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Free Radical Oxidation of Polyunsaturated Lipids: New Mechanistic Insights and the Development of Peroxyl Radical Clocks

Derek A. Pratt[▼], Keri A. Tallman[†], and Ned A. Porter[†]

[†] Department of Chemistry and Vanderbilt Institute of Chemical Biology, Vanderbilt University, Nashville, Tennessee 37235

[▼] Department of Chemistry, University of Ottawa, 10 Marie Curie Pvt., Ottawa, Ontario, Canada K1N 6N5

Conspectus

The peroxidation of lipids in biological membranes has been implicated in both the onset and development of most degenerative diseases. The primary products of this autoxidation process are usually lipid hydroperoxides. They form as a consequence of a free radical chain reaction: lipid peroxyl radicals propagate the chain by rate-limiting H-atom abstraction from another lipid. Studies of the mechanism of lipid peroxidation are a specific part of a wider effort to understand the more general phenomenon of hydrocarbon autoxidation, which dates back some 70 years. However, the autoxidation of lipids is generally much more complicated than that of other hydrocarbons because of additional reaction pathways afforded by a variety of uniquely positioned unsaturated bonds. Indeed, polyunsaturation is an important aspect of many of the most relevant of physiological lipids, such as linoleate and arachidonate. In this Account, we present our current understanding of the mechanism of unsaturated lipid peroxidation, effectively updating our Account on the same topic published 25 years ago. Our more recent work has, in large part, been stimulated by the discovery of the non-conjugated linoleate hydroperoxide as a product under certain autoxidation conditions. The identification of this long-elusive bis-allylic hydroperoxide prompted our kinetic characterization of the reaction leading to its formation. The product distributions obtained from autoxidations of newly synthesized model compounds, which vary in either the substitution of the bis-allylic moiety or the configuration of the double bonds, have provided key insights into the overall mechanism. These insights have in turn been reinforced by the results of theoretical calculations. The picture that emerges is one wherein the delocalized carbon-centered radicals, which arise as intermediates in these reactions, first associate with dioxygen to form pre-reaction complexes. These complexes then collapse through transition state structures that maximize the orbital interactions between the incipient diene moieties and the peroxyl radical singly occupied molecular orbital (SOMO). The energies of these transition states are influenced by steric effects; thus, there are distinct changes in product distribution in the autoxidation of dienes having different substitution patterns. The radical:dioxygen complexes are also intermediates in the isomerization of allylperoxyl and pentadienylperoxyls, helping explain the high regio- and stereochemical fidelity of these processes. We have taken advantage of the rapid fragmentation of non-conjugated peroxyl radicals to develop a powerful peroxyl radical clock methodology, which can be used to determine rate constants for reactions of peroxyl radicals with molecules having rate constants ranging from 1 to $10^7 \text{ M}^{-1}\text{s}^{-1}$. We can make use of this methodology to address various questions, both fundamental and applied, relating to lipid peroxidation and its inhibition by radical-trapping antioxidants.

Introduction

Unsaturated organic molecules with weak C-H bonds are particularly prone to undergo autoxidation, a process that proceeds by a free radical chain mechanism. Autoxidation of polyunsaturated fatty acid esters and sterols, known as lipid peroxidation, has attracted increased research attention over the last few decades. One reason for this interest is due to the unique role that lipid-derived peroxides play in biology, both as modulators of enzymes and as intermediates in biosynthetic processes. The study of free radical autoxidation has a history dating from the 1940s² and its relevance to issues in chemistry and biology continues to grow. "Oxidative stress" has importance in pathologies as diverse as aging, cancer, as well as in cardiovascular and neurodegenerative diseases.

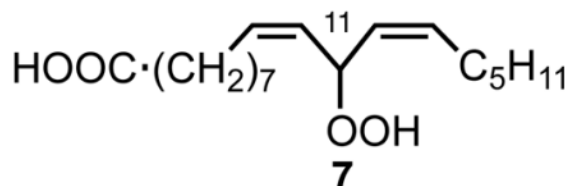
The primary products of autoxidation are peroxides or hydroperoxides, but these compounds are frequently unstable and decompose to aldehydes, ketones and other reactive substructures. The mechanism for the process, shown in Scheme 1, involves a very fast³ reaction of a chain-carrying carbon radical with oxygen and a slow rate-determining propagation step in which a peroxy radical abstracts hydrogen from an organic substrate, (Eq. 2)^{4,5} Peroxy radicals can also undergo propagation by addition reactions to alkenes,⁶ (Eq. 3). Styrene, for example, readily forms an alternating addition co-polymer with oxygen. If the intermediate peroxy radicals are able to undergo a 5-*exo* cyclization onto an alkene, then cyclic peroxide products can form.⁷ Phenolic inhibitors of autoxidation (antioxidants) compete for peroxy radicals by H-atom transfer, see Scheme 1B. The generated aryloxy radical in the transformation described by Eq. 4 traps a second peroxy and gives non-radical products, ending the chain (Eq. 5).

Peroxidation of homoconjugated dienes

The autoxidation of linoleic acid, **1**, or linoleate esters in solution or in liposomes has been the focus of studies by our group over the course of three decades. Linoleate is the simplest lipid containing the prototypical homoconjugated diene substructure of polyunsaturated fatty acids and esters and the four hydroperoxide products, **5a**, **5b**, **6a** and **6b** are the established primary products. The early proposals for the mechanism of linoleate autoxidation centered on the pentadienyl radical **2** that is formed by abstraction of the weak C-H bond in linoleate, see Scheme 2. This radical is presumed to add oxygen at either end to give conjugated diene peroxy radicals that lead, ultimately, to the conjugated diene hydroperoxides. The distribution of the *Z,E* and *E,E* products can be understood based upon a mechanism that involves competitive H-atom abstraction by peroxy radicals and reversible addition of oxygen to intermediate pentadienyls.^{1,8}

