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## Sex differences in the phosphorylation of mitochondrial proteins result in reduced production of reactive oxygen species and cardioprotection in females

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### Abstract

**Rationale**—Although pre-menopausal females have a lower risk for cardiovascular disease, the mechanism(s) are poorly understood.

**Objective**—We tested the hypothesis that cardioprotection in females is mediated by altered mitochondrial protein levels and/or post-translational modifications.

**Methods and Results**—Using both an *in vivo* and an isolated heart model of ischemia and reperfusion (I/R), we found that females had less injury than males. Using proteomic methods we found that female hearts had increased phosphorylation and activity of aldehyde dehydrogenase-2 (ALDH2), an enzyme that detoxifies ROS generated aldehyde adducts, and that an activator of ALDH2 reduced I/R injury in males but had no significant effect in females. Wortmannin, an inhibitor of PI3K, blocked the protection and the increased phosphorylation of ALDH2 in females, but had no effect in males. Furthermore, we found an increase in phosphorylation of  $\alpha$ -ketoglutarate dehydrogenase ( $\alpha$ KGDH) in female hearts.  $\alpha$ KGDH is a major source of ROS generation particularly with a high NADH/NAD ratio which occurs during I/R. We found decreased ROS generation in permeabilized female mitochondria given  $\alpha$ KGDH substrates and NADH, suggesting that increased phosphorylation of  $\alpha$ KGDH might reduce ROS generation by  $\alpha$ KGDH. In support of this hypothesis, we found that PKC dependent phosphorylation of purified  $\alpha$ KGDH reduced ROS generation. Additionally, myocytes from female hearts had less ROS generation following I/R than males and addition of wortmannin increased ROS generation in females to the same levels as in males.

**Conclusion**—These data suggest that post-translational modifications can modify ROS handling and play an important role in female cardioprotection.

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### Disclosures

None

## Keywords

gender difference; cardioprotection; mitochondria; proteomics; aldehyde dehydrogenase

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## Introduction

Many epidemiological studies have demonstrated that pre-menopausal women have a reduced risk of cardiovascular disease compared to their male counterparts<sup>1</sup> and that in post-menopausal women the risk reaches or even exceeds the rates for men. In contrast, two large prospective clinical trials, the Heart and Estrogen-Progestin Replacement Study and Women's Health Initiative (WHI), failed to show reduced cardiac events in postmenopausal women on hormone replacement therapy (HRT). Possible reasons for the discrepancy are discussed elsewhere<sup>2</sup>. The lack of protection in the WHI also contrasts with protection that is observed in a number of animal studies in which estrogen has been shown to be protective<sup>3–14</sup>. In order to understand why HRT was not protective in the WHI, it is important to understand the mechanism by which estrogen mediates protection.

The effects of estrogen are usually attributed to estrogen binding to estrogen receptors (ER)  $\alpha$  or  $\beta$ , which are nuclear receptors that act as ligand-gated transcription factors. Estrogen binding to ERs has been shown to alter gene expression<sup>15</sup>. A role for estrogen signaling through PI3-kinase has also been reported. It has been proposed that the ER can associate with PI3-kinase in the membrane and that estrogen binding can activate PI3-kinase signaling<sup>16</sup>. Interestingly, an orphan G-protein-coupled receptor, GPR30 has also been suggested to bind estrogen resulting in activation of PI3-kinase and ERK<sup>17</sup>. Activation of the PI3-kinase pathway could contribute to cardioprotection in females, as activation of this pathway has been shown to be cardioprotective<sup>18</sup>. Thus, the protection observed in females could be mediated by altered protein expression or alterations in post-translational modifications mediated by signaling pathways. Recent studies have suggested that mitochondria are a major target of cardioprotective signaling<sup>19, 20</sup>. Furthermore, there are a number of studies suggesting that females have altered mitochondrial function<sup>21–24</sup>.

In this study, we are testing the hypothesis that the protection observed in females is mediated by altered mitochondrial protein levels or post-translational modifications, and that PI3-kinase is an important mediator of these effects. We report that females have altered post-translational modification of several mitochondrial proteins, including ALDH2, a protein that has recently been reported to be involved in cardioprotection<sup>25</sup>. Phosphorylation of ALDH2 and protection in females are blocked by inhibitors of PI3K. We further show reduced generation of ROS by  $\alpha$ -ketoglutarate dehydrogenase ( $\alpha$ -KGDH) in female mitochondria and less ROS production from female mitochondria on reoxygenation following anoxia and from female cardiac myocytes. In addition, *in vitro* phosphorylation of purified  $\alpha$ -KGDH reduces ROS production demonstrating a novel mechanism for reducing ROS production. Taken together, these data suggest that altered phosphorylation of mitochondrial proteins alters ROS handling in female mitochondria.

## Material and Methods

### Animals

All animals (Charles River Laboratory,) were treated in accordance with *Guide for the Care and Use of Laboratory Animals* (National Institutes of Health, 1996). Adult male and female Sprague-Dawley rats were sexually mature (11–13 weeks old). Ovariectomized female Sprague-Dawley rats were purchased from Charles River laboratory and used 3 weeks after

surgery. Estradiol pellets (Innovative Research of America) which administered a dose of 6µg per day were implanted in males for 2 weeks prior to study.

### **Myocardial ischemia**

The *in vivo* left coronary artery occlusion was performed as described in the online supplement. Langendorff perfused hearts were also studied and infarct size and left ventricular developed pressure were measured as described in the online supplement.

### **Mitochondrial and Cardiomyocyte isolation**

Mitochondria and cardiomyocytes were isolated as described in the online supplement.

### **H<sub>2</sub>O<sub>2</sub> production and ALDH activity**

Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) production from isolated heart mitochondria or myocytes was monitored fluorimetrically by measurement of oxidation of Amplex Red to fluorescent resorufin (Invitrogen, Carlsbad, CA). ALDH activity was measured as described in the online supplement.

### **Proteomics**

Details of the Western blot, 2D-DIGE gel electrophoresis (24 and 11cm), and phospho-proteomics detection are provided in the online supplement.

### **Statistics**

Data are presented as mean ± SE. Statistics were performed using ANOVA analysis followed by a Tukey post-hoc test for multiple comparison or t-test for comparison between 2 groups.

## **Results**

### **Females exhibit less ischemia-reperfusion (I/R) injury**

There are no significant male-female differences in hemodynamics during baseline perfusion. Heart rate was 278±18 bpm in males and 288±12 bpm in females. Baseline left ventricular developed pressure (LVDP) was not significantly different between males (152±12 cm water) and females (143±12 cm water). To assess male-female differences in I/R injury we examined whether there were sex differences in post-ischemic contractile function or infarct size. Figure 1 shows that females have less injury than males. Figure 1A shows that compared to male hearts, female hearts have significantly better post-ischemic recovery of rate-pressure product (expressed as a percentage of pre-ischemic RPP). Figure 1B shows that after 30 minutes of ischemia male hearts exhibited significantly more necrosis than females.

To assess the role of estradiol in the cardioprotection observed in females, we examined post-ischemic function and infarct size in intact females compared to ovariectomized (ovx) females. Figure 1C shows that hearts from ovx females had poorer recovery of post-ischemic function than hearts from intact females. Figure 1D shows that hearts from ovx females also exhibited significantly more necrosis than intact females. We also found (Figure 1E and 1F) that treatment of males with estradiol for 2 weeks reduced ischemic injury. We also performed studies to determine if these male-female differences in I/R injury occurred in an *in vivo* model of left coronary artery (LAD) occlusion. The LAD was occluded for 45 min and reperused for 2 hours, and consistent with studies in perfused heart, we observed that females had significantly smaller infarcts (expressed as % of area at risk) than males (Figure 1G).

