

Trafficking of Intracellular Folates^{1,2}

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ABSTRACT

The role of metabolic compartmentation in spatially organizing metabolic enzymes into pathways, regulating flux through metabolic pathways, and controlling the partitioning of metabolic intermediates among pathways is appreciated, but our understanding of the mechanisms that establish metabolic architecture and mediate communication and regulation among interconnected metabolic pathways and networks is still incomplete. This review discusses recent advancements in our understanding of metabolic compartmentation within the pathways that constitute the folate-mediated one-carbon metabolic network and emerging evidence for a need to regulate the trafficking of folates among compartmentalized metabolic pathways. *Adv. Nutr.* 2: 325–331, 2011.

Introduction

The role of metabolic compartmentation in spatially organizing metabolic enzymes into pathways, regulating flux through metabolic pathways, and controlling the partitioning of metabolic intermediates among pathways has been appreciated for decades (1–3). However, our understanding of the underlying mechanisms that establish metabolic architecture and mediate communication and regulation among interconnected metabolic pathways and networks is still incomplete. Cellular metabolic compartmentation can be achieved by isolating pathways within physical barriers (such as the mitochondrion, lysosome, or nucleus) and also through multienzyme complexes that transiently and reversibly assemble, referred to as metabolons, which can exist within the cytoplasm or cellular organelles (4,5). The formation of metabolic complexes provides another layer of regulation at the level of complex assembly, which can be largely independent of the kinetic properties of the individual enzymes that constitute the pathways. Moreover, metabolon formation can enable metabolic channeling of substrates, which refers to the direct transfer of substrates and products among enzymes along a pathway. Metabolic channeling circumvents the need for diffusion-mediated delivery of substrates among enzymes and thereby can accelerate metabolic flux through a pathway. Furthermore, channeling permits regulated partitioning of substrates at metabolic branch-points within metabolic networks and stabilizes labile metabolic intermediates. This review discusses recent advancements in our

understanding of metabolic compartmentation within the pathways that constitute the folate-mediated one-carbon metabolic network and emerging evidence for a need to regulate the trafficking of folates among compartmentalized metabolic pathways.

Current status of knowledge

Chemical and physical properties of folate cofactors and metabolic channeling

The necessity for metabolic compartmentation of the pathways that constitute folate-mediated one-carbon metabolism and the potential for metabolic channeling of folate cofactors among folate-dependent enzymes has been inferred from knowledge of the physical and chemical properties of folate cofactors and is supported by both theoretical and empirical evidence. Tetrahydrofolates (THF)³ are water-soluble B vitamins that contain 3 distinct chemically linked moieties: 1) a fully reduced pterin ring; 2) a *p*-aminobenzoyl group; and 3) the amino acid glutamate. They are the form of the vitamin that is absorbed in the intestine from natural food (Fig. 1). Folic acid, an oxidized, chemically stable, and synthetic provitamin present in fortified foods and vitamin supplements, is also absorbed across the intestinal epithelium by the proton-coupled folate transporter (6) and then reduced to THF. Serum folates circulate as monoglutamate derivatives

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³ Abbreviations used: AICAR Tfase, aminoimidazolecarboxamide ribonucleotide transformylase; DHF, dihydrofolate; DHFR, dihydrofolate reductase; FDH, formyltetrahydrofolate dehydrogenase; GAR Tfase, glycinamide ribonucleotide transformylase; MTHFD1, methylenetetrahydrofolate dehydrogenase; MTHFR, methylenetetrahydrofolate reductase; MTHFS, methenyltetrahydrofolate synthetase; SHMT, serine hydroxymethyltransferase; THF, tetrahydrofolate; TYMS, thymidylate synthase.