A longstanding problem with the mechanism shown in Scheme 2 is the fact that no linoleate products are observed that result from oxygen addition at the center position of the pentadienyl radical. ESR studies as well as calculations suggest that the spin density at the center carbon of simple pentadienyl radicals is higher than at the terminal carbons and one therefore expects that the *bis*-allylic hydroperoxide **7** should form.^{9,10} However, extensive efforts in our laboratories to find **7** in linoleate autoxidation product mixtures failed. Most of these failed studies involved autoxidation of methyl linoleate at low temperatures in the presence of good hydrogen atom donors such as 1,4-cyclohexadiene or phenols. A particularly revealing experiment, however, came from Alan Brash, a colleague in the Division of Clinical Pharmacology at Vanderbilt. Alan studies lipoxygenase enzymes and transformations of their hydroperoxide products among other things, and on this occasion Alan required samples of an allylic 8-hydroperoxide of linoleate, reported as a minor product of linoleate autoxidation. He carefully reexamined a sample containing a mixture of methyl linoleate and 5 to 10% of α -tocopherol that had been stored at $-20\text{ }^{\circ}\text{C}$ for approximately four years following oxidation studies. A search for non-conjugated diene

monohydroperoxides by HPLC found none of the desired 8-hydroperoxide. However, under the prominent peak of one of the conjugated diene products, Alan uncovered significant amounts of the bis-allylic 11-hydroperoxy-linoleate **7**, which he proceeded to characterize by UV, GC-MS and NMR.¹¹



The Brash experiment stimulated us to expand our studies on the co-oxidation of linoleate esters with α -TOH to assess the effect of the antioxidant on the formation of **7**. We found that **7** is indeed formed in the co-oxidation of methyl linoleate and α -TOH and the amount formed depends on the concentration of α -TOH present during the oxidation, as shown in Figure 1.¹² The Figure shows that substantial amounts of **7** form, but only in co-oxidations having α -TOH concentrations of 0.1 to 1M. In fact, **7** is the major product at the kinetic limit, consistent with the greater spin density at the bis-allylic carbon of the pentadienyl radical.

Antioxidants, most commonly substituted phenols (ArOH), effectively intercept peroxy radicals by transferring the phenolic H-atom to a propagating peroxy radical with a rate constant, k_{inh} , that is faster than the rate of chain propagation, k_p ¹³ (Scheme 1, eq 4 and 2). The propagation rate constant for peroxidation of linoleate ($62 \text{ M}^{-1}\text{s}^{-1}$)⁶ is some $5 \cdot 10^4$ less than the inhibition rate constant for α -TOH, $3.5 \cdot 10^6 \text{ M}^{-1}\text{s}^{-1}$ at 37°C.¹³⁻¹⁵ The kinetic analysis of this system is based upon a reasonably straightforward competition experiment similar to studies we have carried out for other chain oxidations. The expression that links product ratio vs. $[\alpha\text{-TOH}]$ is shown in Scheme 3. A fit of data shown in Figure 1 gives values for the oxygen partition factor α and k_β , the rate for loss of oxygen from the deconjugated peroxy radical ($\alpha = .45$; $k_\beta = 2.6 \cdot 10^6 \text{ s}^{-1}$ at 37°C). The study outlined here establishes the rate constant for conversion of radical **8** to the conjugated diene peroxy radicals by timing it with a known bimolecular rate process, the transfer of an H-atom from α -TOH to **8**. The unimolecular process indicated by k_β will be used in work described elsewhere in this Account to clock H-atom transfer rates of other antioxidants. This process is shown in Scheme 3 as a reversible addition of oxygen to the intermediate pentadienyl radical.

At high concentrations of α -TOH, peroxy radical **8** is trapped to give **7** while at lower concentrations of antioxidant, rearrangement of the peroxy occurs and this leads to the conjugated diene peroxy radicals. The conjugated diene peroxy radicals abstract hydrogen and ultimately give the conjugated diene hydroperoxides **5a** and **5b**. The Brash experiment provided the lead to unraveling this complex mechanistic picture and in retrospect its design could not have been more favorable. High concentrations of α -TOH in neat linoleate are conditions that favor formation of **7** relative to the conjugated diene products. In fact, one wonders whether substantially more of product **7** was formed over the course of 4 years at -20°C than was generated during the initial experiment at room temperature.

The mechanism that we proposed (Scheme 3) to account for the effect of α -TOH on linoleate products raised many questions. We immediately sought more information on the relative stabilities of the different peroxy radicals that are formed as intermediates in these reactions.^{16,17} Using theoretical approaches, (ROB3P86/6-311G(d,p)//B3P86/-6311G(d,p)),¹⁸ we found that the non-conjugated peroxy radical **8** has a C-OO bond that is almost 8 kcal/mol weaker than that in **3a** and **3b**, accounting for its ready

fragmentation and why it could not be observed in the absence of such a large concentration of a strong peroxy radical-trapping agent as α -TOH. Likewise, **3a** and **3b** had weaker (1.5 kcal/mol) C-OO bonds relative to **4a** and **4b**, accounting for their isomerization under conditions where they could equilibrate to thermodynamic products. While this provided a thermodynamic rationale for the product distribution, clearly a kinetic rationale was necessary to explain what first controls the site of oxygen addition to delocalized pentadienyl radicals.