## Mechanisms responsible for reduce ischemic injury in females

We were interested in elucidating mechanisms involved in the protection observed in females. As mitochondria have been shown to be at the center of cardioprotection, we focused our attention on sex differences in mitochondrial proteins. To examine the basis for the sex differences in protection we used a proteomic approach to determine whether there were male-female differences in mitochondrial proteins. We first performed a series of experiments to assess the purity and integrity of the mitochondria (see Figure I in supplement). The mitochondria show enrichment of mitochondrial markers and lack cytosolic markers (see online supplement Figure I).

**Two-dimensional Differential Gel Electrophoresis (2D-DIGE)**—The protection observed in females is likely to be mediated by either changes in protein levels or changes in post-translational modifications. To determine differences in protein levels and post-translational modifications, mitochondria from male and female hearts were separated by 2D fluorescence difference gel electrophoresis (DIGE). Figure 2 shows a representative 2D-DIGE in which the male samples are indicated in red and female samples in green. If the peptide is present in males and females at similar levels and with the same post-translational modifications, it will be yellow (equal green and red). Peptide spots in red are present at higher levels in males, whereas spots in green are present at higher levels in females. Using the Progenesis software (Nonlinear Dynamics, Durham, NC) a comparison between male and female mitochondrial proteins revealed significant differential expression and/or migration of 25 peptides, which corresponded to 20 proteins because of multiple locations of some peptides due to post-translational modifications (Figure 2 and Table 1). The proteins that were identified by the software as significantly different between males and females, as well as some nearby spots that might be due to post-translational modifications (spots 26–30), were extracted and identified by mass spectrometry using MALDI TOF/TOF (Table 1). Most of the proteins identified are related to metabolism, including control points in the Krebs cycle (isocitrate dehydrogenase, and  $\alpha$ -ketoglutarate dehydrogenase- $\alpha$ KGDH), and several elements of the electron transport chain (NADH dehydrogenase [ubiquinone] 1 $\alpha$ , cytochrome c oxidase subunit VIb isoform 1, and ATP synthase subunit  $\epsilon$ ). These differences could be due to differences in protein expression or to differences in post-translational modifications.

Some of the male-female differences are clearly due to post-translational modification as indicated by the multiple locations of the same protein (e.g. ALDH2, pyruvate dehydrogenase (PDH)-E1 $\alpha$ ). As shown in inset A to Figure 2, for PDH-E1 $\alpha$ , females show an increase in the spot at the higher pI (spot 5) and a decrease in the spot at a lower pI value (spot 7) consistent with a less of an acidifying post-translational modification such as phosphorylation. We confirmed the increase in phosphorylation of PDH-E1 $\alpha$ , in Figure II in the online supplement using ProQ Diamond staining. Because phosphorylation of the E1 subunit of PDH decreases the activity of PDH, the increase in the phosphorylation of this subunit in males would account for the relative reduction in glucose metabolism that we observed previously in males compared to females<sup>10</sup>. This would also be consistent with a study showing increased expression of PDH-kinase in males<sup>27</sup>.

Multiple spots were also identified for the E2 subunit of PDH (spots 2, 26, 27, and 28). Only spot number 2 was significantly elevated in females, but all were identified by mass spectrometry as the E2 component of PDH. Multiple spots were also identified as the E2 subunit of  $\alpha$ -KGDH (spots 3, 29 and 30). The increase in migration at these more acidic pI values in females for the E2 components of PDH and  $\alpha$ -KGDH suggest an increase in phosphorylation in females in these subunits. We confirmed phosphorylation of  $\alpha$ -KGDH in

females using an antibody that recognized PKC substrate phosphorylation sites (data not shown).

**Role of Aldehyde Dehydrogenase 2 in Cardioprotection**—Interestingly, we also noted multiple spots at different pI values for mitochondrial ALDH2. As shown in inset B in Figure 2, females show a decrease in ALDH2 at high pI values (spot 16) and an increase at low pI values (spot 18) consistent with an increase in a post-translational modification such as phosphorylation in females. We also performed 2D DIGE comparing intact females to ovx females and found that compared to intact females, ovx females showed many of the same protein changes as males (see online supplement Figure III). For example, we found that ovx females had less phosphorylation of ALDH2 than hearts from non-ovx females. Interestingly, a recent study showed that PKC $\epsilon$  can phosphorylate ALDH2 and that hearts with increased phosphorylation of ALDH2 had reduced infarct size<sup>25</sup>. We therefore ran 1D and 2D gel electrophoresis and probed with an antibody that recognizes PKC substrate phosphorylation sites<sup>25</sup>. We then striped and then reprobed with an antibody for total ALDH2 to quantitate the ratio of phosphoALDH2 to total ALDH2. Representative gels for male and female are shown in Figure 3A. We also used mass spectrometry to confirm that these spots contained ALDH2. Figure 3B summarized quantitative data on the ratio of phosphoALDH2 to total ALDH2, showing that mitochondria from female hearts have increased phosphorylation of ALDH2. We confirmed that consistent with the increase in phosphorylation that mitochondria from females had an increase in ALDH activity (Figure 3C). Interestingly treatment with estradiol resulted in an increase in phosphorylation of ALDH2 in males (Figure 3B). Consistent with an increase in PKC dependent phosphorylation of ALDH2 in females mitochondria we showed that mitochondria from female hearts have increased mitochondrial PKC $\epsilon$  (Figure 3D).

Chen et al also identified an activator of ALDH2, called Alda-1, which was shown to be cardioprotective<sup>25</sup>. We hypothesized that if phosphorylation and activation of ALDH2 is important in the protection that we observed in female, then addition of Alda-1 should improve recovery of function and reduce infarct size in males to a greater extent than in females (since females already have phosphorylated ALDH2). Consistent with this hypothesis, we observed that Alda-1 reduced post ischemic contractile dysfunction in males but not in females (Figure 4A). Alda-1 also reduced infarct size in male (Figure 4B), but not in female hearts. We similarly hypothesized that a PKC activator such as DOG (1,2-dioctanoyl-*sn*-glycerol), might be more protective in males than in females. We therefore perfused male and female hearts with DOG and consistent with the hypothesis we observed that DOG treatment improved recovery of function and decreased infarct size in male, but not in female hearts (Figure 4C, D). In addition we also tested whether a PKC inhibitor would block the protection that we observe in females. As shown in Figure 4E and F we find that Ro-31-7549, a PKC inhibitor blocked the protection observed in females.

We were also interested in determining whether the changes such as the increase in phosphorylation of ALDH2 observed in females at baseline persisted during ischemia and reperfusion. We therefore performed 2D-DIGE after 30 minutes of ischemia and 10 minutes of reperfusion and as shown in the online supplement (Figure IV), many of the changes such as the increase in phosphorylation of ALDH2 in females persisted during ischemia and reperfusion.

**Role of PI3-kinase**—Because estrogen has been reported to signal by activation of the PI3-kinase pathway, we were interested in determining if inhibition of the PI3-kinase pathway with wortmannin (WM) would block the protection and/or block the increased phosphorylation of ALDH2 that was observed in females. As shown in Figures 4G and H, addition of WM, 10 minutes prior to ischemia, increased post-ischemic contractile



dysfunction and increased infarct size in females but not in males. Because WM blocked the protection observed in females, we were interested in determining whether the increase in phosphorylation of ALDH2 would also be blocked by WM. As shown in Figure 3B, there was significantly less phosphorylation of ALDH2 in female hearts treated with WM compared to female hearts without WM. These data suggest that addition of WM concomitantly blocks the increased phosphorylation of ALDH2 and the protection observed in females. Figure 3B also shows that WM had no effect on phosphorylation in males.

