

Comparison of Disc Diffusion Methods for the Detection of Extended-Spectrum Beta Lactamase-Producing *Enterobacteriaceae*

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ABSTRACT

Background: Resistance to broad-spectrum β lactams, mediated by extended-spectrum β lactamases (ESBLs), is an increasing problem world wide. This resistance poses problems for *in vitro* testing and reporting. Increased prevalence of ESBLs among *Enterobacteriaceae* creates a great need for laboratory testing methods that will accurately identify their presence.

Materials and Methods: During the study, the *Enterobacteriaceae* isolated were tested for the presence of ESBL by the National Committee for Clinical Laboratory Standards (NCCLS) screening test, Jarlier double disc synergy (approximation) test (DDST) and NCCLS phenotypic confirmatory test (PCT), and compared their efficiency in detection.

Results: A total of 313 *Enterobacteriaceae* were isolated and tested for the presence of ESBL. NCCLS PCT identified 200 (63.89%) as ESBL producers and DDST identified 176 (56.23%), with a *P*-value of <0.001. Among the screening agents, ceftazidime had a better sensitivity (89.49%) and specificity (95.74%).

Conclusions: Close monitoring of the susceptibility pattern of isolates and careful spacing with specific discs can identify many ESBL producers. Ceftazidime has a better sensitivity and specificity as a screening agent. A combination of different tests can be useful for accurate identification.

Keywords: DDST, *Enterobacteriaceae*, ESBLs, NCCLS screening, PCT

INTRODUCTION

Extended-spectrum β -lactamases (ESBLs) are Ambler class A penicillinases, which confer resistance to and hydrolyze the expanded-spectrum cephalosporins like ceftazidime, cefotaxime, monobactam-aztreonam and related oxyimino β -lactams as well as older penicillins and cephalosporins.^[1-3] They arise from mutations in the genes for common plasmid-mediated β -lactamases,

especially Temoniera (TEM) and sulfhydryl variable (SHV) enzymes, which alter the configuration of the enzyme near its active site to increase the affinity and hydrolytic ability of the β -lactamase for oxyimino compounds while simultaneously weakening the overall enzyme efficiency. Widespread use of third-generation cephalosporins and aztreonam is the major cause of the mutations leading to emergence of ESBLs.^[4]

Organisms possessing genes for inducible β -lactamases show false susceptibility if tested in the uninduced state.^[4,5]

ESBL-mediated resistance poses problems for *in vitro* susceptibility testing and reporting.^[3] The sensitivity and specificity of a susceptibility test to detect ESBLs vary with the cephalosporin tested.^[6]

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A significant proportion of ESBL-producing organisms may have elevated mean inhibitory concentrations (MICs) to ceftazidime that do not reach the National Committee for Clinical Laboratory Standards (NCCLS) break point for resistance (MIC >8 µg/ml) and, therefore, may be incorrectly dismissed as non-ESBL producing organisms.^[7]

The increased prevalence of *Enterobacteriaceae* producing ESBLs creates a great need for laboratory testing methods that will accurately identify the presence of these enzymes in clinical isolates.^[6] Hence, this study was undertaken to detect ESBL producers by using NCCLS screening test, Jarlier double disc synergy (approximation) test (DDST) and NCCLS phenotypic confirmatory test (PCT), and to compare their efficiency in detection.

MATERIALS AND METHODS

A total of 313 consecutive non-repeat culture isolates of *Enterobacteriaceae* were obtained from 280 different specimens from different specialty wards. The isolates were identified on the basis of conventional microbiological procedures like their growth pattern on blood agar and MacConkey's agar. The characters assessed included morphology on Gram's staining, motility, methyl red test, Vogues-Proskauer test, citrate utilization, catalase, indole and urease production, nitrate reduction, sugar fermentation and amino acid decarboxylation and arginine dihydrolase test. Antimicrobial susceptibility testing was determined by the Kirby-Bauer disc diffusion method as per the NCCLS recommendations.^[8]

NCCLS screening test

Isolates showing an inhibition zone size of ≤22 mm with ceftazidime (30 µg), ≤25 mm with ceftriaxone (30 µg) and ≤27 mm with cefotaxime (30 µg) were identified as potential ESBL producers and were short listed for confirmation of ESBL production.