To address this question, a series of dienes was studied in which a pentyl group was fixed on one end of the diene but the group at the other end of the structure was systematically changed. The results of this series of free radical oxidations (carried out in the presence and absence of α -TOH) led to the conclusion that the distribution of hydroperoxides formed from these dienes depends on the size of substituents at C-1 and C-5 of the substructure.¹⁹

The distribution of products can be understood based on simple steric effects of the substituents on the transition state for reaction of intermediate pentadienyl radicals with oxygen as illustrated in Scheme 4 with Newman projections of the transition states for oxygen addition at C-1 and C-5. We suggest that these transition states, along with the two shown for addition of oxygen at C-3, are preferred structures based on experiments discussed subsequently in this Account. When R is methyl, oxygen partitions to the intermediate pentadienyl radical in a C-1=0.41 to C-3=0.34 to C-5=0.25 ratio when the reaction is carried out in the presence of ~ 1 M α -TOH. However, when R=^tBu, that ratio is a C-1=0.06 to C-3=0.49 to C-5=0.45. In short, Taft E_s parameters of substituents at C-1 and C-5 correlate with the distribution of products formed at C-1, C-3 and C-5 for reactions carried out in the presence of α -TOH. A bulky substituent at C-1 drives more oxygen addition to C-3 and C-5, whereas bulky substituents at both C-1 and C-5 lead to more products formed from addition at C-3. Good linear free energy plots for the product distribution vs. size of the R group support the notion that steric effects control the site of oxygen addition.

The effect of α -TOH on the ratio of non-conjugated to conjugated diene products formed from the dienes shown in Scheme 4 is understood based upon the mechanism outlined in Scheme 3. Non-conjugated diene product increases with α -TOH in a manner similar to the data shown in Figure 1. But the ratio of the two conjugated products formed from oxygen addition at C-1 and C-5 is not affected by α -TOH; the only effect of the antioxidant is to increase the amount of C-3 addition product formed. A good fraction of the conjugated diene products formed must have proceeded through first formation of the non-conjugated peroxy radical **8**, followed by a secondary conversion from this radical to the conjugated products. The fact that the C-1 to C-5 product ratio is unchanged by the concentration of α -TOH present during oxidation supports the notion that the pentadienyl radical reaction with oxygen is the product determining step in both the initial encounter and reaction of this species with oxygen as well as in the rearrangement of **8** to conjugated products, in support of the fragmentation mechanism proposed.

Additional experiments suggest that there is a preferred orientation for oxygen addition to the C-1 and C-5 centers of the delocalized pentadienyl radical such that secondary interactions between oxygen and the radical are maximized. Support for a preferred orientation in the transition state for oxygen addition is found in the oxidation of *Z,E* diene precursors such as **9** in the presence and absence of α -TOH (Scheme 5). Oxygen addition occurs preferentially at the end of the pentadienyl radical that minimizes *gauche* interactions in the preferred transition state. Under all conditions of oxidation studied, the *Z,E* conjugated diene product is favored by over 2:1 compared to the *E,E* product.

At first glance, it is perhaps unclear why the transition state structures in Schemes 4 and 5 are drawn as they are, and subsequently used to rationalize the reaction outcomes. Recent theoretical calculations have provided support for these transition state structures; shown above as being operative in these reactions. The preference arises due to the significant secondary orbital interaction between the pentadienyl and ground-state triplet dioxygen π MOs as in the doubly occupied HOMO shown in Figure 2.²⁰ In fact, the enthalpy of the transition state structure of pentadienyl + O₂ (calculated by ROCCSD(T)/6-311+G(2df,p)//B3LYP/6-311+G(2df,p)) wherein the dioxygen moiety is oriented toward the diene moiety is 4.1 kcal/mol lower than that oriented away from the diene (as in the other TS structures in Scheme 5). Therefore, both steric and electronic arguments are important in understanding product distributions from substituted diene oxidations.

Peroxidation of mono-alkenes

While lipids containing the homoconjugated diene structure such as linoleate readily undergo free radical chain oxidation, mono-alkene fatty acid esters such as oleate or sterols such as cholesterol are much less prone to undergo peroxidation. The allylic C-H BDE of oleate is substantially higher than the bis-allylic center on linoleate, accounting for the lower reactivity. Cholesterol is also a mono-alkene but its alkene is trisubstituted and endocyclic, making the sterol somewhat more prone to oxidative attack by peroxy radicals than is oleate. Six primary products of oleate oxidation are shown in Scheme 6, three resulting from H-atom abstraction at C-8, three from H-atom removal at C-11.²¹ Thus, H-atom removal at C-11 gives the three hydroperoxides, **10a–12a**, while C-8 abstraction gives products **10b–12b**. Abstraction of the C-11 hydrogen, for example, leads to the formation of three isomeric allylic peroxy radicals, two of which are formed from oxygen addition to the first-formed allyl radical, the third resulting from a subsequent allylic rearrangement. These three allyl peroxy radicals are converted to three allylic hydroperoxides, **10a–12a**. An analogous mechanism accounts for the formation of the three **10b–12b** products. The peroxy radical allylic interconversions that account for the formation of the observed products are identified as [2,3] rearrangements in the Scheme. Rearrangements of allyl peroxy radicals derived from acyclic lipids has been one of our interests and we report below our contributions to this field. We acknowledge here the fundamental work of the late Athel Beckwith on the rearrangement of cholesterol hydroperoxides^{22–24} as well as his studies in many other areas of free radical mechanistic chemistry over the course of decades.

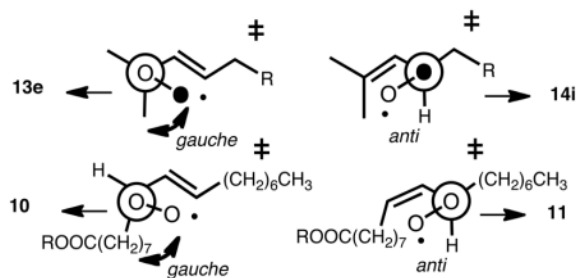
The rearrangement may be considered as either a dissociative fragmentation-addition as shown in Scheme 3 for the rearrangement of the non-conjugated linoleate peroxy radical **8** or as an associative [2,3] rearrangement in which oxygen and the three-carbon backbone do not separate, as presented in Scheme 7. Free radical promoted rearrangement of the oleate allylic hydroperoxides proceeds through the corresponding peroxy radicals and the *E* oleate hydroperoxide (*S*)-**10** rearranges to the corresponding (*R*)-*E* product **12** at room temperature with (*S*)→(*R*) selectivity substantially greater than 97% and with little incorporation of label when the reactions are run under an (¹⁸O)₂ atmosphere, Scheme 7A.^{25,26} The *Z* hydroperoxide (*R*)-**11** gives product **10** with somewhat reduced selectivity (~90%) and with the configurational course being (*R*)→(*R*) in this case, Scheme 7B. Rearrangement of both (*S*)-**10** and (*R*)-**11** takes place with less stereochemical fidelity and with more incorporation of atmospheric oxygen when the temperature is raised to 40°C. The experiments therefore support the associative mechanism, but the incorporation of some atmospheric oxygen into the hydroperoxides at 40°C does indicate that dissociation of the peroxy radicals and reincorporation of atmospheric oxygen can occur.