**Role of  $\alpha$ -KGDH in cardioprotection**—In Figure 2 we observed male-female differences in the isoelectric shift of  $\alpha$ -KGDH. We confirmed phosphorylation of  $\alpha$ -KGDH in females using an antibody that recognized PKC substrate phosphorylation sites (data not shown). We were interested in identifying potential functional consequences of the modification of this dehydrogenase. NAD is a substrate for  $\alpha$ -KGDH and it has been shown that  $\alpha$ -KGDH can generate ROS<sup>28, 29</sup>, particularly under conditions of high NADH/NAD<sup>29</sup>. In Figure 5A, we added  $\alpha$ -ketoglutarate and CoA-SH (substrates for  $\alpha$ -KGDH) to permeabilized mitochondria in the absence of the substrate NAD, on addition of NADH there was a striking increase in ROS production in male compared to females. These data are consistent with previous studies<sup>28</sup> showing that high NADH levels increase ROS production by  $\alpha$ -KGDH. These data suggest that  $\alpha$ -KGDH in female mitochondria is less susceptible to generation of ROS under conditions of high NADH/NAD.

As high NADH levels are present during anoxia or ischemia and at the start of reoxygenation, and as the start of reoxygenation is a time in which production of ROS increases, we examined whether there were male-female differences in ROS production following anoxia and reoxygenation. Using Amplex red we measured H<sub>2</sub>O<sub>2</sub> production by mitochondria from males and females under normoxia conditions, and we found no significant difference between the groups (Figure 5B). We next examined whether there were male-female differences in ROS production in mitochondria that were subjected to anoxia and reoxygenation. We observed that on reoxygenation, after 30 minutes of anoxia, ROS generation by male mitochondria is markedly increased compared to normoxic mitochondria, whereas ROS generation was only mildly increased in females (see Figure 5C). The ROS production in male mitochondria on reperfusion was significantly greater than in female mitochondria.

Our data show that females have altered post-translational modification of  $\alpha$ -KGDH and less ROS production. To examine the hypothesis that increased phosphorylation of  $\alpha$ -KGDH might be causally involved in the decrease in  $\alpha$ -KGDH mediated ROS production, we tested whether *in vitro* phosphorylation of purified  $\alpha$ -KGDH might alter ROS production of  $\alpha$ -KGDH. The NetPhosK web site (<http://www.cbs.dtu.dk/services/NetPhosK/>) identified PKC as a likely kinase to phosphorylate  $\alpha$ -KGDH.

Initially we wanted to verify that recombinant, active PKC $\epsilon$  can induce *in vitro* phosphorylation of  $\alpha$ -KGDH. As shown in Figure 6A, addition of recombinant active PKC $\epsilon$  to purified  $\alpha$ -KGDH resulted in phosphorylation of  $\alpha$ -KGDH. To determine if increased phosphorylation of  $\alpha$ -KGDH alters ROS generation, we phosphorylated  $\alpha$ -KGDH with PKC $\epsilon$  and measured ROS generation using Amplex Red. As illustrated in Figure 6B and C, phosphorylated  $\alpha$ -KGDH exhibits significantly less ROS production when Co-A,  $\alpha$ -KG and NADH are added. Addition of NAD prevents the increase in ROS production by both phosphorylated and non-phosphorylated  $\alpha$ -KGDH.

Since we found that WM blocked the protection in females (see Figure 4), we were interested in determining whether the reduced ROS production observed in females after anoxia and reoxygenation can be blocked by WM. We treated male and females cardiac

myocytes with 100nM WM just prior to simulated ischemia (30min) and we observed that ROS production after simulated ischemia was significantly higher in females myocytes in the presence of WM compared to the absence of WM (Slopes female WM:  $4.7 \pm 1.1$ ; female control:  $1.4 \pm 0.2$ ;  $p < 0.05$ ). In contrast, WM had no effect on ROS production in males on reoxygenation following simulated ischemia (Slopes male WM:  $3.4 \pm 1.4$ ; male control:  $4.7 \pm 1.0$ ;  $p > 0.05$ ) and males were similar to females plus WM (Figure 7A, B, C).

## Discussion

In this study we report that females have less ischemia-reperfusion injury than males both *in vivo* and in an isolated perfused heart model. Because mitochondria play a central role in ischemia reperfusion injury, we examined male-female differences in the mitochondrial proteome and identified a number of mitochondrial proteins that have male-female differences in post-translational modification. In particular we find that males have increased phosphorylation of the PDH-E1 $\alpha$  subunit and females have increased phosphorylation of ALDH2, and the E2 subunit of  $\alpha$ -KGDH.

PDH catalyzes the conversion of pyruvate to acetyl-CoA. PDH activity is inhibited by phosphorylation of the PDH-E1 $\alpha$  subunit. The sex differences in phosphorylation of PDH-E1 $\alpha$  are consistent with a recent report that females have decreased mRNA expression of PDH kinase<sup>27</sup>. The increased phosphorylation of PDH-E1  $\alpha$  in males is consistent with our previous finding that compared to females, males have a lower ratio of carbohydrate/fatty acid metabolism. Churchill et al.<sup>30</sup> showed that  $\delta$ PKC translocation to the mitochondria during reperfusion resulted in inhibition of PDH and increase injury. Activation of PDH has been shown to be beneficial<sup>31</sup>. Thus a decrease in phosphorylation (and an increase in activity) of PDH in females would be expected to reduce ischemic injury. In addition to being a key regulator of metabolism, PDH and  $\alpha$ -KGDH are responsible for a significant amount of ROS generated by mitochondria<sup>28, 29, 32</sup>. Interestingly we find male-female differences in phosphorylation of  $\alpha$ -KGDH. In the absence of NAD, oxygen can act as an electron acceptor for  $\alpha$ -KGDH, thereby generating superoxide. Also the lipoamide dehydrogenase that is present in  $\alpha$ -KGDH and PDH is capable of functioning as an NADH oxidase leading to H<sub>2</sub>O<sub>2</sub> generation<sup>28</sup>. The generation of ROS by  $\alpha$ KGDH is dependent on the NADH/NAD ratio; a high ratio enhances ROS formation. This observation led us to speculate that the modification of  $\alpha$ -KGDH observed in females might attenuate the ROS generation by  $\alpha$ -KGDH. Consistent with this hypothesis we found reduced ROS formation in female mitochondria after addition of  $\alpha$ -ketoglutarate and CoA-SH with addition of NADH. To further test this hypothesis we phosphorylated purified  $\alpha$ -KGDH by addition of active PKC and showed that addition of substrates and NADH to phosphorylated  $\alpha$ -KGDH resulted in less ROS generation than was observed with non-phosphorylated  $\alpha$ -KGDH. NADH levels at the start of reperfusion are higher and therefore might be expected to cause a larger increase in ROS via  $\alpha$ -KGDH in males than in females. Studies in Figure 5 confirmed this hypothesis. We also find that WM blocks the reduction in ROS observed in females following ischemia-reperfusion (Figure 7).

Our finding of less ROS generation in female mitochondria is also consistent with other reports in the literature<sup>21-24</sup>. However, our data provide a mechanism for the reduced ROS generation in females. We propose that sex differences in post-translational modification of  $\alpha$ -KGDH result in altered ROS generation, particularly under conditions of high NADH/NAD, conditions that occur at the start of reperfusion after ischemia, which is a key time for cardioprotection.

We also made the novel observation that females have increased phosphorylation and activation of ALDH2. ALDH2 and succinate-semialdehyde dehydrogenase are both

involved in detoxifying toxic aldehydes such as 4-hydroxy-2-nonenal (HNE) which is an end product of lipid peroxidation. A recent study showed that PKC $\epsilon$  activation induces increased phosphorylation of mitochondrial ALDH2 which results in decrease in ischemic injury<sup>25</sup>. HNE has also been reported to regulate mitochondrial uncoupling, at least in part by interaction with the adenine nucleotide translocator<sup>33</sup>.

Interestingly, a number of the mitochondrial male-female differences observed are involved in regulating ROS homeostasis. We report altered post-translational modification of  $\alpha$ -KGDH, which is an important generator of mitochondrial ROS. We also report increased phosphorylation and activation of ALDH2, which has been shown to be cardioprotective. These data are consistent with a growing number of studies reporting that mitochondria from females generate less ROS and that hearts from females show less oxidative damage<sup>21–24</sup>. Protein changes associated with oxidative stress were shown to be greater in aged males compared to aged females suggesting higher production of ROS in males<sup>34</sup>.