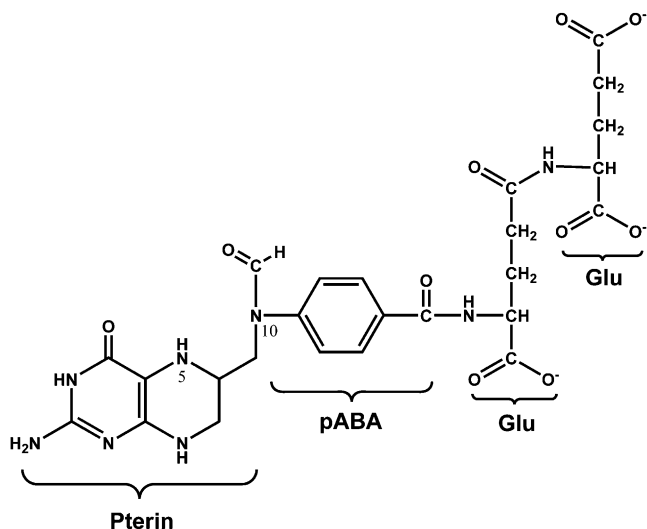


Figure 1 Structure of 10-formyl-tetrahydrofolate diglutamate. pABA, para-aminobenzoate.

and are imported into cells through either the reduced folate carrier or through a receptor-mediated endocytosis of the folate receptors (7,8). Once transported into cells, the vitamin is processed to a metabolic cofactor by the addition of a polyglutamate peptide comprised of up to 9 glutamate residues linked by unusual γ -peptide linkages and is substituted with a one-carbon moiety at the N5 and/or N10 position at the oxidation level of formate (e.g. 10-formylTHF), formaldehyde (5,10-methyleneTHF) or methanol (5-methylTHF) (9). The glutamate polypeptide serves to retain the vitamin within cells and to increase its affinity for folate-dependent enzymes.

Early elucidation of the chemical properties of reduced folate cofactors indicated that metabolic channeling may be necessary to prevent the oxidative degradation of folate cofactors (10). Many folate cofactors, including THF, dihydrofolate (DHF), and 10-formylTHF, are chemically labile and susceptible to irreversible oxidative degradation (10). In vitro, THF in solution has a half-life of minutes in the absence of reduced thiols and ascorbate (11), yet the mean residency time of whole-body folate in humans can exceed 100 d (12). Foliates have been shown to be stabilized and protected from oxidative degradation when bound to protein (10), indicating that the elimination of diffusion-mediated transfer of folate cofactors among enzymes may be necessary to decrease random oxidation events. Second, metabolic channeling of folate coenzymes is predicted by estimates of cellular folate concentrations compared to total cellular folate binding capacity. Several studies indicate that the cellular concentration of folate-binding enzymes and proteins exceeds, by severalfold, the cellular concentration of folate cofactors (13). Considering that most cellular folate-binding proteins bind folate cofactors with dissociation constants in the nanomolar range, and folate enzymes are present in the micromolar range in liver (14,15), it is apparent that cellular folates are protein bound with limited opportunity

to accumulate in the cellular milieu. Last, there is evidence that folate-dependent enzymes within metabolic pathways physically associate. Several folate-binding proteins are multifunctional proteins with contain 2 or more folate-dependent activities and active sites on a single polypeptide (16), and in vitro kinetic studies have demonstrated direct transfer of the folate cofactor between these active sites without the need for dissociation of the enzyme-folate complex (17). Furthermore, there is also kinetic evidence of folate cofactor channeling between enzyme active sites from distinct proteins in metabolic pathway reconstitution experiments (18). It has been suggested that direct transfer of the cofactor among enzyme active sites is facilitated by the γ -glutamyl polypeptide moiety of the cofactor (18).

Folate-mediated one-carbon metabolism

Folate cofactors have been identified in all subcellular organelles (19), but the vast majority of folate cofactors are distributed between the cytoplasm and mitochondria (20). Because folate cofactors are not known to function in any other cellular process other than metabolism, it has been assumed that metabolic processes occur wherever these cofactors are present, with the exception of the lysosome, where folate polyglutamates can be converted to folate monoglutamates through the activity of γ -glutamyl hydrolase (21).