Subsequent experiments showed that solvent viscosity plays a role in the selectivity of the rearrangements.^{27,28} Thus, rearrangement of unlabeled ¹⁶O (*R*)-**11** in hexane under an atmosphere of (¹⁸O)₂ gives ¹⁶O labeled **10** with high stereofidelity (*R*:*S*=90:10). But 13% of

the product formed under these conditions is a racemic mixture of ^{18}O labeled **10**, formed by dissociation and exchange of hydroperoxide oxygen with the atmosphere. In octadecane under otherwise identical conditions, the stereoselectivity of unlabeled ^{16}O **10** formed increases to 99:1 but with only 3% of racemic product formed with incorporation of atmospheric ^{18}O . Increasing temperature led to the formation of more racemic product that had incorporated atmospheric oxygen.

A particularly illuminating experiment was carried out by Jennifer (Lowe) Allen, who studied the synthesis and rearrangement of the unsymmetrically labeled²⁹ hydroperoxide **13** shown in Scheme 8.³⁰ At 20°C under an atmosphere of (^{16}O)₂ **13e** (e refers to an external oxygen label) rearranges to a mix of products containing 90% **14i** (i refers to an internal oxygen label), 0.3% **14e** (external label) with the remainder being **14u** (u indicates unlabeled hydroperoxide). At 60°C, the rearrangement proceeds with significantly lower ($e \rightarrow i$) selectivity and with substantially more incorporation of atmospheric oxygen, **14i:e:u** = 64:6:30. Rearrangement at 20°C of the internally labeled **14i** back to **13** as shown in Scheme 8B occurs with more incorporation of atmospheric oxygen and with lower regioselectivity of the label ($i \rightarrow e$) than is observed in the rearrangement of **13**→**14**.

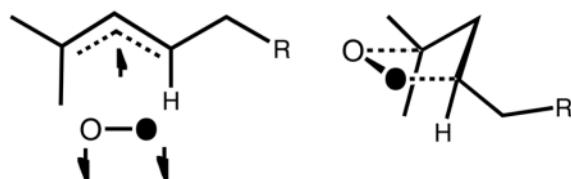
It is of interest to consider the results of the [2,3] rearrangement studies on the oleate hydroperoxides as well as those of **13** and **14** with the studies on steric effects on transition states for oxygen addition and Taft E_s parameters in mind. We suggest that the high regioselectivity observed in the rearrangement of **13**→**14** results from the fact that formation of the transition state leading to **14** is favorable since this structure has no *gauche* interactions with the alkene substituent. In contrast, the rearrangement of **14**→**13** proceeds through a transition state that has such a destabilizing *gauche* interaction. The rearrangement in this direction proceeds with more scrambling of the label and more incorporation of atmospheric oxygen because of this steric effect. The results of rearrangement in the oleate series are also consistent with this picture. Rearrangements that proceed through transition states having the *anti* arrangement proceed with more stereochemical fidelity and less incorporation of atmospheric oxygen than those rearrangements that proceed by formation of a transition state having a *gauche* steric interaction.



Again this picture is supported by theoretical calculations that indicate the low energy transition state structures that connect allylperoxyl radicals have a much preferred geometry which places the dioxygen *toward* the allylic moiety resulting from a secondary orbital interaction between the dioxygen and allyl π MOs. In the case of allyl + O₂, the “toward” TS is preferred over the “away” TS by 5.1 kcal/mol (Figure 3).²⁰

A picture for rearrangement that emerges from these studies is fragmentation of the allyl peroxy radical to an allyl radical-oxygen complex of defined geometry that can dissociate to molecular oxygen and the allyl radical. The complex is also one in which its collapse to the rearranged allylperoxy radical is competitive with oxygen escape, a process that accounts for the observation of regioselective transfer of oxygen label in the rearrangements linking

13 and **14**. The structure and energetics of allyl radical-oxygen complex relative to classical allyl peroxy radical structures are not revealed in these studies, but it seems clear that either a bounded complex or a transition state exists in which the 2 oxygens are fixed relative to the 3-atom allyl constituents.



Theoretical calculations have helped delineate these possibilities. Transition state structures have been determined for both the step-wise and concerted rearrangements of allylperoxy radicals using various methodologies. At all levels studied, the verdict is consistent: the step-wise reaction proceeds with a much lower barrier (7.5 kcal/mol lower by ROCCSD(T)/6-311+G(3df,2p)//MP2/6-311+G(3df,2p)).²⁰ Furthermore, theory predicts the intervention of a loosely-bound allyl:dioxygen complex in the step-wise rearrangement. The exact energetics of this interaction are difficult to quantify, but the best calculations to date would suggest a stabilization of at least 1.3 kcal/mol at 0 K.