The reduced ischemia-reperfusion injury that we observe in females appears to be mediated by the PI3-kinase pathway as the protection was blocked by treatment with WM. Mitochondria from females also have increased PKC $\epsilon$ . Shinmura et al. also showed that PKC $\epsilon$  dependent signaling is altered in ovx female mice and is responsible for the loss of ischemic preconditioning<sup>35</sup>. Estrogen has been shown to activate PI3-kinase<sup>16</sup> and activation of PI3-kinase has been shown to be important in cardioprotection<sup>18</sup>; thus these data provide a plausible mechanism for the protection observed in females. The finding that the PI3-kinase pathway mediates protection is also consistent with the observation that a number of proteins exhibit male-female differences in post translational modification. Interestingly we find that WM blocked the increase in phosphorylation of ALDH2. These data support the conclusion that the increased phosphorylation of ALDH2 is modulated by the PI3-kinase pathway and is an important mediator of the cardioprotection observed in females.

In summary, female Sprague Dawley rat hearts have less ischemia-reperfusion injury than males. Consistent with reduced ischemia-reperfusion injury in females we find that mitochondria from females have a number of post-translational modifications in mitochondrial enzymes involved in regulating ROS generation and oxidative metabolism, and females have reduced ROS generation on reoxygenation. Figure V in the online supplement presents a model in which estrogen activation of PI3K and PKC leads to phosphorylation of ALDH2 which decreases toxic aldehydes generated by ROS. Activation of PI3K also increases phosphorylation of  $\alpha$ -KGDH which reduces ROS generation under conditions of high NADH which occur with ischemia and reperfusion. Taken together, these data provide a mechanistic basis for the protection observed in females.

### **Novelty and Significance**

#### **What is known?**

- Females have less cardiovascular disease than males.
- Low levels of reactive oxygen species (ROS) are important in cell signaling whereas high levels of ROS can contribute to cell death and data suggest that female mitochondria produce less ROS than males.
- Phosphorylation of mitochondrial aldehyde dehydrogenase 2 (ALDH2), an enzyme that detoxifies ROS generated aldehyde adducts, has been shown to reduce ischemia-reperfusion injury.



**What new information does this article contribute?**

- This study provides novel information in support of the hypothesis that cardioprotection in females involves a PI3-kinase mediated decrease in ROS production and better detoxification of ROS by-products.
- Our data show male-female differences in phosphorylation of  $\alpha$ -KGDH, a major source of ROS, and that  $\alpha$ -KGDH from female mitochondria produces less ROS.
- Our data show male-female differences in phosphorylation and activity of ALDH2.

**Summary**

This paper examined the mechanistic basis for reduced ischemia-reperfusion injury in females. We provide novel data demonstrating male-female differences in phosphorylation of two proteins involved in ROS handling, ALDH2 and  $\alpha$ -KGDH. We further show that phosphorylation of these proteins is mediated by PI3-kinase and that phosphorylation is important in the protection observed in females. We demonstrate that inhibition of PI3-kinase blocks both the protection in females and phosphorylation of ALDH2. We further show that females have increased activity of ALDH2 and that an activator of ALDH2 is more protective in males than in females. We also show that the increase in phosphorylation of  $\alpha$ -KGDH reduces ROS generation by this enzyme and consistent with this playing an important role in protection in females, we find that females generate less ROS following ischemia than males and that inhibition of PI3K results in an increase in post-ischemic ROS production in females to a level similar to that observed in males. These studies provide important new insights into male-female differences in handling of ROS and show a role for altered enzyme activity in protection in females. These studies could have important clinical implications for understanding the basis of gender differences in cardiac disease.

**Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

**Abbreviations**

<b>WHI</b>	Women's Health Initiative
<b>HRT</b>	hormone replacement therapy
<b>ovx</b>	Ovariectomized
<b>ROS</b>	Reactive oxygen species
<b><math>\alpha</math>KGDH</b>	$\alpha$ -Ketoglutarate dehydrogenase
<b>PDHE1<math>\alpha</math></b>	Pyruvate dehydrogenase subunit E1 alpha
<b>ALDH2</b>	Aldehyde dehydrogenase 2
<b>PI3K</b>	Phosphoinositol-3-kinase
<b>PKC</b>	Protein kinase C
<b>DOG</b>	1,2-dioctanoyl-sn-glycerol
<b>Alda1</b>	ALDH2 specific agonist
<b>ER</b>	Estrogen receptors

<b>2D-DIGE</b>	Two-dimensional Differential Gel Electrophoresis
<b>pI</b>	Isoelectric point
<b>PDK</b>	Pyruvate dehydrogenase kinase
<b>WM</b>	Wortmannin
<b>NADH</b>	Nicotinamide adenine dinucleotide reduced
<b>NAD</b>	Nicotinamide adenine dinucleotide oxidized
<b>LVDP</b>	Left ventricular developed pressure
<b>I/R</b>	Ischemia-reperfusion
<b>RPP</b>	Rate-pressure product
<b>LAD</b>	Left coronary artery

