12.1	-14.1	-13.6	-12.3	1.17	0.91
Way 20070	-10.7	-11.1	-11.3	-11.0	1.03	0.97
PPT	-16.5	-4.1	-8.8	-7.6	0.25	0.87
ICI 164384	-8.9	-7.1	-12.0	-8.4	0.79	0.70
12a	-5.2	-0.7	-10.4	-15.4	0.14	1.48
RBA, relative bi	nding affinity.					

Chem Biol Drug Des. Author manuscript; available in PMC 2012 July 1.

 $^{b}$ RBAratio(agonist) and RBAratio(antagonist) were calculated using eqns 2 and 3 in the text, respectively.

 $^{a}$ The Eave values were calculated using docking scores listed in Table S1.

# Table 3

Twenty phytoestrogens' results from Conformational ensemble model compared with other ones.

	Computational RBA <sub>ratio</sub> <sup>a</sup>	RBA <sub>ratio</sub> (agonist)	RBA <sub>ratio</sub> (antagonist)	Energy <sub>ratio</sub> (MD-SA)	Selection ERβ <sub>ratio</sub>	Experiment/ reference
Glycitein	0.84	0.93	0.62	1.09	1.50	+
Trans Resveratrol	0.93	0.97	0.67	1.04	1.45	+
Cis Resveratrol	1.60	1.05	0.86	1.09	1.23	$q\dot{\iota}$
Daidzein	1.08	1.00	0.87	1.07	1.15	+
Huperzine	0.53	0.77	0.67	0.99	1.14	ż
(+)-Catechin	1.16	0.98	0.86	1.10	1.14	+
Luteolin	0.94	0.88	0.78	Null <sup>c</sup>	1.12	+
Apigenin	1.05	1.08	0.99	1.07	1.09	+
Galanthamine	0.55	0.64	0.60	0.92	1.06	+
Naringenin	1.24	0.91	0.87	1.07	1.04	+
Salidroside	1.22	1.03	1.01	0.98	1.01	I
Osthole	0.84	06.0	0.91	1.01	0.99	+
17β-estradiol	1.00	0.99	1.00	0.99	0.98	Cut-off <sup>d</sup>
Phenylephrine	1.07	0.95	0.97	1.06	0.97	I
Isoalantolactone	0.92	0.83	0.87	0.99	0.96	I
Xanthotoxol	0.67	0.82	0.87	1.56	0.94	ż
Genistein	0.45	0.94	1.01	1.07	0.93	I
Tanshinone II A	0.92	0.95	1.15	1.03	0.83	I
Bergenin	1.25	1.07	1.34	1.06	0.80	I
Curcumol	0.72	0.77	1.16	1.09	0.66	I
Cordycepin	1.07	0.97	0.97	1.01	1.00	I

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RBA, relative binding affinity.

aThe ratio was calculated in single-structure model.

 $b_{u+1}^{u+1}$ , indicates that the ligand was experimentally confirmed as potent ER $\beta$  selective agonist. '-' indicates that the ligand was not ER $\beta$  selective agonist shown by experiments. '?' indicated lack of experimental evidence or reference for the ligand's selective efficacy.

 $^{\rm C}$  The parameters needed for molecular dynamics calculation cannot be generated for Luteolin.

d Except in conformational ensemble model, the value where 17 $\beta$ -estradiol lies labels the cut-off value. Higher than this value indicates a positive prediction, meaning the ligand is supposed to be ER $\beta$  agonist; lower value means a negative prediction. Gray boxes show wrong predictions as compared to experimental results showed in the most right column.

Yuan et al.