Double disc approximation test/DDST

First, using the detection test described by Jarlier *et al.*,^[6,9] synergy was determined between a disc of amoxicillin-clavulanate (20 µg/10 µg) (augmentin) and a 30-µg disc of each third-generation cephalosporin test antibiotic placed at a distance of 20 mm from center to center on a Mueller-Hinton Agar (MHA) plate swabbed with the test isolate. Clear extension of the edge of the inhibition zone of cephalosporin toward the augmentin disc was interpreted as positive for ESBL production.^[4,6,9-11]

NCCLS phenotypic confirmatory combination disc diffusion test

A disc of ceftazidime (30 µg) alone and ceftazidime + clavulanic acid (30 µg/10 µg) were placed at a distance of 25 mm, center to center, on a MHA plate inoculated with a bacterial suspension of 0.5 McFarland turbidity standards and incubated overnight at 37°C.

An increase in the inhibition zone diameter of ≥5 mm for a combination disc versus ceftazidime disc alone confirmed ESBL production.^[7,8,12]

The Kirby Bauer plates for the susceptibility tests were prepared in the laboratory. All of the antibiotic discs and dehydrated media were obtained from Hi-Media Laboratories Pvt. Limited, Mumbai, India.

Statistical analysis

The chi-square test was used with appropriate correction for the observation using EPI 6 software.

RESULTS

Among the 313 *Enterobacteriaceae* isolates, *Klebsiella* sp. was the most common pathogen isolated from the tested samples, constituting 115/313 (36.74%) of the total isolates, followed by *Escherichia coli* 82/313 (26.17%), *Providencia* sp. 25/313 (7.98%), *Proteus vulgaris* 24/313 (7.66%) and *Proteus mirabilis* 18/313 (5.75%). All the 313 *Enterobacteriaceae* isolates were subjected to the initial NCCLS screening test, followed by the DDST and the NCCLS PCT. The PCT identified 200/313 (63.89%) as ESBL producers, whereas the DDST at a distance of 20 mm between center to center identified only 176/313 (56.23%), with a *P*-value of <0.001, which was highly significant. The DDST had a sensitivity of 94.89% (167/176, 95% confidence interval [CI] 91.57–98.21), a specificity of 75.91% (104/137, 95% CI 72.26–79.56) and a positive predictive value of 83.55% (167/200) and negative predictive value of 92.03% (104/113).

Among the third-generation cephalosporins used for screening, ceftazidime had a better sensitivity and specificity, followed by ceftriaxone. Even though cefotaxime had a good specificity, it lacked sensitivity [Table 1]. During the screening procedure, ceftazidime, cefotaxime and ceftriaxone identified 219, 248 and 226 isolates, respectively, as potential ESBL producers.

The distribution of ESBL producers varied among

Table 1: Test results of three screening agents as compared with the phenotypic confirmatory test (CI, confidence interval)

Screening agent	Sensitivity (%)	Specificity (%)
Ceftazidime	89.49 (196/219, 95 CI 85.35–93.63)	95.74 (90/94, 95 CI 91.58–99.90)
Cefotaxime	79.83 (198/248, 95 CI 74.75–84.91)	92.30 (63/65, 95 CI 85.70–98.90)
Ceftriaxone	86.72 (196/226, 95 CI 82.20–91.24)	95.4 (113/117, 95 CI 91.52–99.28)

different species of *Enterobacteriaceae*. The rates were high among *Klebsiellae oxytoca* (89.47%), *Klebsiellae pneumoniae* (71.87%), *Escherichia coli* (62.19%), *Proteus mirabilis* (61.11%), *Proteus vulgaris* (50.00%) and *Providencia* sp. (44.00%), which were the major isolates in the group.