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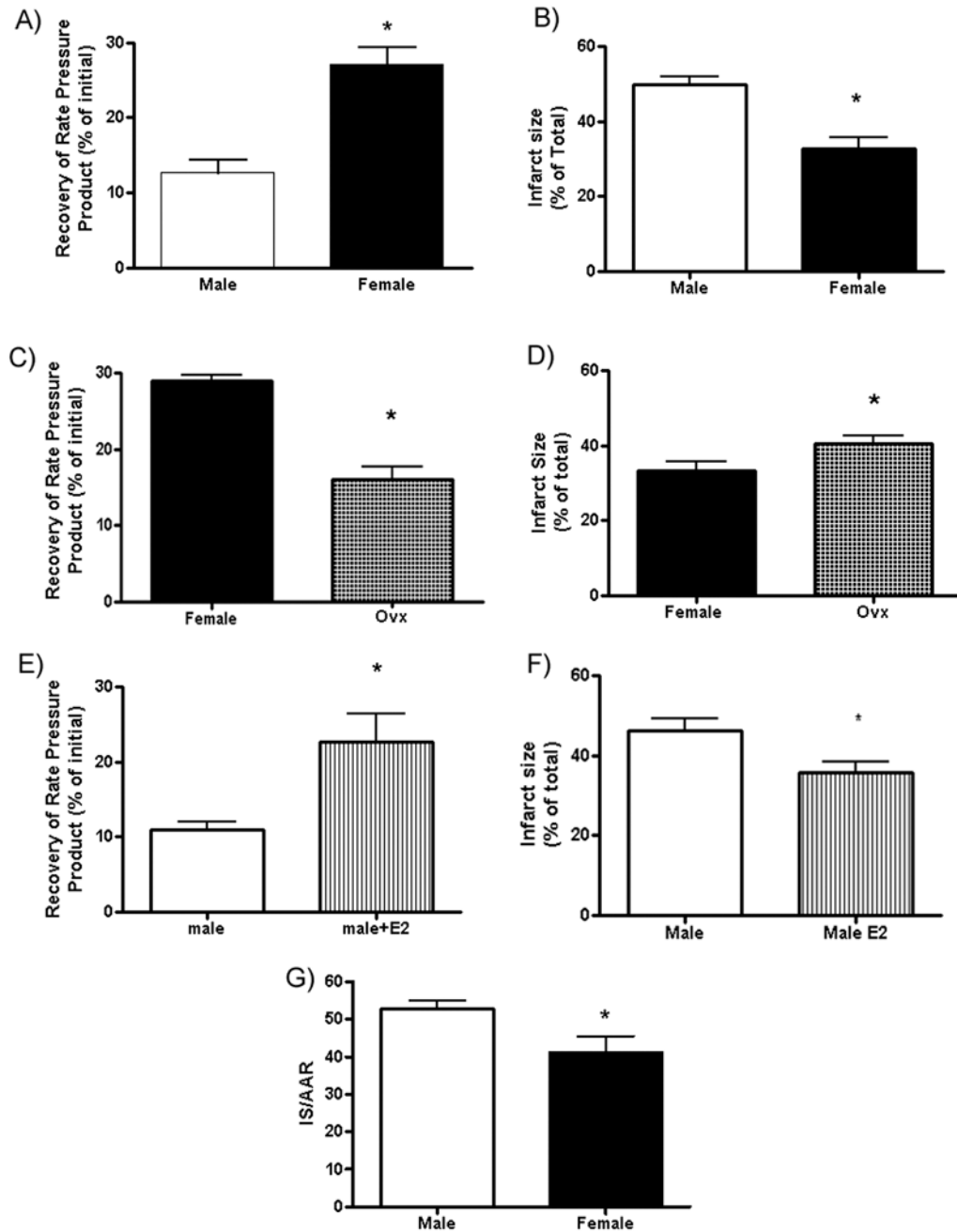
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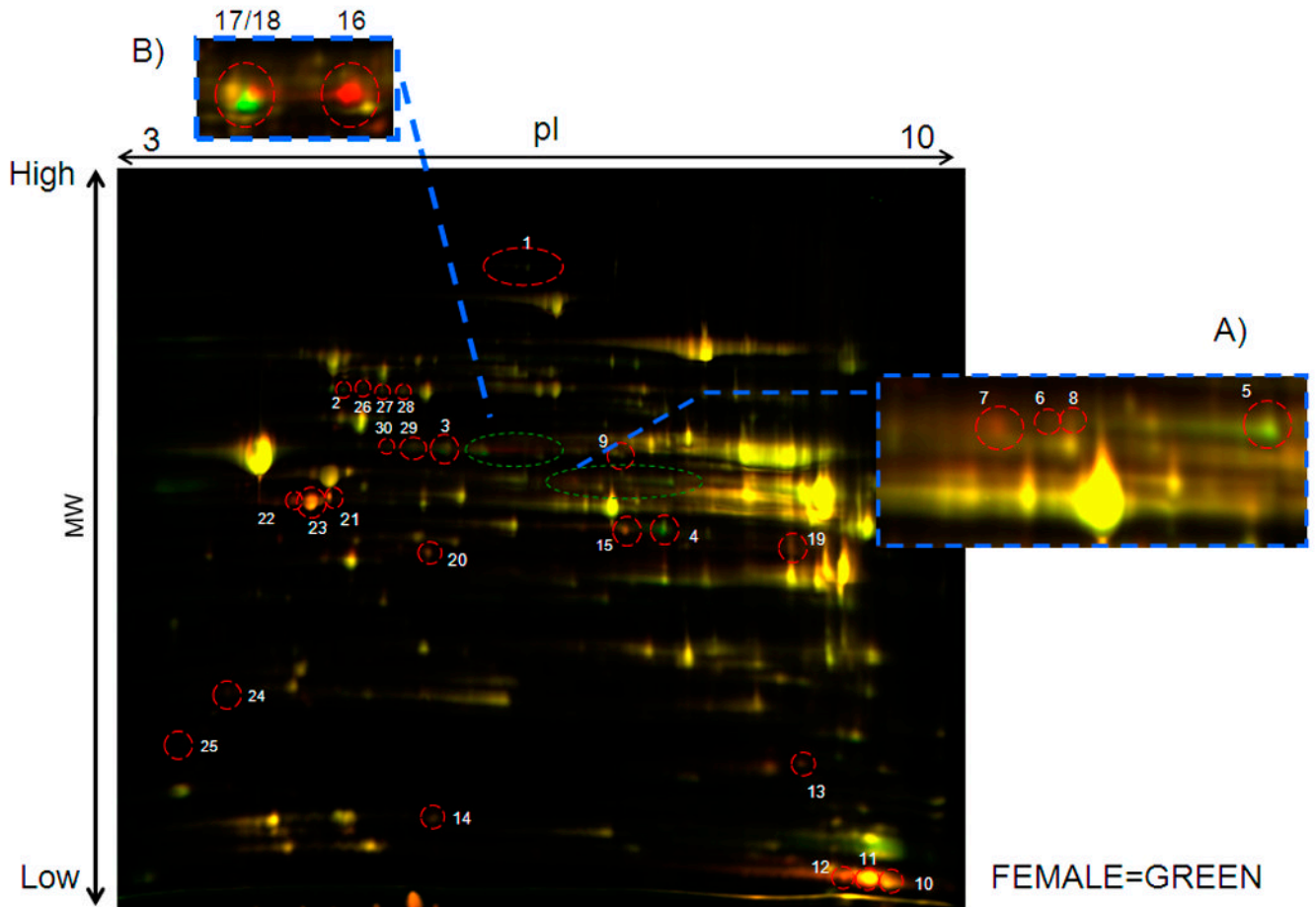
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**Figure 1.**

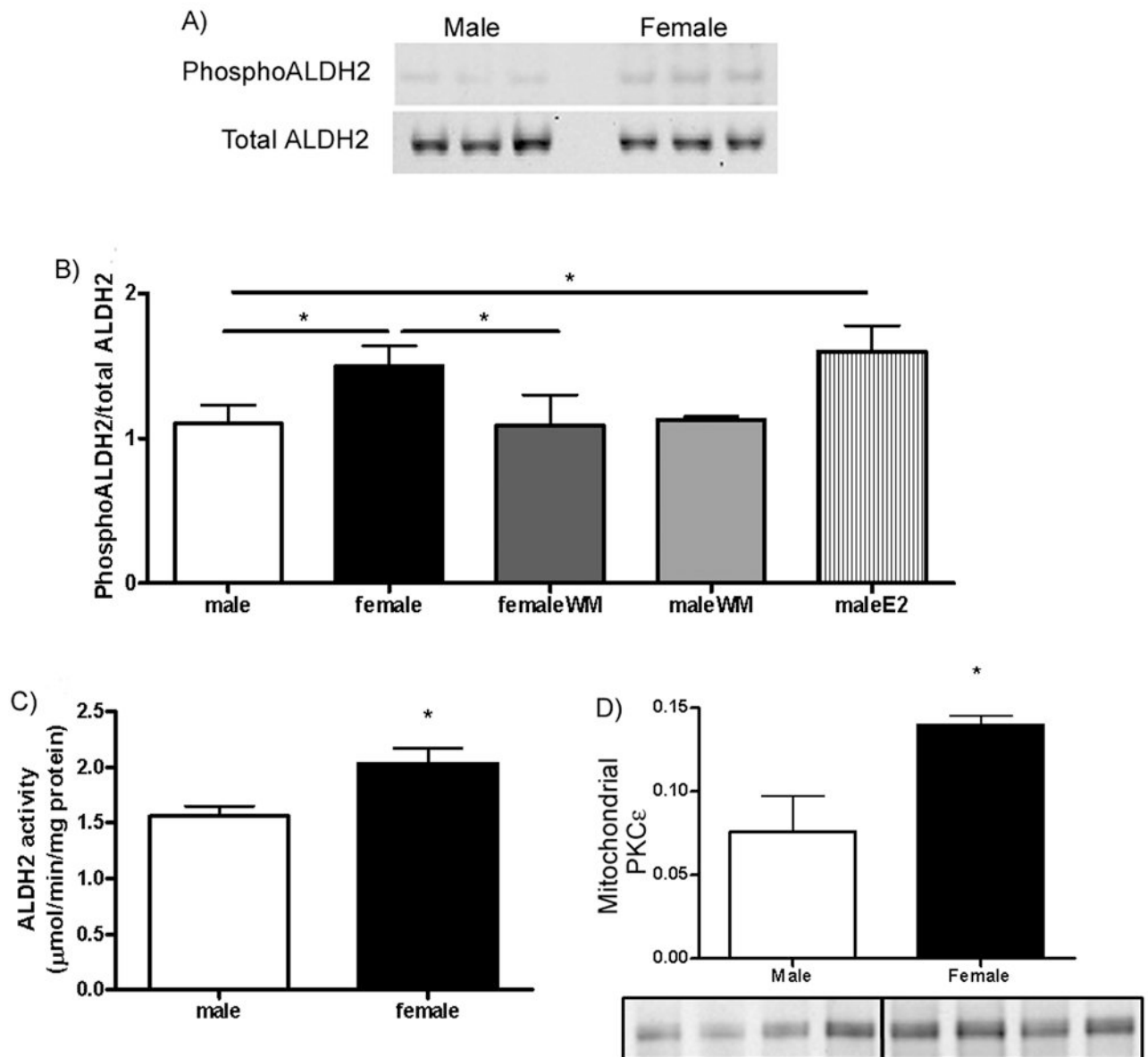
Female hearts exhibit less ischemia-reperfusion injury. Recovery of rate pressure product (A) and infarct size (B) in Male and Female hearts after 30 min of ischemia and 90min of reperfusion; C) Female and Ovx differences in recovery; D) Female and Ovx differences in infarct size; E) Male and Male+E2 differences in recovery; F) Male and Male+E2 differences in infarct size; G) Infarct size/area of risk after 45 min of LAD occlusion and 2hr of reperfusion. The area-at-risk was not different between males (40+/-3) and females (34+/-5); \*p<0.05.