Folate polyglutamates function in cells as a family of metabolic cofactors that chemically activate and accept or donate single carbons. Folate-mediated one-carbon metabolism in the cytoplasm includes 3 interdependent biosynthetic pathways that catalyze the de novo synthesis of purine nucleotides, thymidylate (dTMP), and the remethylation of homocysteine to methionine (Fig. 2). Methionine is a precursor for the synthesis of *S*-adenosylmethionine (AdoMet or SAM), a cofactor and methyl group donor for numerous methylation reactions, including the methylation of cytosine bases in DNA, histones, RNA, neurotransmitters, and other small molecules, phospholipids, and other proteins. *S*-adenosylmethionine-dependent methylation reactions serve to regulate fundamental biological processes, including gene transcription, mRNA translation, cell signaling (22), protein localization (23), and the degradation of small molecules (24). Although one-carbons can be derived directly in the cytoplasm from the catabolism of histidine, purines, and serine (9), the primary source of one-carbons for cytoplasmic one-carbon metabolism comes from formate that is derived from mitochondrial one-carbon metabolism (25–27). Serine is a primary source of one-carbon units for cytoplasmic one-carbon metabolism (9), mainly through its conversion to formate in mitochondria (25,27,28).

Compartmentation of one-carbon metabolism in the mitochondrion

Mitochondria contain as much as 40% of total cellular folate (19,20). Foliates are transported into mitochondria in the monoglutamate form through the activity of the mitochondrial folate transporter SLC25A32 (29). Folate polyglutamates in mitochondria are a distinct pool that are not in equilibrium with folate polyglutamates in the cytoplasm (20). Genetic

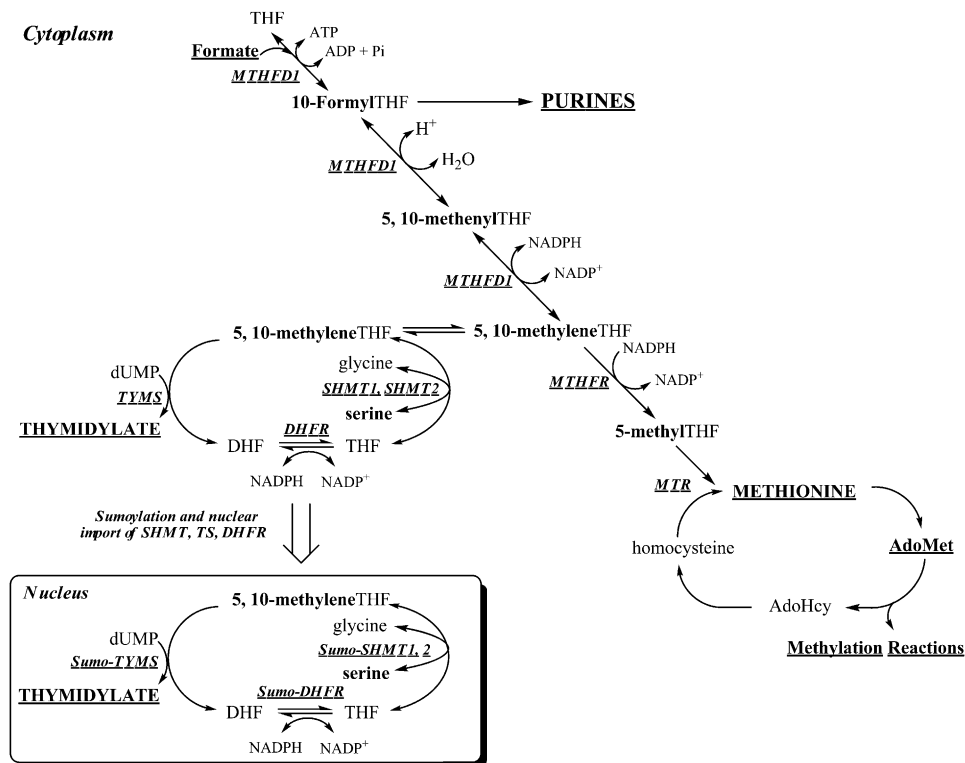


Figure 2 Compartmentation of folate-mediated one-carbon metabolism in the cytoplasm and nucleus. One-carbon metabolism in the cytoplasm is required for the de novo synthesis of purines and thymidylate and for the remethylation of homocysteine to methionine. One-carbon metabolism in the mitochondria is required to generate formate for one-carbon metabolism in the cytoplasm. One-carbon metabolism in the nucleus synthesizes thymidylate from uridylylate and serine. MTR, methionine synthase; TYMS, thymidylate synthase; Pi, phosphate.