Theoretical calculations also support a role for a complex of the pentadienyl radical and oxygen that precedes the transition states shown in Schemes 4 and 5. These calculations predict that this complex collapses preferentially to give the non-conjugated peroxy over the conjugated peroxy, thereby explaining the predominance of **8** at the kinetic limit. However, it should be pointed out that given that these processes have essentially negligible barriers, the predominance of **8** at the kinetic limit may be more plausibly explained on a purely statistical level. Since there are two possible pre-reaction complexes for the reaction of oxygen with pentadienyls (**15** and **16**), which are essentially isoenergetic when $R_1 \sim R_2$, and both can lead to **8**, a 1:2:1 product ratio might be expected on purely statistical grounds (Scheme 9) and indeed this is the ratio that is observed in these reactions (cf. Figure 1). The introduction of substituents of different size at R_1 and R_2 (or double bond configuration) may change the contribution of the pentadienyl:dioxygen complexes at equilibrium and/or increase the barrier for their collapse to yield products (*i.e.* the “gauche effect” referred to above) leading to different product ratios.

Rates of Reaction; Peroxy Radical Clocks

The commercial importance of autoxidation of organic compounds and the recent interest in peroxidation reactions in biology has focused a substantial effort on the determination of rates of the important reactions in the chain sequence.^{4,5} The measurement of absolute rate constants for free radical reactions has indeed been fundamental to advances in free radical chemistry during the last half century and many methods for determining absolute rate constants of radical reactions have been established. Approaches based on the rotating sector, flash photolysis, and pulse radiolysis have been used to determine important rate constants for processes that include radical polymerization, and a variety of atom transfer reactions. More recently, the use of free radical clock reactions has been particularly useful to “time” reactions of carbon radicals in circumstances where classical methods prove to be difficult or impossible to apply. The cyclization of the 5-hexenyl radicals or the ring opening reactions of cyclopropylcarbinyl species, for example, have been at the heart of many mechanistic studies and methods based upon these unimolecular reactions have been used to “time” other bimolecular radical-molecule reactions.³¹

Knowledge of rate constants has been critical to understanding the chemistry of oxygen-centered radicals as well. These species carry the chain for radical reactions carried out under atmospheric oxygen since carbon radicals undergo diffusion-controlled reaction with molecular oxygen to yield peroxy radicals (eq 1). For this reason, the rate constants for peroxy radical reactions have been the focus of extensive investigation. Classical methods, in particular the rotating sector approach, have provided an extensive set of important rate constants for peroxy radical reactions that underpin our understanding of important commercial and biological processes involving the reaction of organic compounds with molecular oxygen.

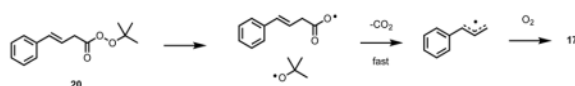
It occurred to us that radical clocks might provide a useful alternative for determining rate constants for peroxy radical-molecule reactions. Radical clocks are established by setting up a competition between a unimolecular reaction having a known rate constant and a bimolecular reaction with an unknown rate constant.³¹ The peroxy radical clocks that we have developed set up a competition between peroxy radical unimolecular rearrangements and bimolecular H-atom transfer.³² One example of a peroxy radical clock is based upon the competing processes for peroxy radical **8** that give rise to isomeric hydroperoxide products, **5a/5b** and **7**, Scheme 10. The rate constant k_p can be determined from the $[7]/[5a + 5b]$ product ratio, since k_R is known ($k_\beta = 2.6 \cdot 10^6 \text{ s}^{-1}$ at 37°C) as is the partition constant for oxygen addition to C-1, C-3 and C-5 of the pentadienyl radical **2**.³³ The clock based upon peroxy radical **8** proves useful for measuring bimolecular rate constants k_p , for reactions having rate constants on the order of 10^5 – $10^7 \text{ M}^{-1}\text{s}^{-1}$ since the unimolecular clock reaction, k_R , is so fast.

To broaden the range of peroxy radical rate constants that can be measured by the clock method, two other clocks were established based upon unimolecular peroxy radical reactions. These systems rely on the chemistry shown in Scheme 11 for the peroxy radicals **3** and **17**. Radical **3** is the first-formed conjugated diene peroxy radical in linoleate oxidation, giving the *Z,E* kinetic products **5a** and **5b**, Scheme 11A. Competing with H-atom transfer and formation of **5a** and **5b** is rearrangement of **3** leading ultimately to the thermodynamic *E,E* products **6a** and **6b**. This rearrangement appears to be an authentic fragmentation-addition reaction since it occurs with scrambling of oxygen with the atmosphere. The rate constant for fragmentation ($6.9 \cdot 10^2 \text{ s}^{-1}$ at 37°C) was established by oxidation of linoleic acid alone since k_p for the only H-atom donor present, linoleic acid, is known ($62 \text{ M}^{-1}\text{s}^{-1}$ at 37°C). Measuring the ratio of the **5** and **6** products for an H atom donor, R-H, gives the rate constant for H-atom transfer from R-H to the linoleate peroxy radical. Similarly, the clock from allylbenzene shown in Scheme 11B sets up a competition for formation of kinetic and thermodynamic products, **18** and **19**, with increasing concentrations of H-atom donors giving more of the kinetic product **19**. Radical clocks based on peroxy radicals **3**, **8** and **17** have been used to determine rate constants ranging from as low as $5 \text{ M}^{-1}\text{s}^{-1}$ for H-atom transfer from allyl benzene up to $1 \cdot 10^7 \text{ M}^{-1}\text{s}^{-1}$ for a pyrimidinol antioxidant. Radical **3** is used for rate constants in the low rate range, up to $10^4 \text{ M}^{-1}\text{s}^{-1}$, **8** is useful for constants greater than $10^5 \text{ M}^{-1}\text{s}^{-1}$ and **17** for those in the range of 10^3 – $10^6 \text{ M}^{-1}\text{s}^{-1}$.

While the clock approach described above offered a more convenient means to measure inhibition rate constants than conventionally employed, we understood there were some limitations. Under the conditions of these experiments, the radical derived from the H-atom donor is the chain-carrying radical, and the rate constant for its reaction with the clock precursor (methyl linoleate for **3** or **6** and allylbenzene for **17**) is slow (e.g. $0.01 \text{ M}^{-1}\text{s}^{-1}$ for $\alpha\text{-TO}\cdot$ and methyl linoleate). This presents a challenge for the determination of inhibition rate constants of H-atom donors that yield persistent (*i.e.* hindered) radicals, such as the most common industrial antioxidants, butylated hydroxytoluene (BHT) and diarylamines.

