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The implications of propensity score variable selection strategies in pharmacoepidemiology – an empirical illustration

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Abstract

Purpose—To examine the effect of variable selection strategies on the performance of propensity score (PS) methods in a study of statin initiation, mortality and hip fracture assuming a true mortality reduction of <15% and no effect on hip fracture.

Methods—We compared seniors initiating statins with seniors initiating glaucoma medications. Out of 202 covariates with a prevalence $> 5\%$, PS variable selection strategies included none, a priori, factors predicting exposure, and factors predicting outcome. We estimated hazard ratios (HRs) for statin initiation on mortality and hip fracture from Cox models controlling for various PSs.

Results—During one year follow-up, 2,693 of 55,610 study subjects died and 496 suffered a hip fracture. The crude HR for statin initiators was 0.64 for mortality and 0.46 for hip fracture. Adjusting for the non-parsimonious PS yielded effect estimates of 0.83 (95%CI:0.75–0.93) and 0.72 (95%CI:0.56–0.93). Including in the PS only covariates associated with a greater than 20% increase or reduction in outcome rates yielded effect estimates of 0.84 (95%CI:0.75–0.94) and 0.76 (95%CI:0.61–0.95), which were closest to the effects predicted from randomized trials.

Conclusion—Due to the difficulty of pre-specifying all potential confounders of an exposureoutcome association, data-driven approaches to PS variable selection may be useful. Selecting covariates strongly associated with exposure but unrelated to outcome should be avoided, because this may increase bias. Selecting variables for PS based on their association with the outcome may help to reduce such bias.

INTRODUCTION

Propensity score (PS) methods¹ have become a common analytic approach for controlling confounding in non-experimental studies of treatment effects^{2,3}. Propensity scores combine information on a large number of covariates into a single variable representing a subject's probability of receiving a particular treatment, given his/her measured characteristics. This

The authors have no conflicts of interest to report.

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score can be used for matching, stratification, as a weighting factor, or as an adjustment factor in multivariable regression^{4,5}. Ideally, investigators would have detailed knowledge of potential confounders and their association with the exposure and outcome of interest and would use PS methods to balance these confounders. In many practical settings, however, knowledge is incomplete and investigators face a large collection of potential confounders.

In contrast to variable selection for conventional outcome models⁶, relatively little has been written on variable selection for PS models. Simulations by Drake have shown that the omission of confounders from PSs results in exposure effect estimates that are biased to the same degree and in the same direction as estimates obtained omitting the same confounders from a conventional outcome model⁷. Rubin and Thomas have recommended that all variables related to the outcome be included in a PS regardless of their association with exposure, 8 a recommendation supported by simulations by Brookhart et al.⁹ These simulations and further work have shown that including variables unrelated to the outcome in the PS increases the variance of exposure effect estimates and, when unmeasured confounders are present, may also increase bias compared with the crude estimate.^{9,10} In practice, PS models are often constructed to maximize prediction of exposure with c statistics reported in $38-52\%$ of published papers.^{11,3}

In this study, we explored how variable selection strategies for PS models affect the estimate of the PS-adjusted exposure-disease association. We compared a strategy of including covariates in the PS based their outcome associations with several common PS model building strategies in a study on the effect of statin exposure on all-cause mortality and hip fracture. These examples were chosen because estimates of the effect of statins on all-cause mortality and hip fracture are available from randomized controlled trials, providing a gold standard against which our estimates could be measured.

SUBJECTS AND METHODS

Study population

We identified a population of seniors aged $65+$ enrolled in both Medicare and the Pennsylvania Pharmaceutical Assistance Contract for the Elderly (PACE) program who initiated a statin or glaucoma medication in 1995—2002, with no use of either drug in the preceding 12 months. While the contrast of interest is statin initiation versus non-use, we selected a subset of the non-user population, glaucoma medication initiators, as a referent group because these patients, like statin initiators, initiated a preventive therapy, thus reducing the potential for healthy user effects^{12,13,14.} Each patient's initiation date was used as the baseline for follow-up¹⁵. Subjects were counted as initiators only on their first initiation during the observation period.