disruption of folate metabolism in mitochondria of Chinese hamster ovary cells results in a glycine auxotrophy, indicating glycine synthesis from serine is an essential role of one-carbon metabolism in this compartment (30,31). One-carbon metabolism is also necessary to form fMet-tRNA from Met-tRNA using 10-formylTHF as a cofactor for the initiation of mitochondrial protein synthesis and to synthesize formate from 10-formylTHF for cytoplasmic one-carbon metabolism. Formate is derived from the catabolism of serine, glycine, dimethylglycine, and sarcosine (32) (Fig. 2). The THF-dependent catabolism of these amino acids each generates 5,10-methyleneTHF, which is subsequently oxidized to 5,10-methenylTHF and then to 10-formylTHF in a reaction catalyzed by the bifunctional enzymes MTHFD2 (33,34) and MTHFD2L (35). MTHFD1L then liberates formate from 10-formylTHF (32,36). Formate derived in mitochondria traverses to the cytoplasm to support cytoplasmic one-carbon metabolism (25). A comprehensive review of mitochondrial folate metabolism recently has been published (37).

Evidence for metabolic compartmentation in the cytoplasm and nucleus and need for intracellular trafficking folate among compartmentalized pathways

The 3 cytoplasmic pathways that comprise folate-mediated one-carbon metabolism have been suggested to function in a metabolic network that interconnects the 3 biosynthetic pathways, namely de novo purine biosynthesis, de novo dTMP biosynthesis, and homocysteine remethylation. In this model, the 3 pathways compete for a limiting pool of folate cofactors as illustrated in Figure 2. Mathematical models

have been generated to predict metabolic flux through the network based on the kinetic properties of the individual enzymes (38,39). This concept of metabolic competition within the folate network has been supported in part through kinetic isotope tracer as well as empirical evidence through stable isotope studies (9). The competition for folate cofactors is viewed as being especially keen for 5,10-methyleneTHF between de novo dTMP biosynthesis and homocysteine remethylation (27,40), and this includes human carriers of a common genetic variant in the MTHFR gene (677 C → T) who exhibit less MTHFR enzymatic activity due to thermostability of the enzyme (41). Because MTHFR generates 5-methylTHF from 5,10-methyleneTHF for homocysteine remethylation, homozygous carriers of the less active MTHFR variant therefore exhibit higher mean rates of de novo dTMP biosynthesis (42). However, the model of direct substrate competition between folate-dependent pathways is being challenged by more recent studies, which are demonstrating that both de novo purine biosynthesis and de novo dTMP biosynthesis pathways are transiently isolated from the other folate-dependent pathways through both dynamic physical compartmentation and metabolon formation. The transient compartmentation of these pathways adds additional dimensions and complexity to regulation of these pathways, including the requirement to colocalize enzymes, as well as the necessity for trafficking mechanisms to mobilize folate cofactors among compartmentalized pathways.

De novo dTMP biosynthesis

The folate-dependent pathway for the de novo synthesis of dTMP from deoxyuridylylate involves the enzymes thymidylate

synthase (TYMS), serine hydroxymethyltransferase (SHMT), the trifunctional enzyme methylenetetrahydrofolate dehydrogenase (MTHFD1) and DHF reductase (DHFR). 5,10-MethyleneTHF is the one-carbon donor for this reaction in which TYMS converts deoxyuridylate to dTMP and DHF (9). This is the only folate-dependent reaction whereby the folate cofactors serve both as one-carbon donors and sources of 2 electrons through the oxidation of THF to DHR. The THF cofactor is regenerated from DHF in a reaction catalyzed by the NADPH-dependent enzyme DHFR. The 3rd step required to complete the de novo dTMP synthesis cycle is the generation of 5,10-methyleneTHF, which can be derived from formate, ATP, NADPH, and THF catalyzed by the trifunctional enzyme MTHFD1 or by vitamin B-6-dependent SHMT, which catalyzes the transfer of the hydroxymethyl group of serine to THF to generate glycine and 5,10-methyleneTHF (Fig. 2). Isotope tracer studies have demonstrated that 5,10-methyleneTHF generated by SHMT is preferentially incorporated into dTMP compared to 5,10-methyleneTHF generated by MTHFD1 (27). This preferential enrichment of SHMT-derived 5,10-methyleneTHF into dTMP is consistent with compartmentation of SHMT with TYMS, which was subsequently demonstrated to involve cell cycle-dependent nuclear localization of SHMT, TYMS, and DHFR in the nucleus (43–45).