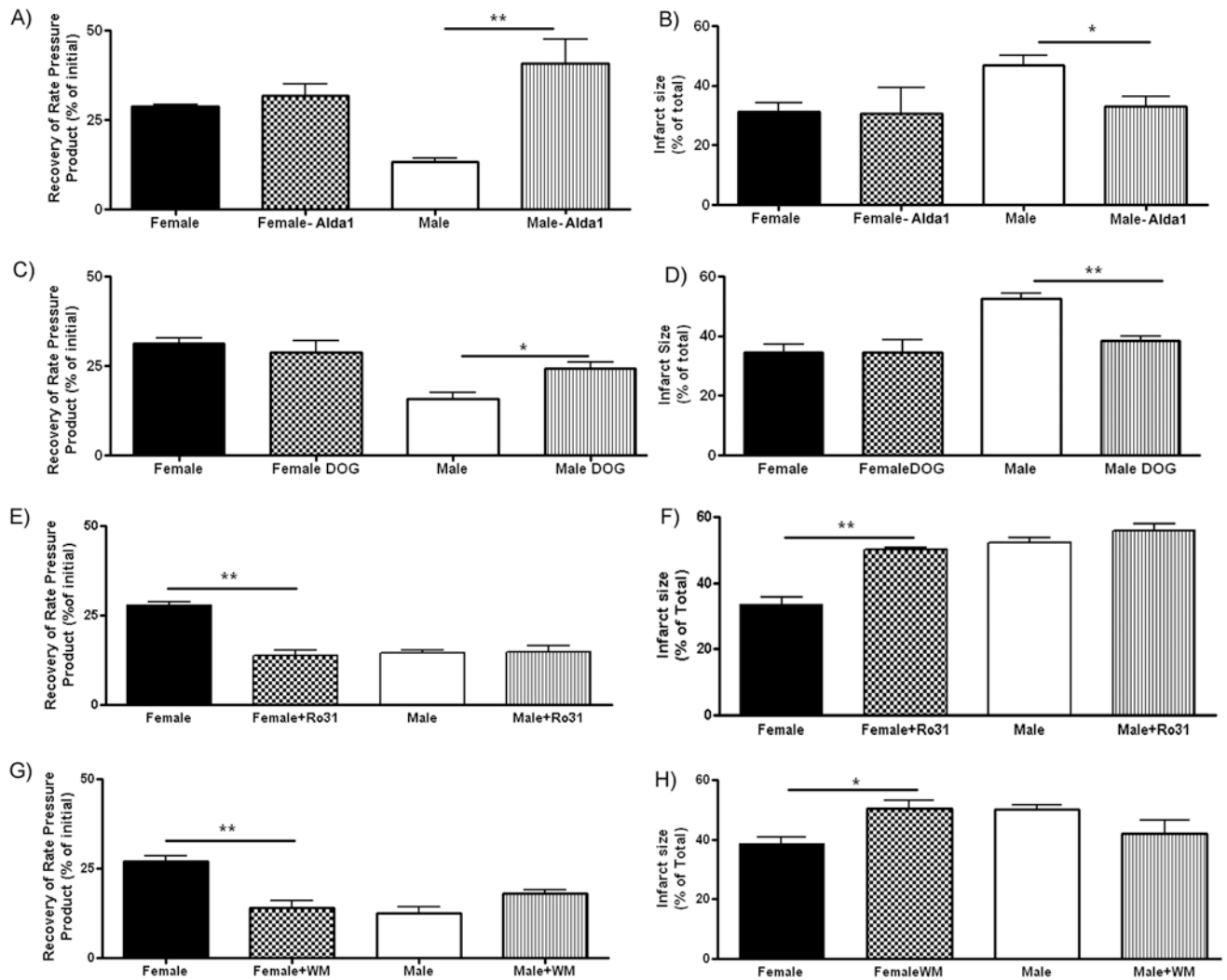
**Figure 2.**

A representative overlay of equal amounts of protein between males (Cy5, red) and females (Cy3, green). Inset A shows a magnification of the PDH E1 $\alpha$  region of this gel. Inset B shows the aldehyde dehydrogenase area taken from another gel where the difference is better illustrated.