DISCUSSION

ESBLs are a problem in hospitalized patients throughout the world. The prevalence of ESBL among clinical isolates varies greatly worldwide and within geographic areas, and is rapidly changing over time.^[13] This increased prevalence of *Enterobacteriaceae* producing ESBLs creates a great need for laboratory testing methods that will accurately identify the presence of these enzymes in clinical isolates.^[6]

The various susceptibility testing methods differ in their ability to detect cephalosporin resistance in the ESBL-producing strains.^[6]

In a study by Singhal *et al.*,^[14] four different tertiary care hospitals from across India identified a prevalence rate of 63.60% by NCCLS methods and Mathur *et al.*,^[15] from AIIMS, New Delhi, reported a prevalence rate of 68% for ESBL production among Gram negative bacilli by the NCCLS confirmatory tests. The present study, with a prevalence rate of 63.89% by NCCLS PCT, correlates well with these studies.

ESBL-producing bacteria may appear falsely susceptible to certain extended-spectrum cephalosporins in *in vitro* susceptibility testing when National guidelines are used. A second test has therefore been recommended for the detection of ESBL activity. The DDST is the most widely used test due to its simplicity and ease of interpretation.^[11] It is a reliable method for the detection of ESBLs.^[6] However, the sensitivity of the DDST in different studies ranges from 79% to 96%. This lack of sensitivity results from the fact that DDST is not a standardized procedure.^[16]

The sensitivity of DDST varies with the distance between

the discs. Ho PL *et al.*^[11] reported the sensitivity of DDST to be 83.8% at a single interdisc width of 30 mm compared with the inhibitor-potentiated disc diffusion test. They also reported that the sensitivity can be increased to 97.9% by decreasing the interdisc width to 20 mm. Vercauteren *et al.*^[17] reported sensitivities of the double disc and three-dimensional tests at 96.9% and 90.6%, respectively. The DDST sensitivity in the present study correlates well with those studies.

Zali^[18] reported that the clinical strains producing SHV–6 ESBL and Amp C type β -lactamase producers would not be detected by double disc diffusion tests or the MAST (MAST Laboratories Ltd., Bootle, Merseyside, UK) double disc test (MDD). They also noted that Amp C type β lactamase producers give negative results with the double disc, MDD and Epsiloemeter (E) test methodologies.

The commonly used disc diffusion method was insufficient for the detection of ESBL activity using ceftazidime alone as an indicator. In contrast, reduced susceptibility to aztreonam and other cephalosporins resulted in an acceptable ESBL detection rate. This reflects the common occurrence of ESBL with a low specificity for ceftazidime.^[11] Recent data suggest that susceptibility testing with cefpodoxime can lead to a high number of false-positives if the current NCCLS interpretative criteria are applied.^[6]

While studying ESBLs using the NCCLS criteria for screening tests, Ho PL *et al.*^[11] reported sensitivities of 57.7% for ceftazidime, 98.6% for ceftriaxone, 99.3% for cefpodoxime and 93% for Aztreonam using the Kirby Baur disc diffusion method.

However, Vercauteren *et al.*^[17] detected only 48% of the ESBL-producing reference strains by their reduced susceptibility to ceftazidime and by combining ceftriaxone, ceftazidime and aztreonam, they detected only 52% of the ESBL-producing strains. In the present study, ceftazidime had a better sensitivity (89.49%) and specificity (95.74%) compared with ceftriaxone (79.83% and 92.30%) as a screening agent. Even though cefotaxime has a good specificity (95.4%), it lacks sensitivity (86.72%).

Although molecular methods and automated systems appear to be sensitive in ESBL detection, they are expensive, time consuming and require specialized equipment and expertise. Commercially available E tests have been proposed as simple techniques for the detection of ESBL production, but they are costly and need extra MHA plates. In places where resources are minimal and workloads are high, close monitoring of susceptibility

patterns of members of *Enterobacteriaceae* isolates by screening methods such as DDST and NCCLS PCT can detect many ESBL producers.^[18] However, careful spacing and use of specific discs are required for accurate results. The use of these tests may contribute to wider recognition and more scrupulous monitoring for the presence of emerging drug-resistant organisms.

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