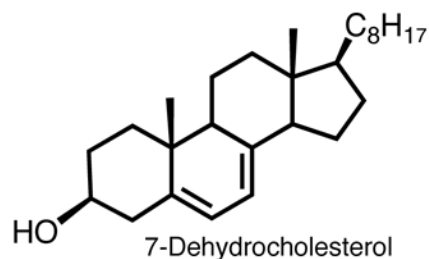
Furthermore, a high concentration of the precursor (e.g. 2.6 M allylbenzene as precursor **17**) must be used to generate sufficient amounts of product in order to obtain reliable data. This precludes the determination of the inhibition rate constants in a variety of media, an unfortunate limitation since solvent effects can be quite large on these reactions.

We have since employed β , γ -unsaturated (or homoconjugated) peroxyesters such as **20** as an alternative source of the carbon-centered radicals leading to **17**, setting up the radical clock without having to involve the slow chain-carrying reaction of the inhibitor-derived radical with allylbenzene. In doing so, the reactions can now be done with millimolar concentrations of the clock precursor, allowing competition kinetic experiments to be carried out in virtually any solvent. Decomposition of **20** in benzene containing α -TOH reveals product profiles that are essentially indistinguishable from those obtained by autoxidation of allylbenzene as described above.³⁴ Varying the solvent in which **20** is decomposed has revealed rate constants for the β -fragmentation of **17** that differ significantly; from $3.5 \times 10^5 \text{ s}^{-1}$ in hexane to $1.8 \times 10^4 \text{ s}^{-1}$ in propionitrile, owing presumably to the large permanent dipole moment of peroxy radicals ($\sim 2.5 \text{ D}$).



The ability to easily determine inhibition rate constants in different solvents has allowed us to confirm the longstanding prediction of Ingold (which was based on the kinetics of other radical-molecule reactions) that the greater the equilibrium constant for formation of a H-bonded complex between the antioxidant and the solvent, the lower the observed rate constant for peroxy radical trapping.³⁵ The equilibrium constant is related to the H-bond acidity of the phenol and the H-bond basicity of the solvent, which can be quantified by Abraham's α_2^{H} and β_2^{H} parameters, respectively. Using the peroxyester peroxy radical clock approach, the inhibition rate constant of *p*-methylphenol ($\alpha_2^{\text{H}} = 0.57$) is shown to be much more sensitive to changes in solvent H-bond accepting ability (plotted versus the solvent β_2^{H} gives a slope of -4.8), than is trimethylphenol ($\alpha_2^{\text{H}} = 0.37$, slope = -3.1), than is BHT ($\alpha_2^{\text{H}} = 0.22$, slope = -1.8). We continue to use this methodology to address various kinetic and mechanistic questions in antioxidant chemistry.

In another application of the peroxy radical clock methodology, we recently used the linoleate conjugated diene peroxy radical **3** to determine the propagation rate constants for oxidation of several important lipids, including arachidonic (20:4), eicosapentaenoic (20:5), and docosahexaenoic (22:6) acids as well as cholesterol and 7-dehydrocholesterol (7-DHC).³⁶ The rates for the fatty acids depend, as expected, on the number of oxidizable $-\text{CH}_2-$ centers in the molecule that are flanked by two double bonds. Linoleate has one such center, arachidonate has 3, eicosapentaenoate 4 and docosahexaenoate 5, and the relative propagation rate constants reflect this statistical bias ($k_{\text{rel}} = 1 : 3.2 : 4.0 : 5.4$). The rate constants for cholesterol and 7-DHC were also determined because of the importance of these constituents in mammalian biology. Cholesterol is an important component of biological membranes and 7-DHC is an immediate biosynthetic precursor not only to cholesterol but also to vitamin D_3 . The rate constant determined for oxidative free radical propagation of cholesterol, $11 \text{ M}^{-1}\text{s}^{-1}$, falls in line with those determined by other methods for cycloalkenes like cyclohexene and cyclopentene; both have rate constants of about $6 \text{ M}^{-1}\text{s}^{-1}$. On the other hand, the constant determined for autoxidation of 7-DHC, $2260 \text{ M}^{-1}\text{s}^{-1}$, is surprisingly large. Arachidonic acid, which is normally considered to be a highly oxidizable lipid, is an order of magnitude less reactive than 7-DHC. Indeed, the propagation rate constant for 7-DHC makes this substrate, to our knowledge, the most reactive lipid known that can maintain a peroxidative free radical chain reaction.



Acknowledgments

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Biographies

Derek Pratt received his B.Sc. from Carleton University in 1999 and his Ph.D. from Vanderbilt University in 2003. After completing post-doctoral work at the University of Illinois at Urbana-Champaign in 2005, he returned to Canada to take up a faculty position at Queen's University. In 2010 he moved to the University of Ottawa where he is an Associate Professor and Canada Research Chair in Free Radical Chemistry.

Keri Tallman graduated from The College of Wooster in 1994 with a B.A. in chemistry. After receiving her Ph.D. from Colorado State University in 2000, she carried out post-doctoral work with Ned Porter at Vanderbilt University. She is currently a Research Assistant Professor at Vanderbilt.

Ned Porter graduated from Princeton in 1965 with a B.S. in Chemical Engineering and accepted a position as Assistant Professor at Duke University in 1969, after receiving his Ph.D. with Paul D. Bartlett at Harvard. In 1998 he moved to Vanderbilt University where he is Stevenson Professor of Chemistry. His research interests have centered on the mechanisms of free radical reactions. A continuous research theme has been on the interplay between free radical chemistry, lipids and oxidative stress in biology.