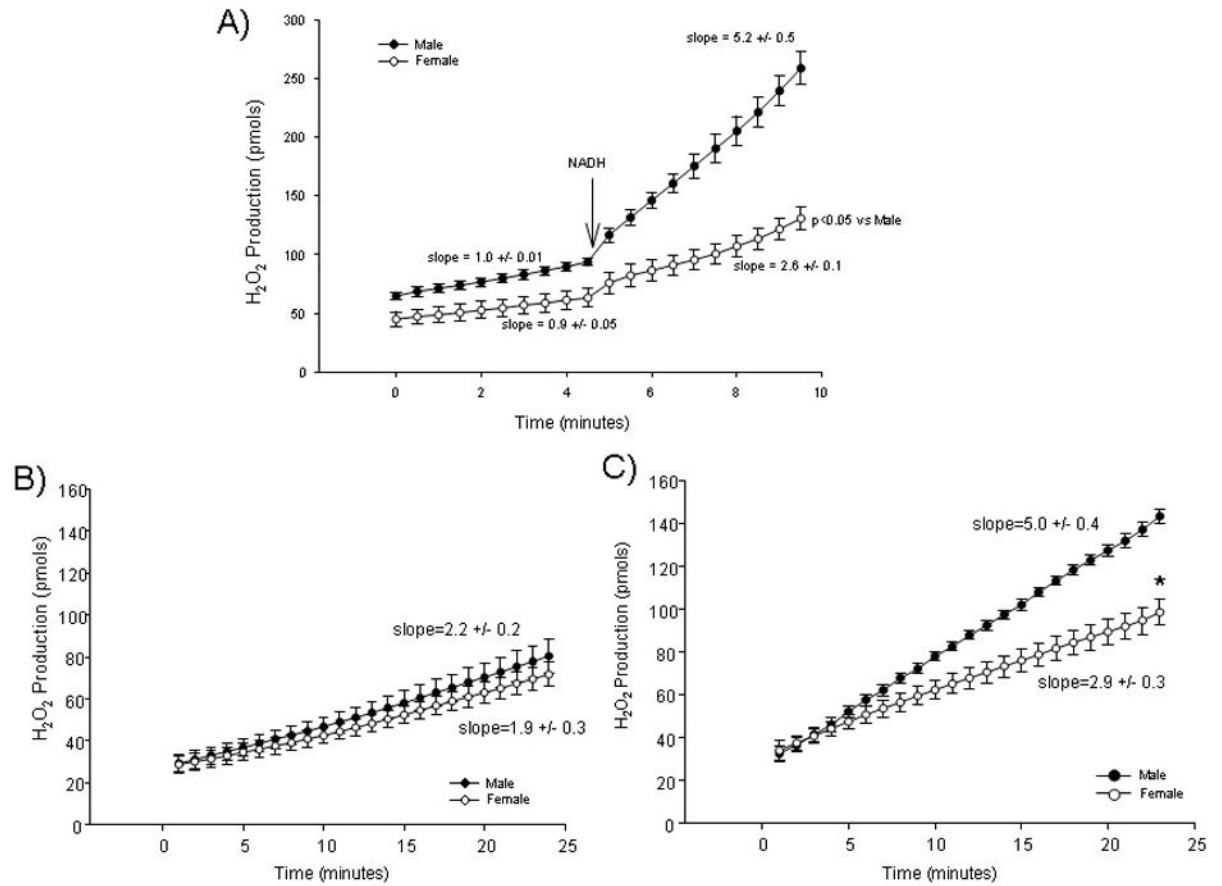
**Figure 3.**

Females have increase phosphorylation and activity of ALDH2. A) Representative gels for phosphorylated and total ALDH2 in male and female samples; B) Summarized quantitative data on the ratio of phosphorylated ALDH2 to total ALDH2; C) ALDH2 activity between male and female; D) Quantitative data on mitochondrial PKC $\epsilon$  in male and female. \*p<0.05.



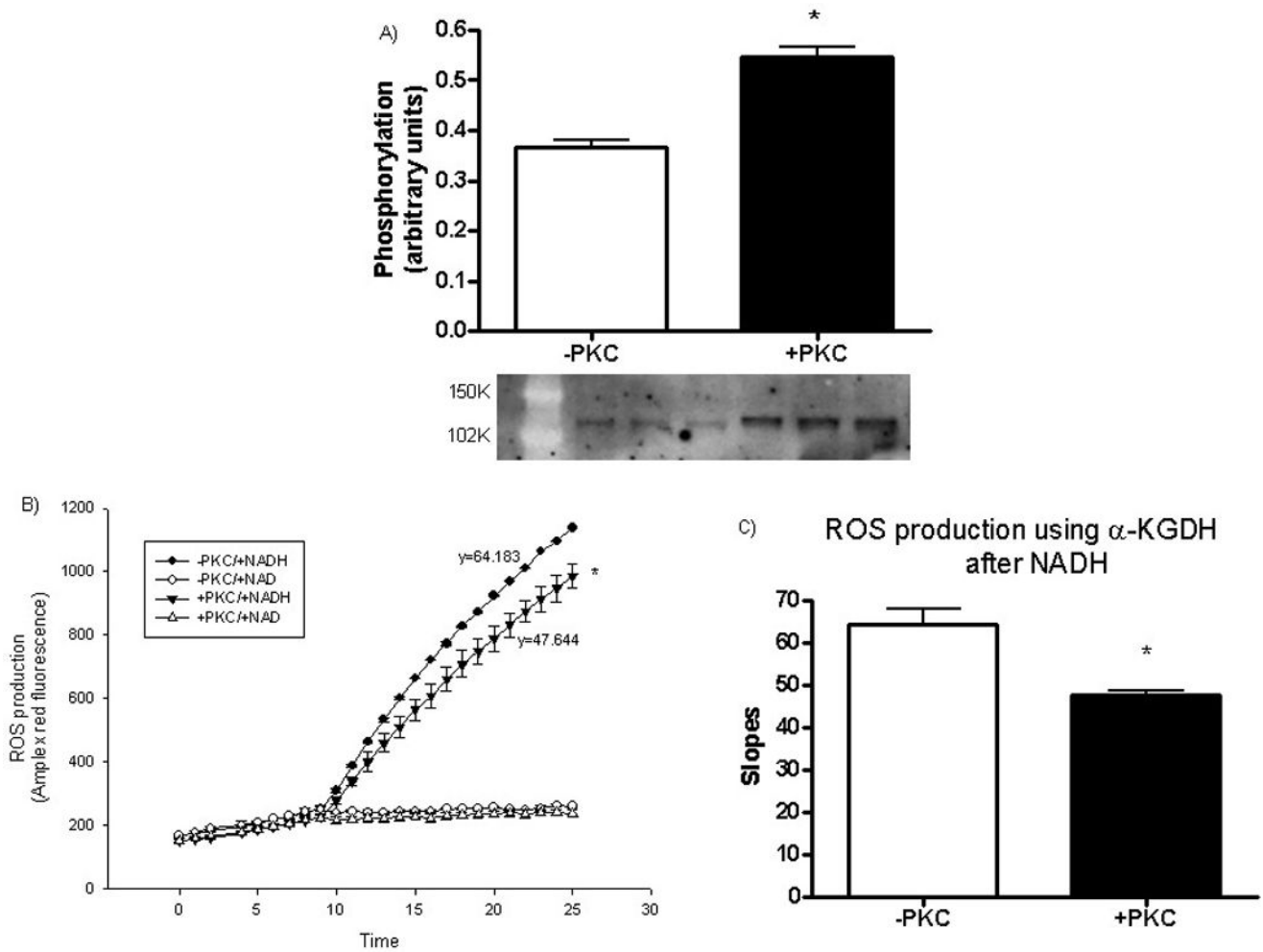
**Figure 4.**

Effect of agonists and inhibitors on I/R injury. RPP (A) and infarct size (B) after 30 min of ischemia and 90 minutes of reperfusion in hearts untreated or treated with Alda1; RPP (C) or infarct size (D) after 30 min ischemia and 90 minutes of reperfusion in hearts untreated or treated with DOG; RPP (E) and infarct size (F) after 30 min ischemia and 90 minutes of reperfusion in hearts untreated or treated with Ro-317549; RPP (G) or infarct size (H) after 30 min ischemia and 90 minutes of reperfusion in hearts untreated or treated with wortmannin. \*  $p < 0.05$ ; \*\*  $p < 0.01$ .



**Figure 5.**

$H_2O_2$  production from male and female rat heart mitochondria measured by Amplex red. A) Permeabilized mitochondria with 0.12 mM HS-CoA of  $\alpha$ -ketoglutarate as a substrate, NADH is added as indicated; B) Intact normoxia mitochondria with glutamate/malate (G/M) as substrates and C) Reoxygenated mitochondria with G/M as substrates (after 30 minutes of anoxia). \* $p < 0.05$