The concept that one-carbon metabolism occurs in the nucleus was suggested as early as 1976 when Shin et al. (19) at the University of California at Berkeley determined that 10% of total cellular folate was present in nuclei of rat liver following injection of [³H] folic acid. In this study, >95% of nuclear folate was present in the polyglutamate form, indicating that nuclear folate could serve as a metabolic cofactor. In 1980, Prem veer Reddy and Pardee (46) reported the isolation of a nuclear-localized multienzyme complex involved in DNA synthesis in Chinese hamster embryo fibroblast cells. The enzyme activities were present in nuclear fractions from S-phase cells, whereas the enzyme activities were localized to the cytoplasm in G1 phase cells. The authors proposed that DNA precursor synthesis occurs within a multienzyme complex termed a replitase, which assembles in proximity to the DNA replication machinery during the S-phase of the cell cycle. Nuclear TYMS was shown to form part of a putative replitase complex along with DNA polymerase α , ribonucleotide reductase, thymidylate kinase, nucleotide diphosphate (NTP) kinase, and the folate-dependent enzyme DHFR (46–48). More recently it has been shown that ribonucleotide reductase localizes to the cytoplasm in mammalian cells (49). This study was based on earlier work by Mathews et al. (50) investigating bacteriophage T4-infected cells. In a series of studies, multienzyme complexes involved in the synthesis of deoxyribonucleotides were shown to be physically associated with the DNA replication machinery, indicating that DNA precursor synthesis occurs at the site of DNA synthesis in prokaryotes.

The identification of the replitase suggested the possibility that deoxyribonucleotide synthesis and folate-mediated one-carbon metabolism occurred in the nucleus of eukaryotic

cells. In support of the replitase concept, TYMS was physically localized within the nucleus in several mammalian cell types, indicating that folate-dependent de novo biosynthesis could occur in the nuclear compartment (44,46,51–54). However, localization studies in *Saccharomyces cerevisiae* indicated that although TYMS was associated with purified nuclei, it was present only on the nuclear envelope and/or endoplasmic reticulum membrane exterior surface but was not within the lumen (55). More recent studies have directly demonstrated that nuclei isolated from mouse liver can synthesize [³H] dTMP from [³H] serine, indicating that nuclei contain the entire folate-dependent de novo dTMP pathway (45). SHMT, TYMS, and DHFR were also found to be present in nuclei isolated from mouse liver (44,45). In human Michigan Cancer Foundation-7 (MCF-7) cells, nuclear localization was restricted to the S and G₂M phases of the cell cycle (45). Interestingly, both SHMT isozymes function in nuclear thymidylate biosynthesis. *SHMT1* encodes a protein that localizes to the cytoplasm and nucleus, whereas *SHMT2* encodes 2 transcripts that serve as templates for the synthesis of a mitochondrial isozyme (SHMT2) and a cytoplasmic/nuclear isozyme (SHMT2 α). Nuclear localization of the enzymes involved in nuclear thymidylate biosynthesis occurs through the UBC9-mediated modification with the small ubiquitin-like modifier (SUMO), which targets proteins for nuclear localization during S-phase (43,44). A common *SHMT1* variant, C1420T, results in an amino acid substitution, L474F, that prevents SHMT SUMOylation and modifies risk for cardiovascular disease and acute lymphocytic leukemia (43). Collectively, these studies provide direct evidence for cell cycle-dependent nuclear dTMP biosynthesis in the nucleus.