Based on knowledge of the clinical outcomes and their risk factors, we identified a priori a number of potential confounders of the exposure / outcome associations in question. These included age, sex, race, calendar year, receipt of preventive services and laboratory tests, hospitalizations, number and types of drugs used, number of medical visits, nursing home residency, comorbidity score¹⁶ and the presence of specific medical conditions. These covariates were defined based on Medicare and PACE enrollment files and claims during the year before initiation of therapy. In addition to covariates selected a priori, we identified a list of potential confounders empirically. We selected medical conditions identified by 3 digit diagnosis code occurring in >5% of the population and drugs at the generic entity level prescribed with the same frequency. The arbitrary 5% cutpoint was selected because confounding by a dichotomous covariates is in part a function of its prevalence, such that a low prevalence bounds the potential for confounding. The final covariate list (including those selected a priori or on prevalence) included 202 covariates. With the exception of age,

We used Medicare claims data to ascertain time to hip fracture (defined by a hospitalization or outpatient visit with a diagnosis code of 820.x–821.x plus an ICD-9 procedure code of 79.x5 or CPT-4 code of 27230–27248) and mortality during a one-year follow-up period. The positive predictive value (PPV) of the hip fracture definition has been estimated at 87 – 98% within the Medicare population¹⁷. Although the specificity could not be calculated in this validation study, the high PPV indicates a high specificity, limiting the potential for bias in relative measures of association.¹⁸ We restricted fracture analyses to subjects without a hip fracture in the year before baseline. Follow-up was censored at the first of 365 days, death, or development of the outcome.

Analytical strategies—We estimated propensity scores for each patient by fitting a logistic regression model to predict statin versus glaucoma medication initiation, as a function of baseline covariates. We constructed eight different PSs for each outcome: a "non-parsimonious" PS including all 202 baseline covariates, an "a priori" PS including only predictors thought, a priori, to be independently associated with the outcome, a "stepwise" PS, and four scores including covariates selected based on their associations with the outcome. We included age, a quadratic age term, and sex in all PS models.

Selection of variables based on association with the exposure: Because stepwise selection procedures are used in PS construction by some researchers¹¹, we included a "stepwise" PS in our analysis. Variables were selected from the pool of 202 baseline covariates using a stepwise selection procedure with an inclusion criterion of $p \le 0.2$ and retention criterion of $p \leq 0.1$.

Selection of variables based on association with the outcome: We employed several strategies to identify covariates based on their association with the outcome of interest. We began by entering each covariate, individually, into a Cox proportional hazards model predicting the outcome of interest adjusted for age, age², sex, and exposure. To select covariates for the "outcome +/−20%" and "outcome +/− 30%" models, we examined the point estimates of the covariate-outcome associations from these Cox models. For the "outcome $+/- 20\%$ " model, we selected covariates with an outcome HR of > 1.2 or $< 1/1.2$ " to make our criteria symmetric on the log scale. Our more stringent "outcome +/− 30%" criteria selected covariates with an $HR > 1.3$ or < 1/1.3. The "outcome p <0.2" and "outcome p <0.1" relied on the significance of covariate-outcome associations.

Selection of variables based on their association with the outcome or the exposure: In this hybrid PS, we included all covariates that were selected into either the "outcome +/− 20%" or the "stepwise" PS.

Selection of variables based on subject-matter knowledge: Because the selection of variables based on detailed clinical knowledge of exposure-outcome relationships might seem preferable to data-driven approaches, we tested the approach of pre-specifying our covariate list. "A priori" PS covariates were identified based on the current medical literature. For hip fracture, this list included factors known to contribute to low bone mineral density or falls (see appendix). Indicators of major causes of mortality and potential indicators of frailty were selected for inclusion in the mortality model (appendix).

Estimation of exposure effect estimates: The relation between statin initiation and each outcome was estimated using a Cox proportional hazards model, with glaucoma drug

initiators serving as the referent group. We estimated exposure / outcome associations stratified on PS decile. In keeping with the typical application of PS methods, our primary analyses were conducted on a trimmed dataset such that subjects with PSs falling in regions of non-overlap (i.e. statin exposed subjects with PSs higher than those of any unexposed subjects and vice versa) were excluded. We conducted a series of secondary analyses (see appendix) exploring the effects of trimming, propensity score parameterization, and the inclusion of interaction terms in the PS. Lastly, we examined the variables responsible for differences in the exposure effect estimates obtained from different models.