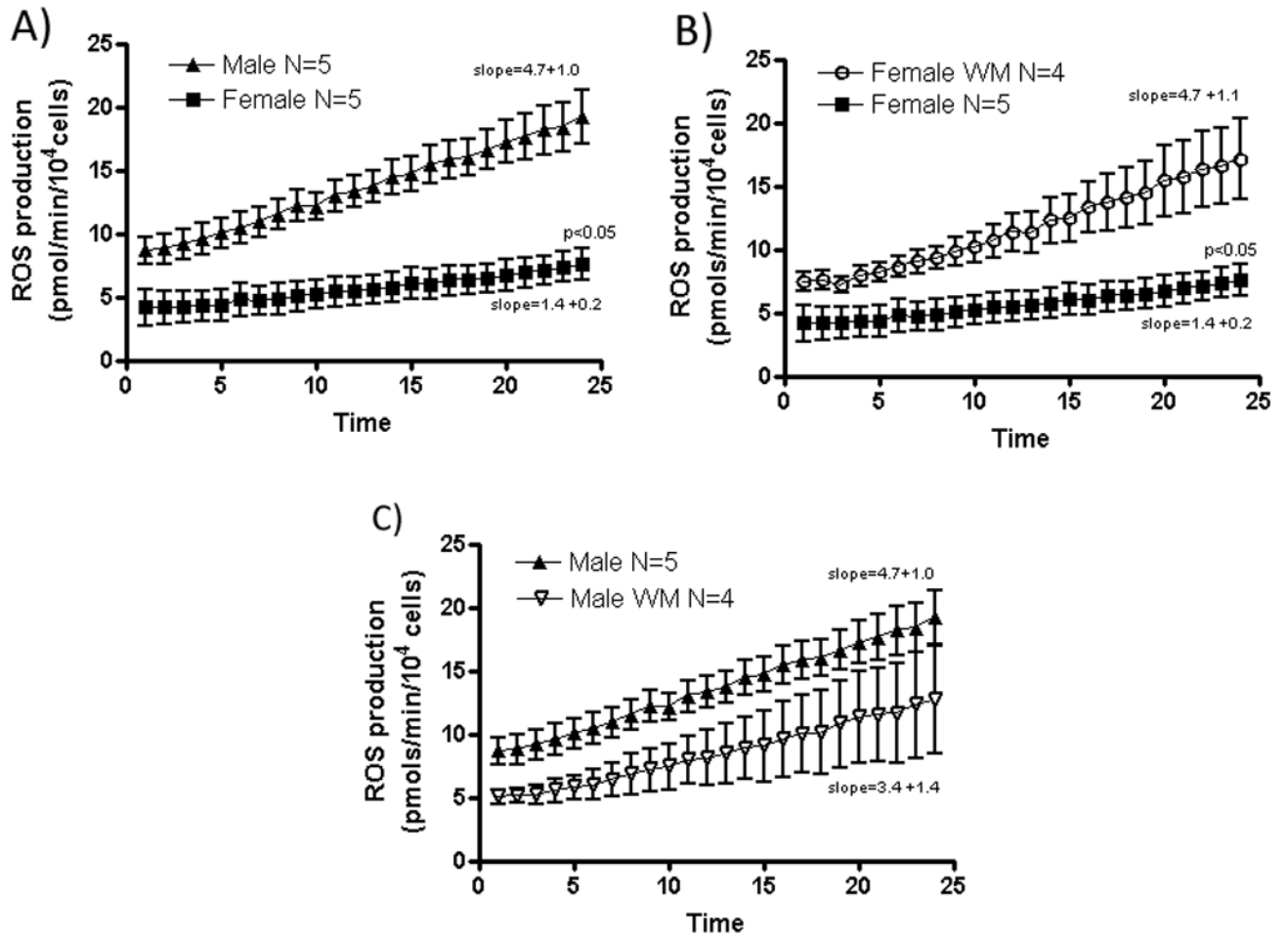


**Figure 6.**

Effect of *in vitro* phosphorylation of  $\alpha$ -ketoglutarate dehydrogenase. A) *In vitro* phosphorylation of  $\alpha$ -KGDH by PKC $\epsilon$ ; B) ROS generated from  $\alpha$ -KGDH in presence of NAD or NADH with or without pre-phosphorylation by PKC $\epsilon$ ; C) Plot of the slope of ROS generation from  $\alpha$ -KGDH in presence of NADH with or without PKC $\epsilon$  pretreatment.

\*p<0.05





**Figure 7.**  
ROS generation from cardiac myocytes after simulated ischemia.

Table 1

2D-DIGE results. Proteins identified by MALDI TOF/TOF with 2 or more different peptides. N=4 in each group.

Spot #	Protein Name	M.W	Theoretical Protein pI	Peptides count	Change in Female	P value
1	(Q5SGE0) Leucine-rich PPR motif-containing protein	157808	6.20	4	increase 42%	0.030
2	(P08461) Dihydrolysoyllysine-residue acetyltransferase component of pyruvate dehydrogenase complex	67116	8.76	2	increase 26%	0.042
3	(Q01205) Dihydrolysoyllysine-residue succinyltransferase component of 2-oxoglutarate dehydrogenase complex	48925	8.89	9	increase 42%	0.017
4	(Q68FX0) Isocitrate dehydrogenase [NAD] subunit beta	42612	8.89	6	increase 82%	0.027
5	(P26284) Pyruvate dehydrogenase E1 component subunit alpha	43888	8.49	12	increase 42%	0.042
6	(P26284) Pyruvate dehydrogenase E1 component subunit alpha	43888	8.49	3	decrease 33%	0.050
7	(P26284) Pyruvate dehydrogenase E1 component subunit alpha	43888	8.49	5	decrease 37%	0.040
8	(O63065) Pyruvate dehydrogenase [liponamide] kinase isozyme 1	49392	8.09	4	decrease 21%	0.050
9	(P51650) Succinate-semialdehyde dehydrogenase	52669	6.40	4	decrease 37%	0.020
10	(Q62425) NADH dehydrogenase [ubiquinone] 1 alpha subcomplex subunit 4	9321	9.52	2	decrease 31%	0.009
11	(P80430) Cytochrome c oxidase subunit VIb isoform 1 (COX VIb-1)	10293	8.96	4	decrease 57%	0.013
12	(P29419) ATP synthase e chain	8249	9.34	6	decrease 51%	0.040
13	(P84817) Mitochondrial fission 1 protein (Fis1 homolog) (rFis1)	17041	8.56	5	decrease 28%	0.042
14	(P07483) Fatty acid-binding protein, heart (H-FABP)	14766	5.90	5	decrease 19%	0.027
15	(P15651) Short-chain specific acyl-CoA dehydrogenase	45022	8.96	9	decrease 31%	0.040
16	(P11884) Aldehyde dehydrogenase, mitochondrial precursor (ALDH-E2)	56966	6.63	5	decrease 31%	0.042
17	(P11884) Aldehyde dehydrogenase, mitochondrial precursor (ALDH-E2)	56966	6.63	11	increase 30%	0.050
18	(P11884) Aldehyde dehydrogenase, mitochondrial precursor (ALDH-E2)	56966	6.63	10	decrease 31%	0.013
19	(P04797) Glycerinaldehyde-3-phosphate dehydrogenase (GAPDH)	36090	8.14	3	decrease 37%	0.003
20	(P42123) L-lactate dehydrogenase B chain (LDH-B)	36874	5.70	5	decrease 34%	0.013
21	(P60711) Actin, cytoplasmic 1 (Beta-actin)	42053	5.22	9	decrease 49%	0.002

Spot #	Protein Name	M.W	Theoretical Protein pI	Peptides count	Change in Female	P value
22	(P62738) Actin, aortic smooth muscle (Alpha-actin-2)	42381	5.23	8	decrease 64%	0.003
23	(P62738) Actin, aortic smooth muscle (Alpha-actin-2)	42381	5.23	10	decrease 59%	0.001
24	(P16409) Myosin light polypeptide 3	22256	5.03	8	decrease 30%	0.017
25	(P51667) Myosin regulatory light chain 2, ventricular/cardiac muscle isoform (MLC-2v)	18852	4.86	7	decrease 32%	0.011
26	(P08461) Dihydrodipolyllysine-residue acetyltransferase component of pyruvate dehydrogenase complex	67116	8.76	7	increase 2%	NS
27	(P08461) Dihydrodipolyllysine-residue acetyltransferase component of pyruvate dehydrogenase complex	67116	8.76	5	decrease 10%	NS
28	(P08461) Dihydrodipolyllysine-residue acetyltransferase component of pyruvate dehydrogenase complex	67116	8.76	3	no difference	NS
29	(Q01205) Dihydrodipolyllysine-residue succinyltransferase component of 2-oxoglutarate dehydrogenase complex	48925	8.89	2	increase 2%	NS
30	(Q01205) Dihydrodipolyllysine-residue succinyltransferase component of 2-oxoglutarate dehydrogenase complex	48925	8.89	2	increase 4%	NS