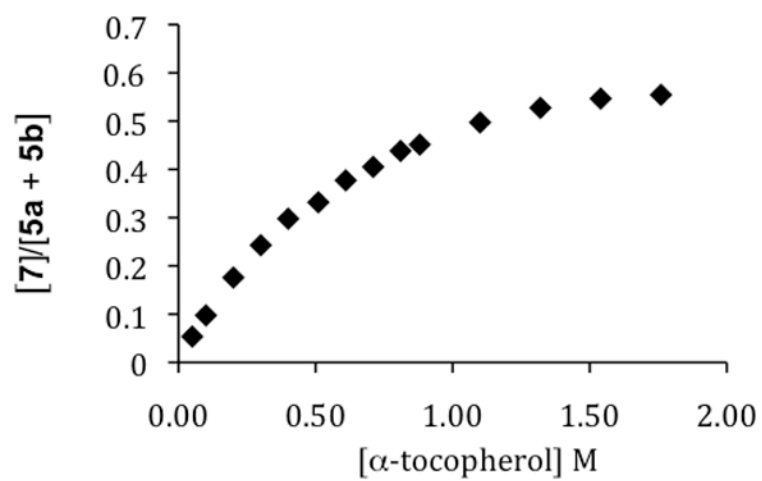


Figure 1.
Methyl linoleate Product Composition vs. α -Tocopherol.

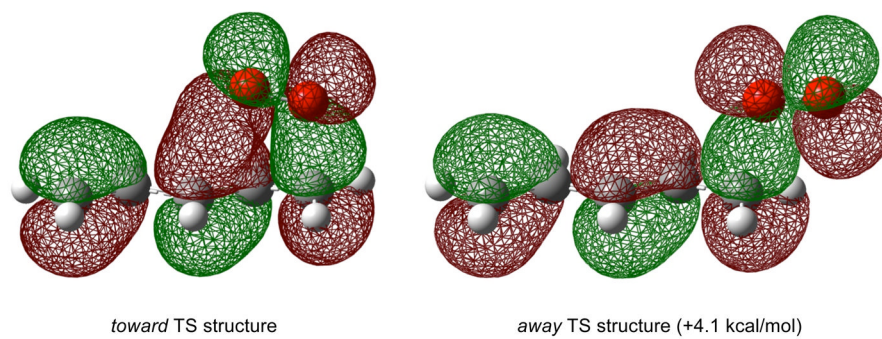


Figure 2. Secondary orbital interactions lead to a preferred geometry in the transition state structure for the reaction between pentadienyl radicals and molecular oxygen.

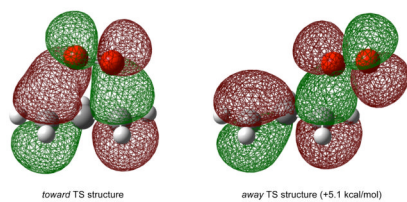
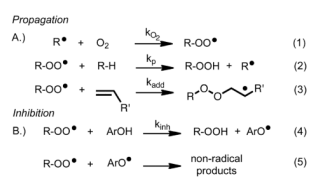
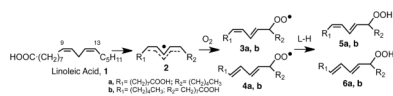
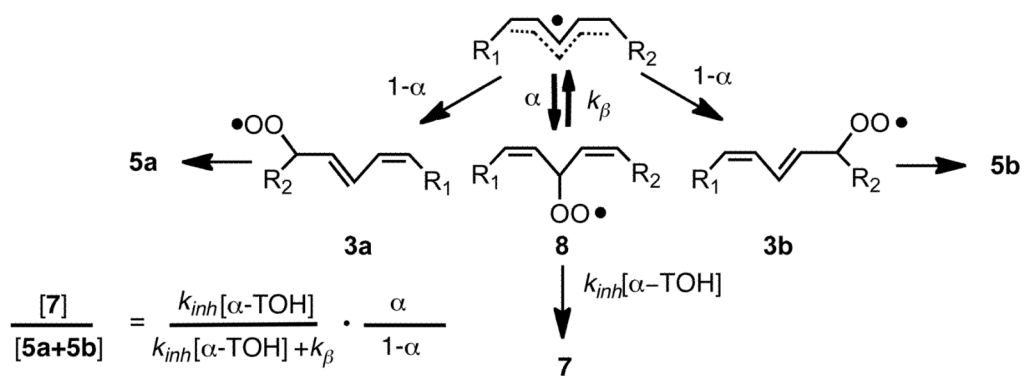


Figure 3. Secondary orbital interactions lead to a preferred geometry in the transition state structure for the reaction between allyl radicals and molecular oxygen.