We took RCT evidence as the gold standard for treatment efficacy. We assumed that statins reduce all-cause mortality by 15% as reported in a recent meta-analysis of RCT data from elderly adults¹⁹ and have no effect on hip fracture, as reported in another recent metaanalysis of data from secondary analyses of four statin trials (OR: 1.03, 95% CI: 0.91 – $1.16²⁰$. We further assumed that the effectiveness in our unselected population would be attenuated relative to the RCT efficacy.²¹

Model-based standard errors obtained from a regression analysis are known to underestimate the true uncertainty surrounding a treatment effect estimate when data-driven model selection strategies are used. To determine whether this is an issue in using data-driven approaches to PS variable selection, we performed bootstrapping analyses, re-sampling our data with replacement 1,000 times, and conducting the model selection strategies and analyses on each sample. We used the standard-deviations of the resulting distributions of statin effect estimates to construct empirical confidence intervals for the estimates from our main analyses.

RESULTS

During 1995–2002, 40,721 PACE-Medicare enrollees initiated statins and 14,889 initiated glaucoma medications. Compared with glaucoma medication initiators, statin initiators were slightly younger, and were more likely to have cardiovascular disease (see table 1)

During up to one year of follow-up, 2,693 subjects (4.8%, table 2) died. Statin exposure was associated with a 36% (HR: 0.64, 95% CI: 0.59–0.69) reduction in mortality in unadjusted analyses. Adjustment for the non-parsimonious PS shifted the estimate to 0.83 ($0.75 - 0.93$). Adjustment for a PS including only covariates associated with a 20% increase or reduction in outcome rate (outcome $+/- 20\%$) yielded an estimate of 0.84 (0.75 – 0.94). PSs constructed using the p-value based and stricter outcome association criteria yielded estimates of 0.81 to 0.83.

Among the 55,276 subjects without a prior hip fracture, 496 (0.8%) experienced hip fractures during follow-up. In unadjusted analyses, statin use was associated with a 54% reduction in the risk of hip fracture (HR: 0.46 95% CI: 0.39 – 0.55). Adjustment for nonparsimonious PS moved the effect estimate to $0.72 (0.56 - 0.93)$. The stepwise PS and stepwise +/−20% PSs yielded similar estimates. Adjustment for the outcome +/−20% PS yielded an estimate of $0.76 (0.61 - 0.95)$. Again, PS models including covariates meeting stricter or p-value based outcome-association criteria yielded larger apparent protective effects.

As shown in table 3, the difference between the statin effect estimates obtained adjusting for the "outcome +/− 20%" PS and those obtained adjusting for the non-parsimonious PS was driven largely by the inclusion of a glaucoma diagnosis covariate in the latter PS. This covariate was strongly inversely associated with statin exposure (OR=0.07) because of the comparison group used, but was not independently associated with hip fracture or mortality under our "outcome +/− 20%" criteria. The covariate was included when the outcome

association criteria were relaxed slightly (outcome HR > 1.175 or $< 1/1.175$). When the glaucoma diagnosis covariate was forced into the outcome +/− 20% PS and this PS was used to control for confounding, the resulting statin effect estimates for hip fracture and mortality were 0.69 and 0.82 – close to the values obtained adjusting for the nonparsimonious PS.

In addition to being associated with a change in statin effect estimate, addition of the glaucoma diagnosis covariate to the PS was associated with a jump in c statistic. The "outcome +/− 20%" PSs for hip fracture and mortality had c statistics of 0.81 and 0.82. These c statistics increased to 0.89 and 0.90 when the glaucoma diagnosis covariate was forced into the model. The highest c statistics (0.91) were consistently obtained from the non-parsimonious, stepwise, and "stepwise or +/−20%" PSs. The greater discrimination between exposed and unexposed by the non-parsimonious PS compared with the outcome +/ − 20% PS can be seen in the PS distributions in figure 1.

The model-based standard errors for statin effects estimated adjusting for PSs constructed using outcome-association variable selection criteria were consistently underestimated (table 4). This problem was greatest using the "outcome +/− 20%" PS, where the standard errors for the estimated effect of statin use on hip fracture and mortality were underestimated by 19% and 14% respectively. Excluding the prior glaucoma diagnosis covariate from the covariate list considerably reduced the degree of underestimation. The model-based standard errors for the non-parsimonious, a priori and stepwise PS models were correct.