There are many unanswered questions regarding the role and regulation of nuclear de novo dTMP biosynthesis. Nothing is known about the transport, processing, and accumulation of folates into the nucleus, the one-carbon forms of folate present in the nucleus, and the relationship between cell cycle dependency of de novo dTMP biosynthesis and cell cycle-dependent accumulation of nuclear folate. Active transport of folates into the nucleus may not be required, because the nuclear membrane breaks down and reassembles with each cell division, offering the opportunity to capture folate cofactors from the cytoplasm into the nucleus during each mitotic event. Such a passive accumulation of folates negates the need for transport of folate monoglutamates and subsequent polyglutamylation into the nucleus, but lacks specificity. This mechanism would result in the sequestering of all folate one-carbon forms in the nucleus, including 5-methylTHF, which is the predominate form of folate in the cytoplasm. However, only THF, DHF, and methyleneTHF are involved in the dTMP biosynthesis pathway, and 5-methylTHF is a potent inhibitor of SHMT1 and SHMT2 (56). Alternatively, folates may traverse the nuclear membrane bound to TYMS, SHMT, or DHFR, a mechanism that does not preclude the transport of inhibitory 5-methylTHF into the nucleus.

The biological rationale for dTMP biosynthesis in the nucleus, but not purine deoxyribonucleotide biosynthesis,

remains unexplained. Recently, the salvage pathway for dTMP synthesis has also been localized to the nucleus (57). Thymidine is unique from other deoxyribonucleotides required for DNA replication in that its metabolic precursor, deoxyuridine nucleotide, can be incorporated into DNA during replication. Decreased rates of deoxythymidine triphosphate synthesis (58) results in incorporation of dUTP into DNA, because DNA polymerases do not discriminate between dUTP and deoxythymidine triphosphate (58). It remains to be established if the presence of the entire de novo dTMP synthesis is located directly at the replication fork during DNA synthesis to limit the accumulation of uracil into DNA or rather serves other purposes.

De novo purine biosynthesis

Nucleotide biosynthesis can occur either through salvage pathways or through de novo biosynthesis. De novo purine nucleotide biosynthesis is a 10-step pathway that is folate dependent, with 10-formylTHF supplying the number 2 and number 8 carbon of the purine ring through the activities of glycinamide ribonucleotide transformylase (GAR Tfase) and aminoimidazolecarboxamide ribonucleotide transformylase (AICAR Tfase). Alternatively, purine nucleotides can be synthesized through the single-step salvage pathway in which hypoxanthine and phosphoribosyl pyrophosphate are condensed to form inosine monophosphate, a precursor for AMP and GMP synthesis. The purine salvage pathway strongly inhibits the de novo salvage pathway through feedback inhibition of the de novo pathway by purine nucleotides synthesized through the salvage pathway (59,60), and this has been the presumed mechanism whereby de novo purine biosynthesis is inhibited when the salvage pathway is active.

More recent studies have indicated another mechanism, whereby the salvage pathway regulates the de novo purine nucleotide biosynthesis pathway. The 6 enzymes that constitute the de novo synthesis pathway have been shown to form a multicomplex or metabolon in the cytoplasm referred to as the purinosome (Fig. 3) (61). The complex forms reversibly and once formed, it dissociates upon exposure to exogenous purines nucleotides or casein kinase II inhibitors (62), thereby indicating another potential mechanism whereby the salvage pathway regulates de novo purine nucleotide biosynthesis in addition to feedback inhibition (61).

The identification of the purinosome and knowledge that de novo purine biosynthesis only occurs when the salvage pathway is not functional indicate that although the enzymes that constitute the de novo synthesis pathway are present in the cytoplasm, the pathway is not functional until the multi-enzyme complex is established. The compartmentation of the purinosome within the cytoplasm requires a delivery mechanism to supply the complex with chemically labile 10-formylTHF cofactors and, similarly, a mechanism to remove THF following catalysis. MTHFD1, which synthesizes 10-formylTHF from formate and THF, is the most obvious candidate to deliver 10-formylTHF to the purinosome; however, this enzyme was shown not to colocalize with purinosome (61). Methenyltetrahydrofolate synthetase (MTHFS)