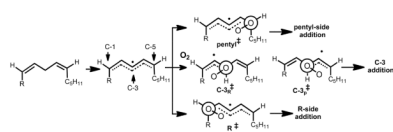
**Scheme 1.**

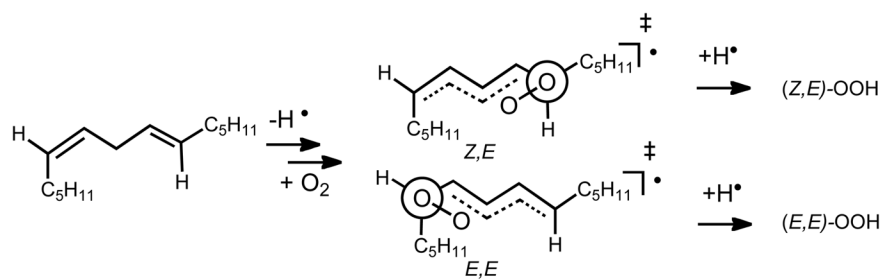


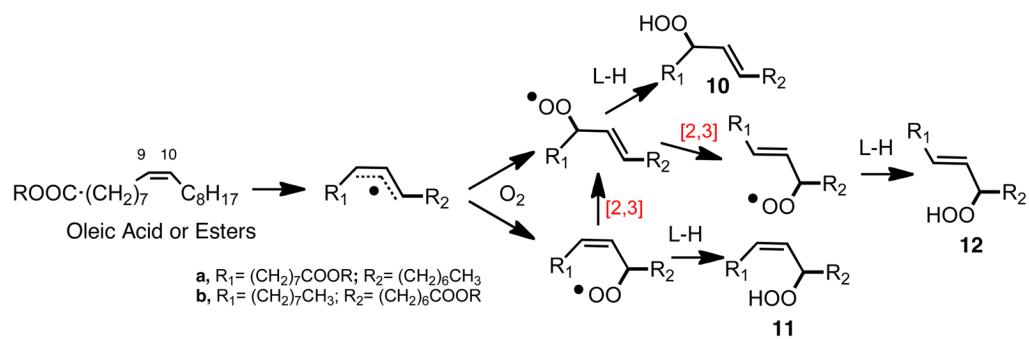
Scheme 2.



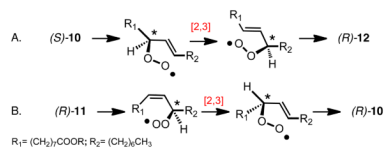
Scheme 3.

**Scheme 4.**

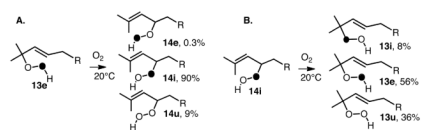
**Scheme 5.**



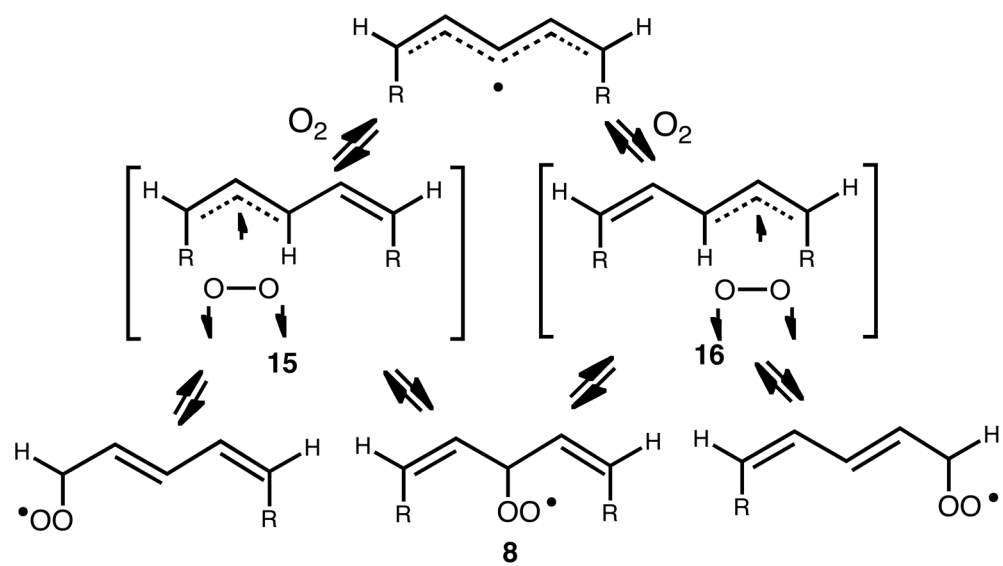
Scheme 6.



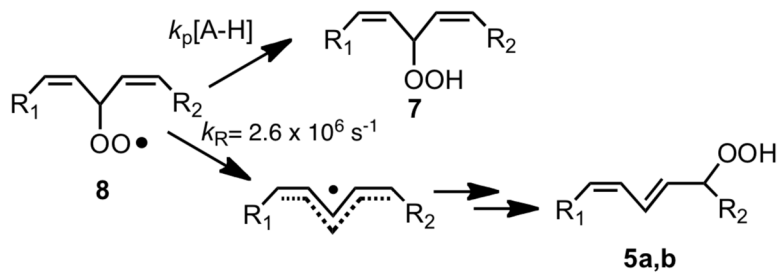
Scheme 7.



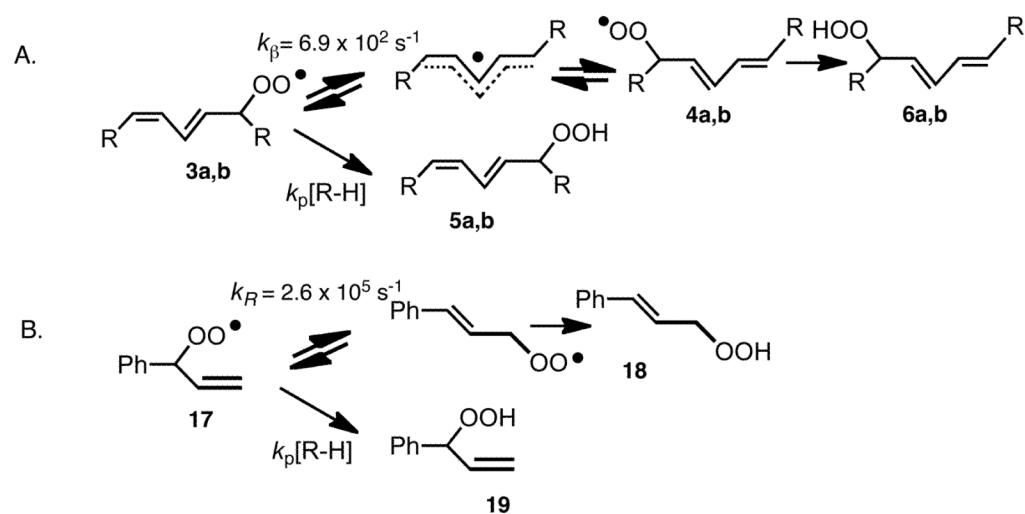
Scheme 8.



Scheme 9.



Scheme 10.



Scheme 11.