Our results were unchanged in secondary analysis exploring the effects of not trimming for PS non-overlap, propensity score parameterization as splines versus deciles, selection of covariate quintile indicators as a group vs. individually, and the inclusion of interaction terms in the PS (see appendix).

DISCUSSION

In a study of the effects of statin use on mortality and hip fracture, we found that the effect estimates obtained varied across a range of commonly-employed PS variable selection strategies. Estimates of the effect of statins on mortality varied from 0.81 ($0.73 - 0.90$) to 0.84 ($0.75 - 0.94$) and estimates of the effect of statins on hip fracture varied from 0.63 (95) % CI: $0.52 - 0.76$ to 0.76 ($0.61 - 0.95$). While our findings are not unexpected given the theory and existing simulation-based evidence on PS model construction, they illustrate the implications of PS variable selection strategy in a practical pharmacoepidemiologic setting for the first time.

For both outcomes, adjusting for the non-parsimonious PS yielded apparent protective effects that were larger than those reported in meta-analyses of RCTs: i.e. a 15% reduction in all-cause mortality²² and no protection (RR=1.03) for hip fracture.²³ Because effectiveness is likely to be less than efficacy in our population, 24 we assumed the true effect for mortality in our population would be no more than a 15% reduction. Adjusting for a PS including only covariates empirically associated with the outcome – i.e. those associated with a greater than 20% increase or reduction in outcome rates, adjusted for age, sex, and exposure – yielded estimates that were closer to the assumed true effects.

Although these differences were not pronounced, our findings are consistent with the results of recent simulations which suggested that covariates associated with the outcome should be included in the PS regardless of their association with exposure and that covariates strongly associated with exposure and unassociated or only weakly associated with the outcome should be avoided, as these covariates can increase the variance and bias of effect estimates.⁹ Our results are also consistent with those of a recent paper demonstrating that the

inclusion of covariates strongly associated with exposure and unassociated or only weakly associated with the outcome in a PS can increase bias¹⁰. Our findings were mainly driven by the presence of a covariate strongly predictive of exposure status and likely unrelated to hip fracture and mortality. They argue in favor of considering outcome associations when selecting covariates to be entered into the PS. A model including only covariates specified a priori did not perform as well, attesting to the potential value of empirical variable selection strategies unless all confounders are known.

Our work adds to evidence that the c statistic may not be a useful measure of the ability of a PS to adjust for confounding. Work by Weitzen et al., has shown that model discrimination tests were not useful in detecting the omission of a confounder from a PS model.25 In our case, the addition of the prior glaucoma diagnosis covariate to a PS increased its c statistic considerably, but also increased the bias. Rather than using the c statistic as a quality criterion, our findings suggests that pronounced changes in the c statistic of the PS model after inclusion of a single covariate may be a useful tool in detecting covariates strongly predictive of exposure that should then be subjected to further scrutiny with respect to their potential as a confounder.

Our study suffers from several limitations. We examined only a handful of possible approaches that could be applied to the PS variable selection problem. We did not use crossvalidation in our variable selection procedures because existing literature suggests that the estimated PS generally performs better to control for confounding than the true $PS^{26,27}$. Despite its advantages³⁰, the use of an active control group may increase the risk of encountering a covariate that is strongly related to exposure but unrelated or only weakly related to the outcome. However, this type of variable, a prime example of which is any variable that might be used as an instrument, such as physician preference or distance to a provider, is likely to exist in other settings as well.²⁸ It is possible that covariate values were misclassified in our study due to our reliance on administrative claims data from the year preceding medication initiation. Disease history is captured only to the extent that diagnoses are accurately captured in the billing process, and it is possible that some chronic conditions were missed due to our use of a 12-month versus longer covariate assessment period. Misclassification may partly explain the divergence of our results from those reported in RCTs. In addition, it should be noted that while a meta-analysis of RCT data reported noeffect of statins on hip fracture, observational studies have generally, $29,30,20$ although not always^{31,20} reported protective effects. While confounding has been frequently cited as an explanation for the divergence of findings, it is also possible that effect measure modification or other factors are responsible.