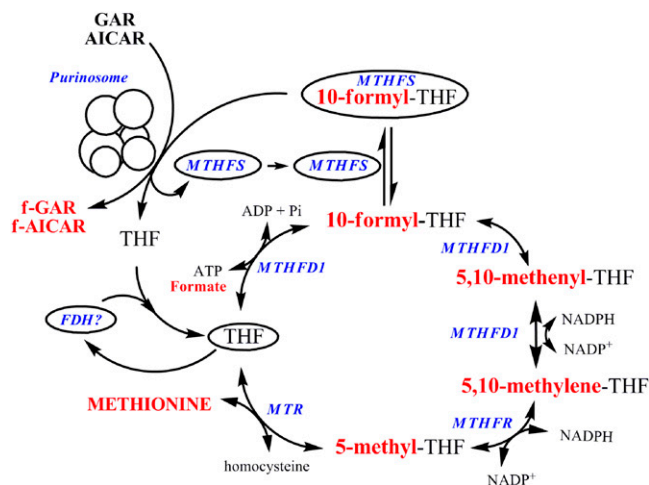


Figure 3 Putative trafficking of folate in the cytoplasm. The one-carbon unit is shown in red. f-GAR, formyl-GAR; f-AICAR, formyl-AICAR; Pi, phosphate.

has been proposed to be another candidate enzyme to deliver 10-formylTHF to GAR Tfase and AICAR Tfase within the purinosome (63). MTHFS catalyzes the ATP-dependent conversion of 5-formylTHF to 5,10-methenylTHF in a reaction that regulates the levels of 5-formylTHF, but also binds 10-formylTHF tightly as a tight-binding inhibitor. Increased expression of MTHFS in cells enhances rates of de novo purine biosynthesis and also protects de novo purine biosynthesis from antifolate inhibitors that target GAR Tfase and AICAR Tfase (63–65). Recently, we have validated experimentally that MTHFS colocalizes with the purinosome (Fig. 3).

10-Formyltetrahydrofolate dehydrogenase (FDH) is a candidate protein to remove THF from the purinosome and deliver the unsubstituted cofactor to either SHMT or MTHFD1 to regenerate 5,10-methyleneTHF or 10-formylTHF, respectively. FDH catalyzes the conversion of 10-formylTHF and NADP⁺ to THF and CO₂. FDH exhibits strong product inhibition by THF, which binds tightly with a dissociation constant of 15 nmol/L (13). FDH product inhibition by THF is eliminated in vitro in the presence of either SHMT or MTHFD1, suggesting the potential for rapid transfer of THF between these enzymes potentially through substrate channeling. However, there is no evidence to date for a physical interaction between FDH and the purinosome, SHMT, or MTHFD1.

The homocysteine remethylation pathway

The folate-dependent remethylation of homocysteine to methionine in the cytoplasm requires the reduction of methyleneTHF to 5-methylTHF in an NADPH-dependent reaction catalyzed by MTHFR (Fig. 3). The 5-methylTHF cofactor is the one-carbon donor for folate-dependent homocysteine remethylation, which is catalyzed by methionine synthase. This reaction requires vitamin B-12 in the form of cobalamin to convert 5-methylTHF and homocysteine to methionine and THF. Because the MTHFR-catalyzed generation of

5-methyl-THF is essentially irreversible in vivo, accumulation of 5-methyl-THF can impair purine and thymidylate de novo biosynthesis, which occurs in severe vitamin B-12 deficiency. The enzymes MTHFD1, MTHFR, and methionine synthase constitute a metabolic cycle capable of converting formate and homocysteine to form methionine, but there is no evidence in the literature that these enzymes associate or are compartmentalized in the cytoplasm. Further research is needed to determine if and how the homocysteine remethylation cycle is compartmentalized.

Conclusions

There is increasing evidence that individual folate-dependent pathways are compartmentalized both within organelles and/or through the formation of multi-enzyme metabolons. These recent observations support early studies that inferred metabolic compartmentation and substrate channeling from the chemical and physical properties of folate cofactors, as well as kinetic and in vitro reconstitution studies of metabolic pathways (18). These studies are leading to a new appreciation of the relationships among folate-dependent pathways, which may not be regulated by direct competition of folate cofactors by folate-dependent enzymes but rather mediated by the partitioning and trafficking of folate cofactors among these pathways. The elucidation of the trafficking of folate cofactors among these complexes, their regulation, and impact of metabolic flux will be the next challenge to understanding folate-dependent one-carbon metabolism and its relationship to human health and disease.

Acknowledgments

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