Our consideration of covariate-outcome associations in the first step of some PS building strategies seems to differ from the design notion proposed by Rubin³² of creating comparable groups of exposed and unexposed using the PS without information on the outcome. While Rubin mentions that "variables that are effectively known to have no possible connection to the outcomes" should not be included in a list used to define comparable groups of exposed and unexposed, he argues that the outcome should be locked away during the design phase.³² Our use of outcome information to select covariates for which our groups of exposed and unexposed should be balanced differs somewhat from this approach, but it should be noted that we are using outcome information only to estimate the association between the potential covariate and the outcome and not to assesses which covariates have what confounding effect. While not locking away the outcome when implementing our method, we are still agnostic about the exposure-outcome association and the effects of the covariates on this association. An alternative approach could be to evaluate covariate / outcome associations within the comparator group only.33, 34

While automated PS variable selection approaches are appealing in their ease of execution and ability to identify confounders that may be missed by the study investigators, they suffer from some limitations and should not take the place of a thoughtful consideration of confounding by the study investigators³⁵. One disadvantage to any automated variable selection strategy, including those we used to select covariates associated with the outcome, is that it requires setting an arbitrary threshold. The performance of our method based on the covariate-outcome associations was sensitive to the threshold chosen and performed variably in bootstrapped samples, resulting in larger standard errors based on bootstrapped datasets compared with the model-based standard errors. Nevertheless, the relatively poor performance of the PSs constructed based on a priori hypotheses attests to the difficulty of correctly pre-specifying all empirical confounders of an exposure effect in administrative claims data. A middle ground might be to use a data-driven approach to identify a pool of potential covariates (i.e. based on prevalence) from which potentially problematic covariates (i.e. those strongly related to exposure and not thought to be related to the outcome) could be identified and excluded. In the absence of covariates strongly related to exposure, the same PS could be used to study multiple outcomes; in the presence of such covariates, the suitability of a generic PS would need to be evaluated for each outcome of interest. This approach would preserve some of the advantage of PSs over traditional outcome models – namely the ability to use a single score to study multiple outcomes.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1. Estimated density of propensity score

Distribution of covariates prior to drug initiation

*** N (%) unless stated otherwise; SD: standard deviation

† patients with prior hip fracture were excluded from statin-hip fracture analysis

Effect estimates from unadjusted and propensity score adjusted models Effect estimates from unadjusted and propensity score adjusted models

N subjects and events may vary due to exclusion of subjects with prior event from hip fracture analyses as well as trimming of subjects with propensity scores falling in areas of non-overlap. Hip fracture N subjects and events may vary due to exclusion of subjects with prior event from hip fracture analyses as well as trimming of subjects with propensity scores falling in areas of non-overlap. Hip fracture analyses were restricted to subjects without a hip fracture in the year prior to baseline. analyses were restricted to subjects without a hip fracture in the year prior to baseline.

 $\stackrel{\text{S}}{\text{S}}$ Standard error from 1,000 bootstrap *§*Standard error from 1,000 bootstrap

 $^{+}$ Based on the standard-deviation of the statin effect estimates over 1,000 bootstraps *†*Based on the standard-deviation of the statin effect estimates over 1,000 bootstraps

 t outcome effect estimates were compared to statin effect estimates from meta-analyses of randomized controlled trials: a 15% reduction in all-cause mortality (95% CI: 7% to 22%)³⁶ and no effect on hip *‡*Outcome effect estimates were compared to statin effect estimates from meta-analyses of randomized controlled trials: a 15% reduction in all-cause mortality (95% CI: 7% to 22%)36 and no effect on hip fracture (OR: 1.03, 95% CI: 0.91 - 1.16)³⁷. We further assumed that the effectiveness in our unselected population would be attenuated relative to the RCT efficacy.³⁸ fracture (OR: 1.03, 95% CI: 0.91 – 1.16)³⁷. We further assumed that the effectiveness in our unselected population would be attenuated relative to the RCT efficacy.³⁸

Effect of outcome-association cut-point used as variable selection criterion

‡ Outcome effect estimates were compared to statin effect estimates from meta-analyses of randomized controlled trials: a 15% reduction in allcause mortality (95% CI: 7% to 22%)³⁹ and no effect on hip fracture (OR: 1.03, 95% CI: 0.91 – 1.16)⁴⁰. We further assumed that the effectiveness in our unselected population would be attenuated relative to the RCT efficacy.41

Model-based and bootstrapped standard errors

*** % underestimation is calculated as 1 minus the ratio of the model-based SE to the bootstrapped SE.